

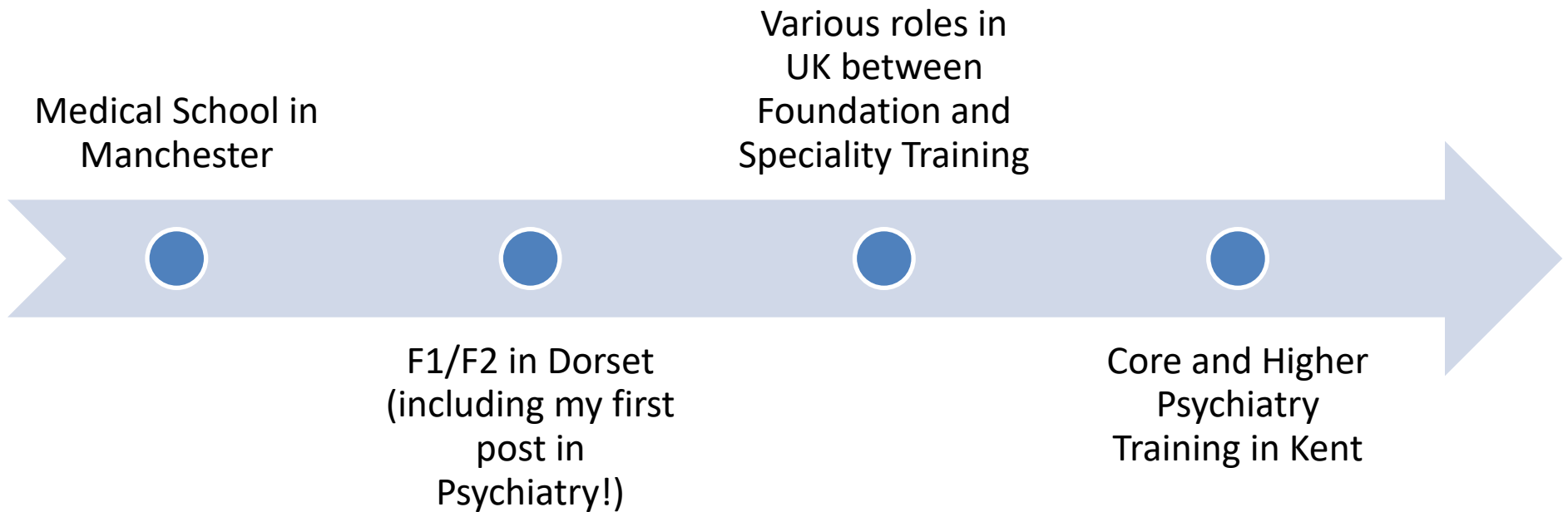
Kent and Medway NHS and Social Care Partnership Trust (KMPT) – Placements in Psychiatry

Dr Elizabeth Junaid (ST6 Higher Trainee in Psychiatry)
Dr Beth Craske (Foundation Trainee Representative)

Brilliant care through brilliant people



My journey so far...Elizabeth



Brilliant care through brilliant people



To London



France by ferry

To Surrey

To Sussex

(Scope for return of)
France, Belgium,
Holland and soon
Germany by train!

