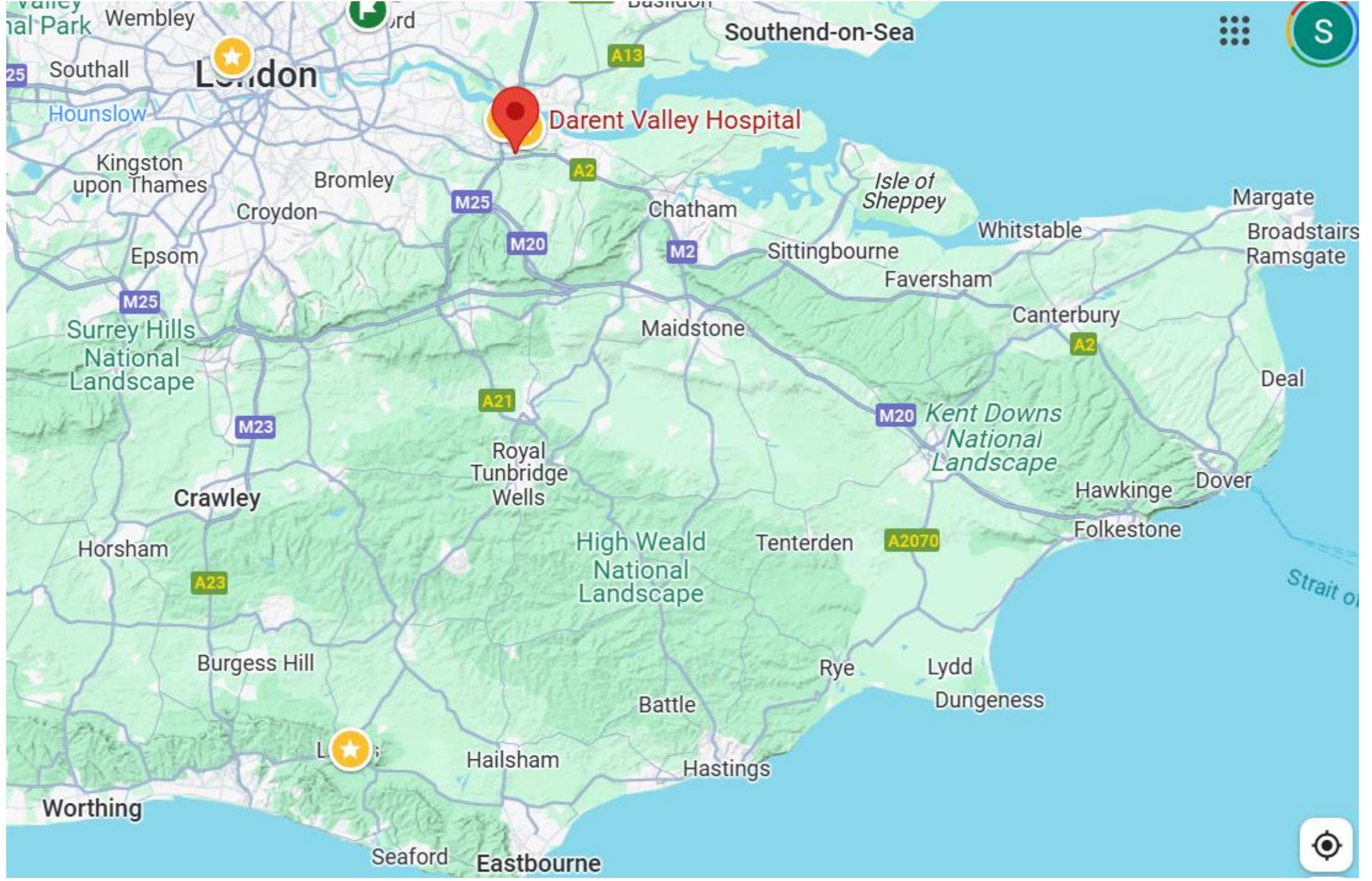


A photograph of the Darent Valley Hospital building, a modern structure with a curved roof and large glass windows. The building is partially obscured by the branches of a tree in full bloom with white cherry blossoms in the foreground. The sky is blue with a few clouds. In the background, a white van and a white car are visible near the entrance.

