

Foundation Programme – Year 1

Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/035/F1/005
Clinical Lead/Rota Co-Ordinator	agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/F1/020 Rotation 2. 23/KSS/RXC01/F1/021 Rotation 3. 23/KSS/RXC01/F1/019
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine
Department	AAU
Clinical supervisor(s) for the placement	AAU - Dr Viktoriya Clarke/Dr Berliti
Main duties of the placement Daily ward rounds in Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), daily ambulatory clinics, clinical teaching on the ward Ward-based clinical experience, ambulatory clinics, FY1 teaching, Grand Rounds, observation of procedures, acute medicine specific teaching sessions	
Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH Tuesdays (1.00 - 2.00 pm) at Conquest Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest	

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

Your working pattern is arranged across a rota cycle of 1:9 weeks, and includes:

Normal days AAU: 08:30- handover; 09:00-12:00 – WR: 12:00-Board round; 12:30-17:30 ward work, procedures, bed-side teaching

SDEC: 09:00-17:30 & 11:00-19:00 Regular board rounds, Consultants review, Clinical work, procedures.

Late shifts 15:00-23:00 on-call duties

Night shifts 20:30-09:00 on-call duties

AAU Weekend shifts 08:30 – 17:30 Handover, WR with consultant, word work

SDEC Weekend shifts 11:00-19:00 Consultant led board rounds, reviews and clinical work

On-call duties (Late shifts, Weekend shifts, Night shifts): as above, 15:00-23:00, 20:30-09:00

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

Half day per week****Rota via Trust Medical Staffing*****Working pattern:**

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<9>> weeks, and includes:

Normal days 08:30-17:00

Night shifts 20:30-09:00

Weekend shifts AAU 08:30-17:00, SDEC 11:00-19:00

On-call duties: 15:00-23:00, 20:30-09:00

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: 45hrs

Your contract is a full-time contract for <<48>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

About the Trust - Local education provider (LEP) / employer information

We provide acute hospital and community health services for people living in East Sussex and surrounding areas.

As a new doctor in training to the trust, you will have a formal initial Induction and shadowing period which will include time with the existing post holder in your specialty, a trust corporate induction hosted by your dedicated medical education team, a local induction organised by your specialty and a number of mandatory e-learning modules to be completed via ESR. Information about your mandatory e-learning requirements and further Induction information can be found on our on our medical education webpages at <https://www.esht.nhs.uk/medical-education/> the password for the induction page is **ESHT1066** A formal invitation will be sent to you via email approximately 6 weeks prior to your commencement at the trust.

Our services are mainly provided from two district general hospitals, Conquest Hospital and Eastbourne DGH both of which have Emergency Departments and provide care 24 hours a day. They offer a comprehensive range of surgical, medical and maternity services supported by a full range of diagnostic and therapy services.

At Bexhill Hospital we provide outpatients, ophthalmology, rehabilitation and intermediate care services. At Rye, Winchelsea and District Memorial Hospital we provide Outpatient and inpatient intermediate care services. At Firwood House we jointly provide, with Adult Social Care, inpatient intermediate care services. We also provide some services at Uckfield Community Hospital and Lewes Victoria Hospital. Our community staff also provide care in the patient's own home and from a number of clinics and health centres and GP surgeries.

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There are some 525,000 people who live in East Sussex and the Trust is one of the largest organisations in the county. We employ over 6,000 dedicated staff with an annual turnover of £365 million.

There is a combination of urban and rural development with areas of outstanding natural beauty and of considerable historic interest. There are excellent recreational and sporting facilities in the area and good rail links to London and Brighton, and to Europe via the Channel Tunnel and Eurostar. The Trust is keen to develop its staff and postgraduate medical and nurse training takes place on both the main sites. We have medical students from Brighton & Sussex Medical School, from Kings and elsewhere, and encourage you to develop your teaching skills.

Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/035/F1/006
Clinical Lead/Rota Co-Ordinator	agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/F1/024 Rotation 2. 23/KSS/RXC01/F1/022 Rotation 3. 23/KSS/RXC01/F1/023
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine
Department	AAU
Clinical supervisor(s) for the placement	AAU - Dr Viktoriya Clarke/Dr Berliti
Main duties of the placement Daily ward rounds in Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), daily ambulatory clinics, clinical teaching on the ward Ward-based clinical experience, ambulatory clinics, FY1 teaching, Grand Rounds, observation of procedures, acute medicine specific teaching sessions	
Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH Tuesdays (1.00 - 2.00 pm) at Conquest	

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

Your working pattern is arranged across a rota cycle of 1:9 weeks, and includes:

Normal days

Late shifts

Long days

Night shifts

AAU Weekend shifts

SDEC Weekend shifts

On-call duties (Late shifts, Weekend shifts, Night shifts)

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

Half day per week

****Rota via Trust Medical Staffing***

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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your specialty and a number of mandatory e-learning modules to be completed via ESR. Information about your mandatory e-learning requirements and further Induction information can be found on our on our medical education webpages at <https://www.esht.nhs.uk/medical-education/> **the password for the induction page is ESH1066** A formal invitation will be sent to you via email approximately 6 weeks prior to your commencement at the trust.

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Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A

Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/004/F1/005
Clinical Lead/Rota Co-Ordinator	agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/006 Rotation 2 . 23/KSS/RXC01/004 Rotation 3. 23/KSS/RXC01/005
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine
Department	Respiratory Medicine (and AAU)
Clinical supervisor(s) for the placement	Dr Nakos/ Dr T Christopherson
Main duties of the placement Baird ward is a Respiratory and General medical Ward . There are 28 patients in total, shared between 2 ward based teams, both led by Consultant Respiratory Physicians. There is daily Consultant presence on the ward. In the light of COVID pandemic a ward reconfiguration to accommodate COVID and Non- COVID patients in in operation. Daily participation in a MDT that involves input from the Hospital Intervention Team (physiotherapy/ occupational therapy) & Adult social services There will be scope to undertake practical procedures such as abdominal paracentesis, chest aspiration/ drain insertion, lumbar puncture. The day to day management of the patients on Baird ward and our buddy ward(s) under the supervision of the consultants, registrar and 2 SHO grade doctors. We very much work as a team and all members of this team are very approachable and willing to teach. While working with us, the FY1 doctor will also be on the Oncall rota for evening and weekend ward cover. Daily ward rounds in Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), daily ambulatory clinics, clinical teaching on the ward Ward-based clinical experience, ambulatory clinics, FY1 teaching, Grand Rounds, observation of procedures, acute medicine specific teaching sessions	
Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)	
Other: Leadership Programme - 4 - 5 half-day courses over the year Chest team departmental weekly teaching – Thursday 1300 – 1400 Simulation Training	

Self-Development Time:
FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on E portfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)
Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions
Daily/weekly/monthly (if applicable)
Daily consultant ward rounds
Daily ward MDM – 1100-1145

Mon: consultant ward round and ward work
Tues: consultant / registrar /SHO ward round and grand round
Wed: X-ray meeting, Post take ward round and Registrar / consultant ward round
Thurs: consultant / SHO ward round and chest unit journal club
Fri: Consultant / Registrar ward round and ward work /Departmental Teaching

On call requirements: 1 in 8 across Elderly and General Medicine
Please note that this post will include 2 months working in the Acute Assessment Unit (AAU) – see separate post description for AAU.

***Rota via Trust Medical Staffing**

Working pattern:
Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:
Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:
Normal days
Long days
Night shifts
Weekend shifts
On-call duties
(Delete any that do not apply)
A copy of your rota template is attached to the end of this document
to be appended

Average Weekly Hours of Work: to insert
Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours
You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>
The distribution of these will be as follows:
Average weekly hours at basic hourly rate:
Average weekly hours attracting a 37% enhancement:
Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):
Pay for additional hours above 40:
Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

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About the Trust - Local education provider (LEP) / employer information

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Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital

Host organisation if different from above	N/A
Trainee Name	
Trainee Information System (TIS)	
Post Code (and local post number if known)	KSS/RXC01/035/F1/003
Clinical Lead/Rota Co-Ordinator	agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/003 Rotation 2 . 23/KSS/RXC01/001 Rotation 3. 23/KSS/RXC01/002
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine
Department	AAU and Respiratory
Clinical supervisor(s) for the placement	Dr Clarke - AAU 8 Weeks Dr Christopherson – Respiratory 8 Weeks
<p>Main Duties in this placement Varied and interesting patient load. There is plenty of experience to be gained in general and specialist chest medicine</p> <p>The day to day management of the patients on Baird ward and our buddy ward(s) under the supervision of the consultants, registrar and 2 SHO grade doctors. We very much work as a team and all members of this team are very approachable and willing to teach. While working with us, the FY1 doctor will also be on the On call rota for evening and weekend ward cover.</p> <p>Daily ward rounds in Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), daily ambulatory clinics, clinical teaching on the ward</p> <p>Ward-based clinical experience, ambulatory clinics, FY1 teaching, Grand Rounds, observation of procedures, acute medicine specific teaching sessions</p> <p>Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics: Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) Y1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year Chest team departmental weekly teaching – Thursday 1300 - 1400</p> <p>Simulation Training</p>	
Self-Development Time:	

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions

Daily/weekly/monthly (if applicable)

Daily consultant ward rounds

Daily ward MDM – 1100-1145

Mon: consultant ward round and ward work

Tues: consultant / registrar / SHO ward round and grand round

Wed: X-ray meeting, Post take ward round and Registrar / consultant ward round

Thurs: consultant / SHO ward round and chest unit journal club

Fri: Consultant / Registrar ward round and ward work

On call requirements: 1 in 8 across Elderly and General Medicine

Please note that this post will include 2 months working in the Acute Assessment Unit (AAU) – see separate post description for AAU.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital / St Michael's Hospice, St Leonards on Sea

Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/094/F1/001
Clinical Lead/Rota Co-Ordinator	deb.lewis@nhs.net– Surgery
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC02//002 Rotation 2. 23/KSS/RXC02//018 Rotation 3. 23/KSS/RXC02//016
Placement details (i.e. the specialty and sub-specialty)	General Surgery - Breast Surgery
Department	Surgery Conquest Hospital
Educational / Clinical supervisor(s) for the placement	Miss Elizabeth Shah, Consultant Breast Surgeon
Main Duties of the Placement <ul style="list-style-type: none"> • Ward rounds, ward duties, clerking in new admissions. • The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. • The doctor will play an active part in the Breast Multi-disciplinary team, working alongside the breast surgeons, breast ERAS nurse, specialist nurses, pre-assessment nurses and breast radiologists. They will attend the weekly Multi-disciplinary Team (MDT) meeting and participate in Breast Surgery Audit and Governance meetings. They will be expected to undertake at least one clinical audit or QIP project and present at departmental Audit meeting and will be encouraged to submit abstracts for presentation at regional and national meetings and conferences. • The doctor is expected to attend the structured teaching programmes provided by the department. • There will also be the opportunity for learning and maintaining skills in practical procedures such as skin suturing and seroma drainage and application of vac dressings. • Managing post-operative complications such as haematoma and infection. <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> • Take a history and examine a patient • Identify problems and formulate a management plan • Prescribe safely • Keep an accurate and relevant medical record • Manage time and clinical priorities effectively • Communicate effectively with patients, relative and colleagues • Use evidence, guidelines and audit to benefit patient care • Act in a professional manner at all times • Cope with ethical and legal issues which occur during the management of patients with palliative care needs 	

<ul style="list-style-type: none"> Become life-long learners and teachers 					
Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) Y1 Wednesdays (1.00 - 2.00 pm) at Conquest Other: <ul style="list-style-type: none"> Leadership Programme - 4 - 5 half-day courses over the year Breast MDT Meetings – weekly, Thursdays 2-4 pm Teaching for FY doctors (weekly) MDT meetings (weekly) Audit Meetings - quarterly 					
Self-Development Time: FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.					
Typical working pattern in this placement (<i>e.g. ward rounds, clinics, theatre sessions</i>) Surgery: typical working pattern in this post e.g. ward rounds, in-patient care, peri-operative management of elective cases, SAU on-call commitments, theatre sessions, following rota detail to be taken into account:					
Conquest Breast Surgery F1 Timetable pattern (excluding GS on-call & SAU days)					
	Monday	Tuesday	Wednesday	Thursday	Friday
FY1	Work with pre assessment and ERAS nurse to pre-optimize elective breast surgery patients, Attend clinic for learning opportunities, develop practical skills such as seroma drainage and post-op care	Liaise with Miss Shah and secretary to do the order of the list, perform checklist for admissions, attend Nuclear Medicine for SNB cases for learning opportunity, help on GS Wards with ward work, help SpR with ward referrals	Breast Surgery Pre and post op rounds, Clerking admissions, Writing drug charts and discharge summaries, Attending theatre lists and developing practical skills such as skin suturing	Breast Surgery Pre and post op rounds, Clerking admissions, Writing drug charts and discharge summaries, Attending theatre lists and developing practical skills such as skin suturing	Ward rounds with middle grade breast surgeon, Post-op care, Breast Surgery Clinical Audit projects, Help middle grade with SAU breast referrals

		and SAU breast referrals	F1 teaching (13:00)	Attend MDM for educational development	
<p>FY1 will have a rolling 10 week rota for weekends/nights - on call commitment to Surgery - requiring zero hours on following Monday and Tuesday.</p> <p>There is a rolling 1:10 rota</p> <p>3 weekends during that 1:10 rota one x3 nights and two x 3 days</p> <p>weekday one week SAU x 4</p> <p>one x nights</p> <ul style="list-style-type: none"> On call – 08:00 to 20:30 (handover takes place at 20:00) <p>or</p> <ul style="list-style-type: none"> Nights – 20:00 to 08:30 (handover takes place at 08:00) <p>The F1 doctors in General Surgery do not cover any Orthopaedic wards.</p> <p><i>On call requirements</i> – on call for wards or SAU escalating to senior on call team</p> <p>*Rota via Trust Medical Staffing</p> <p>Working pattern:</p> <p>Basic hours only / Full shift /On-call rota (delete as appropriate) - 0830 start Mon, Tues, Friday, protected lunch for 1/2 hour and usual finish 5pm but late until 8pm Tuesday</p> <p>Rota Template:</p> <p>Your working pattern is arranged across a rota cycle of 17 or 18 weeks (4 month placement), and includes:</p> <p>Normal days</p> <p>On-call duties (Non-resident)</p> <p>No weeknight on-calls during first week of placement. Thereafter every Wednesday (non-resident)</p> <p>Weekend on-call: every 2nd weekend of the month (non-resident)</p> <p>The on-call days can be flexible to accommodate Annual Leave / Study Leave/ mutually agreed with the Clinical Supervisor</p> <p>Average Weekly Hours of Work: <i>to insert</i></p> <p>Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours</p> <p>You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>></p> <p>The distribution of these will be as follows:</p> <p>Average weekly hours at basic hourly rate:</p> <p>Average weekly hours attracting a 37% enhancement:</p> <p>Note: these figures are the <i>average weekly hours</i>, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.</p> <p>Annual pay for role* (select elements as appropriate)</p> <p>Basic Pay (Nodal Point):</p>					

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name	
Trainee Information System (TIS) Post Code (or local post number if known)	KSS/RXC01/007/F1/001
Clinical Lead/Rota Co-Ordinator	agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.bottling@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/016 Rotation 2 . 23/KSS/RXC01/017 Rotation 3. 23/KSS/RXC01/018
Placement details (i.e. the specialty and sub-specialty)	Cardiology (Cardio-vascular Disease)
Department	Cardiology
Clinical supervisor(s) for the placement	Dr K Dickinson
Main Duties in this placement Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable) Daily: Ward round then ward jobs Mon: 7.40 – 18.00 Tues: 7.40 – 17.30 Wed: 7.40 – 17.30 Thurs: 7.40 – 17.30 Fri: 7.40 – 18.30 Sat: Sun: <i>*On call requirements: 1 in 8 (evening weekday 17.00 – 21.30, weekend 9.00 – 21.30)</i> Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) Y1 Wednesdays (1.00 - 2.00 pm) at Conquest Other: Leadership Programme - 4 - 5 half-day courses over the year	

MRCP Teaching
CMT Training Days

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on E portfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

***as above**

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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Foundation Programme – Year 1 Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/
Clinical Lead/Rota Co-Ordinator	agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net

Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/ Rotation 2. 23/KSS/RXC01/ Rotation 3. 23/KSS/RXC01
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine
Department	Gastroenterology
Clinical supervisor(s) for the placement	Gastro - Dr Azam Zubir , Dr Steven Fong, Dr Frederic Cuison
Main duties of the placement Daily ward rounds on Gastro ward/Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), weekly outpatient clinics, clinical teaching on the ward Ward-based clinical experience, MDM, outpatient clinics, journal club, FY1 teaching, Grand Rounds, observation of endoscopy lists, gastro and acute medicine specific teaching sessions	
Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH via Microsoft Teams Tuesdays (1.00 - 2.00 pm) at Conquest via Microsoft Teams Foundation Programme Core Topics: Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) Y1 Wednesdays (1.00 - 2.00 pm) at Conquest Wednesday 830-900 Cross-site Gastro Junior Dr Gastro Teaching (via Microsoft Teams) Other: Leadership Programme - 4 - 5 half-day courses over the year Complex Nutrition MDM (virtual) every Wednesday 1130-1200 Surgical Radiology MDM (virtual) every Wed 1300-1400 Gastro Teaching (virtual) every Thursday 1230-1300 IBD MDM (virtual) every Thursday 1300-1400 Upper GI Cancer MDM (virtual) every Friday 0830-1000 Endoscopy lists (as observer) – timing variable (pls arrange with endoscopy coordinator) Attendance/observation at Face and face and telephone clinics (please arrange with gastro secretaries)	
Self-Development Time: FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.	
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions) 0900-1100 Ward Round 1100-1130 MDT Ward jobs thereafter Mon: ward round, acute medicine teaching Tues: ward round, Grand Round Wed: gastro teaching, ward round, MDM, FY1 teaching	

Thurs: MDM, ward round, clinic

Fri: ward round,

Sat: off

Sun: off

On call requirements: 1 in 8

Please note that this post will include 2 months working in the Acute Assessment Unit (AAU)/ Same Day Emergency Care (SDEC) – see separate post description for AAU.

Half day per week

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of 1:8 weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work:

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of ... hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

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Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/018/F1/006
Clinical Lead/Rota Co-Ordinator	agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net

Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/009 Rotation 2. 23/KSS/RXC01/007 Rotation 3. 23/KSS/RXC01/008
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine
Department	Gastroenterology and then AAU
Clinical supervisor(s) for the placement	Gastro - Dr Azam Zubir , Dr Steven Fong AAU - Dr Viktoriya Clarke, Dr Stefano Berliti
Main duties of the placement Daily ward rounds on Gastro ward/Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), weekly outpatient clinics, clinical teaching on the ward Ward-based clinical experience, MDM, outpatient clinics, journal club, FY1 teaching, Grand Rounds, observation of endoscopy lists, gastro and acute medicine specific teaching sessions	
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Self-Development Time: FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.	
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions) 0900-1100 Ward Round 1100-1130 MDT Ward jobs thereafter Mon: ward round, acute medicine teaching Tues: ward round, Grand Round Wed: gastro teaching, ward round, MDM, FY1 teaching Thurs: MDM, ward round, clinic Fri: ward round, Sat: off Sun: off <i>On call requirements: 1 in 8</i>	

Please note that this post will include 2 months working in the Acute Assessment Unit (AAU)/ Same Day Emergency Care (SDEC) – see separate post description for AAU.

Half day per week

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

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On-call availability supplement :

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Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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Clinical Lead/Rota Co-Ordinator	agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
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Programme Codes	Rotation 1. 23/KSS/RXC01/009 Rotation 2. 23/KSS/RXC01/007 Rotation 3. 23/KSS/RXC01/008
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine
Department	Gastroenterology and then AAU
Clinical supervisor(s) for the placement	Gastro - Dr Azam Zubir , Dr Steven Fong AAU - Dr Viktoriya Clarke, Dr Stefano Berliti
Main duties of the placement Daily ward rounds on Gastro ward/Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), weekly outpatient clinics, clinical teaching on the ward Ward-based clinical experience, MDM, outpatient clinics, journal club, FY1 teaching, Grand Rounds, observation of endoscopy lists, gastro and acute medicine specific teaching sessions	
Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH via Microsoft Teams Tuesdays (1.00 - 2.00 pm) at Conquest via Microsoft Teams Foundation Programme Core Topics: Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) Y1 Wednesdays (1.00 - 2.00 pm) at Conquest Wednesday 830-900 Cross-site Gastro Junior Dr Gastro Teaching (via Microsoft Teams) Other: Leadership Programme - 4 - 5 half-day courses over the year IBD MDM Thursdays 1.00 - 2.00 pm (Conquest) Endoscopy lists (as observer) – timing variable (pls check with endoscopy coordinator) Attendance/observation at telephone clinic	

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

0900-1100 Ward Round

1100-1130 MDT

Ward jobs thereafter

Mon: ward round, acute medicine teaching

Tues: ward round, Grand Round

Wed: gastro teaching, ward round, MDM, FY1 teaching

Thurs: MDM, ward round, clinic

Fri: ward round,

Sat: off

Sun: off

On call requirements: 1 in 8

Please note that this post will include 2 months working in the Acute Assessment Unit (AAU)/ Same Day Emergency Care (SDEC) – see separate post description for AAU.

Half day per week

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of 1:8 weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work:

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of ... hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A

Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/021/F1/001
Clinical Lead/Rota Co-Ordinator	Deb.lewis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/001 Rotation 2. 23/KSS/RXC01/002 Rotation 3. 23/KSS/RXC01/003
Placement details (i.e. the specialty and sub-specialty)	General Surgery
Department	General Surgery
Clinical supervisor(s) for the placement	Mrs A Morris
Main duties of the placement - See below	
Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest Other: Leadership Programme - 4 - 5 half-day courses over the year Weekly departmental meetings 1-2pm Friday (1x per month this is an M+M meeting) Bi-monthly Clinical Effectiveness (Audit) meetings Departmental theatre induction evening (3x per year) Teaching for FY doctors (weekly) Journal Club (weekly) MDT meetings (weekly)	
Self-Development Time: FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.	
Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions) 0900-1100 Ward Round 1100-1130 MDT Ward jobs thereafter For normal days 8am-10am ward round. Rest of day – 5/6pm (usually 6pm) completing jobs lists. i.e. bloods, ABGs, requesting tests, assessing sick patients. Cross cover other teams for F1s on annual leave/sick etc One day a week on call (8am-8.30pm) clerking any new admissions and initial management (except those weeks on nights) Handover at 8.00 pm. 2 sets of weekend nights (3 nights) 8pm – 8.30am (handover at 8.00 am)	

2 sets of week nights (4 nights). 8pm-8.30am (handover at 8.00 am). Covering 2 general surgery wards (assessing acutely unwell, fluids, drug charts etc)
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Mon to Thu nights are followed by zero hours on Fri and off on Sat + Sun
Fri to Sun nights are followed by zero hours on Mon + Tue
Weekday SAU and Long Days – a zero hours day on previous or following day
Depending on which line of the rota the doctors are placed they may do slightly less or more SAU or long days as they follow a 1:10 rota and approximately 18 weeks for each rotation.
FY1s are expected to attend a minimum of 2 x Theatre session and 2 x Outpatient sessions in a 4 month rotation.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital

Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/021/F1/002
Clinical Lead/Rota Co-Ordinator	Deb.lewis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/007 Rotation 2. 23/KSS/RXC01/008 Rotation 3. 23/KSS/RXC01/009
Placement details (i.e. the specialty and sub-specialty)	General Surgery
Department	General Surgery
Clinical supervisor(s) for the placement	Miss Donnellan
Main duties of the placement – See below	
Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest Other: Leadership Programme - 4 - 5 half-day courses over the year Weekly departmental meetings 1-2pm Friday (1x per month this is an M+M meeting) Bi-monthly Clinical Effectiveness (Audit) meetings Departmental theatre induction evening (3x per year) Teaching for FY doctors (weekly) Journal Club (weekly) MDT meetings (weekly)	
Self-Development Time: FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.	
Typical working pattern in this placement (<i>e.g. ward rounds, clinics, theatre sessions</i>) 0900-1100 Ward Round 1100-1130 MDT Ward jobs thereafter For normal days 8am-10am ward round. Rest of day – 5/6pm (usually 6pm) completing jobs lists. ie bloods, ABGs, requesting tests, assessing sick patients. Cross cover other teams for F1s on annual leave/sick etc	

One day a week on call (8am-8.30pm) clerking any new admissions and initial management (except those weeks on nights) Handover at 8.00 pm.
 2 sets of weekend nights (3 nights) 8pm – 8.30am (handover at 8.00 am)
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***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

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Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be

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Foundation Programme – Year 1 Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital

Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/021/F1/003
Clinical Lead/Rota Co-Ordinator	Deb.lewis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/011 Rotation 2 . 23/KSS/RXC01/012 Rotation 3. 23/KSS/RXC01/010
Placement details (i.e. the specialty and sub-specialty)	General Surgery
Department	General Surgery
Clinical supervisor(s) for the placement	Mrs Morris, Mr Aldridge, Miss Donnellan, Mr Harshen and Mr Miller, Mr M Klimovskij
<p>Main Duties in this placement Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions Daily/weekly/monthly (if applicable)</p> <p>For normal days 8am-10am ward round. Rest of day – 5/6pm (usually 6pm) completing jobs lists. i.e. bloods, ABGs, requesting tests, assessing sick patients. Cross cover other teams for F1s on annual leave/sick etc.</p> <p>One day a week on call (8am-8.30pm) clerking any new admissions and initial management (except those weeks on nights) Handover at 8.00 pm.</p> <p>2 sets of weekend nights (3 nights) 8pm – 8.30am (handover at 8.00 am) 2 sets of week nights (4 nights) . 8pm-8.30am (handover at 8.00 am). Covering 2 general surgery wards(assessing acutely unwell, fluids, drug charts etc.)</p> <p>2 sets of weekend days on call 8am-8pm</p> <p>Mon to Thu nights are followed by zero hours on Fri and off on Sat + Sun Fri to Sun nights are followed by zero hours on Mon + Tue Weekday SAU and Long Days – a zero hours day on previous or following day</p> <p>Depending on which line of the rota the doctors are placed they may do slightly less or more SAU or long days as they follow a 1:10 rota and approximately 18 weeks for each rotation.</p> <p>FY1s are expected to attend a minimum of 2 x Theatre session and 2 x Outpatient sessions in a 4 month rotation.</p> <p>Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm</p>	

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest

Other:

Foundation Priority Programme Radiology (optional) Half day per week

Leadership Programme - 4 - 5 half-day courses over the year

Weekly departmental meetings 1-2pm Friday (1x per month this is an M+M meeting)

Bi-monthly Clinical Effectiveness (Audit) meetings

Departmental theatre induction evening (3x per year)

Teaching for FY doctors (weekly)

Journal Club (weekly)

MDT meetings (weekly)

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

***As above**

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template: Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

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Night shifts

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On-call duties

(Delete any that do not apply)

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

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Weekend allowance:

On-call availability supplement :

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Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
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Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/021/F1/010
Clinical Lead/Rota Co-Ordinator	Deb.lewis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
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Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/015 Rotation 2 . 23/KSS/RXC02/002 Rotation 3. 23/KSS/RXC01/013
Placement details (i.e. the specialty and sub-specialty)	General Surgery - Conquest Hospital
Department	General Surgery
Clinical supervisor(s) for the placement	Mr Yesar El-Dhuwaib
Main Duties in this placement <p>For normal days 8am-10am ward round. Rest of day – 5/6pm (usually 6pm) completing jobs lists. ie bloods, ABGs, requesting tests, assessing sick patients. Cross cover other teams for F1s on annual leave/sick etc</p> <p>One day a week on call (8am-8.30pm) clerking any new admissions and initial management (except those weeks on nights) Handover at 8.00 pm.</p> <p>2 sets of weekend nights (3 nights) 8pm – 8.30am (handover at 8.00 am) 2 sets of week nights (4 nights) . 8pm-8.30am (handover at 8.00 am). Covering 2 general surgery wards(assessing acutely unwell, fluids, drug charts etc)</p> <p>2 sets of weekend days on call 8am-8pm</p> <p>Mon to Thu nights are followed by zero hours on Fri and off on Sat + Sun Fri to Sun nights are followed by zero hours on Mon + Tue Weekday SAU and Long Days – a zero hours day on previous or following day</p> <p>Depending on which line of the rota the doctors are placed they may do slightly less or more SAU or long days as they follow a 1:10 rota and approximately 18 weeks for each rotation.</p>	

FY1s are expected to attend a minimum of 2 x Theatre session and 2 x Outpatient sessions in a 4 month rotation.

