

## **KSS Foundation School**

## **East Sussex Healthcare NHS Trust Job Description's**

## Contents

AAU & Gastroenterology	3
AAU & Respiratory - General (Internal) Medicine	5
AAU	7
AMU/UTC	9
General Surgery - Breast Surgery	11
Conquest Breast Surgery F1Timetable pattern (excluding GS on-call & SAU days)	12
Cardiology - (Cardio-vascular Disease)	14
Diabetes & Endocrinology - General (Internal) Medicine	16
ENT - Otolaryngology	18
Gastroenterology & AAU	20
Gastroenterology - General (Internal) Medicine	22
General Surgery	24
Geriatric Medicine	26
Geriatric Medicine/ Frailty - General (Internal) Medicine	28
Gastroenterology (Conquest)	30
Hematology	32
Intensive Care Unit (ICU)	34
OthoGeriatrics	36
Paediatrics	38
Palliative Care	40
Palliative Care	42
Psychiatry	45
Radiology	47
Respiratory & AAU - General (Internal) Medicine	48
Respiratory - General (Internal) Medicine	50
Rheumatology - General (Internal) Medicine	53
Stroke Medicine	55
Trauma and Orthopaedics	57
Urology	59
Cardiology	61
Emergency Medicine (Conquest)	64
Emergency Medicine	67



ENT - Otolaryngology	69
General Practice	71
General Surgery	73
Geriatric Medicine (Conquest Hospital)	76
Geriatric Medicine - General (Internal) Medicine	79
Gastroenterology (Conquest)	81
Gastroenterology - General (Internal) Medicine	84
AMU - GIM	86
GIM/Respiratory (Conquest)	88
Hematology	91
Intensive Care Unit (ICU) (Conquest)	93
Obstetrics & Gynaecology	96
Ophthalmology	99
Paediatrics	101
Palliative Care – St Wilfrid's Hospice	103
Palliative Care – St Wilfrid's Hospice	106
General Psychiatry – Sussex Partnership NHS Foundation Trust	109
General Psychiatry – Sussex Partnership	111
Psychiatry – Sussex Partnership	113
Public Health (Lewes)	115
Trauma and Orthopaedics	117
Urology	119



Specialty	AAU & Gastroenterology					
Grade	F1					
	East Sussex Healthcare NHS Trust					
Trust Site name and address	Conquest Hospital					
Site fiame and address	The Ridge, St Leonards-on-Sea,					
	East Sussex TN37 7RD					
Type of work to expect	Grand Round:					
and learning	Mondays (1.00 - 2.00 pm) at EDGH via Microsoft Teams					
opportunities	Tuesdays (1.00 - 2.00 pm) at Conquest via Microsoft Teams					
	Foundation Programme Core Topics:					
	FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00					
	- 5.00 pm)					
	FY1 Wednesdays (1.00 - 2.00 pm) at Conquest					
	Wednesday 830-900 Cross-site Gastro Junior Dr Gastro Teaching (via					
	Microsoft Teams)					
	, and the second					
	Other:					
	Leadership Programme - 4 - 5 half-day courses over the year					
	IBD MDM Thursdays 1.00 - 2.00 pm (Conquest)					
	AAU/SDEC Departmental teaching 13:30 Monday (SDEC)					
	Endoscopy lists (as observer) – timing variable (pls check with					
	endoscopy coordinator)					
	Attendance at telephone clinic					
	FY1 doctors should have two hours per week of non-clinical professional					
	self-development time. This will include time for activities such as					
	working on E portfolio, meeting with supervisors and developing skills in					
	teaching and QI/audit.					
Main duties and	Daily ward rounds in Acute Admission Unit (AAU)/ Same Day Emergency					
further information	Care (SDEC), daily ambulatory clinics, clinical teaching on the ward					
about the placement	Ward-based clinical experience, ambulatory clinics, FY1 teaching, Grand					
•						
	Rounds, observation of procedures, observation of endoscopy lists,					
	gastro and acute medicine specific teaching sessions.					
	The overall educational objectives of the F1 year are:					
	Take a history and examine a patient					
	Identify and prioritise problems					
	Prescribe safely					
	Keep an accurate and relevant medical record					
	Manage time and clinical priorities effectively					
	Communicate effectively with patients, relative and colleagues					
	Use evidence-based guidelines and audit to benefit patient care					
	Act in a professional manner at all times					
	Cope with ethical and legal issues which occur during the management					
	of patients with general medical problems					



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	Educate patients effectively				
	Become life-long learners and teachers				
Clinical Supervisor(s) This may be subject to change	Dr Fong Dr Zubir Dr Tila Muhammad Dr F Cuison Dr S Berliti				
	Dr V Clarke Dr Nakos				
Typical working pattern in the placement e.g ward round, clinics, theatre	Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions  Daily/weekly/monthly (if applicable)  Mon: ward round, Departmental teaching  Tues: ward round, Grand Round  Wed: gastro teaching, ward round, MDM, FY1 teaching  Thurs: MDM, ward round, clinic  Fri: ward round,  Sat: off  Sun: off  On call requirements: 1 in 9  Please note that this post will include 2 months working in the Acute  Assessment Unit (AAU) — see separate post description for AAU.				
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- <a href="https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/">https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/</a> <a href="https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/">https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</a>				

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	AAU & Respiratory - General (Internal) Medicine				
Grade	F1				
Trust	East Sussex Healthcare NHS Trust				
Site name and address	Conquest Hospital, The Ridge, St. Leonards-On-Sea TN37 7RD				
Type of work to expect and learning opportunities	Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 p				
	Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)				
	Other: Leadership Programme - 4 - 5 half-day courses over the year Chest team departmental weekly teaching – Thursday 1300 – 1400				
	Simulation Training  FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on E portfolio, meeting with supervisors and developing skills in teaching and QI/audit.				
Main duties and further	Baird ward is a Respiratory and General medical Ward. There are 28				
information about the	patients in total, shared between 2 ward-based teams, both led by				
placement	Consultant Respiratory Physicians. There is daily Consultant presence				
	on the ward. In the light of COVID pandemic a ward reconfiguration				
	to accommodate COVID and Non- COVID patients in in operation.				
	Daily participation in a MDT that involves input from the Hospital Intervention Team (physiotherapy/ occupational therapy) & Adult social services				
	There will be scope to undertake practical procedures such as abdominal paracentesis, chest aspiration/ drain insertion, lumbar puncture.				
	The day-to-day management of the patients on Baird ward and our buddy ward(s) under the supervision of the consultants, registrar and 2 SHO grade doctors. We very much work as a team and all members of this team are very approachable and willing to teach.  While working with us, the FY1 doctor will also be on the On call rota for evening and weekend ward cover.				
	Daily ward rounds in Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), daily ambulatory clinics, clinical teaching on the ward  Ward-based clinical experience, ambulatory clinics, FY1 teaching,				
	Grand Rounds, observation of procedures, acute medicine specific teaching sessions.				



	South Ear			
	The overall educational objectives of the F1 year are:			
	Take a history and examine a patient			
	Identify and prioritise problems			
	Prescribe safely			
	Keep an accurate and relevant medical record			
	Manage time and clinical priorities effectively			
	Communicate effectively with patients, relative and colleagues			
	Use evidence-based guidelines and audit to benefit patient care			
	Act in a professional manner at all times			
	Cope with ethical and legal issues which occur during the			
	management of patients with general medical problems			
	Educate patients effectively			
	Become life-long learners and teachers			
Clinical Supervisor(s)	Dr Nakos/ Dr Christopherson			
This may be subject to				
change				
Typical working pattern in	Typical working pattern in this post e.g. ward rounds, clinics, theatre			
the placement	sessions			
e.g ward round, clinics, theatre	Daily/weekly/monthly (if applicable)			
tileatre	Daily consultant ward rounds			
	Daily ward MDM – 1100-1145			
	Mon: Consultant ward round and ward work			
	Tues: Consultant / registrar /SHO ward round and grand round			
	Wed: X-ray meeting, Post take ward round and Registrar /			
	consultant ward round			
	Thurs: Consultant / SHO ward round and chest unit journal club			
	Fri: Consultant / Registrar ward round and ward work			
	/Departmental Teaching			
	On call requirements: 1 in 8 across Elderly and General Medicine			
	Please note that this post will include 2 months working in the Acute			
	Assessment Unit (AAU) – see separate post description for AAU			
For further information,	Link to specific trust information page on KSS website will be			
please contact the Local				
	included here- <a href="https://kss.hee.nhs.uk/kss-foundation/trust-">https://kss.hee.nhs.uk/kss-foundation/trust-</a>			
Education Provider (LEP) administrative contact	included here- https://kss.hee.nhs.uk/kss-foundation/trust- information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/			
please contact the Local	, ,			

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Speciality	AAU				
Grade	F1				
Trust	East Sussex Healthcare NHS Trust				
Site name and address	Conquest, The Ridge, St-Leonards-On-Sea, TN37 7RD				
Type of work to expect	Teaching Opportunities - Mandatory				
and learning	Grand Round:				
opportunities	Mondays (1.00 - 2.00 pm) at EDGH				
	Tuesdays (1.00 - 2.00 pm) at Conquest				
	Foundation Programme Core Topics:				
	FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00				
	- 5.00 pm)				
	FY1 Wednesdays (1.00 - 2.00 pm) at Conquest				
	Other:				
	Leadership Programme - 4 - 5 half-day courses over the year				
	Self-Development Time:				
	FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities				
	· · · · · · · · · · · · · · · · · · ·				
	such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.				
Main duties and further	Daily ward rounds in Acute Admission Unit (AAU)/ Same Day				
information about the	Emergency Care (SDEC), daily ambulatory clinics, clinical teaching on				
placement	the ward				
procession.	Ward-based clinical experience, ambulatory clinics, FY1 teaching,				
	Grand Rounds, observation of procedures, acute medicine specific				
	teaching sessions.				
	The overall educational objectives of the F1 year are:				
	Take a history and examine a patient				
	Identify and prioritise problems				
	Prescribe safely				
	Keep an accurate and relevant medical record				
	Manage time and clinical priorities effectively				
	Communicate effectively with patients, relative and colleagues				
	Use evidence-based guidelines and audit to benefit patient care				
	Act in a professional manner at all times				
	Cope with ethical and legal issues which occur during the management				
	of patients with general medical problems				
	Educate patients effectively				
	Become life-long learners and teachers				
Clinical Supervisor(s)	Dr Viktoriya Clarke/ Dr Berliti/ Dr A Islam				
This may be subject to					
change					



Typical working pattern	Your working pattern is arranged across a rota cycle of 1:9 weeks, and
in the placement	includes:
e.g ward round, clinics,	Normal days
theatre	Late shifts
	Long days
	Night shifts
	AAU Weekend shifts
	SDEC Weekend shifts
	On-call duties (Late shifts, Weekend shifts, Night shifts)
For further	Link to specific trust information page on KSS website will be included
information, please	here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/
contact the Local	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/
<b>Education Provider</b>	
(LEP) administrative	
contact	

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Consiste	ANALI/UTC				
Specialty	AMU/UTC				
Grade	F1				
Trust	East Sussex Healthcare NHS Trust				
Site name and address	EDGH, Kings Drive, Eastbourne, BN21 2UD				
Type of work to expect	Grand Round:				
and learning opportunities	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm				
	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm				
	Foundation Programme Core Topics:				
	FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month				
	2.00 - 5.00 pm)				
	FY1 Wednesdays (1.00 - 2.00 pm) at Conquest				
	Other:				
	Leadership Programme - 4 - 5 half-day courses over the year				
	Departmental meetings				
	MDTS				
	IMT Training Days				
	Simulation Training				
	Weekly Lunchtime meetings				
	TV4 de store chevild beve two bever per week of per eliminal				
	FY1 doctors should have two hours per week of non-clinical				
	professional self-development time. This will include time for				
	activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit				
Main duties and further	The F1 doctor is responsible with other staff for the ward care of				
information about the	patients and the maintenance of the patient's medical record. They				
placement	will have opportunity to work with the consultants in outpatients'				
piacement	clinics (we are currently not running clinics) for at least one day				
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	<u> </u>				
	circumstances.				
	The overall educational objectives of the F1 year are:				
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	Morbidities				
	Exposure to acute non-invasive ventilation				
	Acquire skills to perform basic core procedures (ECG, ABG, urethral				
	catheterisation, IV cannula insertion, etc)				
	The overall educational objectives of the F1 year are:  Learn to manage general medical inpatients and Improve competency with:  Take a history and examine a patient Integrate clinical information gathered formulating a well-structured list of differential diagnoses and synthesise problems Prescribe safely  Keep an accurate and relevant medical record Chronic disease management  Discharge planning in patients with multiple co-Morbidities  Bedside spirometry and lung function interpretation Exposure to acute non-invasive ventilation  Acquire skills to perform basic core procedures (ECG, ABG, urethra				



	South East
	Observe/learn procedures such as pleural
	aspirations and chest drain insertion
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues
	Use evidence, guidelines and audit to benefit patient care
	Act in a professional manner at all times
	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems
	Educate patients effectively
	Become life-long learners and teachers
Clinical Supervisor(s)	Dr J Almaraz/ Dr Elrokh
This may be subject to	
change	
Typical working pattern in	
the placement	
e.g ward round, clinics,	
theatre	
For further information,	Link to specific trust information page on KSS website will be
please contact the Local	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Education Provider (LEP)	information-pages/
administrative contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

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Specialty	Goneral Surgery Proact Surgery						
Specialty Grade	General Surgery - Breast Surgery F1						
	East Sussex Healthcare NHS Trust						
Trust							
Site name and	Conquest Hospital, The Ridge, St. Leonards-On-Sea TN37 7RD						
address	Crewd Bound						
Type of work to	Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm						
expect and learning	, , , , , , , , , , , , , , , , , , , ,						
opportunities	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm						
	Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 -						
	5.00 pm)						
	FY1 Wednesdays (1.00 - 2.00 pm) at Conquest						
	111 Wednesdays (1.00 - 2.00 pm) at conquest						
	Other:						
	Leadership Programme - 4 - 5 half-day courses over the year						
	Breast MDT Meetings – weekly, Thursdays 2-4 pm						
	Teaching for FY doctors (weekly)						
	MDT meetings (weekly)						
	Audit Meetings - quarterly						
Main duties and	Main Duties of the Placement						
further information	Ward rounds, ward duties, clerking in new admissions.						
about the	The F1 doctor is responsible with other staff for the ward care of patients						
placement	·						
•	and the maintenance of the patient's medical record.						
	The doctor will play an active part in the Breast Multi-disciplinary team,						
	working alongside the breast surgeons, breast ERAS nurse, specialist						
	nurses, pre-assessment nurses and breast radiologists. They will attend						
	the weekly Multi-disciplinary Team (MDT) meeting and participate in						
	Breast Surgery Audit and Governance meetings. They will be expected to						
	undertake at least one clinical audit or QIP project and present at						
	departmental Audit meeting and will be encouraged to submit abstracts						
	for presentation at regional and national meetings and conferences.						
	The doctor is expected to attend the structured teaching programmes						
	provided by the department.						
	There will also be the opportunity for learning and maintaining skills in						
	practical procedures such as skin suturing and seroma drainage and						
	application of vac dressings.						
	Managing post-operative complications such as haematoma and infection.						
	The overall educational objectives of the F1 year are:						
	Take a history and examine a patient						
	Identify problems and formulate a management plan						
	Prescribe safely						
	Keep an accurate and relevant medical record						
	Manage time and clinical priorities effectively						
Communicate effectively with patients, relative and colleagues							
	Use evidence, guidelines and audit to benefit patient care						



						South Ea	
	Act in a professional manner at all times						
	Cope with ethical and legal issues which occur during the management of						
	patients with palliative care needs						
	Become life-long learners and teachers						
Clinical Supervisor(s)	Ms	Ms Elizabeth Shah					
This may be subject		IVIS EIIZANEUI SIIAII					
to change							
Typical working pattern in the placement e.g ward round, clinics, theatre	Surgery: typical working pattern in this post e.g. ward rounds, in-patient care, peri-operative management of elective cases, SAU on-call commitments, theatre sessions, following rota detail to be taken into account:  Conquest Breast Surgery F1Timetable pattern (excluding GS on-call & SAU days)					n into	
		Monday	Tuesday	Wednesda	Thursday	Friday	
	con Tue The 3 w wee one On or Nig	nmitment to S esday. ere is a rolling 2 reekends durin ekday one wee ex nights call – 08:00 to hts – 20:00 to	urgery - requirir 1:10 rota og that 1:10 rota ek SAU x 4 20:30 (handove 08:30 (handove	one x3 nights er takes place a	t 08:00)	nday and s	
	The F1 doctors in General Surgery do not cover any Orthopaedic wards.						



	On call requirements – on call for wards or SAU escalating to senior on call
	team
For further	Link to specific trust information page on KSS website will be included
information, please	here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/
contact the Local	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/
<b>Education Provider</b>	
(LEP) administrative	
contact	

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	Cardiology - (Cardio-vascular Disease)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital, The Ridge, St. Leonards-On-Sea TN37 7RD
Type of work to expect and	Grand Round:
learning opportunities	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics:
	FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per
	month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest
	FT1 Wednesdays (1.00 - 2.00 pm) at Conquest
	Other:
	Leadership Programme - 4 - 5 half-day courses over the year
	MRCP Teaching
	CMT Training Days
	FY1 doctors should have two hours per week of non-clinical
	professional self-development time. This will include time for
	activities such as working on E portfolio, meeting with
	supervisors and developing skills in teaching and QI/audit.
Main duties and further information about the	The overall educational objectives of the F1 year are:
placement	Take a history and examine a patient
piacement	Identify and prioritise problems
	Prescribe safely
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues
	Use evidence-based guidelines and audit to benefit patient
	care
	Act in a professional manner at all times
	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems
	Educate patients effectively
	Become life-long learners and teachers
Clinical Supervisor(s)	Dr K Dickinson
This may be subject to change	
Typical working pattern in the	Typical working pattern in this post e.g. ward rounds, clinics,
placement	theatre sessions
e.g ward round, clinics, theatre	Daily/weekly/monthly (if applicable)
	Daily: Ward round then ward jobs
	Mon: 7.40 – 18.00
	Tues: 7.40 – 17.30
	Wed: 7.40 – 17.30 Thurs: 7.40 – 17.30
	Fri: 7.40 – 17.30
	Sat:
	Jul.



	*On call requirements: 1 in 8 (evening weekday 17.00 – 21.30,
	weekend 9.00 – 21.30)
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- <a href="https://kss.hee.nhs.uk/kss-foundation/trust-">https://kss.hee.nhs.uk/kss-foundation/trust-</a>
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	Diabetes & Endocrinology - General (Internal) Medicine
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital
(include trust name if different	Kings Drive, Eastbourne,
to employing trust)	East Sussex BN21 2UD
Type of work to expect and	Grand Round:
learning opportunities	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
	Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)
	Other: Leadership Programme - 4 - 5 half-day courses over the year
	Diabetes Team MDT – Diabetes Centre, EDGH – Tuesday 1-2pm Adrenal / Pituitary MDT – Teams, Thursday 1-2pm Parathyroid MDT – Teams, 12-1pm every 4th Friday Diabetes Foot MDT – Tuesdays 12:30pm Endocrine Case Meeting – Wednesday 12-1pm, Teams
Main duties and further	The firm works on a consultant of the week model and a
information about the	consultant is available for junior supervision.
placement	Ward Work.
	The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.  General ward work. Grand round, weekly Endocrine case meetings, weekly Diabetes case meetings, monthly Endocrine-Radiology Meetings. Alternate week adrenal/pituitary MDTs.  We would expect the doctor to attend our multidisciplinary/ clinical meetings to gain exposure to the speciality.
	The overall educational objectives of the F1 year are:  Take a history and examine a patient Identify and synthesise problems Prescribe safely
	Keep an accurate and relevant medical record  Manage time and clinical priorities effectively  Communicate effectively with patients, relative and colleagues  Use evidence, guidelines and audit to benefit patient care



Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers Foundation doctors are invited to attend clinics, if staffing of inpatients allows  Clinical Supervisor(s) This may be subject to change Typical working pattern in the placement e.g ward round, clinics, theatre  Mon: AM Daily Ward Round PM Ward work 12.30-1400 Grand round Tues: AM Daily Ward Round PM Ward work 1300-1400 F2 teaching Wed: AM Daily Ward Round PM Ward work Thurs: AM Daily Ward Round PM Ward work Thurs: AM Daily Ward Round PM Ward work Fri: AM Daily Ward Round PM Ward work Sat: When on call if 1st on then Sun: clerk patients. If 2nd on then ward cover On call requirements: One in 5 weekends, 1st on call every week 1 day 2nd on call every week Torvider (LEP) administrative contact  https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/		South Ea
management of patients with general medical problems Educate patients effectively Become life-long learners and teachers Foundation doctors are invited to attend clinics, if staffing of inpatients allows  Clinical Supervisor(s) This may be subject to change  Typical working pattern in the placement e.g ward round, clinics, theatre  Wester and Daily Ward Round PM Ward work 12.30-1400 Grand round  Tues: AM Daily Ward Round PM Ward work 1300-1400 F2 teaching Wed: AM Daily Ward Round PM Ward work Thurs: AM Daily Ward Round PM Ward work  Thurs: AM Daily Ward Round PM Ward work Fri: AM Daily Ward Round PM Ward work  Fri: AM Daily Ward Round PM Ward work  Sat: When on call if 1st on then Sun: clerk patients. If 2nd on then ward cover On call requirements: One in 5 weekends, 1st on call every week 1 day 2nd on call every week 1 day 2nd on call every week  For further information, please contact the Local Education Provider (LEP) administrative contact  https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/		Act in a professional manner at all times
Educate patients effectively Become life-long learners and teachers Foundation doctors are invited to attend clinics, if staffing of inpatients allows  Clinical Supervisor(s) This may be subject to change  Typical working pattern in the placement e.g ward round, clinics, theatre  Mon: AM Daily Ward Round PM Ward work 12.30-1400 Grand round  Tues: AM Daily Ward Round PM Ward work 1300-1400 F2 teaching Wed: AM Daily Ward Round PM Ward work Thurs: AM Daily Ward Round PM Ward work  Thurs: AM Daily Ward Round PM Ward work  Fri: AM Daily Ward Round PM Ward work  Sat: When on call if 1st on then Sun: clerk patients. If 2nd on then ward cover On call requirements: One in 5 weekends, 1st on call every week 1 day 2nd on call every week  For further information, please contact the Local Education Provider (LEP) administrative contact    Educate patients effectively   Become life-long learners and teachers   Foundation doctors are invited to attend clinics, if staffing of inpatients allows   AM Daily Ward Round   PM Ward work   Fri: AM Daily Ward Round   PM Ward work   Sat: When on call if 1st on then   Sun: clerk patients. If 2nd on then   ward cover   On call requirements: One in 5 weekends, 1st on call every   week 1 day 2nd on call every week   Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-   information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/		Cope with ethical and legal issues which occur during the
Become life-long learners and teachers Foundation doctors are invited to attend clinics, if staffing of inpatients allows  Clinical Supervisor(s) This may be subject to change  Typical working pattern in the placement e.g ward round, clinics, theatre  Mon: AM Daily Ward Round PM Ward work 12.30-1400 Grand round  Tues: AM Daily Ward Round PM Ward work 1300-1400 F2 teaching Wed: AM Daily Ward Round PM Ward work Thurs: AM Daily Ward Round PM Ward work Fri: AM Daily Ward Round PM Ward work Fri: AM Daily Ward Round PM Ward work Sat: When on call if 1st on then Sun: clerk patients. If 2nd on then ward cover On call requirements: One in 5 weekends, 1st on call every week 1 day 2nd on call every week Thurst information page on KSS website will be included here-https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/		management of patients with general medical problems
Foundation doctors are invited to attend clinics, if staffing of inpatients allows  Clinical Supervisor(s) This may be subject to change  Typical working pattern in the placement e.g ward round, clinics, theatre  Tues: AM Daily Ward Round PM Ward work 12.30-1400 Grand round  Tues: AM Daily Ward Round PM Ward work 1300-1400 F2 teaching Wed: AM Daily Ward Round PM Ward work Thurs: AM Daily Ward Round PM Ward work  Thurs: AM Daily Ward Round PM Ward work  Fri: AM Daily Ward Round PM Ward work  Fri: AM Daily Ward Round PM Ward work  Sat: When on call if 1st on then Sun: clerk patients. If 2nd on then ward cover On call requirements: One in 5 weekends, 1st on call every week 1 day 2nd on call every week  Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/		Educate patients effectively
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Clinical Supervisor(s) This may be subject to change  Typical working pattern in the placement e.g ward round, clinics, theatre  Won: AM Daily Ward Round PM Ward work 12.30-1400 Grand round  Tues: AM Daily Ward Round PM Ward work 1300-1400 F2 teaching Wed: AM Daily Ward Round PM Ward work Thurs: AM Daily Ward Round PM Ward work  Thurs: AM Daily Ward Round PM Ward work  Fri: AM Daily Ward Round PM Ward work  Fri: AM Daily Ward Round PM Ward work  Fri: AM Daily Ward Round PM Ward work  Sat: When on call if 1st on then Sun: clerk patients. If 2nd on then ward cover On call requirements: One in 5 weekends, 1st on call every week 1 day 2nd on call every week  For further information, please contact the Local Education Provider (LEP) administrative contact  https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/		Foundation doctors are invited to attend clinics, if staffing of
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<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	ENT - Otolaryngology
Grade	F1
	East Sussex Healthcare NHS Trust
Trust	
Site name and address	Eastbourne District General Hospital
(include trust name if different	Kings Drive, Eastbourne,
to employing trust)	East Sussex BN21 2UD
Type of work to expect and	Grand Round:
learning opportunities	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest
	Other: Leadership Programme - 4 - 5 half-day courses over the year Thursday 09:00am – ENT Teaching (Mr N Violaris) Journal Club meetings (sporadically) Teaching in OPD and on ward rounds Audit Meeting
	FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.
Main duties and further	The F1 doctor is responsible with other staff for the ward care
information about the placement	of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week and take responsibility for problems arising in ENT
	patients on ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. Dealing with GP and A&E referrals. This is mainly cauterising/packing nose in cases of epistaxis, micro suctioning
	of ears etc. The F1 will regularly sit-in on clinics with the Consultants and attends theatre.
	The F1 will learn how to manage ENT emergencies, perform micro suction, nasal endoscopy and nasal cautery.
	The job is ideal for a candidate who is interested in ENT and very useful for those going into General Practice.
	The overall educational objectives of the F1 year are:
	Take a history and examine a patient Identify and prioritise problems Prescribe safely



	South Ed.
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues
	Use evidence-based guidelines and audit to benefit patient
	care
	Act in a professional manner at all times
	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems
	Educate patients effectively
	Become life-long learners and teachers
Clinical Supervisor(s)	Mr A Shankar
This may be subject to change	
Typical working pattern in the	Mon: 0900 AM Consultant clinic.
placement	1400 – 1700 PM On-call.
e.g ward round, clinics, theatre	1230 – 1400 Grand Round
	Tues: 0900 – 1230 AM Theatre. PM on call.
	Wed: 0900 – 1230 AM On call,
	1330 – 1700 PM Clinic.
	1300 – 1400 F2 Teaching every
	Wednesday lunchtime
	Thurs: 0900 – 1230 AM Theatre. PM on call
	12.00 – ENT Teaching (Mr Violaris)
	Fri: 0900 – 12.30 AM Clinic. PM on call.
	On call requirements: Yes
	Rolling rota for Hospital at Night - Full shifts 1:14 late day (0800
	– 2030), 1:14 weekends (0800 – 2030 or 0800 – 1600), 1:14
	night shifts (2000 – 0830).
	On call hours are Monday to Friday 0800-2030 or 1400-2200.
	Nights are: 2000-0830 x 2
	Weekend shifts are: 0800-2030 x 2
	The Hospital @ Night Rota is made with juniors from ENT,
	Urology & Orthopaedics
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/
***************************************	description is a typical example of the placement and may be

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Specialty	Gastroenterology & AAU
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital
(include trust name if different	The Ridge, St. Leonards-On-Sea TN37 7RD
to employing trust)	
Type of work to expect and	Grand Round:
learning opportunities	Mondays (1.00 - 2.00 pm) at EDGH via Microsoft Teams
	Tuesdays (1.00 - 2.00 pm) at Conquest via Microsoft Teams
	Foundation Programme Core Topics:
	FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per
	month 2.00 - 5.00 pm)
	FY1 Wednesdays (1.00 - 2.00 pm) at Conquest
	Wednesday 830-900 Cross-site Gastro Junior Dr Gastro
	Teaching (via Microsoft Teams)
	Other
	Other:
	Leadership Programme - 4 - 5 half-day courses over the year
	IBD MDM Thursdays 1.00 - 2.00 pm (Conquest)
	Endoscopy lists (as observer) – timing variable (check with
	endoscopy coordinator)
	Attendance/observation at telephone clinic
	,
	FY1 doctors should have two hours per week of non-clinical
	professional self-development time. This will include time for
	activities such as working on e-portfolio, meeting with
	supervisors and developing skills in teaching and QI/audit.
Main duties and further	Daily ward rounds on Gastro ward/Acute Admission Unit (AAU)/
information about the	Same Day Emergency Care (SDEC), weekly outpatient clinics,
placement	clinical teaching on the ward
	Ward-based clinical experience, MDM, outpatient clinics,
	journal club, FY1 teaching, Grand Rounds, observation of
	endoscopy lists, gastro and acute medicine specific teaching
	sessions.
	The overall educational objectives of the F1 year are:
	Take a history and examine a patient
	Identify and prioritise problems
	Prescribe safely
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues
	Use evidence-based guidelines and audit to benefit patient
	care
	Act in a professional manner at all times
	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems



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	Educate patients effectively
	Become life-long learners and teachers
Clinical Supervisor(s)	Gastro – Dr A Zubir, Dr Steven Fong
This may be subject to change	AAU – Dr V Clarke, Dr Stefano Berliti
Typical working pattern in the	0900-1100 Ward Round
placement	1100-1130 MDT
e.g ward round, clinics, theatre	Ward jobs thereafter
	Mon: ward round, acute medicine teaching
	Tues: ward round, Grand Round
	Wed: gastro teaching, ward round, MDM, FY1 teaching
	Thurs: MDM, ward round, clinic
	Fri: ward round,
	Sat: off
	Sun: off
	On call requirements: 1 in 8
	Please note that this post will include 2 months working in the
	Acute Assessment Unit (AAU)/ Same Day Emergency Care
	(SDEC) – see separate post description for AAU.
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



	South Ea
Specialty	Gastroenterology - General (Internal) Medicine
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital
(include trust name if different	Kings Drive, Eastbourne,
to employing trust)	East Sussex BN21 2UD
Type of work to expect and	Grand Round:
learning opportunities	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
	Foundation Programme Core Topics:
	FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per
	month 2.00 - 5.00 pm)
	Other:
	Leadership Programme - 4 - 5 half-day courses over the year
	FY1 doctors should have two hours per week of non-clinical
	professional self-development time. This will include time for
	activities such as working on eportfolio, meeting with
	supervisors and developing skills in teaching and QI/audit
Main duties and further	The F1 doctor is responsible with other staff for the ward care
information about the	of patients and the maintenance of the patient's medical record.
placement	They will have opportunity to work with the consultants in
	outpatients' clinics on an ad hoc basis depending on how busy
	the ward is. They are expected to attend the structured teaching
	programmes provided by the department. The doctor will be
	responsible for such other specific clinical duties as allocated by
	consultants including performing other duties in occasional
	emergencies and unforeseen circumstances.
	The only F1 on team. General medical tasks, most patients are
	a mix of general medicine and gastro; GI bleeds and
	decompensated liver disease. Ascitic drains and taps, clinic and
	endoscopy attendance is encouraged but opportunities depend
	on workload. High number of elective attenders for ERCP and
	endoscopy. Usually busy in terms of patient numbers (21
	patients generally). You work for four consultants, who do one
	month on the wards in rotation. We have a larger team of
	juniors, with F1, F2, two CT grade doctors and one registrar.
	The overall educational objectives of the F1 year are:
	Take a history and examine a patient
	Identify and synthesise problems
	Prescribe safely
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues
	Use evidence, guidelines and audit to benefit patient care
	Act in a professional manner at all times



	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems
	Educate patients effectively
	Become life-long learners and teachers
Clinical Supervisor(s)	Dr D Neal
This may be subject to change	
Typical working pattern in the	0900 – 17.00 Daily
placement	Mon: 0900 Consultant Ward Round
e.g ward round, clinics, theatre	Afternoon Ward Work
	1300 – 1400 Grand Round
	Tues: AM SpR / SHO Ward Round
	PM Ward Work
	1300 – 1400 F1 Teaching
	Wed: 8.45 – 5.00
	0900: Consultant ward round
	Afternoon ward work
	Thurs: 0900 SHO/SpR ward round
	Afternoon Ward Work
	Fri: 1030 Consultant Ward Round
	Afternoon ward work
	On call requirements: 1 day a week until 2100 handover, lasts
	30 minutes. Typically leave at 2130. One weekend in 5, plus one
	weekend in 10 Saturday morning for post-take ward round
	0830-1400.
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	General Surgery
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital
(include trust name if different	The Ridge, St. Leonards-On-Sea TN37 7RD
to employing trust)	
Type of work to expect and	Grand Round:
learning opportunities	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest
	Other: Leadership Programme - 4 - 5 half-day courses over the year Weekly departmental meetings 1-2pm Friday (1x per month this is an M+M meeting Bi-monthly Clinical Effectiveness (Audit) meetings Departmental theatre induction evening (3x per year)
	Teaching for FY doctors (weekly) Journal Club (weekly) MDT meetings (weekly) FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.
Main duties and further	The overall educational objectives of the F1 year are:
information about the	Take a history and examine a patient
placement	Identify and prioritise problems
	Prescribe safely
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues
	Use evidence-based guidelines and audit to benefit patient
	care
	Act in a professional manner at all times
	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems
	Educate patients effectively
	Become life-long learners and teachers
Clinical Supervisor(s)	Mrs A Morris
This may be subject to change	14.137.1WIOTTIS
may be subject to change	



Typical working pattern in the	0900-1100 Ward Round
placement	1100-1130 MDT
e.g ward round, clinics, theatre	Ward jobs thereafter
	For normal days 8am-10am ward round. Rest of day – 5/6pm
	(usually 6pm) completing jobs lists. i.e. bloods, ABGs,
	requesting tests, assessing sick patients. Cross cover other
	teams for F1s on annual leave/sick etc
	One day a week on call (8am-8.30pm) clerking any new
	admissions and initial management (except those weeks on
	nights) Handover at 8.00 pm.
	2 sets of weekend nights (3 nights) 8pm – 8.30am (handover at
	8.00 am)
	2 sets of week nights (4 nights). 8pm-8.30am (handover at 8.00
	am). Covering 2 general surgery wards (assessing acutely
	unwell, fluids, drug charts etc)
	2 sets of weekend days on call 8am-8pm
	Mon to Thu nights are followed by zero hours on Fri and off on
	Sat + Sun
	Fri to Sun nights are followed by zero hours on Mon + Tue
	Weekday SAU and Long Days – a zero hour day on previous or
	following day
	Depending on which line of the rota the doctors are placed
	they may do slightly less or more SAU or long days as they
	follow a 1:10 rota and approximately 18 weeks for each
	rotation.
	FY1s are expected to attend a minimum of 2 x Theatre session
	and 2 x Outpatient sessions in a 4 month rotation.
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/
	description is a typical example of the placement and may be

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	South East
Specialty	Geriatric Medicine
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital
(include trust name if different	The Ridge, St Leonards-on-Sea,
to employing trust)	East Sussex TN37 7RD
Type of work to expect and	Grand Round: Tuesdays (1.00 - 2.00 pm) at Ed Centre.
learning opportunities	Currently – virtual/ in person
	DME Journal club (1-2pm) at Doctors' Library, Level 1, opposite
	Benson ward. Currently – virtual.
	Foundation Programme Core Topics:
	FY1 Wednesdays (1.00 - 2.00 pm) at Conquest
	111 Wednesdays (1.00 - 2.00 pm) at conquest
	Other:
	Leadership Programme "LEAP course" - 4 half-day courses over
	the year
	Local Training Days
	IMT Training
	End of Life Care meetings
	MDT meetings
	Self-Development Time:
	FY1 doctors should have two hours per week of non-clinical
	professional self-development time. This will include time for
	activities such as working on e-portfolio, meeting with
	supervisors and developing skills in teaching and QI/audit.
Main duties and further	Daily ward rounds under senior supervision (SHO, SpR or
information about the	Consultant led)
placement	Keeping and updating patients' list, preparing the lists for ward
	rounds and daily board rounds
	Discharge summaries
	DNAR/ReSPECT/EoLC discussions and completion of the related
	documents.
	Medical student teachings
	Reviewing and requesting blood tests.
	Performing jobs generated after the ward rounds
	Participating and, at times, running board rounds under
	supervision
	<u>Macdonald ward</u>
	26 bedded ward staffed with personnel trained in the care of
	complex older patients, dementia and EoLC.
	FY1 doctors receive training in the following:
	Comprehensive Geriatric Assessment/Frailty
	Diagnosis and management of chronic disease and
	disability/"Geriatric Giants"
	Acute Delirium/Dementia
	Rehabilitation



Daily boar	rd rounds
1	u rounus
Best inter	est meetings/understanding of MCA 2005
End of Life	e Care Planning
Palliative	care training: Palliative care
Newingto	n and Tressell
28 bedde	d wards acute frailty wards.
	ors receive training in the following:
As above.	
Diagnosis	and management of acute illness in the older patient
	y of settings
Clinical Supervisor(s) Dr E Muco	
This may be subject to change Dr H McIr	ntyre
Dr Win	
Dr Golez	
Dr Rahma	
Typical working pattern in the 08.30-09.	•
e.g ward round, clinics, theatre 1100-113	
1100-113	, , ,
11.30-13.	00 Continue ward round
Ward jobs	s thereafter
Mornings	: Twice a week consultant ward round, once a week
post take	ward round. Daily consultant or SpR led board
rounds. D	aily SHO or SpR run ward rounds.
Once a we	eek geriatric lunch time journal club, currently -
virtual	
Once a we	eek Grand round lunch time, currently – virtual
Afternoor	ns: Once weekly FY1 teaching sessions
Best inter	est meetings/MDT meetings/ discussions with the
relatives,	doing post ward round jobs, seeing new admissions
to the wa	rds.
For further information, please Link to sp	ecific trust information page on KSS website will be
	nere- https://kss.hee.nhs.uk/kss-foundation/trust-
1	on-pages/
contact <u>https://ks</u>	s.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

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Specialty	Geriatric Medicine/ Frailty - General (Internal) Medicine
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	
	Eastbourne District General Hospital
(include trust name if different	Kings Drive, Eastbourne,
to employing trust)	East Sussex BN21 2UD
Type of work to expect and	Grand Round:
learning opportunities	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	(teams or face to face)
	Care of the Elderly Department Educational meetings and
	Mortality meetings:
	Tuesdays (1.00 – 2.00 pm) at Eastbourne – lunch at 12.30 pm (If Foundation Core Teaching not conflicting)
	(in roundation core readining not commetting)
	Foundation Programme Core Topics:
	FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per
	month 2.00 - 5.00 pm)
	FY1 Wednesdays (1.00 - 2.00 pm) at Conquest
	Other:
	Leadership Programme - 4 - 5 half-day courses over the year
	FY1 doctors should have two hours per week of non-clinical
	professional self-development time. This will include time for
	activities such as working on eportfolio, meeting with
	supervisors and developing skills in teaching and QI/audit.
Main duties and further	The FY1 doctor is responsible as part of a medical team with
information about the	other staff for the ward care of inpatients and the maintenance
placement	of their patient's medical record/updating the electronic
piacement	prescription. This duty will include regular ward rounds and
	attending daily MDT meetings. They will have the opportunity to
	work with the consultants in outpatients' clinics throughout the
	week. They are expected to attend the structured teaching
	programmes provided by the department.
	programmes provided by the department.
	The overall educational objectives of the F1 year are:
	Take a history and examine a patient
	Identify and create a problem list
	Prescribe safely
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relatives and
	colleagues
	Contribute to the daily MDT meetings
	Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times
	· · · · · · · · · · · · · · · · · · ·
	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems



	Educate patients effectively
	Become life-long learners and teachers
	Contribute to the Care of the Elderly Tutorials and Mortality
	Meetings
Clinical Supervisor(s)	Dr A Nahhas
This may be subject to change	Dr Fonseka
	Dr Alexander
Typical working pattern in the	Daily Ward Round
placement	Mon: Ward round, MDT meeting, Grand Round
e.g ward round, clinics, theatre	1230 – 1400 then ward Work
	Tues: Ward round, MDT meeting, Teaching in Care
	of Elderly Journal Club 1230 – 1400 then
	Ward Work
	Wed: Ward round, MDT meeting,
	F2 Core Teaching then Ward Work
	Thurs: Ward Round, MDT meeting then Ward Work
	Fri: Ward Round, MDT meeting then Ward Work
	Opportunities to work with the consultant in Geriatric Medicine outpatient clinics throughout the week (timetable to be distributed on arrival).
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

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Specialty	Gastroenterology (Conquest)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital
(include trust name if different to	The Ridge, St Leonards-on-Sea,
employing trust	East Sussex TN37 7RD
	Teaching Opportunities - Mandatory
	Grand Round: Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30
	pm
	Departmental teaching – Wednesdays – 12:30 to 13:30H
	Foundation Programme Core Topics:
	Mandatory F1 teaching takes place every Wednesday, 1.00 – 2.00 pm at the Conquest Hospital
Type of work to expect and	Other:
learning opportunities	Journal Club Thursdays 1.00 - 2.00 pm (Conquest)
	Multidisciplinary Meetings Wednesdays Nutrition MDM 1130-1230
	Wednesdays Surgical Radiology MDM 1.00 - 2.00 pm
	,
	Thursdays Gastro General Radiology 9.00 - 10.00 am (Conquest)
	Friday Upper GI Cancer MDM 0830-0930
	Self-development time – FY1 doctors should have two hours per week
	of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills
	in quality improvement and teaching
Main duties and further	Daily ward rounds, weekly general gastroenterology outpatient
information about the placement	clinics, clinical teaching on the ward. Opportunity to acquire practical
•	skills related to management of wide range of acute gastroenterology
	conditions /emergencies including: upper GI bleeding, acute/chronic
	liver disease, inflammatory bowel disease, malnutrition and GI related
	cancers. Practical skills include insertion of ascetic drains and NG
	feeding tube. Working as team with IBD & GI cancer specialist nurses and dietitians.
	The overall educational objectives of the F1 year are:
	Take a history and examine a patient
	Identify and prioritise problems
	Prescribe safely
	,
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues
	Use evidence-based guidelines and audit to benefit patient care
	Act in a professional manner at all times
	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems
	Educate patients effectively
	Become life-long learners and teachers



