



NHS England working across Kent, Surrey & Sussex Senior Faculty Development Programme

A bespoke workshop for Heads of School
TPD's and Education Leads

Understanding and Supporting Neurodiverse Doctors (morning session)

Providing Effective Feedback and
Managing Challenging Conversations (afternoon session)

[Meet the team](#)

Understanding and Supporting Neurodiverse Trainees

Summary of workshop

The objective of this initiative is to promote understanding of neurodiversity among doctors, and to identify effective strategies for supporting both neurodiverse and neurotypical trainees and colleagues.

What will be covered?

- **Defining Neurodiversity:** We will explore what the term “neurodiverse” means, and why it is important to embrace neurodiversity in healthcare settings
- **Overcoming Bias:** We will address the negative stereotypes that often surround neurodiversity and identify strategies for challenging these biases
- **Managing Triggers:** We will discuss how to recognise triggers that can lead to unhealthy behaviours, and how to mitigate their impact
- **Legal and Ethical Obligations:** We will review the legal and ethical obligations that apply to all doctors, and how they can promote neurodiversity in their practice
- **Reasonable Adjustments:** We will explore practical solutions for making reasonable adjustments to accommodate the needs of neurodiverse individuals in healthcare settings

3
Hours

2 5 6 7
GMC
Domains

Min - 4
Max - 26
Numbers

Virtual

Thursday 22nd February 2024
Friday 22nd March 2024

Start: 09:30 (Doors open 9:20)
Finish: 12:30

Format: Virtual

Breaks: Coffee 10:45

[Book on Eventbrite](#)

Providing Effective Feedback and Managing Challenging Conversations

Summary of workshop

Trainees Requiring Additional Support - reflect on your own challenging cases and explore effective support and remediation measures with senior educators.

What will be covered?

- Appreciate the factors that can impact an individual’s performance and how to address them in a supportive and constructive manner
- Demonstrate the ability to give constructive feedback that is tailored to the educational context
- Develop increased self-awareness and understanding, through learning and feedback received, which will enable attendees to manage complex situations with increased confidence
- Develop skills in assertive communication to effectively manage challenging conversations and achieve positive outcomes

3
Hours

1 2 7
GMC
Domains

Min - 4
Max - 26
Numbers

Virtual

Thursday 22nd February 2024
Friday 22nd March 2024

Start: 1:30 (Doors open 1:20)
Finish: 16:30

Format: Virtual

Break: Tea 2:30

[Book on Eventbrite](#)

DOCTORS TRAINING

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