

KSS Foundation School

East Sussex Healthcare NHS Trust 2025 Job Description's

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Specialty	AAU & Gastroenterology (Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St Leonard's-on-Sea, East Sussex TN37 7RD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH via Microsoft Teams Tuesdays (1.00 - 2.00 pm) at Conquest via Microsoft Teams Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest Wednesday 830-900 Cross-site Gastro Junior Dr Gastro Teaching (via Microsoft Teams)</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year</p> <p>IBD MDM Thursdays 1.00 - 2.00 pm (Conquest) AAU/SDEC Departmental teaching 13:30 Monday (SDEC) Endoscopy lists (as observer) – timing variable (pls check with endoscopy coordinator) Attendance at telephone clinic</p> <p>FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on E portfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
Main duties and further information about the placement	<p>Daily ward rounds in Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), daily ambulatory clinics, clinical teaching on the ward Ward-based clinical experience, ambulatory clinics, FY1 teaching, Grand Rounds, observation of procedures, observation of endoscopy lists, gastro and acute medicine specific teaching sessions.</p> <p>The overall educational objectives of the F1 year are:</p> <p>Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence-based guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers</p>

<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>Dr Fong Dr Zubir Dr Tila Muhammad Dr F Cuison Dr S Berliti Dr V Clarke Dr Nakos</p>
<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable) Mon: ward round, Departmental teaching Tues: ward round, Grand Round Wed: gastro teaching, ward round, MDM, FY1 teaching Thurs: MDM, ward round, clinic Fri: ward round, Sat: off Sun: off <i>On call requirements: 1 in 9</i> Please note that this post will include 2 months working in the Acute Assessment Unit (AAU) – see separate post description for AAU.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

****It is important to note that this description is a typical example of the placement and may be subject to change****

Specialty	AAU & Respiratory General (Internal) Medicine (Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital, The Ridge, St. Leonard's-On-Sea TN37 7RD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year Chest team departmental weekly teaching – Thursday 1300 – 1400</p> <p>Simulation Training</p> <p>FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on E portfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
Main duties and further information about the placement	<p>Baird ward is a Respiratory and General medical Ward. There are 28 patients in total, shared between 2 ward-based teams, both led by Consultant Respiratory Physicians and a General Medical Physician. There is a daily multidiscipline meeting (physiotherapy/ occupational therapy) & Adult social services). Daily Consultant ward rounds with opportunities to participate in weekly radiology meeting, Lung cancer MDT, Pleural procedure clinic, Monthly ILD meeting with Dr West at Guys and St Thomas hospital to discuss acute ILD patients in need of urgent treatment. Educational opportunities include weekly Consultant led topics in Respiratory and General Medicine, NIV one to one educational session, Spirometry experience.</p> <p>Opportunities to participate in Quality improvement, audit and National Research projects suitable for Resident Dr's future career aspirations.</p> <p>Opportunities for experience practical procedures such as chest aspiration/ drain insertion, lumbar puncture, blood gas and interpretation. Practical experience of management of Type One and Type 2 Respiratory Failure with Non-invasive ventilation. While working with us, the FY1 doctor will also be on the On call rota for evening and weekend ward cover.</p> <p>Daily ward rounds in Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), daily ambulatory clinics, clinical teaching on the ward</p> <p>Ward-based clinical experience, ambulatory clinics, FY1 teaching, Grand Rounds, observation of procedures, acute medicine specific teaching sessions.</p> <p>The overall educational objectives of the F1 year are:</p> <p>Experience in the diagnosis and management of common Respiratory and acute general medical conditions according to National and International Guidelines Experience in working</p>

	<p>within a supportive, Professional team led by Consultants with an interest in medical Education.</p> <p>Opportunity for Personal Development and Career progression by targeted Quality Improvement Projects, Audit and National Research projects</p> <p>Experience of working within a multidisc with experience in coping with the ethical and legal aspects of caring for patients with complex social and medical conditions. Experience of working within a team to learn life skills such as time management.</p>
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>Dr Nakos/ Dr Christopherson</p>
<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions</p> <p>Daily/weekly/monthly (if applicable)</p> <p>Daily consultant ward rounds</p> <p>Daily ward MDM – 1100-1145</p> <p>Mon: Consultant ward round and ward work</p> <p>Tues: Consultant / registrar /SHO ward round and grand round</p> <p>Wed: X-ray meeting, Post take ward round and Registrar / consultant ward round</p> <p>Thurs: Consultant / SHO ward round and chest unit journal club</p> <p>Fri: Consultant / Registrar ward round and ward work /Departmental Teaching</p> <p><i>On call requirements:</i> 1 in 8 across Elderly and General Medicine</p> <p>Please note that this post will include 2 months working in the Acute Assessment Unit (AAU) – see separate post description for AAU</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Speciality	AAU(Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest, The Ridge, St-Leonards-On-Sea, TN37 7RD
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH Tuesdays (1.00 - 2.00 pm) at Conquest</p> <p>Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest Other: Leadership Programme - 4 - 5 half-day courses over the year</p> <p>Self-Development Time: FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
Main duties and further information about the placement	<p>Daily ward rounds in Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), daily ambulatory clinics, clinical teaching on the ward Ward-based clinical experience, ambulatory clinics, FY1 teaching, Grand Rounds, observation of procedures, acute medicine specific teaching sessions.</p> <p>The overall educational objectives of the F1 year are:</p> <p>Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence-based guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers</p>
Clinical Supervisor(s) This may be subject to change	Dr Viktoriya Clarke/ Dr Berliti/ Dr A Islam
Typical working pattern in the placement e.g ward round, clinics, theatre	<p>Your working pattern is arranged across a rota cycle of 1:9 weeks, and includes:</p> <p>Normal days Late shifts Long days Night shifts AAU Weekend shifts SDEC Weekend shifts On-call duties (Late shifts, Weekend shifts, Night shifts)</p>
For further information, please contact the Local Education Provider (LEP) administrative contact	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	General Surgery - Breast Surgery (Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital, The Ridge, St. Leonards-On-Sea TN37 7RD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest Other: •Leadership Programme - 4 - 5 half-day courses over the year •Breast MDT Meetings – weekly, Thursdays 2-4 pm •Teaching for FY doctors (weekly) •MDT meetings (weekly) •Audit Meetings - quarterly</p>
Main duties and further information about the placement	<p>Main Duties of the Placement</p> <ul style="list-style-type: none"> • Ward rounds, ward duties, clerking in new admissions. • The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. • The doctor will play an active part in the Breast Multi-disciplinary team, working alongside the breast surgeons, breast ERAS nurse, specialist nurses, pre-assessment nurses and breast radiologists. They will attend the weekly Multi-disciplinary Team (MDT) meeting and participate in Breast Surgery Audit and Governance meetings. They will be expected to undertake at least one clinical audit or QIP project and present at departmental Audit meeting and will be encouraged to submit abstracts for presentation at regional and national meetings and conferences. • The doctor is expected to attend the structured teaching programmes provided by the department. • There will also be the opportunity for learning and maintaining skills in practical procedures such as skin suturing and seroma drainage and application of vac dressings. • Managing post-operative complications such as haematoma and infection. <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify problems and formulate a management plan • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relative and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with palliative care needs • Become life-long learners and teachers
Clinical Supervisor(s) <i>subject to change</i>	Ms Elizabeth Shah

Typical working pattern in the placement

e.g ward round, clinics, theatre

Surgery: typical working pattern in this post e.g. ward rounds, in-patient care, peri-operative management of elective cases, SAU on-call commitments, theatre sessions, following rota detail to be taken into account:

[Conquest Breast Surgery F1 Timetable pattern \(excluding GS on-call & SAU days\)](#)

	Monday	Tuesday	Wednesday	Thursday	Friday
FY 1	Work with pre assessment and ERAS nurse to pre-optimize elective breast surgery patients, Attend clinic for learning opportunities, develop practical skills such as seroma drainage and post-op care	Liaise with Miss Shah and secretary to do the order of the list, perform checklist for admissions, attend Nuclear Medicine for SNB cases for learning opportunity, help on GS Wards with ward work, help SpR with ward referrals and SAU breast referrals	Breast Surgery Pre and post op rounds, Clerking admissions, Writing drug charts and discharge summaries, Attending theatre lists and developing practical skills such as skin suturing F1 teaching (13:00)	Breast Surgery Pre and post op rounds, Clerking admissions, Writing drug charts and discharge summaries, Attending theatre lists and developing practical skills such as skin suturing Attend MDM for educational development	Ward rounds with middle grade breast surgeon, Post-op care, Breast Surgery Clinical Audit projects, Help middle grade with SAU breast referrals

FY1 will have a rolling 10-week rota for weekends/nights - on call commitment to Surgery - requiring zero hours on following Monday and Tuesday.

There is a rolling 1:10 rota

3 weekends during that 1:10 rota one x3 nights and two x 3 days weekday one week SAU x 4 one x nights

- On call – 08:00 to 20:30 (handover takes place at 20:00) or
Nights – 20:00 to 08:30 (handover takes place at 08:00)

The F1 doctors in General Surgery do not cover any Orthopaedic wards.

On call requirements – on call for wards or SAU escalating to senior on call team

For further information, please contact the Local Education Provider (LEP) administrative contact

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It is important to note that this description is a typical example of the placement and may be subject to change

Specialty	Cardiology (Cardio-vascular Disease) (Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital, The Ridge, St. Leonards-On-Sea TN37 7RD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year MRCP Teaching CMT Training Days</p> <p>FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on E portfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
Main duties and further information about the placement	<p>The overall educational objectives of the F1 year are: Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence-based guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers</p>
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr K Dickinson
Typical working pattern in the placement e.g ward round, clinics, theatre	<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable) Daily: Ward round then ward jobs Mon: 7.40 – 18.00 Tues: 7.40 – 17.30 Wed: 7.40 – 17.30 Thurs: 7.40 – 17.30 Fri: 7.40 – 18.30 Sat: Sun: *On call requirements: 1 in 8 (evening weekday 17.00 – 21.30, weekend 9.00 – 21.30)</p>
For further information, please contact the Local Education Provider (LEP) administrative contact	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	Gastroenterology & AAU (Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St. Leonards-On-Sea TN37 7RD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH via Microsoft Teams Tuesdays (1.00 - 2.00 pm) at Conquest via Microsoft Teams Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest Wednesday 830-900 Cross-site Gastro Junior Dr Gastro Teaching (via Microsoft Teams)</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year</p> <p>IBD MDM Thursdays 1.00 - 2.00 pm (Conquest)</p> <p>Endoscopy lists (as observer) – timing variable (check with endoscopy coordinator) Attendance/observation at telephone clinic FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
Main duties and further information about the placement	<p>Daily ward rounds on Gastro ward/Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), weekly outpatient clinics, clinical teaching on the ward Ward-based clinical experience, MDM, outpatient clinics, journal club, FY1 teaching, Grand Rounds, observation of endoscopy lists, gastro and acute medicine specific teaching sessions.</p> <p>The overall educational objectives of the F1 year are:</p> <p>Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence-based guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers</p>
Clinical Supervisor(s) <i>This may be subject to change</i>	Gastro – Dr A Zubir, Dr Steven Fong AAU – Dr V Clarke, Dr Stefano Berliti
Typical working pattern in the placement e.g ward round, clinics, theatre	0900-1100 Ward Round 1100-1130 MDT Ward jobs thereafter Mon: ward round, acute medicine teaching Tues: ward round, Grand Round

	<p>Wed: gastro teaching, ward round, MDM, FY1 teaching Thurs: MDM, ward round, clinic Fri: ward round, Sat: off Sun: off</p> <p><i>On call requirements: 1 in 8</i> Please note that this post will include 2 months working in the Acute Assessment Unit (AAU)/ Same Day Emergency Care (SDEC) – see separate post description for AAU.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

****It is important to note that this description is a typical example of the placement and may be subject to change****

Specialty	Gastroenterology (Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St Leonards-on-Sea, East Sussex TN37 7RD
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Departmental teaching – Wednesdays – 12:30 to 13:30H</p> <p>Foundation Programme Core Topics: Mandatory F1 teaching takes place every Wednesday, 1.00 – 2.00 pm at the Conquest Hospital Other: Journal Club Thursdays 1.00 - 2.00 pm (Conquest) Multidisciplinary Meetings Wednesdays Nutrition MDM 1130-1230 Wednesdays Surgical Radiology MDM 1.00 - 2.00 pm Thursdays Gastro General Radiology 9.00 - 10.00 am (Conquest) Friday Upper GI Cancer MDM 0830-0930 Self-development time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching</p>
Main duties and further information about the placement	<p>Daily ward rounds, weekly general gastroenterology outpatient clinics, clinical teaching on the ward. Opportunity to acquire practical skills related to management of wide range of acute gastroenterology conditions /emergencies including: upper GI bleeding, acute/chronic liver disease, inflammatory bowel disease, malnutrition and GI related cancers. Practical skills include insertion of ascetic drains and NG feeding tube. Working as team with IBD & GI cancer specialist nurses and dietitians.</p> <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence-based guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr A Zubir, Dr F Cuison and Dr S Fong - – rotate cover for wards every 4 weeks giving opportunity to experience different specialty experience and knowledge.

<p>Typical working pattern in the placement. e.g ward rounds, clinics, theatre</p>	<p>Typical working pattern in this placement (<i>e.g. ward rounds, clinics, theatre sessions</i>) Weekly: Mon: am SpR ward round pm Ward work / on call Tues: am Consultant ward round, Grand Round pm ward work Wed: am CT ward round, MDM gastro/surgeons pm ward work or clinic / on call Thurs: am Gastro MDM, SpR ward round, lunch time journal club, pm ward work or clinic Fri: am upper GI cancer MDM, consultant ward round, FY2 teaching Sat: off / on call as per rota Sun: off / on call as per rota <i>On call requirements: 1 in 8, 2 weekends, 2 weeks of nights</i></p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

It is important to note that this description is a typical example of the placement and may be subject to change

Specialty	General Surgery (Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St. Leonards-On-Sea TN37 7RD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year Weekly departmental meetings 1-2pm Friday (1x per month this is an M+M meeting) Bi-monthly Clinical Effectiveness (Audit) meetings Departmental theatre induction evening (3x per year)</p> <p>Teaching for FY doctors (weekly) Journal Club (weekly) MDT meetings (weekly)</p> <p>FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
Main duties and further information about the placement	<p>The overall educational objectives of the F1 year are:</p> <p>Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence-based guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers</p>
Clinical Supervisor(s) <i>This may be subject to change</i>	<p>Miss Imelda Donnellan Mr A Aldridge Mr Klimovski Mr Juanoo Mr Harshen Mrs Morris Mr Simon Shaw Mr S Jaunoo</p>
Typical working pattern in the placement e.g ward round, clinics, theatre	<p>0900-1100 Ward Round 1100-1130 MDT Ward jobs thereafter For normal days 8am-10am ward round. Rest of day – 5/6pm (usually 6pm) completing jobs lists. i.e. bloods, ABGs,</p>

	<p>requesting tests, assessing sick patients. Cross cover other teams for F1s on annual leave/sick etc One day a week on call (8am-8.30pm) clerking any new admissions and initial management (except those weeks on nights) Handover at 8.00 pm. 2 sets of weekend nights (3 nights) 8pm – 8.30am (handover at 8.00 am) 2 sets of weeknights (4 nights). 8pm-8.30am (handover at 8.00 am). Covering 2 general surgery wards (assessing acutely unwell, fluids, drug charts etc) 2 sets of weekend days on call 8am-8pm Mon to Thu nights are followed by zero hours on Fri and off on Sat + Sun Fri to Sun nights is followed by zero hours on Mon + Tue Weekday SAU and Long Days – a zero-hour day on previous or following day Depending on which line of the rota the doctors are placed they may do slightly less or more SAU or long days as they follow a 1:10 rota and approximately 18 weeks for each rotation. FY1s are expected to attend a minimum of 2 x Theatre session and 2 x Outpatient sessions in a 4-month rotation.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