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Weekly departmental meetings 1-2pm Friday (1x per month this is an M+M meeting)

Bi-monthly Clinical Effectiveness (Audit) meetings

Departmental theatre induction evening (3x per year)

Teaching for FY doctors (weekly)

Journal Club (weekly)

MDT meetings (weekly)

Self-Development Time: FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

See above

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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Information about your mandatory e-learning requirements and further Induction information can be found on our on our medical education webpages at <https://www.esht.nhs.uk/medical-education/> the password for the induction page is ESHT1066 A formal invitation will be sent to you via email approximately 6 weeks prior to your commencement at the trust.

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Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/021/F1/011
Clinical Lead/Rota Co-Ordinator	Deb.lewis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees.
Programme Codes	Rotation 1. 23/KSS/RXC02/005 Rotation 2. 23/KSS/RXC02/004 Rotation 3. 23/KSS/RXC02/006
Placement details (i.e. the specialty and sub-specialty)	General Surgery - Conquest Hospital
Department	General Surgery
Clinical supervisor(s) for the placement	Mr Harshen
Main Duties in this placement	<p>For normal days 8am-10am ward round. Rest of day – 5/6pm (usually 6pm) completing jobs lists. ie bloods, ABGs, requesting tests, assessing sick patients. Cross cover other teams for F1s on annual leave/sick etc</p> <p>One day a week on call (8am-8.30pm) clerking any new admissions and initial management (except those weeks on nights) Handover at 8.00 pm.</p> <p>2 sets of weekend nights (3 nights) 8pm – 8.30am (handover at 8.00 am)</p>

2 sets of week nights (4 nights) . 8pm-8.30am (handover at 8.00 am). Covering 2 general surgery wards(assessing acutely unwell, fluids, drug charts etc)

2 sets of weekend days on call 8am-8pm

Mon to Thu nights are followed by zero hours on Fri and off on Sat + Sun

Fri to Sun nights are followed by zero hours on Mon + Tue

Weekday SAU and Long Days – a zero hours day on previous or following day

Depending on which line of the rota the doctors are placed they may do slightly less or more SAU or long days as they follow a 1:10 rota and approximately 18 weeks for each rotation.

FY1s are expected to attend a minimum of 2 x Theatre session and 2 x Outpatient sessions in a 4 month rotation.

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest

Other:

Foundation Priority Programme Rotation 1 Level 1 Emergency Ultrasound competencies (optional) half day per week

Foundation Priority Programme Rotation 2 Pathology (optional) half day per week

Leadership Programme - 4 - 5 half-day courses over the year

Weekly departmental meetings 1-2pm Friday (1x per month this is an M+M meeting

Bi-monthly Clinical Effectiveness (Audit) meetings

Departmental theatre induction evening (3x per year)

Teaching for FY doctors (weekly)

Journal Club (weekly)

MDT meetings (weekly)

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on E portfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

See above

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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day. They offer a comprehensive range of surgical, medical and maternity services supported by a full range of diagnostic and therapy services.

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**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/021/F1/012
Clinical Lead/Rota Co-Ordinator	Deb.lewis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC02/007 Rotation 2 . 23/KSS/RXC02/009 Rotation 3. 23/KSS/RXC02/008
Placement details (i.e. the specialty and sub-specialty)	General Surgery - Conquest Hospital
Department	General Surgery
Clinical supervisor(s) for the placement	Mr M Klimovskij
Main Duties in this placement	

For normal days 8am-10am ward round. Rest of day – 5/6pm (usually 6pm) completing jobs lists. ie bloods, ABGs, requesting tests, assessing sick patients. Cross cover other teams for F1s on annual leave/sick etc

One day a week on call (8am-8.30pm) clerking any new admissions and initial management (except those weeks on nights) Handover at 8.00 pm.

2 sets of weekend nights (3 nights) 8pm – 8.30am (handover at 8.00 am)
2 sets of week nights (4 nights) . 8pm-8.30am (handover at 8.00 am). Covering 2 general surgery wards (assessing acutely unwell, fluids, drug charts etc)

2 sets of weekend days on call 8am-8pm

Mon to Thu nights are followed by zero hours on Fri and off on Sat + Sun

Fri to Sun nights are followed by zero hours on Mon + Tue

Weekday SAU and Long Days – a zero hours day on previous or following day

Depending on which line of the rota the doctors are placed they may do slightly less or more SAU or long days as they follow a 1:10 rota and approximately 18 weeks for each rotation.

FY1s are expected to attend a minimum of 2 x Theatre session and 2 x Outpatient sessions in a 4 month rotation.

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Weekly departmental meetings 1-2pm Friday (1x per month this is an M+M meeting)

Bi-monthly Clinical Effectiveness (Audit) meetings

Departmental theatre induction evening (3x per year)

Teaching for FY doctors (weekly)

Journal Club (weekly)

MDT meetings (weekly)

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

See above

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

About the Trust - Local education provider (LEP) / employer information

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Information about your mandatory e-learning requirements and further Induction information can be found on our on our medical education webpages at <https://www.esht.nhs.uk/medical-education/> the password for the induction page is ESHT1066 A formal invitation will be sent to you via email approximately 6 weeks prior to your commencement at the trust.

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Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/021/F1/009
Clinical Lead/Rota Co-Ordinator	Deb.lewis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC02/014 Rotation 2 . 23/KSS/RXC02/013 Rotation 3. 23/KSS/RXC02/017

Placement details (i.e. the specialty and sub-specialty)	General Surgery - Conquest Hospital
Department	General Surgery
Clinical supervisor(s) for the placement	Mr Aldridge
Main Duties in this placement For normal days 8am-10am ward round. Rest of day – 5/6pm (usually 6pm) completing jobs lists. ie bloods, ABGs, requesting tests, assessing sick patients. Cross cover other teams for F1s on annual leave/sick etc One day a week on call (8am-8.30pm) clerking any new admissions and initial management (except those weeks on nights) Handover at 8.00 pm. 2 sets of weekend nights (3 nights) 8pm – 8.30am (handover at 8.00 am) 2 sets of week nights (4 nights) . 8pm-8.30am (handover at 8.00 am). Covering 2 general surgery wards(assessing acutely unwell, fluids, drug charts etc) 2 sets of weekend days on call 8am-8pm Mon to Thu nights are followed by zero hours on Fri and off on Sat + Sun Fri to Sun nights are followed by zero hours on Mon + Tue Weekday SAU and Long Days – a zero hours day on previous or following day Depending on which line of the rota the doctors are placed they may do slightly less or more SAU or long days as they follow a 1:10 rota and approximately 18 weeks for each rotation. FY1s are expected to attend a minimum of 2 x Theatre session and 2 x Outpatient sessions in a 4 month rotation.	
Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest Other: Leadership Programme - 4 - 5 half-day courses over the year Weekly departmental meetings 1-2pm Friday (1x per month this is an M+M meeting) Bi-monthly Clinical Effectiveness (Audit) meetings Departmental theatre induction evening (3x per year) Teaching for FY doctors (weekly) Journal Club (weekly) MDT meetings (weekly)	
Self-Development Time:	

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

See above

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

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Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

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Average Weekly Hours of Work: to insert

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Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

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Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

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Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/
Clinical Lead/Rota Co-Ordinator	Deb.lewis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net

Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC02/ Rotation 2. 23/KSS/RXC02/ Rotation 3. 23/KSS/RXC02/
Placement details (i.e. the specialty and sub-specialty)	General Surgery - Conquest Hospital
Department	General Surgery
Clinical supervisor(s) for the placement	Mr Aldridge
Main Duties in this placement For normal days 8am-10am ward round. Rest of day – 5/6pm (usually 6pm) completing jobs lists. ie bloods, ABGs, requesting tests, assessing sick patients. Cross cover other teams for F1s on annual leave/sick etc One day a week on call (8am-8.30pm) clerking any new admissions and initial management (except those weeks on nights) Handover at 8.00 pm. 2 sets of weekend nights (3 nights) 8pm – 8.30am (handover at 8.00 am) 2 sets of week nights (4 nights) . 8pm-8.30am (handover at 8.00 am). Covering 2 general surgery wards(assessing acutely unwell, fluids, drug charts etc) 2 sets of weekend days on call 8am-8pm Mon to Thu nights are followed by zero hours on Fri and off on Sat + Sun Fri to Sun nights are followed by zero hours on Mon + Tue Weekday SAU and Long Days – a zero hours day on previous or following day Depending on which line of the rota the doctors are placed they may do slightly less or more SAU or long days as they follow a 1:10 rota and approximately 18 weeks for each rotation. FY1s are expected to attend a minimum of 2 x Theatre session and 2 x Outpatient sessions in a 4 month rotation.	
Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest Other: Leadership Programme - 4 - 5 half-day courses over the year Weekly departmental meetings 1-2pm Friday (1x per month this is an M+M meeting Bi-monthly Clinical Effectiveness (Audit) meetings Departmental theatre induction evening (3x per year) Teaching for FY doctors (weekly) Journal Club (weekly)	

MDT meetings (weekly)

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

See above

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be

greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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Information about your mandatory e-learning requirements and further Induction information can be found on our on our medical education webpages at <https://www.esht.nhs.uk/medical-education/> the password for the induction page is **ESHT1066** A formal invitation will be sent to you via email approximately 6 weeks prior to your commencement at the trust.

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**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/
Clinical Lead/Rota Co-Ordinator	Deb.lewis@nhs.net

Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC02/ Rotation 2 . 23/KSS/RXC02/ Rotation 3. 23/KSS/RXC02/
Placement details (i.e. the specialty and sub-specialty)	General Surgery - Conquest Hospital
Department	General Surgery
Clinical supervisor(s) for the placement	Mr Aldridge
Main Duties in this placement For normal days 8am-10am ward round. Rest of day – 5/6pm (usually 6pm) completing jobs lists. ie bloods, ABGs, requesting tests, assessing sick patients. Cross cover other teams for F1s on annual leave/sick etc One day a week on call (8am-8.30pm) clerking any new admissions and initial management (except those weeks on nights) Handover at 8.00 pm. 2 sets of weekend nights (3 nights) 8pm – 8.30am (handover at 8.00 am) 2 sets of week nights (4 nights) . 8pm-8.30am (handover at 8.00 am). Covering 2 general surgery wards(assessing acutely unwell, fluids, drug charts etc) 2 sets of weekend days on call 8am-8pm Mon to Thu nights are followed by zero hours on Fri and off on Sat + Sun Fri to Sun nights are followed by zero hours on Mon + Tue Weekday SAU and Long Days – a zero hours day on previous or following day Depending on which line of the rota the doctors are placed they may do slightly less or more SAU or long days as they follow a 1:10 rota and approximately 18 weeks for each rotation. FY1s are expected to attend a minimum of 2 x Theatre session and 2 x Outpatient sessions in a 4 month rotation.	
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Teaching for FY doctors (weekly)
Journal Club (weekly)

MDT meetings (weekly)

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

See above

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

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The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/034/F1/001
Clinical Lead/Rota Co-Ordinator	Janna Horton janna.horton@nhs.net CQ Sue Pooley sue.pooley@nhs.net EDGH April Clemett april.clemett@nhs.net EDGH
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/005 Rotation 2 . 23/KSS/RXC01/006 Rotation 3. 23/KSS/RXC01/004
Placement details (i.e. the specialty and sub-specialty)	Intensive Care Medicine (ITU)
Department	ITU
Clinical supervisor(s) for the placement	Dr K Murray
Main duties of the placement Main duties are to participate in the daily ward rounds (twice a day). During the ward rounds there will be hands on clinical examination and case based discussion. Following the ward rounds our FY1 will help expedite referrals and investigations relevant to ongoing patient management. US line placement will be taught and supervised. Supervised assessment of the acutely unwell patient on the wards and in A/E. Attendance at Medical Emergency Team Calls (MET) and Cardiac Arrest calls once experience has been gained on the unit and following a 1 week placement in anaesthetics to learn basic and advanced airway management. Critical Care Unit – busy 11 bed DGH unit. We take both acute medical and surgical patients in need of organ support. Expect lots of acute medicine and surgery, assessment of the deteriorating patient, basic organ support, and immediate management of the sick patient. Line placement experience – particularly central and arterial access. Multiple learning opportunities in a supportive environment.	
Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) Y1 Wednesdays (1.00 - 2.00 pm) at Conquest Other: Leadership Programme - 4 - 5 half-day courses over the year	

anaesthetic Departmental Teaching – when based on the Conquest Site (Friday mornings)
Interleave weeks

Journal Club – Wednesday lunchtime 1-2pm

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on E portfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

0900-1200 Ward Round

1200-1230 MDT

Ward jobs thereafter

Mon: Ward Round 8.00 am/ 5pm

Tues: Ward Round 8.00am/5pm

Wed: Ward Round 8.00am/5pm

Thurs: Ward Round 8.00am/5 pm

Fri: Ward Round 8.00am/5pm

Sat:

Sun:

On call requirements: Nil

Half day per week

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

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The distribution of these will be as follows:

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Average weekly hours attracting a 37% enhancement:

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :
Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>
Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
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Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/011/F1/006
Clinical Lead/Rota Co-Ordinator	mieke.henderson1@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/002 Rotation 2. 23/KSS/RXC01/003 Rotation 3. 23/KSS/RXC01/001
Placement details (i.e. the specialty and sub-specialty)	Ortho/Geriatrics
Department	13 Orthopaedic Consultants 11 Registrars 2 Associate Specialists 9 FY2/CT/SHOs 2 Orthogeriatric Consultants 4 FY1 1 FY2/CT/SHO Middle grade: appointment in progress
Clinical supervisor(s) for the placement	Dr Willis
Main duties of the placement Ward rounds / Patient ward care / Reviewing test results The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have the opportunity to work with the consultants in outpatient clinics for at least one day each week, and also take responsibility for problems arising. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances <u>Orthogeriatric Experience</u> Diagnosis and management of acute illness in the older patient with fracture NOF and complex elderly/ Frail medical elderly patients on the trauma and orthopaedic wards (Benson and Egerton wards) under the Orthogeriatric Consultants care/ supervision. The main training happens during senior /consultant Orthogeriatric ward rounds Rotate between OrthoTrauma unit and Complex Elderly care unit to gain experience in the following areas <ul style="list-style-type: none"> • Comprehensive Geriatric Assessment • Diagnosis and management of chronic disease and disability • Acute Delirium/Dementia • Rehabilitation 	

- Running MDT meetings
 - Running best interest meetings/case conferences for complex discharges
 - End of Life Care Planning (PEACE)
- Palliative care training: Palliative care

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Regular departmental teaching

Orthopaedic departmental teaching – daily teaching during trauma meeting 8am to 8:30. Weekly metalwork review meeting – all welcome to attend.

Alternate Monday evening – clinical case conference and journal club – not compulsory but welcome to attend.

Local Training Days

CMT Training

End of Life Care meetings

MDT meetings

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

0900-1100 Ward Round

1100-1130 MDT

Ward jobs thereafter

Mon: 0900 Consultant Ward round
1230-1400 Journal Club

Tues: 0900 Ward work (falls clinic)
1230-1400 Grand Round

Wed: Reg Ward Round
1300-1400 F1 Teaching

Thurs: Ward Work / Reg
Teaching

Fri: Consultant ward round

Trauma meeting every morning at 8am

Orthogeriatrician Consultants team daily ward rounds x5/week

Orthopaedics On call commitments

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

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Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

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Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

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Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/011/F1/007
Clinical Lead/Rota Co-Ordinator	mieke.henderson1@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net

Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/017 Rotation 2 . 23/KSS/RXC01/018 Rotation 3. 23/KSS/RXC01/016
Placement details (i.e. the specialty and sub-specialty)	Ortho/Geriatrics
Department	13 Orthopaedic Consultants 11 Registrars 2 Associate Specialists 9 FY2/CT/SHOs 2 Orthogeriatric Consultants 4 FY1 1 FY2/CT/SHO Middle grade: appointment in progress
Clinical supervisor(s) for the placement	Dr R Golez
Main Duties in this placement Ward rounds Patient ward care Reviewing test results The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have the opportunity to work with the consultants in outpatient clinics for at least one day each week, and also take responsibility for problems arising. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances <u>Orthogeriatric Experience</u> Diagnosis and management of acute illness in the older patient with fracture NOF and complex elderly/ Frail medical elderly patients on the trauma and orthopaedic wards (Benson and Egerton wards) under the Orthogeriatric Consultants care/ supervision. The main training happens during senior /consultant Orthogeriatric ward rounds Rotate between OrthoTrauma unit and Complex Elderly care unit to gain experience in the following areas <ul style="list-style-type: none"> • Comprehensive Geriatric Assessment • Diagnosis and management of chronic disease and disability • Acute Delirium/Dementia • Rehabilitation • Running MDT meetings • Running best interest meetings/case conferences for complex discharges • End of Life Care Planning (PEACE) Palliative care training: Palliative care	

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

Y1 Wednesdays (1.00 - 2.00 pm) at Conquest

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Regular departmental teaching

Orthopaedic departmental teaching – daily teaching during trauma meeting 8am to 8:30. Weekly metalwork review meeting – all welcome to attend.

Alternate Monday evening – clinical case conference and journal club – not compulsory but welcome to attend.

Local Training Days

CMT Training

End of Life Care meetings

MDT meetings

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on E portfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

Mon: 0900 Consultant Ward round
1230-1400 Journal Club

Tues: 0900 Ward work (falls clinic)
1230-1400 Grand Round

Wed: Reg Ward Round
1300-1400 F1 Teaching

Thurs: Ward Work / Reg
Teaching

Fri: Consultant ward round

Trauma meeting every morning at 8am

Orthogeriatrician Consultants team daily ward rounds x5/week

Orthopaedics On call commitments

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document
to be appended

Average Weekly Hours of Work: *to insert*

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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Information about your mandatory e-learning requirements and further Induction information can be found on our on our medical education webpages at <https://www.esht.nhs.uk/medical-education/> the password for the induction page is **ESHT1066** A formal invitation will be sent to you via email approximately 6 weeks prior to your commencement at the trust.

Our services are mainly provided from two district general hospitals, Conquest Hospital and Eastbourne DGH both of which have Emergency Departments and provide care 24 hours a day. They offer a comprehensive range of surgical, medical and maternity services supported by a full range of diagnostic and therapy services.

At Bexhill Hospital we provide outpatients, ophthalmology, rehabilitation and intermediate care services. At Rye, Winchelsea and District Memorial Hospital we provide Outpatient and inpatient intermediate care services. At Firwood House we jointly provide, with Adult Social Care, inpatient intermediate care services. We also provide some services at Uckfield

Community Hospital and Lewes Victoria Hospital. Our community staff also provide care in the patient's own home and from a number of clinics and health centres and GP surgeries. The role of East Sussex Healthcare NHS Trust is to provide the best possible healthcare service to patients, who come first in everything the organisation does. Medical Education work closely with our colleagues in the community, such as local GP practices, our two local Hospices, Psychiatry and Public Health - which has led to great collaborations for the benefit of our trainee placements.

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Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/011/F1/008
Clinical Lead/Rota Co-Ordinator	mieke.henderson1@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees

Programme Codes	Rotation 1. 23/KSS/RXC02/006 Rotation 2 . 23/KSS/RXC02/005 Rotation 3. 23/KSS/RXC02/004
Placement details (i.e. the specialty and sub-specialty)	Ortho/Geriatrics
Department	13 Orthopaedic Consultants 11 Registrars 2 Associate Specialists 9 FY2/CT/SHOs 2 Orthogeriatric Consultants 4 FY1 1 FY2/CT/SHO Middle grade: appointment in progress
Educational / Clinical supervisor(s) for the placement	Dr Willis/Dr Golez
Main Duties in this placement Ward rounds Patient ward care Reviewing test results The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have the opportunity to work with the consultants in outpatient clinics for at least one day each week, and also take responsibility for problems arising. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances <u>Orthogeriatric Experience</u> Diagnosis and management of acute illness in the older patient with fracture NOF and complex elderly/ Frail medical elderly patients on the trauma and orthopaedic wards (Benson and Egerton wards) under the Orthogeriatric Consultants care/ supervision. The main training happens during senior /consultant Orthogeriatric ward rounds Rotate between OrthoTrauma unit and Complex Elderly care unit to gain experience in the following areas <ul style="list-style-type: none"> • Comprehensive Geriatric Assessment • Diagnosis and management of chronic disease and disability • Acute Delirium/Dementia • Rehabilitation • Running MDT meetings • Running best interest meetings/case conferences for complex discharges • End of Life Care Planning (PEACE) Palliative care training: Palliative care The overall educational objectives of the F1 year are: Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record	

<p>Manage time and clinical priorities effectively</p> <p>Communicate effectively with patients, relative and colleagues</p> <p>Use evidence, guidelines and audit to benefit patient care</p> <p>Act in a professional manner at all times</p> <p>Cope with ethical and legal issues which occur during the management of patients with general medical problems</p> <p>Educate patients effectively</p> <p>Become life-long learners and teachers</p>
<p>Teaching Opportunities - Mandatory</p> <p>Grand Round:</p> <p>Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm</p> <p>Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics:</p> <p>Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)</p> <p>Y1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other:</p> <p>Foundation Priority Programme Rotation 1 Level 1 Emergency Ultrasound competencies (optional) half day per week</p> <p>Foundation Priority Programme Rotation 2 Pathology (optional) half day per week</p> <p>Leadership Programme - 4 - 5 half-day courses over the year</p> <p>Regular departmental teaching</p> <p>Orthopaedic departmental teaching – daily teaching during trauma meeting 8am to 8:30. Weekly metalwork review meeting – all welcome to attend.</p> <p>Alternate Monday evening – clinical case conference and journal club – not compulsory but welcome to attend.</p> <p>Local Training Days</p> <p>CMT Training</p> <p>End of Life Care meetings</p>
<p>Self-Development Time:</p> <p>FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on E portfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
<p>Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)</p> <p>Mon: 0900 Consultant Ward round 1230-1400 Journal Club</p> <p>Tues: 0900 Ward work (falls clinic) 1230-1400 Grand Round</p> <p>Wed: Reg Ward Round 1300-1400 F1 Teaching</p> <p>Thurs: Ward Work / Reg Teaching</p> <p>Fri: Consultant ward round</p> <p>Trauma meeting every morning at 8am</p> <p>Orthogeriatrician Consultants team daily ward rounds</p> <p>x5/week Orthopaedics On call commitments</p> <p>*Rota via Trust Medical Staffing</p> <p>Working pattern:</p> <p>Basic hours only / Full shift /On-call rota (delete as appropriate)</p> <p>Rota Template:</p>

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

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The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/011/F1/009
Clinical Lead/Rota Co-Ordinator	mieke.henderson1@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC02/017 Rotation 2 . 23/KSS/RXC02/015 Rotation 3. 22/KSS/RXC02/018

Placement details (i.e. the specialty and sub-specialty)	Ortho/Geriatrics
Department	13 Orthopaedic Consultants 11 Registrars 2 Associate Specialists 9 FY2/CT/SHOs 2 Orthogeriatric Consultants 4 FY1 1 FY2/CT/SHO Middle grade: appointment in progress
Clinical supervisor(s) for the placement	Dr Willis/Dr Golez
Main Duties in this placement Ward rounds Patient ward care Reviewing test results The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have the opportunity to work with the consultants in outpatient clinics for at least one day each week, and also take responsibility for problems arising. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances <u>Orthogeriatric Experience</u> Diagnosis and management of acute illness in the older patient with fracture NOF and complex elderly/ Frail medical elderly patients on the trauma and orthopaedic wards (Benson and Egerton wards) under the Orthogeriatric Consultants care/ supervision. The main training happens during senior /consultant Orthogeriatric ward rounds Rotate between OrthoTrauma unit and Complex Elderly care unit to gain experience in the following areas <ul style="list-style-type: none"> • Comprehensive Geriatric Assessment • Diagnosis and management of chronic disease and disability • Acute Delirium/Dementia • Rehabilitation • Running MDT meetings • Running best interest meetings/case conferences for complex discharges • End of Life Care Planning (PEACE) Palliative care training: Palliative care The overall educational objectives of the F1 year are: Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care	

Act in a professional manner at all times
 Cope with ethical and legal issues which occur during the management of patients with general medical problems
 Educate patients effectively
 Become life-long learners and teachers

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

Y1 Wednesdays (1.00 - 2.00 pm) at Conquest

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Regular departmental teaching

Orthopaedic departmental teaching – daily teaching during trauma meeting 8am to

8:30. Weekly metalwork review meeting – all welcome to attend.

Alternate Monday evening – clinical case conference and journal club – not compulsory but welcome to attend.

Local Training Days

CMT Training

End of Life Care meetings

MDT meetings

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement *(e.g. ward rounds, clinics, theatre sessions)*

Mon: 0900 Consultant Ward round
 1230-1400 Journal Club

Tues: 0900 Ward work (falls clinic)
 1230-1400 Grand Round

Wed: Reg Ward Round
 1300-1400 F1 Teaching

Thurs: Ward Work / Reg
 Teaching

Fri: Consultant ward round

Trauma meeting every morning at 8am

Orth geriatrician Consultants team daily ward rounds
 x5/week Orthopaedics On call commitments

Foundation Priority Programme Rotation 1 only 'Foundation Leadership & Management Programme'

Half a day per week

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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Foundation Programme – Year 1

Individual Placement Descriptor (IPD)/ Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/002/F1/001
Clinical Lead/Rota Co-Ordinator	Dr Nadia Muhi-Iddin/Dr M Clark matthew.clark1@nhs.net nadia.muhi-iddin1@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by the organisation. Log in details will be provided to trainees.

Programme Codes	Rotation 1. 23/KSS/RXC01/F1/022 Rotation 2. 23/KSS/RXC01/F1/023 Rotation 3. 23/KSS/RXC01/F1/024
Placement details (i.e. the specialty and sub-specialty)	Paediatrics (N/A)
Department	Paediatrics
Clinical supervisor(s) for the placement	Dr S Mansy
Main Duties of the Placement The working hours (weekdays and weekends) varies between 8 – 12 hour shifts according to the agreed compliant rota. The shifts are 1 in 16. Also rostered to sit in on clinics which can be on either site. Training opportunities in addition to the daily informal teaching include: Morning consultant led handover. Team handover afternoon 16:00 and night team handover 20:30. Consultant/ Registrar lead ward rounds on Kipling ward.. Allocation to attend consultant clinics in Paediatric OP for local consultants/ visiting consultants. I have provided them with a list to fill in for their clinic attendance during the 4 month placement. Paediatric radiology meeting. 2 hour Wednesday Paediatric Consultant Handover Tuesday 2 hours teaching/learning which covers topics over a 17-week plan (4 months placement). Opportunities to present cases. In addition allowance is made on the rota for the FY1 trainee to attend the foundation training locally. Department Audit meeting. Opportunity to present Audit. Monthly Perinatal meetings, Opportunity to present cases. Paediatric M&M meeting, Opportunity to present cases. Hospital Grand round. Opportunity to present cases in the paediatric hospital grand round.	
Teaching Opportunities - Mandatory Hospital Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) Y1 Wednesdays (1.00 - 2.00 pm) at Conquest Other: Leadership Programme - 4 - 5 half-day courses over the year Safeguarding Children (case-based discussions) Wednesday am 08:45H-10:00H Education Centre, Conquest Diabetes Training (every 4 month rotation with new Paediatrics trainees) Kawasaki Disease (every 4 month rotation with new Paediatrics trainees) Kipling Seminar Room Paediatric Endocrinology Consultant from KCL to deliver lunch time lecture (Tuesday) every 3 months Paediatric Epilepsy clinic on Friday mornings Radiology teaching (Mondays 13:00H-14:00H) Paediatric Grand round (Wednesdays 13:00H – 15:00H) Paediatric teaching Tuesday 13:00H – 14:30H (case-based presentations, Journal Club & consultant teaching) Peri-natal M&M (Fridays 13:30H – 15:30H), Monthly Paediatric M&M meetings quarterly Wednesdays 14:00H-16:00H Neonatal simulation (usually once per month, variable days)	
Self-Development Time:	

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

0900-1100 Ward Round

Ward jobs thereafter

The FY1 trainee works in a full shift rota (long and short days) as part of a team including a consultant, a registrar and other trainees (GP trainees, FY2, ST1 paediatrics trainees and ANPs). Nights and weekends are based on 1:7 rota.

