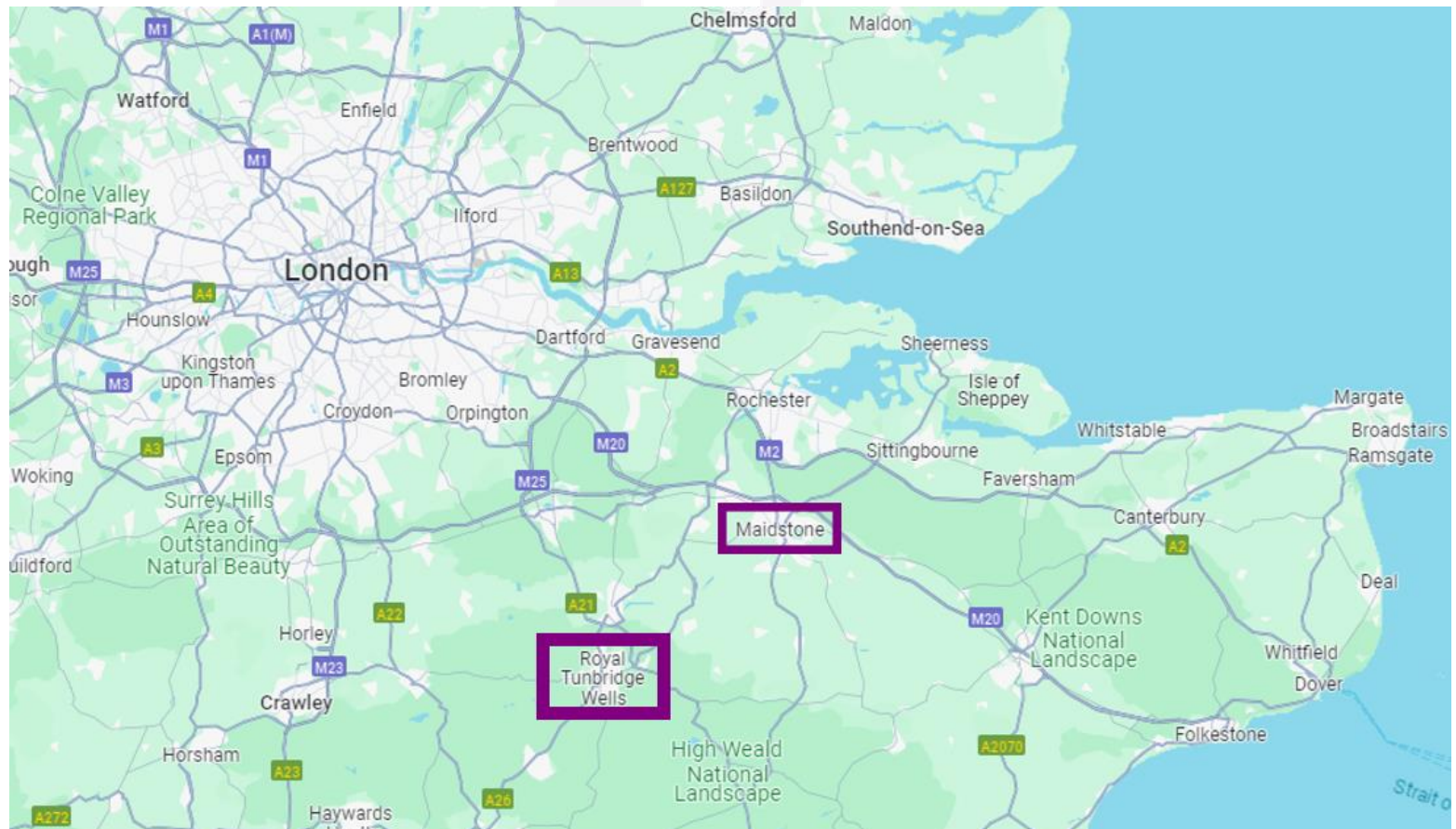


# Maidstone and Tunbridge Wells NHS Trust

**KSS Foundation School  
Welcome Event  
Friday 15<sup>th</sup> March 2024**

# Location

- Maidstone and Tunbridge Wells
- A 25 minute drive between each hospital site OR a 30 minute free staff shuttle bus.
- Located approximately a 1 hour train journey from London.