This may be subject to change	Dr A Zubir, Dr F Cuison and Dr S Fong - – rotate cover for wards every 4 weeks giving opportunity to experience different specialty experience and knowledge.
placement. e.g ward rounds, clinics, theatre	Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)  Weekly:  Mon: am SpR ward round pm Ward work / on call  Tues: am Consultant ward round, Grand Round pm ward work  Wed: am CT ward round, MDM gastro/surgeons pm ward work or clinic / on call  Thurs: am Gastro MDM, SpR ward round, lunch time journal club, pm ward work or clinic  Fri: am upper GI cancer MDM, consultant ward round, FY2 teaching  Sat: off / on call as per rota  Sun: off / on call as per rota
	On call requirements: 1 in 8, 2 weekends, 2 weeks of nights
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

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a 11:	South Ea
Specialty	Hematology
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital
(include trust name if different	Kings Drive, Eastbourne,
to employing trust)	East Sussex BN21 2UD
Type of work to expect and	Teaching Opportunities - Mandatory
learning opportunities	Grand Round:
	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Brogramma Cara Tanica
	Foundation Programme Core Topics:  Mandatory FY2 Core teaching takes place every Wednesday,
	1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm)
	and on Thursday at Conquest, 2-3pm. (FY2s will attend the site
	nearest to them)
	nearest to them)
	Self-Development Time - FY2 doctors should have two hours
	per week of non-clinical professional self-development time.
	This will include time for preparing for specialty application as
	well as developing skills in quality improvement, teaching and
	leadership.
Main duties and further	The F1 doctor is responsible with other staff for the ward care
information about the	of patients and the maintenance of the patient's medical
placement	record. They will be expected to attend outpatient clinics and
	endoscopy sessions to experience some of the secondary care
	procedures and clinical cases that we deal with. They are
	expected to attend the structured teaching programmes
	provided by the department. The doctor will be responsible for
	such other specific clinical duties as allocated by consultants
	including performing other duties in occasional emergencies
	and unforeseen circumstances.
	The overall educational objectives of the F1 year are:
	Take a history and examine a patient
	Identify and prioritise problems
	Prescribe safely
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues
	Use evidence-based guidelines and audit to benefit patient
	care
	Act in a professional manner at all times
	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems
	Educate patients effectively
	Become life-long learners and teachers



Clinical Supervisor(s)	Dr J Newman	
This may be subject to change	Dr A Elzein	
Typical working pattern in the	Mon: Ward Round, ward work, Day Unit Support AM / PM	
placement e.g ward round, clinics, theatre	1230 – 1400 Grand Round	
	Tues: Ward Round, ward work, Day Unit Support AM / PM	
	Wed: Ward Round, ward work, Day Unit Support AM / PM	
	1300 – 1400 F2 Core Teaching every Wednesday lunchtime	
	Thurs: Ward Round, ward work, Day Unit Support AM / PM	
	Fri: Ward Round, ward work, Day Unit Support AM / PM	
	On call requirements: as per rota	
	Educational experience available: Availability of clinic time on	
	an ad hoc basis.	
For further information, please	Link to specific trust information page on KSS website will be	
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-	
Provider (LEP) administrative	information-pages/	
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/	

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	South Eas
Specialty	Intensive Care Unit (ICU)
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital
(include trust name if different	The Ridge, St. Leonards-On-Sea TN37 7RD
to employing trust)	
Type of work to expect and	Grand Round:
learning opportunities	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics:
	FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per
	month 2.00 - 5.00 pm)
	FY1 Wednesdays (1.00 - 2.00 pm) at Conquest
	Other:
	Leadership Programme - 4 - 5 half-day courses over the year
	2 man day obanses over the year
	Anaesthetic Departmental Teaching – when based on the
	Conquest Site (Friday mornings) alternate weeks
	Journal Club – Wednesday lunchtime 1-2pm
	FY1 doctors should have two hours per week of non-clinical
	professional self-development time. This will include time for
	activities such as working on E portfolio, meeting with
	supervisors and developing skills in teaching and QI/audit.
Main duties and further	Main duties are to participate in the daily ward rounds (twice a
information about the	day). During the ward rounds there will be hands on clinical
placement	examination and case based discussion. Following the ward
	rounds, our FY1 will help expedite referrals and investigations
	, ,
	relevant to ongoing patient management. US line placement will
	be taught and supervised. Supervised assessment of the acutely
	unwell patient on the wards and in A/E. Attendance at Medical
	Emergency Team Calls (MET) and Cardiac Arrest calls once
	experience has been gained on the unit and following a 1-week
	placement in anaesthetics to learn basic and advanced airway
	management.
	Critical Care Unit – busy 11 bed DGH unit. We take both acute
	medical and surgical patients in need of organ support. Expect
	lots of acute medicine and surgery, assessment of the
	deteriorating patient, basic organ support, and immediate
	management of the sick patient. Line placement experience –
	particularly central and arterial access. Multiple learning
	opportunities in a supportive environment.
	opportunities in a supportive crivitoriment.
	The overall educational objectives of the F1 year are:
	Take a history and examine a patient
	Identify and prioritise problems
	Prescribe safely
	Keep an accurate and relevant medical record



Manage time and clinical priorities effectively
Communicate effectively with patients, relative and colleagues
Use evidence-based guidelines and audit to benefit patient
care
Act in a professional manner at all times
Cope with ethical and legal issues which occur during the
management of patients with general medical problems
Educate patients effectively
Become life-long learners and teachers
Dr K Murray
0900-1200 Ward Round
1200-1230 MDT
Ward jobs thereafter
Mon: Ward Round 8.00 am/ 5pm
Tues: Ward Round 8.00am/5pm
Wed: Ward Round 8.00am/5pm
Thurs: Ward Round 8.00am/5 pm
Fri: Ward Round 8.00am/5pm
Sat:
Sun:
Link to specific trust information page on KSS website will be
included here- https://kss.hee.nhs.uk/kss-foundation/trust-
information-pages/
https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

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Specialty	OthoGeriatrics
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital
	The Ridge, St. Leonards-On-Sea TN37 7RD
Type of work to expect	Grand Round:
and learning	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
opportunities	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics:
	FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month
	2.00 - 5.00 pm)
	FY1 Wednesdays (1.00 - 2.00 pm) at Conquest
	Other:
	Leadership Programme - 4 - 5 half-day courses over the year
	Regular departmental teaching
	Orthopaedic departmental teaching – daily teaching during trauma
	meeting 8am to 8:30. Weekly metalwork review meeting – all
	welcome to attend.
	Alternate Monday evening – clinical case conference and journal club – not compulsory but welcome to attend.
	Local Training Days
	CMT Training
	End of Life Care meetings
	MDT meetings
	FY1 doctors should have two hours per week of non-clinical
	professional self-development time. This will include time for
	activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.



	South Ea			
Main duties and further	Ward rounds / Patient ward care / Reviewing test results			
information about the	The F1 doctor is responsible with other staff for the ward care of			
placement	patients and the maintenance of the patient's medical record. They			
	will have the opportunity to work with the consultants in outpatient			
	clinics for at least one day each week, and also take responsibility for			
	problems arising. They are expected to attend the structured			
	teaching programmes provided by the department. The doctor will			
	be responsible for such other specific clinical duties as allocated by			
	consultants including performing other duties in occasional			
	emergencies and unforeseen circumstances			
	Orthogeriatric Experience			
	Diagnosis and management of acute illness in the older patient with			
	fracture NOF and complex elderly/ Frail medical elderly patients on			
	the trauma and orthopaedic wards (Benson and Egerton wards)			
	under the Orthogeriatric Consultants care/ supervision. The main			
	training happens during senior /consultant Orthogeriatric ward			
	rounds. Rotate between OrthoTrauma unit and Complex Elderly care			
	unit to gain experience in the following areas			
	Comprehensive Geriatric Assessment			
	Diagnosis and management of chronic disease			
	and disability			
	Acute Delirium/Dementia			
	Rehabilitation			
	Running MDT meetings			
	Running best interest meetings/case			
	conferences for complex discharges			
	End of Life Care Planning (PEACE)			
	Palliative care training: Palliative care			
Clinical Supervisor(s)	Dr Golez			
may be subject to change				
Typical working pattern	0900-1100 Ward Round			
in the placement	1100-1130 MDT			
e.g ward round, clinics,	Ward jobs thereafter			
theatre	Mon: 0900 Consultant Ward round			
	1230-1400 Journal Club			
	Tues: 0900 Ward work (falls clinic)			
	1230-1400 Grand Round			
	Wed: Reg Ward Round			
	1300-1400 F1 Teaching			
	Thurs: Ward Work / Reg			
	Teaching			
	Fri: Consultant ward round			
	Trauma meeting every morning at 8am			
	Orthogeriatrician Consultants team daily ward rounds x5/week			
	Orthopaedics On call commitments			
For further information,	Link to specific trust information page on KSS website will be included			
please contact the Local	here- https://kss.hee.nhs.uk/kss-foundation/trust-information-			
Education Provider (LEP)	pages/			
administrative contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/			

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C	South Ea		
Specialty	Paediatrics		
Grade	F1 East Sussex Healthcare NHS Trust		
Trust			
Site name and address	Conquest Hospital		
	The Ridge, St. Leonards-On-Sea TN37 7RD		
Type of work to expect and	Hospital Grand Round:		
learning opportunities	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm		
	Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest		
	Other: Leadership Programme - 4 - 5 half-day courses over the year Safeguarding Children (case-based discussions) Wednesday am 08:45H-10:00H Education Centre, Conquest Diabetes Training (every 4-month rotation with new Paediatrics doctor) Kawasaki Disease (every 4-month rotation with new Paediatrics doctor) Kipling Seminar Room Paediatric Endocrinology Consultant from KCL to deliver lunch time lecture (Tuesday) every 3 months Paediatric Epilepsy clinic on Friday mornings Radiology teaching (Mondays 13:00H-14:00H) Paediatric Grand round (Wednesdays 13:00H – 15:00H) Paediatric teaching Tuesday 13:00H – 14:30H (case-based presentations, Journal Club & consultant teaching) Peri-natal M&M (Fridays 13:30H – 15:30H), Monthly Paediatric M&M meetings quarterly Wednesdays 14:00H-16:00H Neonatal simulation (usually once per month, variable days		
Desir duties and further	Self-Development Time: FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.		
Main duties and further information about the	The working hours (weekdays and weekends) varies between		
placement	8 – 12 hour shifts according to the agreed compliant rota. The		
piacement	shifts are 1 in 16. Also rostered to sit in on clinics which can be		
	on either site.		
	Training opportunities in addition to the daily informal teaching include:		
	Morning consultant led handover. Team handover afternoon		
	16:00 and night team handover 20:30.		
	Consultant/ Registrar lead ward rounds on Kipling ward.		
	Allocation to attend consultant clinics in Paediatric OP for local		
	consultants/ visiting consultants. I have provided them with a		



	30dti La
	list to fill in for their clinic attendance during the 4-month
	placement.
	Paediatric radiology meeting.
	2 hour Wednesday Paediatric Consultant Handover
	Tuesday 2 hours teaching/learning which covers topics over a
	17-week plan (4 months placement). Opportunities to present
	cases.
	In addition, allowance is made on the rota for the FY1 doctor to
	attend the foundation training locally.
	Department Audit meeting. Opportunity to present Audit.
	Monthly Perinatal meetings, Opportunity to present cases.
	Paediatric M&M meeting, Opportunity to present cases.
	Hospital Grand round. Opportunity to present cases in the
	paediatric hospital grand round.
Clinical Supervisor(s)	Dr S Mansy
This may be subject to change	
Typical working pattern in the	0900-1100 Ward Round
placement	Ward jobs thereafter
e.g ward round, clinics, theatre	The FY1 doctor works in a full shift rota (long and short days) as
	part of a team including a consultant, a registrar and other
	doctor (GP doctors, FY2, ST1 paediatrics doctors and ANPs).
	Nights and weekends are based on 1:7 rota.
	The daytime work cover includes inpatients in Kipling ward,
	Kipling ambulatory care, delivery suit, maternity theatres,
	Frank Shaw post-natal ward and paediatric resus/ Emergency
	department. Usually on a weekly bases to offer continuity.
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	Palliative Care		
Grade	F1		
Trust	East Sussex Healthcare NHS Trust		
Site name and address (include trust name if different to employing trust)	St Michael's Hospice, St Leonards on Sea		
Type of work to expect and	Grand Round:		
learning opportunities	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm		
	Foundation Programme Core Topics: FY1 Wednesdays (1.00 - 2.00 pm) at Conquest Other: Leadership Programme - 4 - 5 half-day courses over the year		
	The Hospice provides specific tutorial programme in house which is shared with St Wilfrid's Hospice and delivered weekly		
	on Microsoft Teams Mondays 1-2pm.		
	St Michael's Hospice Interdisciplinary Learning Forum Fridays 12.30 St Michael's Hospice Journal Club		
	St Michael's Hospice Medical Team Meeting (with reflective educational component).		
	There is a joint doctors meeting between four Hospices in East Sussex held quarterly which the FY1 doctor may get an opportunity to attend.		
	Hospice based doctors will have ½ day with Hospital SPCT and 1/2 day with the community palliative care team as part of their training		
Main duties and further	Ward round, ward duties, clerking in new admissions.		
information about the	The F1 doctor is responsible with other staff for the ward care		
placement	of patients and the maintenance of the patient's medical		
	record. The doctor will play an active part in the		
	interdisciplinary team, working alongside Senior Members of		
	the Medical Team, Nurse Practitioners, Nursing Staff, Social		
	Worker, Physiotherapists, Counselling Services and		
	Complementary Therapists. This will involve attending the weekly Interdisciplinary Team (IDT) meeting and participating in family meetings to discuss discharges. The doctor will learn		
	the skills required to facilitate Advance Care Planning		
	discussions with patients. The doctor will have the opportunity		
	to go on home visits with the Community Palliative Care Team.		
	The doctor is expected to attend the structured teaching		
	programmes provided by the department.		
	Managing symptoms e.g. nausea, vomiting, pain,		
	breathlessness and anxiety. Assessing and managing non-		



		South East		
	physical aspects of illness – psycho-social and spiritual.			
	Improved communication skills e.g. breaking bad news.			
	The overall educational objectives of the F1 year are:			
	Take a history and examine a patient			
	Identify problems and formulate a management plan			
	Prescribe safely			
	Keep an accurate and relevant medical record			
	Manage time and clinical priorities effectively  Communicate effectively with patients, relative and colleagues			
	Use evidence, guidelines and audit to benefit patient care			
	Act in a professional manner at all times			
	· ·	th ethical and legal issues which occur during the		
	management of patients with palliative care needs			
	Become	life-long learners and teachers		
Clinical Supervisor(s)	Dr I Kiloı			
This may be subject to change		Dr J Lewington		
Typical working pattern in the placement	Mon:	Handover Meeting		
e.g ward round, clinics, theatre		Consultant ward round		
		Admitting new patients		
		MDT meeting		
	Tues:	Handover Meeting		
		Ward work including new admissions		
		Journal Club		
	Wed:	Handover Meeting		
		Weekly Interdisciplinary team meeting		
		Ward work including new admissions		
		Teaching and self-development time		
	Thurs:	Handover meeting		
		Consultant ward round		
		Drug Round with Clinical Pharmacist		
	Fri:	Handover meeting		
		Ward work including new admissions		
	On call r	requirements: No out of hours responsibility		
For further information, please	Link to specific trust information page on KSS website will be			
contact the Local Education Provider (LEP) administrative	included here- <a href="https://kss.hee.nhs.uk/kss-foundation/trust-">https://kss.hee.nhs.uk/kss-foundation/trust-</a> information-pages/			
contact		kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/		
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<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	Palliative Care		
Grade	F1		
Trust	East Sussex Healthcare NHS Trust		
Site name and address	St Wilfrid's Hospice		
(include trust name if different	1 Broadwater Way, Eastbourne		
to employing trust)			
Type of work to expect and	Grand Round:		
learning opportunities	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm		
	Tuesdays (1.00 - 2.00 pm) at Conquest and via MS Teams -		
	lunch at 12.30 pm		
	Foundation Programme Core Topics:		
	FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per		
	month 2.00 - 5.00 pm)		
	ποπατ 2.00 σ.00 μπη		
	Other:		
	Leadership Programme - 4 - 5 half-day courses over the year		
	The Hospice provides specific tutorial programme in house		
	which is shared with St Michael's Hospice and delivered weekly		
	on Microsoft Teams		
	There is a joint doctors meeting between four Hospices in East		
	Sussex quarterly which the FY1 doctor may get an opportunity		
	to attend.		
	Other multi-professional training events throughout year.		
	10 Schwartz rounds in Hospice which F1doctors are actively		
	encouraged to attend during their placement (attendance certificate for portfolio available).		
Main duties and further	Twice weekly consultant led multi-disciplinary ward round and		
information about the	supervision available at all times in general ward duties		
placement	· ·		
•	(admitting patients, assessing symptoms and updating		
	management plans and actively being involved in		
	communication with patients, families and professionals).		
	The FY1 doctor is responsible with other members of clinical		
	staff for the in-patient care of patients and communication of		
	care including the maintenance of the patient's electronic		
	record and communicating with external professionals where		
	indicated.		
	There will be opportunity to work with the consultants or		
	specialty doctors in outpatients' clinics or in patient's homes		
	depending on individual development needs. There are many		
	learning opportunities in this post both informally and formally		
	and there is an expectation that the doctor attends all FY1		
	teaching at Eastbourne DGH as cover is arranged. The Hospice		
	as a voluntary organisation uses volunteers including a young		
	clinical volunteer programme aimed at pre university young		



people looking for experience, the FY1 can take an active role in the support and mentoring of this group if of interest to the FY1.

The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.

Specific learning opportunities include: Managing symptoms e.g. nausea, vomiting, pain, breathlessness and anxiety. Assessing and managing non-physical aspects of illness – psycho-social and spiritual. Improved communication skills e.g. breaking bad news. Working within multi-professional team. Opportunities to develop skills in advance care planning with patients.

The overall educational objectives of the FY1 year are:

Take a history and examine a patient

Identify and synthesise problems

Prescribe safely

Keep an accurate and relevant medical record

Manage time and clinical priorities effectively

Communicate effectively with patients, relative and colleagues

Use evidence, guidelines and audit to benefit patient care

Act in a professional manner at all times

Cope with ethical and legal issues which occur during the

management of patients with general medical problems

Educate patients effectively

Become life-long learners and teachers

The clinical supervisors are happy to explore specific objectives based on individual doctor's needs. A total of 2 hours per week personal development time will be incorporated into the doctor's timetable following discussion with each individual. There may be flexibility on when this can be taken (e.g. 2hrs each week, or 4hrs each fortnight) depending on the individual needs of the doctor.

