

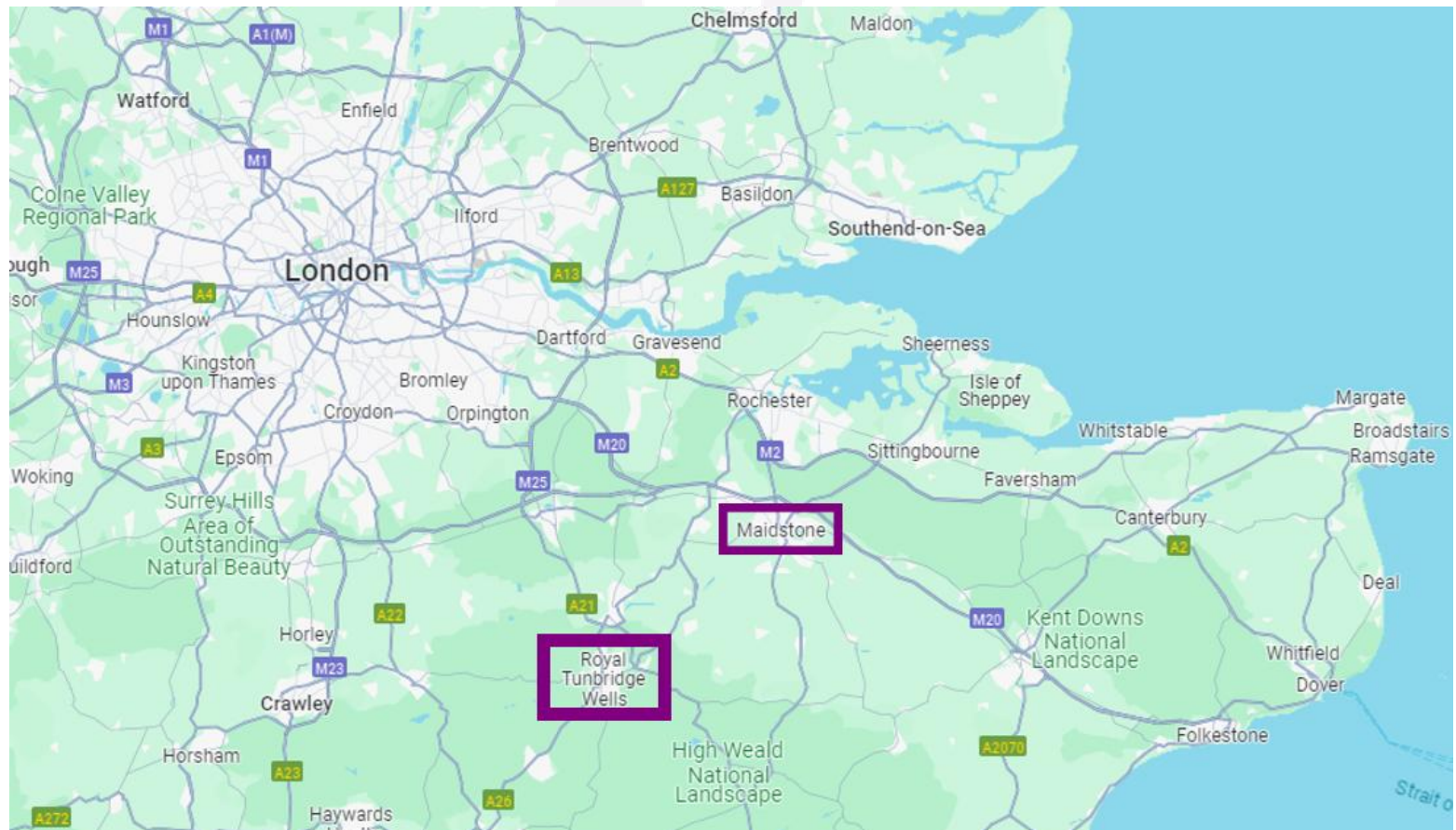
Maidstone and Tunbridge Wells NHS Trust

KSS Foundation School Welcome Event

Friday 7th March 2025

Location

- Maidstone and Tunbridge Wells
- A 25 minute drive between each hospital site OR a 30 minute free staff shuttle bus.
- Located approximately a 1 hour train journey from London.

