



## **HEKSS Regional Training Day for HST EM Thursday 23<sup>rd</sup> November 2023**

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You are invited to attend the forthcoming training day, on Thursday 23<sup>rd</sup> November 2023, in the ED Seminar Room at Medway Maritime Hospital & Teams

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**08:45 Welcome and technical test**

**0900 - 10:00 Journal Club Presentation: Dr Niro Pinto EM Trainee  
Medway Maritime Hospital (Journal Paper would be sent in advance)**

**10:00 – 11:00 Heat/Cold Emergencies including Heat stroke and  
Hypothermia : Dr Roshin Sudesh ( Consultant EM, MTW)**

**11:00 – 12:00 High Altitude Emergencies Including Cerebral &  
Pulmonary Oedema : Dr Victor Anota ( Consultant EM, Medway Maritime  
Hospital)**

**12:00 – 13:00 Lunch**

**13:00 – 14:00 Decompression Sickness & Near drowning: Dr Doug  
Watts, Director for DDRC Health care, Diving and Hyperbaric Medicine  
Specialist**

**14:00 – 15:00 Management of SUI/Critical Incidents: Dr Ashike  
Choudhury ( Consultant EM and Deputy Director of Medical Education,  
Medway Maritime Hospital)**

**15:00 – 16:00 Sim Sessions: DC Cardioversion and External Pacing: Led  
by Dr Ashike Choudhury ( Consultant EM and Deputy Director of Medical  
Education, Medway Maritime Hospital) and Dr Dayo Owolabi (Consultant  
EM, Medway Maritime Hospital)**

**16:00 Closing Remarks**