Get Ready in Obstetrics 2023   
(DRAFT PROGRAMME)

DAY 1 – Monday 31st July 2023

AM

08:00 – 08:30 Registration

08:30 – 08:45 Course introduction (15 mins)

08:45 – 09:15 ‘A normal day in Obstetric Anaesthesia’ (planning, handover, Hx taking, documentation, legal (30 mins)

09:15 – 10:00 Physiology of Pregnancy (45 mins)

10:00 – 10:15 BREAK (15 mins)

10:15 – 11:00 Basics of Obstetrics for the non obstetrician (45 mins)

11:00 – 11:15 BREAK (15 mins)

11:15 – 12:15 Caesarean sections in detail, anaesthesia for other procedures (Tear repair, instrumental etc), drugs in obstetrics, pain management intra-op, ERAS (60 mins)

12:15 – 13:15 LUNCH

PM

13:30 – 14:30 Epidural analgesia, troubleshooting epidurals, other forms of labour analgesia (60 mins)

14:30 – 14:45 BREAK (15 mins)

14:45 – 15:15 Category 1 caesarean section simulation (30 mins)

15:15 – 16:00 Category 1 caesarean section lecture & discussion (45 mins)

16:00 Day round-up and course close

DAY 2 – Tuesday 1st August 2023  
**AM**08:15 – 08:30 Registration

08:30 – 09:00 Major obstetric haemorrhage simulation by Faculty (30 mins)  
  
09:00 – 10:00 Major obstetric haemorrhage lecture & discussion (60 mins)

10:15 – 10:30 – 15 min break

10:30 – 11:30 Maternal collapse, anaesthetic complications and maternal cardiac arrest (60 mins)

11:30 – 12:00 Pre-eclampsia / Eclampsia (30 mins)

12:00 – 13:00 - Lunch

**PM**13:30 – 16:00 6 x Clinical skills stations 20 mins each (includes 30 min break)

**Spinal** full kit, drug preparation, long needles, positioning, landmark practice, discussion on spinal prior to epidural for difficult case, assessment of abnormal neurology post spinal)  
  
**Epidural + CSE** (full kit, pump, longer needles, regular + High BMI model, hands on practice*)*  
**Consenting for LSCS and epidurals (including PDPH management) –** Discussion about how to consent for elective and emergency LCSC, and epidurals. Simulated with actor, and discussion about PDPH, recognition and management  
  
**TAP blocks** (Incl different sized sonoplex needles, demo on faculty, needling practice on jelly/model \*need USS\*)  
  
**Intro to Ultrasound spinal for obese/difficult patients** (\*need USS\*)

**Cat I LSCS candidate simulation** (in groups as a team doing a Cat I LSCS and giving uterotonics once baby delivered)

16:00 - 1630 Course round-up / Feedback