****It is important to note that this description is a typical example of the placement and may be subject to change****

Specialty	Geriatric Medicine (Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St Leonards-on-Sea, East Sussex TN37 7RD
Type of work to expect and learning opportunities	<p>Grand Round: Tuesdays (1.00 - 2.00 pm) at Ed Centre. Currently – virtual/ in person DME Journal club (1-2pm) at Doctors' Library, Level 1, opposite Benson ward. Foundation Programme Core Topics: FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other: Leadership Programme "LEAP course" - 4 half-day courses over the year</p> <p>Local Training Days IMT Training End of Life Care meetings MDT meetings</p> <p>Self-Development Time: FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
Main duties and further information about the placement	<ol style="list-style-type: none"> 1. Daily ward rounds under senior supervision (SHO, SpR or Consultant led) 2. Keeping and updating patients' list, preparing the lists forward rounds and daily board rounds 3. Discharge summaries 4. DNAR/ReSPECT/EoLC discussions and completion of the related documents. 5. Medical student teachings 6. Reviewing and requesting blood tests. 7. Performing jobs generated after the ward rounds 8. Participating and, at times, running board rounds under supervision <p><u>Macdonald ward</u> 26 bedded wards staffed with personnel trained in the care of complex older patients and dementia. FY1 doctors receive training in the following:</p> <ol style="list-style-type: none"> 1. Comprehensive Geriatric Assessment/Frailty 2. Diagnosis and management of chronic disease and disability/" Geriatric Giants" 3. Acute Delirium/Dementia 4. Rehabilitation 5. Daily board rounds 6. Best interest meetings/understanding of MCA 2005 7. Palliative care training: Palliative care <p><u>Newington and Tressell</u> 28 bedded wards acute frailty wards. FY1 doctors receive training in the following:</p>

	<p>As above. Diagnosis and management of acute illness in the older patient in a variety of settings as well as EOLC planning.</p> <p><u><i>Benson/Egerton ward (Orthogeriatrics)</i></u> As above +osteoporosis+ specialist care of frail older people with osteoporotic fractures.</p>
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>Dr E Mucci (Newington) Dr H McIntyre (Tressell) Dr Tin Tin Win (Newington) Dr Rahmani (Macdonald) Dr Lasantha (Macdonald) Dr Goles (Orthogeris) Dr Siva (Orthogeris)</p>
<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>08.30-09.00 Prep time for ward round 0900-1100 Ward Round 1100-1130 Board round, daily 11.30-13.00 Continue ward round</p> <p>Ward jobs thereafter</p> <p>Mornings: Twice a week consultant ward round, once a week post take ward round. Daily consultant or SpR led board rounds. Daily SHO or SpR run ward rounds. Once a week geriatric lunch time journal club: we present SJR cases as well as latest hot topics in geriatric medicine Once a week Grand round lunch time. Afternoons: Once weekly FY1 teaching sessions Best interest meetings/MDT meetings/ discussions with the relatives, doing post ward round jobs, seeing new admissions to the wards.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

****It is important to note that this description is a typical example of the placement and may be subject to change****

Specialty	Intensive Care Unit (ICU) (Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St. Leonards-On-Sea TN37 7RD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year</p> <p>Anaesthetic Departmental Teaching – when based on the Conquest Site (Friday mornings) alternate weeks</p> <p>Journal Club – Wednesday lunchtime 1-2pm</p> <p>FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on E portfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
Main duties and further information about the placement	<p>Main duties are to participate in the daily ward rounds (twice a day). During the ward rounds there will be hands on clinical examination and case-based discussion. Following the ward rounds, our FY1 will help expedite referrals and investigations relevant to ongoing patient management. US line placement will be taught and supervised. Supervised assessment of the acutely unwell patient on the wards and in A/E. Attendance at Medical Emergency Team Calls (MET) and Cardiac Arrest calls once experience has been gained on the unit and following a 1-week placement in anaesthetics to learn basic and advanced airway management.</p> <p>Critical Care Unit – busy 11 bed DGH unit. We take both acute medical and surgical patients in need of organ support. Expect lots of acute medicine and surgery, assessment of the deteriorating patient, basic organ support, and immediate management of the sick patient. Line placement experience – particularly central and arterial access. Multiple learning opportunities in a supportive environment.</p> <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence-based guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers

Clinical Supervisor(s) <i>This may be subject to change</i>	Dr K Murray
Typical working pattern in the placement e.g ward round, clinics, theatre	0900-1200 Ward Round 1200-1230 MDT Ward jobs thereafter Mon: Ward Round 8.00 am/ 5pm Tues: Ward Round 8.00am/5pm Wed: Ward Round 8.00am/5pm Thurs: Ward Round 8.00am/5 pm Fri: Ward Round 8.00am/5pm Sat: Sun:
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

It is important to note that this description is a typical example of the placement and may be subject to change

Specialty	OthoGeriatrics (Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St. Leonards-On-Sea TN37 7RD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year Regular departmental teaching Orthopaedic departmental teaching – daily teaching during trauma meeting 8am to 8:30. Weekly metalwork review meeting – all welcome to attend. Alternate Monday evening – clinical case conference and journal club – not compulsory but welcome to attend.</p> <p>Local Training Days CMT Training End of Life Care meetings MDT meetings FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
Main duties and further information about the placement	<p>Ward rounds / Patient ward care / Reviewing test results The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have the opportunity to work with the consultants in outpatient clinics for at least one day each week, and also take responsibility for problems arising. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances</p> <p><u>Orthogeriatric Experience</u> Diagnosis and management of acute illness in the older patient with fracture NOF and complex elderly/ Frail medical elderly patients on the trauma and orthopaedic wards (Benson and Egerton wards) under the Orthogeriatric Consultants care/ supervision. The main training happens during senior /consultant Orthogeriatric ward rounds Rotate between OrthoTrauma unit and Complex Elderly care unit to gain experience in the following areas</p> <ul style="list-style-type: none"> • Comprehensive Geriatric Assessment • Diagnosis and management of chronic disease and disability • Acute Delirium/Dementia • Rehabilitation

	<ul style="list-style-type: none"> • Running MDT meetings • Running best interest meetings/case conferences for complex discharges • End of Life Care Planning (PEACE) <p>Palliative care training: Palliative care</p>
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Golez
Typical working pattern in the placement e.g ward round, clinics, theatre	0900-1100 Ward Round 1100-1130 MDT Ward jobs thereafter Mon: 0900 Consultant Ward round 1230-1400 Journal Club Tues: 0900 Ward work (falls clinic) 1230-1400 Grand Round Wed: Reg Ward Round 1300-1400 F1 Teaching Thurs: Ward Work / Reg Teaching Fri: Consultant ward round Trauma meeting every morning at 8am Orthogeriatrician Consultants team daily ward rounds x5/week Orthopaedics On call commitments
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

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Specialty	Paediatrics (Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St. Leonards-On-Sea TN37 7RD
Type of work to expect and learning opportunities	<p>Hospital Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year Safeguarding Children (case-based discussions) Wednesday am 08:45H-10:00H Education Centre, Conquest Diabetes Training (every 4-month rotation with new Paediatrics trainees) Kawasaki Disease (every 4-month rotation with new Paediatrics trainees) Kipling Seminar Room Paediatric Endocrinology Consultant from KCL to deliver lunch time lecture (Tuesday) every 3 months Paediatric Epilepsy clinic on Friday mornings Radiology teaching (Mondays 13:00H-14:00H) Paediatric Grand round (Wednesdays 13:00H – 15:00H) Paediatric teaching Tuesday 13:00H – 14:30H (case-based presentations, Journal Club & consultant teaching) Peri-natal M&M (Fridays 13:30H – 15:30H), Monthly Paediatric M&M meetings quarterly Wednesdays 14:00H-16:00H Neonatal simulation (usually once per month, variable days)</p> <p>Self-Development Time: FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
Main duties and further information about the placement	<p>The working hours (weekdays and weekends) varies between 8 – 12 hour shifts according to the agreed compliant rota. The shifts are 1 in 16. Also rostered to sit in on clinics which can be on either site.</p> <p>Training opportunities in addition to the daily informal teaching include: Morning consultant led handover. Team handover afternoon 16:00 and night team handover 20:30. Consultant/ Registrar lead ward rounds on Kipling ward. Allocation to attend consultant clinics in Paediatric OP for local consultants/ visiting consultants. I have provided them with a list to fill in for their clinic attendance during the 4-month placement. Paediatric radiology meeting. 2 hour Wednesday Paediatric Consultant Handover Tuesday 2 hours teaching/learning which covers topics over a 17-week plan (4 months placement). Opportunities to present cases.</p>

	<p>In addition, allowance is made on the rota for the FY1 trainee to attend the foundation training locally.</p> <p>Department Audit meeting. Opportunity to present Audit.</p> <p>Monthly Perinatal meetings, Opportunity to present cases.</p> <p>Paediatric M&M meeting, Opportunity to present cases.</p> <p>Hospital Grand round. Opportunity to present cases in the paediatric hospital grand round.</p>
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	Dr S Mansy
<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>0900-1100 Ward Round</p> <p>Ward jobs thereafter</p> <p>The FY1 trainee works in a full shift rota (long and short days) as part of a team including a consultant, a registrar and other trainees (GP trainees, FY2, ST1 paediatrics trainees and ANPs). Nights and weekends are based on 1:7 rota.</p> <p>The daytime work cover includes inpatients in Kipling ward, Kipling ambulatory care, delivery suit, maternity theatres, Frank Shaw post-natal ward and paediatric resus/ Emergency department. Usually on a weekly basis to offer continuity.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	Palliative Care (Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	St Michael's Hospice, St Leonards on Sea
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year</p> <p>The Hospice provides specific tutorial programme in house which is shared with St Wilfrid's Hospice and delivered weekly on Microsoft Teams Mondays 1-2pm.</p> <p>St Michael's Hospice Interdisciplinary Learning Forum Fridays 12.30</p> <p>St Michael's Hospice Journal Club</p> <p>St Michael's Hospice Medical Team Meeting (with reflective educational component).</p> <p>There is a joint doctors meeting between four Hospices in East Sussex held quarterly which the FY1 doctor may get an opportunity to attend.</p> <p>Hospice based trainees will have ½ day with Hospital SPCT and 1 - 2 days with the community palliative care team as part of their training</p>
Main duties and further information about the placement	<p>Ward round, ward duties, clerking in new admissions.</p> <p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record.</p> <p>The doctor will play an active part in the interdisciplinary team, working alongside senior members of the medical & nursing teams, social worker, physio and occupational therapists, counselling services and complementary therapists. This will involve attending the weekly interdisciplinary team (IDT) meeting and participating in family meetings to discuss discharges. The doctor will learn the skills required to facilitate advance care planning discussions with patients. The doctor will have the opportunity to go on home visits with the Community Palliative Care Team. The doctor is expected to attend the structured teaching programmes provided by the department.</p> <p>Managing symptoms e.g. nausea, vomiting, pain, breathlessness and anxiety. Assessing and managing non-physical aspects of illness – psycho-social and spiritual.</p> <p>Improved communication skills e.g. breaking bad news.</p> <p>The overall educational objectives of the F1 year are: Take a history and examine a patient Identify problems and formulate a management plan</p>

	<p>Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Develop confidence with ethical and legal issues which occur during the management of patients with palliative care needs Become life-long learners and teachers</p>
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>Dr I Kilonzo Dr J Lewington</p>
<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>Mon: Handover Meeting Consultant ward round Admitting new patients IDT meeting</p> <p>Tues: Handover meeting Consultant ward round Ward work including new admissions</p> <p>Wed: Handover meeting Weekly Interdisciplinary team meeting Ward work including new admissions Teaching and self-development time</p> <p>Thurs: Handover meeting Consultant ward round Drug round with clinical pharmacist</p> <p>Fri: Handover meeting Ward work including new admissions</p> <p><i>On call requirements:</i> No out of hours responsibility</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	Psychiatry – Sussex Partnership (Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Woodlands Unit, Conquest Hospital, The Ridge, St Leonards-On-Sea
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)</p> <p>Other:</p> <p>SPT Wednesday Academic Programme – Foundation doctors are expected to present a case or critical appraisal to at least one meeting in their rotation' in Psychiatry.</p> <p>Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching</p>
Main duties and further information about the placement	<p>This will involve providing medical input to the team under the supervision of the Consultant Psychiatrist at The Woodlands Unit, St Leonards on Sea TN37 7PT.</p> <p>All trainees are required to present to the academic teaching on Wednesdays through presenting cases and research as per rota which would be provided.</p> <p>Trainees will be expected to attend Foundation Year training unless they are presenting on the day to the psychiatric programme</p> <p>Weekly supervision will be provided. Arrangements can be made for further special interest activity with the agreement of the clinical supervisor.</p>
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Mohammed Ashir

Typical working pattern in the placement

e.g ward round, clinics, theatre

	Monday	Tuesday	Wednesday	Thursday	Friday
a.m	Handover Ward Rounds/ Ward Work	Handover Ward Rounds/ Ward work	MDT meeting – 1:4 Physical Health Clinic - Abbey and Castle Ward	Handover Ward Work/ Ward Round	Handover Ward Work

p.m	Ward Rounds/ Ward Work	Ward Rounds/ Ward work	Eastbourne Academic Programme	Ward work/Ward Rounds Supervision with Consultant Dr Ashir	Ward Work
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The post holder will also be on a full shift rota with out of hours coverage of either the psychiatric needs arising on the Eastbourne District General Hospital, including the Department of Psychiatry, or The Conquest Hospital including Woodlands Centre for Acute Care. Out of hours support is provided by Senior Nurse Practitioners and Consultants on both sites as well as a middle grade tier in Eastbourne.

TRANSPORT IS ESSENTIAL - This post requires trainees to participate in an on-call rota between Hastings and Eastbourne so having your own transport is essential.

For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/
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Specialty	Respiratory & AAU - General (Internal) Medicine (Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St. Leonards-On-Sea TN37 7RD
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory</p> <p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year</p> <p>Departmental Teaching 1230 to 1330 on Fridays</p> <p>Self-Development Time: FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
Main duties and further information about the placement	<p>Baird ward is Respiratory and General medical Ward. There are 28 patients in total, shared between 2 ward-based teams, both led by Consultant Respiratory Physicians. There is daily Consultant presence on the ward. In the light of COVID pandemic a ward reconfiguration to accommodate COVID and Non- COVID patients in in operation.</p> <p>Daily participation in a MDT that involves input from the Hospital Intervention Team (physiotherapy/ occupational therapy) & Adult social services</p> <p>There will be scope to undertake practical procedures such as abdominal paracentesis, chest aspiration/ drain insertion, lumbar puncture.</p> <p>The day-to-day management of the patients on Baird ward and our buddy ward(s) under the supervision of the consultants, registrar and 2 SHO grade doctors. We very much work as a team and all members of this team are very approachable and willing to teach.</p> <p>While working with us, the FY1 doctor will also be on the On call rota for evening and weekend</p> <p>Daily ward rounds in Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), daily ambulatory clinics, clinical teaching on the ward</p> <p>Ward-based clinical experience, ambulatory clinics, FY1 teaching, Grand Rounds, observation of procedures, acute medicine specific teaching sessions.</p> <p>The overall educational objectives of the F1 year are:</p> <p>Take a history and examine a patient Identify and prioritise problems Prescribe safely</p>

	<p>Keep an accurate and relevant medical record</p> <p>Manage time and clinical priorities effectively</p> <p>Communicate effectively with patients, relative and colleagues</p> <p>Use evidence-based guidelines and audit to benefit patient care</p> <p>Act in a professional manner at all times</p> <p>Cope with ethical and legal issues which occur during the management of patients with general medical problems</p> <p>Educate patients effectively</p> <p>Become life-long learners and teachers</p>
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>Dr O Kankam</p> <p>Dr Christopherson</p> <p>Dr Nakos</p>
<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>0900-1100 Ward Round</p> <p>1100-1130 MDT</p> <p>Ward jobs thereafter</p> <p>Foundation Priority Programme rotation 1 only – ‘Foundation Leadership & Management’ Half day per week</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/</p> <p>https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	AMU/UTC (EDGH)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	EDGH, Kings Drive, Eastbourne, BN21 2UD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year</p> <p>Departmental meetings MDTS</p> <p>IMT Training Days Simulation Training Weekly Lunchtime meetings</p> <p>FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit</p>
Main duties and further information about the placement	<p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics (we are currently not running clinics) for at least one day each week and take responsibility for problems arising. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>The overall educational objectives of the F1 year are:</p> <p>Learn to manage general medical inpatients and Improve competency with: Take a history and examine a patient Integrate clinical information gathered formulating a well-structured list of differential diagnoses and synthesise problems Prescribe safely Keep an accurate and relevant medical record Chronic disease management Discharge planning in patients with multiple co-Morbidities Bedside spirometry and lung function interpretation Exposure to acute non-invasive ventilation Acquire skills to perform basic core procedures (ECG, ABG, urethral catheterisation, IV cannula insertion, etc) Observe/learn procedures such as pleural aspirations and chest drain insertion Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care</p>

