

List of Development Courses available for South East School Public Health Registrars (KSS, Thames Valley, Wessex)

This curriculum list is not intended to be restrictive. It demonstrates possible events and activity that aligns to the curriculum. The lists are designed to facilitate local sign off by supervisors. A registrar should submit a study leave form for all training courses they wish to attend.

Event/Course Title	Mandatory/Optional	Details	Recommended Training Year				
MSc in Public Health (or equivalent)	Mandatory – unless already holds MSC or equivalent	Organised through relevant Programme Support Manager with the relevant university – KSS is through the Brighton and Sussex Medical School and the University of Brighton	ST1				
Myers Briggs type Indicator	Optional	Organised locally through the Programme Support Manager - Part of Induction Programme in ST1, but can be taken up to ST3	ST1	ST2	ST3		
National and Regional Conferences, e.g. UKHSA, OHID, NHSE, South East PH Conference	Optional	To discuss attendance with TPD when available	ST1	ST2	ST3	ST4	ST5
DFPH Revision Courses	Optional	Organised by Wessex Public Health Programme Manager, with Bayad Nozad, Information to be shared by the Programme Managers. MFPH revision courses are nationally available.	ST1	ST2	ST3	ST4	ST5
Leadership for Sustainability in Public Health	Optional	The Centre for Sustainable Healthcare, Oxford. https://sustainablehealthcare.org.uk/courses/public-health-leadership-sustainability	ST1	ST2	ST3	ST4	ST5
Mental wellbeing in the individual and in the team	Optional	Professional Support and Wellbeing Service (TV/KSS) /Professional Support Unit (Wessex). Annual Wellbeing day to be organised locally.	ST1	ST2	ST3	ST4	ST5
Reflective Writing/Reflective Practice	Optional	Organised Locally through the Programme Support Manager	ST1	ST2	ST3	ST4	ST5
PSWS Survive and Thrive Course	Optional	Via TV PSWS. TV Programme Support Manager to organise and is held bi-annually for anyone that has not attended the course before. Usually held in September					
Unconscious Bias/Anti-Racism/Active Bystander	Optional	Organised through locally through Programme Support Manager	ST1	ST2	ST3	ST4	ST5
Project Management	Optional	Organised through the South East Schools via the KSS Programme Support Manager – Currently hosted by NHS Professionals		ST2	ST3	ST4	ST5
Media Training	Optional	Organised through the South East Schools via the Programme Support Manager – Currently hosted by Mark Brealey Communications Ltd PH programme HERE			ST3	ST4	ST5
Action Learning Sets	Optional	Organised through the Programme Support Managers in the SE Public Health School. For ST5s/newly qualified consultants.				ST4	ST5

Effective Financial Management	Optional					
MSF 360 Online	Optional	Organised by Thames Valley School Programme Manager – via Talent Innovations				ST4 ST5
Courageous Leaders course	Optional	The Programme Support Manager organises for ST4/ST5s for a September start date. Organised via East of England Registrars and Jan Yates. Run through: https://bernacheleadership.com/courses-1 .				ST4 ST5
Leadership Development Course	Optional	NHS Leadership Academy - Edward Jenner or similar NHSE leadership courses. 1 course per leadership programme				ST4 ST5
Transition to Consultant	Optional	SE School to put on a bespoke virtual session to be determined for registrars within 6-12 months of CCT.				ST5
Interview Skills	Optional	Organised through Programme Support Managers. – Currently looking for new provider				ST5
Supported Return To Training (SRTT): Courses to support return to training.	only to be used by registrars who have been approved for SRTT funding	Courses via relevant SRTT Team				
Locally sourced courses found by the STRs are also available, to be discussed with TPD for approval	Optional	This list is updated on a regular basis, but is not exclusive, and other options will be considered, such as Neurodiversity training, Microsoft applications e.g. excel.				