# Darent Valley Hospital

Dartford and Gravesham NHS Trust



Darent Valley Hospital

London

Chatham

Maidstone

Canterbury

Crawley

Royal Tunbridge Wells

High Weald National Landscape

Kent Downs National Landscape

Worthing

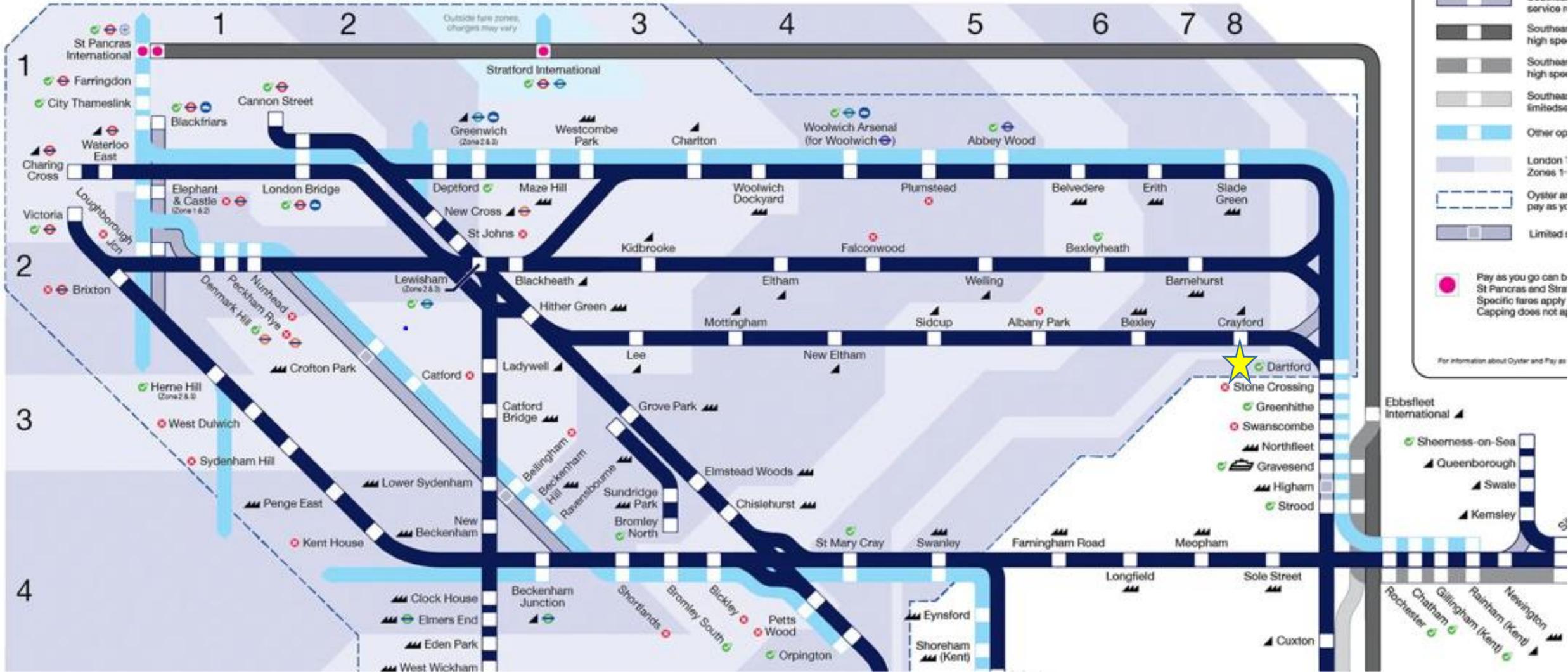
Hailsham

Hastings

Eastbourne



# Southeastern network map





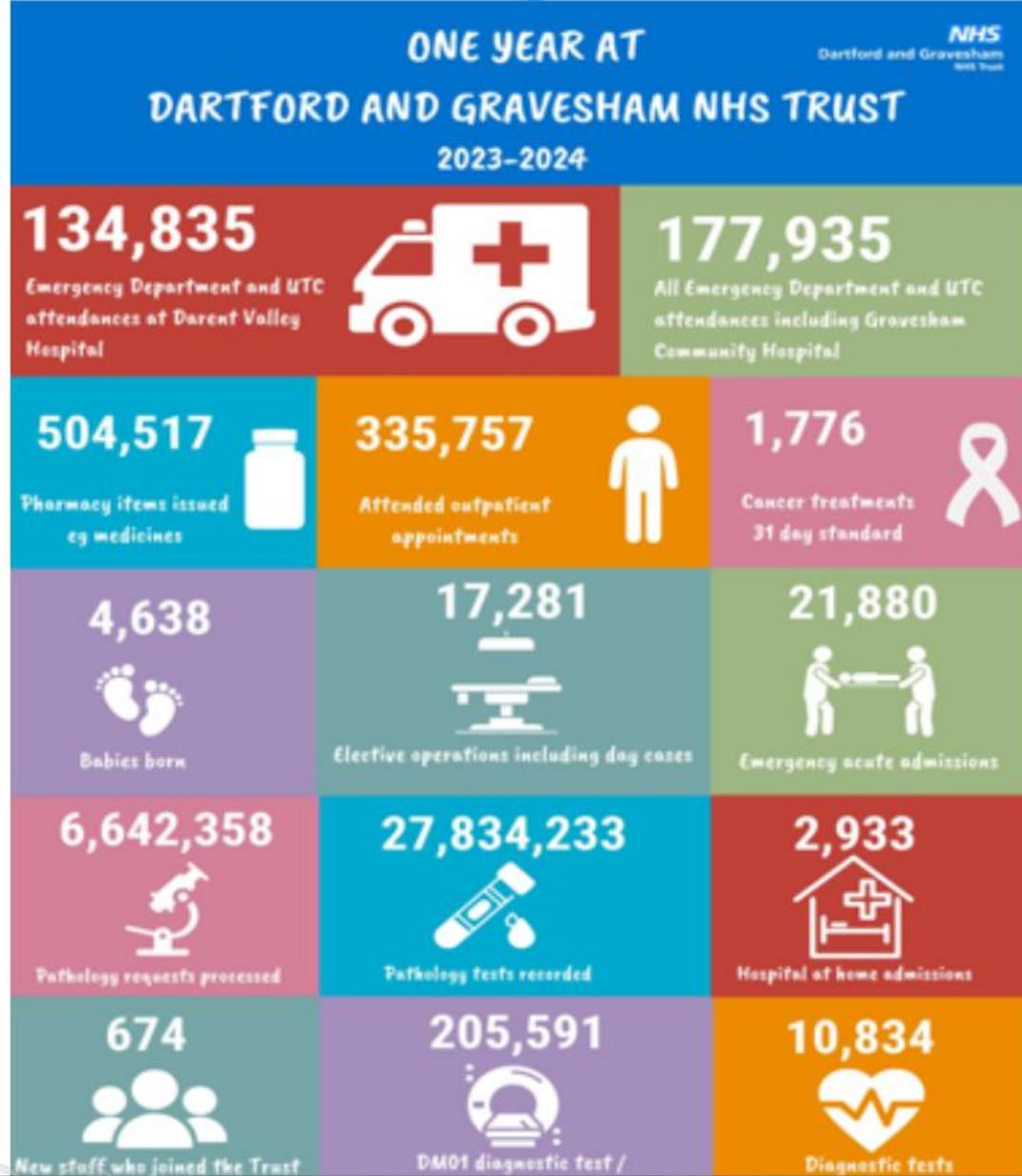




# Living in Dartford & Gravesham

- Good transport links via M25
- Dartford is within TFL zone 8 with trains to Victoria and Charing Cross
- Ebbsfleet and Gravesend are connected via the high speed line to St Pancras
- Excellent primary and secondary schools
- Multicultural and diverse population with worship, cultural and retail facilities to match
- Area of significant population growth

# Our Activity 2023/24



## Darent Valley Hospital

- Large DGH in close proximity to London
- Local population 500,000 people
- Rated Good by CQC, on Journey to Outstanding pathway
- Hyperacute stroke unit recently opened

# STAFF BENEFITS & REWARDS



- Wellbeing marquee with outdoor seating
- Car parking permits allocated for foundation doctors (£20 per month)
- On-site accommodation (from £25 per night, £599 per month) including flats for families

# Foundation Programme – F1

- 54 F1 jobs
- F1 mandatory teaching 1-3pm Wednesdays, with lunch
- Rotations include
  - Acute medicine/Cardiology/Endocrinology/Gastroenterology/Geriatrics/Respiratory/Stroke with Medical on call (approx 2 weekends per rotation, long days, no nights)
  - Critical care (3 months ITU) and anaesthetics (1 month) (1 weekend in 4, no long days or nights)
  - Emergency medicine (twilight hours until 11pm, 4 weekends per month, no nights)