	<p>Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers</p>
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>Dr Stefano Berliti / Dr J Almaraz/ Dr Elrokh</p>
<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	Diabetes & Endocrinology - General (Internal) Medicine (EDGH)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year</p> <p>Diabetes Team MDT – Diabetes Centre, EDGH – Tuesday 1-2pm Adrenal / Pituitary MDT – Teams, Thursday 1-2pm Parathyroid MDT – Teams, 12-1pm every 4th Friday Diabetes Foot MDT – Tuesdays 12:30pm Endocrine Case Meeting – Wednesday 12-1pm, Teams</p>
Main duties and further information about the placement	<p>The firm works on a consultant of the week model and a consultant is available for junior supervision.</p> <p>Ward Work. The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>General ward work. Grand round, weekly Endocrine case meetings, weekly Diabetes case meetings, monthly Endocrine-Radiology Meetings. Alternate week adrenal/pituitary MDTs. We would expect the trainee to attend our multidisciplinary/ clinical meetings to gain exposure to the speciality.</p> <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers <p>Foundation doctors are invited to attend clinics, if staffing of inpatients allows</p>
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr D Till/ Dr A Bdiri/ Dr K Jacob/ Dr Ahmad

<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>Mon: AM Daily Ward Round PM Ward work 12.30-1400 Grand round</p> <p>Tues: AM Daily Ward Round PM Ward work 1300-1400 F2 teaching</p> <p>Wed: AM Daily Ward Round PM Ward work</p> <p>Thurs: AM Daily Ward Round PM Ward work</p> <p>Fri: AM Daily Ward Round PM Ward work</p> <p>Sat: When on call if 1st on then</p> <p>Sun: clerk patients. If 2nd on, then ward cover</p> <p>On call requirements: One in 5 weekends, 1st on call every week 1 day 2nd on call every week</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

**It is important to note that this description is a typical example of the placement and may be subject

Specialty	ENT Otolaryngology (EDGH)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year Thursday 09:00am – ENT Teaching (Mr N Violaris) Journal Club meetings (sporadically) Teaching in OPD and on ward rounds Audit Meeting</p> <p>FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.</p>
Main duties and further information about the placement	<p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week and take responsibility for problems arising in ENT patients on ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>Dealing with GP and A&E referrals. This is mainly cauterising/packing nose in cases of epistaxis, micro suctioning of ears etc. The F1 will regularly sit-in on clinics with the Consultants and attends theatre.</p> <p>The F1 will learn how to manage ENT emergencies, perform micro suction, nasal endoscopy and nasal cautery.</p> <p>The job is ideal for a candidate who is interested in ENT and very useful for those going into General Practice.</p> <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence-based guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers
Clinical Supervisor(s)	Mr A Shankar

<i>This may be subject to change</i>	
<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>Mon: 0900 AM Consultant clinic. 1400 – 1700 PM On-call. 1230 – 1400 Grand Round</p> <p>Tues: 0900 – 1230 AM Theatre. PM on call.</p> <p>Wed: 0900 – 1230 AM On call, 1330 – 1700 PM Clinic. 1300 – 1400 F2 Teaching every Wednesday lunchtime</p> <p>Thurs: 0900 – 1230 AM Theatre. PM on call 12.00 – ENT Teaching (Mr Violaris)</p> <p>Fri: 0900 – 12.30 AM Clinic. PM on call.</p> <p><i>On call requirements: Yes</i> Rolling rota for Hospital at Night - Full shifts 1:14 late day (0800 – 2030), 1:14 weekends (0800 – 2030 or 0800 – 1600), 1:14 night shifts (2000 – 0830).</p> <p>On call hours are Monday to Friday 0800-2030 or 1400-2200. Nights are: 2000-0830 x 2 Weekend shifts are: 0800-2030 x 2</p> <p>The Hospital @ Night Rota is made with juniors from ENT, Urology & Orthopaedics</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

****It is important to note that this description is a typical example of the placement and may be subject to change****

Specialty	Gastroenterology - General (Internal) Medicine (EDGH)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)</p> <p>Gastro/surgical teaching: 1230 – 1330 every Wednesday lunchtime</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit</p>
Main duties and further information about the placement	<p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics on an ad hoc basis depending on how busy the ward is. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>The only F1 on team. General medical tasks, most patients are a mix of general medicine and gastro, GI bleeds and decompensated liver disease. Ascitic drains and taps, clinic and endoscopy attendance are encouraged but opportunities depend on workload. High number of elective attenders for ERCP and endoscopy. Usually busy in terms of patient numbers (21 patients generally). You work for four consultants, who do one month on the wards in rotation. We have a larger team of juniors, with F1, F2, two CT grade doctors and one registrar.</p> <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively

	Become life-long learners and teachers
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr D Neal
Typical working pattern in the placement e.g ward round, clinics, theatre	<p>0900 – 17.00 Daily</p> <p>Mon: 0900 Consultant Ward Round Afternoon Ward Work 1300 – 1400 Grand Round</p> <p>Tues: AM SpR / SHO Ward Round PM Ward Work 1300 – 1400 F1 Teaching</p> <p>Wed: 8.45 – 5.00 0900: Consultant ward round Afternoon ward work</p> <p>Thurs: 0900 SHO/SpR ward round Afternoon Ward Work</p> <p>Fri: 1030 Consultant Ward Round Afternoon ward work</p> <p>On call requirements: 1 day a week until 2100 handover, lasts 30 minutes. Typically leave at 2130. One weekend in 5, plus one weekend in 10 Saturday morning for post-take ward round 0830-1400.</p>
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

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Specialty	Geriatric Medicine/ Frailty - General (Internal) Medicine (EDGH)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm (teams or face to face)</p> <p>Care of the Elderly Department Educational meetings and Mortality meetings: Tuesdays (1.00 – 2.00 pm) at Eastbourne – lunch at 12.30 pm (If Foundation Core Teaching not conflicting) Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year</p> <p>FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
Main duties and further information about the placement	<p>The FY1 doctor is responsible as part of a medical team with other staff for the ward care of inpatients and the maintenance of their patient's medical record/updating the electronic prescription. This duty will include regular ward rounds and attending daily MDT meetings. They will have the opportunity to work with the consultants in outpatients' clinics throughout the week. They are expected to attend the structured teaching programmes provided by the department.</p> <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and create a problem list Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Contribute to the daily MDT meetings Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers Contribute to the Care of the Elderly Tutorials and Mortality Meetings
Clinical Supervisor(s) <i>This may be subject to change</i>	<p>Dr A Nahhas Dr M Fonseka Dr R Nahas Dr H Alexander Dr D Budihal</p>

<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>Daily Ward Round</p> <p>Mon: Ward round, MDT meeting, Grand Round 1230 – 1400 then ward Work</p> <p>Tues: Ward round, MDT meeting, Teaching in Care of Elderly Journal Club 1230 – 1400 then Ward Work</p> <p>Wed: Ward round, MDT meeting, 1300-1400 F2 Core Teaching then Ward Work</p> <p>Thurs: Ward Round, MDT meeting then Ward Work</p> <p>Fri: Ward Round, MDT meeting then Ward Work</p> <p>Opportunities to work with the consultant in Geriatric Medicine outpatient clinics throughout the week (timetable to be distributed on arrival).</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	Hematology (EDGH)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm) and on Thursday at Conquest, 2-3pm. (FY2s will attend the site nearest to them) Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership
Main duties and further information about the placement	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will be expected to attend outpatient clinics to experience some of the secondary care procedures and clinical cases that we deal with. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. The overall educational objectives of the F1 year are: Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence-based guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers
Clinical Supervisor(s) <i>Subject to change</i>	Dr J Newman Dr A Elzein
Typical working pattern in the placement e.g ward round, clinics, theatre	Mon: Ward Round, ward work, Day Unit Support AM / PM 1230 – 1400 Grand Round Tues: Ward Round, ward work, Day Unit Support AM / PM Wed: Ward Round, ward work, Day Unit Support AM / PM 1300 – 1400 F2 Core Teaching every Wednesday lunchtime Thurs: Ward Round, ward work, Day Unit Support AM / PM Fri: Ward Round, ward work, Day Unit Support AM / PM <i>On call requirements:</i> as per rota Educational experience available: Availability of clinic time on an ad hoc basis.
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

It is important to note that this description is a typical example of the placement and may be subject to change

Specialty	Palliative Care (EDGH)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	St Wilfrid's Hospice 1 Broadwater Way, Eastbourne
Type of work to expect and learning opportunities	<p>This post is primarily based on the inpatient unit of the hospice. There may also be opportunities to gain experience of palliative care in the community and acute hospital setting.</p> <p>Learning Opportunities</p> <p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH Tuesdays (1.00 - 2.00 pm) at Conquest (link via MS Teams) Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year DOES THIS STILL APPLY OR CAN IT BE REMOVED? UNSURE IF ANY OF MY FY1s HAVE DONE THIS FOR SOME TIME</p> <p>Weekly Palliative Care Tutorials for doctors in training shared with St Michael's Hospice (delivered via MS Teams).</p> <p>There is a joint doctors meeting between four Hospices in East Sussex quarterly which the FY1 doctor may get an opportunity to attend.</p> <p>Other multi-professional training events throughout year.</p> <p>Hospice and ESHT Schwartz rounds which F1 doctors are actively encouraged to attend (attendance certificate for portfolio available).</p>
Main duties and further information about the placement	<p>Twice weekly consultant led multi-disciplinary ward round.</p> <p>Daily ward duties (admitting patients, assessing symptoms and updating management plans and actively being involved in communication with patients, families and professionals). Supervision available at all times.</p> <p>The FY1 doctor is responsible with other members of clinical staff for the in-patient care of patients and communication of care including the maintenance of the patient's electronic record and communicating with external professionals where indicated.</p> <p>There will be opportunity to work with the consultants or specialty doctors in outpatients' clinics or in patient's homes depending on individual development needs. There are many learning opportunities in this post both informally and formally and there is an expectation that the trainee attends all FY1 teaching at Eastbourne DGH as cover is arranged. The Hospice as a voluntary organisation uses volunteers including a young clinical volunteer programme aimed at pre university young people</p>

	<p>looking for experience, the FY1 can take an active role in the support and mentoring of this group if of interest to the FY1.</p> <p>The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>Specific learning opportunities include: Managing symptoms e.g. nausea, vomiting, pain, breathlessness and anxiety. Assessing and managing non-physical aspects of illness – psycho-social and spiritual. Improved communication skills e.g. breaking bad news. Working within multi-professional team. Opportunities to develop skills in advance care planning with patients.</p> <p>The overall educational objectives of the FY1 year are: Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers</p> <p>The clinical supervisors are happy to explore specific objectives based on individual trainee's needs. A total of 2 hours per week personal development time will be incorporated into the trainee's timetable following discussion with each individual. There may be flexibility on when this can be taken (e.g. 2hrs each week, or 4hrs each fortnight) depending on the individual needs of the trainee.</p> <p>For more information about St Wilfrid's Hospice please see https://www.stwhospice.org/</p>
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>Dr Louise Free Dr David Barclay Dr Charlotte Harrison Dr David Matthews Dr Farida Malik Dr Geoff Wells</p>
<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>Mon: am/pm Ward duties with FY2 (patient reviews, admissions etc.)</p> <p>1300 -1400 Palliative Care Trainee Tutorial or Grand Round (via Teams)</p> <p>Tues: am Formal MDT Ward Round;</p> <p>1300 -1400 FY1 Teaching at EDGH followed by self-development time (flexible as agreed with supervisor)</p>

	<p>1400-1500 IPU MDT meeting (can be attended virtually, if not at FY1 protected training events/taking self-development time)</p> <p>Wed: am/pm Ward duties with Speciality Doctor (patient reviews, admissions etc.)</p> <p>Thurs: am Formal MDT Ward Round pm Ward duties with FY2 (patient reviews, admissions etc.)</p> <p>Fri: am/pm Ward duties with Speciality Doctor (patient reviews, admissions etc.)</p> <p>There will also be the opportunity to shadow the hospital palliative care team (dependent on staffing) and spend time in the community setting. This will be allocated on an ad hoc basis according to training needs of all Foundation Doctors on placement.</p> <p><i>On call requirements:</i> Nil rostered</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

****It is important to note that this description is a typical example of the placement and may be subject to change****

Specialty	Psychiatry (EDGH)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>FY1s Psychiatry will have option of half day attachment in acute setting so will spend Tuesday morning in AMU at the Eastbourne DGH.</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year</p> <p>SPT Wednesday Academic Programme – Foundation doctors are expected to present a case or critical appraisal to at least one meeting in their rotation' in Psychiatry</p> <p>Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
Main duties and further information about the placement	<p>This will involve providing medical input to the team under the clinical supervision of the Consultant Psychiatrist. There is ample opportunity to be involved under the clinical supervision of the consultant in assessment of in-patients in the department. This post is under the clinical supervision of Dr Alfonso Russo Consultant Psychiatrist.</p> <p>The office base for this post is at the DoP on the same site as Eastbourne DGH. The post holder will not have any out-of-hours responsibility.</p> <p>The trainee will work within a multidisciplinary team consisting of a Consultant Psychiatrist, a nursing team, social workers, occupational therapists and supporting staff including admin. The post therefore offers excellent opportunities to gain experience working in a multidisciplinary setting with colleagues from a number of different professional backgrounds. In addition, trainees will be exposed to the complex, acute treatment of psychiatric patients. This includes the assessment of acutely ill patients, developing differential diagnoses, the use of medications and therapeutic interventions, risks assessments, documentation procedures, appreciating the role of physical illnesses, the process of ordering tests/labs/radiologic procedures and their follow-up, treatment care planning, collaborating with colleagues/carers/families, and how to use the referral process. Trainees will also be able to develop an appreciation for the interface between mental health law and psychiatry</p>
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Alfonso Russo/ Dr Humaira Rafi

Typical working pattern in the placement e.g ward round, clinics, theatre	Monday	Tuesday	Wednesday	Thursday	Friday
	Amberley Ward 9:00 -10:00 Handover 10:00 – 13:00 Recovery Rounds With consultant	ESHT MAU Eastbourne DGH	Amberley Ward 9:00 - 10:00 Handover 10:00 – 13:00 Recovery Rounds With consultant	Amberley Ward 9:00 -10:00 Handover 10:00 – 13:00 Recovery Rounds with consultant	Amberley Ward 9:00 - 10:00 Handover 10:00 – 12:00 Recovery Rounds With consultant Simulation And Teaching Workshop DOP
	Amberley ward 13:00 – 17:00 New Admissions Discharge Summaries Administration Health monitoring Referrals/Follow up 15:45 – 17:00 Health Monitoring	ESHT Teaching 13.00 - 14.00 Amberley Ward 14:15 – 17:00 Health Monitoring New Admissions Discharge Summaries	13:30 – 16.00 Academic Programme 16.00 – 17.00 Balint Group	Amberley ward 13:00 – 17:00 New Admissions Discharge Summaries Administration Health monitoring Referrals/Follow up Supervision Documentation Reviews Case Based Discussion	Amberley Ward 13:00-17:00 New admissions Audit Family Meetings Individual interests on ward
	Useful information: <ul style="list-style-type: none"> • All trainees are required to present to the academic teaching on Wednesdays through presenting cases and research as per rota which would be provided. • Trainees will be expected to attend Foundation Year training on a Tuesday unless they are presenting on the day to the psychiatric programme • Weekly supervision will be provided • Arrangements can be made for further special interest activity with the agreement of the clinical supervisor. 				
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/				