France by
shuttle



Brilliant care through brilliant people





Psychiatric Services

General Adult
Psychiatry –
Inpatient and
Community

Old Age Psychiatry
– Inpatient and
Community

Liaison Psychiatry

Crisis and Home
Treatment Team

Perinatal Psychiatry
– Inpatient and
Outpatient

Addiction Psychiatry
- Inpatient

Psychiatric Intensive
Care Unit

Forensic Psychiatry
– Low and Medium
Secure Inpatient,
Community

Learning Disabilities

Neuropsychiatry

Rehabilitation
Psychiatry

Complex Psychosis
Service

Brilliant care through brilliant people



Linked Trusts

Dartford and Gravesham NHS Trust

East Kent Hospitals University NHS Foundation Trust

Medway NHS Foundation Trust

Maidstone and Tunbridge Wells NHS Trust

Brilliant care through brilliant people



Facilities

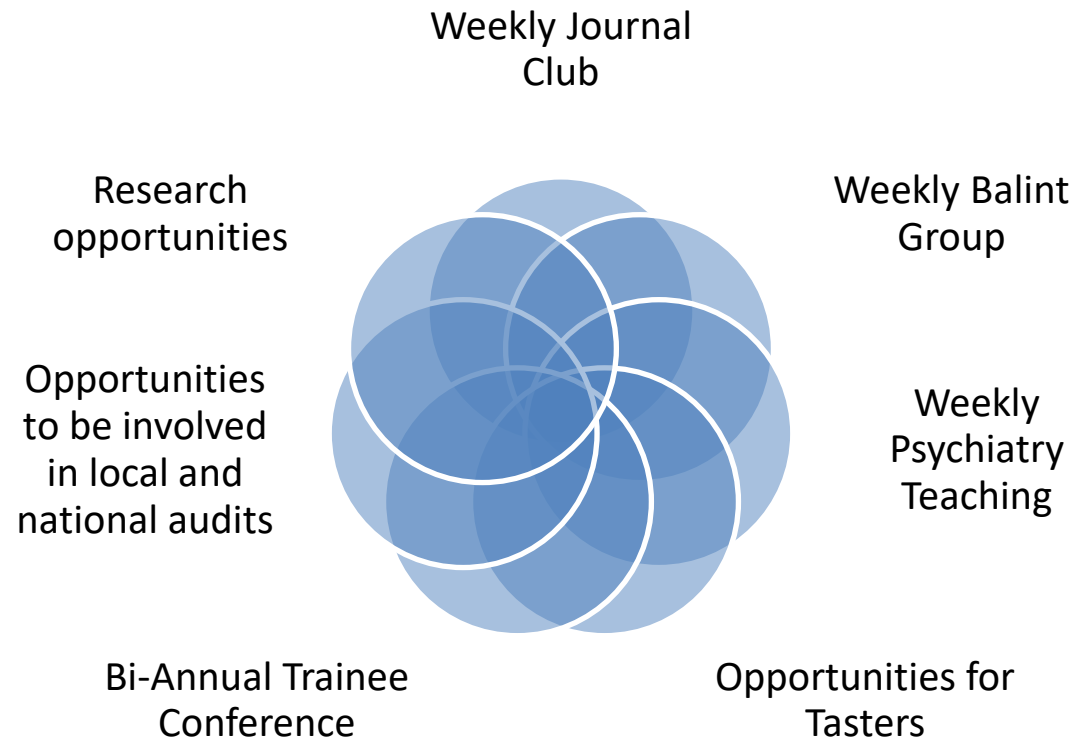
Each Hospital Site has:

- Doctor's Resource Room
 - Computer
 - AV facilities for virtual meetings
- On call rooms equipped with computer and bed
- Library of books for reference
- Chill out room at each site
- Free Parking!

Brilliant care through brilliant people



Activities and Benefits



Brilliant care through brilliant people



At least 1 in 4 people in the UK will experience mental illness in one year.

Physical ill health can result in mental health difficulties.
Mental ill health can result in physical health difficulties.



Kent and Medway
NHS and Social Care Partnership Trust

Why do a placement in Psychiatry?

Transferrable skills:

- Communication. Communication. Communication.
- Learning to manage the agitated/angry patient
- Learning about legal frameworks such as Mental Health Act, Mental Capacity Act, DOLS (or LPS)
- Learning how to give compassionate, holistic person-centered care to patient's who have co-morbidity with mental illness

Brilliant care through brilliant people



Why do a placement in Psychiatry?

Expand
your
portfolio:

- Time
- Several Opportunities available
- Make links – expansion of posts in the area

Brilliant care through brilliant people



My journey so far...Beth

Unconventional
route to Medicine –
BSc at Bristol, ACA in
London, Graduate
Medicine at
Southampton
(August 2024)

Jobs in TWH/MGH
top preference –
close to family

Good mix of F1 jobs:
General Surgery,
Psychiatry &
Respiratory
Medicine

First year of
'preference-
informed allocation'
– no requirement to
sit SJT

Currently in second
placement of F1 – 3
days on Upnor
Ward, Priority House
and 2 days on
Liaison Psychiatry at
MGH

Brilliant care through brilliant people



Benefits

See a wide variety of psychiatric presentations

Long and thorough reviews for new admissions

Safe environment to work in

Well supported and allocated supervision time

A lot of teaching provided/teaching you can do for medical students

Opportunities for health promotion with patients

Brilliant care through brilliant people



Challenges

Really does require good communication skills!

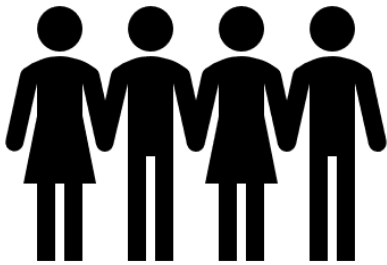
Sometimes challenging patients

Logistical challenges

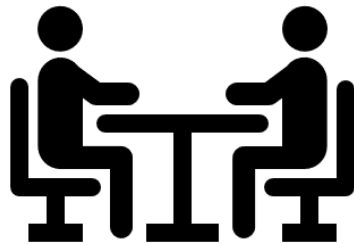
Brilliant care through brilliant people



Top reasons to do Psych at KMPT



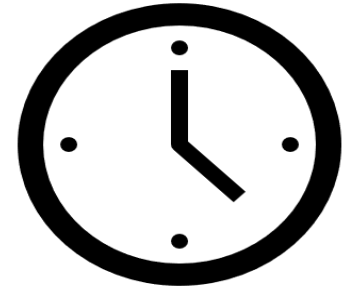
Well supported by a
large MDT team



Excellent
environment to learn,
improve your
communication skills



Extra curricular
opportunities
(teaching/audits/conf
erences)



A good work/life
balance, good
working hours

Brilliant care through brilliant people



Contact the Team

Email Address: kmpt.medicaleducation@nhs.net

- Dr Rachel Daly: Director of Medical Education
- Dr Tonye Ajiteru: Deputy Director of Medical Education
- Dr Rhian Bradley: Deputy Director of Medical Education
- Angela Pendleton: Medical Education Manager
- Laura Griffiths: Postgraduate Administrator
- Hayley Stentzel: Postgraduate Administrator

Brilliant care through brilliant people