The day time work cover includes inpatients in Kipling ward, Kipling ambulatory care, delivery suite, maternity theatres, Frank Shaw post-natal ward and paediatric resus/ Emergency department. Usually on a weekly bases to offer continuity.

On call requirements: 1 in 8

***Rota via Trust Medical Staffing**

Working pattern:

Full shift /On-call rota

Rota Template:

Your working pattern is arranged across a rota cycle of **1:8** weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

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<https://www.esht.nhs.uk/medical-education/> **the password for the induction page is**

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Foundation Programme – Year 1

Individual Placement Descriptor (IPD) / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	St Michael's Hospice, St Leonards on Sea
Host organisation if different from above	Conquest Hospital
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/094/F1/002
Clinical Lead/Rota Co-Ordinator	Dr Jane Lewington janelewington@nhs.net HRAdmin@stmichaelshospice.com St Michael's Hospice HR department

Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by the organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 23/KSS/RXC01/F1/019 Rotation 2. 23/KSS/RXC01/F1/020 Rotation 3. 23/KSS/RXC01/F1/021
Placement details (i.e. the specialty and sub-specialty)	Palliative Medicine St Michael's Hospice, St Leonards on Sea
Department	Palliative Care
Clinical supervisor(s) for the placement	Dr Isae Kilonzo, Consultant in Palliative Medicine Dr Jane Lewington, Consultant in Palliative Medicine
Main Duties of the Placement Ward round, ward duties, clerking in new admissions. The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. The doctor will play an active part in the interdisciplinary team, working alongside Senior Members of the Medical Team, Nurse Practitioners, Nursing Staff, Social Worker, Physiotherapists, Counselling Services and Complementary Therapists. This will involve attending the weekly Interdisciplinary Team (IDT) meeting and participating in family meetings to discuss discharges. The doctor will learn the skills required to facilitate Advance Care Planning discussions with patients. The doctor will have the opportunity to go on home visits with the Hospice at Home Nurses. The doctor is expected to attend the structured teaching programmes provided by the department. There will also be the opportunity for learning and maintaining skills in practical procedures such as intravenous cannulation and accessing port-a-cath devices. Managing symptoms e.g. nausea, vomiting, pain, breathlessness and anxiety. Assessing and managing non-physical aspects of illness – psycho-social and spiritual. Improved communication skills e.g. breaking bad news. The overall educational objectives of the F1 year are: Take a history and examine a patient Identify problems and formulate a management plan Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with palliative care needs Become life-long learners and teachers	
Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm	

Foundation Programme Core Topics:

Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

Y1 Wednesdays (1.00 - 2.00 pm) at Conquest

Other:

Leadership Programme - 4 - 5 half-day courses over the year

The Hospice provides specific tutorial programme in house which is shared with St Wilfrid's Hospice and delivered weekly on Microsoft Teams.

St Michael's Hospice Interdisciplinary Learning Forum

St Michael's Hospice Journal Club

St Michael's Hospice Medical Team Meeting (with reflective educational component).

There is a joint doctors meeting between four Hospices in East Sussex held quarterly which the FY1 doctor may get an opportunity to attend.

Hospice based trainees will have ½ day with Hospital SPCT as part of their training.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

Mon: Handover Meeting
Consultant ward round
Admitting new patients

Tues: Handover Meeting
Ward work including new admissions
Journal Club
Professional self-development time – 2 hours
Day off after weekend on-call

Wed: Handover Meeting
Weekly Interdisciplinary team meeting
Ward work including new admissions

Thurs: Handover meeting
Drug Round with Clinical Pharmacist

Fri: Handover meeting
Consultant ward round
Ward work including new admissions

On call requirements (non-resident on-call):

1 night a week and 1 weekend in 4, supported by a consultant (2nd on call)

Rota via Trust Medical Staffing*Working pattern:**

On-call rota

Rota Template:

Your working pattern is arranged across a rota cycle of 17 or 18 weeks (4 month placement), and includes:

Normal days

On-call duties (Non-resident)

No weeknight on-calls during first week of placement. Thereafter every Wednesday (non-resident)

Weekend on-call: 1:4 (non-resident)

The on-call days can be flexible to accommodate Annual Leave / Study Leave/ mutually agreed with the Clinical Supervisor.

Average Weekly Hours of Work: 40 hours

Your contract is a full-time contract for 40 hours

You will in addition be contracted for an additional 3 hours, making for total contracted hours of 43

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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Community Hospital and Lewes Victoria Hospital. Our community staff also provide care in the patient's own home and from a number of clinics and health centres and GP surgeries.

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**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/
Clinical Lead/Rota Co-Ordinator	Dr Evgenia Dagiakidi evgenia.dagiakidi@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 22/KSS/RXC02/F1 Rotation 2. 22/KSS/RXC02/F1 Rotation 3. 22/KSS/RXC02/F1
Placement details (i.e. the specialty and sub-specialty)	Radiology
Department RADIOLOGY	21 Consultants 6-7 Radiology Registrars cross site (EDGH and CQ)
Clinical supervisor(s) for the placement	Dr E Dagiakidi
Main Duties for this Placement	
Become confident in reviewing X-rays and gain experience in CT and MRI reporting. Observe Ultrasound scans and learn the indications and protocols when requesting various imaging examinations. Attend Interventional and fluoroscopic procedures and participate in MDMs.	

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

Y1 Wednesdays (1.00 - 2.00 pm) at Conquest

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Attend various MDTs and the local Departmental Radiology

Events and Learning Meeting. Monthly teaching with Dr Sambrook and weekly teaching with various Consultants.

Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

Mon: am CT reporting - pm MRI reporting

Tues: am Ultrasound – pm Xray teaching

Wed: am Fluoroscopy – pm Interventional Radiology

Thurs: am Xray reporting – pm Interventional Radiology

Fri: am Ultrasound – pm CT reporting

On call requirements: NO

On call hours are:

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Average Weekly Hours of Work: Please see work pattern

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* Please see work pattern

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: Please see work pattern

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

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**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/035/F1/004
Clinical Lead/Rota Co-Ordinator	Agnes Curtis – agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC02/001 Rotation 2. 23/KSS/RXC01/013 Rotation 3. 23/KSS/RXC01/014
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine
Department	General (Internal) Medicine Respiratory Medicine and AAU
Clinical supervisor(s) for the placement	Dr O Kankam and Dr Christopherson/Dr Nakos

Main duties of the placement

Baird ward is Respiratory and General medical Ward . There are 28 patients in total, shared between 2 ward based teams, both led by Consultant Respiratory Physicians. There is daily Consultant presence on the ward. In the light of COVID pandemic a ward reconfiguration to accommodate COVID and Non- COVID patients in in operation.

Daily participation in a MDT that involves input from the Hospital Intervention Team (physiotherapy/ occupational therapy) & Adult social services

There will be scope to undertake practical procedures such as abdominal paracentesis, chest aspiration/ drain insertion, lumbar puncture.

The day to day management of the patients on Baird ward and our buddy ward(s) under the supervision of the consultants, registrar and 2 SHO grade doctors. We very much work as a team and all members of this team are very approachable and willing to teach.

While working with us, the FY1 doctor will also be on the On call rota for evening and weekend Daily ward rounds in Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), daily ambulatory clinics, clinical teaching on the ward

Ward-based clinical experience, ambulatory clinics, FY1 teaching, Grand Rounds, observation of procedures, acute medicine specific teaching sessions

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Departmental Teaching 1230 to 1330 on Fridays

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

0900-1100 Ward Round

1100-1130 MDT

Ward jobs thereafter

Foundation Priority Programme rotation 1 only – ‘Foundation Leadership & Management’ Half day per week

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/004/F1/006
Clinical Lead/Rota Co-Ordinator	Agnes Curtis – agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/018 Rotation 2 . 23/KSS/RXC01/016 Rotation 3. 23/KSS/RXC01/017
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine
Department	General (Internal) Medicine Respiratory Medicine and then AAU
Clinical supervisor(s) for the placement	Dr Kankam and Dr Clarke/Dr Nakos
Main Duties in this placement	

<p>Baird ward is a mix of Respiratory and General medical short stay patient. There are 28 patients in total, shared between 2 ward based teams, both led by Consultant Respiratory Physicians. There is daily Consultant presence on the ward.</p> <p>Daily participation in a MDT that involves input from the Hospital Intervention Team (physiotherapy/ occupational therapy) & Adult social services.</p> <p>Responsible for the clerking and management of patients electively admitted under the care of the diabetes/endocrinology consultants, and for those patients admitted directly from clinic – these will be supported by the Endocrine SpR and Nurse specialists</p> <p>Supervised by 2 SHOs and an acute medicine consultant who performs a daily weekday ward round of all patients.</p> <p>There will be scope to undertake practical procedures such as abdominal paracentesis, chest aspiration/ drain insertion, lumbar puncture</p> <p>Daily ward rounds in Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), daily ambulatory clinics, clinical teaching on the ward</p> <p>Ward-based clinical experience, ambulatory clinics, FY1 teaching, Grand Rounds, observation of procedures, acute medicine specific teaching sessions</p> <p>Teaching Opportunities - Mandatory</p> <p>Grand Round:</p> <p>Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm</p> <p>Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Foundation Programme Core Topics:</p> <p>Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)</p> <p>Y1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other:</p> <p>Leadership Programme - 4 - 5 half-day courses over the year</p> <p>Departmental Teaching 1230 to 1330 on Wednesdays</p>
<p>Self-Development Time:</p> <p>FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.</p>
<p>Typical working pattern in this placement (<i>e.g. ward rounds, clinics, theatre sessions</i>)</p> <p>0900-1100 – ward round</p> <p>1100-1130 MDT</p> <p>Ward jobs thereafter</p> <p>*Rota via Trust Medical Staffing</p> <p>Working pattern:</p> <p>Basic hours only / Full shift /On-call rota (delete as appropriate)</p> <p>Rota Template:</p> <p>Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:</p> <p>Normal days</p> <p>Long days</p> <p>Night shifts</p> <p>Weekend shifts</p> <p>On-call duties</p> <p>(Delete any that do not apply)</p> <p>A copy of your rota template is attached to the end of this document</p> <p><u>to be appended</u></p> <p>Average Weekly Hours of Work: <u>to insert</u></p>

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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Information about your mandatory e-learning requirements and further Induction information can be found on our on our medical education webpages at <https://www.esht.nhs.uk/medical-education/> the password for the induction page is **ESHT1066** A formal invitation will be sent to you via email approximately 6 weeks prior to your commencement at the trust.

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**Foundation Programme – Year 1
Individual Placement Descriptor (IPD) / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/011/F1/002
Clinical Lead/Rota Co-Ordinator	Agnes Curtis - agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by the organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 23/KSS/RXC01/008 Rotation 2 . 23/KSS/RXC01/009 Rotation 3. 23/KSS/RXC01/007
Placement details (i.e. the specialty and sub-specialty)	Geriatric Medicine
Department	Department of Medicine for Older People 1. Macdonald ward/Dementia ward 2. Newington ward/Frailty 3. Tressell ward/Frailty 4. Benson ward/Orthogeriatrics
Clinical supervisor(s) for the placement	Dr E Mucci / Dr H McIntyre / Dr Win / Dr Golez / Dr J Rahmani
Main duties of the placement	1. Daily ward rounds under senior supervision (SHO, SpR or Consultant led) 2. Keeping and updating patients' list, preparing the lists for ward rounds and daily board rounds

3. Discharge summaries
4. DNAR/ReSPECT/EoLC discussions and completion of the related documents.
5. Medical student teachings
6. Reviewing and requesting blood tests.
7. Performing jobs generated after the ward rounds
8. Participating and, at times, running board rounds under supervision

Macdonald ward

26 bedded ward staffed with personnel trained in the care of complex older patients, dementia and EoLC.

FY1 doctors receive training in the following:

1. Comprehensive Geriatric Assessment/Frailty
2. Diagnosis and management of chronic disease and disability/"Geriatric Giants"
3. Acute Delirium/Dementia
4. Rehabilitation
5. Daily board rounds
6. Best interest meetings/understanding of MCA 2005
7. End of Life Care Planning
8. Palliative care training: Palliative care

Newington and Tressell

28 bedded wards acute frailty wards.

FY1 doctors receive training in the following:

As above.

Diagnosis and management of acute illness in the older patient in a variety of settings

Teaching Opportunities – Mandatory

Grand Round: Tuesdays (1.00 - 2.00 pm) at Ed Centre. Currently – virtual/ in person
DME Journal club (1-2pm) at Doctors' Library, Level 1, opposite Benson ward. Currently – virtual.

Foundation Programme Core Topics:

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest

Other:

Leadership Programme "LEAP course" - 4 half-day courses over the year

Local Training Days

IMT Training

End of Life Care meetings

MDT meetings

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

- | | |
|-------------|--------------------------|
| 08.30-09.00 | Prep time for ward round |
| 0900-1100 | Ward Round |
| 1100-1130 | Board round, daily |
| 11.30-13.00 | Continue ward round |

Ward jobs thereafter

Mornings: Twice a week consultant ward round, once a week post take ward round. Daily consultant or SpR led board rounds. Daily SHO or SpR run ward rounds.

Once a week geriatric lunch time journal club, currently - virtual

Once a week Grand round lunch time, currently – virtual

Afternoons: Once weekly FY1 teaching sessions

Best interest meetings/MDT meetings/ discussions with the relatives, doing post ward round jobs, seeing new admissions to the wards.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

- Normal days
- Long days
- Night shifts
- Weekend shifts
- On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

About the Trust - Local education provider (LEP) / employer information

We provide acute hospital and community health services for people living in East Sussex and surrounding areas.

As a new doctor in training to the trust, you will have a formal initial Induction which will include a trust corporate induction hosted by your dedicated medical education team, a local induction organised by your specialty and a number of mandatory e-learning modules to be completed via ESR. Information about your mandatory e-learning requirements and further Induction information can be found on our medical education webpages at <https://www.esht.nhs.uk/medical-education/> the password for the induction page is **ESHT1066**. A formal invitation to Induction will be sent to you via email approximately 6 weeks prior to your commencement at the trust.

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Foundation Programme – Year 1 Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/011/F1/001
Clinical Lead/Rota Co-Ordinator	Agnes Curtis - agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 23/KSS/RXC01/014 Rotation 2 . 23/KSS/RXC01/015 Rotation 3. 23/KSS/RXC02//002

Placement details (i.e. the specialty and sub-specialty)	Geriatric Medicine
Department	Department of Medicine for Older People 1. Macdonald ward/Dementia ward 2. Newington ward/Frailty 3. Tressell ward/Frailty 4. Benson ward/Orthogeriatrics
Clinical supervisor(s) for the placement	Dr E Mucci / Dr H McIntyre / Dr Win / Dr Golez / Dr J Rahmani
Main duties of the placement <ol style="list-style-type: none"> 1. Daily ward rounds under senior supervision (SHO, SpR or Consultant led) 2. Keeping and updating patients' list, preparing the lists for ward rounds and daily board rounds 3. Discharge summaries 4. DNAR/ReSPECT/EoLC discussions and completion of the related documents. 5. Medical student teachings 6. Reviewing and requesting blood tests. 7. Performing jobs generated after the ward rounds 8. Participating and, at times, running board rounds under supervision <p><u>Macdonald ward</u> 26 bedded ward staffed with personnel trained in the care of complex older patients, dementia and EoLC.</p> <p>FY1 doctors receive training in the following:</p> <ol style="list-style-type: none"> 1. Comprehensive Geriatric Assessment/Frailty 2. Diagnosis and management of chronic disease and disability/"Geriatric Giants" 3. Acute Delirium/Dementia 4. Rehabilitation 5. Daily board rounds 6. Best interest meetings/understanding of MCA 2005 7. End of Life Care Planning 8. Palliative care training: Palliative care <p><u>Newington and Tressell</u> 28 bedded wards acute frailty wards. Direct admissions from AAU/A&E.</p> <p>FY1 doctors receive training in the following: As above. Diagnosis and management of acute illness in the older patient in a variety of settings</p> <p>Teaching Opportunities – Mandatory Grand Round: Tuesdays (1.00 - 2.00 pm) at Ed Centre - virtual/in person DME Journal club (1-2pm) at Doctors' Library, Level 1, opposite Benson ward – virtual</p> <p>Foundation Programme Core Topics: FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other: Leadership Programme "LEAP course" - 4 half-day courses over the year</p> <p>Local Training Days IMT Training End of Life Care meetings</p>	

MDT meetings

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on e-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

08.30-09.00	Prep time for ward round
0900-1100	Ward Round
1100-1130	Board round, daily
11.30-13.00	Continue ward round

Ward jobs thereafter

Mornings: Twice a week consultant ward round, once a week post take ward round. Daily consultant or SpR led board rounds. Daily SHO or SpR run ward rounds.

Once a week geriatric lunch time journal club.

Once a week Grand round lunch time.

Afternoons: Once weekly FY1 teaching sessions

Best interest meetings/MDT meetings/ discussions with the relatives, doing post ward round jobs, seeing new admissions to the wards.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

- Normal days
- Long days
- Night shifts
- Weekend shifts
- On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/011/F1/003
Clinical Lead/Rota Co-Ordinator	Agnes Curtis - agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 23/KSS/RXC01/004 Rotation 2 . 23/KSS/RXC01/005 Rotation 3. 23/KSS/RXC01/006
Placement details (i.e. the specialty and sub-specialty)	Geriatric Medicine
Department	Department of Medicine for Older People 1. Macdonald ward/Dementia ward 2. Newington ward/Frailty 3. Tressell ward/Frailty 4. Benson ward/Orthogeriatrics
Clinical supervisor(s) for the placement	Dr E Mucci / Dr H McIntyre / Dr Win / Dr Golez / Dr J Rahmani
Main duties of the placement	1. Daily ward rounds under senior supervision (SHO, SpR or Consultant led)

2. Keeping and updating patients' list, preparing the lists for ward rounds and daily board rounds
3. Discharge summaries
4. DNAR/ReSPECT/EoLC discussions and completion of the related documents.
5. Medical student teachings
6. Reviewing and requesting blood tests.
7. Performing jobs generated after the ward rounds
8. Participating and, at times, running board rounds under supervision

Macdonald ward

26 bedded ward staffed with personnel trained in the care of complex older patients, dementia and EoLC.

FY1 doctors receive training in the following:

1. Comprehensive Geriatric Assessment/Frailty
2. Diagnosis and management of chronic disease and disability/"Geriatric Giants"
3. Acute Delirium/Dementia
4. Rehabilitation
5. Daily board rounds
6. Best interest meetings/understanding of MCA 2005
7. End of Life Care Planning
8. Palliative care training: Palliative care

Newington and Tressell

28 bedded wards acute frailty wards. Direct admissions from AAU/A&E.

FY1 doctors receive training in the following:

As above.

Diagnosis and management of acute illness in the older patient in a variety of settings

Teaching Opportunities – Mandatory

Grand Round: Tuesdays (1.00 - 2.00 pm) at Ed Centre - virtual

DME Journal club (1-2pm) at Doctors' Library, Level 1, opposite Benson ward

Foundation Programme Core Topics:

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest

Other:

Leadership Programme "LEAP course" - 4 half-day courses over the year

Local Training Days

IMT Training

End of Life Care meetings

MDT meetings

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional Self-development time. This will include time for activities such as working on E-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

- | | |
|-------------|--------------------------|
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| 0900-1100 | Ward Round |
| 1100-1130 | Board round, daily |

11.30-13.00 Continue ward round

Ward jobs thereafter

Mornings: Twice a week consultant ward round, once a week post take ward round. Daily consultant or SpR led board rounds. Daily SHO or SpR run ward rounds.

Once a week geriatric lunch time journal club.

Once a week Grand round lunch time.

Afternoons: Once weekly FY1 teaching sessions

Best interest meetings/MDT meetings/ discussions with the relatives, doing post ward round jobs, seeing new admissions to the wards.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

- Normal days
- Long days
- Night shifts
- Weekend shifts
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(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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<https://www.esht.nhs.uk/medical-education/> **the password for the induction page is ESHT1066.** A formal invitation to Induction will be sent to you via email approximately 6 weeks prior to your commencement at the trust.

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Individual Placement Descriptor / Trust Work Schedule**

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Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/011/F1/004
Clinical Lead/Rota Co-Ordinator	Agnes Curtis - agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 23/KSS/RXC01/010 Rotation 2 . 23/KSS/RXC01/011 Rotation 3. 23/KSS/RXC01/012
Placement details (i.e. the specialty and sub-specialty)	Geriatric Medicine
Department	Department of Medicine for Older People 1. Macdonald ward/Dementia ward 2. Newington ward/Frailty 3. Tressell ward/Frailty 4. Benson ward/Orthogeriatrics
Clinical supervisor(s) for the placement	Dr E Mucci / Dr H McIntyre / Dr Win / Dr Golez / Dr J Rahmani
Main duties of the placement <ol style="list-style-type: none"> 1. Daily ward rounds under senior supervision (SHO, SpR or Consultant led) 2. Keeping and updating patients' list, preparing the lists for ward rounds and daily board rounds 3. Discharge summaries 4. DNAR/ReSPECT/EoLC discussions and completion of the related documents. 5. Medical student teachings 6. Reviewing and requesting blood tests. 7. Performing jobs generated after the ward rounds 8. Participating and, at times, running board rounds under supervision <p><u>Macdonald ward</u> 26 bedded ward staffed with personnel trained in the care of complex older patients, dementia and EoLC.</p> <p>FY1 doctors receive training in the following:</p> <ol style="list-style-type: none"> 1. Comprehensive Geriatric Assessment/Frailty 2. Diagnosis and management of chronic disease and disability/"Geriatric Giants" 	

3. Acute Delirium/Dementia
4. Rehabilitation
5. Daily board rounds
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7. End of Life Care Planning
8. Palliative care training: Palliative care

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28 bedded wards acute frailty wards. Direct admissions from AAU/A&E.

FY1 doctors receive training in the following:

As above.

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Teaching Opportunities – Mandatory

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0900-1100 Ward Round

1100-1130 Board round, daily

11.30-13.00 Continue ward round

Ward jobs thereafter

Mornings: Twice a week consultant ward round, once a week post take ward round. Daily consultant or SpR led board rounds. Daily SHO or SpR run ward rounds.

Once a week geriatric lunch time journal club.

Once a week Grand round lunch time.

Afternoons: Once weekly FY1 teaching sessions

Best interest meetings/MDT meetings/ discussions with the relatives, doing post ward round jobs, seeing new admissions to the wards.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

- Normal days
- Long days
- Night shifts
- Weekend shifts
- On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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<https://www.esht.nhs.uk/medical-education/> **the password for the induction page is**

ESHT1066. A formal invitation to Induction will be sent to you via email approximately 6 weeks prior to your commencement at the trust.

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**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	

Trainee Information System (TIS)	
Post Code (and local post number if known)	KSS/RXC01/011/F1/011
Clinical Lead/Rota Co-Ordinator	Agnes Curtis - agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 23/KSS/RXC01/022 Rotation 2 . 23/KSS/RXC01/023 Rotation 3. 23/KSS/RXC01/024
Placement details (i.e. the specialty and sub-specialty)	Geriatric Medicine
Department	Department of Medicine for Older People 1. Macdonald ward/Dementia ward 2. Newington ward/Frailty 3. Tressell ward/Frailty 4. Benson ward/Orthogeriatrics
Clinical supervisor(s) for the placement	Dr E Mucci / Dr H McIntyre / Dr Win / Dr Golez / Dr J Rahmani
Main duties of the placement <ol style="list-style-type: none"> 1. Daily ward rounds under senior supervision (SHO, SpR or Consultant led) 2. Keeping and updating patients' list, preparing the lists for ward rounds and daily board rounds 3. Discharge summaries 4. DNAR/ReSPECT/EoLC discussions and completion of the related documents. 5. Medical student teachings 6. Reviewing and requesting blood tests. 7. Performing jobs generated after the ward rounds 8. Participating and, at times, running board rounds under supervision <p><u>Macdonald ward</u> 26 bedded ward staffed with personnel trained in the care of complex older patients, dementia and EoLC.</p> <p>FY1 doctors receive training in the following:</p> <ol style="list-style-type: none"> 1. Comprehensive Geriatric Assessment/Frailty 2. Diagnosis and management of chronic disease and disability/"Geriatric Giants" 3. Acute Delirium/Dementia 4. Rehabilitation 5. Daily board rounds 6. Best interest meetings/understanding of MCA 2005 7. End of Life Care Planning 8. Palliative care training: Palliative care <p><u>Newington and Tressell</u> 28 bedded wards acute frailty wards. Direct admissions from AAU/A&E.</p> <p>FY1 doctors receive training in the following: As above. Diagnosis and management of acute illness in the older patient in a variety of settings</p>	
Teaching Opportunities – Mandatory Grand Round: Tuesdays (1.00 - 2.00 pm) at Ed Centre – virtual/in person	

DME Journal club (1-2pm) at Doctors' Library, Level 1, opposite Benson ward

Foundation Programme Core Topics:

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest

Other:

Leadership Programme "LEAP course" - 4 half-day courses over the year

Local Training Days

IMT Training

End of Life Care meetings

MDT meetings

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional Self-development time. This will include time for activities such as working on E-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

08.30-09.00 Prep time for ward round

0900-1100 Ward Round

1100-1130 Board round, daily

11.30-13.00 Continue ward round

Ward jobs thereafter

Mornings: Twice a week consultant ward round, once a week post take ward round. Daily consultant or SpR led board rounds. Daily SHO or SpR run ward rounds.

Once a week geriatric lunch time journal club.

Once a week Grand round lunch time.

Afternoons: Once weekly FY1 teaching sessions

Best interest meetings/MDT meetings/ discussions with the relatives, doing post ward round jobs, seeing new admissions to the wards.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

- Normal days
- Long days
- Night shifts
- Weekend shifts
- On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/011/F1/010
Clinical Lead/Rota Co-Ordinator	Agnes Curtis - agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 23/KSS/RXC01/019 Rotation 2 . 23/KSS/RXC01/020 Rotation 3. 23/KSS/RXC01/021

Placement details (i.e. the specialty and sub-specialty)	Geriatric Medicine
Department	Department of Medicine for Older People 1. Macdonald ward/Dementia ward 2. Newington ward/Frailty 3. Tressell ward/Frailty 4. Benson ward/Orthogeriatrics
Clinical supervisor(s) for the placement	Dr E Mucci / Dr H McIntyre / Dr Win / Dr Golez / Dr J Rahmani
Main duties of the placement <ol style="list-style-type: none"> 1. Daily ward rounds under senior supervision (SHO, SpR or Consultant led) 2. Keeping and updating patients' list, preparing the lists for ward rounds and daily board rounds 3. Discharge summaries 4. DNAR/ReSPECT/EoLC discussions and completion of the related documents. 5. Medical student teachings 6. Reviewing and requesting blood tests. 7. Performing jobs generated after the ward rounds 8. Participating and, at times, running board rounds under supervision <p><u>Macdonald ward</u> 26 bedded ward staffed with personnel trained in the care of complex older patients, dementia and EoLC.</p> <p>FY1 doctors receive training in the following:</p> <ol style="list-style-type: none"> 1. Comprehensive Geriatric Assessment/Frailty 2. Diagnosis and management of chronic disease and disability/"Geriatric Giants" 3. Acute Delirium/Dementia 4. Rehabilitation 5. Daily board rounds 6. Best interest meetings/understanding of MCA 2005 7. End of Life Care Planning 8. Palliative care training: Palliative care <p><u>Newington and Tressell</u> 28 bedded wards acute frailty wards. Direct admissions from AAU/A&E.</p> <p>FY1 doctors receive training in the following: As above. Diagnosis and management of acute illness in the older patient in a variety of settings</p> <p>Teaching Opportunities – Mandatory Grand Round: Tuesdays (1.00 - 2.00 pm) at Ed Centre – virtual/in person DME Journal club (1-2pm) at Doctors' Library, Level 1, opposite Benson ward</p> <p>Foundation Programme Core Topics: FY1 Wednesdays (1.00 - 2.00 pm) at Conquest</p> <p>Other: Leadership Programme "LEAP course" - 4 half-day courses over the year</p> <p>Local Training Days IMT Training End of Life Care meetings</p>	

MDT meetings

Self-Development Time:

FY1 doctors should have two hours per week of non-clinical professional Self-development time. This will include time for activities such as working on E-portfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

08.30-09.00	Prep time for ward round
0900-1100	Ward Round
1100-1130	Board round, daily
11.30-13.00	Continue ward round

Ward jobs thereafter

Mornings: Twice a week consultant ward round, once a week post take ward round. Daily consultant or SpR led board rounds. Daily SHO or SpR run ward rounds.

