

Royal Surrey County Hospital



Royal Surrey
NHS Foundation Trust

KSS Welcome Event 2026

Why choose the Royal Surrey?

- ▶ Guildford and surrounding area
- ▶ About the hospital
- ▶ The Foundation Programme
- ▶ Additional opportunities

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Hospital and location...

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About the hospital

- ▶ 520-bed, relatively relaxed DGH
- ▶ Well-staffed and friendly
- ▶ Leader in Oncology, Upper GI surgery, HPB and Urology.
- ▶ Specialist centre for diabetes, ENT, Max-Fax.
- ▶ Online notes and prescribing



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Nearby amenities

- ▶ Hospital facilities
 - Social club
 - Mess and Mess events
 - M&S, costa, wellspring restaurant
 - New multistorey car park
- ▶ Across the road
 - Big Tesco
 - Kebab van (open until 4am!)
 - Surrey sports park



Nearby amenities



Location: Guildford

- ▶ Well-connected
 - Guildford to Clapham Junction/Waterloo in as little as 32 minutes.
 - Easy access to south of England and Gatwick airport
- ▶ Lively town centre
 - 52 pubs + bars/clubs
 - Monthly mess socials in Guildford and London
 - Plenty of shops/restaurants

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Surrounding area

- ▶ Surrey Hills AONB
- ▶ Walks and running: St Martha's Church, The Mount, Newlands Corner
- ▶ Frensham Pond, the River Wey
- ▶ National Trust/Gardens: Winkworth Arboretum, Gatton Park, RHS Wisley



Hospital accommodation

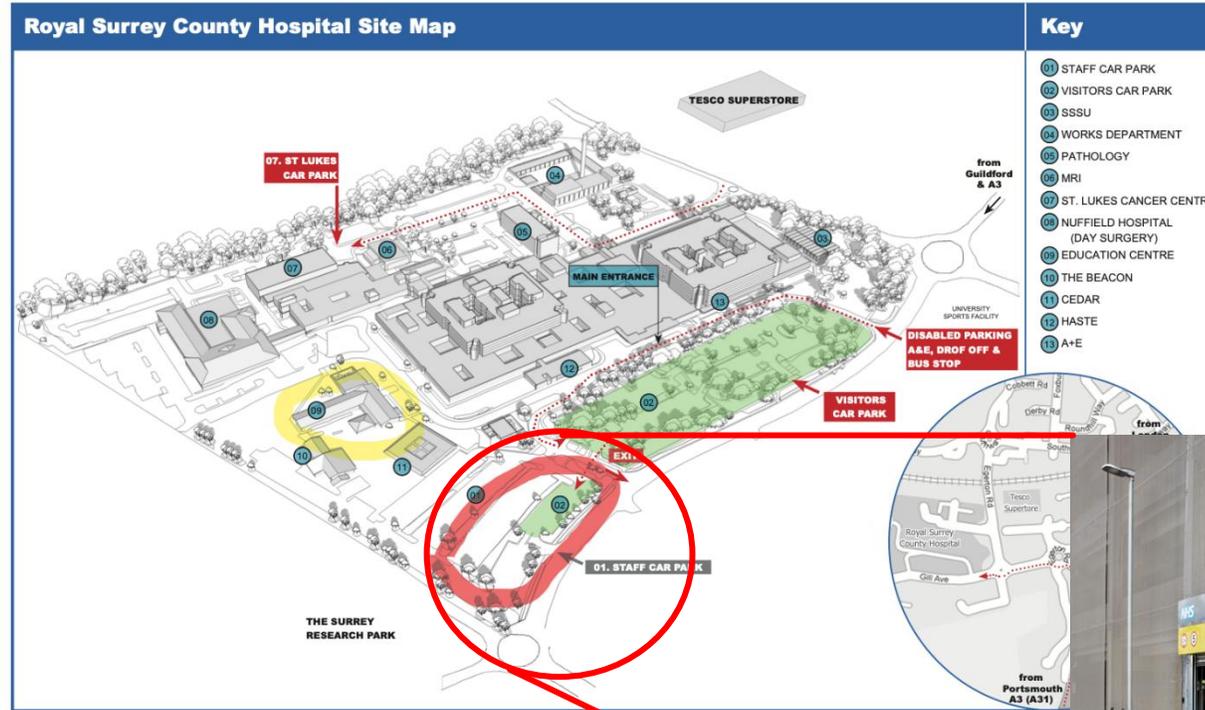
- ▶ Hospital accommodation available
- ▶ Guildford average rent lower than living in London
- ▶ Great opportunities to house share with other F1/2s!
- ▶ Very commutable from London via train/A3