For more information about St Wilfrid's Hospice please see <a href="https://www.stwhospice.org/">https://www.stwhospice.org/</a>

## Clinical Supervisor(s)

This may be subject to change

Dr Louise Free Dr David Barclay

Dr Charlotte Harrison

Dr David Matthews

Dr Farida Malik



Typical working pattern in the	Mon: am/pm Ward duties with FY2/Specialty Doctor		
placement	(patient reviews, admissions etc.)		
e.g ward round, clinics, theatre	1300 -1400 Palliative Care doctor Tutorial or Grand		
	Round (via Teams)		
	Tues: am Formal MDT Ward Round;		
	pm 1300 -1400 FY1 Teaching at EDGH followed by		
	self development time (flexible as agreed with supervisor)		
	1400-1500 IPU MDT meeting (can be attended		
	virtually, if not at FY1 protected		
	training events/taking self-development time)		
	0 - 1 - 1, 1 - 1 - 1, 1		
	Wed: am/pm Ward duties with Speciality Doctor (patient		
	reviews, admissions etc.)		
	Thurs: am/pm Ward duties with Speciality Doctor (patient		
	reviews, admissions etc.)		
	Fri: am Formal MDT ward round		
	pm ward duties (patient reviews, admissions etc.)		
	There will also be the opportunity to shadow the hospital		
	palliative care team (dependent on staffing) and spend time in		
	the community setting. This will be allocated on an ad hoc basis		
	according to training needs of all Foundation Doctors on		
	placement.		
	On call requirements: Nil rostered		
For further information, please	Link to specific trust information page on KSS website will be		
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-		
Provider (LEP) administrative	information-pages/		
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/		
	description is a typical example of the placement and may be		

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



C	South Ea
Specialty	Psychiatry
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name	Eastbourne District General Hospital
and address	Kings Drive, Eastbourne,
	East Sussex BN21 2UD
Type of work	Teaching Opportunities - Mandatory
to expect	Grand Round:
and learning	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
opportunities	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics:
	FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00
	pm)
	FY1 Wednesdays (1.00 - 2.00 pm) at Conquest
	FY1s Psychiatry will have option of half day attachment in acute setting so will
	spend Tuesday morning in AMU at the Eastbourne DGH.
	Other:
	Leadership Programme - 4 - 5 half-day courses over the year
	SPT Wednesday Academic Programme – Foundation doctors are expected to
	present a case or critical appraisal to at least one meeting in their rotation' in
	Psychiatry
	Self-Development Time – FY1 doctors should have two hours per week of non-
	clinical professional self-development time. This will include time for activities
	such as working on eportfolio, meeting with supervisors and developing skills in
Main duties	teaching and QI/audit.
and further	This will involve providing medical input to the team under the clinical supervision
information	of the Consultant Psychiatrist.
about the	There is ample opportunity to be involved under the clinical supervision of the
placement	consultant in assessment of in-patients in the department.
piacement	This post is under the clinical supervision of Dr Michele Travers Consultant
	Psychiatrist.
	The office base for this post is at the DoP on the same site as Eastbourne DGH. The
	post holder will not have any out-of-hours responsibility.
	The doctor will work within a multidisciplinary team consisting of a Consultant
	Psychiatrist, a nursing team, social workers, occupational therapists and
	supporting staff including admin. The post therefore offers excellent
	opportunities to gain experience working in a multidisciplinary setting with
	colleagues from a number of different professional backgrounds. In addition,
	doctors will be exposed to the complex, acute treatment of psychiatric patients.
	This includes the assessment of acutely ill patients, developing differential
	diagnoses, the use of medications and therapeutic interventions, risks
	assessments, documentation procedures, appreciating the role of physical
	illnesses, the process of ordering tests/labs/radiologic procedures and their
	follow-up, treatment care planning, collaborating with colleagues/carers/families,
	and how to use the referral process. Doctor's will also be able to develop an
	appreciation for the interface between mental health law and psychiatry
Clinical	Dr Naliyawala/ Dr Rafi
Supervisor(s)	
may be	
-	



subject to change					
Typical	Monday	Tuesday	Wednesday	Thursday	Friday
working	Amberley	ESHT	Amberley	Amberley Ward	Amberley Ward
pattern in	Ward	MAU	Ward	9:00 -10:00	9:00
the	9:00 -	Eastbourne	9:00 -10:00		-
placement	10:00	DGH		Handover	10:00
e.g ward			Handover	10:00 – 13:00	
round, clinics,	Handover		10:00 -	Recovery Rounds	Handover
theatre	10:00 -		13:00	with consultant	10:00 - 12:00
	13:00		Recovery	Supervision	Recovery
	Recovery		Rounds	Documentation	Rounds
	Rounds		With	Reviews	With consultant
	With		consultant	Case Based	Simulation And
	consultant		Consultant	Discussion	Teaching
	Consultant			Discussion	Workshop DOP
	Amberley	ESHT	13:30 -	Amberley ward	Amberley Ward
	Ward	Teaching	16.00	13:00 – 17:00	13:00- 17:00
	13:00 -	13.00 -	Academic	New Admissions	New admissions
	15:45	14.00	Programme	Discharge	Audit
	Recovery	A	46.00	Summaries	Family
	Rounds	Amberley	16.00 -	Administration	Meetings
	With	Ward	17.00	Health	Individual
	consultant	14:15 –	Balint	monitoring	interests on
		17:00	Group	Referrals/Follow	ward
	15:45 –	Health		up	
	17:00	Monitoring			
	Health	New			
	Monitoring	Admissions			
		Discharge			
		Summaries			
	Useful inform				
		•	•	ne academic teachi	•
		_		per rota which would	•
		•		ation Year training o	on a Tuesday unles
	they are presenting on the day to the psychiatric programme Weekly supervision will be provided Arrangements can be made for further special interest activity with the agreemen				
	of the clinical		ior iurther spe	ciai interest activity	with the agreemer
For further		•	ation nage on k	(SS website will be in	ncluded here-
information,					
please contact	https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/				
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Provider (LEP)					
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<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



	South Ea			
Specialty	Radiology			
Grade	F1			
Trust	East Sussex Healthcare NHS Trust			
Site name and address	Conquest Hospital			
(include trust name if different	The Ridge, St Leonards-on-Sea,			
to employing trust)	East Sussex TN37 7RD			
Type of work to expect and	Teaching Opportunities - Mandatory			
learning opportunities	Grand Round: Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at			
	12.30 pm			
	Departmental teaching – Wednesdays – 12:30 to 13:30H			
	Foundation Programme Core Topics:			
	Mandatory F1 teaching takes place every Wednesday, 1.00 –			
	2.00 pm at the Conquest Hospital			
Main duties and further	Observe plain Xray- MRI and CT reporting, rotation through			
information about the	Interventional Radiology, Ultrasound and Fluorocopic studies.			
placement	Participate in the Departmental teaching sessions and quality			
	improvement meetings. Contribute in Audits or quality			
	improvements projects			
	The overall educational objectives of the F1 year are:			
	Take a history and examine a patient			
	Identify and prioritise problems			
	Prescribe safely			
	Keep an accurate and relevant medical record			
	Manage time and clinical priorities effectively			
	Communicate effectively with patients, relative and colleagues			
	, , ,			
	Use evidence-based guidelines and audit to benefit patient			
	care			
	Act in a professional manner at all times			
	Cope with ethical and legal issues which occur during the			
	management of patients with general medical problems			
	Educate patients effectively			
	Become life-long learners and teachers			
Clinical Supervisor(s)	Dr Evgenia Dagiakidi			
This may be subject to change				
Typical working pattern in the	9am to 5 pm , no on calls or service commitments, allocated			
placement	time for teaching.			
e.g ward round, clinics, theatre				
For further information, please	Link to specific trust information page on KSS website will be			
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-			
Provider (LEP) administrative	information-pages/			
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/			

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	Respiratory & AAU - General (Internal) Medicine			
Grade	F1			
Trust	East Sussex Healthcare NHS Trust			
Site name and address	Conquest Hospital			
(include trust name if different	The Ridge, St. Leonards-On-Sea TN37 7RD			
to employing trust)				
Type of work to expect and	Teaching Opportunities - Mandatory			
learning opportunities	Grand Round:			
	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm			
	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm			
	Foundation Programme Core Topics:			
	FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per			
	month 2.00 - 5.00 pm)			
	FY1 Wednesdays (1.00 - 2.00 pm) at Conquest			
	Other:			
	Leadership Programme - 4 - 5 half-day courses over the year			
	Departmental Teaching 1230 to 1330 on Fridays			
	Self-Development Time:			
	FY1 doctors should have two hours per week of non-clinical			
	professional self-development time. This will include time for			
	activities such as working on eportfolio, meeting with			
	supervisors and developing skills in teaching and QI/audit.			
Main duties and further	Baird ward is Respiratory and General medical Ward. There are			
information about the	28 patients in total, shared between 2 ward-based teams, both			
placement	led by Consultant Respiratory Physicians. There is daily			
	Consultant presence on the ward. In the light of COVID			
	pandemic a ward reconfiguration to accommodate COVID and			
	Non- COVID patients in in operation.			
	Daily participation in a MDT that involves input from the			
	Hospital Intervention Team (physiotherapy/ occupational			
	therapy) & Adult social services			
	There will be scope to undertake practical procedures such as			
	abdominal paracentesis, chest aspiration/ drain insertion,			
	lumbar puncture. The day to day management of the patients on Baird ward and			
	our buddy ward(s) under the supervision of the consultants,			
	registrar and 2 SHO grade doctors. We very much work as a			
	team and all members of this team are very approachable and			
	willing to teach.			
	While working with us, the FY1 doctor will also be on the On			
	call rota for evening and weekend			
	Daily ward rounds in Acute Admission Unit (AAU)/ Same Day			
	Emergency Care (SDEC), daily ambulatory clinics, clinical			
	teaching on the ward			
	Ward-based clinical experience, ambulatory clinics, FY1			
	teaching, Grand Rounds, observation of procedures, acute			
	medicine specific teaching sessions.			
	The overall educational objectives of the F1 year are:			



	South Ea
	Take a history and examine a patient
	Identify and prioritise problems
	Prescribe safely
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues
	Use evidence-based guidelines and audit to benefit patient
	care
	Act in a professional manner at all times
	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems
	Educate patients effectively
	Become life-long learners and teachers
Clinical Supervisor(s)	Dr O Kankam
This may be subject to change	Dr Christopherson
	Dr Nakos
Typical working pattern in the	0900-1100 Ward Round
placement	1100-1130 MDT
e.g ward round, clinics, theatre	Ward jobs thereafter
	Foundation Priority Programme rotation 1 only – 'Foundation
	Leadership & Management' Half day per week
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- <a href="https://kss.hee.nhs.uk/kss-foundation/trust-">https://kss.hee.nhs.uk/kss-foundation/trust-</a>
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



cialty Respiratory - General (Internal) Medicine	
de F1	
st East Sussex Healthcare NHS Trust	
name and Eastbourne District General Hospital	
ress Kings Drive, Eastbourne,	
lude trust East Sussex BN21 2UD	
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mploying	
et)	
e of work to Teaching Opportunities - Mandatory	
ect and Grand Round:	
rning Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm	
ortunities Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm	
Foundation Programme Core Topics:	
FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00	- 5.00
pm)	
FY1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per mor	ith)
Other:	
Foundation Priority Programme Rotation 1 Level 1 Emergency Ultrasou	nd
competencies (optional) half day per week	
Foundation Priority Programme Rotation 3 Pathology (optional) half da	y per week
Leadership Programme - 4 - 5 half-day courses over the year	
Respiratory Department Meeting: 3/4 Thursday lunchtimes	
Respiratory M&M Meeting: 1/4 Thursday lunchtimes	
Respiratory Radiology Meeting: Tuesday 12.00 – 1.00pm	
Lung MDM: Thursday 4.00 – 6.00pm	
FY1s can observe thoracoscopies, bronchoscopies and interventional	
bronchosopic procedures ad hoc	
CMT Training Days	
Simulation Training	
Weekly Lunchtime meetings	c
Self-Development Time – FY1 doctors should have two hours per week	
clinical professional self-development time. This will include time for ac	
such as working on E portfolio, meeting with supervisors and developin	g skiiis in
teaching and QI/audit	
The F1 doctor is responsible with other staff for the ward care of patier	
her maintenance of the patient's medical record. They will have opportunity	•
with the consultants in outpatients' clinics for at least one day each wee	k, and also
I take responsibility for problems arising. They are expected to a	ittend the
structured teaching programmes provided by the department. The doc	tor will be
responsible for such other specific clinical duties as allocated by c	
including performing other duties in occasional emergencies and u	
	111101636611
circumstances.	
The overall educational objectives of the F1 year are:	
Learn to manage general medical inpatients and	



						South East
	Improve com	petency with	:			
	Take a history and examine a patient					
	Identify and	synthesise pro	oblems			
	Prescribe saf	ely				
	Keep an accu	rate and rele	vant medical r	ecord		
	Chronic disea	se managem	ent			
	Discharge planning in patients with multiple co-					
	Morbidities					
	Bedside spiro	metry and lu	ng function in	terpretation		
	Exposure to a	acute non-inv	asive ventilati	on		
	Observe/lear	n procedures	such as pleur	al		
	aspirations a	nd chest draii	n insertion			
	Manage time	and clinical p	oriorities effec	tively		
	Communicat	e effectively v	with patients,	relative and co	lleagues	
	Use evidence	e, guidelines a	nd audit to be	nefit patient c	are	
	Act in a profe	essional manr	er at all times			
	Cope with et	hical and lega	l issues which	occur during t	he manageme	ent of
	patients with	general med	ical problems			
	Educate patie	ents effective	ly			
	Become life-l	ong learners	and teachers			
Clinical	Dr A Sharma					
Supervisor(s)						
This may be subject to change						
Typical working	Mon: 8.40	0 – 5.30 - War	d Work / Rou	nd		
pattern in the	1230-1400 Grand Round					
placement	Tues: 8.40 – 5.30 - Ward Work / Round					
e.g ward round,	1200-1300 Radiology Meeting					
clinics, theatre	1300-1400 F1 Teaching					
	Wed: 8.40 – 5.30 - Ward Work / Round					
	Outpatients Department PM					
	Thurs: 8.40 – 9.00pm - Ward Work / Round					
	160	0-1800 Lung <b>i</b>	MDM			
	Fri: 8.40 – 5.30 - Ward Work / Round					
	1230-1400 Respiratory Department Meeting					
		Monday	Tuesday	Wednesday	Thursday	Friday
	Morning	Consultant	Consultant	Consultant	Consultant	Consultant
		ward	board	board	ward	board
		round	round	round	round	round
			Ward	Ward		Ward .
			round	round		round
			(SHO/FY1)	(SpR)		(SHO/FY1)
				COPD MDM		Bronch
				(1/2 wks)		list1/4
i l	L		l	,	l	



						South East
	Midday	Grand	12:00		12:30	
		round	Respiratory		Respiratory	
			radiology		meeting	
			meeting			
	Afternoon	Relatives	Clinic	Clinic	Relatives	15:30
		clinic	(cons/SpR)	(cons/SpR)	clinic	Weekend
						handover
		Ward			16h00:	meeting
		work &			Lung MDT	
		referrals				
	On call requirements: one evening per week, 1 in 5 weekends.					
	Foundation Priority Programme					
	Rotation 1 'Emergency Medicine' half day per week					
	Rotation 2 'Obstetrics & Gynaecology' half day per week					
	Rotation 3 'Clinical Pathology' half day per week					
For further	Link to specific trust information page on KSS website will be included here-					
information,	https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/					
please contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/					
the Local						
Education						
Provider (LEP)						
administrative						
contact						

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Contain	South Ea
Specialty	Rheumatology - General (Internal) Medicine
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital
(include trust name if different	Kings Drive, Eastbourne,
to employing trust)	East Sussex BN21 2UD
Type of work to expect and	Teaching Opportunities - Mandatory
learning opportunities	Grand Round:
	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics:
	FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per
	month 2.00 - 5.00 pm)
	FY1 Wednesdays (1.00 - 2.00 pm) at Conquest
	Other:
	Leadership Programme - 4 - 5 half-day courses over the year
	Self-Development Time – FY1 doctors should have two hours
	per week of non-clinical professional self-development time.
	This will include time for activities such as working on e-
	portfolio, meeting with supervisors and developing skills in teaching and QI/audit.
Main duties and further	Clerking patients in, organising the firm. Acute medical takes.
information about the	Clerking patients in, organising the firm. Acute medical takes.
placement	
piacement	The F1 doctor is responsible with other staff for the ward care
	of patients and the maintenance of the patient's medical
	record. They will have opportunity to work with the
	consultants in outpatients' clinics for at least one day each
	week, and also take responsibility for problems arising. They
	are expected to attend the structured teaching programmes
	provided by the department. The Doctor will be responsible
	for such other specific clinical duties as allocated by
	consultants including performing other duties in occasional
	emergencies and unforeseen circumstances.
	Opportunity to do special procedures, lumbar puncture, knee
	injection, observe musculoskeletal Ultrasound in
	Rheumatology clinic.
	The overall educational objectives of the F1 year are:
	Take a history and examine a patient
	Identify and prioritise problems
	Prescribe safely
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues
	Use evidence-based guidelines and audit to benefit patient
	care
	Carc



	South Ea		
	Act in a professional manner at all times		
	Cope with ethical and legal issues which occur during the		
	management of patients with general medical problems		
	Educate patients effectively		
	Become life-long learners and teachers		
Clinical Supervisor(s)	Dr S Panthakalam		
This may be subject to change			
Typical working pattern in the	Mon: 9.00-9.30 GIM MDT Board rounds meeting, Westham		
placement	ward		
e.g ward round, clinics, theatre	9.30 Consultant ward round (SP)		
	12.30 – 1400 Grand Round		
	14.00 Ward work		
	Tues: 9.00-9.30 MDT followed by Consultant Ward round		
	(900-1100 Opportunity for medical		
	student teaching (optional)		
	12.00- 1300 Journal club/ MDT Rheumatology		
	13.00-1400 F1 Teaching		
	14.00 Ward work (Clinic)		
	Paediatrics Rheumatology clinic – 4th Tuesday		
	(optional)		
	Wed: 8.15-9.15am		
	(Radiology / Rheumatology MDM (2nd and 4th		
	Wednesdays) optional		
	Ward round		
	9.15 -9.30 board rounds followed by registrar ward		
	rounds		
	14.00 Ward work		
	Thurs: 9-00-9.30 Board rounds		
	9.30 Ward work / outpatient clinic		
	1400- Consultant Ward round (SP)		
	Rheumatology/Gastroenterology MDT (1st Thursday)		
	optional		
	Fri: 9-00-9.30 Board rounds		
	9.30 Consultant Ward round (AJP)		
	1400 Ward work /Rheumatology MDT		
	1400 Mortality / morbidity meeting – monthly		
	On call requirements: 1 in 4 on calls – weekends. 1 on call		
	every week. 1 in 5 Friday on call, Saturday Post Take 0900 –		
	1300pm. 4 half day in every 5 weeks.		
For further information, please	Link to specific trust information page on KSS website will be		
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-		
Provider (LEP) administrative	information-pages/		
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/		
**It is important to note that this	description is a typical example of the placement and may be		

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	Stroke Medicine
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital
(include trust name if different	Kings Drive, Eastbourne,
to employing trust)	East Sussex BN21 2UD
Type of work to expect and	Teaching Opportunities - Mandatory
learning opportunities	Grand Round:
	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics:
	FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per
	month 2.00 - 5.00 pm)
	FY1 Wednesdays (1.00 - 2.00 pm) at Conquest
	Stroke-radiology teaching/MDT: Wednesdays (8.00 - 9.00 am)
	via Teams Stroke cardiology teaching: Thursday 12 20 1 20pm Sovereign
	Stroke-cardiology teaching: Thursday 12.30 1.30pm Sovereign Ward at EDGH
	Wald at EDGH
	Other:
	Leadership Programme - 4 - 5 half-day courses over the year
	Self-Development Time – FY1 doctors should have two hours
	per week of non-clinical professional self-development time.
	This will include time for activities such as working on
	eportfolio, meeting with supervisors and developing skills in
	teaching and QI/audit.
Main duties and further	The F1 doctor is responsible with other staff for the ward care
information about the	of patients only on the stroke wards and maintenance of the
placement	patient's medical record. They are expected to attend the
	structured teaching programmes provided by the department
	including the Tuesday lunchtime tutorial/journal club and a
	tutorial specially designed for all medical FY1s.
	Most of the works is based at the stroke ward together with the
	multidisciplinary team. The team will also sometimes look after
	a few general medical patients admitted during the on-calls.
	Learning opportunities include consultant ward rounds as well
	as Thrombolysis calls in addition to general foundation
	programme and department teaching.
	The overall educational objectives of the F1 year are:
	Take a history and examine a patient
	Identify and synthesise problems
	Prescribe safely
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues
	Use evidence, guidelines and audit to benefit patient care
	Act in a professional manner at all times



	Souti Ea		
	Cope with ethical and legal issues which occur during the		
	management of patients with general medical problems		
	Educate patients effectively		
	Become life-long learners and teachers		
	Attend MDT meetings weekly		
	Be observers at Thrombolysis		
	Learn management of hyper acute and acute		
	stroke patients		
Clinical Supervisor(s)	Dr C Biyanwila		
This may be subject to change			
Typical working pattern in the	Mon: Consultant Ward Round AM		
placement	1230-1400 Grand Round		
e.g ward round, clinics, theatre	Tues: Ward Round with Consultant / Registrar and CTs		
	12.00-1300 Elderly Care Tutorial /		
	Journal Club		
	1300-1400 F1 Teaching		
	Wed: Ward Round with Consultant		
	MDT		
	Ward Work under supervision by senior members		
	Thurs: Consultant Ward round AM		
	Ward teaching consultant /registrar/CTs		
	Fri: Ward Round with consultant		
	Be an observer at a TIA clinic held on the ward clinic on the		
	afternoon of Monday/Tuesday/Wednesday/Thursday/Friday.		
	On call requirements: 1 in 5 weekdays and weekends on call.		
For further information, please	Link to specific trust information page on KSS website will be		
contact the Local Education	included here- <a href="https://kss.hee.nhs.uk/kss-foundation/trust-">https://kss.hee.nhs.uk/kss-foundation/trust-</a>		
Provider (LEP) administrative	information-pages/		
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/		

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



	South Eas
Specialty	Trauma and Orthopaedics
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital
(include trust name if different	The Ridge, St Leonards-on-Sea,
to employing trust)	East Sussex TN37 7RD
Type of work to expect and	Teaching Opportunities - Mandatory
learning opportunities	Grand Round:
	Mondays (13:00 – 14:00H) at EDGH - lunch at 12.30H
	Tuesdays (13:00 – 14:00H) at Conquest - lunch at 12.30H
	Foundation Programme Core Topics: Mandatory FY2 teaching takes place every Wednesday, 13:00 – 14:00 pm at the Conquest Hospital.
	Other:
	Alternating Journal Club or Clinical Meeting (1st Monday of each month, 6.00 - 8.00 pm) Oscillates EDGH & Conquest
	In-house Clinical Meeting (3rd Monday of each month, 6.30 - 8.00 pm at Conquest)
	Spine MDT Meeting (monthly) in Radiology Department Trauma Meeting (daily/1 hour)
	Self-development time – FY1 doctors should have two hours
	per week of non-clinical professional self-development time.
	This will include time for preparing for specialty application as
	well as developing skills in quality improvement and teaching.
Main duties and further	Main Duties of the Placement
information about the	SHO led daily ward round and jobs generated. On calls (day/
placement	night/ weekend): clerking all new patients admitted and ward review, GP referrals. Assisting in theatre if required. Part of the team of doctor's present at trauma calls
	The F1 doctor is responsible with other staff for the ward care
	of patients and the maintenance of the patient's medical
	record. They will have opportunity to work with the
	consultants in outpatients' clinics for at least one day each week, and take responsibility for problems arising on ward.  They are expected to attend the structured teaching programmes provided by the department. The doctor will be
	responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
	Clerking patients, assisting in theatre, plastering, suturing, ward reviews.
	The overall educational objectives of the F1 year are:
	Take a history and examine a patient
	Identify and prioritise problems
	Prescribe safely
	Keep an accurate and relevant medical record
	Neep an accurate and relevant medical record



