

# Foundation Training at Dartford & Gravesham NHS Trust

Virtual F1 Welcome Event  
Friday 15 March 2024



## Our values



Care with  
Compassion



Respect  
& Dignity



Striving  
to Excel



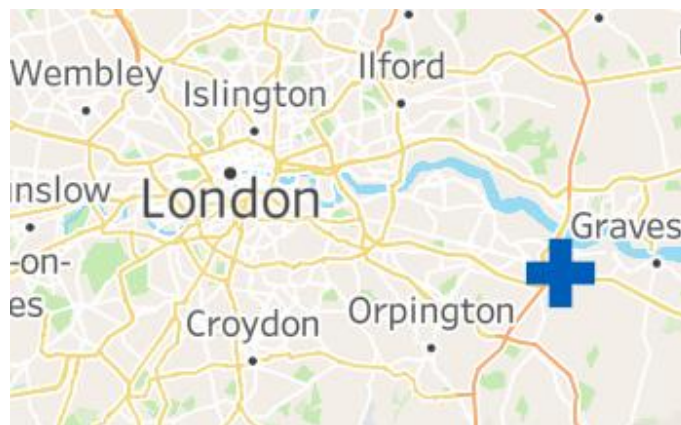
Professional  
Standards



Working  
Together

# Darent Valley Hospital

- ▶ One of the largest hospital Trusts in North Kent
- ▶ The hospital provides specialty services, with expanding new adventures, such as recently becoming a regional HASU and Thrombolysis Centre. We have a new state of the art MRI Scanner, which is the most advanced in Kent and have purchased surgical robotics, which is evolutionary in delivering minimally invasive surgery.
- ▶ 533 general acute beds, 10 critical care beds and 36 maternity beds.
- ▶ Serving a local population of over 500,000 people.
- ▶ CQC rating 'Good'
- ▶ Foundation Training is based DVH except for psychiatry and GP placements
- ▶ Excellent travel links; London and the Coast less than an hour away.



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# Teaching

## Mandatory weekly teaching

- ▶ Protected teaching sessions for each programme

## Departmental

- ▶ Bedside teaching and formal teaching
- ▶ Specialty Audits

## Quality Improvement

- ▶ Foundation Course and Quality Improvement Practitioner Course

## Enhance

- ▶ Additional teaching sessions to complete the enhance programme; providing evidence of meeting the holistic element of the Foundation Curriculum as well as a Contextual Leadership certification.

## Lessons Learnt

- ▶ Embedded into the programme and allows trainees to reflect on learning in their clinical roles

## Grand Rounds

- ▶ Meetings open to all professionals in which clinical cases are presented and discussed

## Schwartz Rounds

- ▶ These sessions focus on the emotional and psychological impact that working in frontline healthcare can encompass

## Simulation

- ▶ In-situ and in simulation suite; scheduled 2 days per year

# Work/Life Balance

We understand and value the importance of wellbeing and work/life balance at DVH.

The Trust has a dedicated Wellbeing team offering a range of support sessions such as Time to Talk and a space for all staff members to relax. The Doctors' Mess also hosts several activities such as Pizza Sundays and evenings out.

Local amenities include:

- Darenth Country Park - offering waymarked trails for walking or cycling.
- Bluewater Shopping Centre - a wide range of restaurants, pubs, shops and a cinema.
- Central London is also only a short train journey away to catch a show in the West End!



# Accommodation

- ▶ Staff accommodation for students and staff is situated in the hospital grounds adjacent to the main hospital
- ▶ Rooms are fully furnished, with bedding and towels and each tenant shared a bathroom with one other
- ▶ Each block also contains a fully equipped communal kitchen/lounge area which is serviced by a housekeeper
- ▶ The monthly rental charge is £599, deducted from your monthly pay; includes electricity, linen, towels and free parking
- ▶ Book through the accommodation manager [DGT.Accommodation@compass-group.co.uk](mailto:DGT.Accommodation@compass-group.co.uk)

# Library

- ▶ The professional library is open to all staff 24 hours a day and is the first port of call for books reports and journals, whether in print or on the internet
- ▶ Open access computers, with free public access Wi-Fi
- ▶ The team include a clinical librarian who runs a range of group sessions for department, on courses such as:
  - Finding and accessing journal articles
  - Exploring critical appraisal
  - How to reference



# Foundation Training Rotations

## Foundation Year 1

Medicine specialties: Acute/Cardiology/  
Gastroenterology/ General Internal  
Medicine/ Geriatric/ Respiratory/ Stroke

Emergency Medicine

General Psychiatry

General Surgery

Paediatrics

Proactive Care of the Older Patient  
undergoing surgery

Respiratory Medicine

Urology

## Foundation Year 2

Academic

Medicine Specialties: Acute/General  
(Internal) Medicine/ Geriatric/ Renal/  
Respiratory/ Stroke

Anaesthetics

Clinical Radiology

Emergency Medicine

General Practice

General Psychiatry

General Surgery

Obstetrics and Gynaecology

Paediatrics

Trauma and Orthopaedic Surgery

Urology

Tasters:

We actively support trainees in experiencing taster sessions and will assist in setting up placements.

# A final note for from us to you.....

We would be delighted to welcome you to Darent Valley Hospital. We pride ourselves on...

- ▶ Putting your needs first
- ▶ Delivering new experiences and technology
- ▶ Supporting the wellbeing of trainees
- ▶ A welcoming and supportive environment
- ▶ A hospital-wide culture of excellence
- ▶ Varied teaching opportunities and courses
- ▶ Support from a dedicated Education Department
- ▶ Personal development opportunities
- ▶ High tech Simulation Suite and Skills Lab

At Darent Valley Hospital, YOU are our priority  
Want to know more? [www.dvh.nhs.uk](http://www.dvh.nhs.uk)  
Darenth Wood Road, Dartford, Kent DA28DA