

Kent, Surrey and Sussex Foundation School Foundation Priority Programmes

Prospectus

Programmes Commencing August 2025

Kent, Surrey and Sussex Foundation School (KSS)

Foundation Priority Programmes (FPP)

Introduction

Foundation Priority Programmes (FPP) have been developed to support specific areas of the UK that have historically found it difficult to attract and retain doctors in training through the foundation and specialty recruitment processes. The main aim is to maximise the opportunity for applicants who wish to be located to less popular areas and therefore improve supply for specialty training and beyond.

The programmes are advertised and allocated before the main recruitment round, offering applicants more certainty of their geographic location.

Within KSS, there are 30 -2-year FPPs based in five trusts:

- 3 Dartford and Gravesham NHS Trust - [Dartford and Gravesham Prospectus - Working across Kent, Surrey and Sussex \(hee.nhs.uk\)](#)
- 12 East Kent NHS Foundation Trust - [Working across Kent, Surrey and Sussex \(hee.nhs.uk\)](#)
- 6 East Sussex NHS Foundation Trust - [East Sussex Healthcare NHS Trust - Working across Kent, Surrey and Sussex \(hee.nhs.uk\)](#)
- 3 Maidstone and Tunbridge Wells- [Working across Kent, Surrey and Sussex \(hee.nhs.uk\)](#)
- 6 Medway Maritime Trust - [Medway Prospectus - Working across Kent, Surrey and Sussex \(hee.nhs.uk\)](#)

These rotations provide an additional educational opportunity within the Enhance Explore experience depending on the geographical opportunities and your area of interest. Enhance Explore is a new exciting multi-professional post-graduate medical education offering from NHS England that aligns with the Foundation Curriculum. It aims to improve generalist skills in all healthcare professionals.

Completed and included over the foundation 2-year programme, it is an extended contextual experience which helps you to understand aspects of non-clinical factors that affect people's health, for example inequality and climate change. It also aims to give you the skills to navigate our rapidly changing healthcare system. The Trusts and programmes are described in more detail below.

All the FPPs will offer the same high quality Foundation Training and support that the other Foundation Doctors receive however in addition the Foundation School and these Trusts will support 6 extra REGIONAL education training days for these FPPs outside of regular foundation curriculum teaching. The FY2 Offer includes a discretionary Course or conference (1 per rotation in FY1 and 3 flexible days in FY2).

An example of a day's teaching is given below:

Introduction to Enhance Explore
QI methodology

Guide to assessment for Enhance Explore
Wellbeing introduction and "show and tell"

Reflective practice – team game
Introduction to the MDT Guest Speakers
Plan for Explore project/leadership – group session

The 6 modules which cover the Enhance 'Curriculum' should be completed within the 2 hours a week Self Development Time allocated throughout Foundation Training. Your Educational Supervisor will support you throughout your experience supported by both your Foundation Programme Directors and Enhance Leads. We expect that you will be able to produce a high quality QIP or Audit which can be presented at Regional or National Foundation or Enhance conferences in the latter part of your training. This and, after successful completion of the programme, an award of a conceptual 'Leadership Certificate' will contribute positively towards Specialty Training applications in the Future.

Additional information on KSS Foundation and Enhance experience is on our website:

[KSS Foundation - Working across Kent, Surrey and Sussex \(hee.nhs.uk\)](https://www.hee.nhs.uk/kss-foundation)

[ENHANCING GENERALIST SKILLS – Working across Kent, Surrey and Sussex \(hee.nhs.uk\)](https://www.hee.nhs.uk/enhancing-generalist-skills)

A list of indicative 2025 FPP programmes can be viewed [here](#).

2025 Enhance placement Job descriptions can be viewed [here](#).

Job descriptions relating to all other placements can be found here: <https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/>

