



# MEDWAY MARITIME HOSPITAL

## **We offer:**

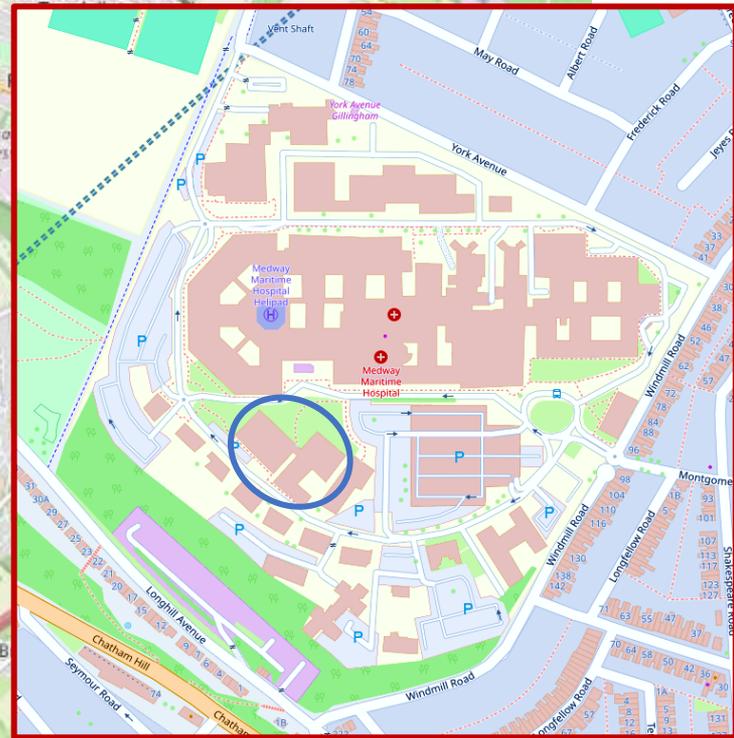
A full acute general hospital range plus:

- Regional neonatal service
- Sub-regional urology cancer centre
- Specialist spinal surgery service
- Specialist foetal medicine service
- Cardiac catheter suite

# LOCATION



Medway  
Maritime  
Hospital



# MEET THE TEAM



Medway  
NHS Foundation Trust

## MEDICAL EDUCATION TEAM



## UNDERGRADUATES



## FOUNDATION



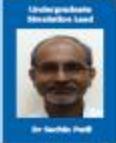
## GP



## POSTGRADUATE



## CLINICAL SKILLS & SIMULATION TEAM



## RECEPTION



## SAS SENIOR EDUCATION FELLOWS



## CLINICAL EDUCATION FELLOWS



# FOUNDATION - FACULTY TEAM

## FTPDs



**Dr Rupinder Kaur**

Foundation Training  
Programme Director (FY1)  
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**Dr Amanda Morrice**

Foundation Training  
Programme Director (FY2)  
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## EDUCATION FELLOW



**Dr Sithamparanathan Skandan**

Clinical Education Fellow  
[sithamparanathan.skandan@nhs.net](mailto:sithamparanathan.skandan@nhs.net)

## ADMINISTRATION



**Sally Bambrough**

Foundation Programme Supervisor  
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**Shaira Agunias**

Medical Education Administrator  
(Foundation Assistant)  
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# WELFARE & SUPPORT

## **GUIDANCE & SUPPORT**

- Educational and Clinical Supervisor
- College Tutors and Clinical Leads
- Guardian of Safe Working Foundation Programme Supervisor and Medical Education Team

## **FOUNDATION DOCTOR FORUMS**

Local Faculty Group meetings (LFG) are held regularly and FY1 and FY2 Representative are asked to attend and convey the foundation doctors feedback on their education and training experience.

## **MEDWAY TRUST WELLBEING**

You can contact the Health and Wellbeing Team who are available for support, advice and signposting.

