



F1 Welcome Event 2024



Hospital Site – East Surrey Hospital

Address – Canada Avenue, Redhill, Surrey, RH1 5RH

01737 768511

www.surreyandsussex.nhs.uk

www.sasheducationcampus.net



PGME Centre	
Director of Education	Dr Sarah Rafferty
FY1 Programme Director	Dr Sunil Zachariah
FY2 Programme Directors	Dr Sam Bandyopadhyay & Dr Vik Ziauddin
Strategic Medical Education Manager	Heather Haynes
Deputy Medical Education Manager	Louise Iliasi
Foundation Medical Education Officer	Pip Sedgwick

The FY1 Programme Director is Dr Sunil Zachariah and for FY2 we have two Programme Directors, Dr Vik Ziauddin & Dr Sam Bandyopadhyay. Based in the Post Graduate Centre at East Surrey Hospital the team, including a Foundation Medical Education Officer are available for support and to help in any way they can.



Dr Sunil Zachariah Dr Sam Bandyopadhyay Dr Vik Ziauddin

Postgraduate centre

The postgraduate centre offers a spacious atrium which includes, outdoor courtyard, with seating where trainees are encouraged to meet with colleagues. There is a large lecture theatre and six training rooms. There are also excellent medical and dental simulation suites.

Social activities

Activities are arranged by the junior doctors which include social gatherings as well as the sporting event such as the consultant versus junior cricket matches!



Doctors Mess

The hospital doctors mess offers a relaxing lounge area, with a large TV and kitchen. There are also showers and lockers available. Foundation reps, work alongside other reps to put forward business cases for changes and improvements.

Library

The main library is at East Surrey Hospital with a smaller branch library at Crawley.

The Library services provides access to a wide range of print and online databases resources, including e-books, e-journals, Up-to-date, Anatomy TV and Clinical Key. It also provides access to One Examination revision resources.

At East Surrey Library there are 19 PCs with Internet access and black and white, and colour printers.

The librarians will provide training, support or carry out literature searches to find the evidence in support of your studies, journal club presentations or patient care.

Staffed opening hours of the Library are 9-5pm (Mondays, Thursdays and Fridays) and 9-7pm (Tuesdays and Wednesdays). The Library is accessible 24 hours a day following completion of an out of hours form and payment of £10.00 deposit.

Local area

East Surrey Hospital is situated 2 miles south of Redhill Town Centre, almost equidistant between London and Brighton.

The towns of Redhill and Reigate have excellent shopping, entertainments and sports facilities. Reigate has a superb choice of restaurants as well as lovely Priory Park.

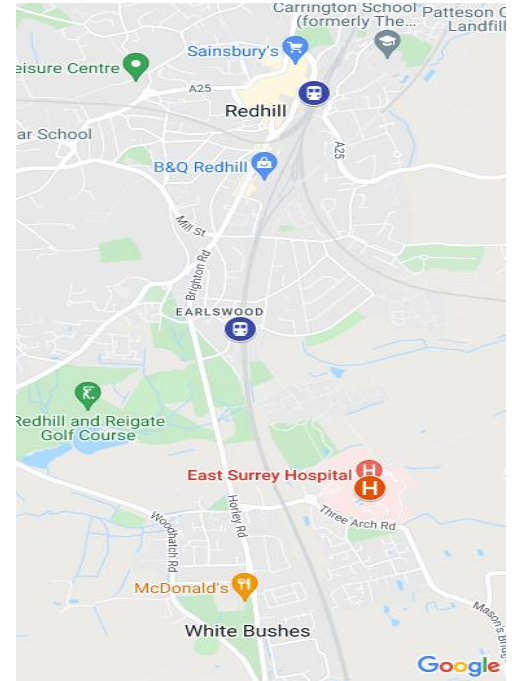
Local areas of interest include the North Downs for walking and biking, flying at Redhill Aerodrome, horse racing at nearby Lingfield Park, theatres and cinemas in Redhill, Reigate and Crawley.



Transport links

The hospital is situated within a 10 minute walk of Earlswood station and a 15 minute bus journey from Redhill station.

Both stations offer fast and frequent journeys into London and out to Gatwick Airport and Brighton. Redhill to London Victoria takes 40 minutes.



Accommodation

Surrey and Sussex Health Care Trust have on-site accommodation in Canada Court which is managed by A2Dominion.

The site is a five-minute walk from the East Surrey Hospital.

A range of affordable homes at Canada Court, mainly single rooms with some self-contained units, are available to SASH employees. There is no family accommodation on-site at East Surrey Hospital.

Description and cost of accommodation

Single rooms with shared bathrooms – from £599 PCM including utilities and Council Tax. Single rooms can accommodate one person and include access to a shared bathroom, kitchen and lounge area

Single rooms with en-suite – from £665 PCM including utilities and Council Tax.

Single rooms are perfect for one person and include a private en-suite bathroom, as well as a shared kitchen and lounge area.



Accommodation

Short term accommodation

Non-Ensuite rooms are available for short-term lets. The charge is currently £35 per night (subject to increase for 24/25) Payment to be made at time of booking by debit/credit card.

For more information please contact the Accommodation Office

Redhill.office@a2dominion.co.uk

01737 778730

Office hours Monday to Friday 9am to 2pm.

For those trainees looking for accommodation in the local area, we have a Trust Accommodation Manager, Minnie Nabali that is happy to provide information. She can be contacted on sash.staffaccommodation@nhs.net or on 07813 555 951 during office hours.



Foundation year placements

The Foundation programme at SASH consists of 36 F1 and 36 F2 programmes.

Each individual programme is made of three, four month placements in specialties offering a wide range of training experiences and opportunities including community placements.

In your **F1** year you can chose from the following rotations:

Medicine (Specialising in – Cardio/Geriatrics/Diab & Endo/Stroke/Gastro/ Respiratory)

Surgery – Upper GI & Lower GI

Urology

ICM

AMU

Psychiatry

In your **F2** placement available examples are: GP, Paediatrics, Obs & Gynae, Emergency Medicine, Geriatric Medicine, Psychiatry, Palliative Care.

- All F1 trainees are invited to attend the mandatory induction programme which incorporates shadowing as per DoH and GMC guideline.
- All Foundation trainees are assigned a dedicated Educational Supervisor as well as a placement Clinical Supervisor.
- All Foundation trainees attend a mandatory day of simulation training, and there are other opportunities to be involved in Simulation training.
- There is a six weekly junior doctors forum which is chaired by the Chief Executive. This is an informal meeting where junior doctors can discuss anything they wish directly with the CEO and a panel consisting of the Executive Team and Senior Management.
- There are opportunities to be involved in the teaching programme for Medical Students

Any questions?

Please contact our Foundation Medical Education Officer, Pip Sedgwick who will be very happy to answer any questions or provide additional information.

Foundation.sash@nhs.net

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