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Once a week Grand round lunch time.

Afternoons: Once weekly FY1 teaching sessions

Best interest meetings/MDT meetings/ discussions with the relatives, doing post ward round jobs, seeing new admissions to the wards.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

- Normal days
- Long days
- Night shifts
- Weekend shifts
- On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>
Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

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**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital

Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local number if known)	KSS/RXC01/018/F1/005
Clinical Lead/Rota Co-Ordinator	agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Login details will be provided to trainees
Programme Codes	Rotation 1. 23/KSS/RXC01/012 Rotation 2 . 23/KSS/RXC01/010 Rotation 3. 23/KSS/RXC01/011
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine
Department	AAU and then Gastroenterology
Clinical supervisor(s) for the placement	Gastro – Dr Fong, Dr Zubir, Dr Tila Muhammad, Dr F Cuison AAU – Dr Stefano Berliti, Dr Viktoriya Clarke,
Main Duties in this placement Daily ward rounds in Acute Admission Unit (AAU)/ Same Day Emergency Care (SDEC), daily ambulatory clinics, clinical teaching on the ward Ward-based clinical experience, ambulatory clinics, FY1 teaching, Grand Rounds, observation of procedures, observation of endoscopy lists, gastro and acute medicine specific teaching sessions	
Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH via Microsoft Teams Tuesdays (1.00 - 2.00 pm) at Conquest via Microsoft Teams Foundation Programme Core Topics: Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) Y1 Wednesdays (1.00 - 2.00 pm) at Conquest Wednesday 830-900 Cross-site Gastro Junior Dr Gastro Teaching (via Microsoft Teams) Other: Leadership Programme - 4 - 5 half-day courses over the year IBD MDM Thursdays 1.00 - 2.00 pm (Conquest) AAU/SDEC Departmental teaching 13:30 Monday (SDEC) Endoscopy lists (as observer) – timing variable (pls check with endoscopy coordinator) Attendance at telephone clinic	
Self-Development Time:	

FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on E portfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions

Daily/weekly/monthly (if applicable)

Mon: ward round, Departmental teaching

Tues: ward round, Grand Round

Wed: gastro teaching, ward round, MDM, FY1 teaching

Thurs: MDM, ward round, clinic

Fri: ward round,

Sat: off

Sun: off

On call requirements: 1 in 9

Please note that this post will include 2 months working in the Acute Assessment Unit (AAU) – see separate post description for AAU.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of 1:9 weeks, and includes:

Normal days

Late shifts

Long days

Night shifts

AAU Weekend shifts

SDEC Weekend shifts

On-call duties (Late shifts, Weekend shifts, Night shifts)

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: 46.00 hrs

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work
Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Department of Psychiatry, Eastbourne DGH
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/052/F1/001
Medical Education Contacts	Margaret.ellis@sussexpartnership.nhs.uk Maria.mckenna@sussexpartnership.nhs.uk
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting: Trainees on this programme will be registered onto exception reporting system used by organisation. Log in details provided to trainees	
Programme Codes	Rotation 1. 22/KSS/RXC02/F1/012 Rotation 2 . 22/KSS/RXC02/F1/011 Rotation 3. 22/KSS/RXC02/F1/010
Placement details (i.e. the specialty and sub-specialty)	General Psychiatry
Department	Bodiam Ward, Department of Psychiatry, Eastbourne DGH BN21 2UD
Clinical supervisor(s) for the placement	Dr Connie Meijer

Main Duties in this placement

This placement will take fully into account the trainee's educational requirement.

The trainee will acquire knowledge and skills in:

- Taking a full history from patients and carers
- Full assessment of mental state
- Experience in cognitive testing
- Differentiating between various types of dementia
- learning about the various types of residential/nursing care placements appropriate to patients with mental illness/dementia
- Usage and limitations of various treatments in older people
- Mental Health Act (1983) and Mental Capacity Act
- Role of various agencies involved in the care of older people
- Contribution of voluntary sector
- Evidence-based practice in Old Age Psychiatry
- Presentation skills

The trainee will learn about the variety of ways in which mental illness presents in older adults. They will be given the opportunity to learn about all aspects of Old Age Psychiatry and the various psychopathologies affecting older people.

They will have experience in managing acutely ill and highly disturbed individuals on both units.

They will liaise with all members of the multidisciplinary team members and encouraged to shadow community assessments if opportunities arise.

They will actively participate in regular ward reviews, CPA and Discharge planning meetings. They will complete in-patient summaries to a good standard. They will be expected to show initiative and work autonomously within the limits of their knowledge and experience.

They will be fully supported by the training consultant. There will be time protected weekly supervision meetings between the trainee and the trainer.

On line assessments will be carried out throughout the placement.

The trainee will be encouraged to reflect upon his/her own practice and will be expected to undertake self-directed learning.

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays

(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)

All FY1s in Psychiatry will have a morning in an acute setting so will spend Tuesday morning in MAU at the Eastbourne DGH.**Other:**

Leadership Programme - 4 - 5 half-day courses over the year

SPT Wednesday Academic Programme – Foundation doctors are expected to present a case or critical appraisal to at least one meeting in their rotation' in Psychiatry

Self-Development Time – FY1 doctors should have one hour per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.**Typical working pattern in this placement** (*e.g. ward rounds, clinics, theatre sessions*)

	Monday	Tuesday	Wednesday	Thursday	Friday
a.m	Ward reviews	*MAU ESHT	Ward reviews + supervised patient interview	Ward reviews	Ward reviews + supervised patient interview

p.m	Physical health management of patients	FY1 Teaching at ESHT	Academic Programme	Administration time	Administration time Clinical supervision	
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***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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There is a combination of urban and rural development with areas of outstanding natural beauty and of considerable historic interest. There are excellent recreational and sporting facilities in the area and good rail links to London and Brighton, and to Europe via the Channel Tunnel and Eurostar. The Trust is keen to develop its staff and postgraduate medical and nurse training takes place on both the main sites. We have medical students from Brighton & Sussex Medical School, from Kings and elsewhere, and encourage you to develop your teaching skills.

**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work
Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/852/F1/004
Clinical Lead/Rota Co-Ordinator	paula.bradbury1@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 22/KSS/RXC02/01/013P Rotation 2 . 22/KSS/RXC02/01/016 Rotation 3. 22/KSS/RXC02/01/014P
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine Stroke/Cardiovascular East Dean Ward – Hyperacute Sovereign Ward – Acute The two FY1 rotate between the two wards 2 monthly The FY1 work only on the stroke wards.
Department	4 Consultants, 3 Registrars, 3 CT1s
Educational / Clinical supervisor(s) for the placement	Dr C Biyanwila

Main Duties in this placement

The F1 doctor is responsible with other staff for the ward care of patients only on the stroke wards and maintenance of the patient's medical record. They are expected to attend the structured teaching programmes provided by the department including the Tuesday lunchtime tutorial/journal club and a tutorial specially designed for all medical FY1s.

Most of the works is based at the stroke ward together with the multidisciplinary team. The team will also sometimes look after a few general medical patients admitted during the oncalls. Learning opportunities include consultant ward rounds as well as Thrombolysis calls in addition to general foundation programme and department teaching.

The overall educational objectives of the F1 year are:

- Take a history and examine a patient
- Identify and synthesise problems
- Prescribe safely
- Keep an accurate and relevant medical record
- Manage time and clinical priorities effectively
- Communicate effectively with patients, relative and colleagues
- Use evidence, guidelines and audit to benefit patient care
- Act in a professional manner at all times
- Cope with ethical and legal issues which occur during the management of patients with general medical problems
- Educate patients effectively
- Become life-long learners and teachers
- Attend MDT meetings weekly
- Be observers at Thrombolysis
- Learn management of hyper acute and acute stroke patients

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Ward Round with Consultant /Registrar and CTs

12.00-1300 Elderly Care Tutorial /

Journal Club

1300-1400 F1 Teaching

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)

Stroke-cardiology teaching: Thursday 12.30 1.30pm Sovereign Ward at EDGH

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

Mon: Consultant Ward Round AM

1230-1400 Grand Round

Tues: Ward Round with Registrar and CTs

12.00-1300 Elderly Care Tutorial /

Journal Club

1300-1400 F1 Teaching

Wed: Ward Round with Consultant

MDT

Ward Work under supervision by senior members

Thurs: Consultant Ward round AM

Ward teaching consultant /registrar/CTs

Fri: Ward Round with consultant

Be an observer at a TIA clinic held on the ward clinic on the afternoon of Monday Tuesday/Wednesday/Thursday/Friday.

On call requirements: 1 in 5 weekdays and weekends on call.

Foundation Priority Programme

Rotation 1 'Foundation Leadership & Management Programme' Rotation
3 'Sports Medicine'

Half day per week

***Rota via Trust Medical Staffing**

Working pattern:

Basic

hours only / Full shift /On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to

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Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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<https://www.esht.nhs.uk/medical-education/> **the password for the induction page is**

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**Foundation Programme – Year 1 Individual
Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/008/F1/001
Trainee Name and Programme Number	
Clinical Lead/Rota Co-Ordinator	paula.bradbury1@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting: Trainees on this programme will be registered onto exception reporting system used by organisation. Log in details provided to trainees	
Programme Codes	Rotation 1. 22/KSS/RXC02/F1/015 Rotation 2 . 22/KSS/RXC02/F1/014P Rotation 3. 22/KSS/RXC02/F1/013P
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine (Rheumatology) Ward based work. Main ward – Westham Other areas – Infusion Unit – Polegate Ward Soverign ward and East Dean Outliers
Department	3 Consultants - Dr S Panthakalam (SP), Dr A Pool (AJP), SpR, 1 SHO (GP trainee) and 1 FY1 One Educational Fellow
Clinical supervisor(s) for the placement	Dr S Panthakalam
Main Duties in this placement Clerking patients in, organising the firm. Acute medical takes. The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week, and also take responsibility for problems arising. They are expected to attend the structured teaching programmes provided by the department. The Doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. Opportunity to do special procedures, lumbar puncture, knee injection, observe musculoskeletal Ultrasound in Rheumatology clinic.	

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays

(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

Mon: 9.00-9.30 GIM MDT Board rounds meeting, Westham ward
9.30 Consultant ward round (SP)
12.30 – 1400 Grand Round
14.00 Ward work

Tues: 9.00-9.30 MDT followed by Consultant Ward round
(900-1100 Opportunity for medical student teaching (optional)
12.00- 1300 Journal club/ MDT Rheumatology
13.00-1400 F1 Teaching
14.00 Ward work (Clinic)
Paediatrics Rheumatology clinic – 4th Tuesday (optional)

Wed: 8.15-9.15am
(Radiology / Rheumatology MDM (2nd and 4th Wednesdays) optional

Ward round

9.15 -9.30 board rounds followed by registrar ward rounds
14.00 Ward work

Thurs: 9-00-9.30 Board rounds
9.30 Ward work / outpatient clinic
1400- Consultant Ward round (SP)
Rheumatology/Gastroenterology MDT (1st Thursday) optional

Fri:
9-00-9.30 Board rounds
9.30 Consultant Ward round (AJP)
1400 Ward work /Rheumatology MDT
1400 Mortality / morbidity meeting – monthly

On call requirements: 1 in 4 on calls – weekends. 1 on call every week. 1 in 5 Friday on call, Saturday Post Take 0900 – 1300pm. 4 half day in every 5 weeks.

Rota via Trust Medical Staffing

Working pattern:

Basic

hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to

be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate) Basic

Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: **(Basic Pay) Confirmed via Trust Medical Staffing**

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Foundation Programme – Year 1

Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/004/F1/004
Clinical Lead/Rota Co-Ordinator	paula.bradbury1@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 22/KSS/RXC02/F1/010, Rotation 2 . 22/KSS/RXC02/F1/012, Rotation 3. 22/KSS/RXC02/F1/011
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine (Respiratory) - Jevington Ward
Department	4 Consultants, 2 SpRs, 2 SHOs, 2 FY1
Educational / Clinical supervisor(s) for the placement	Dr N Sharma
Main Duties in this placement Attend ward rounds, performing any jobs outstanding. Attend weekly teaching presentations and contribute. The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They may also have the opportunity to work with the consultants in outpatients' clinics, and also take responsibility for problems arising. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. Managing general medical inpatients. The overall educational objectives of the F1 year are: Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively	

<p>Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care</p> <p>Act in a professional manner at all times</p> <p>Cope with ethical and legal issues which occur during the management of patients with general medical problems</p> <p>Educate patients effectively</p> <p>Become life-long learners and teachers</p>	
<p>Teaching Opportunities - Mandatory</p> <p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Tuesdays</p> <p>Foundation Programme Core Topics: FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)</p> <p>Other: Leadership Programme - 4 - 5 half-day courses over the year</p> <p>Respiratory Department Meeting: 3/4 Thursday lunchtimes Respiratory M&M Meeting: 1/4 Thursday lunchtimes Respiratory Radiology Meeting: Tuesday 12.00 – 1.00pm Lung MDM: Thursday 4.00 – 6.00pm</p> <p>FY1s can observe thoracoscopies, bronchoscopies and interventional bronchoscopic procedures ad hoc</p> <p>CMT Training Days Simulation Training Weekly Lunchtime meetings</p>	
<p>Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit</p>	
<p>Typical working pattern in this placement (<i>e.g. ward rounds, clinics, theatre sessions</i>)</p> <p>Mon: 8.40 – 5.30 - Ward Work / Round 1230-1400 Grand Round</p> <p>Tues: 8.40 – 5.30 - Ward Work / Round 1300-1400 F1 Teaching</p> <p>Wed: 8.40 – 5.30 - Ward Work / Round</p> <p>Thurs: 8.40 – 5.30 - Ward Work / Round 16.00 – 18.00 Lung MDT</p> <p>Fri: 8.40 – 5.30 - Ward Work / Round 12.30 – 14.00 Respiratory meeting</p>	

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Consultant ward round	Consultant board round Ward round (SHO/FY1)	Consultant board round Ward round (SpR) COPD MDM (1/2 wks)	Consultant ward round	Consultant board round Ward round (SHO/FY1) <i>Bronch list1/4</i>
Midday	Grand round	12:00 Respiratory radiology meeting		12:30 Respiratory meeting	
Afternoon	Relatives clinic Ward work & referrals	Clinic (cons/SpR)	Clinic (cons/SpR)	Relatives clinic 16h00: Lung MDT	15:30 Weekend handover meeting

On call requirements: one day a week plus one in 5 weekends.

****Rota via Trust Medical Staffing***

Working pattern: Basic

hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to

be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

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**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work
Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/852/F1/003
Clinical Lead/Rota Co-Ordinator	paula.bradbury1@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting: Trainees on this programme will be registered onto exception reporting system used by organisation. Log in details provided to trainees	

Programme Codes	Rotation 1. 22/KSS/RXC02/F1/011 Rotation 2 . 22/KSS/RXC02/F1/001 Rotation 3. 22/KSS/RXC02/F1/012
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine Stroke/Cardiovascular East Dean Ward – Hyperacute Sovereign Ward – Acute The two FY1 rotate between the two wards 2 monthly The FY1 work only on the stroke wards.
Department	4 Consultants, 3 Registrars, 3 CT1s
Educational / Clinical supervisor(s) for the placement	Dr C Biyanwila
Main Duties in this placement <p>The F1 doctor is responsible with other staff for the ward care of patients only on the stroke wards and maintenance of the patient's medical record. They are expected to attend the structured teaching programmes provided by the department including the Tuesday lunchtime tutorial/journal club and a tutorial specially designed for all medical FY1s.</p> <p>Most of the works is based at the stroke ward together with the multidisciplinary team. The team will also sometimes look after a few general medical patients admitted during the oncalls. Learning opportunities include consultant ward rounds as well as Thrombolysis calls in addition to general foundation programme and department teaching.</p>	

<p>The overall educational objectives of the F1 year are:</p> <p>Take a history and examine a patient</p> <p>Identify and synthesise problems</p> <p>Prescribe safely</p> <p>Keep an accurate and relevant medical record</p> <p>Manage time and clinical priorities effectively</p> <p>Communicate effectively with patients, relative and colleagues</p> <p>Use evidence, guidelines and audit to benefit patient care</p> <p>Act in a professional manner at all times</p> <p>Cope with ethical and legal issues which occur during the management of patients with general medical problems</p> <p>Educate patients effectively</p> <p>Become life-long learners and teachers</p> <p>Attend MDT meetings weekly</p> <p>Be observers at Thrombolysis</p> <p>Learn management of hyper acute and acute stroke patients</p>
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Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays

(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)

Stroke-cardiology teaching: Thursday 12.30 - 1.30pm Sovereign Ward at EDGH

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

Mon: Consultant Ward Round AM

1230-1400 Grand Round

Tues: Ward Round with Consultant /Registrar and CTs

12.00-1300 Elderly Care Tutorial /

Journal Club

1300-1400 F1 Teaching

Wed: Ward Round with Consultant

MDT

Ward Work under supervision by senior members

Thurs: Consultant Ward round AM

Ward teaching consultant /registrar/CTs
Fri: Ward Round with consultant

Be an observer at a TIA clinic held on the ward clinic on the afternoon of
Monday/Tuesday/Wednesday/Thursday/Friday.

On call requirements: 1 in 5 weekdays and weekends on call.

***Rota via Trust Medical Staffing**

Working pattern: Basic
hours only / Full shift /On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to

be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :
Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>
Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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£365 million.

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Foundation Programme – Year 1 Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/017/F1/002
Clinical Lead/Rota Co-Ordinator	paula.bradbury1@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting: Trainees on this programme will be registered onto exception reporting system used by organisation. Log in details provided to trainees	
Programme Codes	Rotation 1. 22/KSS/RXC02/F1/008 Rotation 2 . 22KSS/RXC02/F1/007P Rotation 3. 22/KSS/RXC02/F1/009
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine (Diabetes & Endocrinology)
Department	3 Consultants, 1 SpR, CT1/2

Educational / Clinical supervisor(s) for the placement	Dr D Till / Dr A Bdiri / Dr M Deore / Dr K Jacob
Main Duties in this placement The firm works on a consultant of the week model and a consultant is available for junior supervision. Ward Work. The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. General ward work. Grand round, weekly Endocrine case meetings, weekly Diabetes case meetings, monthly Endocrine-Radiology Meetings. Alternate week adrenal/pituitary MDTs. We would expect the trainee to attend our multidisciplinary/ clinical meetings to gain exposure to the speciality.	

<p>The overall educational objectives of the F1 year are:</p> <p>Take a history and examine a patient</p> <p>Identify and synthesise problems</p> <p>Prescribe safely</p> <p>Keep an accurate and relevant medical record</p> <p>Manage time and clinical priorities effectively</p> <p>Communicate effectively with patients, relative and colleagues</p> <p>Use evidence, guidelines and audit to benefit patient care</p> <p>Act in a professional manner at all times</p> <p>Cope with ethical and legal issues which occur during the management of patients with general medical problems</p> <p>Educate patients effectively</p> <p>Become life-long learners and teachers</p> <p>Foundation doctors are invited to attend clinics, if staffing of inpatients allows</p>

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Diabetes Team MDT – Diabetes Centre, EDGH – Tuesday 1-2pm

Adrenal / Pituitary MDT – Radiology Meeting Room, EDGH – Thursday 1-2pm

Parathyroid MDT – Radiology Meeting Room 12-1pm every 4th Friday Endocrine

X-Ray Meeting 11.30-12pm – 1st Friday of month

Endocrine Case Meeting – Friday 1-2pm Diabetes Centre, EDGH

Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

Mon: AM Daily Ward Round
PM Ward work
12.30-1400 Grand round

Tues: AM Daily Ward Round
PM Ward work
1300-1400 F2 teaching

Wed: AM Daily Ward Round
PM Ward work

Thurs: AM Daily Ward Round

Fri: PM Ward work
AM Daily Ward Round
PM Ward work

Sat: When on call if 1st on then Sun:
clerk patients. If 2nd on then
ward cover

On call requirements: One in 5 weekends, 1st on call every week 1 day 2nd on call every week.

****Rota via Trust Medical Staffing***

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to

be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):
Pay for additional hours above 40:
Enhanced pay at 37% rate:
Weekend allowance:
On-call availability supplement :
Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>
Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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Foundation Programme – Year 1 Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/011/F1/003
Clinical Lead/Rota Co-Ordinator	Paula Bradbury - paula.bradbury1@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 22/KSS/RXC02/F1/009 Rotation 2 . 22/KSS/RXC02/F1/008 Rotation 3. 22/KSS/RXC02/F1/007P
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine (Geriatric Medicine/Frailty)
Department	5 Consultants, 4 Registrars, 8 Junior Doctors (IMT/GPST/FY2), 4 FY1.
Educational / Clinical supervisor(s) for the placement	Dr M Fonseka

Main Duties in this placement

The FY1 doctor is responsible as part of a medical team with other staff for the ward care of inpatients and the maintenance of their patient's medical record/updating the electronic prescription. This duty will include regular ward rounds and attending daily MDT meetings. They will have the opportunity to work with the consultants in outpatients' clinics throughout the week. They are expected to attend the structured teaching programmes provided by the department.

The overall educational objectives of the F1 year are:

Take a history and examine a patient
Identify and synthesise problems
Prescribe safely

Keep an accurate and relevant medical record
Manage time and clinical priorities effectively
Communicate effectively with patients, relative and colleagues
Use evidence, guidelines and audit to benefit patient care
Act in a professional manner at all times
Cope with ethical and legal issues which occur during the management of patients with general medical problems
Educate patients effectively
Become life-long learners and teachers

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Tuesdays

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

Daily Ward Round

Mon: Ward round, MDT meeting, Grand Round
1230 – 1400 then ward Work

Tues: Ward round, MDT meeting, Teaching in Care
of Elderly Journal Club 1230 – 1400 then

Ward Work

Wed: Ward round, MDT meeting,
1300-1401 F2 Core Teaching then Ward Work

Thurs: Ward Round, MDT meeting then Ward Work

Fri: Ward Round, MDT meeting then Ward Work

Opportunities to work with the consultant in Geriatric Medicine outpatient clinics throughout the week (timetable to be distributed on arrival).

On call requirements as below.

Foundation Priority Programme
Rotation 1 ‘ Foundation Leadership & Management’
Rotation 3 ‘Max Fax’

Half day per week.

****Rota via Trust Medical Staffing***

Working pattern: Basic
hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

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Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

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Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

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Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

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Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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Foundation Programme – Year 1

Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/018/F1/002
Clinical Lead/Rota Co-Ordinator	paula.bradbury1@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees
Programme Codes	Rotation 1. 22/KSS/RXC02/F1/018 Rotation 2 . 22/KSS/RXC02/F1/017 Rotation 3. 22/KSS/RXC02/F1/015
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine (Gastroenterology)
Department	3 Consultants, 1 CT1, 1 CT2, 1 clinical fellow 1 F1 and 1 F2. Cuckmere Ward
Educational / Clinical supervisor(s) for the placement	Dr D Neal

Main Duties in this placement

As above.

The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics on an ad hoc basis depending on how busy the ward is. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.

The only F1 on team. General medical tasks, most patients are a mix of general medicine and gastro; GI bleeds and decompensated liver disease. Ascitic drains and taps, clinic and endoscopy attendance is encouraged but opportunities depend on workload. High number of

elective attenders for ERCP and endoscopy. Usually busy in terms of patient numbers (20-40 patients generally). You work for four consultants, who do one month on the wards in rotation. We have a larger team of juniors, with F1, F2, two CT grade doctors and one or two registrars.

The overall educational objectives of the F1 year are:

Take a history and examine a patient

Identify and synthesise problems

Prescribe safely

Keep an accurate and relevant medical record

Manage time and clinical priorities effectively

Communicate effectively with patients, relative and colleagues

Use evidence, guidelines and audit to benefit patient care

Act in a professional manner at all times

Cope with ethical and legal issues which occur during the management of patients with general medical problems

Educate patients effectively

Become life-long learners and teachers

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Gastro team meetings: mix of IBD, M and M, radiology. Mondays at 4 pm.

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

0900 – 17.00 Daily
Mon: 0900 Consultant Ward Round
Afternoon Ward Work
1300 – 1400 Grand Round
Tues: AM SpR / SHO Ward Round
PM Ward Work
1300 – 1400 F1 Teaching
Wed: 8.45 – 5.00
0900: Consultant ward round

Afternoon ward work
Thurs: 0900 SHO/SpR ward round
Afternoon Ward Work
Fri: 1030 Consultant Ward Round
Afternoon ward work

On call requirements: 1 day a week until 2100 handover, lasts 30 minutes. Typically leave at 2130. One weekend in 5, plus one weekend in 10 Saturday morning for post-take ward round 0830-1400.

Half day per week

****Rota via Trust Medical Staffing***

Working pattern: Basic
hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

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Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

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Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

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Average weekly hours attracting a 37% enhancement:

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):
Pay for additional hours above 40:
Enhanced pay at 37% rate:
Weekend allowance:
On-call availability supplement :
Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>
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Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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Individual Placement Descriptor / Trust Work
Schedule**

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Site	Eastbourne District General Hospital
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Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/004/F1/003
Clinical Lead/Rota Co-Ordinator	paula.bradbury1@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting: Trainees on this programme will be registered onto exception reporting system used by organisation. Log in details provided to trainees	
Programme Codes	Rotation 1. 22/KSS/RXC02/F1/004P Rotation 2 . 22/KSS/RXC02/F1/006 Rotation 3. 22/KSS/RXC02/F1/005P
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine (Respiratory)
Department	4 Consultants, 2 SpRs, 2 CT and 2 FY1
Educational / Clinical supervisor(s) for the placement	Dr W Perera/Dr Reddy Ravi

Main Duties in this placement

The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week, and also take responsibility for problems arising. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.

