

University Hospitals Sussex NHS Foundation Trust (West)
Worthing Job Descriptions 2026-27

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Specialty	Acute Care
Grade	F1
Trust	University Hospitals Sussex NHS Foundation Trust (West)
Site name and address (include trust name if different to employing trust)	Worthing Hospital, Lyndhurst Road, Worthing, BN11 2DH
Type of work to expect and learning opportunities	4/12 placement with rotations through all aspects of Acute Care including Acute Frailty, Acute Medicine and Acute Surgery. Initial assessment and management of acute surgical, medical and elderly care patients. Clerking, initial treatment, prescription-writing, on-going management of patients up to 72hrs. Liaising with other specialties including Radiology and working within a multi-disciplinary team. Broad exposure to medical and surgical presentations, opportunity to gain competencies in basic procedures and access to advanced procedures including lumbar puncture, pleural drains and ascitic drains. Presentation skills and team working and many other aspects of general training from curriculum are met within this placement. Post-take ward rounds, bed-side teaching, daily meetings, case-presentations, departmental teaching. Doctors will also all work on Same Day Emergency Care (SDEC)
Main duties and further information about the placement	<ul style="list-style-type: none"> • Initial clerking and treatment of patients • Managing on-going care of patients on the unit • Co-ordinating investigations and treatment plans • Maintain safe, up-to-date list of ward-patients. • Take part in post-take ward rounds • Preparing discharge letters • Ensure post-take jobs are completed. • Liaising with other specialties and departments • Review patients when required <p><u>Learn lots of Medicine and have fun!</u></p>
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Roger Duckitt / Dr Joe Wileman / Dr Simon Murphy / Dr Edward Pineles / Dr Chris Chandler / Dr Anant Gurung / Dr Luca Cecchini / Dr David Hunt / Dr Charlotte Kirk / Dr Nikki Dearneley/ Dr Tess Pepper
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	<p>Mon: AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews</p> <p>Tues: AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews</p> <p>Weds: AM: PTWR / Jobs / Clerking / Reviews PM: Protected foundation teaching</p> <p>Thurs: AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews / Departmental teaching 1:15-2pm</p> <p>Fri: AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews</p> <p>Sat: AM: On-call rota PM: On-call rota</p> <p>Sun: AM: On-call rota PM: On-call rota</p> <p>On call requirements: F1 rota designed around a 1:10 frequency, which includes long days and late shifts (predominantly clerking new admissions) and weekends (3 weekends in 10 weeks).</p>
For further information, please contact the	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/

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Specialty	Anaesthetics
Grade	F1
Trust	University Hospitals Sussex NHS Foundation Trust (West)
Site name and address (include trust name if different to employing trust)	Worthing Hospital Lyndhurst Road Worthing BN11 2DH
Type of work to expect and learning opportunities	Supernumerary anaesthesia and intensive care attachment in a DGH setting
Main duties and further information about the placement	Supernumerary learning position in anaesthesia and intensive care. First 2 months in anaesthesia or ITU moving through all areas of DGH anaesthetics gaining knowledge and various skills, particularly relating to the airway and vascular access. Second 2 months spent in intensive care to consolidate skills learned in anaesthetics and gain others including the recognition and early management of the acutely unwell patient, advanced vascular access, cardiac output monitoring, peri-arrest cooling, blood gas interpretation etc.
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Howard Wakeling
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	<p>Mon: AM: Theatres / ICU PM: Theatres / ICU</p> <p>Tues: AM: Theatres / ICU PM: Theatres / ICU</p> <p>Weds: AM: Theatres / ICU PM: Protected foundation teaching</p> <p>Thurs: AM: Theatres / ICU PM: Theatres / ICU</p> <p>Fri: AM: Theatres / ICU PM: Theatres / ICU</p> <p>Sat: AM: PM:</p> <p>Sun: AM: PM:</p> <p>On call requirements: Medical ward cover rota</p>
For further information, please contact the Local Education Provider (LEP) administrative contact	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/</p>

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Specialty	Cardiology and general medicine
Grade	F1
Trust	University Hospitals Sussex NHS Foundation Trust (West)
Site name and address (include trust name if different to employing trust)	Worthing Hospital Lyndhurst Road Worthing BN11 2DH
Type of work to expect and learning opportunities	Ward based acute medical care, situated learning in workplace and PGME.
Main duties and further information about the placement	Ward based acute medical care on Eartham ward, Worthing Hospital specializing in heart failure and general medicine.
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Kathy Webb-Peploe
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	<p>Mon: AM: Consultant ward round PM: Ward work</p> <p>Tues: AM: Ward round PM: Ward work</p> <p>Weds: AM: Ward round PM: Protected foundation teaching</p> <p>Thurs: AM: Consultant Ward round 1pm Grand round PM: Ward work</p> <p>Fri: AM: Ward round PM: Ward work</p> <p>Sat: AM: Acute admissions PM: Acute admissions</p> <p>Sun: AM: Acute admissions PM: Acute admissions</p> <p>On call requirements: As per rota</p>
For further information, please contact the Local Education Provider (LEP) administrative contact	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/</p>