	South East
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues
	Use evidence-based guidelines and audit to benefit patient
	care
	Act in a professional manner at all times
	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems
	Educate patients effectively
	Become life-long learners and teachers
Clinical Supervisor(s)	NAv. C. Colorson
This may be subject to change	Mr G Selmon
Typical working pattern in the	Daily:
placement	Trauma meeting at 8am
e.g ward round, clinics, theatre	SHO led WR of patients under particular consultant and to
	complete jobs generated during the ward round.
	Leave at 5pm.
	To assist in theatre if required
	Tues: 12:45-14:00H Grand Round
	Mon: 14:00-15:00H Foundation Teaching
	Thursday: Lunch time Trauma Teaching
	One half day/ week
	Note: FY1 available to help but shared between 3 consultants.
	On call requirements:
	To clerk (History + Examination) all new patients admitted to
	A&E plus all GP referrals and prepare any patients needing
	theatre. To book patients for theatre.
	Ward reviews and jobs as indicated.
	Assist in theatre if required/ if have time
	Full shift 1:9 late day, 1:9 weekends, 1:9 split nights
	Note: zero-hour day's allocated if working on calls
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/
Contact	1111.ps.// kss.11cc.11115.uk/ cast-sussex-11ca1t11ta1 c-11115-t1 ust/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	
	Urology
Grade	F1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital
(include trust name if different	Kings Drive, Eastbourne,
to employing trust)	East Sussex BN21 2UD
Type of work to expect and	Grand Round:
learning opportunities	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics:
	Mandatory FY1 Core teaching takes place every Tuesday, 1.00
	– 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm).
	Other:
	Leadership Programme - 4 - 5 half-day courses over the year
	Female Urology MDT course
	Female Urology MDT course Broad Range Urology course
	Departmental half teaching days
	Self-Development Time – FY1 doctors should have two hours
	per week of
	non-clinical professional self-development time. This will
	include time for preparing for specialty application as well as
	developing skills in quality improvement, teaching and
	leadership.
Main duties and further	The F1 doctor is responsible with other staff for the ward care
information about the	of patients and the maintenance of the patient's medical record.
placement	·
	They are expected to attend the structured teaching
	programmes provided by the department. The doctor will be
	responsible for such other specific clinical duties as allocated by
	consultants including performing other duties in occasional
	emergencies and unforeseen circumstances. There is dedicated
	self-development time (approximately half a day per week in
	total, averaged across the placement) where they will have the
	opportunity to attend a clinical session of their choice as a
	··
	supernumerary doctor. Examples include but are not limited to,
	operating theatre sessions, outpatient clinics and procedure
	sessions, and multidisciplinary team meetings.
	The overall educational objectives of the F1 year are:
	Take a history and examine a patient
	Identify and prioritise problems
	Prescribe safely
	•
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues



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	Use evidence-based guidelines and audit to benefit patient
	care
	Act in a professional manner at all times
	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems
	Educate patients effectively
	Become life-long learners and teachers
Clinical Supervisor(s)	Miss Sarah Tang
This may be subject to change	
Typical working pattern in the placement	One training session per week, either a morning or afternoon.
e.g ward round, clinics, theatre	The Department currently runs weekly half hour teaching
	sessions on Thursday lunchtimes.
	There are frequent ad hoc teaching sessions arranged in
	addition to board round teaching at morning handover.
	There are full afternoon sessions of whole department
	teaching once every 2 months, and Clinical Governance once
	every 2 months.
	every 2 months.
	Hospital at Night Rota is 1:14
	Shifts are:
	Standard Day – 08:00 – 17:00 (own Speciality)
	Evening Shift – 12.30 – 20.30 (on call from 1630)
	Long Day – 08.00 – 20.30 (on call from 1630)
	Night Shift — 20.00 — 08.30 (Surgical)
	Out of hour cover is a shift pattern and is shared workload
	between the two colleagues on call. Specialties the hospital at
	night team cover are Urology, ENT, Orthopaedics, Breast,
	General Surgery and Gynaecology.
	The Consultant & Registrars for all of the above specialties are
	non-resident on call; however there is a General Surgery
	Resident on call Registrar.
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



<b>Specialty</b> Ca	ardiology
Grade F2	2
Trust Ea	ast Sussex Healthcare NHS Trust
(include trust name if different	onquest Hospital he Ridge, St Leonards-on-Sea, ast Sussex TN37 7RD
Meaning opportunities  Type of work to expect and learning opportunities  Other in the property of	ormal working hours is 08:30 to 17:00-18:00 from Monday to Friday fon: Ward round and ward jobs subsequently. Often consultants give edside teaching if they do ward rounds. There is a consultant ward bund of CCU and the new patients every day. X-ray meeting on londays from 08:30-09:30H.  Juse: Ward round and ward jobs subsequently. Echo meeting 08.30 – 9.30H  Juse: Ward round and ward jobs subsequently. Echo meeting 08.30 – 9.30H  Juse: Clerking acute admissions in A&E or GP referrals in MAU.  Juse: CCU ward round starts from midday and there is a ward bund and ward jobs in the morning.  Juse: CCU ward round starts at 08:30. Post take ward round from 09:00 wery other week After being on call. Ward jobs in the morning. Every there week SHO cardiology clinic on Thursday afternoons. These are odd learning opportunities. There is always someone to ask if you get suck and the consultants are very approachable. MDT alternate weeks .30 – 9.30.  Juse: 08:30 to 17:00-18:00. Again, ward round and ward jobs. There are 4 consultants in cardiology who do a ward round of their patients at least nace a week. Journal club and lunchtime teaching 13:00 – 14:00H.  Just: Weekend on call is from 08:30-21:30. Clerking acute admissions in &E or GP referrals in MAU. If there is time, help the FY1 on the wards as rell.  Jun: Weekend on call is from 08:30-21:30. Clerking acute admissions in &E or GP referrals in MAU. If there is time, help the FY1 on the wards as rell.  Jun: Weekend on call, given either the Monday or the Tuesday off. The rest as above. There are opportunities to observe procedures in the cardiac atheterisation lab. There are also opportunities to watch echos and ther diagnostic tests if desired. The consultants are very keen to teach. In call requirements: 1 in 6  Beaching Opportunities - Mandatory  June Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at a conquest Hospital and every Wednesday, 1.00 – 2.00 pm at a conquest Hospital and every Wednesday, 1.00 – 2.00 pm at a conquest Hospital and every Wednesday, 1.



	<u>Self-development time</u> - FY2 doctors should have two hours per week of
	non-clinical professional self-development time. This will include time for
	preparing for specialty application as well as developing skills in quality
	improvement and teaching
Main duties and further	Typical working pattern in this placement (e.g. ward rounds, clinics,
information about the	theatre sessions)
placement	Mon: 08:30 to 17:00-18:00. Ward round and ward jobs subsequently.
piacement	Often consultants give bedside teaching if they do ward rounds. There is
	a consultant ward round of CCU and the new patients every day. X-ray
	meeting on Mondays from 08:30-09:30
	<b>Tues</b> : 08:30 to 17:00-18:00. Ward round and ward jobs subsequently
	<b>Wed</b> : On call every other Wednesday 08:30 until 21:30. Clerking acute
	admissions in A&E or GP referrals in MAU. Practically the on call usually
	starts from midday and there is a ward round and ward jobs in the
	morning.
	Thurs: CCU ward round starts at 08:00. Post takes ward round from
	09:00 every other week after being on call. Ward jobs in the morning.
	,
	Every other week SHO cardiology clinic on Thursday afternoons. These
	are good learning opportunity. There is always someone to ask if you get stuck and the consultants are very approachable.
	, ,,
	Fri: Again ward round and ward jobs. There are 4 consultants in
	cardiology who do a ward round of their patients at least once a week.
	Sat: Weekend on call is from 08:30-21:30. Clerking acute admissions in
	A&E or GP referrals in MAU. If there is time, help the FY1 on the wards as
	well.
	Sun: Weekend on call is from 08:30-21:30. Clerking acute admissions in
	A&E or GP referrals in MAU. If there is time, help the FY1 on the wards as well.
	<b>Mon</b> : When on call, given either the Monday or the Tuesday off. The
	rest is as above. There are opportunities to observe procedures in the
	cardiac catheterisation lab. There are also opportunities to watch echos
	and other diagnostic tests if desired. The consultants are very keen to
	teach.
	On call requirements: 1 in 6
Clinical Supervisor(s)	Dr K Dickinson/Dr D Walker/Dr I Kalyar
This may be subject to change	Desir has a seed of 5 Heleft 10 and 1 and 1 delete a seed of 1 delete
Typical working pattern in the	Basic hours only / Full shift /On-call rota (delete as appropriate)
placement. e.g ward rounds,	Rota Template:
clinics, theatre	Your working pattern is arranged across a rota cycle of < <insert< th=""></insert<>
	number>> weeks, and includes:
	Normal days
	Long days
	Night shifts
	Weekend shifts
	On-call duties
	(Delete any that do not apply)
	A copy of your rota template is attached to the end of this document
	to be appended
	Average Weekly Hours of Work: <u>to insert</u>
	Your contract is a full-time / less-than-full-time (delete as appropriate)
	contract for < <insert 40="" a="" maximum="" number="" of="" to="" up="">&gt; hours</insert>



	You will in addition be contracted for an additional < <insert number="" th="" up<=""></insert>
	to a maximum of 8>> hours, making for total contracted hours of
	< <insert above="" figures="" of="" sum="" the="" two="">&gt;</insert>
	The distribution of these will be as follows:
	Average weekly hours at basic hourly rate:
	Average weekly hours attracting a 37% enhancement:
	Note: these figures are the average weekly hours, based on the length of
	your rota cycle, as required by Schedule 2 of the Terms and Conditions of
	Service. These may not represent your actual hours of work in any given
	week.
For further information, please	Link to specific trust information page on KSS website will be included
contact the	here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/
Local Education Provider (LEP)	
administrative contact	

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



	South East
Specialty	Emergency Medicine (Conquest)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust	Conquest Hospital The Ridge, St Leonards-on-Sea, East Sussex TN37 7RD
Type of work to expect and learning opportunities	Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm  Foundation Programme Core Topics: Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital  Other: South Coast Emergancy Modicine Ultrasound Course (EDCH)
	South Coast Emergency Medicine Ultrasound Course (EDGH) Regional Training Days (Conquest) CMT Training Day (Conquest)  Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching
Main duties and further information about the placement	Assessment and immediate management of major and minor complaints.
	General duties in an Emergency Dept including assessing patients with both minor and major complaints. Occasional exposure to resuscitation of acutely unwell and trauma patients. Learning opportunities include chances to apply knowledge relating to acute emergencies in most aspects of medicine, surgery and specialties. Plenty of opportunity to develop practical skills such as suturing, use of local anaesthesia and reduction and manipulation of fractures and dislocations.
	Typical working pattern in this placement (e.g., ward rounds, clinics, theatre sessions)  No ward rounds or clinic. All shifts involve working on the 'shop floor' with no allocation to a particular stream (i.e majors or minors)
	Shift pattern is on a rolling rota. E.g. 08:00 – 17:00 10:00 – 19:00 11:00 – 20:00
	13:00 – 22:00 14:00 – 23:00 Nights: 22:00 – 08:30
	No On Call requirements but is currently  *Rota via Trust Medical Staffing  Working pattern:
	Basic hours only / Full shift /On-call rota (delete as appropriate)



## Rota Template:

Your working pattern is arranged across a rota cycle of 12 weeks, and includes:

Normal days – early starts, mid-morning starts, afternoon and twilight shifts

Night shifts

Weekend shifts

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

**Annual pay for role\*** (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement:

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>
Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust

**Medical Staffing** 

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

\*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.



Clinical Supervisor(s) This may be subject to change	Dr Danielle Vidler/Mr Ghassan Youssef/Mr Mohamed Alam/ Dr Paul Cornelius/Dr Anna Stubbs/Dr Henrietta Morton-King
Typical working pattern in the placement. e.g ward rounds, clinics, theatre	Nights: 22:00 – 08:30
	No On Call requirements but is currently
	*Rota via Trust Medical Staffing
	Working pattern:
	Basic hours only / Full shift /On-call rota (delete as appropriate)
	Basic hours only / Full shift /On-call rota (delete as appropriate)
	Rota Template:
	Your working pattern is arranged across a rota cycle of < <insert< td=""></insert<>
	number>> weeks, and includes:
	Normal days
	Long days
	Night shifts
	Weekend shifts
	On-call duties
	(Delete any that do not apply)
	A copy of your rota template is attached to the end of this document
	to be appended
	Average Weekly Hours of Work: to insert
	Your contract is a full-time / less-than-full-time (delete as
	appropriate) contract for < <insert 40="" a="" maximum="" number="" of="" to="" up="">&gt; hours</insert>
	You will in addition be contracted for an additional < <insert number<="" td=""></insert>
	up to a maximum of 8>> hours, making for total contracted hours of
	< <insert above="" figures="" of="" sum="" the="" two="">&gt;</insert>
	The distribution of these will be as follows:
	Average weekly hours at basic hourly rate:
	Average weekly hours attracting a 37% enhancement:
	Note: these figures are the average weekly hours, based on the length
	of your rota cycle, as required by Schedule 2 of the Terms and
	Conditions of Service. These may not represent your actual hours of
	work in any given week.
For further information, please	Link to specific trust information page on KSS website will be included
contact the	here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/
Local Education Provider (LEP)	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/
administrative contact	The party has the entitle and

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	Emergency Medicine
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital
(include trust name if different	Kings Drive, Eastbourne,
to employing trust)	East Sussex BN21 2UD
Type of work to expect and learning opportunities	Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH with a (monthly workshop 2-5pm)
	Department weekly teaching (Tuesday pm and Thursday pm) including a radiology meeting once a month and some simulation teaching.
	Other: Local Opportunities: Grand Round presentation once a week 1.00-2.00pm (lunch provided) South Coast Emergency Medicine Ultrasound Course Advanced Trauma Life Support Paediatric Intermediate Life Support European Paediatric Life Support Career Taster opportunities facilitated and organised locally
	Self-Development Time - FY2 doctors will have one day a month as non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.
Main duties and further information about the placement	1st tier rota seeing all patients in the Emergency Department.  The F2 doctor is responsible, with senior support always available on the shop floor, for the assessment and management of patients presenting to the department and the maintenance of the patient's medical record. Patients presenting to the department are an undifferentiated workload, including Major type patients, Minor injuries and illness, with approximately 25% of all attendance are paediatric presentations. They will have opportunity to spend time in our Urgent Care Centre seeing Minor Injuries. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants, including performing other duties in occasional emergencies and unforeseen circumstances.  The FY2 doctor will also be involved in the management of resus patients under supervision, suturing, manipulation of orthopaedic injuries, plastering and removal of foreign bodies.



	They are taught to use a slit lamp. In addition to paediatric
	patients the FY2 will be exposed to patients with mental health
	issues. The department sees a large cohort of elderly patients
	who frequently need a multidisciplinary team approach, with
	physiotherapy, occupational therapy and adult social care
	involvement to ensure safe discharge.
	The overall educational objectives of the F2 year are:
	Take a focused history and examine a patient
	Identify and synthesise problems
	Prescribe safely
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relatives and
	colleagues
	Use evidence, guidelines and audit to benefit patient care
	Act in a professional manner at all times
	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems
	Educate patients effectively
	Become life-long learners and teachers.
	There are opportunities to get involved in QIP projects whilst in
	the Emergency department.
	Those FY2s in ED rotating into GP practice spend an additional
	day supporting the December and April induction before
	rotating into GP.
Clinical Supervisor(s)	Mr S Shubber
This may be subject to change	Mr U Shanker
	Dr Z Atesli Dr S Habeeb
	Dr O Imtiaz
	Dr A Anand
	Dr K Anoop
Typical working pattern in the	1 in 3 weekends.
placement	Shift pattern rota circulating into nights. Similar job on all days.
e.g ward round, clinics, theatre	Seeing mostly majors and minors patients.
	On call requirements: A&E shift rota,
	Frequently out of hours shifts.
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



	South Ea
Specialty	ENT - Otolaryngology
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital
(include trust name if different	Kings Drive, Eastbourne,
to employing trust)	East Sussex BN21 2UD
Type of work to expect and	Teaching Opportunities - Mandatory
learning opportunities	Grand Round:
	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics:
	Mandatory FY2 Core teaching takes place every Thursday, 2.00
	- 3.00 pm at the Conquest Hospital and every Wednesday, 1.00
	– 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm).
	(FY2s will attend the site nearest to them)
	Other:
	Thursday 09:00am – ENT Teaching (Mr N Violaris)
	Journal Club meetings (sporadically)
	Teaching in OPD and on ward rounds
	Self-development time - FY2 doctors should have two hours
	per week of non-clinical professional self-development time.
	This will include time for preparing for specialty application as
Main duties and further	well as developing skills in quality improvement and teaching.
information about the	The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical
placement	record. They will have opportunity to work with the
procernent	consultants in outpatients' clinics for at least one day each
	week, and also take responsibility for problems arising in ENT.
	They are expected to attend the structured teaching
	programmes provided by the department. The doctor will be
	responsible for such other specific clinical duties as allocated
	by consultants including performing other duties in occasional
	emergencies and unforeseen circumstances.
	Dealing with GP and A&E referrals. This is mainly
	cauterising/packing epistaxis, micro-suctioning etc. The F2 will regularly sit-in on clinics with the Consultants and attend
	theatre.
	The F2 will learn how to manage ENT emergencies, perform
	microsuction, nasal endoscopy, nasal cautery.
	The job is ideal for a candidate who is interested in ENT and
	very useful for those going into General Practice.
Clinical Supervisor(s)	Mr N Violaris
This may be subject to change	Mr M Al-Hashim
Typical working pattern in the	Mon: 0900 AM Consultant clinic.
placement	1400 – 1700 PM On-call.
e.g ward round, clinics, theatre	1230 – 1400 Grand Round
	Tues: 0900 – 1230 AM Theatre. PM on call.



	South Ea
	Wed: 0900 – 1230 AM On call,
	1330 – 1700 PM Clinic.
	1300 – 1400 F2 Teaching every
	Wednesday lunchtime
	Thurs: 0900 – 1230 AM Theatre. PM on call
	1200 – ENT Teaching (Mr Violaris)
	Fri: 0900 – 12.30 AM Clinic. PM on call.
	On call requirements: Yes
	Rolling rota for Hospital at Night - Full shifts 1:14 late day (0800
	– 2030), 1:14 weekends (0800 – 2030 or 0800 – 1600), 1:14
	night shifts (2000 – 0830).
	On call hours are: Monday to Friday 0800-2030 or 1400-2200.
	Nights are: 2000-0830 x 2
	Weekend shifts are: 0800-2030 x 2
	The Hospital @ Night Rota is made with juniors from ENT,
	Urology & Orthopaedics.
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	General Practice
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	GP Surgery
(include trust name if different	Various surgeries used, usually within the Hastings, St Leonards,
to employing trust)	Bexhill, Hailsham, Heathfield, Herstmonceux, Stone Cross,
to emproying a got,	
	Eastbourne, Seaford and Rye area.
	Not all GP placements are based in Eastbourne or Hastings. FY2
	Doctors are responsible for transporting themselves to the GP
	Surgery.
	TRANSPORT IS ESSENTIAL for those applying for these posts.
Type of work to expect and	Teaching Opportunities - Mandatory
learning opportunities	Grand Round:
	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics:
	Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 –
	2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s
	will attend the site nearest to them)
	will deterial the site fledress to them?
	Other:
	GPST Regional Study Days
	"Hot Topics" lectures
	Self-development time - FY2 doctors should have two hours per
	week of non clinical professional self-development time. This will
	include time for preparing for specialty application as well as
	developing skills in quality improvement and teaching.
Main duties and further	Independently run clinics, opportunity to experience a wide range
information about the	of community health problems.
placement	Daily GP sessions, weekly GP teaching, ability to speak to your
	clinical supervisor after each surgery and after each patient if
	needed. Ability to shadow other members of primary Healthcare
	team.
	At GP you will be exposed to a variety of problems like General
	medical / surgical presentations, mental health problems, social
	problems, joints presentations, self-limiting illnesses and Chronic
	diseases management.
	Weekly timetable with GP surgeries, exposure to acute and
	chronic illness, chronic disease clinics, team work in GP setting
	Learn about the interface between primary and secondary care
	Self-directed learning and preparation of
	PDP
	Work based assessments including video analysis of consultations
	Attendance at Conquest and Eastbourne DGH for weekly
	compulsory FY2 tutorials
	1 /



	Weekly tutorials in the community with the GP community
	teacher.
	Audit, surgery, following up on own patient care.
Clinical Supervisor(s)	Varies according to the GP Surgery
This may be subject to change	
Typical working pattern in the	Example weekly pattern (varies according to GP Surgery used)
placement	Mon: 08.30-11.30 Clinic 1500-1700
e.g ward round, clinics, theatre	1230-1400 Grand Round (EDGH)
	1400 – 1500 F2 Teaching every Monday
	(CQ)
	Tues: 08.30-11.30 12.30 – 14.00 Grand Round
	(CQ)
	Clinic 15.00-1700
	Wed: 08.30-11.30 Clinic 1500-1700
	1300-1400 F2 Teaching every
	Wednesday (EDGH)
	Thurs: 08.30-11.30 Clinic 1500-1700
	Fri: 08.30-11.30 Clinic 1500-1700
	Community tutorial
	Sat: Off
	Sun: Off
	On call requirements: No out of hours.
	All FY2s in GP placements may spend a day per week in the A&E
	department at the Conquest Hospital or half day at the EDGH in,
	MAU or A&E, except ITU at Conquest Hospital, where FY2s will
	spend 4 days each month in the acute setting in order to have a
	good learning experience/understanding of the Specialty.
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