Car-parking



Regular buses into town



Multi-Storey Staff Car Park

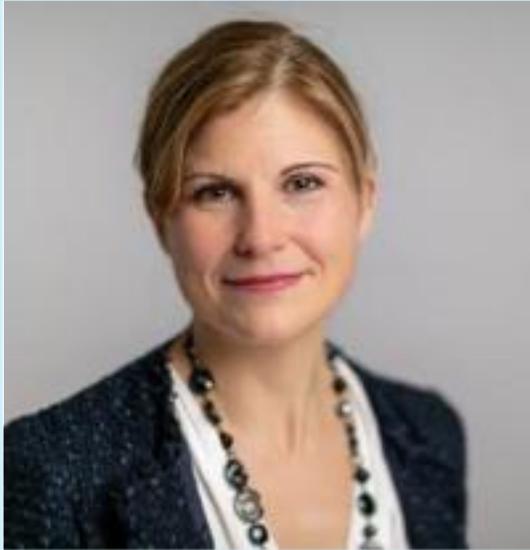
Foundation Programme...

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Foundation Training Programme Directors



Miss Julie Kohls
FY1 Programme Director
Consultant Orthopaedic Surgeon



Dr Bhavesh Patel
FY2 Programme Director
Consultant Anaesthetist

Foundation Training Programme Directors



Miss Julie Kohls
FY1 Programme Director
Consultant Orthopaedic Surgeon

Please see separate welcome video
from Miss Julie Kohls (F1 Programme
Director)

Foundation Training Programme Directors



Dr Bhavesh Patel
FY2 Programme Director
Consultant Anaesthetist

Please see separate welcome video from Dr Bhav Patel (F2 Programme Director)

Rotations

	Rotation 1	Rotation 2	Rotation 3
25/KSS/RA201/F1/001	AMU	Surgery: HPB	Geriatric Medicine
25/KSS/RA201/F1/002	Geriatric Medicine	AMU	Surgery: HPB
25/KSS/RA201/F1/003	Surgery: HPB	Geriatric Medicine	AMU
25/KSS/RA201/F1/004	AMU	General Psychiatry	Geriatric Medicine
25/KSS/RA201/F1/005	Geriatric Medicine	AMU	General Psychiatry
25/KSS/RA201/F1/006	Psychiatry: Community	Geriatric Medicine	AMU
25/KSS/RA201/F1/007	AMU	Surgery: Colorectal	Medicine: Respiratory
25/KSS/RA201/F1/008	Medicine: Respiratory	AMU	Surgery: Colorectal
25/KSS/RA201/F1/009	Surgery: Colorectal	Medicine: Respiratory	AMU
25/KSS/RA201/F1/010	AMU	Geriatric Medicine	Medicine: Cardiology
25/KSS/RA201/F1/011	Medicine: Cardiology	AMU	Geriatric Medicine
25/KSS/RA201/F1/012	Geriatric Medicine	Medicine: Cardiology	AMU
25/KSS/RA201/F1/013A	AMU	Surgery: Upper GI	Medicine: Stroke
25/KSS/RA201/F1/014A	Medicine: Stroke	AMU	Surgery: Upper GI
25/KSS/RA201/F1/015A	Surgery: Upper GI	Medicine: Stroke	AMU
25/KSS/RA201/F1/016	AMU	Surgery: T&O	Geriatric Medicine
25/KSS/RA201/F1/017	Geriatric Medicine	AMU	Surgery: T&O
25/KSS/RA201/F1/018	Surgery: T&O	Geriatric Medicine	AMU
25/KSS/RA201/F1/019	AMU	Surgery: T&O	Medicine: Cardiology
25/KSS/RA201/F1/020	Medicine: Cardiology	AMU	Surgery: T&O
25/KSS/RA201/F1/021	Surgery: T&O	Medicine: Cardiology	AMU
25/KSS/RA201/F1/022	AMU	Medicine: Respiratory	Geriatric Medicine
25/KSS/RA201/F1/023	Geriatric Medicine	AMU	Medicine: Respiratory
25/KSS/RA201/F1/024	Medicine: Respiratory	Geriatric Medicine	AMU
25/KSS/RA201/F1/025	AMU	Psychiatry: Community	Medicine: Gastro
25/KSS/RA201/F1/026	Medicine: Gastro	AMU	Psychiatry: Community
25/KSS/RA201/F1/027	Psychiatry: Community	Medicine: Gastro	AMU
25/KSS/RA201/F1/028	AMU	Surgery: Breast	Geriatric Medicine: Orthogeris
25/KSS/RA201/F1/029	Geriatric Medicine: Orthogeris	AMU	Surgery: Breast
25/KSS/RA201/F1/030	Surgery: Breast	Geriatric Medicine: Orthogeris	AMU