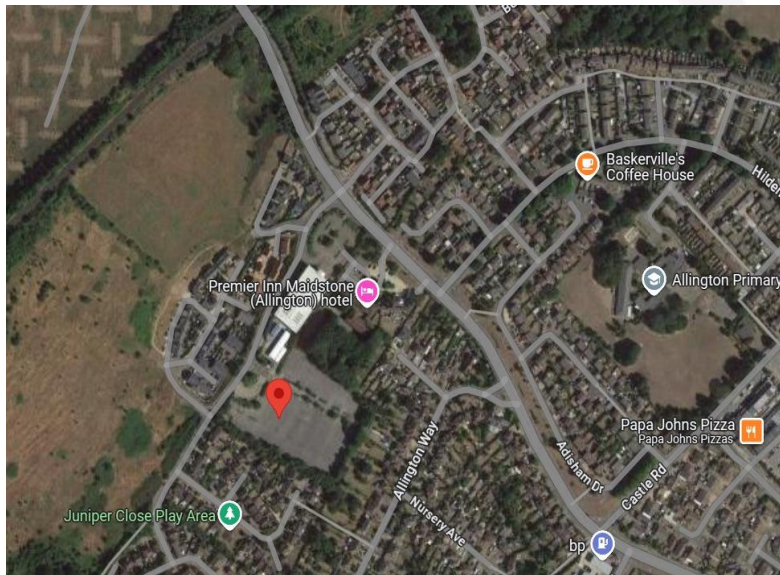


Car Parking

A monthly permit costs £24 or you can 'pay as you go' for £2 a day.

There is also a park and ride service available for each hospital which is free to use and takes 10 minutes or less to get on site.

Maidstone — London Road
(ME16 0LP)



Tunbridge Wells — Knights Park
(TN2 3UW)



Accommodation



Maidstone Accommodation



The Springwood Road accommodation is a 10 minute walk from Maidstone Hospital. The accommodation comprises flats of 5,6 or 7 all en-suite with their own shared kitchen, eating and lounge area.

Each room is equipped with a bed, desk, chest of drawers, bedside cabinet and wardrobe.

The lounge areas have a dining table and chairs, sofa and flat screen tv.

Facilities include: Wifi, Card access to building, flats and rooms, laundry room, domestic services for all communal areas, linen (towels and sheets – no duvets), car parking and lockable bike storage.

The new accommodation and educational facilities on the Tunbridge Wells Hospital site comprises of 145 rooms, a leisure room and educational facilities.

The accommodation comprises of flats of 4 or 6 rooms all en-suite with their own shared kitchen, eating and lounge area.

Each room will be equipped with a bed, desk, chest of drawers, bedside cabinet and wardrobe.

The lounge areas have a dining table and chairs, sofa and flat screen tv.

Facilities include: Wifi, Card access to building, flats and rooms, laundry room, domestic services for all communal areas, linen (towels and sheets – no duvets), car parking and lockable bike storage.

Tunbridge Wells Accommodation



Placements



Here are a selection of the placements available at our Trust during your Foundation Programme:

Acute Medicine
Anaesthetics
Cardiology
Diabetes & Endocrinology
Emergency Medicine
Geriatric Medicine
General Practice
Genitourinary Medicine
Haematology
Obstetrics & Gynaecology
Ortho-geriatrics

Otolaryngology (ENT)
Paediatrics
Palliative Medicine (Hospice)
Pathology
Psychiatry
Respiratory Medicine
Stroke Medicine
Trauma & Orthopaedics
Urology

Specialist Foundation Programmes (SFP) – in either Cardiovascular Medicine or Oncology working on and developing research projects

Facilities



Our Education Centres both have onsite state of the art Simulation facilities that include: Sim man 3G, Sim man 3G+, 2 Paediatric Sims, 2 'Nursing Ann's', 2 Babies, '2 Premature Ann's' and a 'Sim Mum'.

Simulation Clinical Skills rooms are also available for use in training.

On the Maidstone site we also have a Laparoscopic training centre located within our Academic Centre. This is fully equipped and available for training sessions, or bookable should you wish to practice your Laparoscopic surgical skills.



24 hour access Libraries are available on both sites for all staff, providing access to traditional and internet-based resources.

Modern I.T facilities and Wi-Fi access is available throughout the hospitals.

Social Activities/ Doctors Mess



We have an active Doctors' Mess Committee that arrange various social events throughout the year including 'pay day' themed outings and other regular mess nights organised by F1s.

Foundation Doctors organise the Winter and Summer Ball. We also hold an annual cricket match Residents against Consultants.



As a part of the F1 Induction you will be invited to attend our annual F1 BBQ. This will be a good opportunity to get to know your F1 colleagues whilst enjoying delicious food at our scenic venue!

Local Amenities/Attractions



Maidstone

Maidstone has its own shopping complex, many restaurants, bars, gyms, leisure centres, a cinema and theatre all within easy access from the hospital.

Leeds castle, Mote Park, the Hop Farm and Bluewater Shopping Centre are local attractions open all year round that are easily accessible using local transport links.

Tunbridge Wells

Tunbridge Wells is renowned for its superb range of high street and boutique shops, restaurants, cafes, pubs and bars. Two theatres means access to regular plays, dance and comedy performances. There is easy access to the gym, cinema, bowling and many retail outlets at Knights Park Leisure complex.

The hospital is situated in an area of outstanding natural beauty with plenty of opportunities to walk, boat and bike ride including Bewl Water Lake, the Hop Farm and a number of vineyards, castles, gardens and stately homes.

Any Questions?



<https://me.mtw.nhs.uk/>

**We hope that you will consider
our Trust for your
Foundation Programme application**

Maidstone and Tunbridge Wells