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Specialty	General Psychiatry																							
Grade	F1																							
Trust	Sussex Partnership NHS Foundation Trust Forget Me Not Unit, Swandean, Worthing, Arundel Road, BN13 3EP																							
Site name and address (include trust name if different to employing trust)	Worthing Hospital Lyndhurst Road Worthing BN11 2DH University Hospitals Sussex NHS Foundation Trust (West																							
Type of work to expect and learning opportunities																								
Main duties and further information about the placement	<p>This is a 4-month placement, as part of the Year 1 KSS Foundation School training programme.</p> <p>This FY1 post is based four days per week at the Forget Me Not Unit, which comprises three 10-bedded specialist dementia inpatient wards.</p> <p>The majority of people with dementia can live within the community. A very small proportion will have more complex care needs which require specialist care in a dedicated setting. Specialist dementia wards support people with dementia to allow them to safely move to a community-based environment, such as their own home or, more commonly, a care home. The FY1 doctor is tasked with monitoring and managing the physical and mental health of these patients, managing complex and often unmet needs of these patient in a holistic way as part of a multidisciplinary team with support from Specialty Doctors and a Consultant Old Age Psychiatrist.</p> <p><i>One day per week is spent working on the Emergency Floor at Worthing Hospital.</i></p>																							
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Josef Mahdi. The doctor will always have direct access to an appropriate senior colleague for advice in any clinical situation. In most situations between 9:00-17:00 this will be the Specialty Doctor. The consultant will also act as the Clinical Supervisor for training and quality assurance purposes and will offer on average one hour per week direct face-to-face clinical supervision .																							
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	<table><tr><td></td><td>Monday</td><td>Tuesday</td><td>Wednesday</td><td>Thursday</td><td>Friday</td></tr><tr><td>a.m.</td><td>Ward Work</td><td>EF day release</td><td>Ward Work</td><td>MDT meeting</td><td>Ward Work</td></tr><tr><td>p.m.</td><td>Ward Work</td><td>EF day release</td><td>Academic Programme</td><td>Supervision / Ward Work</td><td>Ward Round</td></tr></table> <p>Indicative Timetable</p>							Monday	Tuesday	Wednesday	Thursday	Friday	a.m.	Ward Work	EF day release	Ward Work	MDT meeting	Ward Work	p.m.	Ward Work	EF day release	Academic Programme	Supervision / Ward Work	Ward Round
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Specialty	General Psychiatry (Liaison)
Grade	F1
Trust	University Hospitals Sussex NHS Foundation Trust
Site name and address (include trust name if different to employing trust)	Mental Health Liaison Team, Worthing General Hospital, Sussex Partnership NHS Foundation Trust
Type of work to expect and learning opportunities	<p>This is a FY1 post based at Worthing General Hospital in the Mental Health Liaison Team (MHLT). This service provides urgent mental health assessments for patients who are referred to us within Worthing Hospital, from the emergency department and hospital wards. Worthing MHLT accepts referrals for any patient over the age of 17. There is a separate CAMHS liaison service which the FY1 doctor may be able to shadow if they are interested but they will not be working directly with children and adolescents.</p> <p>The FY1 doctor will learn how to assess patients presenting with a wide range of mental illness, including psychiatric history taking, mental state examination, risk assessment and formulating management plans. They will learn about the overlap between physical and mental illness and about the psychological impact of chronic physical illness. They will learn how to complete holistic assessments, to take a patient-centred approach to medicine, and develop more advanced communication skills.</p>

<p>Main duties and further information about the placement</p>	<p>The FY1 doctor will work alongside consultant psychiatrists, psychiatric trainees and specialist mental health nurses in the Mental Health Liaison Team, assessing and providing urgent management and treatment plans for patients presenting with a mental health emergency to the general hospital (emergency department and hospital wards).</p> <p>The FY1 doctor will initially carry out joint assessments with other members of the team but gradually build their skills and confidence to carry out independent assessments and reviews of patients on the ward. There will always be more senior members of staff available for the FY1 doctor to discuss cases with. The FY1 doctor will not be expected to put discharge plans in place on their own and will be supported in developing care plans for patients.</p> <p>A large part of the work involves liaising with other teams and services to ensure joined-up holistic care for the patient and to support safe and effective discharge planning. This may be liaising with other teams and departments within the hospital, with a range of mental health services in the community, with GPs and primary care and with other allied professions such as social care and tertiary sector.</p> <p>One day a week (Tuesdays) will be spent working with the acute medical team on the Emergency Floor at Worthing General Hospital, to ensure the FY1 doctor gains necessary medical experience and skills as part of their training.</p> <p>The hours of work with MHLT are usually 9am - 5pm. Hours of work on the Emergency Floor vary according to the rota, which will be sent out in advance. There is no on call rota attached to this placement.</p> <p>This is a 4 month placement, as part of the Year 1 KSS Foundation School training programme.</p>
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>The doctor will always have direct access to an appropriate senior colleague for advice in any clinical situation. From Monday - Wednesday, Consultant Liaison Psychiatrist Dr Claire Jones will be available to support and advise. On Thursday and Friday, Consultant Older Adults Liaison Psychiatrist Dr Jerzy Strukowski will be available for the FY1 doctor to consult. There are also other trainee psychiatrists, a team lead and clinical nurse specialist available to give clinical advice and supervise the FY1's work where appropriate.</p> <p>Dr Jones will act as the clinical supervisor for training and quality assurance purposes and will offer on average one hour per week direct face to face clinical supervision.</p>