Rotations

AMU
Surgical
Medical
Psych

	Rotation 1	Rotation 2	Rotation 3
25/KSS/RA201/F1/001	AMU	Surgery: HPB	Geriatric Medicine
25/KSS/RA201/F1/002	Geriatric Medicine	AMU	Surgery: HPB
25/KSS/RA201/F1/003	Surgery: HPB	Geriatric Medicine	AMU
25/KSS/RA201/F1/004	AMU	General Psychiatry	Geriatric Medicine
25/KSS/RA201/F1/005	Geriatric Medicine	AMU	General Psychiatry
25/KSS/RA201/F1/006	Psychiatry: Community	Geriatric Medicine	AMU
25/KSS/RA201/F1/007	AMU	Surgery: Colorectal	Medicine: Respiratory
25/KSS/RA201/F1/008	Medicine: Respiratory	AMU	Surgery: Colorectal
25/KSS/RA201/F1/009	Surgery: Colorectal	Medicine: Respiratory	AMU
25/KSS/RA201/F1/010	AMU	Geriatric Medicine	Medicine: Cardiology
25/KSS/RA201/F1/011	Medicine: Cardiology	AMU	Geriatric Medicine
25/KSS/RA201/F1/012	Geriatric Medicine	Medicine: Cardiology	AMU
25/KSS/RA201/F1/013A	AMU	Surgery: Upper GI	Medicine: Stroke
25/KSS/RA201/F1/014A	Medicine: Stroke	AMU	Surgery: Upper GI
25/KSS/RA201/F1/015A	Surgery: Upper GI	Medicine: Stroke	AMU
25/KSS/RA201/F1/016	AMU	Surgery: T&O	Geriatric Medicine
25/KSS/RA201/F1/017	Geriatric Medicine	AMU	Surgery: T&O
25/KSS/RA201/F1/018	Surgery: T&O	Geriatric Medicine	AMU
25/KSS/RA201/F1/019	AMU	Surgery: T&O	Medicine: Cardiology
25/KSS/RA201/F1/020	Medicine: Cardiology	AMU	Surgery: T&O
25/KSS/RA201/F1/021	Surgery: T&O	Medicine: Cardiology	AMU
25/KSS/RA201/F1/022	AMU	Medicine: Respiratory	Geriatric Medicine
25/KSS/RA201/F1/023	Geriatric Medicine	AMU	Medicine: Respiratory
25/KSS/RA201/F1/024	Medicine: Respiratory	Geriatric Medicine	AMU
25/KSS/RA201/F1/025	AMU	Psychiatry: Community	Medicine: Gastro
25/KSS/RA201/F1/026	Medicine: Gastro	AMU	Psychiatry: Community
25/KSS/RA201/F1/027	Psychiatry: Community	Medicine: Gastro	AMU
25/KSS/RA201/F1/028	AMU	Surgery: Breast	Geriatric Medicine: Orthogeris
25/KSS/RA201/F1/029	Geriatric Medicine: Orthogeris	AMU	Surgery: Breast
25/KSS/RA201/F1/030	Surgery: Breast	Geriatric Medicine: Orthogeris	AMU

Will I be here for both years...?