# Accommodation



## Maidstone Accommodation



The Springwood Road accommodation is a 10 minute walk from Maidstone Hospital. The accommodation comprises flats of 5,6 or 7 all en-suite with their own shared kitchen, eating and lounge area.

Each room is equipped with; Bed, desk, chest of drawers, bedside cabinet and wardrobe

The lounge areas has a dining table and chairs, sofa and flat screen tv.

Facilities include; Wifi, Card access to building, flats and rooms, laundry room, domestic services for all communal areas, linen (towels and sheets – no duvets), car parking and lockable bike storage.



The new accommodation and educational facilities currently being built on the Tunbridge Wells Hospital site comprises of 145 rooms, a leisure room and educational facilities.

The accommodation comprises flats of 4 or 6 rooms all en-suite with their own shared kitchen, eating and lounge area.

Each room will be equipped with; bed, desk, chest of drawers, bedside cabinet and wardrobe

The lounge areas has a dining table and chairs, sofa and flat screen tv.

Facilities include; Wifi, Card access to building, flats and rooms, laundry room, domestic services for all communal areas, linen (towels and sheets – no duvets), car parking and lockable bike storage

## Tunbridge Wells Accommodation



# Placements



Here are a selection of the placements available at our Trust during your Foundation Programme:

Acute Medicine

Anaesthetics

Cardiology

Diabetes & Endocrinology

Emergency Medicine

Geriatric Medicine

General Practice

Genitourinary Medicine

Haematology

Obstetrics & Gynaecology

Ortho-geriatrics

Otolaryngology (ENT)

Paediatrics

Palliative Medicine (Hospice)

Pathology

Psychiatry

Respiratory Medicine

Stroke Medicine

Trauma & Orthopaedics

Urology

Specialist Foundation Programmes (SFP) – in either Cardiovascular Medicine or Oncology working on and developing research projects

# Facilities



Our Education Centres both have onsite state of the art Simulation facilities that include: Sim man 3G, 2 Paediatric Sims (child and baby), and a Sim Mum. Simulation Clinical Skills rooms are also available for use in training.

On the Maidstone site we also have a Laparoscopic training centre located within our Academic Centre. This is fully equipped and available for training sessions, or bookable should you wish to practice your Laparoscopic surgical skills.



24 hour access Libraries are available on both sites for all staff, providing access to traditional and internet-based resources.

Modern I.T facilities and Wi-Fi access is available throughout the hospitals.

# Social Activities/ Doctors Mess



We have an active Doctors' Mess Committee that arrange various social events throughout the year including 'pay day' themed outings and other regular mess nights organised by F1s.

Foundation Doctors organise the Winter and Summer Ball. We also hold an annual cricket match Juniors against Consultants.



As a part of the F1 Induction you will be invited to attend our annual F1 BBQ. This will be a good opportunity to get to know your F1 colleagues whilst enjoying delicious food at our scenic venue!

# Local Amenities/Attractions



## Maidstone

Maidstone has its own shopping complex, many restaurants, bars, gyms, leisure centres, a cinema and theatre all within easy access from the hospital.

Leeds castle, Mote Park, the Hop Farm and Bluewater Shopping Centre are local attractions open all year round that are easily accessible using local transport links.

## Tunbridge Wells

Tunbridge Wells is renowned for its superb range of high street and boutique shops, restaurants, cafes, pubs and bars. Three theatres means access to regular plays, dance and comedy performances. There is easy access to the gym, cinema, bowling and many retail outlets at Knights Park Leisure complex.

The hospital is situated in an area of outstanding natural beauty with plenty of opportunities to walk, boat and bike ride including Bewl Water Lake, the Hop Farm and a number of vineyards, castles, gardens and stately homes.

**We hope that you will consider  
our Trust for your  
Foundation Programme application**

Maidstone and Tunbridge Wells



NHS Trust



# Questions?



[me.mtw.nhs.uk](https://me.mtw.nhs.uk)