Typical working pattern in the placement. e.g ward rounds, clinics, theatre	Indicative Timetable					
		Monday	Tuesday	Wednesday	Thursday	Friday
	a.m.	Clinical work Balint group	Day Release EF Worthing	Clinical work	Clinical work	Clinical work
	p.m.	Clinical work Admin Supervision	Day Release EF Worthing	Psychiatry academic teaching /foundation teaching Audit/QIP	Clinical work Team meeting/refl ective practice	Clinical work Admin
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/					

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Specialty	Geriatrics
Grade	F1
Trust	University Hospitals Sussex NHS Foundation Trust (West)
Site name and address (include trust name if different to employing trust)	Worthing Hospital Lyndhurst Road Worthing BN11 2DH
Type of work to expect and learning opportunities	Assessment and inpatient management of frail elderly patients with multiple co-morbidities, including those admitted with hip fracture. This includes experience in complex discharge planning, multidisciplinary working, communication, ethics and end of life care. Teaching at lunchtimes available 3 times a week.
Main duties and further information about the placement	Assessment and inpatient care - frail elderly patients with multiple co-morbidities, and when on call, this may include hip fractures and stroke/TIA of all ages.
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Peter Williams/ Dr David Hunt / Dr Charlotte Kirk / Dr Gary French / Dr Nicola Dearnley / Dr Kate O'Shea / Dr Kirsty Lawton / Dr TzeYing Ong / Dr Jack Baldwin / Dr Nicola Galliford
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	Mon: AM: PM: Tues: AM: PM: Specialty lunchtime teaching Weds: AM: PM: Protected foundation teaching Thurs: AM: Grand round lunchtime teaching PM: Fri: AM: PM: Sat: AM: PM: Sun: AM: PM: On call requirements:
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Specialty	Geriatrics
Grade	F1
Trust	University Hospitals Sussex NHS Foundation Trust (West)
Site name and address (include trust name if different to employing trust)	Worthing Hospital Lyndhurst Road Worthing BN11 2DH
Type of work to expect and learning opportunities	Assessment and management of frail elderly patients with multiple co-morbidities, including complex discharge planning, communication, ethics and end of life care. Multidisciplinary working. Teaching at lunchtimes available 3 times a week.
Main duties and further information about the placement	Acute admissions and inpatient care of inpatients - frail elderly patients with multiple co-morbidities, and when on call, this includes stroke/TIA admissions of all ages, including acute thrombolysis.
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Rajen Patel / Dr David Hunt / Dr Ai-Lyn Yeo / Dr Charlotte Kirk / Dr Peter Williams / Dr Gary French
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	Mon: AM: PM: Tues: AM: PM: Weds: AM: PM: Protected foundation teaching Thurs: AM: PM: Fri: AM: PM: Sat: AM: PM: Sun: AM: PM: On call requirements: 1 in 6
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/

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Specialty	Haematology
Grade	F1
Trust	University Hospitals Sussex NHS Foundation Trust (West)
Site name and address (include trust name if different to employing trust)	Worthing Hospital Lyndhurst Road Worthing BN11 2DH
Type of work to expect and learning opportunities	Mainly ward based- gaining experience in managing in-patient haematology patients giving exposure to haematological emergencies such as hypercalcaemia, cord compression and neutropenic sepsis. There is also exposure to inpatient haematology chemotherapy and managing those with severe immunosuppression and well as end of life care. The post also covers MDCU and exposure to outpatient complications of chemotherapy
Main duties and further information about the placement	To look after inpatient haematology patients and outpatient oncology patients on MDCU. There is opportunity to gain exposure to out-patient haematology clinics if desired
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr George Double
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	<p>Mon: AM:</p> <p>PM:</p> <p>Tues: AM:</p> <p>PM:</p> <p>Weds: AM:</p> <p>PM: Protected foundation teaching</p> <p>Thurs: AM:</p> <p>PM:</p> <p>Fri: AM:</p> <p>PM:</p> <p>Sat: AM:</p> <p>PM:</p> <p>Sun: AM:</p> <p>PM:</p> <p>On call requirements: As dictated by rota</p>
For further information, please contact the Local Education Provider (LEP) administrative contact	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/</p>