| Programme Preference | F1: Employer/ Trust | F1 P1: Specialty | F1 P2: Specialty | F1 P3: Specialty | F2 Employer/Trust | F2 P1: Specialty | F2 P2: Specialty | F1 P3: Specialty |
|----------------------|---|---|---|---|--|---|---|---|
| 25/KSS/RN707/F1/035P | DARTFORD (Darent Valley) | Gastroenterology | Acute Internal Medicine | Urology | DARTFORD (Darent Valley) | Paediatrics | Medical Education (Enhance) | General Psychiatry (Community) |
| 25/KSS/RN707/F1/036P | DARTFORD (Darent Valley) | Urology | Gastroenterology | Acute Internal Medicine | DARTFORD (Darent Valley) | General Psychiatry (Community) | Paediatrics | Medical Education (Enhance) |
| 25/KSS/RN707/F1/037P | DARTFORD (Darent Valley) | Acute Internal Medicine | Urology | Gastroenterology | DARTFORD (Darent Valley) | Medical Education (Enhance) | General Psychiatry (Community) | Paediatrics |
| 25/KSS/RVV01/F1/024P | EAST KENT (KMPT, William Harvey, Kent & Canterbury) | General Psychiatry (Community) | Gastroenterology | Stroke Medicine | EAST KENT (Kent & Canterbury) | Vascular Surgery | Renal Medicine | General Practice (Enhance) |
| 25/KSS/RVV01/F1/027P | EAST KENT (William Harvey, William Harvey, Kent & Canterbury) | Emergency Medicine | General Surgery | Geriatric Medicine (POPS) | EAST KENT (William Harvey) | Medical Education (Enhance) | Otolaryngology | General Psychiatry (Community) |
| 25/KSS/RVV01/F1/028P | EAST KENT (William Harvey, Kent & Canterbury, William Harvey) | General Surgery | Geriatric Medicine (POPS) | Emergency Medicine | EAST KENT (William Harvey) | Otolaryngology | General Psychiatry (Community) | Medical Education (Enhance) |
| 25/KSS/RVV09/F1/003P | EAST KENT (Queen Elizabeth) | Intensive Care Medicine | Gastroenterology | General Surgery | EAST KENT (Queen Elizabeth) | General Practice (Enhance) | Paediatrics | Emergency Medicine |
| 25/KSS/RVV09/F1/006P | EAST KENT (Queen Elizabeth) | Geriatric Medicine | Rheumatology | General Surgery | EAST KENT (William Harvey) | Cardiology | Public Health Medicine (Enhance) | Obstetrics & Gynaecology |
| 25/KSS/RVV09/F1/015P | EAST KENT (Queen Elizabeth) | Geriatric Medicine | Cardiology | General Surgery | EAST KENT (Kent & Canterbury) | Vascular Surgery | General Practice (Enhance) | Intensive Care Medicine |
| 25/KSS/RVV09/F1/024P | EAST KENT (Kent & Canterbury, Queen Elizabeth, Queen Elizabeth) | Urology | Acute Internal Medicine | General (Internal) Medicine (Endo & Diabetes) | EAST KENT (William Harvey) | Public Health Medicine (Enhance) | Obstetrics & Gynaecology | Cardiology |
| 25/KSS/RVV09/F1/029P | EAST KENT (Queen Elizabeth) | Acute Internal Medicine | General Surgery | Gynaecological Oncology | EAST KENT (Queen Elizabeth) | Medical Education (Enhance) | Paediatrics | General Psychiatry (Community) |
| 25/KSS/RVV09/F1/030P | EAST KENT (Queen Elizabeth) | Gynaecological Oncology | Acute Internal Medicine | General Surgery | EAST KENT (Queen Elizabeth) | General Psychiatry (Community) | Medical Education (Enhance) | Paediatrics |
| 25/KSS/RVV09/F1/031P | EAST KENT (Queen Elizabeth) | General Surgery | Gynaecological Oncology | Acute Internal Medicine | EAST KENT (Queen Elizabeth) | Paediatrics | General Psychiatry (Community) | Medical Education (Enhance) |
| 25/KSS/RVVKC/F1/006P | EAST KENT (Kent & Canterbury, Kent & Canterbury, Queen Elizabeth) | Anaesthetics | Urology | Acute Internal Medicine | EAST KENT (William Harvey) | Obstetrics & Gynaecology | Cardiology | Public Health Medicine (Enhance) |
| 25/KSS/RVVKC/F1/019P | EAST KENT (Kent & Canterbury, William Harvey, William Harvey) | Geriatric Medicine (POPS) | Emergency Medicine | General Surgery | EAST KENT (William Harvey) | General Psychiatry (Community) | Medical Education (Enhance) | Otolaryngology |
| 25/KSS/RXC01/F1/001P | EAST SUSSEX (Conquest) | General Surgery | Acute Internal Medicine | Geriatric Medicine | EAST SUSSEX (Conquest, Eastbourne General, Eastbourne General) | Paediatrics | Public Health Medicine (Enhance Explore) | Emergency Medicine |