****It is important to note that this description is a typical example of the placement and may be subject to change****

Specialty	Respiratory - General (Internal) Medicine (EDGH)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)</p> <p>Other: Foundation Priority Programme Rotation 1 Level 1 Emergency Ultrasound competencies (optional) half day per week Foundation Priority Programme Rotation 3 Pathology (optional) half day per week Leadership Programme - 4 - 5 half-day courses over the year</p> <p>Respiratory Department Meeting: 3/4 Thursday lunchtimes Respiratory M&M Meeting: 1/4 Thursday lunchtimes Respiratory Radiology Meeting: Tuesday 12.00 – 1.00pm Lung MDM: Thursday 4.00 – 6.00pm</p> <p>FY1s can observe thoracoscopies, bronchoscopies and interventional bronchosopic procedures ad hoc</p> <p>CMT Training Days Simulation Training Weekly Lunchtime meetings</p> <p>Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on E portfolio, meeting with supervisors and developing skills in teaching and QI/audit</p>
Main duties and further information about the placement	<p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week, and take responsibility for problems arising. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>The overall educational objectives of the F1 year are:</p> <p>Learn to manage general medical inpatients and Improve competency with: Take a history and examine a patient Identify and synthesise problems Prescribe safely</p>

	<p>Keep an accurate and relevant medical record Chronic disease management Discharge planning in patients with multiple co-Morbidities Bedside spirometry and lung function interpretation Exposure to acute non-invasive ventilation Observe/learn procedures such as pleural aspirations and chest drain insertion Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers</p>																		
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>Dr A Sharma</p>																		
<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>Mon: 8.40 – 5.30 - Ward Work / Round 1230-1400 Grand Round Tues: 8.40 – 5.30 - Ward Work / Round 1200-1300 Radiology Meeting 1300-1400 F1 Teaching Wed: 8.40 – 5.30 - Ward Work / Round Outpatients Department PM Thurs: 8.40 – 9.00pm - Ward Work / Round 1600-1800 Lung MDM Fri: 8.40 – 5.30 - Ward Work / Round 1230-1400 Respiratory Department Meeting</p> <table border="1" data-bbox="568 1308 1385 1928"> <thead> <tr> <th></th> <th>Monday</th> <th>Tuesday</th> <th>Wednesday</th> <th>Thursday</th> <th>Friday</th> </tr> </thead> <tbody> <tr> <td>Morning</td> <td>Consultant ward round</td> <td>Consultant board round Ward round (SHO/F Y1)</td> <td>Consultant board round Ward round (SpR) COPD MDM (1/2 wks)</td> <td>Consultant ward round</td> <td>Consultant board round Ward round (SHO/F Y1) <i>Bronch list1/4</i></td> </tr> <tr> <td>Midday</td> <td>Grand round</td> <td>12:00 Respiratory radiology meeting</td> <td></td> <td>12:30 Respiratory meeting</td> <td></td> </tr> </tbody> </table>		Monday	Tuesday	Wednesday	Thursday	Friday	Morning	Consultant ward round	Consultant board round Ward round (SHO/F Y1)	Consultant board round Ward round (SpR) COPD MDM (1/2 wks)	Consultant ward round	Consultant board round Ward round (SHO/F Y1) <i>Bronch list1/4</i>	Midday	Grand round	12:00 Respiratory radiology meeting		12:30 Respiratory meeting	
	Monday	Tuesday	Wednesday	Thursday	Friday														
Morning	Consultant ward round	Consultant board round Ward round (SHO/F Y1)	Consultant board round Ward round (SpR) COPD MDM (1/2 wks)	Consultant ward round	Consultant board round Ward round (SHO/F Y1) <i>Bronch list1/4</i>														
Midday	Grand round	12:00 Respiratory radiology meeting		12:30 Respiratory meeting															

	Afternoon	Relative s clinic Ward work & referrals	Clinic (cons/Sp R)	Clinic (cons/Sp R)	Relative s clinic 16h00: Lung MDT	15:30 Weekend handover meeting
For further information, please contact the Local Education Provider (LEP) administrative contact	<p>On call requirements: one evening per week, 1 in 5 weekends.</p> <p>Foundation Priority Programme Rotation 1 'Emergency Medicine' half day per week Rotation 2 'Obstetrics & Gynaecology' half day per week Rotation 3 'Clinical Pathology' half day per week</p> <p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>					

It is important to note that this description is a typical example of the placement and may be subject to change

Specialty	Rheumatology - General (Internal) Medicine (EDGH)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year</p> <p>Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
Main duties and further information about the placement	<p>Clerking patients in, organising the firm. Acute medical takes.</p> <p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week, also take responsibility for problems arising. They are expected to attend the structured teaching programmes provided by the department. The Doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>Opportunity to do special procedures, lumbar puncture, knee injection, observe musculoskeletal Ultrasound in Rheumatology clinic. Fast track GCA clinic on Tue PM available also.</p> <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence-based guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr S Panthakalam

<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>Mon: 9.00-9.30 GIM MDT Board rounds meeting, Jevington ward 9.30 Consultant ward round (SP) 12.30 – 1400 Grand Round 14.00 Ward work</p> <p>Tues: 9.00-9.30 MDT followed by Consultant Ward round (900-1100 Opportunity for medical student teaching (optional) 12.00- 1300 Journal club/ MDT Rheumatology 13.00-1400 F1 Teaching 14.00 Ward work (Clinic)</p> <p>Wed: 8.15-9.15am (Radiology / Rheumatology MDM (2nd and 4th Wednesdays) optional Ward round 9.15-9.30 board rounds followed by registrar ward rounds 14.00 Ward work</p> <p>Thurs: 9-00-9.30 Board rounds 9.30 Ward work / outpatient clinic 1400- Consultant Ward round (SP) Rheumatology/Gastroenterology MDT (1st Thursday) optional</p> <p>Fri: 9-00-9.30 Board rounds 9.30 Consultant Ward round (AJP) 12:30 Rheumatology MDT 14:00 Ward work 14:00 Mortality / morbidity meeting – monthly</p> <p>On call requirements: 1 in 4 on calls – weekends. 1 on call every week. 1 in 5 Friday on call, Saturday Post Take 0900 – 1300pm. 4 half day in every 5 weeks.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	Stroke Medicine (EDGH)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Stroke-radiology teaching/MDT: Wednesdays (8.00 - 9.00 am) via Teams</p> <p>Stroke-cardiology teaching: Thursday 12.30 1.30pm Sovereign Ward at EDGH</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year</p> <p>Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
Main duties and further information about the placement	<p>The F1 doctor is responsible with other staff for the ward care of patients only on the stroke wards and maintenance of the patient's medical record. They are expected to attend the structured teaching programmes provided by the department including the Tuesday lunchtime tutorial/journal club and a tutorial specially designed for all medical FY1s.</p> <p>Most of the work is based at the stroke ward together with the multidisciplinary team. The team will also sometimes look after a few general medical patients admitted during the on-calls. Learning opportunities include consultant ward rounds as well as Thrombolysis calls in addition to general foundation programme and department teaching.</p> <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers Attend MDT meetings weekly

	<p>Be observers at Thrombolysis Learn management of hyper acute and acute stroke patients</p>
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>Dr C Biyanwila</p>
<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>Mon: Consultant Ward Round AM 1230-1400 Grand Round</p> <p>Tues: Ward Round with Consultant /Registrar and CTs 12.00-1300 Elderly Care Tutorial / Journal Club 1300-1400 F1 Teaching</p> <p>Wed: Ward Round with Consultant MDT Ward Work under supervision by senior members</p> <p>Thurs: Consultant Ward round AM Ward teaching consultant /registrar/CTs</p> <p>Fri: Ward Round with consultant</p> <p>Be an observer at a TIA clinic held on the ward clinic on the afternoon of Monday/Tuesday/Wednesday/Thursday/Friday.</p> <p>On call requirements: 1 in 5 weekdays and weekends on call.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	Urology (EDGH)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: Mandatory FY1 Core teaching takes place every Tuesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm).</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year Departmental half teaching days</p> <p>Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.</p>
Main duties and further information about the placement	<p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. There is dedicated self-development time (approximately half a day per week in total, averaged across the placement) where they will have the opportunity to attend a clinical session of their choice as a supernumerary trainee. Examples include but are not limited to, operating theatre sessions, outpatient clinics and procedure sessions, and multidisciplinary team meetings.</p> <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence-based guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers
Clinical Supervisor(s) <i>This may be subject to change</i>	Miss Sarah Tang

<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>Generally, ward round and looking after inpatients. One training session per week, either a morning or afternoon.</p> <p>There is frequent ad hoc teaching sessions arranged in addition to board round teaching at morning handover. There are full afternoon sessions of whole department teaching once every 2 months, and Clinical Governance once every 2 months.</p> <p>Hospital at Night Rota is currently 1:10 but may change in the near future.</p> <p>Shifts include: Standard Day – 08:00 – 17:00 (own Speciality) Evening Shift – 12.30 – 20.30 (on call from 1630) Long Day – 08.00 – 20.30 (on call from 1630) Night Shift – 20.00 – 08.30 (Surgical)</p> <p>Out of hours cover is a shift pattern and is shared workload between the two colleagues on call – FY1s only cover weekend daytimes with an FY2. Specialties the hospital at night team cover are Urology, ENT, Breast, General Surgery and Gynaecology.</p> <p>The Consultant & Registrars for all of the above specialties are non-resident on call.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	Cardiology (Conquest)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St Leonards-on-Sea, East Sussex TN37 7RD
Type of work to expect and learning opportunities	<p>Normal working hours is 08:30 to 17:00-18:00 from Monday to Friday</p> <p>Mon: Ward round and ward jobs subsequently. Often consultants give bedside teaching if they do ward rounds. There is a consultant ward round of CCU and the new patients every day. X-ray meeting on Mondays from 08:30-09:30H.</p> <p>Tues: Ward round and ward jobs subsequently. Echo meeting 08.30 – 09.30H</p> <p>Wed: Clerking acute admissions in A&E or GP referrals in MAU. Practically the on call usually starts from midday and there is a ward round and ward jobs in the morning.</p> <p>Thurs: CCU ward round starts at 08:30. Post take ward round from 09:00 every other week after being on call. Ward jobs in the morning. Every other week SHO cardiology clinic on Thursday afternoons. These are good learning opportunities. There is always someone to ask if you get stuck and the consultants are very approachable. MDT alternate weeks 8.30 – 9.30.</p> <p>Fri: 08:30 to 17:00-18:00. Again, ward round and ward jobs. There are 4 consultants in cardiology who do a ward round of their patients at least once a week. Journal club and lunchtime teaching 13:00 – 14:00H.</p> <p>Sat: Weekend on call is from 08:30-21:30. Clerking acute admissions in A&E or GP referrals in MAU. If there is time, help the FY1 on the wards as well.</p> <p>Sun: Weekend on call is from 08:30-21:30. Clerking acute admissions in A&E or GP referrals in MAU. If there is time, help the FY1 on the wards as well.</p> <p>Mon: When on call, given either the Monday or the Tuesday off. The rest is as above. There are opportunities to observe procedures in the cardiac catheterisation lab. There are also opportunities to watch echos and other diagnostic tests if desired. The consultants are very keen to teach.</p> <p><i>On call requirements: 1 in 6</i></p> <p>Teaching Opportunities - Mandatory</p> <p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics: Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)</p> <p>Other: MRCP Teaching CMT Training Days Self-development time - FY2 doctors should have two hours per week of nonclinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching</p>
Main duties and further information about the placement	Typical working pattern in this placement (<i>e.g. ward rounds, clinics, theatre sessions</i>)

	<p>Mon: 08:30 to 17:00-18:00. Ward round and ward jobs subsequently. Often consultants give bedside teaching if they do ward rounds. There is a consultant ward round of CCU and the new patients every day. X-ray meeting on Mondays from 08:30-09:30</p> <p>Tues: 08:30 to 17:00-18:00. Ward round and ward jobs subsequently</p> <p>Wed: On call every other Wednesday 08:30 until 21:30. Clerking acute admissions in A&E or GP referrals in MAU. Practically the on call usually starts from midday and there is a ward round and ward jobs in the morning.</p> <p>Thurs: CCU ward round starts at 08:00. Post takes ward round from 09:00 every other week after being on call. Ward jobs in the morning. Every other week SHO cardiology clinic on Thursday afternoons. These are good learning opportunity. There is always someone to ask if you get stuck and the consultants are very approachable.</p> <p>Fri: Again, ward round and ward jobs. There are 4 consultants in cardiology who do a ward round of their patients at least once a week.</p> <p>Sat: Weekend on call is from 08:30-21:30. Clerking acute admissions in A&E or GP referrals in MAU. If there is time, help the FY1 on the wards as well.</p> <p>Sun: Weekend on call is from 08:30-21:30. Clerking acute admissions in A&E or GP referrals in MAU. If there is time, help the FY1 on the wards as well.</p> <p>Mon: When on call, given either the Monday or the Tuesday off. The rest is as above. There are opportunities to observe procedures in the cardiac catheterisation lab. There are also opportunities to watch echos and other diagnostic tests if desired. The consultants are very keen to teach.</p> <p><i>On call requirements: 1 in 6</i></p>
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>Dr K Dickinson/Dr I Kalyar/Dr C Elorz</p>
<p>Typical working pattern in the placement. e.g ward rounds, clinics, theatre</p>	<p>Basic hours only / Full shift /On-call rota (delete as appropriate)</p> <p>Rota Template: Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:</p> <ul style="list-style-type: none"> Normal days Long days Night shifts Weekend shifts On-call duties <p>(Delete any that do not apply)</p> <p>A copy of your rota template is attached to the end of this document <i>to be appended</i></p> <p>Average Weekly Hours of Work: <i>to insert</i></p> <p>Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours</p> <p>You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>></p> <p>The distribution of these will be as follows: Average weekly hours at basic hourly rate: Average weekly hours attracting a 37% enhancement:</p> <p>Note: these figures are the <i>average weekly hours</i>, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.</p>
<p>For further information, contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/</p>

****It is important to note that this description is a typical example of the placement and may be subject to change****

Specialty	Emergency Medicine (Conquest)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St Leonards-on-Sea, East Sussex TN37 7RD
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics: Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital Other: South Coast Emergency Medicine Ultrasound Course (EDGH) Regional Training Days (Conquest) CMT Training Day (Conquest)</p> <p>Self-development time - FY2 doctors should have two hours per week of nonclinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching</p>
Main duties and further information about the placement	<p>Assessment and immediate management of major and minor complaints. General duties in an Emergency Dept including assessing patients with both minor and major complaints. Occasional exposure to resuscitation of acutely unwell and trauma patients. Learning opportunities include chances to apply knowledge relating to acute emergencies in most aspects of medicine, surgery and specialties. Plenty of opportunity to develop practical skills such as suturing, use of local anaesthesia and reduction and manipulation of fractures and dislocations.</p> <p>Typical working pattern in this placement (<i>e.g., ward rounds, clinics, theatre sessions</i>) No ward rounds or clinic. All shifts involve working on the 'shop floor' with no allocation to a particular stream (i.e. majors or minors) Shift pattern is on a rolling rota. E.g. 08:00 – 17:00 10:00 – 19:00 11:00 – 20:00 13:00 – 22:00 14:00 – 23:00 Nights: 22:00 – 08:30</p> <p><i>No On Call requirements but is currently</i> *Rota via Trust Medical Staffing Working pattern: Basic hours only / Full shift /On-call rota (delete as appropriate)</p> <p>Rota Template: Your working pattern is arranged across a rota cycle of 12 weeks, and includes: Normal days – early starts, mid-morning starts, afternoon and twilight shifts Night shifts Weekend shifts (Delete any that do not apply)</p>