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Specialty	Stroke
Grade	F1
Trust	University Hospitals Sussex NHS Foundation Trust (West)
Site name and address (include trust name if different to employing trust)	Worthing Hospital Lyndhurst Road Worthing BN11 2DH
Type of work to expect and learning opportunities	Assessment and management of adult patients (all ages) with stroke, from acute stage to rehabilitation, and assessment of patients with high risk transient ischaemic attacks. This includes experience in complex discharge planning, multidisciplinary working, communication, ethics and end of life care. Teaching at lunchtimes available 3 times a week.
Main duties and further information about the placement	Inpatient care of patients aged over 18 with stroke, and when on call, inpatient care of geriatrics (this may include hip fractures) patients and medicine inpatients
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Rajen Patel / Dr Nabarun Sengupta
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	<p>Mon: AM:</p> <p>PM:</p> <p>Tues: AM:</p> <p>PM: Geriatrics (including stroke) lunchtime teaching</p> <p>Weds: AM:</p> <p>PM: Foundation teaching</p> <p>Thurs: AM: Grand round lunchtime teaching</p> <p>PM:</p> <p>Fri: AM:</p> <p>PM:</p> <p>Sat: AM:</p> <p>PM:</p> <p>Sun: AM:</p> <p>PM:</p> <p>On call requirements:</p>
For further information, please contact the Local Education Provider (LEP) administrative contact	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/</p>

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Specialty	Cardiology
Grade	F2
Trust	University Hospitals Sussex NHS Foundation Trust (West)
Site name and address (include trust name if different to employing trust)	Worthing Hospital Lyndhurst Road Worthing BN11 2DH
Type of work to expect and learning opportunities	There is always something interesting to do on the ward such as ascetic drains, pleural taps, LPs and the cases are varied.
Main duties and further information about the placement	It is largely ward based with around 15 patients on Courtlands/CCU and around 6 heart failure patients on Eartham. Courtlands also sometimes has renal outliers who are looked after by the renal team. Patients on Courtlands/CCU consist of those who have had elective angio/PCI as well as general medical patients. Duties include taking part in ward rounds, arranging investigations, monitoring bloods, managing acutely unwell patients, liaising with other medical teams as required, clerking patients admitted directly to CCU. Every other Friday there is a cardioversion list which you will be allowed to do also. Every Wednesday afternoon Dr Dissanayake has an outpatient clinic which you are encouraged to attend and see patients. You are always welcome in the cath lab and all of the consultants are happy to do teaching.
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Reza Zadeh, Dr Pratapsing Rai
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	<p>Mon: AM: Ward round/ward jobs PM: Ward round/ward jobs</p> <p>Tues: AM: Ward round/ward jobs PM: Ward round/ward jobs</p> <p>Weds: AM: Ward round/ward jobs PM: Protected Foundation Teaching / Optional clinics</p> <p>Thurs: AM: Ward round/ward jobs PM: Ward round/ward jobs</p> <p>Fri: AM: Ward round/ward jobs PM: Ward round/ward jobs, (every other week PM – cardioversion list)</p> <p>Sat: AM: PM:</p> <p>Sun: AM: PM:</p> <p>On call requirements: Usually one weekend a month and two evenings every fortnight. During the placement you'll usually do one week and one weekend of night shifts.</p>
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/

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Specialty	Diabetes & Endocrinology - F2
Grade	F2
Trust	University Hospitals Sussex NHS Foundation Trust (West)
Site name and address (include trust name if different to employing trust)	Worthing Hospital Lyndhurst Road Worthing BN11 2DH
Type of work to expect and learning opportunities	Mainly ward work, sometimes possible to attend one endocrine clinic a week
Main duties and further information about the placement	Management of diabetes, endocrine and general medical inpatients,
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Eleni Karathanasi, Dr Maria Silveira, Mawara Iftikhar, Dr Alicia, Colino Acevedo
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	<p>Mon: AM: Ward round/ward jobs PM: Ward round/ward jobs</p> <p>Tues: AM: Ward round/ward jobs PM: Ward round/ward jobs</p> <p>Weds: AM: Ward round/ward jobs PM: Protected Foundation Teaching / Optional clinics</p> <p>Thurs: AM: Ward round/ward jobs PM: Ward round/ward jobs</p> <p>Fri: AM: Ward round/ward jobs PM: Ward round/ward jobs</p> <p>Sat: AM: PM:</p> <p>Sun: AM: PM:</p> <p>On call requirements: Usually one weekend a month and one night a week. During the placement you'll usually do one week and one weekend of night</p>
For further information, please contact the Local Education Provider (LEP) administrative contact	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/</p>