Email: [medwayft.yourwellbeing@nhs.net](mailto:medwayft.yourwellbeing@nhs.net)

Website: [Change to Freedom to Speak Up service - The Clock Tower](#)

# TRAINING PROGRAMMES

## We offer

### Undergraduate Programme

- Kent and Medway Medical School (Year 3, 4 & 5)
- Kings and Guy's Medical School (Year 4 & 5)

### 2 Year Foundation Programme

- Bleep-free **protected teaching** (curriculum based lectures) with lunch vouchers upon attendance
- Weekly **Self-development time** to complete portfolio, undergraduate teaching, audit, research...
- **Simulation Training** and **Human Factors Study leave** (FY1 5 Tasters days ONLY)

### ➤ Clinical Education Fellow

### ➤ Internal Medicine Training

- Acute Internal Medicine
- Cardiology
- Endocrinology
- Gastroenterology
- Geriatrics
- Haematology
- Oncology
- Respiratory
- Rheumatology

### ➤ Core Surgical training

- Paediatrics
- Obstetrics & Gynaecology
- Trauma & Orthopaedics
- Urology

### ➤ Anaesthetics & Intensive Care

### ➤ Acute Care Common Stem Training (ACCS)

- Acute Internal Medicine
- Anaesthetics/ICM
- Emergency Medicine

### ➤ 3 Year General Practice Vocational Training Scheme

### Higher Specialty Training (ST3 – ST8)

- Acute Medicine
- Anaesthetics
- Cardiology
- Child Emergency Medicine
- Emergency Medicine
- Endocrinology & Diabetes
- ENT
- Gastroenterology
- Geriatric Medicine
- Gen Surgery - Colorectal
- General Paediatrics
- Paediatrics (Neonatal)
- Haematology
- Neurology
- Obstetrics & Gynaecology
- Respiratory
- Rheumatology
- Orthodontics
- Trauma & Orthopaedics
- Urology



# SCHEDULE / NIGHT SHIFT

Rotas are sent to you by the rota team and they are subject to change.

## Medicine

At present, F1 doctors are working nights shifts

## Surgery

Currently, F1s are not working on nights but this is in discussion and may be subject to change

# REST FACILITIES

## On-call facilities for doctors (Free)

User	Area/Room allocated
Females	Level 4, Room 4.OV.09
Males	Level 4, Room 4.OV.11

## Don't drive tired rooms (Free/4hrs minimum stay)

**Keys to be collected from the Switchboard**

User	Area/Room allocated
Females	Willow House Flat 77
Males	Willow House Flat 77

## Emergency rooms (Overnight Accommodation)

£19.64 per night for single bed

£23.73 per night for double bed

**Subject to increase in line with inflation**

# SIMULATION

Here at Medway we offer a wide range of opportunities to develop you within simulation and applying clinical skills.

We provide high fidelity simulation in two areas – the Simulation suite and insitu Simulation Training and Human Factors - All foundation doctors attend a **mandatory** full day as part of their teaching curriculum.



# INDUCTION

## **Mandatory Induction** – end of July

- International Medical Graduates
- All FY1 Doctors
  - eLS – Immediate Life Support course
  - Clinical IT Systems
  - Bloodtrack Training
  - Foundation Information, Prescribing Assessment Training
  - Shadowing FY1 Buddy on placement wards
    - Note: Additional shadowing can be arranged on request, especially, for IMGs
  - **Surgical and clinical skills**
  - **Simway Hospital**



# CLINICAL & SURGICAL SKILLS



Medway

NHS Foundation Trust

The Medical Education Centre hosts a spacious dedicated clinical skills room for use by undergraduate medical students and resident doctors.

Clinical and surgical skills training is a part of the Simulation's Team induction programme for foundation doctors. This covers a range of skills including; Catheterisation, cannulation, arterial blood gas', suturing and knot tying.



# SIMWAY HOSPITAL

Simway Hospital is an award winning multidisciplinary simulated hospital designed to replicate real-life clinical challenges. Based at Canterbury Christ Church University (CCCU) Medway Campus, we provide hands-on, immersive training using 30 simulated patients across a full-scale hospital environment.



# Merit Awards and Recognition

## Clinical Excellence

Demonstrating excellence in their clinical practice and actively enhance the patient experience.