	<p>A copy of your rota template is attached to the end of this document <u>to be appended</u></p> <p>Average Weekly Hours of Work: <i>to insert</i></p> <p>Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours</p> <p>You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>></p> <p>The distribution of these will be as follows: Average weekly hours at basic hourly rate: Average weekly hours attracting a 37% enhancement: Note: these figures are the <i>average weekly hours</i>, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.</p> <p>Annual pay for role* (select elements as appropriate)</p> <p>Basic Pay (Nodal Point): Pay for additional hours above 40: Enhanced pay at 37% rate: Weekend allowance: On-call availability supplement: Flexible Pay Premia</p> <p>Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing</p> <p>Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.</p> <p>*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.</p>
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>Dr Danielle Vidler/Mr Ghassan Youssef/Mr Mohamed Alam/ Dr Paul Cornelius/Dr Anna Stubbs/Dr Henrietta Morton-King</p>
<p>Typical working pattern in the placement. e.g ward rounds, clinics, theatre</p>	<p>Nights: 22:00 – 08:30</p> <p><i>No On Call requirements but is currently</i></p> <p>*Rota via Trust Medical Staffing</p> <p>Working pattern: Basic hours only / Full shift /On-call rota (delete as appropriate) Basic hours only / Full shift /On-call rota (delete as appropriate)</p> <p>Rota Template: Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes: Normal days Long days Night shifts Weekend shifts On-call duties (Delete any that do not apply)</p> <p>A copy of your rota template is attached to the end of this document <u>to be appended</u></p> <p>Average Weekly Hours of Work: <i>to insert</i></p> <p>Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours</p>

	<p>You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>></p> <p>The distribution of these will be as follows: Average weekly hours at basic hourly rate: Average weekly hours attracting a 37% enhancement: Note: these figures are the <i>average weekly hours</i>, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

****It is important to note that this description is a typical example of the placement and may be subject to change****

Specialty	Gastroenterology (Conquest)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St Leonards-on-Sea, East Sussex TN37 7RD
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Departmental teaching – Wednesdays – 12:30 to 13:30H</p> <p>Foundation Programme Core Topics: Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital</p> <p>Other: Journal Club Thursdays 1.00 - 2.00 pm (Conquest) Multidisciplinary Meetings Wednesdays Nutrition MDM 1130-1230 Wednesdays Surgical Radiology MDM 1.00 - 2.00 pm Thursdays Gastro General Radiology 9.00 - 10.00 am (Conquest) Friday Upper GI Cancer MDM 0830-0930 Self-development time - FY2 doctors should have two hours per week of nonclinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching</p>
Main duties and further information about the placement	Daily ward rounds, weekly general gastroenterology outpatient clinics, clinical teaching on the ward. Opportunity to acquire practical skills related to management of wide range of acute gastroenterology conditions /emergencies including upper GI bleeding, acute/chronic liver disease, inflammatory bowel disease, malnutrition and GI related cancers. Practical skills include insertion of ascetic drains and NG feeding tube. Working as team with IBD & GI cancer specialist nurses and dietitians.
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr A Zubir, Dr F Cuison and Dr S Fong - – rotate cover for wards every 4 weeks giving opportunity to experience different specialty experience and knowledge.
Typical working pattern in the placement. e.g. ward rounds, clinics, theatre	<p>Typical working pattern in this placement (<i>e.g. ward rounds, clinics, theatre sessions</i>) Weekly: Mon: am SpR ward round pm Ward work / on call Tues: am Consultant ward round, Grand Round pm ward work Wed: am CT ward round, MDM gastro/surgeons pm ward work or clinic / on call Thurs: am Gastro MDM, SpR ward round, lunch time journal club, pm ward work or clinic Fri: am upper GI cancer MDM, consultant ward round, FY2 teaching Sat: off / on call as per rota Sun: off / on call as per rota <i>On call requirements: 1 in 8, 2 weekends, 2 weeks of nights</i></p> <p>*Rota via Trust Medical Staffing Working pattern: Basic hours only / Full shift /On-call rota (delete as appropriate)</p> <p>Rota Template: Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes: Normal days</p>

	<p>Long days Night shifts Weekend shifts On-call duties (Delete any that do not apply) A copy of your rota template is attached to the end of this document <u>to be appended</u> Average Weekly Hours of Work: <i>to insert</i> Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>> The distribution of these will be as follows: Average weekly hours at basic hourly rate: Average weekly hours attracting a 37% enhancement: Note: these figures are the <i>average weekly hours</i>, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week. Annual pay for role* (select elements as appropriate)</p> <p>Basic Pay (Nodal Point): Pay for additional hours above 40: Enhanced pay at 37% rate: Weekend allowance: On-call availability supplement: Flexible Pay Premia</p> <p>Total pensionable pay: <<insert cash amount>> Total non-pensionable pay: <<insert cash amount>></p> <p>Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing</p> <p>Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.</p> <p>*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

It is important to note that this description is a typical example of the placement and may be subject to change

Specialty	General Practice
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	GP Surgery Various surgeries used, usually within the Hastings, St Leonards, Bexhill, Hailsham, Heathfield, Herstmonceux, Stone Cross, Eastbourne, Seaford and Rye area. Not all GP placements are based in Eastbourne or Hastings. FY2 Doctors are responsible for transporting themselves to the GP Surgery. TRANSPORT IS ESSENTIAL for those applying for these posts.
Type of work to expect and learning opportunities	Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them) Other: GPST Regional Study Days "Hot Topics" lectures Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.
Main duties and further information about the placement	Independently run clinics, opportunity to experience a wide range of community health problems. Daily GP sessions, weekly GP teaching, ability to speak to your clinical supervisor after each surgery and after each patient if needed. Ability to shadow other members of primary Healthcare team. At GP you will be exposed to a variety of problems like General medical / surgical presentations, mental health problems, social problems, joints presentations, self-limiting illnesses and Chronic diseases management. Weekly timetable with GP surgeries, exposure to acute and chronic illness, chronic disease clinics, teamwork in GP setting Learn about the interface between primary and secondary care Self-directed learning and preparation of PDP Work based assessments including video analysis of consultations Attendance at Conquest and Eastbourne DGH for weekly compulsory FY2 tutorials Weekly tutorials in the community with the GP community teacher. Audit, surgery, following up on own patient care.
Clinical Supervisor(s) <i>This may be subject to change</i>	Varies according to the GP Surgery
Typical working pattern in the placement e.g ward round, clinics, theatre	Example weekly pattern (varies according to GP Surgery used) Mon: 08.30-11.30 Clinic 1500-1700 1230-1400 Grand Round (EDGH) 1400 – 1500 F2 Teaching every Monday (CQ) Tues: 08.30-11.30 12.30 – 14.00 Grand Round (CQ)

	<p>Clinic 15.00-1700 Wed: 08.30-11.30 Clinic 1500-1700 1300-1400 F2 Teaching every Wednesday (EDGH) Thurs: 08.30-11.30 Clinic 1500-1700 Fri: 08.30-11.30 Clinic 1500-1700 Community tutorial Sat: Off Sun: Off</p> <p><i>On call requirements:</i> No out of hours. All FY2s in GP placements may spend a day per week in the A&E department at the Conquest Hospital or half day at the EDGH in, MAU or A&E, except ITU at Conquest Hospital, where FY2s will spend 4 days each month in the acute setting in order to have a good learning experience/understanding of the Specialty.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

****It is important to note that this description is a typical example of the placement and may be subject to change****

Specialty	General Surgery (Conquest)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital The Ridge, St Leonards-on-Sea, East Sussex TN37 7RD
Type of work to expect and learning opportunities	Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital Other: Leadership Programme - 4 - 5 half-day courses over the year Weekly departmental meetings every Thursday at 11:30-12:30pm Bi-monthly Clinical Effectiveness (Audit) meetings Departmental theatre induction evening (3x per year) Journal Club (weekly) MDT meetings (weekly) Self-development time - FY2 doctors should have two hours per week of nonclinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching
Main duties and further information about the placement	Typical working pattern in this placement (<i>e.g., ward rounds, clinics, theatre sessions</i>) 0800-1100 Ward Round 1100-1130 MDT Ward jobs thereafter For normal days 8am-10am ward round. Rest of day – 5/6pm (usually 6pm) completing jobs lists. i.e., bloods, ABGs, requesting tests, assessing sick patients. Cross cover other teams for F1s on annual leave/sick etc One day a week on call (8am-8.30pm) clerking any new admissions and initial management (except those weeks on nights) Handover at 8.00 pm. 2 sets of weekend nights (3 nights) 8pm – 8.30am (handover at 8.00 am) 2 sets of weeknights (4 nights). 8pm-8.30am (handover at 8.00 am). Covering 2 general surgery wards (assessing acutely unwell, fluids, drug charts etc) 2 sets of weekend days on call 8am-8pm Mon to Thu nights are followed by zero hours on Fri and off on Sat + Sun Fri to Sun nights are followed by zero hours on Mon + Tue Weekday SAU and Long Days – a zero-hour day on previous or following day Depending on which line of the rota the doctors are placed they may do slightly less or more SAU or long days as they follow a 1:10 rota and approximately 18 weeks for each rotation. FY1s are expected to attend a minimum of 2 x Theatre session and 2 x Outpatient sessions in a 4-month rotation.
Clinical Supervisor(s) <i>This may be subject to change</i>	Mr Raj Harshen raj.harshen@nhs.net Mrs Alys Morris alys.morris@nhs.net Miss Imelda Donnellan imelda.donnellan@nhs.net
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	0800-1100 Ward Round 1100-1130 MDT Ward jobs thereafter For normal days 8am-10am ward round. Rest of day – 5/6pm (usually 6pm) completing jobs lists. i.e., bloods, ABGs, requesting tests, assessing sick patients. Cross cover other teams for F1s on annual leave/sick etc One day a week on call (8am-8.30pm) clerking any new admissions and initial management (except those weeks on nights) Handover at 8.00 pm. 2 sets of weekend nights (3 nights) 8pm – 8.30am (handover at 8.00 am)

	<p>2 sets of weeknights (4 nights). 8pm-8.30am (handover at 8.00 am). Covering 2 general surgery wards (assessing acutely unwell, fluids, drug charts etc)</p> <p>2 sets of weekend days on call 8am-8pm</p> <p>Mon to Thu nights are followed by zero hours on Fri and off on Sat + Sun</p> <p>Fri to Sun nights are followed by zero hours on Mon + Tue</p> <p>Weekday SAU and Long Days – a zero hours day on previous or following day</p> <p>Depending on which line of the rota the doctors are placed they may do slightly less or more SAU or long days as they follow a 1:10 rota and approximately 18 weeks for each rotation.</p> <p>FY1s are expected to attend a minimum of 2 x Theatre session and 2 x Outpatient sessions in a 4-month rotation.</p> <p><i>*Rota via Trust Medical Staffing</i></p> <p>Working pattern:</p> <p>Basic hours only / Full shift /On-call rota (delete as appropriate)</p> <p>Rota Template:</p> <p>Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:</p> <p>Normal days</p> <p>Long days</p> <p>Night shifts</p> <p>Weekend shifts</p> <p>On-call duties</p> <p>(Delete any that do not apply)</p> <p>A copy of your rota template is attached to the end of this document <u>to be appended</u></p> <p>Average Weekly Hours of Work: <u>to insert</u></p> <p>Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours</p> <p>You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>></p> <p>The distribution of these will be as follows:</p> <p>Average weekly hours at basic hourly rate:</p> <p>Average weekly hours attracting a 37% enhancement:</p> <p>Note: these figures are the <i>average weekly hours</i>, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.</p> <p>Annual pay for role* (select elements as appropriate)</p> <p>Basic Pay (Nodal Point):</p> <p>Pay for additional hours above 40:</p> <p>Enhanced pay at 37% rate:</p> <p>Weekend allowance:</p> <p>On-call availability supplement:</p> <p>Flexible Pay Premia</p> <p>Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing</p> <p>Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.</p> <p>*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/</p> <p>https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	Geriatric Medicine (Conquest)								
Grade	F2								
Trust	East Sussex Healthcare NHS Trust								
Site name and address	Conquest Hospital The Ridge, St Leonards-on-Sea, East Sussex TN37 7RD								
Type of work to expect and learning opportunities	<p>Teaching Opportunities – Mandatory Grand Round: Tuesdays (1.00 - 2.00 pm) at Ed Centre. DME Journal club (1-2pm) at Doctors' Library, Level 1, opposite Benson ward. Currently – virtual.</p> <p>Foundation Programme Core Topics: Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Education Centre, Conquest Hospital Self-development time - FY2 doctors have two hours per week of nonclinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching</p>								
Main duties and further information about the placement	<p>Main duties of the placement Daily ward rounds under senior supervision (SHO, SpR or Consultant led) Keeping and updating patients' list, preparing the lists for ward rounds and daily board rounds Discharge summaries DNAR/ReSPECT/EoLC discussions and completion of the related documents. Medical student teachings Reviewing and requesting blood tests. Performing jobs generated after the ward rounds Participating and, at times, running board rounds under supervision</p> <p><u>Macdonald ward</u> 26 bedded ward staffed with personnel trained in the care of complex older patients, dementia and EoLC.</p> <p>FY2 doctors receive training in the following: Comprehensive Geriatric Assessment/Frailty Diagnosis and management of chronic disease and disability/"Geriatric Giants" Acute Delirium/Dementia Rehabilitation Daily board rounds Best interest meetings/understanding of MCA 2005 End of Life Care Planning Palliative care training: Palliative care <u>Newington and Tressell</u> 28 bedded wards acute frailty wards.</p>								
Clinical Supervisor(s) <i>subject to change</i>	Dr E Mucci / Dr Win (Newington) Dr H McIntyre (Tressell) Dr J Rahmani (McDonald)								
Typical working pattern in the placement e.g ward round, clinics, theatre	<p>Typical working pattern in this placement (<i>e.g. ward rounds, clinics, theatre sessions</i>)</p> <table border="0"> <tr> <td>08.30-09.00</td> <td>Prep time for ward round</td> </tr> <tr> <td>0900-1100</td> <td>Ward Round</td> </tr> <tr> <td>1100-1130</td> <td>Board round, daily</td> </tr> <tr> <td>11.30-13.00</td> <td>Continue ward round</td> </tr> </table> <p>Ward jobs thereafter:</p>	08.30-09.00	Prep time for ward round	0900-1100	Ward Round	1100-1130	Board round, daily	11.30-13.00	Continue ward round
08.30-09.00	Prep time for ward round								
0900-1100	Ward Round								
1100-1130	Board round, daily								
11.30-13.00	Continue ward round								

	<p>Mornings: Twice a week consultant ward round, once a week post take ward round. Daily consultant or SpR led board rounds. Daily SHO or SpR run ward rounds.</p> <p>Once a week geriatric lunch time journal club, currently - virtual Once a week Grand round lunch time, currently – virtual</p> <p>Afternoons: Once weekly FY2 teaching sessions Best interest meetings/MDT meetings/ discussions with the relatives, doing post ward round jobs, seeing new admissions to the wards.</p> <p>*Rota via Trust Medical Staffing Working pattern: Basic hours only / Full shift /On-call rota (delete as appropriate)</p> <p>Rota Template: Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes: Normal days Long days Night shifts Weekend shifts On-call duties (Delete any that do not apply) A copy of your rota template is attached to the end of this document <u>to be appended</u></p> <p>Average Weekly Hours of Work: <i>to insert</i> Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>> The distribution of these will be as follows: Average weekly hours at basic hourly rate: Average weekly hours attracting a 37% enhancement: Note: these figures are the <i>average weekly hours</i>, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.</p> <p>Annual pay for role* (select elements as appropriate) Basic Pay (Nodal Point): Pay for additional hours above 40: Enhanced pay at 37% rate: Weekend allowance: On-call availability supplement : Flexible Pay Premia</p> <p>Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing</p> <p>Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement. *Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

It is important to note that this description is a typical example of the placement and may be subject to change