	South East
Specialty	General Surgery
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust	Conquest Hospital The Ridge, St Leonards-on-Sea, East Sussex TN37 7RD
Type of work to expect and learning opportunities	Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm  Foundation Programme Core Topics: Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital Other: Leadership Programme - 4 - 5 half-day courses over the year Weekly departmental meetings every Thursday at 11:30-12:30pm
	Bi-monthly Clinical Effectiveness (Audit) meetings Departmental theatre induction evening (3x per year) Journal Club (weekly) MDT meetings (weekly) Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching
Main duties and further	Typical working pattern in this placement (e.g., ward rounds, clinics,
information about the placement	theatre sessions)  0800-1100 Ward Round  1100-1130 MDT  Ward jobs thereafter  For normal days 8am-10am ward round. Rest of day – 5/6pm (usually 6pm) completing jobs lists. i.e., bloods, ABGs, requesting tests, assessing sick patients. Cross cover other teams for F1s on annual leave/sick etc  One day a week on call (8am-8.30pm) clerking any new admissions and initial management (except those weeks on nights) Handover at 8.00 pm.  2 sets of weekend nights (3 nights) 8pm – 8.30am (handover at 8.00 am)  2 sets of weeknights (4 nights). 8pm-8.30am (handover at 8.00 am). Covering 2 general surgery wards (assessing acutely unwell, fluids, drug charts etc)  2 sets of weekend days on call 8am-8pm  Mon to Thu nights are followed by zero hours on Fri and off on Sat + Sun  Fri to Sun nights are followed by zero hours on Mon + Tue  Weekday SAU and Long Days – a zero hours day on previous or following day



	Depending on which line of the rota the doctors are placed they may do slightly less or more SAU or long days as they follow a 1:10 rota and approximately 18 weeks for each rotation.  FY1s are expected to attend a minimum of 2 x Theatre session and 2 x Outpatient sessions in a 4-month rotation.
Clinical Supervisor(s)	Mr Raj Harshen <u>raj.harshen@nhs.net</u> Mrs Alys Morris <u>alys.morris@nhs.net</u>
This may be subject to change	Miss Imelda Donnellan <u>imelda.donnellan@nhs.net</u>
Typical working pattern in the	0800-1100 Ward Round
placement. e.g ward rounds, clinics,	
theatre	Ward jobs thereafter
	For normal days 8am-10am ward round. Rest of day – 5/6pm (usually
	6pm) completing jobs lists. i.e., bloods, ABGs, requesting tests, assessing sick patients. Cross cover other teams for F1s on annual
	leave/sick etc
	One day a week on call (8am-8.30pm) clerking any new admissions
	and initial management (except those weeks on nights) Handover at
	8.00 pm.
	2 sets of weekend nights (3 nights) 8pm – 8.30am (handover at 8.00 am)
	2 sets of weeknights (4 nights). 8pm-8.30am (handover at 8.00 am). Covering 2 general surgery wards (assessing acutely unwell, fluids,
	drug charts etc)
	2 sets of weekend days on call 8am-8pm
	Mon to Thu nights are followed by zero hours on Fri and off on Sat +
	Sun
	Fri to Sun nights are followed by zero hours on Mon + Tue
	Weekday SAU and Long Days – a zero hours day on previous or
	following day Depending on which line of the rota the doctors are placed they may
	do slightly less or more SAU or long days as they follow a 1:10 rota
	and approximately 18 weeks for each rotation.
	FY1s are expected to attend a minimum of 2 x Theatre session and 2 x
	Outpatient sessions in a 4-month rotation.
	*Rota via Trust Medical Staffing
	Working pattern:
	Basic hours only / Full shift /On-call rota (delete as appropriate)  Rota Template:
	Your working pattern is arranged across a rota cycle of < <insert< td=""></insert<>
	number>> weeks, and includes:
	Normal days
	Long days
	Night shifts
	Weekend shifts
	On-call duties
	(Delete any that do not apply)
	A copy of your rota template is attached to the end of this document
	to be appended
	Average Weekly Hours of Work: to insert



Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role\* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement:

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>
Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

\*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

For further information, please contact the Local Education Provider (LEP) administrative contact

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<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



	South Ea
Specialty	Geriatric Medicine (Conquest Hospital)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital
(include trust name if different	The Ridge, St Leonards-on-Sea,
to employing trust)	East Sussex
	TN37 7RD
Type of work to expect and	Teaching Opportunities – Mandatory
learning opportunities	Grand Round: Tuesdays (1.00 - 2.00 pm) at Ed Centre.
	DME Journal club (1-2pm) at Doctors' Library, Level 1, opposite
	Benson ward. Currently – virtual.
	For all the December 2 of Table
	Foundation Programme Core Topics:
	Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Education Centre, Conquest Hospital
	Self-development time - FY2 doctors have two hours per week
	of non-clinical professional self-development time. This will
	include time for preparing for specialty application as well as
	developing skills in quality improvement and teaching
Main duties and further	Main duties of the placement
information about the	Daily ward rounds under senior supervision (SHO, SpR or
placement	Consultant led)
	Keeping and updating patients' list, preparing the lists for ward
	rounds and daily board rounds
	Discharge summaries
	DNAR/ReSPECT/EoLC discussions and completion of the related
	•
	documents.
	Medical student teachings
	Reviewing and requesting blood tests.
	Performing jobs generated after the ward rounds
	Participating and, at times, running board rounds under
	supervision
	<u>Macdonald ward</u>
	26 bedded ward staffed with personnel trained in the care of
	complex older patients, dementia and EoLC.
	FY2 doctors receive training in the following:
	Comprehensive Geriatric Assessment/Frailty
	Diagnosis and management of chronic disease and
	disability/"Geriatric Giants"
	Acute Delirium/Dementia
	Rehabilitation
	Daily board rounds
	Best interest meetings/understanding of MCA 2005
	End of Life Care Planning
	Palliative care training: Palliative care
	Newington and Tressell
	Newington and Tressell



	28 bedded wards acute frailty wards.
Clinical Supervisor(s)	Dr E Mucci / Dr Win (Newington)
This may be subject to change	Dr H McIntyre (Tressell)
ime may be callycot to enumy	Dr J Rahmani (McDonald)
Typical working pattern in the	Typical working pattern in this placement (e.g. ward rounds,
placement	clinics, theatre sessions)
e.g ward round, clinics, theatre	08.30-09.00 Prep time for ward round
	0900-1100 Ward Round
	1100-1130 Board round, daily
	11.30-13.00 Continue ward round
	Mandiahathanaftan
	Ward jobs thereafter:  Mornings: Twice a week consultant ward round, once a week
	post take ward round. Daily consultant or SpR led board
	rounds. Daily SHO or SpR run ward rounds.
	Once a week geriatric lunch time journal club, currently -
	virtual
	Once a week Grand round lunch time, currently – virtual
	Afternoons: Once weekly FY2 teaching sessions
	Best interest meetings/MDT meetings/ discussions with the
	relatives, doing post ward round jobs, seeing new admissions
	to the wards.
	*Rota via Trust Medical Staffing
	Working pattern:
	Basic hours only / Full shift /On-call rota (delete as appropriate)
	Rota Template:
	Your working pattern is arranged across a rota cycle of < <insert< th=""></insert<>
	number>> weeks, and includes:
	Normal days
	Long days
	Night shifts
	Weekend shifts
	On-call duties
	(Delete any that do not apply)
	A copy of your rota template is attached to the end of this
	document
	to be appended
	Average Weekly Hours of Work: to insert
	Your contract is a full-time / less-than-full-time (delete as
	appropriate) contract for << Insert number up to a maximum of
	40>> hours
	You will in addition be contracted for an additional < <insert< td=""></insert<>
	number up to a maximum of 8>> hours, making for total
	contracted hours of < <insert above="" figures="" of="" sum="" the="" two="">&gt;</insert>
	The distribution of these will be as follows:
	Average weekly hours at basic hourly rate:
	Average weekly hours attracting a 37% enhancement:



Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

**Annual pay for role\*** (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement:

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>
Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

\*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

For further information, please contact the Local Education Provider (LEP) administrative contact

Link to specific trust information page on KSS website will be included here- <a href="https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/">https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</a>

\*\*It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Cura dalla .	South Ea
Specialty	Geriatric Medicine - General (Internal) Medicine
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital
(include trust name if different	Kings Drive, Eastbourne,
to employing trust)	East Sussex BN21 2UD
Type of work to expect and learning opportunities	Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Care of the Elderly Department Educational meetings and Mortality meetings: Tuesdays (1.00-2.00pm) at Eastbourne – Lunch at 12.30pm Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)
Main duties and further information about the placement	Other: Local Training Days including Simulation Training IMT Training Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching. The FY2 doctor is responsible with other staff for the ward care of inpatients and the maintenance of their patient's medical record. This duty will include regular ward rounds and attending
	daily MDT meetings. They will have the opportunity to work with the consultants in outpatients' clinics throughout the week. They are expected to attend the structured teaching programmes provided by the department.
	The overall educational objectives of the F2 year are: Take a history and examine a patient Identify and create a problem list Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Contribute to the daily MDT meetings Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively



Become life-long learners and teachers Contribute to the Care of the Elderly Tutorials and Mortalis Meetings  Clinical Supervisor(s) This may be subject to change  Dr A Nahhas Dr M Fonseka Dr R Nahas Dr H Alexander Dr D Budihal  Typical working pattern in the placement e.g ward round, clinics, theatre  Daily Ward Round Mon: Ward round, MDT meeting, Grand Round 1230 – 1400 then ward Work Tues: Ward round, MDT meeting, Teaching in Care of Elderly Journal Club 1230 – 1400 then Ward Work Wed: Ward round, MDT meeting, F2 Core Teaching ther Ward Work Thurs: Ward Round, MDT meeting then Ward Work Fri: Ward Round, MDT meeting then Ward Work	
Clinical Supervisor(s) This may be subject to change  Dr A Nahhas Dr H Alexander Dr D Budihal  Typical working pattern in the placement e.g ward round, clinics, theatre  Dr D Budihal  Daily Ward Round Mon: Ward round, MDT meeting, Grand Round 1230 – 1400 then ward Work Tues: Ward round, MDT meeting, Teaching in Care of Elderly Journal Club 1230 – 1400 then Ward Work Wed: Ward round, MDT meeting, F2 Core Teaching ther Ward Work Thurs: Ward Round, MDT meeting then Ward Work	
Clinical Supervisor(s) This may be subject to change  Dr A Nahhas Dr R Nahas Dr H Alexander Dr D Budihal  Typical working pattern in the placement e.g ward round, clinics, theatre  Mon: Ward round, MDT meeting, Grand Round 1230 – 1400 then ward Work Tues: Ward round, MDT meeting, Teaching in Care of Elderly Journal Club 1230 – 1400 then Ward Work Wed: Ward round, MDT meeting, F2 Core Teaching ther Ward Work Thurs: Ward Round, MDT meeting then Ward Work	У
This may be subject to change  Dr M Fonseka Dr R Nahas Dr H Alexander Dr D Budihal  Typical working pattern in the placement e.g ward round, clinics, theatre  Mon: Ward round, MDT meeting, Grand Round 1230 – 1400 then ward Work Tues: Ward round, MDT meeting, Teaching in Care of Elderly Journal Club 1230 – 1400 then Ward Work Wed: Ward round, MDT meeting, F2 Core Teaching ther Ward Work Thurs: Ward Round, MDT meeting then Ward Work	
Dr R Nahas Dr H Alexander Dr D Budihal  Typical working pattern in the placement e.g ward round, clinics, theatre  Mon: Ward round, MDT meeting, Grand Round 1230 – 1400 then ward Work Tues: Ward round, MDT meeting, Teaching in Care of Elderly Journal Club 1230 – 1400 then Ward Work Wed: Ward round, MDT meeting, F2 Core Teaching ther Ward Work Thurs: Ward Round, MDT meeting then Ward Work	
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Tues: Ward round, MDT meeting, Teaching in Care of Elderly Journal Club 1230 – 1400 then Ward Work Wed: Ward round, MDT meeting, F2 Core Teaching ther Ward Work Thurs: Ward Round, MDT meeting then Ward Work	
of Elderly Journal Club 1230 – 1400 then Ward Work Wed: Ward round, MDT meeting, F2 Core Teaching ther Ward Work Thurs: Ward Round, MDT meeting then Ward Work	
Ward Work Wed: Ward round, MDT meeting, F2 Core Teaching ther Ward Work Thurs: Ward Round, MDT meeting then Ward Work	
Wed: Ward round, MDT meeting, F2 Core Teaching ther Ward Work Thurs: Ward Round, MDT meeting then Ward Work	
Ward Work Thurs: Ward Round, MDT meeting then Ward Work	
Ward Work Thurs: Ward Round, MDT meeting then Ward Work	
Fri: Ward Round, MDT meeting then Ward Work	
, , , , , , , , , , , , , , , , , , , ,	
Opportunities to work with the consultant in Geriatric	
Medicine outpatient clinics throughout the week (timetab	e to
be distributed on arrival).	
For further information, please Link to specific trust information page on KSS website will	oe
contact the Local Education included here- <a href="https://kss.hee.nhs.uk/kss-foundation/trus">https://kss.hee.nhs.uk/kss-foundation/trus</a>	<u>[-</u>
Provider (LEP) administrative <u>information-pages/</u>	
contact <a href="https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/">https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</a>	

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



C	South East
Specialty Grade	Gastroenterology (Conquest)  F2
	1
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital
(include trust name if different to	The Ridge, St Leonards-on-Sea,
employing trust	East Sussex TN37 7RD
	Teaching Opportunities - Mandatory  Grand Round: Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm  Departmental teaching – Wednesdays – 12:30 to 13:30H
	Foundation Programme Core Topics:  Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital  Other:
Type of work to expect and learning opportunities	Journal Club Thursdays 1.00 - 2.00 pm (Conquest) Multidisciplinary Meetings
	Wednesdays Nutrition MDM 1130-1230
	Wednesdays Surgical Radiology MDM 1.00 - 2.00 pm
	Thursdays Gastro General Radiology 9.00 - 10.00 am (Conquest)
	Friday Upper GI Cancer MDM 0830-0930
	Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching
Main duties and further	Daily ward rounds, weekly general gastroenterology outpatient
information about the placement	clinics, clinical teaching on the ward. Opportunity to acquire practical skills related to management of wide range of acute gastroenterology conditions /emergencies including: upper GI bleeding, acute/chronic liver disease, inflammatory bowel disease, malnutrition and GI related cancers. Practical skills include insertion of ascetic drains and NG feeding tube. Working as team with IBD & GI cancer specialist nurses and dietitians.
Clinical Supervisor(s) This may be subject to change	Dr A Zubir, Dr F Cuison and Dr S Fong - – rotate cover for wards every 4 weeks giving opportunity to experience different specialty experience and knowledge.
Typical working pattern in the placement. e.g ward rounds, clinics theatre	Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions) Weekly: Mon: am SpR ward round pm Ward work / on call
	Tues: am Consultant ward round, Grand Round pm ward work
	Wed: am CT ward round, MDM gastro/surgeons pm ward work or
	clinic / on call
	Thurs: am Gastro MDM, SpR ward round, lunch time journal club, pm ward work or clinic
	Fri: am upper GI cancer MDM, consultant ward round, FY2 teaching Sat: off / on call as per rota
	Sun: off / on call as per rota



On call requirements: 1 in 8, 2 weekends, 2 weeks of nights

## \*Rota via Trust Medical Staffing

## Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

#### Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to be appended

## Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

**Annual pay for role\*** (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement:

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>
Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust

**Medical Staffing** 

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

\*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than



	the above figure. Where this is the case, your salary will contain one
	or more additional pay protection elements so as to maintain your
	salary at its protected level.
Local Education Provider (LEP)	Link to specific trust information page on KSS website will be included here- <a href="https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/">https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</a>

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Cassislay	Costroontorology, Conorol (Internal) Medicina
Specialty Grade	Gastroenterology - General (Internal) Medicine F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital
(include trust name if different	Kings Drive, Eastbourne,
to employing trust)	East Sussex BN21 2UD
Type of work to expect and learning opportunities	Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)
	Other: Educational Session 0845-0930 at the DGH on Thursday mornings. It is expected that the FY2 attends at least 1-2 clinics during their GI placement
	Journal Club Thursdays 1.00 - 2.00 pm (Conquest) X-Ray Meeting Wednesdays 1.00 - 2.00 pm and Thursdays 9.00 - 10.00 am (Conquest)
	Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.
Main duties and further information about the placement	The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will be expected to attend outpatient clinics and endoscopy sessions to experience some of the secondary care procedures and clinical cases that we deal with. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
	The overall educational objectives of the F2 year are: Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems



	Educate patients effectively
	Become life-long learners and teachers
Clinical Supervisor(s)	Dr D Neal
This may be subject to change	Dr A Jeevagan
Typical working pattern in the	Mon: AM Ward Round, ward work
placement e.g ward round, clinics, theatre	1230 – 1400 Grand Round
	Tues: AM Ward Round, ward work
	Wed: AM Ward Round, ward work
	1300 – 1400 F2 Teaching every
	Wednesday lunchtime
	MDT Meeting
	Thurs: AM Ward Round, ward work
	Fri: AM Ward Round, ward work
	On call requirements: as per rota
	Educational experience available:
	ERCP Monday morning
	Multiple Consultant clinics available through the week
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Consister	South Ea
Specialty	AMU - GIM
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Eastbourne District General Hospital Kings Drive, Eastbourne, East Sussex BN21 2UD
Type of work to expect and learning opportunities	Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Department Educational meetings and Mortality meetings: Tuesdays (1.00-2.00pm) at Eastbourne – Lunch at 12.30pm
	Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)
	Other: Local Training Days including Simulation Training, Self-Development Time - FY2 doctors should have two hours per week of non -clinical professional self-development time. This will include time for preparing for specialty applications as well as developing skills in quality improvement, teaching and leadership.
Main duties and further information about the placement	The FY2 doctor is responsible with other staff for the ward care of inpatients and the maintenance of their patient's medical record. This duty will include regular ward rounds and attending daily MDT meetings. They will have the opportunity to work with the consultants at the Same Day Emergency Care Unit throughout the week as well as the Medical Admissions Unit. They are expected to attend the structured teaching programmes provided by the department.
	The overall educational objectives of the F2 year are: Take a history and examine a patient Identify and create a thorough list of differential diagnoses Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Contribute to the daily MDT meetings Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times



	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems
	Educate patients effectively
	,
	Become life-long learners and teachers
	Contribute to the Care of the Elderly Tutorials and Mortality
	Meetings
	Develop core medical and acute medical procedure skills
Clinical Supervisor(s)	Dr Jose Almaraz
This may be subject to change	Di Jose Alilialaz
Typical working pattern in the	Daily Ward Round
placement	Mon: Ward round, MDT meeting, Grand Round
e.g ward round, clinics, theatre	1230 – 1400 then ward Work
	Tues: Ward round, MDT meeting, Teaching in Care
	of Elderly Journal Club 1230 – 1400 then Ward Work
	Wed: Ward round, MDT meeting,
	1.00-1400 FY2 Core Teaching then Ward Work
	Thurs: Ward Round, MDT meeting then Ward Work
	Fri: Ward Round, MDT meeting then Ward Work
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



	South East
Specialty	GIM/Respiratory (Conquest)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital
(include trust name if different to	The Ridge, St Leonards-on-Sea,
employing trust	East Sussex TN37 7RD
	Teaching Opportunities - Mandatory
	Grand Round: Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30
	pm
	Departmental teaching – Wednesdays – 12:30 to 13:30H
	,
Type of work to expect and	Foundation Programme Core Topics:
learning opportunities	Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm
	at the Conquest Hospital
	Self-development time - FY2 doctors should have two hours per week
	of non-clinical professional self-development time. This will include
	time for preparing for specialty application as well as developing skills
	in quality improvement and teaching
Main duties and further	Baird ward is a mix of Respiratory and General medical short stay
information about the placement	patient. There are 28 patients in total, shared between 2 ward-based
process and the process of the proce	teams, both led by Consultant Respiratory Physicians. There is daily
	Consultant presence on the ward.
	Managing inpatients on Baird ward under the direct supervision of
	the respiratory consultants.
	Referrals to other specialties/consultants where indicated. Ensuring appropriate outpatient follow up when patients are discharged. To attend diabetes/ endocrine clinics when enough team members to cover the ward (juniors will be rota'd on a weekly basis to attend a clinic), there will also be opportunities to participate in diabetes inreach rounds. Whilst on call, to accept referrals to medicine from the Emergency Department, manage the acute admission list, clerk patients, support the FY2 in covering the wards and to attend the post take ward round.
	Clerking medical inpatients, performing basic investigations, liaising with other specialties, following up results, communication with family members. Opportunities to manage acutely unwell patients, participate in cardiac arrest/emergency calls, perform investigations such as chest drains, ascitic taps, lumbar punctures.
Clinical Supervisor(s) This may be subject to change	Dr O Kankam <u>o.kankam@nhs.net</u> Dr T Christopherson <u>thereza.christopherson1@nhs.net</u>
Typical working pattern in the	Mon-Fri: Consultant led ward round staring at 09.00 Please arrive at
_	08.30 to prepare the notes for new patients
theatre	Radiology MDT (11:00 – 11:30H)
	Board round (09:00 – 09:30H)  Thursday / Friday Acute Medicine Teaching programms
	Thursday/ Friday Acute Medicine Teaching programme
	Depending on junior numbers will be rota'd to attend at least 1
	diabetes/ endocrine clinic per week
	On call requirements over 4-month rotation:



Day on call once a week 08:30H-21:30H

2 x weekend 08:30H-21:30H

1 x 3 weekday nights 21:00H-08.30H

2 x 4 weekend nights 21:00H-08.30H

\*Rota via Trust Medical Staffing

#### Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

#### Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to be appended

## Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role\* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement:

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>
Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust

**Medical Staffing** 

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.