Rotations

	Rotation 1	Rotation 2	Rotation 3
25/KSS/RA201/F1/001	AMU	Surgery: HPB	Geriatric Medicine
25/KSS/RA201/F1/002	Geriatric Medicine	AMU	Surgery: HPB
25/KSS/RA201/F1/003	Surgery: HPB	Geriatric Medicine	AMU
25/KSS/RA201/F1/004	AMU	General Psychiatry	Geriatric Medicine
25/KSS/RA201/F1/005	Geriatric Medicine	AMU	General Psychiatry
25/KSS/RA201/F1/006	Psychiatry: Community	Geriatric Medicine	AMU
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25/KSS/RA201/F1/009	Surgery: Colorectal	Medicine: Respiratory	AMU
25/KSS/RA201/F1/010	AMU	Geriatric Medicine	Medicine: Cardiology
25/KSS/RA201/F1/011	Medicine: Cardiology	AMU	Geriatric Medicine
25/KSS/RA201/F1/012	Geriatric Medicine	Medicine: Cardiology	AMU
25/KSS/RA201/F1/013A	AMU	Surgery: Upper GI	Medicine: Stroke
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25/KSS/RA201/F1/016	AMU	Surgery: T&O	Geriatric Medicine
25/KSS/RA201/F1/017	Geriatric Medicine	AMU	Surgery: T&O
25/KSS/RA201/F1/018	Surgery: T&O	Geriatric Medicine	AMU
25/KSS/RA201/F1/019	AMU	Surgery: T&O	Medicine: Cardiology
25/KSS/RA201/F1/020	Medicine: Cardiology	AMU	Surgery: T&O
25/KSS/RA201/F1/021	Surgery: T&O	Medicine: Cardiology	AMU
25/KSS/RA201/F1/022	AMU	Medicine: Respiratory	Geriatric Medicine
25/KSS/RA201/F1/023	Geriatric Medicine	AMU	Medicine: Respiratory
25/KSS/RA201/F1/024	Medicine: Respiratory	Geriatric Medicine	AMU
25/KSS/RA201/F1/025	AMU	Psychiatry: Community	Medicine: Gastro
25/KSS/RA201/F1/026	Medicine: Gastro	AMU	Psychiatry: Community
25/KSS/RA201/F1/027	Psychiatry: Community	Medicine: Gastro	AMU
25/KSS/RA201/F1/028	AMU	Surgery: Breast	Geriatric Medicine: Orthogeris
25/KSS/RA201/F1/029	Geriatric Medicine: Orthogeris	AMU	Surgery: Breast
25/KSS/RA201/F1/030	Surgery: Breast	Geriatric Medicine: Orthogeris	AMU

