

Welcome to East Kent



ROTA AND LEAVE

An overview of rota, annual leave, self development days.

ROTA

- F1s do not work night shifts at EKHUFT
- Medical rota- hot and cold on calls
- Surgical rota

ANNUAL LEAVE

- 9 days every rotation
- If working bank holiday- lieu day off

SELF DEVELOPMENT DAYS

- 2 hours per week or 1 day per month
- Some co-ordinators pre-allocate these and others you can pick

OPPORTUNITIES AT EKHUFT

QIP/AUDIT

- Medilead
- Audit opportunities

F3 YEAR

- Trust grade jobs
- Teaching fellow


OTHER

- Foundation representatives
- Teaching
- TTFY1

Finance: How Much Will I Get Paid?!

Things to check:


- Tax code
- Pay and allowances
- Deductions (inc. rent)
- Messages from employer

ASSIGNMENT NUMBER	EMPLOYEE NAME		LOCATION						
	DR. CATRIN BYRNE		Queen Elizabeth the Queen Moth						
DEPARTMENT	JOB TITLE		PAYSCALE DESCRIPTION						
1107 Acute Medic	Foundation Year 1 (FY1) Gastroenterology		Foundation Doctor Year 1						
	SAL/WAGE	INC. DATE	STANDARD HRS.	PT SAL/WAGE					
	32398.00	26 JUL 2024	40	32398.00					
	TAX OFFICE NAME	TAX OFFICE REF	TAX CODE	NI NUMBER					
	Kent Area, Maidstone	577/H1	1345L NONCUM						
PAY AND ALLOWANCES (- = MINUS AMOUNT)				DEDUCTIONS (R INDICATES REFUND)					
DESCRIPTION	WKD/EARNED	PAID/DUE	RATE	AMOUNT	DESCRIPTION	AMOUNT	BALANCE C/F		
Basic Pay	162.22	162.22	15.5333	2519.84	PAYE	368.80			
Addn Roster Hours NP	32.44	32.44	15.5333	503.97	NI A	259.78			
Weekend <1in3-1in4				188.99	NHS Pension 9.8%	246.94			
					344 Doctor Mess QE	10.00			
					344Prkg Accom	31.00			
Year To Date Balances (This Employment Only)				This Period Summary					
GROSS PAY		10430.51	TAXABLE PAY		9628.80	PENSIONABLE PAY	2519.84	TAXABLE PAY	2965.86
NI LETTER		A	TAX PAID		1267.40	TAX PERIOD	7	NON-TAXABLE PAY	0.00
NI PAY	10430.51	OTHER NI PAY		PREVIOUS TAXABLE PAY	0.00	FREQUENCY	Monthly	TOTAL PAYMENTS	3212.80
NI CONTS	874.39	OTHER NI CONTS		PREVIOUS TAX PAID	0.00	PERIOD END DATE	31 OCT 2023	TOTAL DEDUCTIONS	916.52
PENSIONABLE PAY		8180.78	PENSION CONTS		801.71	PAY DATE	24 OCT 2023	NET PAY	2296.28
SD REF NUMBER		10229589	EMPLOYEE NO.		31693120	PAY METHOD	BACS		
MESSAGES FROM EMPLOYER									
Pay reduced by 2 day(s) due to Industrial Action from 20-SEP-2023 to 21-SEP-2023									



Relocation Expenses

- Can be quite a lot of money!
- Keep receipts
- Apply early – look out for the details in your welcome pack

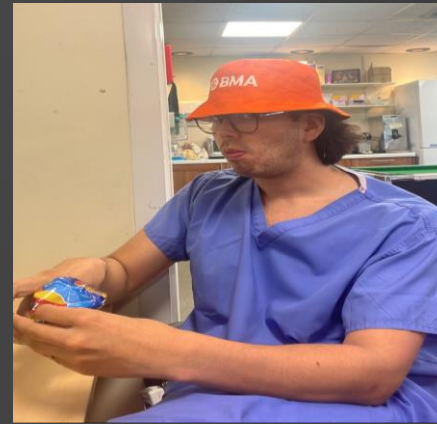
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Kent Area, Maidstone		577/H1		1345L NONCUM			
PAY AND ALLOWANCES (- = MINUS AMOUNT)				DEDUCTIONS (R INDICATES REFUND)			
DESCRIPTION	WKD/EARNED	PAID/DUE	RATE	AMOUNT	DESCRIPTION	AMOUNT	BALANCE C/F
Basic Pay	173.81	173.81	15.5333	2699.83	PAYE	411.20	
Relocation Expenses				500.00	NI A	287.31	
Addn Roster Hours NP	34.76	34.76	15.5333	539.97	NHS Pension 9.8%	264.58	
Weekend <1in3-1in4				202.49	344 Doctor Mess QE	10.00	
					344Prkg5&6 P ov24	42.19	
					344 Car Parking Pro	33.57	
Year To Date Balances (This Employment Only)				This Period Summary			
GROSS PAY		13872.80		TAXABLE PAY		12806.51	
NI LETTER		A		TAX PAID		1678.60	
NI PAY	13872.80	OTHER NI PAY		PREVIOUS TAXABLE PAY		0.00	
NI CONTS	1161.70	OTHER NI CONTS		PREVIOUS TAX PAID		0.00	
PENSIONABLE PAY		10880.61		PENSION CONTS		1066.29	
SD REF NUMBER		10229589		EMPLOYEE NO.		31693120	
				PENSIONABLE PAY		2699.83	
				TAX PERIOD		8	
				FREQUENCY		Monthly	
				PERIOD END DATE		30 NOV 2023	
				PAY DATE		24 NOV 2023	
				PAY METHOD		BACS	
				TAXABLE PAY		3177.71	
				NON-TAXABLE PAY		500.00	
				TOTAL PAYMENTS		3942.29	
				TOTAL DEDUCTIONS		1048.85	
				NET PAY		2893.44	

MESSAGES FROM EMPLOYER



THE MESS

- The Space
 - Full size pool table – recently re-felted
 - Sleeping pods
 - Sofas and tables for breaks and socialising
 - Flat screen TV and a Nintendo Wii
 - Fridge, cupboards and coffee machine (fully stocked)
- Events
 - Xmas Ball – held at the beautiful Canterbury Cathedral
 - Curry nights
 - Pub nights
 - Laser tag
 - Friday food
- Committee – led by 3-4 presidents per sites



TEACHING

Learning yourself

- Trustwide foundation teaching weekly (core)
 - Currently successfully trialing teaching days amongst FY2s
- Local foundation teaching weekly
- Local weekly departmental teaching
 - Most departments also run weekly radiological teaching
- Local weekly Grand Round

Teaching others

- Most departments offer opportunities for peer teaching
- Four medical schools send students to EKHUFT – KCL, St George's (London and Granada) and KMMS
 - Opportunities to participate and even set up teaching for students
 - FY1s opportunities to have a final year student attached to them

Other Useful Things to Know

- Electronic notes and prescribing (not the best software, but better than paper notes)
- Generally very friendly environment
- Foundation TPDs are really nice and very approachable
- Loads of teaching put on – really easy to hit portfolio quota
- Decent public transport – lots of trainees managing well without cars
- <90mins on the fast train to London

We hope to see you in July!



← Info booklet

Email us if you have any questions:

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NHS

East Kent
Hospitals University
NHS Foundation Trust