The overall educational objectives of the F1 year are:

Learn to manage general medical inpatients and

Improve competency with:

Take a history and examine a patient

Identify and synthesise problems

Prescribe safely

Keep an accurate and relevant medical record

Chronic disease management

Discharge planning in patients with multiple co-

Morbidities

Bedside spirometry and lung function interpretation

Exposure to acute non-invasive ventilation

Observe/learn procedures such as pleural aspirations
and chest drain insertion

Manage time and clinical priorities effectively

Communicate effectively with patients, relative and colleagues

Use evidence, guidelines and audit to benefit patient care

Act in a professional manner at all times

Cope with ethical and legal issues which occur during the management of patients with general medical problems

Educate patients effectively

Become life-long learners and teachers

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)

Other:

Foundation Priority Programme Rotation 1 Level 1 Emergency Ultrasound competencies (optional) half day per week

Foundation Priority Programme Rotation 3 Pathology (optional) half day per week

Leadership Programme - 4 - 5 half-day courses over the year

Respiratory Department Meeting: 3/4 Thursday lunchtimes

Respiratory M&M Meeting: 1/4 Thursday lunchtimes

Respiratory Radiology Meeting: Tuesday 12.00 – 1.00pm Lung

MDM: Thursday 4.00 – 6.00pm

FY1s can observe thoracoscopies, bronchoscopies and interventional bronchosopic procedures ad hoc

CMT Training Days

Simulation Training

Weekly Lunchtime meetings

Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

Mon: 8.40 – 5.30 - Ward Work / Round
1230-1400 Grand Round

Tues: 8.40 – 5.30 - Ward Work / Round
1200-1300 Radiology Meeting
1300-1400 F1 Teaching

Wed: 8.40 – 5.30 - Ward Work / Round
Outpatients Department PM

Thurs: 8.40 – 9.00pm - Ward Work / Round
1600-1800 Lung MDM

Fri: 8.40 – 5.30 - Ward Work / Round
1230-1400 Respiratory Department Meeting

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Consultant ward round	Consultant board round Ward round (SHO/FY1)	Consultant board round Ward round (SpR) COPD MDM (1/2 wks)	Consultant ward round	Consultant board round Ward round (SHO/FY1) <i>Bronch list 1/4</i>
Midday	Grand round	12:00 Respiratory radiology meeting		12:30 Respiratory meeting	
Afternoon	Relatives clinic Ward work & referrals	Clinic (cons/SpR)	Clinic (cons/SpR)	Relatives clinic 16h00: Lung MDT	15:30 Weekend handover meeting

On call requirements: one evening per week, 1 in 5 weekends.

Foundation Priority Programme

Rotation 1 'Emergency Medicine' half day per week

Rotation 2 'Obstetrics & Gynaecology' half day per week

Rotation 3 'Clinical Pathology' half day per week

***Rota via Trust Medical Staffing**

Working pattern:

Basic

hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties
(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to
be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

About the Trust - Local education provider (LEP) / employer information

We provide acute hospital and community health services for people living in East Sussex and surrounding areas.

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specialty and a number of mandatory e-learning modules to be completed via ESR. Information about your mandatory e-learning requirements and further Induction information can be found on our on our medical education webpages at <https://www.esht.nhs.uk/medical-education/> **the password for the induction page is ESHT1066** A formal invitation will be sent to you via email approximately 6 weeks prior to your commencement at the trust.'

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Foundation Programme – Year 1 Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	

Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/011/F1/005
Clinical Lead/Rota Co-Ordinator	Paula Bradbury - paula.bradbury1@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 22/KSS/RXC02/F1/016 Rotation 2 . 22/KSS/RXC02/F1/010 Rotation 3. 22/KSS/RXC02/F1/001
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine (Geriatric Medicine/Frailty)
Department	5 Consultants, 4 Registrars, 8 Junior Doctors (IMT/GPST/FY2), 4 FY1.
Clinical supervisor(s) for the placement	Dr A Nahhas / Dr M Fonseka / Dr R Nahas / Dr H Alexander
Main Duties in this placement <p>The FY1 doctor is responsible as part of a medical team with other staff for the ward care of inpatients and the maintenance of their patient's medical record/updating the electronic prescription. This duty will include regular ward rounds and attending daily MDT meetings. They will have the opportunity to work with the consultants in outpatients' clinics throughout the week. They are expected to attend the structured teaching programmes provided by the department.</p> <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and create a problem list Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Contribute to the daily MDT meetings 	

Use evidence, guidelines and audit to benefit patient care
 Act in a professional manner at all times
 Cope with ethical and legal issues which occur during the management of patients with general medical problems
 Educate patients effectively
 Become life-long learners and teachers
 Contribute to the Care of the Elderly Tutorials and Mortality Meetings

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Care of the Elderly Department Educational meetings and Mortality meetings:

Tuesdays (1.00 – 2.00 pm) at Eastbourne – lunch at 12.30 pm

(If Foundation Core Teaching not conflicting)

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement *(e.g. ward rounds, clinics, theatre sessions)*

Daily Ward Round

Mon: Ward round, MDT meeting, Grand Round
 1230 – 1400 then ward Work

Tues: Ward round, MDT meeting, Teaching in Care
 of Elderly Journal Club 1230 – 1400 then

Ward Work

Wed: Ward round, MDT meeting,
 1300-1400 F2 Core Teaching then Ward Work

Thurs: Ward Round, MDT meeting then Ward Work

Fri: Ward Round, MDT meeting then Ward Work

Opportunities to work with the consultant in Geriatric Medicine outpatient clinics throughout the week (timetable to be distributed on arrival).

On call requirements as below.

***Rota via Trust Medical Staffing**

Working pattern: Basic
hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:
Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

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Average weekly hours attracting a 37% enhancement:

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Annual pay for role* (select elements as appropriate) Basic

Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/011/F1/005
Clinical Lead/Rota Co-Ordinator	Paula Bradbury - paula.bradbury1@nhs.net
Name of Guardian of Safe Working Hours	/aleed Yousef sh-tr.GoSWH@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 22/KSS/RXC02/F1/016 Rotation 2 . 22/KSS/RXC02/F1/010 Rotation 3. 22/KSS/RXC02/F1/001
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine (Geriatric Medicine/Frailty)
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Clinical supervisor(s) for the placement	Dr A Nahhas / Dr M Fonseka / Dr R Nahas / Dr H Alexander
Main Duties in this placement <p>The FY1 doctor is responsible as part of a medical team with other staff for the ward care of inpatients and the maintenance of their patient's medical record/updating the electronic prescription. This duty will include regular ward rounds and attending daily MDT meetings. They will have the opportunity to work with the consultants in outpatients' clinics throughout the week. They are expected to attend the structured teaching programmes provided by the department.</p> <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and create a problem list Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Contribute to the daily MDT meetings Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers Contribute to the Care of the Elderly Tutorials and Mortality Meetings 	
Teaching Opportunities - Mandatory Grand Round:	

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Care of the Elderly Department Educational meetings and Mortality meetings:
Tuesdays (1.00 – 2.00 pm) at Eastbourne – lunch at 12.30 pm
(If Foundation Core Teaching not conflicting)

Foundation Programme Core Topics:
Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)
Y1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)

Other:
Leadership Programme - 4 - 5 half-day courses over the year

Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

Daily Ward Round

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1230 – 1400 then ward Work

Tues: Ward round, MDT meeting, Teaching in Care
of Elderly Journal Club 1230 – 1400 then
Ward Work

Wed: Ward round, MDT meeting,
1400. F2 Core Teaching then Ward Work

Thurs: Ward Round, MDT meeting then Ward Work

Fri: Ward Round, MDT meeting then Ward Work

Opportunities to work with the consultant in Geriatric Medicine outpatient clinics throughout the week (timetable to be distributed on arrival).

On call requirements as below.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

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to be appended

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

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Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

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Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/011/F1/003
Clinical Lead/Rota Co-Ordinator	Paula Bradbury - paula.bradbury1@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 22/KSS/RXC02/F1/009 Rotation 2 . 22/KSS/RXC02/F1/008 Rotation 3. 22/KSS/RXC02/F1/007P
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine (Geriatric Medicine/Frailty)
Department	5 Consultants, 4 Registrars, 8 Junior Doctors (IMT/GPST/FY2), 4 FY1.
Educational / Clinical supervisor(s) for the placement	Dr M Fonseka
Main Duties in this placement <p>The FY1 doctor is responsible as part of a medical team with other staff for the ward care of inpatients and the maintenance of their patient's medical record/updating the electronic prescription. This duty will include regular ward rounds and attending daily MDT meetings. They will have the opportunity to work with the consultants in outpatients' clinics throughout the week. They are expected to attend the structured teaching programmes provided by the department.</p> <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times 	

Cope with ethical and legal issues which occur during the management of patients with general medical problems
Educate patients effectively
Become life-long learners and teachers

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

Y1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for activities such as working on eportfolio, meeting with supervisors and developing skills in teaching and QI/audit.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

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Tues: Ward round, MDT meeting, Teaching in Care
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Ward Work

Wed: Ward round, MDT meeting,
1401. F2 Core Teaching then Ward Work

Thurs: Ward Round, MDT meeting then Ward Work

Fri: Ward Round, MDT meeting then Ward Work

Opportunities to work with the consultant in Geriatric Medicine outpatient clinics throughout the week (timetable to be distributed on arrival).

On call requirements as below.

Foundation Priority Programme

Rotation 1 'Foundation Leadership & Management'

Rotation 3 'Max Fax'

Half day per week.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

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to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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There is a combination of urban and rural development with areas of outstanding natural beauty and of considerable historic interest. There are excellent recreational and sporting facilities in the area and good rail links to London and Brighton, and to Europe via the Channel Tunnel and Eurostar. The Trust is keen to develop its staff and postgraduate medical and nurse training takes place on both the main sites. We have medical students from Brighton & Sussex Medical School, from Kings and elsewhere, and encourage you to develop your teaching skills.

**Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Training Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/011/F1/
Rota Co-Ordinator	Paula.bradbury1@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef Waleed.Yousef@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 22/KSS/RXC01/F1/ Rotation 2. 22/KSS/RXC01/F1/ Rotation 3. 22/KSS/RXC01/F1/
Placement details (i.e. the specialty and sub-specialty)	Frailty
Department	5 Consultants, 4 Registrars, 8 Junior Doctors (IMT/GPST/FY2), 4 FY1
Clinical supervisor(s) for the placement	Dr R Nahas / Dr H Alexander
Main Duties of the Placement	
The FY1 doctor is responsible as part of a medical team with other staff for the ward care of inpatients and the maintenance of their patient's medical record/updating the electronic	

prescription. This duty will include regular ward rounds and attending daily MDT meetings. They will have the opportunity to work with the consultants in outpatients' clinics throughout the week. They are expected to attend the structured teaching programmes provided by the department.

The overall educational objectives of the F1 year are:

Take a history and examine a patient
Identify and create a problem list
Prescribe safely
Keep an accurate and relevant medical record
Manage time and clinical priorities effectively
Communicate effectively with patients, relatives and colleagues
Contribute to the daily MDT meetings
Use evidence, guidelines and audit to benefit patient care
Act in a professional manner at all times
Cope with ethical and legal issues which occur during the management of patients with general medical problems
Educate patients effectively
Become life-long learners and teachers
Contribute to the Care of the Elderly Tutorials and Mortality Meetings

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Care of the Elderly Department Educational meetings and Mortality meetings:

Tuesdays (1.00-2.00pm) at Eastbourne – Lunch at 12.30pm

Foundation Programme Core Topics:

Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

Y1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Local Training Days including Simulation Training

Self-Development Time - FY2 doctors should have two hours per week of non clinical professional self-development time. This will include time for preparing or specialty applications as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

Daily Ward Round

Mon: Ward round, MDT meeting, Grand Round
1230 – 1400 then ward Work

Tues: Ward round, MDT meeting, Teaching in Care
of Elderly Journal Club 1230 – 1400 then

Ward Work
Wed: Ward round, MDT meeting,
1400. F2 Core Teaching then Ward Work
Thurs: Ward Round, MDT meeting then Ward Work
Fri: Ward Round, MDT meeting then Ward Work
Opportunities to work with the consultant in Geriatric Medicine outpatient clinics throughout the week (timetable to be distributed on arrival).

On call requirements as below.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

<p>About the Trust - Local education provider (LEP) / employer information We provide acute hospital and community health services for people living in East Sussex and surrounding areas.</p> <p>As a new doctor in training to the trust, you will have a formal initial Induction which will include a trust corporate induction hosted by your dedicated medical education team, a local induction organised by your specialty and a number of mandatory e-learning modules to be completed via ESR. Information about your mandatory e-learning requirements and further Induction information can be found on our medical education webpages at https://www.esht.nhs.uk/medical-education/ the password for the induction page is ESHT1066. A formal invitation to Induction will be sent to you via email approximately 6 weeks prior to your commencement at the trust.</p> <p>Our services are mainly provided from two district general hospitals, Conquest Hospital and Eastbourne DGH both of which have Emergency Departments and provide care 24 hours a day. They offer a comprehensive range of surgical, medical and maternity services supported by a full range of diagnostic and therapy services.</p> <p>At Bexhill Hospital we provide outpatients, ophthalmology, rehabilitation and intermediate care services. At Rye, Winchelsea and District Memorial Hospital we provide Outpatient and inpatient intermediate care services. We provide some services at Uckfield Community Hospital and Lewes Victoria Hospital. Our community staff also provide care in the patient's own home and from a number of clinics and health centres and GP surgeries.</p> <p>The role of East Sussex Healthcare NHS Trust is to provide the best possible healthcare service to patients, who come first in everything the organisation does. Medical Education work closely with our colleagues in the community, such as local GP practices, our two local Hospices, Psychiatry and Public Health - which has led to great collaborations for the benefit of our trainee placements.</p> <p>There are some 525,000 people who live in East Sussex and the Trust is one of the largest organisations in the county. We employ over 6,000 dedicated staff with an annual turnover of £365 million.</p> <p>There is a combination of urban and rural development with areas of outstanding natural beauty and of considerable historic interest. There are excellent recreational and sporting facilities in the area and good rail links to London and Brighton, and to Europe via the Channel Tunnel and Eurostar. The Trust is keen to develop its staff and postgraduate medical and nurse training takes place on both the main sites. We have medical students from Brighton & Sussex Medical School, from Kings and elsewhere, and encourage you to develop your teaching skills.</p>	
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Foundation Programme – Year 1
Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Training Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/011/F1/
Rota Co-Ordinator	Paula.bradbury1@nhs.net

Name of Guardian of Safe Working Hours	Waleed Yousef waleed-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 22/KSS/RXC01/F1/ Rotation 2. 22/KSS/RXC01/F1/ Rotation 3. 22/KSS/RXC01/F1/
Placement details (i.e. the specialty and sub-specialty)	Frailty
Department	5 Consultants, 4 Registrars, 8 Junior Doctors (IMT/GPST/FY2), 4 FY1
Clinical supervisor(s) for the placement	Dr R Nahas / Dr H Alexander
Main Duties of the Placement <p>The FY1 doctor is responsible as part of a medical team with other staff for the ward care of inpatients and the maintenance of their patient's medical record/updating the electronic prescription. This duty will include regular ward rounds and attending daily MDT meetings. They will have the opportunity to work with the consultants in outpatients' clinics throughout the week. They are expected to attend the structured teaching programmes provided by the department.</p> <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and create a problem list Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Contribute to the daily MDT meetings Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers Contribute to the Care of the Elderly Tutorials and Mortality Meetings 	
Teaching Opportunities - Mandatory <p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p> <p>Care of the Elderly Department Educational meetings and Mortality meetings: Tuesdays (1.00-2.00pm) at Eastbourne – Lunch at 12.30pm</p> <p>Foundation Programme Core Topics: Y1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) Y1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)</p>	

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Local Training Days including Simulation Training

Self-Development Time - FY2 doctors should have two hours per week of non clinical professional self-development time. This will include time for preparing or specialty applications as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

Daily Ward Round

Mon: Ward round, MDT meeting, Grand Round
1230 – 1400 then ward Work

Tues: Ward round, MDT meeting, Teaching in Care
of Elderly Journal Club 1230 – 1400 then
Ward Work

Wed: Ward round, MDT meeting,
1402. F2 Core Teaching then Ward Work

Thurs: Ward Round, MDT meeting then Ward Work

Fri: Ward Round, MDT meeting then Ward Work

Opportunities to work with the consultant in Geriatric Medicine outpatient clinics throughout the week (timetable to be distributed on arrival).

On call requirements as below.

Rota via Trust Medical Staffing*Working pattern:**

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):
Pay for additional hours above 40:
Enhanced pay at 37% rate:
Weekend allowance:
On-call availability supplement :
Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>
Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

About the Trust - Local education provider (LEP) / employer information

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area and good rail links to London and Brighton, and to Europe via the Channel Tunnel and Eurostar. The Trust is keen to develop its staff and postgraduate medical and nurse training takes place on both the main sites. We have medical students from Brighton & Sussex Medical School, from Kings and elsewhere, and encourage you to develop your teaching skills.

Foundation Programme – Year 1 Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/023/F1
Clinical Lead/Rota Co-Ordinator	Mr Justin Harris kyra.harvey@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 22/KSS/RXC02/F1 Rotation 2. 22/KSS/RXC02/F1 Rotation 3. 22/KSS/RXC02/F1
Placement details (i.e. the specialty and sub-specialty)	Otolaryngology (N/A)
Department	ENT; the department consists of Consultants, 2 Associate Specialist. 2 Staff Grades 2 core surgical trainees. 1 Advanced Nurse Practitioner. 1 Nurse Practitioner, 2 x FY2.
Clinical supervisor(s) for the placement	Mr A Shankar

Main Duties for this Placement

The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week, and also take responsibility for problems arising in ENT patients on ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.

Dealing with GP and A&E referrals. This is mainly cauterising/packing nose in cases of epistaxis, micro-suctioning of ears etc. The F1 will regularly sit-in on clinics with the Consultants and attend theatre.

The F1 will learn how to manage ENT emergencies, perform microsuction, nasal endoscopy, nasal cautery.

The job is ideal for a candidate who is interested in ENT and very useful for those going into General Practice.

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays

(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Thursday 09:00am – ENT Teaching (Mr N Violaris)

Journal Club meetings (sporadically)

Teaching in OPD and on ward rounds

Self-Development Time – FY1 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

Mon: 0900 AM Consultant clinic.
1400 – 1700 PM On-call.
1230 – 1400 Grand Round

Tues: 0900 – 1230 AM Theatre. PM on call.

Wed: 0900 – 1230 AM On call,
1330 – 1700 PM Clinic.
1300 – 1400 F2 Teaching every
Wednesday lunchtime

Thurs: 0900 – 1230 AM Theatre. PM on call
0900 – ENT Teaching (Mr Violaris)

Fri: 0900 – 12.30 AM Clinic. PM on call.

On call requirements: Yes

Rolling rota for Hospital at Night - Full shifts 1:14 late day (0800 – 2030), 1:14 weekends (0800 – 2030 or 0800 – 1600), 1:14 night shifts (2000 – 0830).

On call hours are: Monday to Friday 0800-2030 or 1400-2200. Nights are: 2000-0830 x 2
Weekend shifts are: 0800-2030 x 2

The Hospital @ Night Rota is made with juniors from ENT, Urology & Orthopaedics.

****Rota via Trust Medical Staffing***

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Week No.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	08:00 - 20:30	08:00 - 20:30	00:00 - 00:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	00:00 - 00:00
2	08:00 - 17:00	12:30 - 20:30	08:00 - 20:30	08:00 - 20:30	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
3	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	08:00 - 20:30	08:00 - 20:30	08:00 - 20:30
4	00:00 - 00:00	00:00 - 00:00	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	00:00 - 00:00
5	20:00 - 08:30	20:00 - 08:30	20:00 - 08:30	20:00 - 08:30	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
6	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	00:00 - 00:00	20:00 - 08:30	20:00 - 08:30	20:00 - 08:30
7	00:00 - 00:00	00:00 - 00:00	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	00:00 - 00:00
8	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	00:00 - 00:00
9	12:30 - 20:30	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	08:00 - 20:30	08:00 - 20:30
10	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	00:00 - 00:00
11	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	20:00 - 08:30	20:00 - 08:30	20:00 - 08:30
12	00:00 - 00:00	00:00 - 00:00	12:30 - 20:30	12:30 - 20:30	12:30 - 20:30	00:00 - 00:00	00:00 - 00:00
13	20:00 - 08:30	20:00 - 08:30	20:00 - 08:30	20:00 - 08:30	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
14	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	00:00 - 00:00

Average Weekly Hours of Work: Please see work pattern

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* Please see work pattern

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: Please see work pattern

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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There is a combination of urban and rural development with areas of outstanding natural beauty and of considerable historic interest. There are excellent recreational and sporting facilities in the area and good rail links to London and Brighton, and to Europe via the Channel Tunnel and Eurostar. The Trust is keen to develop its staff and postgraduate medical and nurse training takes place on both the main sites. We have medical students from Brighton & Sussex Medical School, from Kings and elsewhere, and encourage you to develop your teaching skills.

Foundation Programme – Year 2
Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/027/F1
Clinical Lead/Rota Co-Ordinator	Clinical Lead Mr S Mackie Rota Co-Ordinator Kyra Harvey - kyra.harvey@nhs.net
Name of Guardian of Safe Working Hours	<i>Waleed Yousef</i> esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 22/KSS/RXC01/F1 Rotation 2. 22/KSS/RXC01/F1 Rotation 3. 22/KSS/RXC01/F1
Placement details (i.e. the specialty and sub-specialty)	Urology
Department	Hailsham 4 – 10 Consultants, 2 Associate Specialists, 3 Specialty Doctors, 3 Specialist Trainee Registrars. 1 Core Trainee, 1 LAS Core Trainee, 2 FY2, 3 LAS FY2.
Clinical supervisor(s) for the placement	Will be allocated at start of programme
Main Duties of the Placement <p>The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. There is dedicated self-development time (approximately half a day per week in total, averaged across the placement) where they will have the opportunity to attend a clinical session of their choice as a supernumerary trainee. Examples include but are not limited to, operating theatre sessions, outpatient clinics and procedure sessions, and multidisciplinary team meetings.</p> <p>The overall educational objectives of the F1 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence-based guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers 	
Teaching Opportunities - Mandatory	

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Female Urology MDT course

Broad Range Urology course

Departmental half teaching days

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

One training session per week, either a morning or afternoon.

The Department currently runs weekly half hour teaching sessions on Thursday lunchtimes.

There are frequent ad hoc teaching sessions arranged in addition to board round teaching at morning handover.

There are full afternoon sessions of whole-department teaching ~~session~~ once every ~~6 weeks~~ 2 months, and Clinical Governance once every 2 months.

Hospital at Night Rota is 1:14 would this apply to FY1s?

Shifts are:

Standard Day – 08:00 – 17:00 (own Speciality)

Evening Shift – 12.30 – 20.30 (on call from 1630)

Long Day – 08.00 – 20.30 (on call from 1630)

Night Shift – 20.00 – 08.30 (Surgical)

Out of hour cover is a shift pattern and is shared workload between the two colleagues on call.

Specialties the hospital at night team cover are Urology, ENT, Orthopaedics, Breast, General Surgery and Gynaecology.

The Consultant & Registrars for all of the above specialties are non-resident on call; however there is a General Surgery Resident on call Registrar. I am not sure if this is exactly right for EDGH; should we check with the H@N rota co-ordinators?

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document
to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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Our community staff also provide care in the patient's own home and from a number of clinics and health centres and GP surgeries.

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There is a combination of urban and rural development with areas of outstanding natural beauty and of considerable historic interest. There are excellent recreational and sporting facilities in the area and good rail links to London and Brighton, and to Europe via the Channel Tunnel and Eurostar. The Trust is keen to develop its staff and postgraduate medical and nurse training takes place on both the main sites. We have medical students from Brighton & Sussex Medical School, from Kings and elsewhere, and encourage you to develop your teaching skills.

Foundation Programme – Year 2

Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/011/F2/001
Clinical Lead/Rota Co-Ordinator	Agnes Curtis - agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/001 Rotation 2 . 21/KSS/RXC01/F2/016 Rotation 3. 21/KSS/RXC01/F2/007
Placement details (i.e. the specialty and sub-specialty)	Geriatric Medicine
Department	Department of Medicine for Older People 1. Macdonald ward/Dementia ward 2. Newington ward/Frailty 3. Tressell ward/Frailty 4. Benson ward/Orthogeriatrics

Clinical supervisor(s) for the placement	Dr E Mucci / Dr H McIntyre / Dr Win / Dr Golez / Dr J Rahmani
Main duties of the placement <ol style="list-style-type: none"> 1. Daily ward rounds under senior supervision (SHO, SpR or Consultant led) 2. Keeping and updating patients' list, preparing the lists for ward rounds and daily board rounds 3. Discharge summaries 4. DNAR/ReSPECT/EoLC discussions and completion of the related documents. 5. Medical student teachings 6. Reviewing and requesting blood tests. 7. Performing jobs generated after the ward rounds 8. Participating and, at times, running board rounds under supervision <p><u>Macdonald ward</u></p> <p>26 bedded ward staffed with personnel trained in the care of complex older patients, dementia and EoLC.</p>	

<p><i>FY2 doctors receive training in the following:</i></p> <ol style="list-style-type: none"> 1. Comprehensive Geriatric Assessment/Frailty 2. Diagnosis and management of chronic disease and disability/"Geriatric Giants" 3. Acute Delirium/Dementia 4. Rehabilitation 5. Daily board rounds 6. Best interest meetings/understanding of MCA 2005 7. End of Life Care Planning 8. Palliative care training: Palliative care <p><u>Newington and Tressell</u></p> <p>28 bedded wards acute frailty wards. Direct admissions from AAU/A&E.</p> <p><i>FY2 doctors receive training in the following:</i></p> <p>As above.</p> <p>Diagnosis and management of acute illness in the older patient in a variety of settings</p>

Teaching Opportunities – Mandatory

Grand Round: Tuesdays (1.00 - 2.00 pm) at Ed Centre – virtual

DME Journal club (1-2pm) at Doctors' Library, Level 1, opposite Benson ward – virtual

Foundation Programme Core Topics:

FY2 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)

Other:

Leadership Programme “LEAP course” - 4 half-day courses over the year, enquiries from Angela GEOGHEGAN, email: a.geoghegan@nhs.net

Local Training Days

IMT Training

End of Life Care meetings

MDT meetings

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

08.30-09.00 Prep time for ward round

0900-1100 Ward Round

1100-1130 Board round, daily

11.30-13.00 Continue ward round

Ward jobs thereafter

Mornings: Twice a week consultant ward round, once a week post take ward round. Daily consultant or SpR led board rounds. Daily SHO or SpR run ward rounds.

Once a week geriatric lunch time journal club.

Once a week Grand round lunch time.

Afternoons: Once weekly FY2 teaching sessions

Best interest meetings/MDT meetings/ discussions with the relatives, doing post ward round jobs, seeing new admissions to the wards.

****Rota via Trust Medical Staffing***

Working pattern: Basic
hours only / Full shift /On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

- Normal days
- Long days
- Night shifts
- Weekend shifts
- On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to
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Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

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Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your

placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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**Foundation Programme – Year 2
Individual Placement Descriptor / Trust Work
Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	GP Surgery
Host organisation if different from above	Conquest Hospital / Eastbourne DGH
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/800/F2/003 KSS/RXC01/800/F2/002 KSS/RXC01/800/F2/001 KSS/RXC01/800/F2/004 KSS/RXC02/800/F2/001 KSS/RXC02/800/F2/002 KSS/RXC02/800/F2/004 KSS/RXC02/800/F2/005 KSS/RXC02/800/F2/003
Clinical Lead/Rota Co-Ordinator	Practice Manager – *Site Specific notified on arrival
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.

