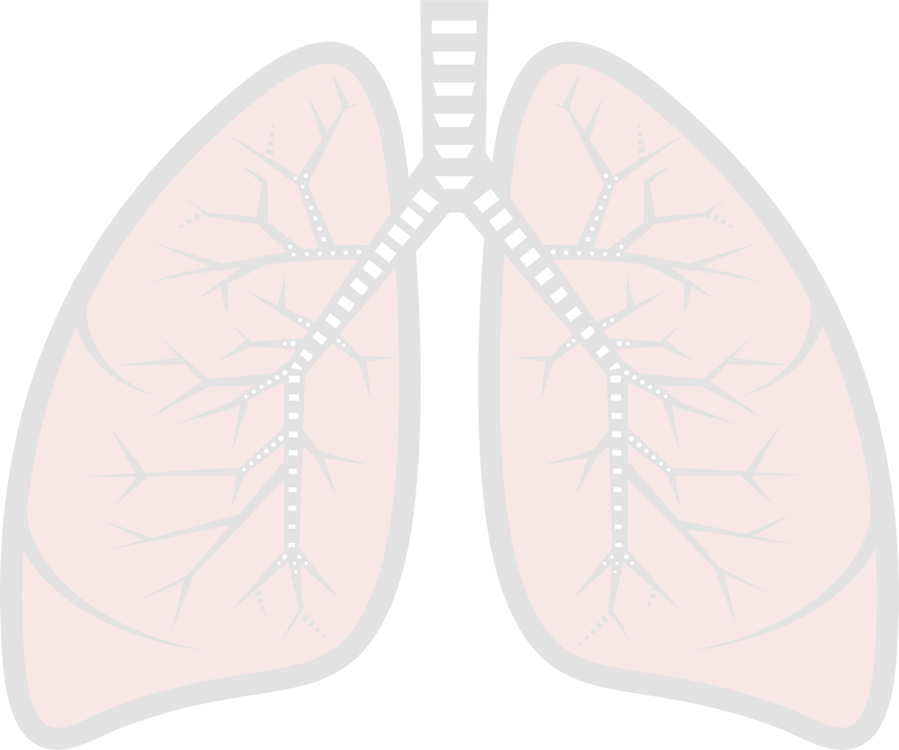
Internal Medical Practical Skills Course

2023-2024

**Darent Valley Hospital, Dartford**

The Internal Medical Practical Skills course is designed for doctors entering internal medical training. HEKSS recognises the importance of ensuring that internal medical trainees are supported in developing key procedural skills and ensuring that they become competent and confident to perform commonly required practical procedures.

**Course content:**

* **Non-invasive ventilation**
* **Pleural fluid aspiration (diagnostic / therapeutic)**
* **Intercostal chest drain insertion**

# Timetable

**09:00 - 09:15** Registration

**09:15 - 09:35** Introduction to NIV

**09:35 - 09:50** Respiratory Failure

**09:50 - 10:10** Indications & Contraindications to NIV

**10:10 - 10:30** Initiating, monitoring & weaning of patients on NIV

**10:30 - 12:30** Practical Sessions/Stations:

Introduction to the NIV machine and knobology

Interfaces, Circuits & Trouble shooting

Scenarios

**12:30 - 13:00** Lunch

**13:00 - 13:15** Introduction to Pleural Disease & Role of Ultrasound

**13:15 - 13:30** Video

**13:30 - 13:45** Managing Pleural Effusions

**13:45 - 14:15** Managing a Pneumothorax

**14:15 - 14:30** Looking after chest drains

**14:30 - 17:00** Practical Sessions/Stations

Chest drain Trainer: Thoracentesis

Thoracotomy Trainer

Chest drains & Free Practice

**17:00**  Debrief & close

**How to Apply**

* Please complete the application form below and e-mail to:

Dee Jessup

**dee.jessup@nhs.net**

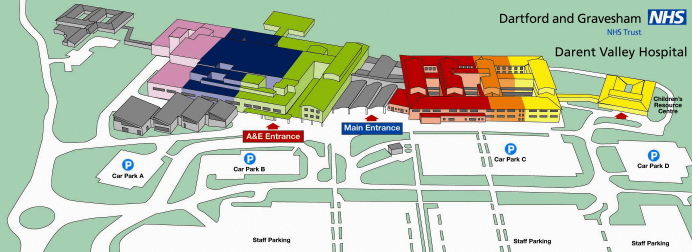
* Due to limited space on each date, please await confirmation of your request.
* Contact details: Dee Jessup

**dee.jessup@nhs.net**

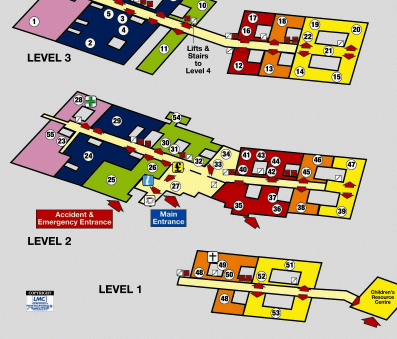
01322 428100 ext. 8873

*You will be sent a reminder prior to your course date with all the details herein.*

**Venue**

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**\*parking office**



**Philip Farrant Education Centre on Level 1**

**For more information and directions:** [**www.dvh.nhs.uk/contact-or-visit-us/maps**](http://www.dvh.nhs.uk/contact-or-visit-us/maps)

**Driving in? Park in Staff Car Park A and revalidate your ticket in the parking office\* for £1 at the end of the day.**

Internal Medical Practical Skills Course   
2023-2024

**Darent Valley Hospital, Dartford**

**Application Form**

**I would like to attend the following date (select one only) :**

**Saturday 20th January 2024**

**Saturday 24th February 2024**

**Saturday 09th March 2024**

Please **PRINT** throughout

|  |  |
| --- | --- |
| **Name** |  |
| **Grade** |  |
| **Hospital Name** |  |
| **Correspondence Address** |  |
| **Telephone** |  |
| **Email Address** |  |
| **Signature** |  |
| **Date** |  |