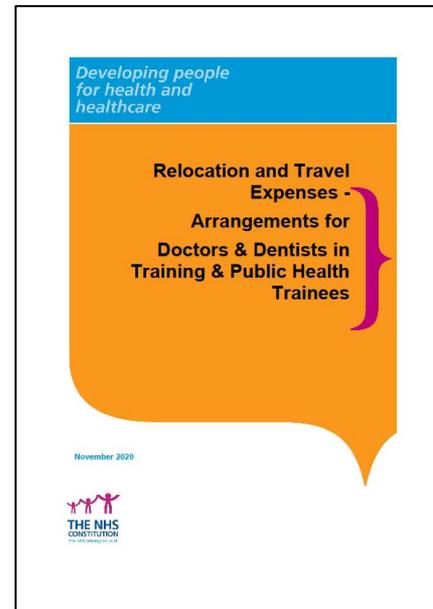
## Outstanding Contribution

Foundation Faculty Groups may, in **exceptional circumstances**, nominate an individual for a specified outstanding contribution as well (included in notes section). This could be, for example, for a doctor who writes an F1 guidebook for the LEP.

# RELOCATION

- For **doctors on a training programme** employed at our trust
- Contact our Relocation Team on [medwayft.mftrelocation@nhs.net](mailto:medwayft.mftrelocation@nhs.net) to apply by completing the **Eligibility form**. Once your eligibility has been confirmed, you can submit the claim monthly via the [EASY system](#) and it is paid monthly along with your salary.
- Expense claims must be submitted to the Trust within three months of the expenditure being incurred. **The maximum sum available is £10,000 over the entirety of your postgraduate training**, for up to 8 years reckonable service in any approved NHSE training programme.

## Framework Doc



## Eligibility Form

**Eligibility Form for claiming Reimbursement of Relocation and Associated Expenses**

**Notes:**

- Trainees are to complete the Eligibility Form in all cases prior to submitting any initial claim for reimbursement of removal or excess travel expenses to assess eligibility. Doctors/Dentists in Training will be notified in writing of the outcome of this request by their employer. For an ongoing/regular expense such as Excess Mileage, an eligibility form only needs to be completed once, unless an individual's circumstances change.
- All eligibility forms must be received by the relocation department of your Employing Trust at **least 2 months in advance** of incurring the expenditure for which you are applying for reimbursement.
- Trainees should allow at least six weeks for the eligibility form to be processed. If the application is successful, **please note that all claims must be made within 3 months of incurring the expenditure**, unless your employer advises of an earlier timeframe. Any ongoing claims must be made within three months of incurring the expenditure.
- The Employing Trust reserves the right to deny reimbursement in any case where the above time limits have been exceeded due to a delay on the part of the trainee.
- In exceptional circumstances a request may be escalated and reviewed by the Postgraduate Dean, who is entitled to use their discretion where appropriate.
- Sections 1, 2, 3 & 7 are mandatory, and the form will not be processed if these sections are not completed. Additionally, you will need to complete the sections indicated below that are relevant to the type of claim.

Please indicate the nature of the expenses you intend to claim:

	Insert (X):	
Removal costs	<input type="checkbox"/>	Section 4
Relocation costs (inc. house purchase costs)	<input type="checkbox"/>	Section 4
Continuing commitments (e.g. rent costs)	<input type="checkbox"/>	Section 4
Temporary Accommodation	<input type="checkbox"/>	Section 5
Excess Travel	<input type="checkbox"/>	Section 6

If you are unsure which you are likely to be eligible for, please see the respective Flow Diagrams and supporting info here: [NHSE South East – Relocation Expenses and Excess Travel](#)

Apply and submit to  
[medwayft.mftrelocation@nhs.net](mailto:medwayft.mftrelocation@nhs.net)

# SOCIAL ACTIVITIES



Medway

NHS Foundation Trust

- Social events are arranged by the Doctors' Mess. The role of Mess President is usually held by a Foundation doctor and are encouraged to put themselves forward.
- £10 monthly subscription which is deducted from your monthly salary if opting in.
- Key features:
  1. Open access 24/7
  2. Comfortable sofas and Sky TV
  3. Air conditioned open space
  4. Kitchen with full appliances, fridge to store food/lunch
  5. Tea, coffee and snacks; stocked twice weekly
  6. Computers with access to the intranet, next to telephones all in a workspace.
  7. Safe space to discuss patients with colleagues
  8. Notice board to advertise information, social events or pass suggestions

## Mess socials:

- Socials in Medway, Kent and London
- Socials joined with other Trust's from Kent
- Monthly/Payday Pizza
- Christmas Ball
- Summer Ball
- Regular bowling nights

# ACCOMMODATION



BATHROOM



KITCHEN



ROOM



ROOM



ROOM



LIVING ROOM

# PARKING ARRANGEMENTS

Parking permit applications will be included in your starter pack from HR Recruitment Services and payment will be deducted from your monthly salary.