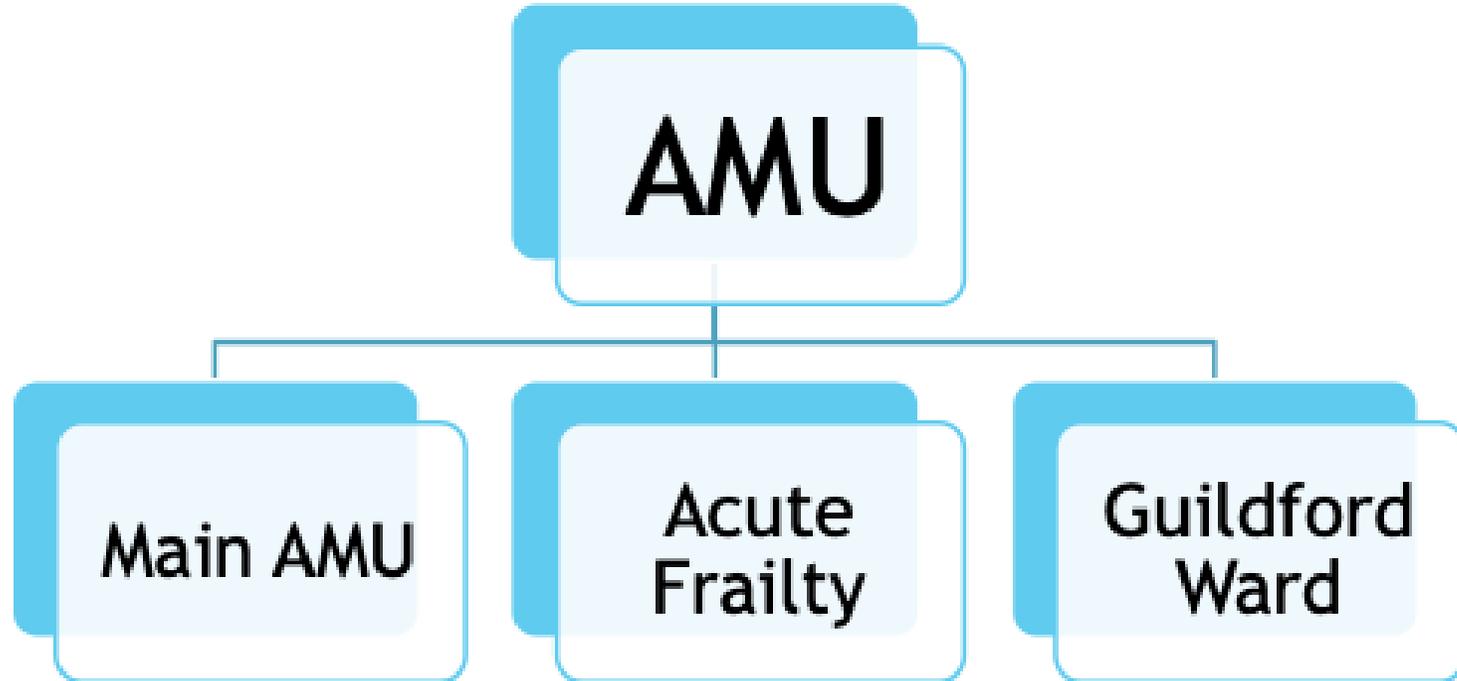


All at RSCH for FY2

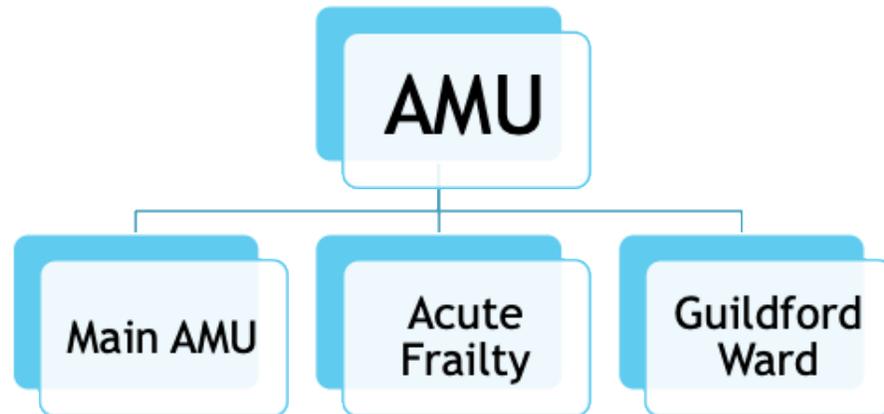
Rotations

	Medicine	Surgery
FY1	<ul style="list-style-type: none">- Geriatrics- Respiratory- Cardiology- Gastro- Anaesthetics- Emergency Medicine	<ul style="list-style-type: none">- Colorectal- HPG- Upper GI- T&O- Breast
FY2	<ul style="list-style-type: none">- Oncology- Haematology- Radiology- Intensive care- Palliative- Paediatrics- Medical Education- General Practice	<ul style="list-style-type: none">- Urology- ENT

AMU



AMU



Heavy on-call burden, but great learning experience!