Programme Codes	<p>Rotation 1. 22/KSS/RXC01/F2/015, Rotation 2. 22/KSS/RXC01/F2/001, Rotation 3. 22/KSS/RXC01/F2/016</p> <p>Rotation 1. 22/KSS/RXC01/F2/005, Rotation 2. 22/KSS/RXC01/F2/006, Rotation 3. 22/KSS/RXC01/F2/002</p> <p>Rotation 1. 22/KSS/RXC01/F2/003, Rotation 2. 22/KSS/RXC01/F2/004, Rotation 3. 22/KSS/RXC01/F2/007</p> <p>Rotation 1. 22/KSS/RXC01/F2/008, Rotation 2. 22/KSS/RXC01/F2/009, Rotation 3. 22/KSS/RXC01/F2/010</p>
	<p>Rotation 1. 22/KSS/RXC01/F2/030, Rotation 2. 22/KSS/RXC01/F2/019, Rotation 3. 22/KSS/RXC01/F2/020</p> <p>Rotation 1. 22/KSS/RXC01/F2/035, Rotation 2. 22/KSS/RXC01/F2/023, Rotation 3. 22/KSS/RXC01/F2/024</p> <p>Rotation 1. 22/KSS/RXC01/F2/033, Rotation 2. 22/KSS/RXC01/F2/031, Rotation 3. 22/KSS/RXC01/F2/041</p> <p>Rotation 1. 22/KSS/RXC01/F2/025, Rotation 2. 22/KSS/RXC01/F2/037, Rotation 3. 22/KSS/RXC01/F2/043</p> <p>Rotation 1. 22/KSS/RXC01/F2/042, Rotation 2. 22/KSS/RXC01/F2/040, Rotation 3. 22/KSS/RXC01/F2/032</p>

Placement details (i.e. the specialty and sub-specialty)	<p>General Practice</p> <p>Various surgeries used, usually within the Hastings, St Leonards, Bexhill, Hailsham, Heathfield, Herstmonceux, Stone Cross, Eastbourne, Seaford and Rye area.</p> <p>Not all GP placements are based in Eastbourne or Hastings. FY2 Doctors are responsible for transporting themselves to the GP Surgery.</p> <p>TRANSPORT IS ESSENTIAL for those applying for these posts.</p>
Department	GP staff including GPs, nurses, HCA, practice manager , reception and admin staff
Clinical supervisor(s) for the placement	Varies according to the GP Surgery
<p>Main Duties for this Placement</p> <p>Independently run clinics, opportunity to experience a wide range of community health problems.</p> <p>Daily GP sessions, weekly GP teaching, ability to speak to your clinical supervisor after each surgery and after each patient if needed. Ability to shadow other members of primary Healthcare team.</p> <p>At GP you will be exposed to a variety of problems like General medical / surgical presentations, mental health problems, social problems, joints presentations, self-limiting illnesses and Chronic</p>	

<p>diseases management.</p> <p>Weekly timetable with GP surgeries, exposure to acute and chronic illness, chronic disease clinics, team work in GP setting</p> <p>Learn about the interface between primary and secondary care Self-directed</p> <p>learning and preparation of</p> <p>PDP</p> <p>Work based assessments including video analysis of consultations</p> <p>Attendance at Conquest and Eastbourne DGH for weekly compulsory FY2 tutorials</p> <p>Weekly tutorials in the community with the GP community teacher. Audit, surgery, following up on own patient care.</p>

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays

(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

GPST Regional Study Days

"Hot Topics" lectures

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

Example weekly pattern (varies according to GP Surgery used)

Mon: 08.30-11.30 Clinic 1500-1700
1230-1400 Grand Round (EDGH)
1400 – 1500 F2 Teaching every Monday
(CQ)
Tues: 08.30-11.30 12.30 – 14.00 Grand Round
(CQ)
Clinic 15.00-1700
Wed: 08.30-11.30 Clinic 1500-1700
1300-1400 F2 Teaching every
Wednesday (EDGH)

Thurs: 08.30-11.30 Clinic 1500-1700 Fri:

08.30-11.30 Clinic 1500-1700

Community tutorial

Sat: Off

Sun: Off

On call requirements: No out of hours.

All FY2s in GP placements spend a day per week in the A&E department at the

Conquest Hospital or half day at the EDGH in ITU, MAU or A&E. ***Rota via Trust**

Medical Staffing

Working pattern:

Basic

hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

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Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

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Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

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Average weekly hours attracting a 37% enhancement:

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:
On-call availability supplement :
Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>
Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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Foundation Programme – Year 2

Trust	East Sussex Healthcare NHS Trust
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Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/011/F2/003
Clinical Lead/Rota Co-Ordinator	Agnes Curtis - agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/001 Rotation 2 . 21/KSS/RXC01/F2/016 Rotation 3. 21/KSS/RXC01/F2/007
Placement details (i.e. the specialty and sub-specialty)	Geriatric Medicine
Department	Department of Medicine for Older People 1. Macdonald ward/Dementia ward 2. Newington ward/Frailty 3. Tressell ward/Frailty 4. Benson ward/Orthogeriatrics
Clinical supervisor(s) for the placement	Dr E Mucci / Dr H McIntyre / Dr Win / Dr Golez / Dr J Rahmani
Main duties of the placement <ol style="list-style-type: none"> 1. Daily ward rounds under senior supervision (SHO, SpR or Consultant led) 2. Keeping and updating patients' list, preparing the lists for ward rounds and daily board rounds 3. Discharge summaries 4. DNAR/ReSPECT/EoLC discussions and completion of the related documents. 5. Medical student teachings 6. Reviewing and requesting blood tests. 7. Performing jobs generated after the ward rounds 8. Participating and, at times, running board rounds under supervision <p><u>Macdonald ward</u></p> <p>26 bedded ward staffed with personnel trained in the care of complex older patients, dementia and EoLC.</p> <p>FY2 doctors receive training in the following:</p> <ol style="list-style-type: none"> 9. Comprehensive Geriatric Assessment/Frailty 	

Individual Placement Descriptor / Trust Work Schedule

10. Diagnosis and management of chronic disease and disability/"Geriatric Giants"
11. Acute Delirium/Dementia
12. Rehabilitation
13. Daily board rounds
14. Best interest meetings/understanding of MCA 2005
15. End of Life Care Planning
16. Palliative care training: Palliative care

Newington and Tressell

28 bedded wards acute frailty wards. Direct admissions from AAU/A&E.

FY2 doctors receive training in the following:

As above.

Diagnosis and management of acute illness in the older patient in a variety of settings

Teaching Opportunities – Mandatory

Grand Round: Tuesdays (1.00 - 2.00 pm) at Ed Centre - virtual

DME Journal club (1-2pm) at Doctors' Library, Level 1, opposite Benson ward

Foundation Programme Core Topics:

FY2 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)

Other:

Leadership Programme "LEAP course" - 4 half-day courses over the year, enquiries from Angela GEOGHEGAN, email: a.geoghegan@nhs.net

Local Training Days

IMT Training

End of Life Care meetings

MDT meetings

Typical working pattern in this placement *(e.g. ward rounds, clinics, theatre sessions)*

08.30-09.00 Prep time for ward round

0900-1100 Ward Round

1100-1130 Board round, daily

11.30-13.00 Continue ward round

Ward jobs thereafter

Mornings: Twice a week consultant ward round, once a week post take ward round. Daily consultant or SpR led board rounds. Daily SHO or SpR run ward rounds.

Once a week geriatric lunch time journal club.

Once a week Grand round lunch time.

Afternoons: Once weekly FY2 teaching sessions

Best interest meetings/MDT meetings/ discussions with the relatives, doing post ward round jobs,

seeing new admissions to the wards.

***Rota via Trust Medical Staffing**

Working pattern:

Basic

hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

- Normal days
- Long days
- Night shifts
- Weekend shifts
- On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to

be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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Foundation Programme – Year 2

Individual Placement Descriptor (IPD)/ Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/018/F2/002
Clinical Lead/Rota Co-Ordinator	Dr Steven Fong s.fong@nhs.net Agnes Curtis (Rota Coordinator) agnescurtis@nhs.net Cheryl Turner (Rota Coordinator) cheryl.turner13@nhs.net
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by the organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/002 Rotation 2. 21/KSS/RXC01/F2/015 Rotation 3. 21/KSS/RXC01/F2/001
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine & Gastroenterology
Department	Medicine
Clinical supervisor(s) for the placement	Dr A Zubir, Dr F Cuison, Dr Muhammad and Dr S Fong cover for wards every 4 to experience different specialities and knowledge.

Main Duties for this Placement

Daily ward rounds, weekly general gastroenterology outpatient clinics, clinical teaching on the ward. Opportunity to acquire practical skills related to management of wide range of acute gastroenterology conditions /emergencies including: upper GI bleeding, acute/chronic liver disease, inflammatory bowel disease, malnutrition and GI related cancers. Practical skills include insertion of ascetic drains and NG feeding tube. Working as team with IBD & GI cancer specialist nurses and dietitians.

On call for general medicine as per rota, Ward-based clinical experience, MDM, outpatient clinics, journal club, FY2 teaching, Grand Rounds.

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

FY2 Wednesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)
FY2 Thursdays (2.00 - 3.00 pm) at Conquest (workshop once per month)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Journal Club Thursdays 1.00 - 2.00 pm (Conquest)

Multidisciplinary Meetings

- a) Wednesdays Nutrition MDM 1130-1230
- b) Wednesdays Surgical Radiology MDM 1.00 - 2.00 pm
- c) Thursdays Gastro General Radiology 9.00 - 10.00 am (Conquest)
- d) Friday Upper GI Cancer MDM 0830-0930

~~X-Ray Meeting Wednesdays 1.00 - 2.00 pm and Thursdays 9.00 - 10.00 am (Conquest)~~

~~Haemostasis course (annually) at Conquest~~

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

Weekly:

Mon: am SpR ward round pm Ward work / on call

Tues: am Consultant ward round, Grand Round pm ward work

Wed: am CT ward round, MDM gastro/surgeons pm ward work or clinic / on call

Thurs: am Gastro MDM, SpR ward round, lunch time journal club, pm ward work or clinic

Fri: am upper GI cancer MDM, consultant ward round, FY2 teaching

Sat: off / on call as per rota

Sun: off / on call as per rota

On call requirements: 1 in 8, 2 week-ends, 2 weeks of nights

****Rota via Trust Medical Staffing***

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to
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Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>> The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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Foundation Programme – Year 2

Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A

Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/004/F2/002
Clinical Lead/Rota Co-Ordinator	Agnes Curtis agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/004, Rotation 2. 21/KSS/RXC01/F2/016, Rotation 3. 21/KSS/RXC01/F2/003
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine & Respiratory
Department	
Clinical supervisor(s) for the placement	Dr Kankam and Dr Christopherson
Main Duties for this Placement Ward work at an FY2 level with Daily Consultant Availability and Supervision Acute unselected medical take 1:7 Attend Radiology and MDT meetings Teachings sessions both within the Department and in the grand round. Opportunities to attend and present cases at Lung MDM, Radiology meetings, Audit Meetings and Grand Rounds Opportunity to develop skills in pleural procedures including US Scan guided drainage, pleural aspiration and inter-costal drain insertion. Introduction to non-invasive ventilation. Opportunities to attend Lung Cancer MDM and Weekly bronchoscopy sessions.	
Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Tuesdays Foundation Programme Core Topics:	

FY2 Wednesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm) FY2 Thursdays (2.00 - 3.00 pm) at Conquest (workshop once per month)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

CMT Training Days

Simulation Training

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

There is a Daily Consultant – led ward round incorporating bed-side teaching.

Daily Timetable :

Mon: Ward Round / MDT / Ward work

Tues: Ward Round / MDT/Grand Round /Ward work

Wed: Radiology Meeting / Ward Round/ MDT/OP Clinic

Thurs: Ward Round/MDT / FY2 Teaching / Dept teaching / Ward Work

Fri: Ward Round / Ward work

On call requirements: 1 in 7

****Rota via Trust Medical Staffing***

Working pattern:

Basic

hours only / Full shift /On-call rota (delete as appropriate) **Rota**

Template:

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Normal days

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Night shifts

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On-call duties

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

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Foundation Programme – Year 2

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Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/011/F2/002
Clinical Lead/Rota Co-Ordinator	Agnes Curtis - agnescurtis@nhs.net
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by the organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/007 Rotation 2 . 21/KSS/RXC01/F2/005 Rotation 3. 21/KSS/RXC01/F2/006
Placement details (i.e. the specialty and sub-specialty)	Geriatric Medicine
Department	Department of Medicine for Older People 1. Macdonald ward/Dementia ward 2. Newington ward/Frailty 3. Tressell ward/Frailty 4. Benson ward/Orthogeriatrics
Clinical supervisor(s) for the placement	Dr E Mucci / Dr H McIntyre / Dr Win / Dr Golez / Dr J Rahmani
Main duties of the placement 1. Daily ward rounds under senior supervision (SHO, SpR or Consultant led) 2. Keeping and updating patients' list, preparing the lists for ward rounds and daily board rounds 3. Discharge summaries 4. DNAR/ReSPECT/EoLC discussions and completion of the related documents. 5. Medical student teachings 6. Reviewing and requesting blood tests. 7. Performing jobs generated after the ward rounds 8. Participating and, at times, running board rounds under supervision <u>Macdonald ward</u>	

26 bedded ward staffed with personnel trained in the care of complex older patients, dementia and EoLC.

FY2 doctors receive training in the following:

1. Comprehensive Geriatric Assessment/Frailty
2. Diagnosis and management of chronic disease and disability/"Geriatric Giants"
3. Acute Delirium/Dementia
4. Rehabilitation
5. Daily board rounds
6. Best interest meetings/understanding of MCA 2005
7. End of Life Care Planning
8. Palliative care training: Palliative care

Newington and Tressell

28 bedded wards acute frailty wards.

FY2 doctors receive training in the following:

As above.

Diagnosis and management of acute illness in the older patient in a variety of settings

Teaching Opportunities – Mandatory

Grand Round: Tuesdays (1.00 - 2.00 pm) at Ed Centre. Currently – virtual.

DME Journal club (1-2pm) at Doctors' Library, Level 1, opposite Benson ward. Currently – virtual.

Foundation Programme Core Topics:

FY2 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)

Other:

Leadership Programme "LEAP course" - 4 half-day courses over the year, enquiries from Angela GEOGHEGAN, email: a.geoghegan@nhs.net

Local Training Days

IMT Training

End of Life Care meetings

MDT meetings

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement *(e.g. ward rounds, clinics, theatre sessions)*

08.30-09.00 Prep time for ward round

0900-1100 Ward Round

1100-1130 Board round, daily

11.30-13.00 Continue ward round

Ward jobs thereafter

Mornings: Twice a week consultant ward round, once a week post take ward round. Daily consultant or SpR led board rounds. Daily SHO or SpR run ward rounds.

Once a week geriatric lunch time journal club, currently - virtual

Once a week Grand round lunch time, currently – virtual

Afternoons: Once weekly FY2 teaching sessions

Best interest meetings/MDT meetings/ discussions with the relatives, doing post ward round jobs, seeing new admissions to the wards.

****Rota via Trust Medical Staffing***

Working pattern: Basic
hours only / Full shift /On-call rota (delete as appropriate) **Rota**

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Basic Pay (Nodal Point):

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Weekend allowance:

On-call availability supplement :

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Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (or local post number if known)	
Clinical Lead/Rota Co-Ordinator	agnescurtis@nhs.net paula.bradbury1@nhs.net
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by the organisation. Log in details will provided to trainees.
Intrepid Post Code (or local post number if Intrepid N/A)	KSS/RXC01/007/F2/001
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/006, Rotation 2. 21/KSS/RXC01/F2/007, Rotation 3. 21/KSS/RXC01/F2/005
Placement details (i.e. the specialty and sub-specialty)	Cardiology (Cardio-vascular Disease) (N/A)
Department	FY2 Cardiology
Clinical supervisor(s) for the placement	Dr K Dickinson/Dr I Kalyar

Main Duties for this Placement

Mon: 08:00 to 17:00-18:00. Ward round and ward jobs subsequently. Often consultants give bedside teaching if they do ward rounds. There is a consultant ward round of CCU and the new patients every day. X-ray meeting on Mondays from 08:30-09:30

Tues: 08:00 to 17:00-18:00. Ward round and ward jobs subsequently. Echo meeting 8.30 – 9.30 am

Wed: 08:00 to 17:00-18:00. Clerking acute admissions in A&E or GP referrals in MAU. Practically the on call usually starts from midday and there is a ward round and ward jobs in the morning.

Thurs: 08:00 to 17:00-18:00. CCU ward round starts at 08:00. Post take ward round from 09:00 every other week after being on call. Ward jobs in the morning. Every other week SHO cardiology clinic on Thursday afternoons. These are a good learning opportunity. There is always someone to ask if you get stuck and the consultants are very approachable. MDT alternate weeks 8.30 – 9.30.

Fri: 08:00 to 17:00-18:00. Again ward round and ward jobs. There are 4 consultants in cardiology

who do a ward round of their patients at least once a week. Journal club and lunchtime teaching 1.00 – 2.00 pm.

Sat: Weekend on call is from 08:30-21:30. Clerking acute admissions in A&E or GP referrals in MAU. If there is time, help the FY1 on the wards as well.

Sun: Weekend on call is from 08:30-21:30. Clerking acute admissions in A&E or GP referrals in MAU. If there is time, help the FY1 on the wards as well.

Mon: When on call, given either the Monday or the Tuesday off. The rest is as above. There are opportunities to observe procedures in the cardiac catheterisation lab. There are also opportunities to watch echos and other diagnostic tests if desired. The consultants are very keen to teach.

On call requirements: 1 in 6

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays

(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

MRCP Teaching

CMT Training Days

[Sel f-development time](#) (2 hours every week)

Typical working pattern in this placement *(e.g. ward rounds, clinics, theatre sessions)*

Mon: 08:00 to 17:00-18:00. Ward round and ward jobs subsequently. Often consultants give bedside teaching if they do ward rounds. There is a consultant ward round of CCU and the new patients every day. X-ray meeting on Mondays from 08:30-09:30

Tues: 08:00 to 17:00-18:00. Ward round and ward jobs subsequently

Wed: On call every other Wednesday 08:30 until 21:30. Clerking acute admissions in A&E or GP referrals in MAU. Practically the on call usually starts from midday and there is a ward round and ward jobs in the morning.

Thurs: CCU ward round starts at 08:00. Post take ward round from 09:00 every other week after being on call. Ward jobs in the morning. Every other week SHO cardiology clinic on Thursday afternoons. These are a good learning opportunity. There is always someone to ask if you get stuck and the consultants are very approachable.

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Sun: Weekend on call is from 08:30-21:30. Clerking acute admissions in A&E or GP referrals in MAU. If there is time, help the FY1 on the wards as well.

Mon: When on call, given either the Monday or the Tuesday off. The rest is as above. There are opportunities to observe procedures in the cardiac catheterisation lab. There are also opportunities to watch echos and other diagnostic tests if desired. The consultants are very keen to teach.

On call requirements: 1 in 6

****Rota via Trust Medical Staffing***

Working pattern: Basic
hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

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Normal days

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Night shifts

Weekend shifts

On-call duties

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be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

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There is a combination of urban and rural development with areas of outstanding natural beauty and of considerable historic interest. There are excellent recreational and sporting facilities in the area and good rail links to London and Brighton, and to Europe via the Channel Tunnel and Eurostar. The Trust is keen to develop its staff and postgraduate medical and nurse training takes

place on both the main sites. We have medical students from Brighton & Sussex Medical School, from Kings and elsewhere, and encourage you to develop your teaching skills.

**Foundation Programme – Year 2
Individual Placement Descriptor / Trust Work
Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Educational Supervisor	
Clinical Lead/Rota Co-Ordinator	Mr Justin Harris kyra.harvey@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Intrepid Post Code (or local post number if Intrepid N/A)	KSS/RXC02/023/F2/002
Programme Codes	Rotation 1. 22/KSS/RXC01/F2/010, Rotation 2. 22/KSS/RXC01/F2/008, Rotation 3. 22/KSS/RXC01/F2/009
Placement details (i.e. the specialty and sub-specialty)	Otolaryngology (N/A)
Department	ENT; the department consists of Consultants, 2 Associate Specialist. 2 Staff Grades 2 core surgical trainees. 1 Advanced Nurse Practitioner. 1 Nurse Practitioner, 2 x FY2.
Clinical supervisor(s) for the placement	Mr N Violaris, Mr M Al-Hashim

Main Duties for this Placement

The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week, and also take responsibility for problems arising in ENT. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.

Dealing with GP and A&E referrals. This is mainly cauterising/packing epistaxis, microsuctioning etc. The F2 will regularly sit-in on clinics with the Consultants and attend theatre.

The F2 will learn how to manage ENT emergencies, perform microsuction, nasal endoscopy,

nasal cautery.

The job is ideal for a candidate who is interested in ENT and very useful for those going into General Practice.

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays

(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Thursday 09:00am – ENT Teaching (Mr N Violaris)

Journal Club meetings (sporadically)

Teaching in OPD and on ward rounds

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

Mon: 0900 AM Consultant clinic.
1400 – 1700 PM On-call.
1230 – 1400 Grand Round

Tues: 0900 – 1230 AM Theatre. PM on call.

Wed: 0900 – 1230 AM On call,
1330 – 1700 PM Clinic.
1300 – 1400 F2 Teaching every
Wednesday lunchtime

Thurs: 0900 – 1230 AM Theatre. PM on call
1200 – ENT Teaching (Mr Violaris)

Fri: 0900 – 12.30 AM Clinic. PM on call.

On call requirements: Yes

Rolling rota for Hospital at Night - Full shifts 1:14 late day (0800 – 2030), 1:14 weekends (0800 – 2030 or 0800 – 1600), 1:14 night shifts (2000 – 0830).

On call hours are: Monday to Friday 0800-2030 or 1400-2200. Nights are: 2000-0830 x 2
Weekend shifts are: 0800-2030 x 2

The Hospital @ Night Rota is made with juniors from ENT, Urology & Orthopaedics.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Week No.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	08:00 - 20:30	08:00 - 20:30	00:00 - 00:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	00:00 - 00:00
2	08:00 - 17:00	12:30 - 20:30	08:00 - 20:30	08:00 - 20:30	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
3	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	08:00 - 20:30	08:00 - 20:30	08:00 - 20:30
4	00:00 - 00:00	00:00 - 00:00	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	00:00 - 00:00
5	20:00 - 08:30	20:00 - 08:30	20:00 - 08:30	20:00 - 08:30	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
6	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	00:00 - 00:00	20:00 - 08:30	20:00 - 08:30	20:00 - 08:30
7	00:00 - 00:00	00:00 - 00:00	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	00:00 - 00:00
8	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	00:00 - 00:00
9	12:30 - 20:30	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	08:00 - 20:30	08:00 - 20:30
10	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	00:00 - 00:00
11	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	20:00 - 08:30	20:00 - 08:30	20:00 - 08:30
12	00:00 - 00:00	00:00 - 00:00	12:30 - 20:30	12:30 - 20:30	12:30 - 20:30	00:00 - 00:00	00:00 - 00:00
13	20:00 - 08:30	20:00 - 08:30	20:00 - 08:30	20:00 - 08:30	00:00 - 00:00	00:00 - 00:00	00:00 - 00:00
14	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	08:00 - 17:00	00:00 - 00:00	00:00 - 00:00

Average Weekly Hours of Work: Please see work pattern

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Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* Please see work pattern

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: Please see work pattern

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

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transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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Foundation Programme – Year 2

Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/030/F2/001
Trainee Name and Programme Number	
Clinical Lead/Rota Co-Ordinator	Sheena.griffin@nhs.net CQ susanheaysman@nhs.net EDGH
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/009, Rotation 2. 21/KSS/RXC01/F2/010, Rotation 3. 21/KSS/RXC01/F2/008
Placement details (i.e. the specialty and sub-specialty)	Emergency Medicine (N/A)
Department	Emergency Medicine
Clinical supervisor(s) for the placement	Dr P Cornelius, Mr G Youssef, Mr Alam, Dr D Vidler
Main Duties of the Placement <p>Assessment and immediate management of major and minor complaints.</p> <p>General duties in an Emergency Department including assessing patients with both minor and major complaints. Occasional exposure to resuscitation of acutely unwell and trauma patients. Learning opportunities include chances to apply knowledge relating to acute emergencies in most aspects of medicine, surgery and specialties. Plenty of opportunity to develop practical skills such as suturing, use of local anaesthesia and reduction and manipulation of fractures and dislocations.</p>	

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
2.00 pm) at Conquest - lunch at 12.30 pm

Tuesdays (1.00 -

Foundation Programme Core Topics:

Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

South Coast Emergency Medicine Ultrasound Course (EDGH)

Regional Training Days (Conquest)

Weekly teaching (Monday and Friday 15:00 – 16:00) at
Conquest

Weekly teaching (Tuesday pm & Friday pm) at EDGH

CMT Training Day (Conquest)

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

No ward rounds or clinic. All shifts involve working on the 'shop floor' with no allocation to a particular stream (i.e majors or minors)

Shift pattern is on a rolling rota. E.g.

Mon: 09:00 – 17:00

Tues: 08:00 – 16:00

Wed: 08:00 – 16:00

Thurs:

16:00 – 24:00

Fri: 16:00 – 24:00

Sat: 11:00 – 21:00

Sun: 11:00 – 21:00

Mon: 08:00 – 16:00

Tues: 08:00 – 16:00

Wed: 08:00 – 16:00

Thurs: 09:00 – 17:00

Fri: 09:00 – 17:00

Sat: OFF Sun:

OFF

No On Call requirements but is currently 1:3 weekends with both 'twilight' and overnight shifts.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of 12 weeks, and includes:

Normal days – early starts, mid-morning starts, afternoon and twilight shifts

Night shifts

Weekend shifts

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

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Average weekly hours attracting a 37% enhancement:

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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Foundation Programme – Year 2

Individual Placement Descriptor (IPD)/ Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital (with some time spent at Eastbourne DGH)
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/002/F2/001

Clinical Lead/Rota Co-Ordinator	matthew.clark1@nhs.net oana.muntean@nhs.net
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/011, Rotation 2. 21/KSS/RXC01/F2/012, Rotation 3. 21/KSS/RXC01/F2/013
Placement details (i.e. the specialty and subspecialty)	Paediatrics (N/A)
Department	Paediatrics
Clinical supervisor(s) for the placement	Dr S Mansy
Main Duties for this Placement <p>During the four month placement trainees usually spend approximately a week at Eastbourne DGH covering short stay assessment unit from a Thursday through to a Wednesday. The weekdays are 12 hour shifts and the weekend days (Sat/Sun) are 8 hour shifts. The shifts are 1 in 16. Also rostered to sit in on clinics which can be on either site.</p> <p>Training opportunities in addition to the daily informal teaching include:</p> <p>Morning consultant led handover.</p> <p>Team handover afternoon 4:30 and night team handover 20:30.</p> <p>Consultant/ Registrar lead ward rounds on Kipling or SCBU.</p> <p>Allocation to attend consultant clinics in Paediatric OP for local consultants/ visiting consultants. I have provided them with a list to fill in for their clinic attendance during the 4 month placement.</p> <p>Paediatric radiology meeting.</p> <p>2 hour Wednesday paediatric teaching/learning which covers topics over a 17 week plan (4 months placement). Opportunities to present cases.</p> <p>Department Audit meeting. Opportunity to present Audit</p>	

<p>Monthly Perinatal meetings. Opportunity to present cases</p> <p>Hospital Grand round. Opportunity to present cases in the paediatric hospital grand round.</p> <p>In addition allowance is made on the rota for the FY2 trainee to attend the foundation training locally.</p>

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Safeguarding Children (case-based discussions) Wednesday am 8:45-10 Education centre Conquest

Diabetes Training (every 4 month rotation with new Paediatrics trainees)

Kawasaki Disease (every 4 month rotation with new Paediatrics trainees) Kipling Seminar Room

Paediatric Endocrinology Consultant from KCL to deliver lunch time lecture (Tuesday) every 3 months

Paediatric Epilepsy clinic on Friday mornings

Radiology teaching (Mondays 1.00 - 2.00 pm via v/c)

Paediatric teaching (Wednesdays 1.00 - 3.00 pm (case-based presentations, Journal Club & teaching)

Clinical case discussion (Thursdays lunchtime)

Peri-natal M&M (Fridays 1.30 - 3.30 pm) Monthly

Paediatric M&M meetings quarterly Wednesdays 2-4pm

Neonatal simulation (usually once per month, variable days)

STRS simulation (2 -5pm - 2 times per year in

Education Centre, Conquest)

Typical working pattern in this placement *(e.g. ward rounds, clinics, theatre sessions)*

0900-1100 Ward Round

Ward jobs thereafter

The 2 FY2 trainees work in a full shift rota as part of a team of 8 including (2 GP trainees, 2 FY2, 3 ST1 and 1 ST3 paediatrics trainees). The shifts also cover for long days and hand over 8:30 21:00. Nights and weekends as 1:8.

The day time work cover includes inpatients Kipling ward, Kipling ambulatory care, SCBU, delivery suit, maternity theatres, Frank Shaw post natal ward and paediatric resus/ Emergency department. Usually on a weekly bases to offer continuity.