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Specialty	Emergency Medicine
Grade	F2
Trust	University Hospitals Sussex NHS Foundation Trust (West)
Site name and address (include trust name if different to employing trust)	Worthing Hospital Lyndhurst Road Worthing BN11 2DH
Type of work to expect and learning opportunities	Working in a busy DGH Emergency Department with dedicated paediatric facilities 24/7 Consultant and Registrar cover with both shop floor teaching and a weekly teaching programme Opportunities to undertake audit, safety improvement projects and clinical presentations Ideal environment to learn new procedures, gain exposure to multitude of patient presentations and improve all clinical skills
Main duties and further information about the placement	To see, treat and manage emergency patients with support from senior cover. Working in resus, majors, minors and paediatrics areas of the Emergency Department alongside senior doctors, specialist nurse and physio practitioners
Clinical Supervisor(s) <i>This may be subject to change</i>	Polly HARRIS, Katherine COATES, Mandy GROCUTT, Matthew STANIFORTH, Helen MILNE, Sarah HALL, Zoraida FONTANILLA-DAZA, Jon BURTON,
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	<p>Mon: AM: Acute admissions / handover PM: Acute admissions / handover</p> <p>Tues: AM: Acute admissions / handover PM: Acute admissions / handover</p> <p>Weds: AM: Acute admissions / handover PM: Protected Foundation Teaching</p> <p>Thurs: AM: Acute admissions / handover PM: Acute admissions / handover</p> <p>Fri: AM: Acute admissions / handover PM: Acute admissions / handover</p> <p>Sat: AM: PM:</p> <p>Sun: AM: PM:</p> <p>On call requirements: Shift work to cover a 24/7 timetable alongside 10 colleagues at the same level within the Emergency Department. Thus 1 in 10 nights.</p>
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/

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Specialty	General Psychiatry
Grade	F2
Trust	University Hospitals Sussex NHS Foundation Trust (West)
Site name and address (include trust name if different to employing trust)	Arun House, 16 Liverpool Gardens, Worthing BN11 1RY

<p>Main duties and further information about the placement</p>	<p>The post will be based at Arun House, 16 Liverpool Gardens, Worthing BN11 1RY.</p> <p>The post holder will provide psychiatric and physical healthcare input to patients with psychosis spectrum disorders and wide comorbidities across the age range 14 to 65. The opportunity to develop skills in multi-disciplinary working is excellent and the working environment is very friendly.</p> <p>The Early Intervention team for Psychosis in Worthing manages an active caseload of around 80 clients with early psychosis aged up to 65. The service has a primary youth mental health focus and collaborates widely with relevant locality third sector organisations.</p> <p>The team comprises lead practitioners of mixed professional training, a team manager, senior clinical psychologist, pharmacist, vocational support worker, administrative staff, and 0.6 of an adult psychiatry consultant.</p> <p>Training Opportunities: This post provides a wide range of training opportunities that can be flexibly incorporated into the program of each doctor depending on their needs, as detailed below. There is a specific focus on effective team working, consultative practice and risk assessment within this team.</p> <p>Community psychiatry: Whilst management of first presentation psychosis is a primary focus, the team commonly manages a wide range of comorbidity and those presenting with diagnostic uncertainty require a high standard of skills in assessment. Inpatient in-reach: A key component to consistency of patient care. Youth mental health: This is an important element of the work of an EIP team, being mindful of developmental issues of the patient and with clear focus on flexible service engagement. Understanding of the Mental Health Act For admissions and those on community orders.</p> <p>Psychopharmacology: Effective, safe and collaborative use of medications is a particular focus of this placement with specialist supervision from team pharmacist Nik Nikolis and Dr Chatterjee. Critical analysis of existing literature in this field is integral.</p> <p>Psychotherapy: Involvement with psychoeducation, engagement and collaborative working, family work and group therapy is available on top of the usual individual therapy exposure provided at locality level.</p> <p>Research and applied audit: The team has an active interest and experience in audit and research. Opportunities will be available to contribute to this or develop new projects.</p> <p>Teaching: Dissemination of information regarding psychosis to medical disciplines, the public and our service users and families, is a key role of EIP. Opportunities will be available for the doctor to participate in delivering such education. This team also has nursing and psychology students and attracts regular BSMS undergraduates with whom the doctor will be encouraged to lead teaching.</p> <p>Management / Leadership: Supervised opportunities are available within the context of team operations.</p>
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Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Jayanta Chatterjee / Dr Toby Buxton					
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	Indicative Timetable – subject to change					
		Monday	Tuesday	Wednesday	Thursday	Friday
	a m	0930-1030: EIS zoning MDT 1030-1300: EIS clinical activity (remotely or at Arun House) 1300-1400: flexible lunch break	0930-1100: EIS clinical MDT at Arun House 1100-1230: EIS patient reviews 1230-1300: flexible lunch break	0930-1030: EIS zoning MDT at Arun House 1030-1300: EIS home visits/ depot clinics with team LP/ Clinical audit/ research 1300-1330: flexible lunch break	0930-1230: EIS patient reviews at Arun House or training with local placement supervision group (e.g. in-reach work at Meadowfield Hospital, shadowing CRHT or MHLT at WGH, etc.) 1230-1300: flexible lunch break	0930-1030: EIS zoning MDT at Arun House 1030-1230: EIS clinical activity 1230-1300: flexible lunch break
	p m	1400-1500: Balint group participation 1500-1700: Clinical Admin	1300-1400: EIS case formulation, team reflective space 1400-1700: clinical admin/ audit	1400-1600: local or trust-wide Academic Programme 1600-1700: self-directed learning/ reflective space	Clinical admin	1300-1400: weekly supervision 1400-1500: group learning/ teaching session with University students 1500-1700: self-directed learning/ audit/ admin
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/					