Specialty	GIM/Respiratory (Conquest)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St Leonards-on-Sea, East Sussex TN37 7RD
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Departmental teaching – Wednesdays – 12:30 to 13:30H</p> <p>Foundation Programme Core Topics: Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital Self-development time - FY2 doctors should have two hours per week of nonclinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching</p>
Main duties and further information about the placement	<p>Baird ward is a mix of Respiratory and General medical short stay patient. There are 28 patients in total, shared between 2 wardbased teams, both led by Consultant Respiratory Physicians. There is daily Consultant presence on the ward. Managing inpatients on Baird ward under the direct supervision of the respiratory consultants.</p> <p>Referrals to other specialties/consultants where indicated. Ensuring appropriate outpatient follow up when patients are discharged. To attend diabetes/ endocrine clinics when enough team members to cover the ward (juniors will be rota'd on a weekly basis to attend a clinic), there will also be opportunities to participate in diabetes in-reach rounds. Whilst on call, to accept referrals to medicine from the Emergency Department, manage the acute admission list, clerk patients, support the FY2 in covering the wards and to attend the post take ward round.</p> <p>Clerking medical inpatients, performing basic investigations, liaising with other specialities, following up results, communication with family members. Opportunities to manage acutely unwell patients, participate in cardiac arrest/emergency calls, perform investigations such as chest drains, ascitic taps, lumbar punctures.</p>
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr O Kankam o.kankam@nhs.net Dr T Christopherson thereza.christopherson1@nhs.net
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	<p>Mon-Fri: Consultant led ward round starting at 09.00 Please arrive at 08.30 to prepare the notes for new patients Radiology MDT (11:00 – 11:30H) Board round (09:00 – 09:30H) Thursday/ Friday Acute Medicine Teaching programme Depending on junior numbers will be rota'd to attend at least 1 diabetes/ endocrine clinic per week <i>On call requirements over 4-month rotation:</i> Day on call once a week 08:30H-21:30H 2 x weekend 08:30H-21:30H 1 x 3 weekday nights 21:00H-08.30H 2 x 4 weekend nights 21:00H-08.30H</p> <p>*Rota via Trust Medical Staffing</p> <p>Working pattern:</p>

	<p>Basic hours only / Full shift /On-call rota (delete as appropriate)</p> <p>Rota Template: Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes: Normal days Long days Night shifts Weekend shifts On-call duties (Delete any that do not apply) A copy of your rota template is attached to the end of this document <i>to be appended</i></p> <p>Average Weekly Hours of Work: <i>to insert</i> Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>> The distribution of these will be as follows: Average weekly hours at basic hourly rate: Average weekly hours attracting a 37% enhancement: Note: these figures are the <i>average weekly hours</i>, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.</p> <p>Annual pay for role* (select elements as appropriate)</p> <p>Basic Pay (Nodal Point): Pay for additional hours above 40: Enhanced pay at 37% rate: Weekend allowance: On-call availability supplement: Flexible Pay Premia</p> <p>Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing</p> <p>Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.</p> <p>*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

It is important to note that this description is a typical example of the placement and may be subject to change

Specialty	Intensive Care Unit (ICU) (Conquest)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St Leonards-on-Sea, East Sussex TN37 7RD
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Departmental teaching – Wednesdays – 12:30 to 13:30H</p> <p>Foundation Programme Core Topics: Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.30 pm at the Conquest Hospital</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year</p> <p>Anaesthetic Departmental Teaching – when based on the Conquest Site (Friday mornings) alternate weeks</p> <p>Journal Club – Wednesday lunchtime 1-2pm</p> <p><u>Self-development time</u> - FY2 doctors should have two hours per week of nonclinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching</p>
Main duties and further information about the placement	<p>Main duties are to participate in the daily ward rounds (twice a day). During the ward rounds there will be hands on clinical examination and case-based discussion. Following the ward rounds our FY2 will help expedite referrals and investigations relevant to ongoing patient management. US line placement will be taught and supervised. Supervised assessment of the acutely unwell patient on the wards and in A/E. Attendance at Medical Emergency Team Calls (MET) and Cardiac Arrest calls once experience has been gained on the unit and following a 1-week placement in anaesthetics to learn basic and advanced airway management.</p> <p>Critical Care Unit – busy 11 bed DGH unit. We take both acute medical and surgical patients in need of organ support. Expect lots of acute medicine and surgery, assessment of the deteriorating patient, basic organ support, and immediate management of the sick patient. Line placement experience – particularly central and arterial access. Multiple learning opportunities in a supportive environment.</p>
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Rachel Madders rachel.madders@nhs.net Dr Ramin Sadoughi ramin.sadoughi@nhs.net Dr Thomas Bate t.bate@nhs.net
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	<p>Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)</p> <p>0900-1200 Ward Round 1200-1230 MDT</p> <p>Ward jobs thereafter Mon: Ward Round 8.00 am/ 5pm Tues: Ward Round 8.00am/5pm Wed: Ward Round 8.00am/5pm Thurs: Ward Round 8.00am/5 pm Fri: Ward Round 8.00am/5pm Sat: Sun:</p>

	<p><i>On call requirements:</i> Half day per week *Rota via Trust Medical Staffing</p> <p>Working pattern: Basic hours only / Full shift /On-call rota (delete as appropriate)</p> <p>Rota Template: Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes: Normal days Long days Night shifts Weekend shifts On-call duties (Delete any that do not apply) A copy of your rota template is attached to the end of this document <i>to be appended</i></p> <p>Average Weekly Hours of Work: <i>to insert</i> Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>> The distribution of these will be as follows: Average weekly hours at basic hourly rate: Average weekly hours attracting a 37% enhancement: Note: these figures are the <i>average weekly hours</i>, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.</p> <p>Annual pay for role* (select elements as appropriate)</p> <p>Basic Pay (Nodal Point): Pay for additional hours above 40: Enhanced pay at 37% rate: Weekend allowance: On-call availability supplement: Flexible Pay Premia</p> <p>Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing</p> <p>Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.</p> <p>*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	Obstetrics & Gynaecology (Conquest)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St Leonards-on-Sea, East Sussex TN37 7RD
Type of work to expect and learning opportunities	<p>Teaching Opportunities – Mandatory Grand Round: Tuesdays (1.00 - 2.00 pm) at Ed Centre. DME Journal club (1-2pm) at Doctors' Library, Level 1, opposite Benson ward. Currently – virtual.</p> <p>Foundation Programme Core Topics: Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Education Centre, Conquest Hospital Self-development time - FY2 doctors have two hours per week of nonclinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.</p> <p>Other: Daily Risk Meeting 1300-1400 O&G Teaching 1300-1400 O&G Rota Meeting 1300-1400 Labour ward Forum – The First Friday every two months – 1400-1600 Atain – 0900-1100 Womens Risk meeting – 1400-1600 Womens Audit – every second month on a Wednesday 1400-1700 O&G Perinatal M&M – Every last Friday on the month 1330-1530</p>
Main duties and further information about the placement	<p>Main duties of the placement Training opportunities in addition to the daily informal teaching include:</p> <p>Morning consultant led handover. Team handover afternoon 17:00 and night team handover 20:30.</p> <p>Consultant/ Registrar lead ward rounds on Labour Ward, Frankshaw & Judy Beard Ward (Gynae).</p> <p>Allocation to attend consultant clinics in Obstetrics and Gynaecology OPD for local consultants/ visiting consultants. I have provided them with a list to fill in for their clinic attendance during the 4-month placement.</p> <p>Daily Risk meeting. 1 Hour weekly Teaching session (Frankshaw Seminar Room) covers topics over a 17-week plan (4 months placement).</p> <p>Department Audit meeting. Opportunity to present Audit. Monthly Perinatal meetings, Opportunity to present cases. Gynae M&M meeting, Opportunity to present cases. Hospital Grand round. In addition, allowance is made on the rota for the FY2 trainee to attend the foundation training locally.</p>
Clinical Supervisor(s) <i>may be subject to change</i>	Miss N Roberts Miss A Thallon
Typical working pattern in the placement e.g ward round, clinics, theatre	<p>Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)</p> <p>0900-1100 Ward Round Ward jobs thereafter or assisting in theatre.</p>

	<p>The 2 FY2 trainees work in a full shift rota as part of a team of 8 including (5 GP trainees, 2 FY2, 3 ST1 O&G trainees). The shifts also cover long days and hand over 8:30H-21:00H. Nights and weekends as 1:8.</p> <p>The daytime work covers inpatients in Frankshaw, labour ward care, LSCS, delivery suit, maternity theatres, Frank Shaw post-natal ward and gynaecology/EPU. Usually on a weekly basis to offer continuity.</p> <p>*Rota via Trust Medical Staffing</p> <p>Working pattern: Basic hours only / Full shift /On-call rota (delete as appropriate)</p> <p>Rota Template: Your working pattern is arranged across a rota cycle of 8 weeks, and includes: Normal days Long days Night shifts Weekend shifts On-call duties (Delete any that do not apply) A copy of your rota template is attached to the end of this document <i>to be appended</i></p> <p>Average Weekly Hours of Work: <i>to insert</i> Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>> The distribution of these will be as follows: Average weekly hours at basic hourly rate: Average weekly hours attracting a 37% enhancement: Note: these figures are the <i>average weekly hours</i>, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.</p> <p>Annual pay for role* (select elements as appropriate)</p> <p>Basic Pay (Nodal Point): Pay for additional hours above 40: Enhanced pay at 37% rate: Weekend allowance: On-call availability supplement: Flexible Pay Premia</p> <p>Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing</p> <p>Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.</p> <p>*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

It is important to note that this description is a typical example of the placement and may be subject to change

Specialty	Paediatrics (Conquest)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St Leonards-on-Sea, East Sussex TN37 7RD
Type of work to expect and learning opportunities	<p>Teaching Opportunities – Mandatory Hospital Grand Round: Mondays (13:00 – 14:00H) at EDGH - lunch at 12.30H Tuesdays (13:00 – 14:00H) at Conquest - lunch at 12.30H (FY2s will attend the site nearest to them)</p> <p>Foundation Programme Core Topics: Mandatory FY2 teaching takes place every Thursday, 14:00 – 15:00H at the Conquest Hospital and every Wednesday, 13:00H – 14:00H at Eastbourne DGH (monthly workshops 14:00H – 17:00H). (FY2s will attend the site nearest to them).</p> <p>Self-development time - FY2 doctors have two hours per week of nonclinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.</p> <p>Other: Safeguarding Children (case-based discussions) Wednesday am 08:45H-10:00H Education Centre, Conquest Diabetes Training (every 4-month rotation with new Paediatrics trainees) Kawasaki Disease (every 4-month rotation with new Paediatrics trainees) Kipling Seminar Room Paediatric Endocrinology Consultant from KCL to deliver lunch time lecture (Tuesday) every 3 months Paediatric Epilepsy clinic on Friday mornings Radiology teaching (Mondays 13:00H-14:00H) Paediatric Grand round (Wednesdays 13:00H – 15:00H) Paediatric teaching: Tuesdays 13:00H – 15:00H (case-based presentations, Journal Club & consultant teaching) Peri-natal M&M (Fridays 13:30H – 15:30H), Monthly Paediatric M&M meetings quarterly Wednesdays 14:00H-16:00H Neonatal simulation (usually once per month, variable days)</p>
Main duties and further information about the placement	<p>During the four-month placement trainees usually spend approximately a week at Eastbourne DGH covering short stay assessment unit from a Thursday through to a Wednesday. The weekdays are 10-hour shifts, and the weekend days (Sat/Sun) are 8hour shifts. The shifts are 1 in 16. Also rostered to sit in on clinics which can be on either site.</p> <p>Training opportunities in addition to the daily informal teaching include: Morning consultant led handover at 8:30. Team handover afternoon 16:00 and night team handover 20:30. Consultant/Registrar lead ward rounds on Kipling or SCBU. Allocation to attend consultant clinics in Paediatric OP for local consultants/ visiting consultants. I have provided them with a list to fill in for their clinic attendance during the 4-month placement. Paediatric radiology meeting. 2 hour Wednesday Paediatric Consultant Handover Tuesday 2 hours teaching/learning which covers topics over a 17-week plan (4 months placement). Opportunities to present cases. Department Audit meeting. Opportunity to present Audit. Monthly Perinatal meetings, Opportunity to present cases. Paediatric M&M</p>

	meeting, Opportunity to present cases. Hospital Grand Round. Opportunity to present cases in the paediatric hospital grand round. In addition, allowance is made on the rota for the FY2 trainee to attend the foundation training locally.
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Geeta Gopal Dr Salah Mansy Dr Mamataz Parvin
Typical working pattern in the placement e.g ward round, clinics, theatre	09:00-11:00H Ward Round Ward jobs thereafter The 2 FY2 trainees work in a full shift rota as part of a team of 7 including (2 GP trainees, 2 FY2, 3 ST1 paediatrics trainees and 3 ANPs). The shifts also cover for long days and hand over 8:30H-21:00H. Nights and weekends as 1:7. The daytime work cover includes inpatients in Kipling ward, Kipling ambulatory care, SCBU, delivery suit, maternity theatres, Frank Shaw post-natal ward and paediatric resus/ Emergency department. Usually on a weekly basis to offer continuity.
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

It is important to note that this description is a typical example of the placement and may be subject to change

Specialty	Palliative Care – St Michael's Hospice
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	St Michael's Hospice, 25 Upper Maze Hill, St Leonards-on-Sea TN38 0LB
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory</p> <p>Grand Round: Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursdays, 2.00 pm – 3:00pm at the Education Centre, conquest Hospital DGH (monthly workshops 1-4pm).</p> <p>Self-development time - FY2 doctors have two hours per week of nonclinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.</p> <p>Other: The Hospice provides specific tutorial programme in house which is shared with St Wilfrid's Hospice and delivered weekly on Microsoft Teams.</p> <p>St Michael's Hospice Interdisciplinary Learning Forum</p> <p>St Michael's Hospice Journal Club</p> <p>St Michael's Hospice Medical Team Meeting (with reflective educational component).</p> <p>There is a joint doctors meeting between four Hospices in East Sussex held quarterly which the FY2 doctor may get an opportunity to attend.</p>
Main duties and further information about the placement	<p>Twice weekly consultant led multi-disciplinary ward round and supervision available at all times in general ward duties (admitting patients, assessing symptoms and updating management plans and actively being involved in communication with patients, families and professionals).</p> <p>The FY2 doctor is responsible with other members of clinical staff for the in-patient care of patients and communication of care including the maintenance of the patient's electronic record and communicating with external professionals where indicated.</p> <p>There will be opportunity to work with the consultants or specialty doctors in outpatients' clinics or in patient's homes depending on individual development needs. There are many learning opportunities in this post both informally and formally and there is an expectation that the trainee attends all FY2 teaching at Conquest Hospital as cover is arranged.</p> <p>The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>Specific learning opportunities include managing symptoms e.g. nausea, vomiting, pain, breathlessness and anxiety. Assessing and managing non-physical aspects of illness – psycho-social and spiritual. Improved communication skills e.g., breaking bad news. Working within multi-</p>

	<p>professional team. Opportunities to develop skills in advance care planning with patients.</p> <p>The overall educational objectives of the F2 year are: Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers</p> <p>For more information about St Michael's Hospice please see https://stmichaelsospice.com</p>
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>Dr Isae Kilonzo, Consultant in Palliative Medicine Dr Jane Lewington, Consultant in Palliative Medicine</p>
<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>Mon: Handover Meeting Consultant ward round Admitting new patients</p> <p>Tues: Handover Meeting Ward work including new admissions Journal Club Professional self-development time – 2 hours Day off after weekend on-call</p> <p>Wed: Handover Meeting Weekly Interdisciplinary team meeting Ward work including new admissions</p> <p>Thurs: Handover meeting Drug Round with Clinical Pharmacist 14:00 – 15:00 F2 Teaching (Conquest)</p> <p>Fri: Handover meeting Consultant ward round Ward work including new admissions</p> <p>There will also be In-house teaching sessions run at various times by the department, which will be agreed in advance with the Clinical Supervisor so that the F2 doctor can attend undisturbed (will be exempt from ward duties for the duration of the session)</p> <p><i>On call requirements (non-resident on-call) :1 night a week. 1 weekend in 4, supported by the Consultant (2nd on call)</i></p> <p>*Rota via Trust Medical Staffing Working pattern: On-call rota Rota Template: Your working pattern is arranged across a rota cycle of 17 or 18 weeks (4 month placement), and includes: Normal days On-call duties (Non-resident)</p>