On call requirements: 1 in 7

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<14>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to

be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

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Average weekly hours attracting a 37% enhancement:

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

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**Foundation Programme – Year 2 Individual Placement Descriptor / Trust Work
Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Psychiatry - Sussex Partnership
Host organisation if different from above	Conquest Hospital
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/052/F2/002
Medical Education Contacts Rota Co-Ordinator	dionne.paterson@spft.nhs.uk maria.mckenna@spft.nhs.uk carl.sullivan@spft.nhs.uk
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 22/KSS/RXC01/F2/013, Rotation 2. 22/KSS/RXC01/F2/011, Rotation 3. 22/KSS/RXC01/F2/012
Placement details (i.e. the specialty and sub-specialty)	Woodlands Unit, Conquest Hospital
Department	In-Patient & CRHT Psychiatry
Clinical supervisor(s) for the placement	Dr Rachel Warner

Main Duties for the Placement

This will involve providing medical input to the team under the supervision of the Consultant Psychiatrist at The Woodlands Unit, St Leonards on Sea TN37 7PT.

All trainees are required to present to the academic teaching on Wednesdays through presenting cases and research as per rota which would be provided.

Trainees will be expected to attend Foundation Year training unless they are presenting on the day to the psychiatric programme

Weekly supervision will be provided. Arrangements can be made for further special interest activity with the agreement of the clinical supervisor.

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays

(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

As a new doctor in training to the trust, you will have a formal initial Induction which will include a trust corporate induction hosted by your dedicated medical education team, a local induction organised by your specialty and a number of mandatory e-learning modules to be completed via ESR. Information about your mandatory e-learning requirements and further Induction information can be found on our medical education webpages at <https://www.esht.nhs.uk/medicaleducation/> **the password for the induction page is ESHT1066.** A formal invitation to Induction will be sent to you via email approximately 6 weeks prior to your commencement at the trust.

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place on both the main sites. We have medical students from Brighton & Sussex Medical School, from Kings and elsewhere, and encourage you to develop your teaching skills.

Foundation Programme – Year 2 Individual Placement Descriptor / Trust Work Schedule

Foundation Programme Core Topics:

Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

SPT Wednesday Academic Programme – Foundation doctors are expected to present a case or critical appraisal to at least one meeting in their rotation' in Psychiatry

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

	Monday	Tuesday	Wednesday	Thursday	Friday
a.m.	Handover Ward Work	Handover Supervision with Dr R Warner	MDT meeting – Abbey Ward	MDT meeting	Handover Ward work
p.m.	Ward Work	MDT - Abbey Ward	Eastbourne Academic Programme	2-3pm F2 Teaching at Conquest Hospital Ward work	1:4 Physical Health Clinic -Abbey and Castle Ward

The post holder will also be on a full shift rota with out of hours coverage of either the psychiatric needs arising on the Eastbourne District General Hospital, including the Department of Psychiatry, or The Conquest Hospital including Woodlands Centre for Acute Care. Out of hours support is provided by Senior Nurse Practitioners and Consultants on both sites as well as a middle grade tier in Eastbourne.

TRANSPORT IS ESSENTIAL - This post requires trainees to participate in an on call rota between Hastings and Eastbourne so having your own transport is essential.

All FY2s in Psychiatry placements spend a day per week in the A&E department at the Conquest Hospital or half day at the EDGH in ITU, MAU or A&E.

****Rota via Trust Medical Staffing***

Working pattern:

On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to
be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the

above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

About the Trust - Local education provider (LEP) / employer information

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Foundation Programme – Year 2

Individual Placement Descriptor (IPD) / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/030/F2/002
Trainee Name and Programme Number	
Clinical Lead/Rota Co-Ordinator	Sheena.griffin@nhs.net CQ susan.wilson64@nhs.net EDGH
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by the organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/012, Rotation 2. 21/KSS/RXC01/F2/013, Rotation 3. 21/KSS/RXC01/F2/011
Placement details (i.e. the specialty and sub-specialty)	Emergency Medicine (N/A)
Department	Emergency Medicine
Clinical supervisor(s) for the placement	Dr D Vidler, Dr P Cornelius, Mr G Youssef, Mr Alam
Main Duties of the Placement Assessment and immediate management of major and minor complaints. General duties in an Emergency Dept including assessing patients with both minor and major complaints. Occasional exposure to resuscitation of acutely unwell and trauma patients. Learning opportunities include chances to apply knowledge relating to acute emergencies in most aspects of medicine, surgery and specialties. Plenty of opportunity to develop practical skills such as suturing, use of local anaesthesia and reduction and manipulation of fractures and dislocations.	

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
2.00 pm) at Conquest - lunch at 12.30 pm

Tuesdays (1.00 -

Foundation Programme Core Topics:

Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year
South Coast Emergency Medicine Ultrasound Course (EDGH)
Regional Training Days (Conquest)

Weekly teaching (Wednesday and Friday 2-3pm) at Conquest

Weekly teaching (Tuesday pm & Friday pm) at EDGH

CMT Training Day (Conquest)

[Self-development time](#) (2 hours every week)

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

No ward rounds or clinic. All shifts involve working on the 'shop floor' with no allocation to a particular stream (i.e majors or minors)

Shift pattern is on a rolling rota. E.g.

Mon: 09:00 – 17:00

Tues: 08:00 – 16:00

Wed: 08:00 – 16:00

Thurs: 16:00 – 24:00

Fri: 16:00 – 24:00

Sat: 11:00 – 21:00

Sun: 11:00 – 21:00

Mon: 08:00 – 16:00

Tues: 08:00 – 16:00

Wed: 08:00 – 16:00

Thurs: 09:00 – 17:00

Fri: 09:00 – 17:00

Sat: OFF Sun:

OFF

No On Call requirements but is currently 1:3 weekends with both 'twilight' and overnight shifts.

****Rota via Trust Medical Staffing***

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of 12 weeks, and includes:

Normal days – early starts, mid-morning starts, afternoon and twilight shifts

Night shifts

Weekend shifts

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

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The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

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Foundation Programme – Year 2

Individual Placement Descriptor (IPD)/ Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Community Based
Host organisation if different from above	Conquest Hospital (with some time spent at Eastbourne DGH)
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/002/F2/003
Clinical Lead/Rota Co-Ordinator	Dr Matthew Clark matthew.clark1@nhs.net Dr Oana Muntean oana.muntean@nhs.net
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by the organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/014, Rotation 2. 21/KSS/RXC01/F2/018, Rotation 3. 21/KSS/RXC01/F2/017
Placement details (i.e. the specialty and sub-specialty)	Paediatrics (N/A)
Department	Paediatrics
Clinical supervisor(s) for the placement	Dr I Hodgson / Dr Rachel Atkinson / Dr J Somarib / Dr Tracey Ward

Main Duties of the Placement

The exact ratio of acute to community is anticipated to be approximately 1:1.

This will depend on individual trainees training needs and goals within the department.

It is likely that there will be a greater proportion of acute duties in the first half of this rotation.

This is based on previous trainee feedback.

During the four month placement trainees usually spend approximately a week at Eastbourne DGH.

Training opportunities in addition to the daily informal teaching in Community include:

1. Attending Child development clinic with opportunity to learn developmental assessment -

once a week

2. Attend Multidisciplinary Autistic Spectrum Disorder Clinic once a week – opportunity to learn about Autism assessment, assessment tools, Management, Support in community and School
3. Neurodisability Clinic once a week – To learn about assessment of children with physical disability and Management/ support in the community
4. To attend speech and language therapy, Physiotherapy and Occupational therapy clinics and assessment.
5. Attend special school clinics
6. Special clinic- sleep clinic/ Audiology clinic
7. Opportunity to see children and presentation at Monthly Community Paediatric meetings.
8. Opportunity to sit in welfare Medical clinic
9. To attend monthly Sussex wide peer review - Sexual Assault Referral Centre (SARC) Safeguarding
10. Some training days in adoption and fostering.
11. There will be on call commitment and Long day cover. On a long day cover week, Trainee will be based in Conquest community Paediatrics and cover the ward from 5pm to 9pm.
12. Wednesday paediatric teaching at Conquest
13. Trainee will have a list of Community clinics
14. Most clinic are in the community travelling is required. With planning trainee can arrange lift with clinic Consultant.to and from the Hospital.

There will be some on call commitment in acute paediatrics to give trainee some acute paediatric exposure: and will benefit from:

Morning consultant led handover.

Team handover afternoon 16:30 and night team handover 20:30.

Consultant/ Registrar lead ward rounds on Kipling or SCBU.

Allocation to attend consultant clinics in Paediatric OP for local consultants/ visiting consultants. (a list to trainees to fill in for their clinic attendance during the 4 month placement) This will be community Paediatric Clinics.

Paediatric radiology meeting.

2 hour Wednesday paediatric teaching/learning which covers topics over a 17 week plan (4 months placement). Opportunities to present cases.

Department Audit meeting. Opportunity to present Audit

Monthly Perinatal meetings. Opportunity to present cases

Hospital Grand round. Opportunity to present cases in the paediatric hospital grand round.

In addition allowance is made on the rota for the FY2 trainee to attend the foundation training locally.

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Mandatory FY2 teaching takes place every Thursday, 14:00 – 15:00H at the Conquest Hospital and every Wednesday, 13:00H – 14:00H at Eastbourne DGH (monthly workshops 14:00H – 17:00H). (FY2s will attend the site nearest to them).

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Safeguarding Children (case-based discussions) Wednesday am 08:45H-10:00H Education Centre, Conquest

Diabetes Training (every 4 month rotation with new Paediatrics trainees)

Kawasaki Disease (every 4 month rotation with new Paediatrics trainees) Kipling Seminar Room

Paediatric Endocrinology Consultant from KCL to deliver lunch time lecture (Tuesday) every 3 months

Paediatric Epilepsy clinic on Friday mornings

Radiology teaching (**first and fourth Mondays 13:00H-14:00H**)

Paediatric Grand round (Wednesdays 13:00H – 15:00H)

Paediatric teaching Fridays 13:00H – 15:00H

Peri-natal M&M (Fridays 13:30H – 15:30H), Monthly(no teaching this Friday)

Paediatric M&M meetings every 2 months Wednesdays 15:00H-17:00H

Neonatal simulation (usually once per month, variable days)

STRS simulation (2-5pm - 2 times per year in Education Centre, Conquest)

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

The 2 FY2 trainees work in a full shift rota as part of a team of 7 including (2 GP trainees, 2 FY2, 3 ST1 paediatrics trainees). The shifts also cover for long days and hand over 8:30H-21:00H. Nights and weekends as 1:7.

The day time work cover includes inpatients in Kipling ward, Kipling ambulatory care, SCBU, delivery suite, maternity theatres, Frank Shaw post-natal ward and paediatric resus/ Emergency department. Usually on a weekly bases to offer continuity.

On call requirements: 1 in 8 ***Rota**

via Trust Medical Staffing

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

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Average Weekly Hours of Work: to insert

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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Foundation Programme – Year 2

Individual Placement Descriptor (IPD)/ Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/001/F2/003
Clinical Lead/Rota Co-Ordinator	Agnes Curtis (Rota Coordinator) agnescurtis@nhs.net Cheryl Turner (Rota Coordinator) cheryl.turner13@nhs.net
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by the organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/017, Rotation 2. 21/KSS/RXC01/F2/014, Rotation 3. 21/KSS/RXC01/F2/018
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine
Department	GIM (Respiratory and Short Stay Acute Medicine)
Clinical supervisor(s) for the placement	Dr O Kankam/ Dr T Christopherson

Main Duties of the Placement

Baird ward is a mix of Respiratory and General medical short stay patient. There are 28 patients in total, shared between 2 ward based teams, both led by Consultant Respiratory Physicians. There is daily Consultant presence on the ward.

Managing inpatients on Baird ward under the direct supervision of the respiratory consultants.

Referrals to other specialties/consultants where indicated. Ensuring appropriate outpatient follow up when patients are discharged. To attend diabetes/ endocrine clinics when enough team members to cover the ward (juniors will be rota'd on a weekly basis to attend a clinic), there will also be opportunities to participate in diabetes in-reach rounds. Whilst on call, to accept referrals to medicine from the Emergency Department, manage the acute admission list, clerk patients, support the FY1 in covering the wards and to attend the post take ward round.

Clerking medical inpatients, performing basic investigations, liaising with other specialities, following up results, communication with family members. Opportunities to manage acutely unwell patients, participate in cardiac arrest/emergency calls, perform investigations such as chest drains, ascitic taps, lumbar punctures.

Teaching

Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Departmental teaching – Wednesdays – 12:30 to 13:30

Foundation Programme Core Topics:

Mandatory FY2 teaching takes place every Thursday, 14.00 – 15.00 pm at the Conquest Hospital and every Wednesday, 13.00 – 14.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

Mon-Fri: Consultant led ward round starting at 09.00 Please arrive at 08.30 to prepare the notes for new patients

Radiology MDT (1100 -1130)

Board round (09.00 – 09.30)

Thursday/ Friday Acute Medicine Teaching programme

Depending on junior numbers will be rota'd to attend at least 1 diabetes/ endocrine clinic per week

On call requirements over 4 month rotation:

Day on call once a week 8.30am-9.30pm

2 x weekend 8.30am-9.30pm

1 x 3 week day nights 9pm-8.30am

2 x 4 weekend nights 9pm-8.30am

****Rota via Trust Medical Staffing***

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and

includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to

be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

About the Trust - Local education provider (LEP) / employer information

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<https://www.esht.nhs.uk/medical-education/> **the password for the induction page is**

ESHT1066. A formal invitation to Induction will be sent to you via email approximately 6 weeks prior to your commencement at the trust.

Our services are mainly provided from two district general hospitals, Conquest Hospital and Eastbourne DGH both of which have Emergency Departments and provide care 24 hours a day. They offer a comprehensive range of surgical, medical and maternity services supported by a full range of diagnostic and therapy services.

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Foundation Programme – Year 2

Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/030/F2/003

Trainee Name and Programme Number	
Clinical Lead/Rota Co-Ordinator	Sheena.griffin@nhs.net CQ susanheaysman@nhs.net EDGH
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/018, Rotation 2. 21/KSS/RXC01/F2/017, Rotation 3. 21/KSS/RXC01/F2/014
Placement details (i.e. the specialty and sub-specialty)	Emergency Medicine (N/A)
Department	Emergency Medicine
Clinical supervisor(s) for the placement	Dr D Vidler, Dr P Cornelius, Mr G Youssef, Mr Alam,
Main Duties of the Placement Assessment and immediate management of major and minor complaints. General duties in an Emergency Dept including assessing patients with both minor and major complaints. Occasional exposure to resuscitation of acutely unwell and trauma patients. Learning opportunities include chances to apply knowledge relating to acute emergencies in most aspects of medicine, surgery and specialties. Plenty of opportunity to develop practical skills such as suturing, use of local anaesthesia and reduction and manipulation of fractures and dislocations.	
Teaching Opportunities - Mandatory Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm Foundation Programme Core Topics: Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them) Other: Leadership Programme - 4 - 5 half-day courses over the year South Coast Emergency Medicine Ultrasound Course (EDGH) Regional Training Days (Conquest) Weekly teaching (Monday and Friday 15:00 – 16:00) at Conquest Weekly teaching (Tuesday pm & Friday pm) at EDGH CMT Training Day (Conquest)	

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

No ward rounds or clinic. All shifts involve working on the 'shop floor' with no allocation to a particular stream (i.e majors or minors)

Shift pattern is on a rolling rota. E.g.

Mon: 09:00 – 17:00

Tues: 08:00 – 16:00

Wed: 08:00 – 16:00

Thurs:

16:00 – 24:00

Fri: 16:00 – 24:00

Sat: 11:00 – 21:00

Sun: 11:00 – 21:00

Mon: 08:00 – 16:00

Tues: 08:00 – 16:00

Wed: 08:00 – 16:00

Thurs: 09:00 – 17:00

Fri: 09:00 – 17:00

Sat: OFF Sun:

OFF

No On Call requirements but is currently 1:3 weekends with both 'twilight' and overnight shifts.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of 12 weeks, and includes:

Normal days – early starts, mid-morning starts, afternoon and twilight shifts

Night shifts

Weekend shifts

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

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The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work 6 in any given week.

Annual pay for role* (select elements as appropriate)

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Foundation Programme – Year 2 Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital

Host organisation if different from above	N/A
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/030/F2/001 KSS/RXC02/030/F2/002 KSS/RXC02/030/F2/003 KSS/RXC02/030/F2/004 KSS/RXC02/030/F2/005 KSS/RXC02/030/F2/006
Trainee Name and Programme Number	
Clinical Lead/Rota Co-Ordinator	Deb.lewis@nhs.net & Elizabeth.edwards13@nhs.net
Name of Guardian of Safe Working Hours	<i>Waleed Yousef</i> esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	<p>Rotation 1. 22/KSS/RXC01/F2/019, Rotation 2. 22/KSS/RXC01/F2/020, Rotation 3. 22/KSS/RXC01/F2/033</p> <p>Rotation 1. 22/KSS/RXC01/F2/021, Rotation 2. 22/KSS/RXC01/F2/022, Rotation 3. 22/KSS/RXC01/F2/034</p> <p>Rotation 1. 22/KSS/RXC01/F2/023, Rotation 2. 22/KSS/RXC01/F2/024, Rotation 3. 22/KSS/RXC01/F2/035</p> <p>Rotation 1. 22/KSS/RXC01/F2/037, Rotation 2. 22/KSS/RXC01/F2/025, Rotation 3. 22/KSS/RXC01/F2/036</p> <p>Rotation 1. 22/KSS/RXC01/F2/038, Rotation 2. 22/KSS/RXC01/F2/026, Rotation 3. 22/KSS/RXC01/F2/027</p> <p>Rotation 1. 22/KSS/RXC01/F2/031, Rotation 2. 22/KSS/RXC01/F2/032, Rotation 3. 22/KSS/RXC01/F2/042</p>

Placement details (i.e. the specialty and sub-specialty)	Emergency Medicine (N/A)
Department	FY2 – the department has 4 substantive Consultants and one long term locum Consultant during 0800-1900 and there is a twilight shift from 1600-0000 covered by locum consultants. Consultant support is from 0800-0000 hours. 11 substantive middle grades providing 24 hour clinical supervision, 2 ST4, 3 GPVTS trainees and 6 FY2 doctors, 7 trainee ACP, 9 FY2 LAS doctors, 4 Educational Fellows, as well as a full complement of nursing staff, including Emergency Nurse Practitioners.
Clinical supervisor(s) for the placement	Mr S Shubber / Mr U Shanker / Dr Z Atesli / Dr Habeeb / Dr O Imtiaz / Dr Shahid A Sattar
Main Duties of the Department 1 st tier rota seeing all patients in the Emergency Department. The F2 doctor is responsible, with senior support always available on the shop-floor, for the assessment and management of patients presenting to the department and the maintenance of the patient's medical record. Patients presenting to the department are an undifferentiated workload, including Major type patients, Minor injuries and illness, with approximately 25% of all attendance are paediatric presentations. They will have opportunity to work occasionally with the consultants in outpatients' clinics and also take responsibility for problems arising. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants, including performing other duties in occasional emergencies and unforeseen circumstances. The FY2 doctor will also be involved in the management of resus patients under supervision, suturing, manipulation of orthopaedic injuries, plastering and removal of foreign bodies. They are taught to use a slit lamp. In addition to paediatric patients the FY2 will be exposed to patients with mental health issues. The department sees a large cohort of elderly patients who frequently need a multidisciplinary team approach, with physiotherapy, occupational therapy and adult social care involvement to ensure safe discharge. The overall educational objectives of the F2 year are: Take a focused history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively	

Become life-long learners and teachers

Teaching Opportunities

Foundation Programme Core Topics:

Mandatory FY2 Core teaching takes place every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH with a (monthly workshop 2-5pm)

Department weekly teaching (Tuesday pm and Thursday pm) including a radiology meeting once a month and some simulation teaching.

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Local Opportunities:

Grand Round presentation once a week 1.00-2.00pm (lunch provided)

South Coast Emergency Medicine Ultrasound Course

Advanced Trauma Life Support

European Paediatric Life Support

Career Taster opportunities facilitated and organised locally

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

Mon: 1 in 3 weekends.
Tues: Shift pattern rota circulating into Wed:
nights. Similar job on all days.
Thurs: Seeing mostly majors and minors
Fri: patients.
Sat:
Sun: zero hours per week.

Educational opportunities other than shop floor teaching:

Monday: Grand Round 12.30 – 14.00

Wednesday: 13.00-14.00 FY2 Teaching, with afternoon workshop once a month

On call requirements: A&E shift rota, Frequently
out of hours shifts.

****Rota via Trust Medical Staffing***

Working pattern: Basic
hours only / Full shift / On-call rota (delete as appropriate) **Rota**
Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

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Average Weekly Hours of Work: to insert

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Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

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**Foundation Programme – Year 2 Individual Placement
Descriptor / Trust Work Schedule**

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (or local post number if known)	KSS/RXC02/025/F2/001
Clinical Lead/Rota Co-Ordinator	Mr Mike Wearne traceyhopkins@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 22/KSS/RXC01/F2/020, Rotation 2. 22/KSS/RXC01/F2/033, Rotation 3. 22/KSS/RXC01/F2/019
Placement details (i.e. the specialty and sub-specialty)	Ophthalmology (N/A)
Department	Ophthalmology – 2 Consultants, 1 F2
Clinical supervisor(s) for the placement	Mr M Wearne

Main Duties of the Placement

Outpatients, theatre, Minor ops and intravitreal injections, Eye casualty, fluorescein angiography pre-assessment and management of inpatients.

The F2 doctor is responsible for day to day management of any inpatients and liaising with consultant on call. They will mainly be attending clinics and learning to take history and examine patients with slit lamp. Usually by the end of the first month, we encourage the FY2 doctor to be examining patients and taking history on their own but of course supervised. They also have the opportunity to attend minor operations theatre and injection clinics. We have a detailed and structured teaching programme outlined below which they are expected to attend. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.

Finally we always have plenty of research and audit projects that we encourage our juniors to be involved in and few have managed to present and publish in the past.

The overall educational objectives of the F2 year are:

Take a history and examine a patient

Learn slit lamp examination and fundi check with Volk lens Identify and solve problems

Prescribe safely

Keep an accurate and relevant medical record

Manage time and clinical priorities effectively

Communicate effectively with patients, relative and colleagues

Use evidence, guidelines and audit to benefit patient care

Act in a professional manner at all times

Cope with ethical and legal issues which occur during the management of patients with general medical problems

Educate patients effectively

Take part in audit and research

Become life-long learners and teachers

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays

(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Mondays (8.00 - 9.00 am) (PG) - Curriculum-based teaching & Journal Club (Conquest)

Thursdays (1.00 - 2.00 pm) (PTG) - Problem-based learning session (Conquest)

Fridays (pm) - Postgraduate teaching session at Sussex Eye Hospital, Brighton

Regional Training Days (EDGH & Conquest) Audit meetings (EDGH & Conquest)

Wednesdays (1.00 - 2.00 pm) - Departmental teaching

Tuesdays (8.15 - 9.00 am) Medical Retina & Fluorescein Angiography (EDGH) Tuesdays

(1.00 - 2.00 pm) - Journal Club (EDGH)

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

Mon: Oculoplastic OPD IMW AM,

Bexhill AMD clinic SK PM

1230-1400 Grand Round

Tues: Theatre minor operations Mr Saldana,

FFA and eye casualty PM

Wed: Clinic Mr Saldana AM

1300-1400 F2 Core Mandatory Teaching

Acute AMD fast track clinic SK PM

Thurs: Clinic Glaucoma JHMC
Eye casualty PM

Fri: Clinic IMW General
Brighton teaching PM

Sat: Off

Sun: Off

On call requirements: N/A

****Rota via Trust Medical Staffing***

Working pattern: Basic
hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

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Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

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Average Weekly Hours of Work: to insert

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Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate) Basic
Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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Foundation Programme – Year 2

Individual Placement Descriptor / Trust Work Schedule

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Site	Conquest Hospital (with some time spent at Eastbourne DGH)
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/002/F2/004
Clinical Lead/Rota Co-Ordinator	matthew.clark1@nhs.net oana.muntean@nhs.net
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/034, Rotation 2. 21/KSS/RXC01/F2/021, Rotation 3. 21/KSS/RXC01/F2/022
Placement details (i.e. the specialty and subspecialty)	Paediatrics (N/A)
Department	Paediatrics
Clinical supervisor(s) for the placement	Dr G Gopal / Dr S Mansy
<p>Main Duties of the Placement</p> <p>During the four month placement trainees usually spend approximately a week at Eastbourne DGH covering short stay assessment unit from a Thursday through to a Wednesday. The weekdays are 12 hour shifts and the weekend days (Sat/Sun) are 8 hour shifts. The shifts are 1 in 16. Also rostered to sit in on clinics which can be on either site.</p> <p>Training opportunities in addition to the daily informal teaching include:</p> <p>Morning consultant led handover.</p> <p>Team handover afternoon 4:30 and night team handover 20:30.</p> <p>Consultant/ Registrar lead ward rounds on Kipling or SCBU.</p> <p>Allocation to attend consultant clinics in Paediatric OP for local consultants/ visiting consultants. I have provided them with a list to fill in for their clinic attendance during the 4 month placement.</p> <p>Paediatric radiology meeting.</p> <p>2 hour Wednesday Paediatric teaching/learning which covers topics over a 17-week plan (4 months placement). Opportunities to present cases.</p> <p>Department Audit meeting. Opportunity to present Audit. Monthly Perinatal meetings. Opportunity</p>	

to present cases. Hospital Grand round. Opportunity to present cases in the paediatric hospital grand round.

In addition allowance is made on the rota for the FY2 trainee to attend the foundation training locally.

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Safeguarding Children (case-based discussions) Wednesday am 8:45-10 Education centre Conquest

Diabetes Training (every 4 month rotation with new Paediatrics trainees)

Kawasaki Disease (every 4 month rotation with new Paediatrics trainees) Kipling Seminar Room

Paediatric Endocrinology Consultant from KCL to deliver lunch time lecture (Tuesday) every 3 months

Paediatric Epilepsy clinic on Friday mornings

Radiology teaching (Mondays 1.00 - 2.00 pm via v/c)

Paediatric teaching (Wednesdays 1.00 - 3.00 pm (case-based presentations, Journal Club & teaching)

Clinical case discussion (Thursdays lunchtime)

Peri-natal M&M (Fridays 1.30 - 3.30 pm) Monthly

Paediatric M&M meetings quarterly Wednesdays 2-4pm

Neonatal simulation (usually once per month, variable days)

STRS simulation (2 -5pm - 2 times per year in Education Centre, Conquest)

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

0900-1100 Ward Round

Ward jobs thereafter

The 2 FY2 trainees work in a full shift rota as part of a team of 8 including (2 GP trainees, 2 FY2, 3 ST1 and 1 ST3 paediatrics trainees). The shifts also cover for long days and hand over 8:30 21:00. Nights and weekends as 1:7.

The day time work cover includes inpatients Kipling ward, Kipling ambulatory care, SCBU, delivery suit, maternity theatres, Frank Shaw post natal ward and paediatric resus/ Emergency department. Usually on a weekly bases to offer continuity.

On call requirements: 1 in 7

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<14>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to

be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more

additional pay protection elements so as to maintain your salary at its protected level.

