

KSS O+G ST3-7 Regional Training Days October 2025 – Sept 2026

Open to ST1-7 unless stated ** and 3rd Friday of the month

Date	Topic	ST Level	Lead	Virtual/F2f
17 th October	NO SESSION			
21 st Nov	Hot topics in O&G	1-7	Thomas Kurka	Teams
19 th Dec	Maternal Medicine Study Day (Session 1)	1-7	Miss Sophia Stone Miss Karin Leslie	Face to face St Richards Hospital
16 th Jan	Bereavement Study Day	1-7	Abigails Charity	Face to face Medway
20 th Feb	Menopause and Subfertility	3-7 (30 trainees)	Miss Sadia Muhammad	Face to face MTW
20 th March Session 1	CV Masterclass and Consultant Interview Preparation	6-7 (20 trainees)	Mr Ben Mondelli	Face to face Royal Surrey County Hospital
20 th March Session 2	Fetal Medicine Update	1-7	Prof Akolekar	Face to face Medway
17 th April	KSS Conference	1-7	TBC	TBC
15 th May	Gynae Oncology Update	1-7	Sonali Kaushik	Face to face Royal Sussex County Hospital
19 th June	Maternal Medicine Study Day (Session 2)	1-7	Karin Leslie Sophia Stone	Face to face ASPH
July	Gynae emergencies simulation Course (TBC)	1-7	Miss Sadia Muhammad	Face to face MTW
Aug	Hands on Laparoscopy Session + Robotic Session (TBC)			
18 th Sept	Fibroid Update with hands on training	1-7	Rebecca Mallick	Face to face Princess Royal Hospital

Additional sessions – training level specific

Date	ST level	Site	Lead	Topic
17/10/2025	ST1 and ST3	East Surrey Hospital	S. Sankaran	ST1 Induction Day
16/01/2026	ST1-3	MTW	Sadia Muhammed	Third degree repair course
6/03/2026	ST1, ST2 & ST3	Medway Hospital	Melissa Islam	Robust Course
06/02/2026	ST1-3	Worthing Hospital	Aaron McAvoy	Third degree repair course
01/05/2026	ST1-ST2	Frimley Park Hospital	Michelle Jie, ST7	Basic USS study day (Theory)

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			Sridevi Sankaran	
15/05/2026	ST1-2	William Harvey Hospital	Syeda Khairunnisa	Step up and resilience
21/11/25	ST1-2	MTW	Sadia Muhammed	Step up course
				Basic USS study day (Theory and Practical)
25/09/2026	ST1- ST3	Worthing Hospital	Anna Stein Durand	Step Up course

Additional Sessions