Shifts:

- Ward days
- Surgical days/twilight/night
- Post-take + AMU twilight
- Medical clerking nights

AMU

Long day
07:45 - 20:15

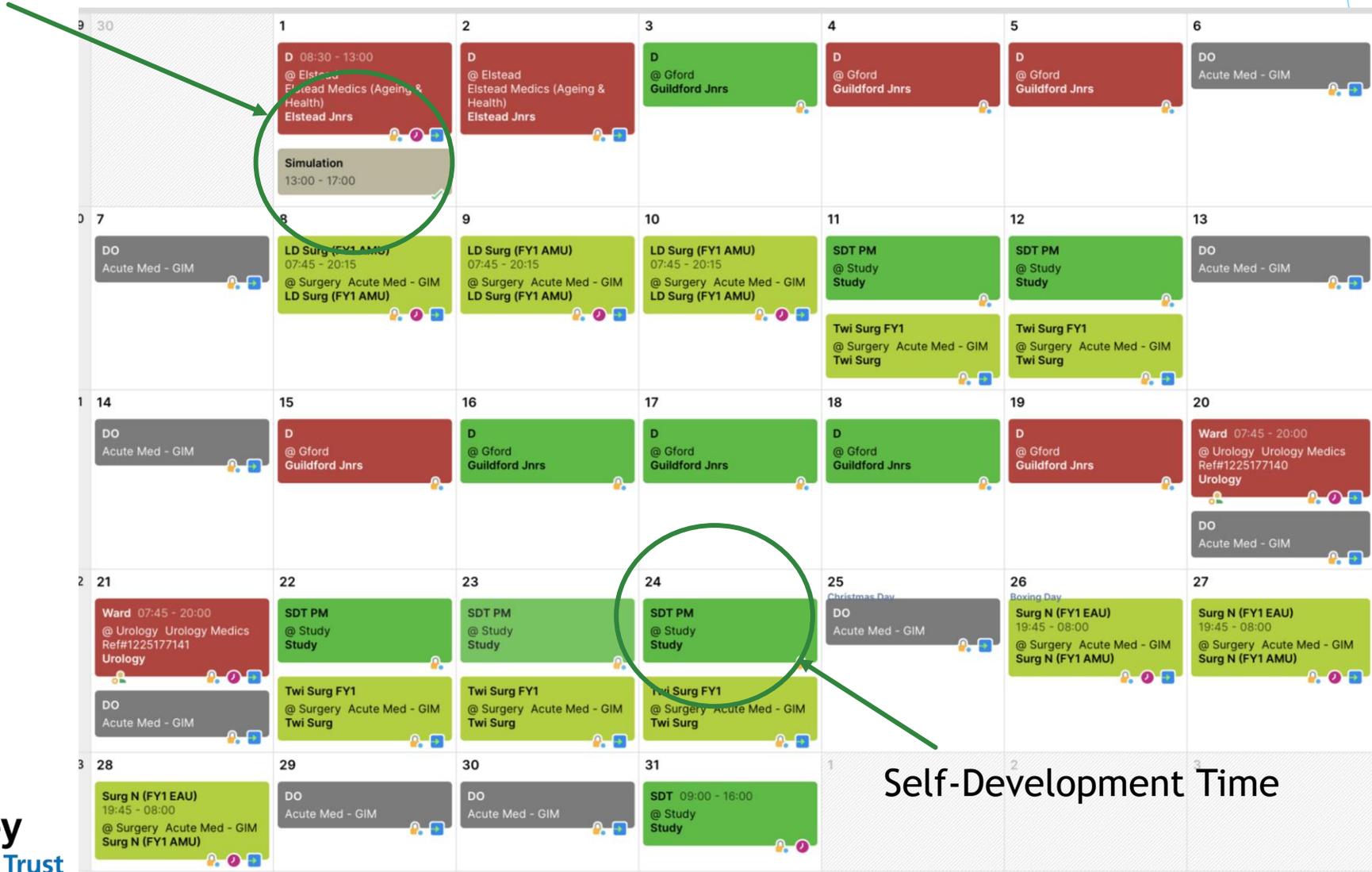
Twilight
16:00 - 23:00

Ward Day
08:30 - 17:00

9 30	1 D 08:30 - 13:00 @ Elstead Elstead Medics (Ageing & Health) Elstead Jnrs Simulation 13:00 - 17:00	2 D @ Elstead Elstead Medics (Ageing & Health) Elstead Jnrs	3 D @ Gford Guildford Jnrs	4 D @ Gford Guildford Jnrs	5 D @ Gford Guildford Jnrs	6 DO Acute Med - GIM
0 7	8 LD Surg (FY1 AMU) 07:45 - 20:15 @ Surgery Acute Med - GIM LD Surg (FY1 AMU)	9 LD Surg (FY1 AMU) 07:45 - 20:15 @ Surgery Acute Med - GIM LD Surg (FY1 AMU)	10 LD Surg (FY1 AMU) 07:45 - 20:15 @ Surgery Acute Med - GIM LD Surg (FY1 AMU)	11 SDT PM @ Study Study Twi Surg FY1 @ Surgery Acute Med - GIM Twi Surg	12 SDT PM @ Study Study Twi Surg FY1 @ Surgery Acute Med - GIM Twi Surg	13 DO Acute Med - GIM
1 14	15 D @ Gford Guildford Jnrs	16 D @ Gford Guildford Jnrs	17 D @ Gford Guildford Jnrs	18 D @ Gford Guildford Jnrs	19 D @ Gford Guildford Jnrs	20 Ward 07:45 - 20:00 @ Urology Urology Medics Ref#1225177140 Urology DO Acute Med - GIM
2 21	22 SDT PM @ Study Study Twi Surg FY1 @ Surgery Acute Med - GIM Twi Surg	23 SDT PM @ Study Study Twi Surg FY1 @ Surgery Acute Med - GIM Twi Surg	24 SDT PM @ Study Study Twi Surg FY1 @ Surgery Acute Med - GIM Twi Surg	25 Christmas Day DO Acute Med - GIM	26 Boxing Day Surg N (FY1 EAU) 19:45 - 08:00 @ Surgery Acute Med - GIM Surg N (FY1 AMU)	27 Surg N (FY1 EAU) 19:45 - 08:00 @ Surgery Acute Med - GIM Surg N (FY1 AMU)
3 28	29 DO Acute Med - GIM	30 DO Acute Med - GIM	31 SDT 09:00 - 16:00 @ Study Study	1	2	3

Night
19:45 - 08:00

Simulated Teaching



Simulated teaching

- ▶ Medisim centre
- ▶ Two 4-hour sessions in FY1 and FY2 (Mandatory training)
- ▶ Latest simulation technology
- ▶ Manakin has many features
- ▶ Realistic acute clinical scenarios
- ▶ Facilitated debriefing and reflective learning

Foundation teaching