	*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- <a href="https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/">https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</a>

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



	South Eas
Specialty	Hematology
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital
(include trust name if different	Kings Drive, Eastbourne,
to employing trust)	East Sussex BN21 2UD
Type of work to expect and	Teaching Opportunities - Mandatory
learning opportunities	Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
	Widhlays (1.00 - 2.00 pill) at EDOIT - lunch at 12.30 pill
	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics:  Mandatory FY2 Core teaching takes place every Wednesday,  1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm)  and on Thursday at Conquest, 2-3pm. (FY2s will attend the site
	nearest to them)  Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.
Main duties and further	The F2 doctor is responsible with other staff for the ward care
information about the	of patients and the maintenance of the patient's medical
placement	record. They will be expected to attend outpatient clinics and
	endoscopy sessions to experience some of the secondary care
	procedures and clinical cases that we deal with. They are
	expected to attend the structured teaching programmes
	provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
	The overall educational objectives of the F2 year are:
	Take a history and examine a patient
	Identify and synthesise problems
	Prescribe safely
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues
	Use evidence, guidelines and audit to benefit patient care
	Act in a professional manner at all times
	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems
	Educate patients effectively



	30dill La
	Become life-long learners and teachers
Clinical Supervisor(s) This may be subject to change	Dr J Newman Dr A Elzein
Typical working pattern in the placement e.g ward round, clinics, theatre	Mon: Ward Round, ward work, Day Unit Support AM / PM  1230 – 1400 Grand Round  Tues: Ward Round, ward work, Day Unit Support AM / PM  Wed: Ward Round, ward work, Day Unit Support AM / PM  1300 – 1400 F2 Core Teaching every Wednesday
	lunchtime
	Thurs: Ward Round, ward work, Day Unit Support AM / PM Fri: Ward Round, ward work, Day Unit Support AM / PM
	On call requirements: as per rota  Educational experience available: Availability of clinic time on an ad hoc basis.
For further information, please contact the Local Education	Link to specific trust information page on KSS website will be included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative contact	information-pages/ https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



	South East
Specialty	Intensive Care Unit (ICU) (Conquest)
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital
(include trust name if different to	The Ridge, St Leonards-on-Sea,
employing trust	East Sussex TN37 7RD
	Teaching Opportunities - Mandatory
	Grand Round: Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30
	pm
	Departmental teaching – Wednesdays – 12:30 to 13:30H
	Foundation Programme Core Topics:
	Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.30 pm at the Conquest Hospital
Type of work to expect and	Other:
learning opportunities	Leadership Programme - 4 - 5 half-day courses over the year
	Anaesthetic Departmental Teaching – when based on the Conquest
	Site (Friday mornings) alternate weeks
	Journal Club – Wednesday lunchtime 1-2pm
	<u>Self-development time</u> - FY2 doctors should have two hours per week
	of non-clinical professional self-development time. This will include
	time for preparing for specialty application as well as developing skills
	in quality improvement and teaching
Main duties and further	Main duties are to participate in the daily ward rounds (twice a day).
information about the placement	During the ward rounds there will be hands on clinical examination and
	case-based discussion. Following the ward rounds our FY2 will help
	expedite referrals and investigations relevant to ongoing patient
	management. US line placement will be taught and supervised.
	Supervised assessment of the acutely unwell patient on the wards and
	in A/E. Attendance at Medical Emergency Team Calls (MET) and Cardiac Arrest calls once experience has been gained on the unit and
	following a 1-week placement in anaesthetics to learn basic and
	advanced airway management.
	Critical Care Unit – busy 11 bed DGH unit. We take both acute medical
	and surgical patients in need of organ support. Expect lots of acute
	medicine and surgery, assessment of the deteriorating patient, basic
	organ support, and immediate management of the sick patient. Line
	placement experience – particularly central and arterial access.
	Multiple learning opportunities in a supportive environment.
	Dr Rachel Madders rachel.madders@nhs.net
Clinical Supervisor(s)	Dr Ramin Sadough ramin.sadoughi@nhs.net
This may be subject to change	Dr Thomas Bate t.bate@nhs.net



Typical working pattern in the **placement.** e.g ward rounds, clinics, theatre sessions) theatre

0900-1200 Ward Round

1200-1230 MDT

Ward jobs thereafter

Mon: Ward Round 8.00 am/ 5pm Tues: Ward Round 8.00am/5pm Wed: Ward Round 8.00am/5pm Thurs: Ward Round 8.00am/5 pm Fri: Ward Round 8.00am/5pm

Sat: Sun:

On call requirements:

Half day per week

\*Rota via Trust Medical Staffing

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Typical working pattern in this placement (e.g. ward rounds, clinics,

## Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to be appended

#### Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for << Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of

<<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the average weekly hours, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role\* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:



	On-call availability supplement:
	Flexible Pay Premia
	Total non-pensionable pay: < <insert amount="" cash="">&gt;</insert>
	Total annual pay for this role: (Basic Pay) Confirmed via Trust
	Medical Staffing
	Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.
	*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.
contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- <a href="https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/">https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</a>

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	Obstetrics & Gynaecology
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital
(include trust name if different	The Ridge, St Leonards-on-Sea,
to employing trust)	East Sussex
	TN37 7RD
Type of work to expect and	Teaching Opportunities – Mandatory
learning opportunities	Grand Round: Tuesdays (1.00 - 2.00 pm) at Ed Centre.
	DME Journal club (1-2pm) at Doctors' Library, Level 1, opposite
	Benson ward. Currently – virtual.
	Foundation Programme Core Topics:  Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Education Centre, Conquest Hospital Self-development time - FY2 doctors have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.  Other:  Daily Risk Meeting 1300-1400
	O&G Teaching 1300-1400
	O&G Rota Meeting 1300-1400
	Labour ward Forum – The First Friday every two months –
	1400-1600
	Atain – 0900-1100
	Womens Risk meeting – 1400-1600
	Womens Audit – every second month on a Wednesday 1400-
	1700
	O&G Perinatal M&M – Every last Friday on the month 1330-
	1530
Main duties and further information about the placement	Main duties of the placement  Training opportunities in addition to the daily informal teaching include:
	Morning consultant led handover. Team handover afternoon 17:00 and night team handover 20:30.
	Consultant/ Registrar lead ward rounds on Labour Ward, Frankshaw & Judy Beard Ward (Gynae).
	Allocation to attend consultant clinics in Obstetrics and Gynaecology OPD for local consultants/ visiting consultants. I have provided them with a list to fill in for their clinic attendance during the 4-month placement.
	Daily Risk meeting.



	1 Hour weekly Teaching session (Frankshaw Seminar Room)
	covers topics over a 17-week plan (4 months placement).
	Department Audit meeting. Opportunity to present Audit. Monthly Perinatal meetings, Opportunity to present cases. Gynae M&M meeting, Opportunity to present cases. Hospital Grand round. In addition, allowance is made on the rota for the FY2 doctor to attend the foundation training locally.
Clinical Supervisor(s) This may be subject to change	Miss N Roberts Miss A Thallon
Typical working pattern in the placement e.g ward round, clinics, theatre	Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)
e.g ward round, clinics, cheatre	O900-1100 Ward Round Ward jobs thereafter or assisting in theatre. The 2 FY2 doctors work in a full shift rota as part of a team of 8 including (5 GP doctors, 2 FY2, 3 ST1 O&G doctors). The shifts also cover long days and hand over 8:30H-21:00H. Nights and weekends as 1:8.  The daytime work covers inpatients in Frankshaw, labour ward care, LSCS, delivery suit, maternity theatres, Frank Shaw postnatal ward and gynaecology/EPU. Usually on a weekly basis to offer continuity.  *Rota via Trust Medical Staffing Working pattern: Basic hours only / Full shift /On-call rota (delete as appropriate)
	Rota Template: Your working pattern is arranged across a rota cycle of 8 weeks, and includes: Normal days Long days Night shifts Weekend shifts
	On-call duties (Delete any that do not apply) A copy of your rota template is attached to the end of this document  to be appended  Average Weekly Hours of Work: to insert
	Your contract is a full-time / less-than-full-time (delete as appropriate) contract for << Insert number up to a maximum of 40>> hours  You will in addition be contracted for an additional << insert number up to a maximum of 8>> hours, making for total contracted hours of << insert sum of the above two figures>>
	The distribution of these will be as follows: Average weekly hours at basic hourly rate: Average weekly hours attracting a 37% enhancement:



	South East
	Note: these figures are the average weekly hours, based on the
	length of your rota cycle, as required by Schedule 2 of the
	Terms and Conditions of Service. These may not represent your
	actual hours of work in any given week.
	Annual pay for role* (select elements as appropriate)
	Basic Pay (Nodal Point):
	Pay for additional hours above 40:
	Enhanced pay at 37% rate:
	Weekend allowance:
	On-call availability supplement:
	Flexible Pay Premia
	The xibite Tay Frenina
	Total pensionable pay: < <insert amount="" cash="">&gt;</insert>
	Total non-pensionable pay: < <insert amount="" cash="">&gt;</insert>
	Total non-pensionable pays will be to cash amounts
	Total annual pay for this role: (Basic Pay) Confirmed via Trust
	Medical Staffing
	mounds out mag
	Should your placement be for less than 12 months, your pay
	will be pro-rated to the length of your placement.
	, , ,
	*Please note- if you are entitled to pay protection in line with
	Schedule 2 of the TCS or to transitional pay protection in line
	with Schedule 14 of the TCS, then your actual salary may be
	greater than the above figure. Where this is the case, your
	salary will contain one or more additional pay protection
	elements so as to maintain your salary at its protected level.
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- <a href="https://kss.hee.nhs.uk/kss-foundation/trust-">https://kss.hee.nhs.uk/kss-foundation/trust-</a>
Provider (LEP) administrative	information-pages/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	Ophthalmology
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital
(include trust name if different	Kings Drive, Eastbourne,
to employing trust)	East Sussex BN21 2UD
Type of work to expect and	Grand Round:
learning opportunities	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)
	Other: Mondays (8.00 - 9.00 am) (PG) - Curriculum-based teaching & Journal Club (Conquest) Thursdays (1.00 - 2.00 pm) (PTG) - Problem-based learning session (Conquest) Fridays (pm) - Postgraduate teaching session at Sussex Eye Hospital, Brighton Regional Training Days (EDGH & Conquest)
	Audit meetings (EDGH & Conquest) Wednesdays (1.00 - 2.00 pm) - Departmental teaching Tuesdays (8.15 - 9.00 am) Medical Retina & Fluorescein Angiography (EDGH) Tuesdays (1.00 - 2.00 pm) - Journal Club (EDGH)
Main duties and further	Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.  Outpatients, theatre, Minor ops and intravitreal injections, Eye
information about the placement	casualty, fluorescein angiography pre-assessment and management of inpatients.
	The F2 doctor is responsible for day-to-day management of any inpatients and liaising with consultant on call. They will mainly be attending clinics and learning to take history and examine patients with slit lamp. Usually by the end of the first month, we encourage the FY2 doctor to be examining patients and taking history on their own but of course supervised. They also have the opportunity to attend minor operations theatre and injection clinics. We have a detailed and structured teaching programme outlined below which they are expected to attend. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other



	South Eas
	duties in occasional emergencies and unforeseen
	circumstances.
	Finally, we always have planty of received and sudit are in-the
	Finally, we always have plenty of research and audit projects
	that we encourage our juniors to be involved in and few have
	managed to present and publish in the past.
	The overall educational objectives of the F2 year are:
	Take a history and examine a patient
	Learn slit lamp examination and fundi check with volk lens
	Identify and solve problems
	Prescribe safely
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues
	Use evidence, guidelines and audit to benefit patient care
	Act in a professional manner at all times
	Cope with ethical and legal issues which occur during the
	management of patients with general medical problems
	Educate patients effectively
	Take part in audit sand research
	Become life-long learners and teachers
Clinical Supervisor(s)	Mr M Wearne
This may be subject to change	
Typical working pattern in the	Mon: Oculoplatic OPD IMW AM,
placement	Bexhill AMD clinic SK PM
e.g ward round, clinics, theatre	1230-1400 Grand Round
	Tues: Theatre minor operations Mr Saldana,
	FFA and eye casualty PM
	Wed: Clinic Mr Saldana AM
	1300-1400 F2 Core Mandatory Teaching  Acute AMD fast track clinic SK PM
	Thurs: Clinic Glaucoma JHMC
	Eye casualty PM
	Fri: Clinic IMW General
	Brighton teaching PM
	Sat: Off
	Sun: Off
	On call requirements: N/A
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/ description is a typical example of the placement and may be

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	Paediatrics
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital
(include trust name if different	The Ridge, St Leonards-on-Sea,
to employing trust)	East Sussex
	TN37 7RD
Type of work to expect and	Teaching Opportunities – Mandatory
learning opportunities	Hospital Grand Round:
	Mondays (13:00 – 14:00H) at EDGH - lunch at 12.30H
	Tuesdays (13:00 – 14:00H) at Conquest - lunch at 12.30H
	(FY2s will attend the site nearest to them)
	Foundation Programme Core Topics:
	Mandatory FY2 teaching takes place every Thursday, 14:00 –
	15:.00H at the Conquest Hospital and every Wednesday, 13:00H –
	14:00H at Eastbourne DGH (monthly workshops 14:00H – 17:00H).
	(FY2s will attend the site nearest to them).
	<u>Self-development time</u> - FY2 doctors have two hours per week of
	non-clinical professional self-development time. This will include
	time for preparing for specialty application as well as developing
	skills in quality improvement and teaching.
	Other:
	Safeguarding Children (case-based discussions) Wednesday am
	08:45H-10:00H Education Centre, Conquest
	Diabetes Training (every 4-month rotation with new Paediatrics
	doctors)
	Kawasaki Disease (every 4-month rotation with new Paediatrics
	doctors) Kipling Seminar Room
	Paediatric Endocrinology Consultant from KCL to deliver lunch time
	lecture (Tuesday) every 3 months
	Paediatric Epilepsy clinic on Friday mornings
	Radiology teaching (Mondays 13:00H-14:00H)
	Paediatric Grand round (Wednesdays 13:00H – 15:00H)
	Paediatric teaching: Tuesdays 13:00H – 15:00H (case-based
	presentations, Journal Club & consultant teaching)
	Peri-natal M&M (Fridays 13:30H – 15:30H), Monthly
	Paediatric M&M meetings quarterly Wednesdays 14:00H-16:00H
	Neonatal simulation (usually once per month, variable days



	South East
Main duties and further	During the four-month placement doctors usually spend
information about the	approximately a week at Eastbourne DGH covering short stay
placement	assessment unit from a Thursday through to a Wednesday. The
	weekdays are 10 hour shifts and the weekend days (Sat/Sun) are
	8-hour shifts. The shifts are 1 in 16. Also rostered to sit in on
	clinics which can be on either site.
	Training opportunities in addition to the daily informal teaching
	include:
	Morning consultant led handover at 8:30. Team handover afternoon
	16:00 and night team handover 20:30.
	Consultant/Registrar lead ward rounds on Kipling or SCBU.
	Allocation to attend consultant clinics in Paediatric OP for local
	consultants/ visiting consultants. I have provided them with a list to
	fill in for their clinic attendance during the 4-month placement.
	Paediatric radiology meeting.
	2 hour Wednesday Paediatric Consultant Handover
	Tuesday 2 hours teaching/learning which covers topics over a 17-
	week plan (4 months placement). Opportunities to present cases.
	Department Audit meeting. Opportunity to present Audit.
	Monthly Perinatal meetings, Opportunity to present cases.
	Paediatric M&M meeting, Opportunity to present cases. Hospital
	Grand Round. Opportunity to present cases in the paediatric
	hospital grand round. In addition, allowance is made on the rota
	for the FY2 doctor to attend the foundation training locally.
	Dr Geeta Gopal
Clinical Supervisor(s)	Dr Salah Mansy
This may be subject to change	Dr Mamataz Parvin
Typical working pattern in the	09:00-11:00H Ward Round
placement	Ward jobs thereafter
e.g ward round, clinics, theatre	The 2 FY2 doctors work in a full shift rota as part of a team of 7
	including (2 GP doctors, 2 FY2, 3 ST1 paediatrics doctors and 3
	ANPs). The shifts also cover for long days and hand over 8:30H-
	21:00H. Nights and weekends as 1:7.
	The daytime work cover includes inpatients in Kipling ward, Kipling
	ambulatory care, SCBU, delivery suit, maternity theatres, Frank
	Shaw post-natal ward and paediatric resus/ Emergency
	department. Usually on a weekly basis to offer continuity.
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/
**!! :- :	description is a typical example of the placement and may be

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	Palliative Care – St Wilfrid's Hospice
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	St Michael's Hospice, 25 Upper Maze
(include trust name if different	Hill, St Leonards-on-Sea
to employing trust)	TN38 0LB
Type of work to expect and	Teaching Opportunities - Mandatory
learning opportunities	Grand Round:
	Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics:
	Mandatory FY2 Core teaching takes place every Thursdays, 2.00 pm – 3:00pm at the Education Centre, conquest Hospital DGH (monthly
	workshops 1-4pm).
	Self-development time - FY2 doctors have two hours per week of
	non-clinical professional self-development time. This will include time
	for preparing for specialty application as well as developing skills in
	quality improvement and teaching.
	Other:
	The Hospice provides specific tutorial programme in house which is
	shared with St Wilfrid's Hospice and delivered weekly on Microsoft Teams.
	reallis.
	St Michael's Hospice Interdisciplinary Learning Forum
	St Michael's Hospice Journal Club
	St Michael's Hospice Medical Team Meeting (with reflective educational
	component).
	There is a joint doctors meeting between four Hospices in East Sussex
	held quarterly which the FY2 doctor may get an opportunity to attend.
Main duties and further	Twice weekly consultant led multi-disciplinary ward round and
information about the	supervision available at all times in general ward duties (admitting
placement	patients, assessing symptoms and updating management plans and
	actively being involved in communication with patients, families and
	professionals).
	The FY2 doctor is responsible with other members of clinical staff for the
	in-patient care of patients and communication of care including the
	maintenance of the patient's electronic record and communicating with
	external professionals where indicated.
	There will be opportunity to work with the consultants or specialty
	doctors in outpatients' clinics or in patient's homes depending on
	individual development needs. There are many learning opportunities in
	this post both informally and formally and there is an expectation that
	the doctor attends all FY2 teaching at Conquest Hospital as cover is
	arranged.



The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.

Specific learning opportunities include managing symptoms e.g. nausea, vomiting, pain, breathlessness and anxiety. Assessing and managing non-physical aspects of illness — psycho-social and spiritual. Improved communication skills e.g., breaking bad news. Working within multiprofessional team. Opportunities to develop skills in advance care planning with patients.

The overall educational objectives of the F2 year are:

Take a history and examine a patient

Identify and synthesise problems

Prescribe safely

Keep an accurate and relevant medical record

Manage time and clinical priorities effectively

Communicate effectively with patients, relative and colleagues

Use evidence, guidelines and audit to benefit patient care

Act in a professional manner at all times

Cope with ethical and legal issues which occur during the management

of patients with general medical problems

Educate patients effectively

Become life-long learners and teachers

For more information about St Michael's Hospice please see https://stmichaelshospice.com

# Clinical Supervisor(s)

This may be subject to change

Typical working pattern in the placement

e.g ward round, clinics, theatre

Dr Isae Kilonzo, Consultant in Palliative Medicine Dr Jane Lewington, Consultant in Palliative Medicine

Handover Meeting

Consultant ward round Admitting new patients

Tues: Handover Meeting

Mon:

Ward work including new admissions

Journal Club

Professional self-development time – 2 hours

Day off after weekend on-call

Wed: Handover Meeting

Weekly Interdisciplinary team meeting

Ward work including new admissions

Thurs: Handover meeting

Drug Round with Clinical Pharmacist 14:00 – 15:00 F2 Teaching (Conquest)

Fri: Handover meeting

Consultant ward round

Ward work including new admissions



There will also be In-house teaching sessions run at various times by the department, which will be agreed in advance with the Clinical Supervisor so that the F2 doctor can attend undisturbed (will be exempt from ward duties for the duration of the session)

On call requirements (non-resident on-call): 1 night a week. 1 weekend in 4, supported by the Consultant (2nd on call)

#### \*Rota via Trust Medical Staffing

#### Working pattern:

On-call rota

#### **Rota Template:**

Your working pattern is arranged across a rota cycle of 17 or 18 weeks (4-month placement), and includes:

Normal days

On-call duties (Non-resident)

No weeknight on-calls during first week of placement. Thereafter every Wednesday (non-resident)

Weekend on-call: every 2<sup>nd</sup> weekend of the month (non-resident)
The on-call days can be flexible to accommodate Annual Leave / Study
Leave/ mutually agreed with the Clinical Supervisor.