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Specialty	General Practice	
Grade	F2	
Trust	University Hospitals Sussex NHS Foundation Trust (West)	
Site name and address (include trust name if different to employing trust)	Worthing Hospital Lyndhurst Road Worthing BN11 2DH	St Richards Hospital Spitalfield Road Chichester
Type of work to expect and learning opportunities	Clinical aspects of primary care including MDT working; weekly tutorial with myself and weekly tutorial with local Community Educational Supervisor (CES). Workplace-based assessments as per F2 ePortfolio requirements	
Main duties and further information about the placement	Day-to-day GP, lots of patient contact and clinical work, following patients up, requesting and reviewing investigations, referring for further care	
Clinical Supervisor(s) <i>This may be subject to change</i>	General Practitioner within Placement Practice	
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	Mon: AM: All day surgery/clinics PM: All day surgery/clinics Tues: AM: All day surgery/clinics PM: All day surgery/clinics Weds: AM: Dedicated GP teaching PM: Protected foundation teaching Thurs: AM: All day surgery/clinics PM: All day surgery/clinics Fri: AM: All day surgery/clinics PM: All day surgery/clinics Sat: AM: PM: Sun: AM: PM: On call requirements:	
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/	

Specialty	General Surgery – F2
Grade	F2
Trust	University Hospitals Sussex NHS Foundation Trust (West)
Site name and address (include trust name if different to employing trust)	Worthing Hospital Lyndhurst Road Worthing BN11 2DH
Type of work to expect and learning opportunities	Responsible for the management of in-patients both emergency and elective. In addition, ample opportunities are available to attend out-patient clinics, theatre and endoscopy sessions. Daily ward rounds under supervision (middle grade or consultant led 7
Main duties and further information about the placement	Bleep holder for GP calls on 1:8 on call. Clerking and initiating management plan for emergency admissions.
Clinical Supervisor(s) <i>This may be subject to change</i>	Miss Pauline Whitehouse/Mr Malcolm McFall/Mr Marco Mlotshwa/Mr Valerio Di Nicola/Mr Bipul Kanri/Mr Anupam Dixit/Mr Daniel Baird/Mr Paul MacKenzie
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	<p>Mon: AM: Ward/Department teaching – alternating clinical skills and Morbidity and mortality meeting PM: Ward</p> <p>Tues: AM: Ward PM: Protected foundation teaching/ward</p> <p>Weds: AM: Ward PM: Ward</p> <p>Thurs: AM: Ward PM: Ward</p> <p>Fri: AM: Ward PM: Ward</p> <p>Sat: AM: PM:</p> <p>Sun: AM: PM:</p> <p>On call requirements: 1 in 8 Long days, 1 in 8 nights Encouragement to attend theatre and clinic</p>
For further information, please contact the Local Education Provider (LEP) administrative contact	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/</p>

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Specialty	Obstetrics & Gynaecology – F2
Grade	F2
Trust	University Hospitals Sussex NHS Foundation Trust (West)
Site name and address (include trust name if different to employing trust)	Worthing Hospital Lyndhurst Road Worthing BN11 2DH
Type of work to expect and learning opportunities	Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable). Variable work schedule including a week covering ward patients, a week covering the gynae emergency unit and attendance in theatre, clinics and delivery suite. Weekly bleep free tutorial on Friday followed by full a
Main duties and further information about the placement	Attendance in outpatients and theatres – opportunities to assist with operations and clerk patients in clinic. Care of Obstetric and Gynaecology inpatients. Assessment of emergency admissions through ED, GDU, EPAU, FDAU and DS. Work on DS looking after labouring women and assisting in deliveries. Weekly multidisciplinary team meetings with opportunities to present cases and be involved in discussions. Encouraged to participate in clinical governance and risk management.
Clinical Supervisor(s) <i>This may be subject to change</i>	Mr Shahzad Salim / Dr Rahila Khan / Dr Sam Alsammoua
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	Mon: AM: PM: Tues: AM: PM: Weds: AM: PM: Protected foundation teaching Thurs: AM: PM: Fri: AM: PM: Sat: AM: PM: Sun: AM: PM:
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/