  - General surgery/Urology with Surgical on call (approx 3 weekends per rotation, long days, no nights)
  - Paediatrics (9-5 weekdays)
  - Proactive care of the older patient undergoing surgery (medical placement with Surgical on calls)
  - Psychiatry (9-5 weekdays) with acute medicine days to keep up knowledge and skills
  - Clinical Radiology

# Foundation Programme – F2

- F2 rotations as per F1 rotations plus
  - Academic
  - General Practice
  - Obstetrics & Gynaecology
  - Renal medicine
  - Trauma & Orthopaedics
- F2 mandatory teaching 1-3pm Tuesdays, with lunch

# Local opportunities

- Skills lab
- Simulation team
- Teaching opportunities – medical students from GKT, KMMS and SGH
- Library with clinical librarian support for literature searches
- Schwartz rounds
- Balint style group for foundation doctors – starting soon
- Grand round
- Departmental teaching

# The Foundation Team



Director of Medical Education – Dr Cathy Ellis

Strategic Lead for Medical Education – Helen Addison

F1 TPDs – Dr Mathias Toth & Dr Prasanna Aghoram

F2 TPDs – Dr Shahinul Khan & Dr Sophie Lam

Foundation Training Education Officer – Tracy Belcher  
[tracy.belcher3@nhs.net](mailto:tracy.belcher3@nhs.net)

# Darent Valley Hospital

## **PROS**

- Smaller hospital, regs + middle grades get to know you & mentor you
- Really friendly culture
- Fy1 year is 54 – good size to make friends but not too small its overwhelming
- No nights as F1 & rota is generally good (no sets of long days etc)

## **CONS**

- Not every specialty here (no ID, ENT, rheum etc), not great exposure to more niche presentations
- Fewer specialist procedures → complex pts get sent to tertiary centres
- Less opportunity for research