	<p>No weeknight on-calls during first week of placement. Thereafter every Wednesday (non-resident) Weekend on-call: every 2nd weekend of the month (non-resident) The on-call days can be flexible to accommodate Annual Leave / Study Leave/ mutually agreed with the Clinical Supervisor. Average Weekly Hours of Work: <u>40 hours</u> Your contract is a full-time contract for 40 hours You will in addition be contracted for an additional 3 hours, making for total contracted hours of 43 The distribution of these will be as follows: Average weekly hours at basic hourly rate: Average weekly hours attracting a 37% enhancement: Note: these figures are the <i>average weekly hours</i>, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week. Annual pay for role* (select elements as appropriate)</p> <p>Basic Pay (Nodal Point): Pay for additional hours above 40: Enhanced pay at 37% rate: Weekend allowance: On-call availability supplement: Flexible Pay Premia Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	General Psychiatry – Sussex Partnership NHS Foundation Trust
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	General Psychiatry Assessment and Treatment Services Millwood, Uckfield Community Hospital, Framfield Road, Uckfield, East Sussex, TN22 5AW.
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm</p> <p>Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH and every Thursday, 2.00 – 3.00 pm at the Conquest Hospital (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)</p> <p>Other:</p> <p>Leadership Programme - 4 - 5 half-day courses over the year</p> <p>SPT Wednesday Academic Programme – Foundation doctors are expected to present a case or critical appraisal to at least one meeting in their rotation' in Psychiatry.</p> <p>Self-development time - FY2 doctors should have two hours per week of nonclinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.</p>
Main duties and further information about the placement	<p>The trainee will be given Trust and Local inductions and after a period of shadowing with other members of the team, will be given the opportunities to work with mentally disordered individuals of working age (18-70) including outpatients clinics, crisis assessments, home visits, mental health act assessments and liaising with GPs under the supervision of a consultant psychiatrist. There will be weekly supervision from the consultant and attendance to the local academic meetings will be required with a possibility of giving presentations. Appropriate allowances for attending foundation year training and special interests will be made on an individual basis.</p> <p>This is an exciting opportunity to join a busy multidisciplinary team working with the full gamut of mental health problems, primarily in the community. You will join a team of Community Psychiatric nurses, Occupational Therapists, Psychologists, Support Workers, Administration Staff and Doctors.</p> <p>This new post is part of the recent expansion of the Foundation Programme with the addition of extra opportunities for community, integrated and psychiatric experience. As a result, it is designed to allow the trainee to follow the patient through their whole care pathway, from Primary Care referral, first assessment, follow up in the community, admission in Mental Health Unit or care under Crisis Team to the point of transfer back to Primary Care, and have opportunities to liaise with or shadow non-NHS agency</p>

	involvement, e.g., Social Services, Third Sector and Accommodation Providers.
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Stavros Bekas, Consultant Psychiatrist

Typical working pattern in the placement

e.g ward round, clinics, theatre

	Monday [Uckfield]	Tuesday [Hellingly]	Wednesday [Hellingly]	Thursday [Uckfield]	Friday [Uckfield]
a.m.	Outpatient Clinic	Outpatient Clinic	Outpatient Clinic Supervision	MDT meeting	Outpatient Clinic
p.m.	Outpatient Clinic Audit, research, governance	Outpatient Clinic	Eastbourne ESHT Core Teaching/ SPFT Academic meeting ESHT A&E session (discretionary)	Outpatient Clinic	Outpatient Clinic
p.m.	Outpatient Clinic Audit, research, governance	Outpatient Clinic	Eastbourne ESHT Core Teaching/ SPFT Academic meeting ESHT A&E session (discretionary)	Outpatient Clinic	Outpatient Clinic

TRANSPORT IS ESSENTIAL - This post requires trainees to participate in an on call rota between Hastings and Eastbourne so having your own transport is essential.

All FY2s in Psychiatry placements can spend half day per week in the A&E department at the Eastbourne DGH or block in ITU. This is optional.

For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/
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Specialty	Psychiatry – Sussex Partnership
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Woodlands Unit, Conquest Hospital, The Ridge, St Leonards-On-Sea
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)</p> <p>Other:</p> <p>SPT Wednesday Academic Programme – Foundation doctors are expected to present a case or critical appraisal to at least one meeting in their rotation' in Psychiatry.</p> <p>Self-development time - FY2 doctors should have two hours per week of nonclinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching</p>
Main duties and further information about the placement	<p>This will involve providing medical input to the team under the supervision of the Consultant Psychiatrist at The Woodlands Unit, St Leonards on Sea TN37 7PT. All trainees are required to present to the academic teaching on Wednesdays through presenting cases and research as per rota which would be provided.</p> <p>Trainees will be expected to attend Foundation Year training unless they are presenting on the day to the psychiatric programme</p> <p>Weekly supervision will be provided. Arrangements can be made for further special interest activity with the agreement of the clinical supervisor.</p>
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Arun Doraiswamy

Typical working pattern in the placement
 e.g ward round, clinics, theatre

	Monday	Tuesday	Wednesday	Thursday	Friday
a.m.	Handover Ward Work	Handover Ward Rounds	MDT meeting – 1:4 Physical Health Clinic -Abbey and Castle Ward	Handover Ward Work	Handover Ward Rounds
p.m.	Ward Work	MDT - Abbey Ward Supervision with Dr A Doraiswamy	Eastbourne Academic Programme	2-3pm F2 Teaching at Conquest Hospital Ward work	Ward Work

The post holder will also be on a full shift rota with out of hours coverage of either the psychiatric needs arising on the Eastbourne District General Hospital, including the Department of Psychiatry, or The Conquest Hospital including Woodlands Centre for Acute Care. Out of hours support is provided by Senior Nurse Practitioners and Consultants on both sites as well as a middle grade tier in Eastbourne.

TRANSPORT IS ESSENTIAL - This post requires trainees to participate in an on call rota between Hastings and Eastbourne so having your own transport is essential.

All FY2s in Psychiatry placements can spend a day per week in the A&E department at the Conquest Hospital or half day at the EDGH or block in ITU. This is optional.

For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/
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It is important to note that this description is a typical example of the placement and may be subject to change

Specialty	Trauma and Orthopaedics (Conquest)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Conquest Hospital The Ridge, St Leonards-on-Sea, East Sussex TN37 7RD
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Mondays (13:00 – 14:00H) at EDGH - lunch at 12.30H Tuesdays (13:00 – 14:00H) at Conquest - lunch at 12.30H</p> <p>Foundation Programme Core Topics: Mandatory FY2 teaching takes place every Thursday, 14:00 – 15:00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)</p> <p>Other: Alternating Journal Club or Clinical Meeting (1st Monday of each month, 6.00 - 8.00 pm) Oscillates EDGH & Conquest In-house Clinical Meeting (3rd Monday of each month, 6.30 - 8.00 pm at Conquest) Spine MDT Meeting (monthly) in Radiology Department</p> <p>Trauma Meeting (daily/1 hour) Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.</p>
Main duties and further information about the placement	<p>Main Duties of the Placement SHO led daily ward round and jobs generated. On calls (day/night/ weekend): clerking all new patients admitted and ward review, GP referrals. Assisting in theatre if required. Part of the team of doctor's present at trauma calls The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week, and also take responsibility for problems arising on ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. Clerking patients, assisting in theatre, plastering, suturing, ward reviews.</p> <p>The overall educational objectives of the F2 year are: Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems</p>

	Educate patients effectively Become life-long learners and teachers
Clinical Supervisor(s) <i>This may be subject to change</i>	Mr G Selmon
Typical working pattern in the placement e.g ward round, clinics, theatre	<p>Daily: Trauma meeting at 8am SHO led WR of patients under particular consultant and to complete jobs generated during the ward round. Leave at 5pm. To assist in theatre if required Tues: 12:45-14:00H Grand Round Mon: 14:00-15:00H Foundation Teaching Thursday: Lunch time Trauma Teaching One half day/ week Note: FY1 available to help but shared between 3 consultants.</p> <p>On call requirements: To clerk (History + Examination) all new patients admitted to A&E plus all GP referrals and prepare any patients needing theatre. To book patients for theatre. Ward reviews and jobs as indicated. Assist in theatre if required/ if have time Full shift 1:9 late day, 1:9 weekends, 1:9 split nights Note: zero-hour day's allocated if working on calls</p>
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

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Specialty	Emergency Medicine (EDGH)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH with a (monthly workshop 2-5pm)</p> <p>Department weekly teaching (Tuesday pm and Thursday pm) including a radiology meeting once a month and some simulation teaching.</p> <p>Other: Local Opportunities: Grand Round presentation once a week 1.00-2.00pm (lunch provided) South Coast Emergency Medicine Ultrasound Course Advanced Trauma Life Support Paediatric Intermediate Life Support European Paediatric Life Support Career Taster opportunities facilitated and organised locally</p> <p>Self-Development Time - FY2 doctors will have one day a month as non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.</p>
Main duties and further information about the placement	<p>1st tier rota seeing all patients in the Emergency Department. The F2 doctor is responsible, with senior support always available on the shop floor, for the assessment and management of patients presenting to the department and the maintenance of the patient's medical record. Patients presenting to the department are an undifferentiated workload, including Major type patients, Minor injuries and illness, with approximately 25% of all attendance are paediatric presentations. They will have opportunity to spend time in our Urgent Care Centre seeing Minor Injuries. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants, including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>The FY2 doctor will also be involved in the management of resus patients under supervision, suturing, manipulation of orthopaedic injuries, plastering and removal of foreign bodies. They are taught to use a slit lamp. In addition to paediatric patients the FY2 will be exposed to patients with mental health issues. The department sees a large cohort of elderly patients who frequently need a multidisciplinary team approach, with physiotherapy, occupational therapy and adult social care involvement to ensure safe discharge.</p> <p>The overall educational objectives of the F2 year are:</p> <p>Take a focused history and examine a patient Identify and synthesise problems Prescribe safely</p>

	<p>Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers. There are opportunities to get involved in QIP projects whilst in the Emergency department.</p> <p>Those FY2s in ED rotating into GP practice spend an additional day supporting the December and April induction before rotating into GP.</p>
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>Mr S Shubber Mr U Shanker Dr Z Atesli Dr S Habeeb Dr O Imtiaz Dr A Anand Dr K Anoop</p> <p><i>We have appointed two new consultants, but they are yet to complete the ES course and so will not be in ES/CS role at the current time.</i></p>
<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>1 in 3 weekends. Shift pattern rota circulating into nights. Similar job on all days. Seeing mostly majors and minors' patients. On call requirements: A&E shift rota, Frequently out of hours shifts.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	ENT - Otolaryngology (EDGH)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)</p> <p>Other: Thursday 09:00am – ENT Teaching (Mr N Violaris) Journal Club meetings (sporadically) Teaching in OPD and on ward rounds</p> <p>Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.</p>
Main duties and further information about the placement	<p>The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week, also take responsibility for problems arising in ENT. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>Dealing with GP and A&E referrals. This is mainly cauterising/packing epistaxis, micro-suctioning etc. The F2 will regularly sit-in on clinics with the Consultants and attends theatre.</p> <p>The F2 will learn how to manage ENT emergencies, perform micro suction, nasal endoscopy, nasal cautery.</p> <p>The job is ideal for a candidate who is interested in ENT and very useful for those going into General Practice.</p>
Clinical Supervisor(s) <i>This may be subject to change</i>	Mr N Violaris Mr M Al-Hashim
Typical working pattern in the placement e.g ward round, clinics, theatre	<p>Mon: 0900 AM Consultant clinic. 1400 – 1700 PM On-call. 1230 – 1400 Grand Round</p> <p>Tues: 0900 – 1230 AM Theatre. PM on call.</p> <p>Wed: 0900 – 1230 AM On call, 1330 – 1700 PM Clinic. 1300 – 1400 F2 Teaching every Wednesday lunchtime</p> <p>Thurs: 0900 – 1230 AM Theatre. PM on call 1200 – ENT Teaching (Mr Violaris)</p> <p>Fri: 0900 – 12.30 AM Clinic. PM on call.</p>

	<p><i>On call requirements:</i> Yes Rolling rota for Hospital at Night - Full shifts 1:14 late day (0800 – 2030), 1:14 weekends (0800 – 2030 or 0800 – 1600), 1:14 night shifts (2000 – 0830).</p> <p>On call hours are Monday to Friday 0800-2030 or 1400-2200. Nights are: 2000-0830 x 2 Weekend shifts are: 0800-2030 x 2</p> <p>The Hospital @ Night Rota is made with juniors from ENT, Urology & Orthopaedics.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

****It is important to note that this description is a typical example of the placement and may be subject to change****

Specialty	Geriatric Medicine - General (Internal) Medicine (EDGH)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Care of the Elderly Department Educational meetings and Mortality meetings: Tuesdays (1.00-2.00pm) at Eastbourne – Lunch at 12.30pm Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)</p> <p>Other: Local Training Days including Simulation Training IMT Training Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.</p>
Main duties and further information about the placement	<p>The FY2 doctor is responsible with other staff for the ward care of inpatients and the maintenance of their patient's medical record. This duty will include regular ward rounds and attending daily MDT meetings. They will have the opportunity to work with the consultants in outpatients' clinics throughout the week. They are expected to attend the structured teaching programmes provided by the department.</p> <p>The overall educational objectives of the F2 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and create a problem list Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Contribute to the daily MDT meetings Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers Contribute to the Care of the Elderly Tutorials and Mortality Meetings Opportunities to be involved in audits/QIP
Clinical Supervisor(s) <i>This may be subject to change</i>	<p>Dr A Nahhas Dr M Fonseka Dr R Nahas Dr H Alexander Dr D Budihal</p>
Typical working pattern in the placement e.g ward round, clinics, theatre	<p>Daily Ward Round</p> <p>Mon: Ward round, MDT meeting, Grand Round 1230 – 1400 then ward Work</p>

	<p>Tues: Ward round, MDT meeting, Teaching in Care of Elderly Journal Club 1230 – 1400 then Ward Work</p> <p>Wed: Ward round, MDT meeting, 0. F2 Core Teaching then Ward Work</p> <p>Thurs: Ward Round, MDT meeting then Ward Work</p> <p>Fri: Ward Round, MDT meeting then Ward Work</p> <p>Opportunities to work with the consultant in Geriatric Medicine outpatient clinics throughout the week (timetable to be distributed on arrival).</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

It is important to note that this description is a typical example of the placement and may be subject to change

Specialty	AMU - GIM (EDGH)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Department Educational meetings and Mortality meetings: Tuesdays (1.00-2.00pm) at Eastbourne – Lunch at 12.30pm</p> <p>Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)</p> <p>Other: Local Training Days including Simulation Training,</p> <p>Self-Development Time - FY2 doctors should have two hours per week of non -clinical professional self-development time. This will include time for preparing for specialty applications as well as developing skills in quality improvement, teaching and leadership.</p>
Main duties and further information about the placement	<p>The FY2 doctor is responsible with other staff for the ward care of inpatients and the maintenance of their patient's medical record. This duty will include regular ward rounds and attending daily MDT meetings. They will have the opportunity to work with the consultants at the Same Day Emergency Care Unit throughout the week as well as the Medical Admissions Unit. They are expected to attend the structured teaching programmes provided by the department.</p> <p>The overall educational objectives of the F2 year are:</p> <p>Take a history and examine a patient Identify and create a thorough list of differential diagnoses Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Contribute to the daily MDT meetings Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers Contribute to the Care of the Elderly Tutorials and Mortality Meetings Develop core medical and acute medical procedure skills</p>
Clinical Supervisor(s) <i>This may be subject to change</i>	Dr Stefano Berliti
Typical working pattern in the placement	Daily Ward Round

e.g ward round, clinics, theatre	<p>Mon: Ward round, MDT meeting, Grand Round 1230 – 1400 then ward Work</p> <p>Tues: Ward round, MDT meeting, Teaching in Care of Elderly Journal Club 1230 – 1400 then Ward Work</p> <p>Wed: Ward round, MDT meeting, 1.00-1400 FY2 Core Teaching then Ward Work</p> <p>Thurs: Ward Round, MDT meeting then Ward Work</p> <p>Fri: Ward Round, MDT meeting then Ward Work</p>
For further information, please contact the Local Education Provider (LEP) administrative contact	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	Gastroenterology - General (Internal) Medicine (EDGH)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)</p> <p>Other: Educational Session 0845-0930 at the DGH on Thursday mornings. It is expected that the FY2 attends at least 1-2 clinics during their GI placement Journal Club Thursdays 1.00 - 2.00 pm (Conquest) X-Ray Meeting Wednesdays 1.00 - 2.00 pm and Thursdays 9.00 - 10.00 am (Conquest) Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.</p>
Main duties and further information about the placement	<p>The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will be expected to attend outpatient clinics and endoscopy sessions to experience some of the secondary care procedures and clinical cases that we deal with. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>The overall educational objectives of the F2 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers
Clinical Supervisor(s) <i>subject to change</i>	Dr D Neal Dr A Jeevagan
Typical working pattern in the placement e.g ward round, clinics, theatre	<p>Mon: AM Ward Round, ward work 1230 – 1400 Grand Round</p> <p>Tues: AM Ward Round, ward work</p> <p>Wed: AM Ward Round, ward work 1230 – 1330 Gastro/surgical teaching every Wednesday lunchtime 1300 – 1400 F2 Teaching every Wednesday lunchtime MDT Meeting</p>