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TRUST
University Hospitals Sussex NHS Foundation Trust (West)
SITE
Worthing Hospital
INTREPID POST CODE (and local post number if known)
PLACEMENT DETAILS (i.e. the specialty and sub-specialty)
F2 – Otolaryngology (ENT)
DEPARTMENT
Otolaryngology (ENT)
TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES
Wide range of experience in all aspects of ENT and Head and Neck Surgery.
WHERE THE PLACEMENT IS BASED
Worthing Hospital
CLINICAL SUPERVISOR(S) FOR THE PLACEMENT
Robert Grounds
MAIN DUTIES OF THE PLACEMENT
<p>The doctor will join a team of 5 consultants, 2 specialist doctors, and 3 trust grade doctors working in Worthing hospital. We have 4 GP ITP trainees and also a core surgical trainee in the department on a rotational basis.</p> <p>The ENT department at Worthing District General Hospital covers all manner of ENT cases at secondary care level. We cover A&E admissions, run a daily emergency clinic for patients needing acute care, have daily ENT operating in main theatres, and daily ENT Outpatient clinics.</p>
TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)
<p>Mon: Ward Round (8am), followed by either:</p> <ul style="list-style-type: none"> • “on-call” (bleep holder) from 8am-5pm taking referrals from A&E, GPs, managing inpatient care etc. • OR – allocated to educational activities in ENT which include a mix of time in specialist consultant clinics (supernumerary), time in operating theatre (supernumerary) <p>We try to achieve 3 sessions (4 hour slots) of educational activity per week, although variation depending on on call / leave / study leave etc.</p> <p>Tues: AM: Same as above PM: Same as above</p> <p>Weds: AM: Same as above PM: Protected Foundation Teaching</p> <p>Thurs: AM: Emergency clinic PM: Educational afternoon activity Alternate Thursday evenings from 5pm on Thursday to 8am on Friday morning as Non-resident on call (NROC). NROC doctor expected to be close to hospital (absolute max 20-30 mins) and attend for any admissions or give advice over the phone if appropriate. Friday post NROC on call typically Off.</p> <p>Fri: AM: OFF / Same as above PM: OFF / Same as above</p> <p>Sat: AM: Nil PM: Nil</p> <p>Sun: AM: Nil</p>

PM: Nil

No weekend working

We accept that trainees may come to the department with limited or no experience in ENT, so the first Thursday of each rotation is spent at the ENT emergency induction course – a long standing, all day course run by registrars and consultants which takes place in RSCH Brighton.

On starting formally in Worthing (first Friday of rotation) we run a local induction and begin a 2-week supernumerary period in which the bleep / clinic is typically covered by our trust grade doctors to give time to settle into rotation and learn required skills.

Generally the feedback from the ENT SHO's in the past has been highly positive. The rotation in particular allows the opportunity to manage patients in a niche specialty from start to finish and is particularly suited to hard working trainees who enjoy "hands on" approach to learning. By the end of the rotation we expect trainees to be able to cauterise or pack a nose after nose bleed, drain abscesses, microsuction ears and perform flexible nasendoscopy to examine the nose, throat and airway. Surgical skills can be gained in theatre. There is opportunity for exposure to outpatient clinics in which management of chronic ENT conditions can be gained. ENT is one of the rare specialties where both adult and children are part of the take. It is an invaluable opportunity for those with an interest in Surgery and anaesthetics, but also those considering a career as a GP or paediatrics where up to 30% of all presentations relate to ENT in some way.

LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION

On 1st April 2021 Western Sussex NHS Trust merged with Brighton and Sussex University Hospitals NHS Trust to form the new University Hospitals Sussex NHS Foundation Trust making a combined trust of 7 hospitals across Sussex.

Previously, Western Sussex Hospitals NHS Trust was established on 1 April, 2009, as the result of the merger between Royal West Sussex, Worthing and Southlands Hospitals NHS Trusts.

On 1 July 2013 it gained Foundation Trust status, becoming the first acute Trust in Sussex to achieve this milestone.

In April 2016, Western Sussex Hospitals received an "Outstanding" CQC report and was one of only five acute hospital trusts in the country to have received the health watchdog's highest possible rating. The trust is also renowned for its leading approach to continuous improvement and staff empowerment, enabled by a long term strategic transformation programme called Patient First.

Our Postgraduate Medical Education Department operates from three major sites: St Richard's Hospital in Chichester, Worthing Hospital, and Southlands Hospital in Shoreham.

Both St Richard's and Worthing hospitals provide a full range of acute hospital care including accident and emergency services, acute medical care, maternity & children's services and a range of surgical specialties. Southlands Hospital provides outpatient and diagnostic services, and day case procedures. It is home to our new £7.5m Western Sussex

Eye Care.

Our services are predominantly commissioned by the NHS Coastal West Sussex Clinical Commissioning Group, with whom we are committed to providing high quality integrated care across the local health economy.

We are also committed to working closely with our provider of community hospitals, Sussex Community NHS Trust, and the local provider of mental health services, Sussex Partnership NHS Foundation Trust. The Trust does not provide tertiary services and looks towards Brighton, Portsmouth and Southampton for these services.

Further information can be found on the wiki pages:

https://en.wikipedia.org/wiki/University_Hospitals_Sussex_NHS_Foundation_Trust

https://en.wikipedia.org/wiki/Worthing_Hospital

https://en.wikipedia.org/wiki/St_Richard%27s_Hospital

https://en.wikipedia.org/wiki/Brighton_Hospital

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Specialty	Paediatrics
Grade	F2
Trust	University Hospitals Sussex NHS Foundation Trust (West)
Site name and address (include trust name if different to employing trust)	Worthing Hospital, Lyndhurst Road, Worthing, BN11 2DH
Type of work to expect and learning opportunities	<p>Exposure to children and newborn babies.</p> <p>Opportunities to see and learn disease conditions children admitted to secondary care plus care of newborn relevant to paediatric doctors and those wishing to be General Practitioners.</p> <p>Attend OPD clinics and see patients on their own with adequate supervision from consultants and registrars.</p> <p>Multidisciplinary morning handover Monday – Friday with clinical and educational discussion.</p> <p>Weekly dedicated protected teaching. Pediatric simulations.</p>
Main duties and further information about the placement	<p>Review of children acutely referred to hospital by GPs, self-presenting to A&E.</p> <p>Clerking of patients, management plans presentation and discussion at multidisciplinary joint handover every morning.</p> <p>Examination of newborn, normal.</p> <p>Participate in departmental teaching and take part in audit.</p>
Clinical Supervisor(s) <i>This may be subject to</i>	Dr Mwape Kabole, Dr Victoria Clarke
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	<p>Mon: AM: Ward round/ward jobs PM: Ward round/ward jobs</p> <p>Tues: AM: Ward round/ward jobs/teaching PM: Ward round/ward jobs/teaching</p> <p>Weds: AM: Ward round/ward jobs PM: Protected foundation teaching / Optional clinics in the afternoon</p> <p>Thurs: AM: Ward round/ward jobs PM: Ward round/ward jobs</p> <p>Fri: AM: Ward round/ward jobs PM: Ward round/ward jobs</p> <p>Sat: AM: PM:</p> <p>Sun: AM: PM:</p> <p>On call requirements: The rota is bespoke the number of shifts allocated are based on a 9 week cycle.</p> <p>The frequency of on call is 7 nights and 7 long days per 9 weeks. Within 9 weeks you will be rostered to work for 3 weekends (two of these are included in the 7 days each nights/long days listed above, the third weekend comprises 4 hour day shifts on a Saturday and Sunday 9-1pm).</p> <p>Additionally there are 5 twilight shifts (11.30-19.00) per 9 weeks.</p> <p>The remainder of contracted hours will be worked as normal working days within various paediatric ward/outpatient areas.</p>
For further information, please contact the Local Education Provider (LEP) administrative contact	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/</p>

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Trust	University Hospitals Sussex NHS Foundation Trust
Site	William Harvey
Intrepid Post Code (or local post number if Intrepid N/A)	25/KSS/RYP18/F2/032
Programme Codes	KSS/RYP16/930/F2/001
Placement details (i.e. the specialty and sub-specialty)	Public Health
Department	Primary Care
Type of work to expect and learning opportunities	<p>This post will aim to equip the FY2 doctor with the core skills to:</p> <ul style="list-style-type: none"> • To gain an insight and understanding of public health as a specialty • Familiarise and raise awareness the range of public health skills, which may include epidemiology, critical appraisal, presentation, audit, applied research, publishing, communication, team working, leadership, meeting management • To gain an understanding of a local authority public health team • To broaden knowledge of the local health and social care system
Where the placement is based	Public Health Dept. Ashford & the Community
Clinical supervisor(s) for the placement	Dr Abraham George
Main duties of the placement	<ol style="list-style-type: none"> 1. Health protection – e.g. working as part of a multidisciplinary team on COVID outbreak control and disease surveillance, vaccination and screening assurance. 2. Health improvement – e.g. undertaking interventions, coordinating campaigns, contributing to commissioning services, and developing prevention strategies, including those aimed as tackling health inequalities. 3. Health care public health – working in partnership to plan and improve services using best evidence and health intelligence.
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)	<p>Hours 8.45 – 5pm – Mon – Thurs. Fri – 8.45 – 13.45</p> <p>Activities include:</p> <ul style="list-style-type: none"> • Population health management • Public health intelligence • Needs assessments • Smoking cessation • A range of healthy weight services • A range of physical activity services • Child health • Sexual health
Local education provider (LEP) / employer information	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/</p>

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Specialty	Trauma & Orthopaedics
Grade	F2
Trust	University Hospitals Sussex NHS Foundation Trust (West)
Site name and address (include trust name if different to employing trust)	Worthing Hospital Lyndhurst Road Worthing BN11 2DH
Type of work to expect and learning opportunities	Ward based and theatre based learning and structured teaching.
Main duties and further information about the placement	Clerk patients, manage traumatic conditions of musculoskeletal system, perform minor procedures. Participate in on call rota as initial investigation and management of trauma admissions.
Clinical Supervisor(s) <i>This may be subject to change</i>	Mr Aneel Ansari / Mr Kush Narang / Mr Nirav Shah
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	<p>Mon: AM: Ward work/theatre PM: Ward work/theatre</p> <p>Tues: AM: Ward work/theatre PM: Ward work/theatre</p> <p>Weds: AM: Ward work/theatre PM: Protected foundation teaching</p> <p>Thurs: AM: Ward work/theatre PM: Ward work/theatre</p> <p>Fri: AM: Ward work/theatre PM: Ward work/theatre</p> <p>Sat: AM: PM:</p> <p>Sun: AM: PM:</p> <p>On call requirements: 4 long days (0800-2100) or 3 long days (0800-2100 fri, sat, sun) and nights (2030-0900) 4 long days or 3 long days. Night on calls cover general surgery, T and O and Urology. EWTD compliant frequency</p>
For further information, please contact the Local Education Provider (LEP) administrative contact	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/</p>

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