| 25/KSS/RXC01/F1/011P | EAST SUSSEX (Conquest) | General Surgery | Geriatric Medicine | Gastroenterology | EAST SUSSEX (Eastbourne General, Conquest, Eastbourne General) | Emergency Medicine | Paediatrics | Public Health Medicine (Enhance Explore) |
| 25/KSS/RXC01/F1/023P | EAST SUSSEX (Conquest) | Geriatric Medicine | Paediatrics | Acute Internal Medicine | EAST SUSSEX (Eastbourne General) | Public Health (Community, Enhance Explore) | Emergency Medicine | Urology |
| 25/KSS/RXC02/F1/002P | EAST SUSSEX (Conquest) | Acute Internal Medicine | General Surgery | Geriatric Medicine | EAST SUSSEX (Royal Sussex, Eastbourne, Conquest) | Public Health Medicine (Enhance Explore) | Emergency Medicine | Paediatrics |
| 25/KSS/RXC02/F1/008P | EAST SUSSEX (Eastbourne General, Eastbourne General, Conquest) | General (Internal) Medicine (Endo & Diabetes) | Geriatric Medicine | General Surgery | EAST SUSSEX (Eastbourne General) | Emergency Medicine | Urology | Public Health Medicine (Community, Enhance Explore) |
| 25/KSS/RXC02/F1/016P | EAST SUSSEX (Eastbourne General, Eastbourne General, Conquest) | Geriatric Medicine | Stroke Medicine | General Surgery (Breast) | EAST SUSSEX (Eastbourne General) | Urology | Public Health Medicine (Enhance Explore) | Emergency Medicine |
| 25/KSS/RWF03/F1/036P | MAIDSTONE & TUNBRIDGE WELLS NHS TRUST (Maidstone) | General (Internal) Medicine (Cardiology) | Urology | General (Internal) Medicine (Gen Pathology) | MAIDSTONE & TUNBRIDGE WELLS NHS TRUST (Maidstone) | Public Health Medicine (Enhance Explore) | Haematology | Stroke Medicine |
| 25/KSS/RWF03/F1/037P | MAIDSTONE & TUNBRIDGE WELLS NHS TRUST (Maidstone) | General (Internal) Medicine (Gen Pathology) | General (Internal) Medicine (Cardiology) | Urology | MAIDSTONE & TUNBRIDGE WELLS NHS TRUST (Maidstone) | Stroke Medicine | Public Health Medicine (Enhance Explore) | Haematology |
| 25/KSS/RWF03/F1/038P | MAIDSTONE & TUNBRIDGE WELLS NHS TRUST (Maidstone) | Urology | General (Internal) Medicine (Gen Pathology) | General (Internal) Medicine (Cardiology) | MAIDSTONE & TUNBRIDGE WELLS NHS TRUST (Maidstone) | Haematology | Stroke Medicine | Public Health Medicine (Enhance Explore) |
| 25/KSS/RPA02/F1/008P | MEDWAY NHS FOUNDATION TRUST (Medway) | Geriatric Medicine | Urology | Intensive Care Medicine | MEDWAY NHS FOUNDATION TRUST (Medway) | Geriatric Medicine (Frailty, Enhance Explore) | Obstetrics & Gynaecology | General Surgery |
| 25/KSS/RPA02/F1/012P | MEDWAY NHS FOUNDATION TRUST (KMPT, Medway, Medway) | General Psychiatry (Community) | General (Internal) Medicine (Endo & Diabetes) | General Surgery | MEDWAY NHS FOUNDATION TRUST (Medway) | Urology | Emergency Medicine | Geriatric Medicine (Frailty, Enhance Explore) |
| 25/KSS/RPA02/F1/028P | MEDWAY NHS FOUNDATION TRUST (Medway) | Haematology | General Surgery | General (Internal) Medicine (Gastro) | MEDWAY NHS FOUNDATION TRUST (Medway) | Geriatric Medicine (Frailty, Enhance Explore) | Obstetrics & Gynaecology | Otolaryngology |
| 25/KSS/RPA02/F1/045P | MEDWAY NHS FOUNDATION TRUST (Medway) | General Surgery | General (Internal) Medicine (Gastro) | General (Internal) Medicine (Endo & Diabetes) | MEDWAY NHS FOUNDATION TRUST (Medway) | Obstetrics & Gynaecology | Otolaryngology | Geriatric Medicine (Frailty, Enhance Explore) |
| 25/KSS/RPA02/F1/046P | MEDWAY NHS FOUNDATION TRUST (Medway) | General (Internal) Medicine (Gastro) | Geriatric Medicine | Urology | MEDWAY NHS FOUNDATION TRUST (Medway) | Emergency Medicine | Geriatric Medicine (Frailty, Enhance Explore) | Paediatrics |
| 25/KSS/RPA02/F1/049P | MEDWAY NHS FOUNDATION TRUST (Medway) | General (Internal) Medicine (Cardiology) | Paediatrics (Neonates) | Emergency Medicine | MEDWAY NHS FOUNDATION TRUST (Medway) | General Surgery | Geriatric Medicine (Frailty, Enhance Explore) | Obstetrics & Gynaecology |