	<p>Thurs: AM Ward Round, ward work Fri: AM Ward Round, ward work</p> <p><i>On call requirements:</i> as per rota Educational experience available: ERCP Monday morning Multiple Consultant clinics available through the week</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	Hematology (EDGH)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm) and on Thursday at Conquest, 2-3pm. (FY2s will attend the site nearest to them) Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.
Main duties and further information about the placement	The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will be expected to attend outpatient clinics to experience some of the secondary care procedures and clinical cases that we deal with. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. The overall educational objectives of the F2 year are: Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers
Clinical Supervisor(s) <i>subject to change</i>	Dr J Newman Dr A Elzein
Typical working pattern in the placement e.g ward round, clinics, theatre	Mon: Ward Round, ward work, Day Unit Support AM / PM 1230 – 1400 Grand Round Tues: Ward Round, ward work, Day Unit Support AM / PM Wed: Ward Round, ward work, Day Unit Support AM / PM 1300 – 1400 F2 Core Teaching every Wednesday lunchtime Thurs: Ward Round, ward work, Day Unit Support AM / PM Fri: Ward Round, ward work, Day Unit Support AM / PM <i>On call requirements:</i> as per rota Educational experience available: Availability of clinic time on an ad hoc basis.
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

It is important to note that this description is a typical example of the placement and may be subject to change

Specialty	Ophthalmology (EDGH)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)</p> <p>Other: Mondays (8.00 - 9.00 am) (PG) - Curriculum-based teaching & Journal Club (Conquest) Thursdays (1.00 - 2.00 pm) (PTG) - Problem-based learning session (Conquest) Fridays (pm) - Postgraduate teaching session at Sussex Eye Hospital, Brighton Regional Training Days (EDGH & Conquest)</p> <p>Audit meetings (EDGH & Conquest)</p> <p>Wednesdays (1.00 - 2.00 pm) - Departmental teaching</p> <p>Tuesdays (8.15 - 9.00 am) Medical Retina & Fluorescein Angiography (EDGH) Tuesdays (1.00 - 2.00 pm) - Journal Club (EDGH)</p> <p>Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.</p>
Main duties and further information about the placement	<p>Outpatients, theatre, Minor ops and intravitreal injections, Eye casualty, fluorescein angiography pre-assessment and management of inpatients.</p> <p>The F2 doctor is responsible for day-to-day management of any inpatients and liaising with consultant on call. They will mainly be attending clinics and learning to take history and examine patients with slit lamp. Usually by the end of the first month, we encourage the FY2 doctor to be examining patients and taking history on their own but of course supervised. They also have the opportunity to attend minor operations theatre and injection clinics. We have a detailed and structured teaching programme outlined below which they are expected to attend. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>Finally, we always have plenty of research and audit projects that we encourage our juniors to be involved in and few have managed to present and publish in the past.</p>

	<p>The overall educational objectives of the F2 year are: Take a history and examine a patient Learn slit lamp examination and fundi check with volk lens Identify and solve problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Take part in audit sand research Become life-long learners and teachers</p>
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>Mr M Wearne</p>
<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>Mon: Oculoplastic OPD IMW AM, Bexhill AMD clinic SK PM 1230-1400 Grand Round Tues: Theatre minor operations Mr Saldana, FFA and eye casualty PM Wed: Clinic Mr Saldana AM 1300-1400 F2 Core Mandatory Teaching Acute AMD fast track clinic SK PM Thurs: Clinic Glaucoma JHMC Eye casualty PM Fri: Clinic IMW General Brighton teaching PM Sat: Off Sun: Off</p> <p><i>On call requirements: N/A</i></p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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Specialty	Palliative Care – St Wilfrid’s Hospice
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	St Wilfrid’s Hospice, 1 Broadwater Way, Eastbourne
Type of work to expect and learning opportunities	<p>This post is primarily based on the inpatient unit of the hospice. There will be the opportunity to work with the Hospital-based Supportive and Palliative Care Team and may be some exposure to community palliative care.</p> <p>Learning Opportunities Grand Round: Mondays (1.00 - 2.00 pm) at EDGH Tuesdays (1.00 - 2.00 pm) at Conquest (link via MS Teams)</p> <p>Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm).</p> <p>Other: Weekly Palliative Care Tutorials for doctors in training shared with St Michael’s Hospice (delivered via MS Teams).</p> <p>There is a joint doctors meeting between four Hospices in East Sussex quarterly which the FY1 doctor may get an opportunity to attend.</p> <p>Other multi-professional training events throughout year.</p> <p>Hospice and ESHT Schwartz rounds which F1 doctors are actively encouraged to attend (attendance certificate for portfolio available).</p> <p>Self-development time - FY2 doctors have two hours per week of nonclinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.</p>
Main duties and further information about the placement	<p>Twice weekly consultant led multi-disciplinary ward round.</p> <p>Daily ward duties (admitting patients, assessing symptoms and updating management plans and actively being involved in communication with patients, families and professionals). Supervision available at all times.</p> <p>The FY2 doctor is responsible with other members of clinical staff for the in-patient care of patients and communication of care including the maintenance of the patient’s electronic record and communicating with external professionals where indicated.</p> <p>There will be opportunity to work with the consultants or specialty doctors in outpatients’ clinics or in patient’s homes depending on individual development needs. There are many learning opportunities in this post both informally and formally and there is an expectation that the trainee attends all FY2 teaching at Eastbourne DGH as cover is arranged.</p> <p>The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p>

	<p>Specific learning opportunities include managing symptoms e.g. nausea, vomiting, pain, breathlessness and anxiety. Assessing and managing non-physical aspects of illness – psycho-social and spiritual. Improved communication skills e.g., breaking bad news. Working within multi-professional team. Opportunities to develop skills in advance care planning with patients.</p> <p>The overall educational objectives of the F2 year are: Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers</p> <p>The clinical supervisors are happy to explore specific objectives based on individual trainee’s needs.</p> <p>A total of 2 hours per week personal development time will be incorporated into the trainee’s timetable following discussion with each individual. There may be flexibility on when this can be taken (e.g., 2hrs each week, or 4hrs each fortnight) depending on the individual needs of the trainee. The Hospice as a voluntary organisation uses volunteers including a young clinical volunteer programme aimed at pre university young people looking for experience, the FY2 can take an active role in the support and mentoring of this group if of interest to the FY2.</p> <p>For more information about St Wilfrid’s Hospice please see https://www.stwhospice.org/</p>
<p>Clinical Supervisor(s) <i>This may be subject to change</i></p>	<p>Dr Louise Free Dr David Barclay Dr Charlotte Harrison Dr David Matthews Dr Farida Malik Dr Geoff Wells</p>
<p>Typical working pattern in the placement e.g ward round, clinics, theatre</p>	<p>Mon: am/pm Ward duties with FY1 (patient reviews, admissions etc.) 1300 -1400 Palliative Care Trainee Tutorial or Grand Round (via Teams) Tues: AM Formal MDT Ward Round. PM 1400-1500 IPU MDT meeting, followed by ward duties Wed: AM Shadow EDGH Supportive & Palliative Care Team* or hospice ward work (depending on experience/staffing) PM – 1300-1400 FY2 core teaching followed by personal development time / quality improvement / hospital palliative care Outpatient Clinic or return to hospice IPU. Thurs: am Formal MDT Ward Round pm Ward duties with FY2 (patient reviews, admissions etc.) Fri: am/pm Ward duties with Speciality Doctor (patient reviews, admissions etc.)</p>

	<p>* Hospital sessions will be allocated as the SPCT can accommodate and days may vary when there are 2 x FY2s in post.</p> <p>Zero days are allocated both pre and post weekend on-calls (can be adapted to suit individual preferences).</p> <p><i>On call requirements:</i> 1 night a week non-resident on call (low intensity). 1 weekend in 4 (4 weekends on call in any four-month rotation), this is a non-resident on call from Friday 1700 to Monday 0830. Expected attendance on both Saturday and Sunday to review inpatients +/- admit patients to unit.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

It is important to note that this description is a typical example of the placement and may be subject to change

Specialty	General Psychiatry – Sussex Partnership
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	St Mary's House, Eastbourne BN21 3UU Working Age Mental Health Services
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH and every Thursday, 2.00 – 3.00 pm at the Conquest Hospital (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year</p> <p>SPT Wednesday Academic Programme – Foundation doctors are expected to present a case or critical appraisal to at least one meeting in their rotation' in Psychiatry.</p> <p>Self-development time - FY2 doctors should have two hours per week of nonclinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.</p>
Main duties and further information about the placement	<p>This is a FY2 community post based at St Marys House in Eastbourne BN21 3UU. This post will involve providing medical input to the team under the supervision of the Consultant Psychiatrist. There is a general expectation for the trainee to attend some of the Consultant's clinics at St Mary's House. The post holder will also be on a full shift rota with out-of-hour coverage of either the psychiatric needs arising on the Eastbourne District General Hospital, including the Department of Psychiatry, or The Conquest Hospital including Woodlands center for Acute Care. Out-of-hours support is provided by Senior Nurse Practitioners and Consultants on both sites as well as a middle grade tier in Eastbourne.</p> <p>The trainee will work within multidisciplinary teams consisting of a Consultant Psychiatrist (Dr Baginski), a nursing team, Community Psychiatric Nurses, Social Workers, Occupational Therapists and supporting staff including admin. The post therefore offers excellent opportunities to gain experience working in a multidisciplinary setting with colleagues from a number of different professional backgrounds.</p>
Clinical Supervisor(s) or Educational <i>This may be subject to change</i>	Dr G Baginski

Typical working pattern in the placement
e.g ward round, clinics, theatre

	Monday	Tuesday	Wednesday	Thursday	Friday
a.m.	TBA or special interest	Emergency clinic	Community meeting	Emergency clinic/Admin	Home Visits/ clinic

		Shadowing consultant	Supervision		Shadowing consultant
p.m.	Triage meeting Emergency Clinic Shadowing consultant	Out-patient Shadowing consultant	Academic Teaching	FY2 Core Teaching	Home Visits/ clinic Shadowing consultant

All trainees are required to present to the academic teaching on Wednesdays through presenting cases and research as per rota, which would be provided.
Trainees will be expected to attend Foundation Year training unless they are presenting on the day to the psychiatric programme.
Weekly supervision will be provided.
Arrangements can be made for further special interest activity with the agreement of the clinical supervisor.

The post holder will also be on a full shift rota with out of hours coverage of either the psychiatric needs arising on the Eastbourne District General Hospital, including the Department of Psychiatry, or The Conquest Hospital including Woodlands centre for Acute Care. Out of hours support is provided by Senior Nurse Practitioners and Consultants on both sites as well as a middle grade tier in Eastbourne.

TRANSPORT IS NOT ESSENTIAL FOR DAY-TIME DUTIES.

This post requires trainees to participate in an on call rota between Hastings and Eastbourne so having your own transport is essential.

All FY2s in Psychiatry placements can spend a day per week in the A&E department at the Conquest Hospital or half day at the EDGH or block in ITU. This is optional.

For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/
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****It is important to note that this description is a typical example of the placement and may be subject to change****

Specialty	Public Health (Lewes)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	East Sussex County Council County Hall, Lewes (mostly remote working – 1 day per week required to be in County Hall for team meetings, other days optional and dependent on other in-person meetings).
Type of work to expect and learning opportunities	Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them) Other: Protected teaching at EDGH for FY1/2 and CMT doctors
Main duties and further information about the placement	During the placement FY2 doctors will gain experience across the three key domains of public health (health improvement, health protection and healthcare public health). The type of work carried out by the FY2 doctor will vary depending on time of year, workloads and programme timetables, as well as the individual interests of the FY2 doctors. Examples of types of work include the following, although this list is not exhaustive: Audit, including equity audit Literature and evidence reviews Evaluations One-off project work as part of wider public health programmes Presentation, teaching and training Work to address inequalities in health, health improvement and health protection. They will have the opportunity to work with consultants, health improvement specialists, public health intelligence specialists and other health and social care commissioners from a range of organisations. Represent public health on multi-agency groups and meetings relating to all areas of public health: health protection, health improvement and health services; undertake audits, evidence reviews and report writing. Liaise with primary and secondary care services on areas such as infection control. May include work on mental health, children's services and disease areas such as cancer. There may be opportunities to attend community clinics. The placement will include a minimum of two hours per week of Self Development Time. This will include meetings with the Clinical Supervisor, shared learning sessions with the Speciality Trainee/s in Public Health, time for learning reflection, time to develop an informal teaching session for a Lunch and Learn to deliver to the Public Health team (towards the end of the placement), reflective time and time to complete the required assessments, provision of study time for exams (as required) and time for exploring career opportunities. Due to Public Health work being largely desk-based and mostly remote, this placement will suit proactive, motivated individuals, who are used

	to working independently on projects. Support from Consultants and other colleagues is however easily accessible.
Clinical Supervisor(s) <i>This may be subject to change</i>	Rob.tolfree@eastsussex.gov.uk
Typical working pattern in the placement e.g ward round, clinics, theatre	<p>The teamwork in a hybrid way between working at home and the office in Lewes. It is expected that the FY2 doctor will attend the office once a week, for team meetings or other in-person meetings.</p> <p>Typical working is in the public health department undertaking desk-based research and analysis, out in settings doing data collection, and attending and contributing to multi-disciplinary meetings in a range of settings (or more likely on Microsoft Teams). Project partners include NHS Sussex, other ESCC departments, Office for Health Improvement and Disparities (OHID), UK Health Security Agency (UKHSA), other health, social care and community and voluntary sector partners. The primary base is County Hall, Lewes and hours are 09.00-17.00 apart from Wednesdays, which will be based at Eastbourne District General Hospital.</p> <p>Mon: 0900 – 1700 Tues: 09.00 – 1700 Wed: 09.00 – 1700 1300 - 1400 or 1400-1700 FY2 Core Teaching EDGH and Half Day Attachment (PM) Thurs: 0900 – 1700 Fri: 0900 – 1700</p> <p><i>On call requirements: No out of hours.</i></p>
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

****It is important to note that this description is a typical example of the placement and may be subject to change****

Specialty	Urology (EDGH)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	<p>Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)</p> <p>Other: Departmental half teaching days Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.</p>
Main duties and further information about the placement	<p>The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>The overall educational objectives of the F2 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence-based guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers
Clinical Supervisor(s) <i>This may be subject to change</i>	Mr M Abdulnabi Mr S Mackie Miss S Tang
Typical working pattern in the placement e.g ward round, clinics, theatre	<p>Generally, ward round and looking after inpatients. One training session per week, either a morning or afternoon.</p> <p>There are frequent ad hoc teaching sessions arranged in addition to board round teaching at morning handover. There are full afternoon sessions of whole department teaching once every 2 months, and Clinical Governance once every 2 months.</p>

	<p>Hospital at Night Rota is currently 1:10 but may change in the near future. Shifts include: Standard Day – 08:00 – 17:00 (own Speciality) Evening Shift – 12.30 – 20.30 (on call from 1630) Long Day – 08.00 – 20.30 (on call from 1630) Night Shift – 20.00 – 08.30 (Surgical) Out of hours cover is a shift pattern and is shared workload between the resident doctors on call. Specialties the hospital at night team cover are Urology, ENT, Breast, General Surgery and Gynaecology. The Consultant & Registrars for all of the above specialties are non-resident on call.</p>
<p>For further information, please contact the Local Education Provider (LEP) administrative contact</p>	<p>Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</p>

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