## **Average Weekly Hours of Work:** 40 hours

Your contract is a full-time contract for 40 hours

You will in addition be contracted for an additional 3 hours, making for total contracted hours of 43

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

**Annual pay for role\*** (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement:

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>
Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

For further information, please contact the Local Education Provider (LEP) administrative contact

Link to specific trust information page on KSS website will be included here- <a href="https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/">https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</a>

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	Palliative Care – St Wilfrid's Hospice
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	St Wilfrid's Hospice, 1 Broadwater Way, Eastbourne
Type of work to expect and	Teaching Opportunities - Mandatory
learning opportunities	Grand Round:
rearming opportunities	Mondays (1.00 - 2.00 pm) at EDGH
	Tuesdays (1.00 - 2.00 pm) at Conquest (link via MS Teams)
	Foundation Programme Core Topics:
	Mandatory FY2 Core teaching takes place every Wednesday, 1.00 –
	2.00 pm at Eastbourne DGH (monthly workshops 2-5pm).
	Other:
	The Hospice provides a specific tutorial programme in house which is
	shared with St Michael's Hospice and delivered weekly on Microsoft Teams.
	Teams.
	There is a joint doctors meeting between four Hospices in East Sussex
	quarterly which the FY2 doctor may get an opportunity to attend.
	Other multi-professional training events throughout year.
	Hospice based doctors will have also have experience with the
	Hospital SPCT as part of their training.
	10 Schwartz rounds a year in Hospice which FY2 doctors are actively
	encouraged to attend during their placement (attendance certificate
	for portfolio available).
	Self-development time - FY2 doctors should have two hours per week
	of non-clinical professional self-development time. This will include
	time for preparing for specialty application as well as developing skills
	in quality improvement and teaching.
Main duties and further	Twice weekly consultant led multi-disciplinary ward round and
information about the	supervision available at all times in general ward duties (admitting
placement	patients, assessing symptoms and updating management plans and
	actively being involved in communication with patients, families and
	professionals).
	professionals).
	The EV2 depton is reconcluded with other means have of alivinal staff for
	The FY2 doctor is responsible with other members of clinical staff for
	the in-patient care of patients and communication of care including the
	maintenance of the patient's electronic record and communicating
	with external professionals where indicated.
	There will be opportunity to work with the consultants or specialty
	doctors in outpatients' clinics or in patient's homes depending on
	individual development needs. There are many learning opportunities
	in this post both informally and formally and there is an expectation
	that the doctor attends all FY2 teaching at Eastbourne DGH as cover is
	arranged.



The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.

Specific learning opportunities include managing symptoms e.g. nausea, vomiting, pain, breathlessness and anxiety. Assessing and managing non-physical aspects of illness – psycho-social and spiritual. Improved communication skills e.g., breaking bad news. Working within multi-professional team. Opportunities to develop skills in advance care planning with patients.

The overall educational objectives of the F2 year are:

Take a history and examine a patient

Identify and synthesise problems

Prescribe safely

Keep an accurate and relevant medical record

Manage time and clinical priorities effectively

Communicate effectively with patients, relative and colleagues

Use evidence, guidelines and audit to benefit patient care

Act in a professional manner at all times

Cope with ethical and legal issues which occur during the management of patients with general medical problems

Educate patients effectively

Become life-long learners and teachers

The clinical supervisors are happy to explore specific objectives based on individual doctor's needs.

A total of 2 hours per week personal development time will be incorporated into the doctor's timetable following discussion with each individual. There may be flexibility on when this can be taken (e.g., 2hrs each week, or 4hrs each fortnight) depending on the individual needs of the doctor. The Hospice as a voluntary organisation uses volunteers including a young clinical volunteer programme aimed at pre university young people looking for experience, the FY2 can take an active role in the support and mentoring of this group if of interest to the FY2.

For more information about St Wilfrid's Hospice please see <a href="https://www.stwhospice.org/">https://www.stwhospice.org/</a>

### Clinical Supervisor(s)

This may be subject to change

Dr Louise Free

Dr David Barclay

Dr Charlotte Harrison

Dr David Matthews

Dr Farida Malik



	South East
Typical working pattern in the placement e.g ward round, clinics, theatre	Mon: AM/PM Ward duties (review of patients with FY1/Specialty Doctor, admissions etc. 1300-1400 Palliative Care Doctor Tutorial or EDGH Grand Round Tues: AM Formal MDT Ward Round. PM 1400-1500 IPU MDT meeting, followed by ward duties Wed: AM Shadow EDGH Supportive & Palliative Care Team or hospice ward work (depending on experience/staffing) PM – 1300-1400 FY2 core teaching followed by personal development time / quality improvement / hospital palliative care Outpatient Clini or return to hospice IPU. Thurs: AM/PM Ward duties; Fri: AM Formal MDT ward round PM Ward duties  Hospital sessions will be allocated as the SPCT can accommodate and days may vary as there are 2 x FY2s in post.  Zero days are allocated both pre and post weekend on-calls (can be adapted to suit individual preferences).  On call requirements: 1 night a week non-resident on call (low intensity). 1 weekend in 4 (4 weekends on call in any four-month rotation), this is a non-resident on call from Friday 1700 to Monday 0830. Expected attendance on both Saturday and Sunday to review inpatients +/- admit patients to unit.
For further information,	Link to specific trust information page on KSS website will be included
please contact the Local	here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/
Education Provider (LEP)	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/
administrative contact	

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Specialty	General Psychiatry – Sussex Partnership NHS Foundation Trust
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	General Psychiatry Assessment and Treatment Services Millwood, Uckfield Community Hospital, Framfield Road, Uckfield, East Sussex, TN22 5AW.
Type of work to expect and learning opportunities	Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm  Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm  Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Wednesday, 1.00 - 2.00 pm at Eastbourne DGH and every Thursday, 2.00 - 3.00 pm at the Conquest Hospital (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)
	Other: Leadership Programme - 4 - 5 half-day courses over the year SPT Wednesday Academic Programme – Foundation doctors are expected to present a case or critical appraisal to at least one meeting in their rotation' in Psychiatry.  Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.
Main duties and further information about the placement	The doctor will be given Trust and Local inductions and after a period of shadowing with other members of the team, will be given the opportunities to work with mentally disordered individuals of working age (18-70) including outpatients clinics, crisis assessments, home visits, mental health act assessments and liaising with GPs under the supervision of a consultant psychiatrist. There will be weekly supervision from the consultant and attendance to the local academic meetings will be required with a possibility of giving presentations. Appropriate allowances for attending foundation year training and special interests will be made on an individual basis.  This is an exciting opportunity to join a busy multidisciplinary team working with the full gamut of mental health problems, primarily in the community. You will join a team of Community Psychiatric nurses, Occupational Therapists, Psychologists,
	Support Workers, Administration Staff and Doctors.  This new post is part of the recent expansion of the Foundation Programme with the addition of extra opportunities for community, integrated and psychiatric experience. As a result,



	it is designed to allow the doctor to follow the patient through their whole care pathway, from Primary Care referral, first assessment, follow up in the community, admission in Mental Health Unit or care under Crisis Team to the point of transfer back to Primary Care, and have opportunities to liaise with or shadow non-NHS agency involvement, e.g., Social Services, Third Sector and Accommodation Providers.
Clinical Supervisor(s) This may be subject to change	Dr Stavros Bekas, Consultant Psychiatrist

### Typical working pattern in the placement

e.g ward round, clinics, theatre

a.m.	Monday [Uckfield] Outpatient	Tuesday [Hellingly] Outpatient	Wednesday [Hellingly]  Outpatient Clinic	Thursda y [Uckfiel d] MDT	Friday [Uckfield] Outpatient Clinic
a.iii.	Clinic	Clinic	Supervision	meeting	Outpatient clinic
p.m.	Outpatient Clinic Audit, research, governance	Outpatient Clinic	Eastbourne ESHT Core Teaching/ SPFT Academic meeting ESHT A&E session (discretional)	Outpati ent Clinic	Outpatient Clinic
p.m.	Outpatient Clinic Audit, research, governance	Outpatient Clinic	Eastbourne ESHT Core Teaching/ SPFT Academic meeting ESHT A&E session (discretional)	Outpati ent Clinic	Outpatient Clinic

## TRANSPORT IS ESSENTIAL - This post requires doctors to participate in an on call rota between Hastings and Eastbourne so having your own transport is essential.

All FY2s in Psychiatry placements can spend half day per week in the A&E department at the Eastbourne DGH or block in ITU. This is optional.

For further information,	Link to specific trust information page on KSS website will be
please contact the Local	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Education Provider (LEP)	information-pages/
administrative contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



Consister	Conord Develorm Custor Portroughin
Specialty	General Psychiatry – Sussex Partnership
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	St Mary's House, Eastbourne BN21 3UU
(include trust name if different to employing trust)	Working Age Mental Health Services
Type of work to expect and	Teaching Opportunities - Mandatory
learning opportunities	Grand Round:
rouning opportunities	Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm
	Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH and every Thursday, 2.00 – 3.00 pm at the Conquest Hospital (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)
	Other: Leadership Programme - 4 - 5 half-day courses over the year
	SPT Wednesday Academic Programme – Foundation doctors are expected to present a case or critical appraisal to at least one meeting in their rotation' in Psychiatry.
	Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.
Main duties and further information about the placement	This is a FY2 community post based at <b>St Marys House in Eastbourne</b> BN21 3UU. This post will involve providing medical input to the team under the supervision of the Consultant Psychiatrist. There is a general expectation for the doctor to attend some of the Consultant's clinics at St Mary's House and at Newhaven.  The post holder will also be on a full shift rota with out of hours coverage of either the psychiatric needs arising on the Eastbourne District General Hospital, including the Department of Psychiatry, or The Conquest Hospital including Woodlands centre for Acute Care. Out of hours support is provided by Senior Nurse Practitioners and Consultants on both sites as well as a middle grade tier in Eastbourne.
	The doctor will work within multidisciplinary teams consisting of a Consultant Psychiatrist (Dr Ahmad), a nursing team, Community Psychiatric Nurses, Social Workers, Occupational Therapists and supporting staff including admin. The post therefore offers excellent opportunities to gain experience working in a multidisciplinary setting with colleagues from a number of different professional backgrounds.
Clinical Supervisor(s) This may be subject to change	Dr G Baginski



#### Typical working pattern in the placement

e.g ward round, clinics, theatre

	Monday	Tuesday	Wednesday	Thursday	Friday
a.m	TBA or special	Emergency	Community	Admin	Home Visits
	interest	clinic	meeting		Shadowing consultant
			Supervision		
		Shadowing			
		consultant			
p.	Emergency	Out-patient	Academic	FY2 Core	Clinic in Newhaven
m.	Clinic	Shadowing	Teaching	Teaching	
		consultant			Shadowing consultant
	Shadowing				
	consultant				

All doctors are required to present to the academic teaching on Wednesdays through presenting cases and research as per rota, which would be provided.

Doctor's will be expected to attend Foundation Year training unless they are presenting on the day to the psychiatric programme.

Weekly supervision will be provided.

Arrangements can be made for further special interest activity with the agreement of the clinical supervisor.

The post holder will also be on a full shift rota with out of hours coverage of either the psychiatric needs arising on the Eastbourne District General Hospital, including the Department of Psychiatry, or The Conquest Hospital including Woodlands centre for Acute Care. Out of hours support is provided by Senior Nurse Practitioners and Consultants on both sites as well as a middle grade tier in Eastbourne.

## TRANSPORT IS ESSENTIAL - This post requires doctors to participate in an on-call rota between Hastings and Eastbourne so having your own transport is essential.

All FY2s in Psychiatry placements can spend a day per week in the A&E department at the Conquest Hospital or half day at the EDGH or block in ITU. This is optional.

For further information,	Link to specific trust information page on KSS website will be
please contact the Local	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Education Provider (LEP)	information-pages/
administrative contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*



	30util Ea
Specialty	Psychiatry – Sussex Partnership
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address (include trust name if different to employing trust)	Woodlands Unit, Conquest Hospital, The Ridge, St Leonards- On-Sea
Type of work to expect and learning opportunities	Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm  Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)  Other:  SPT Wednesday Academic Programme – Foundation doctors are expected to present a case or critical appraisal to at least one meeting in their rotation' in Psychiatry.
	Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching
Main duties and further information about the placement	This will involve providing medical input to the team under the supervision of the Consultant Psychiatrist at The Woodlands Unit, St Leonards on Sea TN37 7PT.  All doctors are required to present to the academic teaching on Wednesdays through presenting cases and research as per rota which would be provided.  Doctors will be expected to attend Foundation Year training unless they are presenting on the day to the psychiatric programme  Weekly supervision will be provided. Arrangements can be made for further special interest activity with the agreement of the clinical supervisor.
Clinical Supervisor(s) This may be subject to change	Dr Arun Doraiswamy

# **Typical working pattern in the placement** e.g ward round, clinics, theatre



	Monday	Tuesday	Wednesday	Thursday	Friday
a.m.	Handover Ward	Handover	MDT meeting –	Handover	Handover
	Work	Ward Rounds	1:4 Physical	Ward Work	Ward Rounds
			Health Clinic -		
			Abbey and Castle		
			Ward		
p.m.	Ward Work	MDT - Abbey	Eastbourne	2-3pm F2	Ward Work
		Ward	Academic	Teaching at	
		Supervision with	Programme	Conquest	
		Dr A		Hospital	
		Doraiswamy		Ward work	

The post holder will also be on a full shift rota with out of hours coverage of either the psychiatric needs arising on the Eastbourne District General Hospital, including the Department of Psychiatry, or The Conquest Hospital including Woodlands Centre for Acute Care. Out of hours support is provided by Senior Nurse Practitioners and Consultants on both sites as well as a middle grade tier in Eastbourne.

TRANSPORT IS ESSENTIAL - This post requires doctors to participate in an on call rota between Hastings and Eastbourne so having your own transport is essential.

All FY2s in Psychiatry placements can spend a day per week in the A&E department at the Conquest Hospital or half day at the EDGH or block in ITU. This is optional.

For further	Link to specific trust information page on KSS website will be included here-
information,	https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/
please contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/
the Local	
Education	
Provider (LEP)	
administrative	
contact	

<sup>\*\*</sup>It is important to note that this description is a typical example of the placement and may be subject to change\*\*





Development Time. This will include meetings with the Clinical Supervisor, shared learning sessions with the Speciality doctor/s in Public Health, time for learning reflection, time to develop an informal teaching session for a Lunch and Learn to deliver to the Public Health team (towards the end of the placement), reflective time and time to complete the required assessments, provision of study time for exams (as required) and time for exploring career opportunities.  Due to Public Health work being largely desk-based and mostly remote, this placement will suit proactive, motivated individuals, who are used to working independently on projects. Support from Consultants and other colleagues is however easily accessible.  Clinical Supervisor(s) This may be subject to change  Typical working pattern in the placement e.g ward round, clinics, theatre  The teamwork in a hybrid way between working at home and the office in Lewes. It is expected that the FY2 doctor will attend the office once a week, for team meetings or other in-person meetings.  Typical working is in the public health department undertaking desk-based research and analysis, out in settings doing data collection, and		South East
1300 - 1400 or 1400-1700 FY2 Core Teaching EDGH and Half	This may be subject to change  Typical working pattern in the placement e.g ward round, clinics,	The placement will include a minimum of two hours per week of Self Development Time. This will include meetings with the Clinical Supervisor, shared learning sessions with the Speciality doctor/s in Public Health, time for learning reflection, time to develop an informal teaching session for a Lunch and Learn to deliver to the Public Health team (towards the end of the placement), reflective time and time to complete the required assessments, provision of study time for exams (as required) and time for exploring career opportunities.  Due to Public Health work being largely desk-based and mostly remote, this placement will suit proactive, motivated individuals, who are used to working independently on projects. Support from Consultants and other colleagues is however easily accessible.  Rob.tolfree@eastsussex.gov.uk  The teamwork in a hybrid way between working at home and the office in Lewes. It is expected that the FY2 doctor will attend the office once a week, for team meetings or other in-person meetings.  Typical working is in the public health department undertaking desk-based research and analysis, out in settings doing data collection, and attending and contributing to multi-disciplinary meetings in a range of settings (or more likely on Microsoft Teams). Project partners include NHS Sussex, other ESCC departments, Office for Health Improvement and Disparities (OHID), UK Health Security Agency (UKHSA), other health, social care and community and voluntary sector partners. The primary base is County Hall, Lewes and hours are 09.00-17.00 apart from Wednesdays, which will be based at Eastbourne District General Hospital.  Mon: 0900 – 1700 Tues: 09.00 – 1700 Tues: 09.00 – 1700 Wed: 09.00 – 1700 1300 - 1400 or 1400-1700 FY2 Core Teaching EDGH and Half
1300 - 1400 or 1400-1700 FY2 Core Teaching EDGH and Half Day Attachment (PM) Thurs: 0900 – 1700 Fri: 0900 – 1700		Day Attachment (PM) Thurs: 0900 – 1700
On call requirements: No out of hours.		On call requirements: No out of hours.
		Link to specific trust information page on KSS website will be included
please contact the Local here- <a href="https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/">https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/</a>	please contact the Local	here- https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/
Education Provider (LED) https://less.hoo.phg.uk/oost.guessy.hoolth.com.phg.tm.st/	Education Provider (LEP)	
rovider (LEP) <u>nttps://kss.nee.nns.uk/east-sussex-nealtncare-nns-trust/</u>	Eddedtion i Totiaci (EEI )	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/

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	South Ea
Specialty	Trauma and Orthopaedics
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Conquest Hospital
(include trust name if different	The Ridge, St Leonards-on-Sea,
to employing trust)	East Sussex TN37 7RD
Type of work to expect and	Teaching Opportunities - Mandatory
learning opportunities	Grand Round:
	Mondays (13:00 – 14:00H) at EDGH - lunch at 12.30H
	Tuesdays (13:00 – 14:00H) at Conquest - lunch at 12.30H
	Foundation Programme Core Topics: Mandatory FY2 teaching takes place every Thursday, 14:00 – 15:00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)
	Other: Alternating Journal Club or Clinical Meeting (1st Monday of each month, 6.00 - 8.00 pm) Oscillates EDGH & Conquest In-house Clinical Meeting (3rd Monday of each month, 6.30 - 8.00 pm at Conquest) Spine MDT Meeting (monthly) in Radiology Department
	Trauma Meeting (daily/1 hour) Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.
Main duties and further information about the placement	Main Duties of the Placement SHO led daily ward round and jobs generated. On calls (day/night/weekend): clerking all new patients admitted and ward review, GP referrals. Assisting in theatre if required. Part of the team of doctor's present at trauma calls The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week, and take responsibility for problems arising on ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. Clerking patients, assisting in theatre, plastering, suturing, ward reviews.
<u> </u>	The overall educational objectives of the F2 year are:



	South Eas
	Take a history and examine a patient
	Identify and synthesise problems
	Prescribe safely
	Keep an accurate and relevant medical record
	Manage time and clinical priorities effectively
	Communicate effectively with patients, relative and colleagues
	Use evidence, guidelines and audit to benefit patient care
	Act in a professional manner at all times  Cope with ethical and legal issues which occur during the
	management of patients with general medical problems
	Educate patients effectively
	Become life-long learners and teachers
	become me long realities and teachers
Clinical Supervisor(s)	Mr G Selmon
This may be subject to change	Wir G Seimon
Typical washing pattorn in the	Dailer
Typical working pattern in the placement	Daily:
e.g ward round, clinics, theatre	Trauma meeting at 8am
e.g ward round, chines, theatre	SHO led WR of patients under particular consultant and to
	complete jobs generated during the ward round.
	Leave at 5pm.
	To assist in theatre if required
	Tues: 12:45-14:00H Grand Round
	Mon: 14:00-15:00H Foundation Teaching
	Thursday: Lunch time Trauma Teaching
	One half day/ week
	Note: FY1 available to help but shared between 3 consultants.
	·
	On call requirements:
	To clerk (History + Examination) all new patients admitted to
	A&E plus all GP referrals and prepare any patients needing
	theatre. To book patients for theatre.
	Ward reviews and jobs as indicated.
	Assist in theatre if required/ if have time
	Full shift 1:9 late day, 1:9 weekends, 1:9 split nights
	Note: zero-hour day's allocated if working on calls
For further information, please	Link to specific trust information page on KSS website will be
contact the Local Education	included here- https://kss.hee.nhs.uk/kss-foundation/trust-
Provider (LEP) administrative	information-pages/
contact	https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/
	description is a typical example of the placement and may be

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	South Eas
Specialty	Urology
Grade	F2
Trust	East Sussex Healthcare NHS Trust
Site name and address	Eastbourne District General Hospital
(include trust name if different	Kings Drive, Eastbourne,
to employing trust)	East Sussex BN21 2UD
Type of work to expect and	Teaching Opportunities - Mandatory
learning opportunities	Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)
	Other: Female Urology MDT course Broad Range Urology course Departmental half teaching days Self-development time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement and teaching.
Main duties and further information about the placement	The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.
	The overall educational objectives of the F2 year are:
	Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence-based guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems



	30util Ea
	Educate patients effectively
	Become life-long learners and teachers
Clinical Supervisor(s) This may be subject to change	Mr S Mackie Miss S Tang
Typical working pattern in the placement	One training session per week, either a morning or afternoon.
e.g ward round, clinics, theatre	Miss Tang normally has daily training in her office at lunchtimes and there is a Urology teaching session once every 6 weeks and Clinical Governance once every 6 weeks.
	Hospital at Night Rota is 1:14 Shifts are: Standard Day – 08:00 – 17:00 (own Speciality) Evening Shift – 12.30 – 20.30 (on call from 1630) Long Day – 08.00 – 20.30 (on call from 1630) Night Shift – 20.00 – 08.30 (Surgical) Out of hour cover is a shift pattern and is shared workload between the two colleagues on call. Specialties the hospital at night team cover are Urology, ENT, Orthopaedics, Breast, General Surgery and Gynaecology. The Consultant & Registrars for all of the above specialties are non-resident on call; however, there is a General Surgery Resident on call Registrar.
For further information, please contact the Local Education Provider (LEP) administrative contact	Link to specific trust information page on KSS website will be included here- <a href="https://kss.hee.nhs.uk/kss-foundation/trust-information-pages/">https://kss.hee.nhs.uk/east-sussex-healthcare-nhs-trust/</a>
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