- ▶ Weekly 1-hour teaching (Thursday lunchtimes)
- ▶ Part of core training hours



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What else do we offer..?

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Journal Club

- ▶ 8.30am every Thursday
- ▶ Often sponsored with breakfast available from 8am
- ▶ An hour of presentation - ranges from case based discussions to new innovations
- ▶ Opportunity to get involved and present with your team



Teaching Medical Students

- ▶ 2 hours every Friday from 12-2pm
- ▶ Split into 2 x 1 hour sessions
- ▶ Delivered by F1 resident doctors
- ▶ Opportunity to teach something you are passionate about
- ▶ CV building



Pastoral Care

Internal

- ▶ Connect - single point access for resident doctor pastoral support. Friendly and informal space to seek help
- ▶ Clinical / Educational supervisors - there to support your wellbeing as well as clinical development. Meet with them each rotation
- ▶ Here For You - a psychologist led service offering support to NHS workers in Surrey
- ▶ Occupational health - can signpost you to services if you are experiencing health problems
- ▶ Trust's wellbeing site - updated regularly with new resources



The Mess and Social Events

- ▶ The mess is located on level A - sofas, tv, kitchen, games
- ▶ Pizza Fridays in the mess every second Friday lunch time
- ▶ Social events include:
 - Payday socials - every month - alternates between Guildford and London
 - Christmas dinner and night out
 - Summer ball

FY1 Rep Roles

- ▶ FY1 Representatives - attend LFGs, Ed Ops and Resident Doctor Forum meetings
- ▶ Mess Representatives - organise the Mess and social events
- ▶ F1 Induction Representatives
- ▶ Teaching Representatives - organise weekly medical student teaching, OSCE simulations
- ▶ Programme Fair Representatives
- ▶ Career Representatives
- ▶ Wellbeing Representatives

We look forward to
welcoming you!

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