**£20 per month for Foundation Doctors**

Band	Current Charge	Charge from 01/10/2022	Increase/decrease
FY1	20	20	0
FY2	20	20	0
SHO (ST1-2)	20	20	0
Specialty Doctor	25	35	10
SPR (ST3+)	20	20	0
SPR (ST4)	20	25	5
SPR (ST5)	20	30	10
VSM	25	30	25

subject to change yearly

# LIBRARY



Medway

NHS Foundation Trust

## Services

- Physical and electronic books and journals
- Point of care tools (BMJ Best Practice, UpToDate)
- Literature searches and article requests
- CPD resources (BMJ OnExamination, BMJ Case Reports)
- Clinical Librarian Services

## Library



## LIBRARY TEAM



## IT Rooms



# VIRTAMED

Medway Hospital is the only Trust in Kent to offer access to a VirtaMed Machine which offers industry-leading mixed- reality simulation for orthopaedics, obstetrics, gynaecology and general surgery. Our simulator provides physicians with a safe and immersive environment for training and performing complex procedures.



# TRANSPORT LINKS

 **London Victoria → Gillingham (Kent)**

 46min • Direct

 **St Pancras International Station → Gillingham (Kent)**

 45min • Direct

 **London Bridge → Gillingham (Kent)**

 1h 21min • Direct

Gillingham, England



Medway NHS Foundation...

 **Gillingham → Medway NHS Foundation Trust**

 20min  1 mile

 **King Street → Medway NHS Foundation Trust**  14min • Direct

 **St Mark's Church → Medway NHS Foundation Trust**



 6min • Direct

 **London Victoria → Gillingham**

**Via A2 - 1 hours 21 mins -**

Via A13 - 1 hours 24 mins

 **London Bridge → Gillingham**

**Via A13 - 1 hours 6 mins**

Via A2 - 1 hours 15 mins

 **St Pancras International Station → Gillingham**

**Via A13 - 1 hours 22 mins**

Via A2 - 1 hours 26 mins -

# LOCATION



**Medway  
Maritime  
Hospital**

Strood	Rochester	Chatham	Gillingham	Rainham
Retail Park	Historical Sites		Ice Rink	Spa Centre
Gyms	Club	Museum		Trampolining Centre
Cinema	Gyms	Shopping Centre	Sports Centre	Smimming pool
Bowling Centre		Bus Station link		Parks
Sports Centre				Gym
Pubs				
Places to eat (fast foods, restaurants, buffets...)				

# ADVANTAGES

## Doctors on a Foundation Training Programme at Medway Trust

- Short travel distance from London Terminals
- Pre-employment dates - beginning of June. (ID checks, Occupational Health, Q&A's for contracts and rota issues)
- Lunch vouchers
- Open door policy
- All supervisors are accredited to supervise Postgraduate Doctors
- Simway Hospital - **nominated for an HSJ award**
- Clinical Skills rooms
- Opportunities
  - Theatres / Teachings / Audits / Research
  - Simulation courses
  - Resuscitation Life Support courses

## Medway NHS staff member

- Virtamed Machine
- Wellbeing services
- Free gym membership
- Discounted bus travel
- NHS shuttle bus
- Eye test voucher
- Blue Light Card with access to discounts

# THANK YOU - ANY QUESTIONS?

## Further Information

Email: [medwayft.medicaleducation@nhs.net](mailto:medwayft.medicaleducation@nhs.net)

**KSS Foundation Website**  
<https://kss.hee.nhs.uk/medway-prospectus/>



**Trust Website**  
[www.medway.nhs.uk](http://www.medway.nhs.uk)



**Medical Education Website**  
<https://www.medicaleducation.medway.nhs.uk/>

