

# POST INTENSIVE CARE SYNDROME & ICU FOLLOW UP

**Where: Education Centre, Eastbourne District General Hospital**

**When: 11<sup>th</sup> March 2025**

09:00 – 09:30: Registration

09:30 - 10:15: Introduction & Overview of PICS

10:15 - 11:00: Follow up clinic - A nursing perspective

11:00 - 11:15 *Coffee*

11:15 - 12:00: Common medical problems seen

12:00 - 13:00: AHPs in ICU: The Role of the OT & SLT in ICU

13:00 - 14:00: *Lunch*

14:00- 15:00: Psychological impact of ICU stay

15:00 - 16:00: The role of the physio – what can they offer

16:00: Close

Contact: [Judith.highgate@nhs.net](mailto:Judith.highgate@nhs.net)

