WELCOME TO EAST SUSSEX HEALTHCARE NHS TRUST OUR TRUST VALUES

Working Together	"We care about building on everyone's strengths"
Improvement and Development	"We care about striving to be the best"
Respect and Compassion	"We care about acting with kindness"
Engagement and Involvement	"We care about involving people in our planning and decision-making"

INTRODUCTION

- 3 community hospitals: Bexhill, Rye and Uckfield
- Over 100 community sites across East Sussex, and in people's own homes
- The only integrated provider of acute and community care in Sussex
- Over 7,000 dedicated members of staff
- One of the largest organisations in East Sussex, annual income of £568 million
- Conquest Hospital and our Community Services were rated 'Outstanding' and Eastbourne DGH was rated 'Good' – Care Quality Commission 2020
- Part of the Sussex Health and Care Integrated Care System (ICS), which is made up of health and care organisations across Sussex



- Emergency department
- 24 hour a day care, offering a comprehensive range of surgical, medical, outpatient and maternity services, supported by a full range of diagnostic and therapy services.
- The Conquest Hospital is also the centre for Trauma Services and Obstetrics
- Drs Mess with a range of social activities
- There is also a canteen, 1066 Café and gift shop
- We also have a large pond and picnic area
- 24 hour Library
- Education Centre

EASTBOURNE DISTRICT GENERAL HOSPITAL

- Emergency department
- 24 hour a day care, offering a comprehensive range of surgical, medical, outpatient and maternity services, supported by a full range of diagnostic and therapy services.
- Eastbourne also provides urology, haemotology, ENT and stroke services.
- Canteen, League of Friends shop and Coffee shop
- Education Centre
- Library
- Drs Mess also offering a range of events
- Social Club

OUR LASTYEAR

- Our last year
- 150,000 attendances at our Emergency Departments
- 2,939 babies were born in our hospitals
- 50,000 people had planned surgery, 90% of these were day cases
- 24,000 cancer referrals were made to us
- · 420,000 outpatient appointments, of these over 285,000 were consultant-led
- 290,000 x-ray and scans
- 1,200,000 calls were answered by our switchboard teams

WHAT WE OFFER FOR FY1 DOCTORS AT ESHT

- Rotations in the following specialities: Posts in Surgery, Elderly Medicine, Psychiatry, Diabetes, Urology, Respiratory, Gastro, Cardiology, Palliative Medicine, Paediatrics, Rheumatology, Acute Medicine and ITU.
- We offer Foundation Priority Programmes with elements of emergency medicine ultrasound and Pathology
- We currently offer the Foundation Leadership programme and we hope to offer a Leadership Programme for 2024-2025
- Kent, Surrey and Sussex Foundation School manage recruitment

WHAT WE OFFER FY₂ DOCTORS AT ESHT

- Posts in General Practice, Elderly Medicine, Respiratory, Cardiology, Orthopaedics, Emergency Department, ENT, Paediatrics, Diabetes, Ophthalmology, Public Health, Psychiatry, Palliative Care and Urology.
- Opportunity to take part in KSS Leadership Academy Programmes and ESHT Leading Excellence and Leading Service Programmes.
- For further information regarding the Foundation Year 2 Programme please contact the FY2 Programme Administrator.

FY1 AND FY2 TEACHING

- Weekly teaching, extended workshops, Grand Rounds, departmental teaching
- Self-Directed and Personal Learning
- Structured Appraisals & Assessments
- ESHT runs a Leadership Programme (LEAP), which all junior doctors are invited to attend.
- Both sites have excellent medical student programmes and Foundation Trainees are encouraged to take part in supporting, mentoring and teaching the medical students.

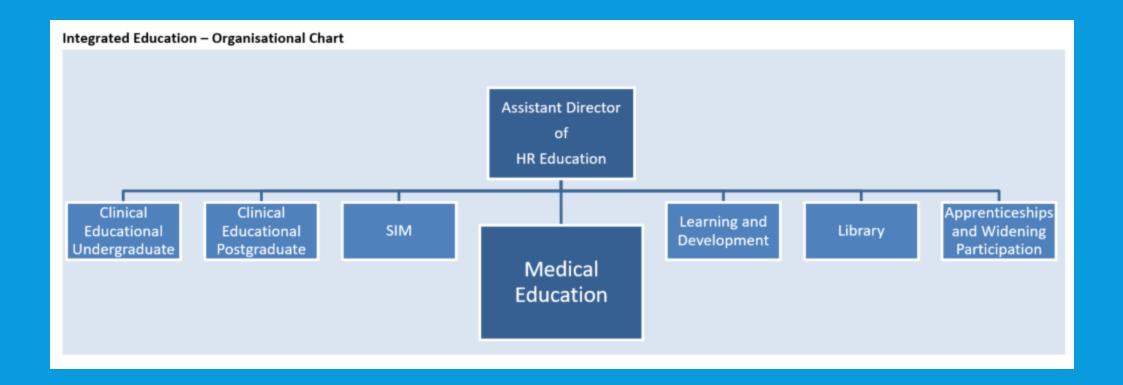
SUPPORT FOR JUNIOR DOCTORS AT ESHT:

Care First / Our Values Pastoral Fellows: (Jolie Wilkinson Conq) (Paul Gosling EDGH) & Chaplaincy Team Dedicated Educational & Clinical Supervisors





THE INTEGRATED EDUCATION TEAM





Hastings Beach and Pier

- Museums, theatres and Art Galleries including Fishermen's Museum, Hastings Museum and Art Gallery, Hastings True Crime Museum, White Rock and The Stables Theatres, Jerwood Gallery and a range of smaller Art Galleries
- Historic buildings including Hastings Castle and St Clements Caves in the Old Town
- Hastings Old Town, Town Centre and St Leonards Sea Front shops, cinema, leisure centre, restaurants and bars
- Lively music scene for all genres, including Pier Events, The Oval events and local bands in pubs and bars
- Lovely walks including Alexandra Park, Fairlight and the East and West Hills
- We are also within commutable distance to London and Brighton

LIFE IN EASTBOURNE

- Eastbourne beach, pier and band stand-regular events and lively music scene
- Devonshire Park Theatre & Congress Theatre, Towner Art Gallery and a range of other museums and art galleries and a leisure centre
- Beacon Shopping centre, partly undercover with a range of shops, bars and restaurants and a cinema
- Annual events including Eastbourne International Tennis and Airbourne Airshow
- Lovely Parks including Hampden Park and Princess Park

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- Sovereign Harbour Marina
- Plenty of scenic walks on the South Downs, Beachy Head and Birling Gap and the Seven Sisters Country Park
- Also within commutable distance to London and Brighton

FURTHER INFORMATION

Further information is available below: https://youtu.be/nCA29cqCJYk

Q & A

We would love to answer any queries that you may have