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Foundation Programme – Year 2

Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital

Host organisation if different from above	East Sussex County Council County Hall, Lewes (mostly remote working during COVID)
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/930/F2/001
Clinical Lead/Rota Co-Ordinator	Vicki.Spencer-Hughes@eastsussex.gov.uk
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 22/KSS/RXC01/F2/022, Rotation 2. 22/KSS/RXC01/F2/034, Rotation 3. 22/KSS/RXC01/F2/021
Placement details (i.e. the specialty and sub-specialty)	Public Health Medicine (N/A)
Department	Public Health Department, Lewes (East Sussex County Council)
Clinical supervisor(s) for the placement	Vicki Spencer-Hughes
Main Duties of the Placement <p>During the placement FY2 doctors will gain experience across the three key domains of public health (health improvement, health protection and healthcare public health).</p> <p>The type of work carried out by the FY2 doctor will vary depending on time of year, workloads and programme timetables, as well as the individual interests of the FY2 doctors. Examples of types of work include the following, although this list is not exhaustive:</p> <ul style="list-style-type: none"> • Support to Covid, including taking part in the rota for the Covid Clinical Cell (following training and shadowing) • Support to Covid recovery including Covid one-off spend projects • Audit, including equity audit • Literature and evidence reviews • Evaluations • One-off project work as part of wider public health programmes 	

- Presentation, teaching and training
- Work to address inequalities in health, health improvement and health protection.

They will have the opportunity to work with consultants, health improvement specialists, public health intelligence specialists and other health and social care commissioners from a range of organisations.

Represent public health on multi-agency groups and meetings relating to all areas of public health: health protection, health improvement and health services; undertake audits, evidence reviews and report writing. Liaise with primary and secondary care services on areas such as infection control. May include work on mental health, children's services and disease areas such as cancer. There may be opportunities to attend community clinics.

The placement will include a minimum of two hours per week of Self Development Time. This will include: meetings with the Clinical Supervisor, shared learning sessions with the Speciality Trainee/s in Public Health, time for learning reflection, time to develop an informal teaching session for a Lunch and Learn to deliver to the Public Health team (towards the end of the placement), reflective time and time to complete the required assessments, provision of study time for exams (as required) and time for exploring career opportunities.

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Tuesdays

Foundation Programme Core Topics:

Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Protected teaching at EDGH for FY1/2 and CMT doctors

Medical Team Meeting (with reflective educational component) Friday lunchtime at EDGH

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

Since March 2020 ESCC non-frontline staff have worked from home. A laptop will be provided with access to email, shared files and Microsoft teams for meetings. Attendance at the office is expected on day one in order to receive the laptop and complete the required Information Governance training, and on the final day to return the laptop. It is anticipated that from April 2022, ESCC staff will start to work in a hybrid way, with 1 day / week in the office – day to be agreed with team members.

Typical working is in the public health department undertaking desk-based research and analysis, out in settings doing data collection, and attending and contributing to multi-disciplinary meetings in a range of settings. Working on projects with Public Health England and other health, social

care and community and voluntary sector partners. The primary base is County Hall, Lewes and hours are 09.00-17.00 apart from Wednesdays, which will be based at Eastbourne District General Hospital.

Mon: 0900 – 1700

Tues: 09.00 – 1700 Wed:

09.00 – 1700

1300 - 1400 or 1400-1700 FY2 Core Teaching EDGH and Half Day Attachment (PM)

Thurs: 0900 – 1700

Fri: 0900 – 1700

On call requirements: No out of hours.

****Rota via Trust Medical Staffing***

Working pattern:

Basic

hours only / Full shift /On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to

be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

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Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:
Enhanced pay at 37% rate:
Weekend allowance:
On-call availability supplement :
Flexible Pay Premia
Total pensionable pay: <<insert cash amount>>
Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

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Foundation Programme – Year 2

Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A

Trainee Name and Programme Number	
Educational Supervisor	
Clinical Lead/Rota Co-Ordinator	Mr Gerard Gould kyra.harvey@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Intrepid Post Code (or local post number if Intrepid N/A)	KSS/RXC02/023/F2/001
Programme Codes	Rotation 1. 22/KSS/RXC01/F2/024, Rotation 2. 22/KSS/RXC01/F2/035, Rotation 3. 22/KSS/RXC01/F2/023
Placement details (i.e. the specialty and sub-specialty)	Otolaryngology (N/A) Inpatients Seaford 4. Outpatient Glynde Ward, Theatre & Outpatients at Eastbourne DGH, some possible additional duties/cover required at Conquest Hospital.
Department	ENT; the department consists of Consultants, 2 Associate Specialist. 2 Staff Grades 2 core surgical trainees. 1 Advanced Nurse Practitioner. 1 Nurse Practitioner, 2 x FY2.
Clinical supervisor(s) for the placement	Mr N Violaris, Mr M Al-Hashim
Main Duties of the Placement The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week, and also take responsibility for problems arising in ENT or neonatal patients on ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. Dealing with GP and A&E referrals. This is mainly cauterising/packing epistaxis, micro-	

suctioning etc. The F2 will regularly sit-in on clinics with the Consultants and attend theatre.

The F2 will learn how to manage ENT emergencies, perform microsuction, nasal endoscopy, nasal cautery.

The job is ideal for a candidate who is interested in ENT and very useful for those going into General Practice.

The majority of patients are short stay and therefore there is ample opportunity for the trainee to attend outpatients, theatres and be trained up in interventions.

The overall educational objectives of the F2 year are:

Take a history and examine a patient

Identify and synthesise problems

Prescribe safely

Keep an accurate and relevant medical record

Manage time and clinical priorities effectively

Communicate effectively with patients, relative and colleagues

Use evidence, guidelines and audit to benefit patient care

Act in a professional manner at all times

Cope with ethical and legal issues which occur during the management of patients with general medical problems

Educate patients effectively

Become life-long learners and teachers

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays

(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Thursday 09:00 am ENT Teaching (Mr Violaris)

Journal Club meetings (sporadically)

Teaching in OPD and on ward rounds

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement *(e.g. ward rounds, clinics, theatre sessions)*

Mon: 0900 AM Consultant clinic.
1400 – 1700 PM On-call.

1230 – 1400 Grand Round

Tues: 0900 – 1230 AM Theatre. PM on call.

Wed: 0900 – 1230 AM On call,

1330 – 1700 PM Clinic.

1300 – 1400 F2 Teaching every

Wednesday lunchtime

Thurs: 0900 – 1230 AM Theatre. PM on call.

1200 - ENT Teaching (Mr Violaris)

Fri: 0900 – 12.30 AM Clinic. PM on call.

On call requirements: Yes

Rolling rota for Hospital at Night - Full shifts 1:13 late day (0800 – 2030), 1:13 weekends (0800 – 2030 or 0800 – 1600), 1:13 night shifts (2000 – 0830).

On call hours are: Monday to Friday 0800-2030 or 1400-2200. Nights are: 2000-0830 x 2
Weekend shifts are: 0800-2030 x 2

The Hospital @ Night Rota is made with juniors from ENT, Urology & Orthopaedics.

W k	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	Stnd Day 08001700	Stnd Day 08001700	Stnd Day 08001700	Stnd Day 08001700	Zero Hours	Weekend 08001600	Weekend 08001600
2	Long day 08002030	Long day 08002030	Zero Hours	Stnd Day 08001700	Stnd Day 08001700		
3	Night shift 20000830	Night shift 20000830	Night shift 20000830	Night shift 20000830	Zero Hours		
4	Stnd Day 08001700	Stnd Day 08001700	Long day 08002030	Long day 08002030	Zero Hours		
5	Stnd Day 08001700	Stnd Day 08001700	Stnd Day 08001700	Zero Hours	Night shift 20000830	Night shift 20000830	Night shift 20000830
6	Zero Hours	Zero Hours	Stnd Day 08001700	Stnd Day 08001700	Stnd Day 08001700		
7	Stnd Day 08001700	Stnd Day 08001700	Stnd Day 08001700	Zero Hours	Long day 08002030	Long day 08002030	Long day 08002030
8	Zero Hours	Stnd Day 08001700	Stnd Day 08001700	Stnd Day 08001700	Stnd Day 08001700		
9	Night shift 20000830	Night shift 20000830	Night shift 20000830	Night shift 20000830	Zero Hours		
10	Stnd Day 08001700	Stnd Day 08001700	Stnd Day 08001700	Stnd Day 08001700	Stnd Day 08001700		
11	Stnd Day 08001700	Stnd Day 08001700	Stnd Day 08001700	Zero Hours	Night shift 20000830	Night shift 20000830	Night shift 20000830
12	Zero Hours	Zero Hours	Stnd Day 08001700	Stnd Day 08001700	Stnd Day 08001700		
13	Stnd Day 08001700	Stnd Day 08001700	Stnd Day 08001700	Stnd Day 08001700	Stnd Day 08001700		

***Rota via Trust Medical Staffing**

Working pattern:

Basic

hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and

includes:
Normal days

Long days

Night shifts
Weekend shifts

On-call duties
(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to
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Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

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Average weekly hours attracting a 37% enhancement:

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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Brighton & Sussex Medical School, from Kings and elsewhere, and encourage you to develop your teaching skills.

Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital (with some time spent at Eastbourne DGH)
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/002/F2/005
Clinical Lead/Rota Co-Ordinator	Dr Matthew Clark matthew.clark1@nhs.net
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by the organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/036, Rotation 2. 21/KSS/RXC01/F2/043, Rotation 3. 21/KSS/RXC01/F2/025
Placement details (i.e. the specialty and subspecialty)	Paediatrics (N/A)
Department	Paediatrics
Clinical supervisor(s) for the placement	Dr G Gopal / Dr S Mansy
Main Duties of the Placement During the four month placement trainees usually spend approximately a week at Eastbourne DGH covering short stay assessment unit from a Thursday through to a Wednesday. The weekdays are 10 hour shifts and the weekend days (Sat/Sun) are 8 hour shifts. The shifts are 1 in 16. Also rostered to sit in on clinics which can be on either site. Training opportunities in addition to the daily informal teaching include: Morning consultant led handover. Team handover afternoon 16:00 and night team handover 20:30. Consultant/ Registrar lead ward rounds on Kipling or SCBU. Allocation to attend consultant clinics in Paediatric OP for local consultants/ visiting consultants. I have provided them with a list to fill in for their clinic attendance during the 4 month placement. Paediatric radiology meeting.	

Foundation Programme – Year 2

Individual Placement Descriptor 9(IPD)/ Trust Work Schedule

2 hour Wednesday Paediatric Consultant Handover

Tuesday 2 hours teaching/learning which covers topics over a 17-week plan (4 months placement). Opportunities to present cases.

Department Audit meeting. Opportunity to present Audit. Monthly Perinatal meetings, Opportunity to present cases. Paediatric M&M meeting, Opportunity to present cases. Hospital Grand round. Opportunity to present cases in the paediatric hospital grand round. In addition allowance is made on the rota for the FY2 trainee to attend the foundation training locally.

Teaching Opportunities - Mandatory

Hospital Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays

(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Mandatory FY2 teaching takes place every Thursday, 14:00 – 15:00H at the Conquest Hospital and every Wednesday, 13:00H – 14:00H at Eastbourne DGH (monthly workshops 14:00H – 17:00H). (FY2s will attend the site nearest to them).

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Safeguarding Children (case-based discussions) Wednesday am 08:45H-10:00H Education Centre, Conquest

Diabetes Training (every 4 month rotation with new Paediatrics trainees)

Kawasaki Disease (every 4 month rotation with new Paediatrics trainees) Kipling Seminar Room

Paediatric Endocrinology Consultant from KCL to deliver lunch time lecture (Tuesday) every 3 months

Paediatric Epilepsy clinic on Friday mornings

Radiology teaching (Mondays 13:00H-14:00H)

Paediatric Grand round (Wednesdays 13:00H – 15:00H)

Paediatric teaching Tuesdays 13:00H – 15:00H (case-based presentations, Journal Club & consultant teaching)

Clinical case discussion (Thursdays lunchtime)

Peri-natal M&M (Fridays 13:30H – 15:30H), Monthly

Paediatric M&M meetings quarterly Wednesdays 14:00H-16:00H

Neonatal simulation (usually once per month, variable days)

STRS simulation (14:00H-17:00H - 2 times per year in Education Centre, Conquest):

Discontinued since Covid

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

0900-1100 Ward Round

Ward jobs thereafter

The 2 FY2 trainees work in a full shift rota as part of a team of 7 including (2 GP trainees, 2 FY2, 3 ST1 paediatrics trainees and 3 ANPs). The shifts also cover for long days and hand over 8:30H21:00H. Nights and weekends as 1:7.

The day time work cover includes inpatients in Kipling ward, Kipling ambulatory care, SCBU, delivery suite, maternity theatres, Frank Shaw post-natal ward and paediatric resus/ Emergency department. Usually on a weekly bases to offer continuity.

On call requirements: 1 in 7 ***Rota**

via Trust Medical Staffing

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of 14 weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to

be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):
Pay for additional hours above 40:
Enhanced pay at 37% rate:
Weekend allowance:
On-call availability supplement :
Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>
Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

About the Trust - Local education provider (LEP) / employer information

We provide acute hospital and community health services for people living in East Sussex and surrounding areas.

As a new doctor in training to the trust, you will have a formal initial Induction which will include a trust corporate induction hosted by your dedicated medical education team, a local induction organised by your specialty and a number of mandatory e-learning modules to be completed via ESR. Information about your mandatory e-learning requirements and further Induction information can be found on our medical education webpages at <https://www.esht.nhs.uk/medical-education/> **the password for the induction page is ESHT1066.** A formal invitation to Induction will be sent to you via email approximately 6 weeks prior to your commencement at the trust.

Our services are mainly provided from two district general hospitals, Conquest Hospital and Eastbourne DGH both of which have Emergency Departments and provide care 24 hours a day. They offer a comprehensive range of surgical, medical and maternity services supported by a full range of diagnostic and therapy services.

At Bexhill Hospital we provide outpatients, ophthalmology, rehabilitation and intermediate care services. At Rye, Winchelsea and District Memorial Hospital we provide Outpatient and inpatient intermediate care services. At Firwood House we jointly provide, with Adult Social Care, inpatient intermediate care services. We also provide some services at Uckfield Community Hospital and Lewes Victoria Hospital. Our community staff also provide care in the patient's own home and from a number of clinics and health centres and GP surgeries.

The role of East Sussex Healthcare NHS Trust is to provide the best possible healthcare service to patients, who come first in everything the organisation does. Medical Education work closely with our colleagues in the community, such as local GP practices, our two local Hospices, Psychiatry and Public Health - which has led to great collaborations for the benefit of our trainee placements.

There are some 525,000 people who live in East Sussex and the Trust is one of the largest organisations in the county. We employ over 6,000 dedicated staff with an annual turnover of £365

million.

There is a combination of urban and rural development with areas of outstanding natural beauty and of considerable historic interest. There are excellent recreational and sporting facilities in the area and good rail links to London and Brighton, and to Europe via the Channel Tunnel and Eurostar. The Trust is keen to develop its staff and postgraduate medical and nurse training takes place on both the main sites. We have medical students from Brighton & Sussex Medical School, from Kings and elsewhere, and encourage you to develop your teaching skills.

Foundation Programme – Year 2 Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	St Wilfrid's Hospice, 1 Broadwater Way, Eastbourne
Host organisation if different from above	Eastbourne District General Hospital
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/094/F2/001 (G81670)

Clinical Lead/Rota Co-Ordinator	Angela.burton@stwhospice.org
Name of Guardian of Safe Working Hours	<i>Waleed Yousef</i> esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 22/KSS/RXC01/F2/026, Rotation 2. 22/KSS/RXC01/F2/027, Rotation 3. 22/KSS/RXC01/F2/038
Placement details (i.e. the specialty and sub-specialty)	Palliative Medicine St Wilfrid's Hospice, Eastbourne
Department	Palliative Medicine
Clinical supervisor(s) for the placement	Dr Louise Free (named supervisor) Dr David Barclay Dr Charlotte Harrison Dr David Matthews Dr Farida Malik
Main Duties of the Placement <p>Twice weekly consultant led multi-disciplinary ward round and supervision available at all times in general ward duties (admitting patients, assessing symptoms and updating management plans and actively being involved in communication with patients, families and professionals).</p> <p>The F2 doctor is responsible with other members of clinical staff for the in-patient care of patients and communication of care including the maintenance of the patient's electronic record and communicating with external professionals where indicated.</p> <p>There will be opportunity to work with the consultants or specialty doctors in outpatients' clinics or in patient's homes depending on individual development needs. There are many learning opportunities in this post both informally and formally and there is an expectation that the trainee attends all F2 teaching at Eastbourne DGH as cover is arranged.</p> <p>The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances. Managing symptoms e.g. nausea, vomiting, pain, breathlessness and anxiety. Assessing and managing non-physical aspects of illness – psycho-social and spiritual. Improved communication skills e.g. breaking bad news. Working within multi-professional team. Opportunities to develop skills in advance care planning with patients.</p> <p>The overall educational objectives of the F2 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and synthesise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence, guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers 	

The clinical supervisors are happy to explore specific objectives based on individual trainee's needs. A total of 2 hours per week personal development time will be incorporated into the trainee's timetable following discussion with each individual. There may be flexibility on when this can be taken (e.g. 2hrs each week, or 4hrs each fortnight) depending on the individual needs of the trainee. The Hospice as a voluntary organisation uses volunteers including a young clinical volunteer programme aimed at pre university young people looking for experience, the FY2 can take an active role in the support and mentoring of this group if of interest to the FY2.

For more information about St Wilfrid's Hospice please see <https://www.stwhospice.org/>

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

The Hospice provides specific tutorial programme in house which is shared with St Michael's Hospice and delivered weekly on Microsoft Teams.

St Wilfrid's Hospice Medical Team Meeting (with reflective educational component) is held monthly.

There is a joint doctors meeting between four Hospices in East Sussex quarterly which the FY2 doctor may get an opportunity to attend.

Other multi-professional training events throughout year.

Hospice based trainees will have ½ day with Hospital SPCT as part of their training.

10 Schwartz rounds a year in Hospice which F2 doctors are actively encouraged to attend (attendance certificate for portfolio available).

Typical working pattern in this placement

Mon: Ward duties (AM&PM)
1300-1400 Teams Trainee Tutorial or Grand Round (at DGH)

Tues: Formal MDT Ward Round;
1400-1500 IPU MDT meeting, followed by ward duties

Wed: Ward or shadow EDGH Supportive & Palliative Care Team
PM – core teaching / personal study / quality improvement
(1300-1400 or 1400-1700 F2 Core Teaching)

Thurs: Ward duties (am and pm); Day off prior to weekend on call (actual day can be negotiated to suit individual).

Fri: Formal MDT ward round or opportunity to shadow community team (am); ward duties (pm)

On call requirements: 1 night a week non-resident on call (low intensity). 1 weekend in 4 (4 weekends on call in any four month rotation), non-resident on call from Friday 1700 with expected

attendance on both Saturday and Sunday to review any complex problem or admit patient (average one admission per weekend).

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

About the Trust - Local education provider (LEP) / employer information

We provide acute hospital and community health services for people living in East Sussex and surrounding areas.

As a new doctor in training to the trust, you will have a formal initial Induction which will include a trust corporate induction hosted by your dedicated medical education team, a local induction organised by your specialty and a number of mandatory e-learning modules to be completed via ESR. Information

about your mandatory e-learning requirements and further Induction information can be found on our medical education webpages at <https://www.esht.nhs.uk/medical-education/> **the password for the induction page is ESHT1066.** A formal invitation to Induction will be sent to you via email approximately 6 weeks prior to your commencement at the trust.

Our services are mainly provided from two district general hospitals, Conquest Hospital and Eastbourne DGH both of which have Emergency Departments and provide care 24 hours a day. They offer a comprehensive range of surgical, medical and maternity services supported by a full range of diagnostic and therapy services.

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There are some 525,000 people who live in East Sussex and the Trust is one of the largest organisations in the county. We employ over 6,000 dedicated staff with an annual turnover of £365 million.

There is a combination of urban and rural development with areas of outstanding natural beauty and of considerable historic interest. There are excellent recreational and sporting facilities in the area and good rail links to London and Brighton, and to Europe via the Channel Tunnel and Eurostar. The Trust is keen to develop its staff and postgraduate medical and nurse training takes place on both the main sites. We have medical students from Brighton & Sussex Medical School, from Kings and elsewhere, and encourage you to develop your teaching skills.

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/027/F2/001
Clinical Lead/Rota Co-Ordinator	Clinical Lead Mr S Mackie Rota Co-Ordinator Kyra Harvey - kyra.harvey@nhs.net
Name of Guardian of Safe Working Hours	<i>Waleed Yousef</i> esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 22/KSS/RXC01/F2/028, Rotation 2. 22/KSS/RXC01/F2/036, Rotation 3. 22/KSS/RXC01/F2/039
Placement details (i.e. the specialty and sub-specialty)	Urology
Department	Hailsham 4 – 10 Consultants, 2 Associate Specialists, 3 Specialty Doctors, 3 Specialist Trainee Registrars. 1 Core Trainee, 1 LAS Core Trainee, 2 FY2, 3 LAS FY2.
Clinical supervisor(s) for the placement	Mr S Mackie / Mr G Watson

Main Duties of the Placement

The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.

The overall educational objectives of the F2 year are:

- Take a history and examine a patient
- Identify and prioritise problems
- Prescribe safely
- Keep an accurate and relevant medical record

Foundation Programme – Year 2 Individual Placement Descriptor / Trust Work

Schedule

- Manage time and clinical priorities effectively
- Communicate effectively with patients, relative and colleagues
- Use evidence-based guidelines and audit to benefit patient care
- Act in a professional manner at all times
- Cope with ethical and legal issues which occur during the management of patients with general medical problems
- Educate patients effectively
- Become life-long learners and teachers

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm
(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Tuesdays

Foundation Programme Core Topics:

Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Female Urology MDT course

Broad Range Urology course

Departmental half teaching days

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

One training session per week, either a morning or afternoon.

Miss Tang normally has daily training in her office at lunchtimes and there is a Urology teaching session once every 6 weeks and Clinical Governance once every 6 weeks.

Hospital at Night Rota is 1:14

Shifts are:

Standard Day – 08:00 – 17:00 (own Speciality)

Evening Shift – 12.30 – 20.30 (on call from 1630)

Long Day – 08.00 – 20.30 (on call from 1630)

Night Shift – 20.00 – 08.30 (Surgical)

Out of hour cover is a shift pattern and is shared workload between the two colleagues on call.

Specialties the hospital at night team cover are Urology, ENT, Orthopaedics, Breast, General Surgery and Gynaecology.

The Consultant & Registrars for all of the above specialties are non-resident on call; however there is a General Surgery Resident on call Registrar.

***Rota via Trust Medical Staffing**

Working pattern: Basic
hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to

be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

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Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

About the Trust - Local education provider (LEP) / employer information

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Trust	East Sussex Healthcare NHS Trust
Site	Sussex Partnership NHS Foundation Trust
Host organisation if different from above	Eastbourne District General Hospital
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RX2H1/052/F2/001
Medical Education Contacts Rota Co-Ordinator	dionne.paterson@spft.nhs.uk maria.mckenna@spft.nhs.uk carl.sullivan@spft.nhs.uk
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 22/KSS/RXC01/F2/039, Rotation 2. 22/KSS/RXC01/F2/028, Rotation 3. 22/KSS/RXC01/F2/029
Placement details (i.e. the specialty and sub-specialty)	General Psychiatry Millwood, Uckfield Community Hospital, Framfield Rd, Uckfield, East Sussex, TN22 5AW.
Department	Assessment and Treatment Services
Clinical supervisor(s) for the placement	Dr Stavros Bekas, Consultant Psychiatrist
Main Duties of the Placement <p>The trainee will be given Trust and Local inductions and after a period of shadowing with other members of the team, will be given the opportunities to work with mentally disordered individuals of working age (18-70) including outpatients clinics, crisis assessments, home visits, mental health act assessments and liaising with GPs under the supervision of a consultant psychiatrist. There will be weekly supervision from the consultant and attendance to the local academic meetings will be required with a possibility of giving presentations. Appropriate allowances for attending foundation year training and special interests will be made on an individual basis.</p> <p>This is an exciting opportunity to join a busy multidisciplinary team working with the full gamut of mental health problems, primarily in the community. You will join a team of Community Psychiatric nurses, Occupational Therapists, Psychologists, Support Workers, Administration Staff and Doctors.</p>	

Foundation Programme – Year 2 Individual Placement Descriptor / Trust Work

Schedule

This new post is part of the recent expansion of the Foundation Programme with the addition of extra opportunities for community, integrated and psychiatric experience. As a result, it is designed to allow the trainee to follow the patient through their whole care pathway, from Primary Care referral, first assessment, follow up in the community, admission in Mental Health Unit or care under Crisis Team to the point of transfer back to Primary Care, and have opportunities to liaise with or shadow non-NHS agency involvement, e.g. Social Services, Third Sector and Accommodation Providers.

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays

(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

SPT Wednesday Academic Programme – Foundation doctors are expected to present a case or critical appraisal to at least one meeting in their rotation' in Psychiatry

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

	Monday [Uckfield]	Tuesday [Hellingly]	Wednesday [Hellingly]	Thursday [Uckfield]	Friday [Uckfield]
a.m.	Outpatient Clinic	Outpatient Clinic	Outpatient Clinic Supervision	MDT meeting	Outpatient Clinic

p.m.	Outpatient Clinic Audit, research, governance	Outpatient Clinic	Eastbourne ESHT Core Teaching/ SPFT Academic meeting ESHT A&E session (discretionary)	Outpatient Clinic	Outpatient Clinic
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TRANSPORT IS ESSENTIAL - This post requires trainees to participate in an on call rota between Hastings and Eastbourne so having your own transport is essential.

All FY2s in Psychiatry placements spend a day per week in the A&E department at the Conquest Hospital or half day at the EDGH in ITU, MAU or A&E.

****Rota via Trust Medical Staffing***

Working pattern: Basic
hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to

be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

About the Trust - Local education provider (LEP) / employer information

Sussex Partnership NHS Foundation Trust consists of some 5,000 passionate and dedicated clinicians and support staff, working hand in hand with partners in the community to care for and support vulnerable people. Together, we provide mental health, learning disability, substance misuse and prison healthcare throughout Sussex, along with a range of specialist services across the South East of England and beyond. We are one of the largest mental health trusts in the country. As a teaching trust of Brighton and Sussex Medical School we have a national reputation for leading-edge research. During 2013-2014 our research activity generated £1.6m million income. We're now one of the most influential, effective and well-respected mental health trusts in the country and, as a teaching trust of Brighton and Sussex Medical School; we're developing a national reputation for leading-edge research. We started as Sussex Partnership NHS Trust in April 2006 and became a Foundation Trust with teaching status in August 2008.

This posts' catchment area is most of the **Wealden District of East Sussex County**, a mixture of rural and semi-rural, small communities totalling about 155,000 inhabitants. Wealden District has some of the most beautiful countryside in the country; covers the uplands of the High Weald, the eastern part of the South Downs, the Vale of Sussex, and the Rivers Ouse, Cuckmere and Uck. The largest towns are Crowborough (20,000), Uckfield (20,000), Hailsham (20,000), Heathfield (12,000).

We provide acute hospital and community health services for people living in East Sussex and surrounding areas.

As a new doctor in training to the trust, you will have a formal initial Induction which will include a trust corporate induction hosted by your dedicated medical education team, a local induction organised by your specialty and a number of mandatory e-learning modules to be completed via ESR. Information about your mandatory e-learning requirements and further Induction information can be found on our medical education webpages at <https://www.esht.nhs.uk/medicaleducation/> **the password for the induction page is ESHT1066**. A formal invitation to Induction will be sent to you via email approximately 6 weeks prior to your commencement at the trust.

Our services are mainly provided from two district general hospitals, Conquest Hospital and Eastbourne DGH both of which have Emergency Departments and provide care 24 hours a day. They offer a comprehensive range of surgical, medical and maternity services supported by a full range of diagnostic and therapy services.

At Bexhill Hospital we provide outpatients, ophthalmology, rehabilitation and intermediate care services. At Rye, Winchelsea and District Memorial Hospital we provide Outpatient and inpatient intermediate care services. At Firwood House we jointly provide, with Adult Social Care, inpatient intermediate care services. We also provide some services at Uckfield Community Hospital and Lewes Victoria Hospital. Our community staff also provide care in the patient's own home and from a number of clinics and health centres and GP surgeries.

The role of East Sussex Healthcare NHS Trust is to provide the best possible healthcare service to patients, who come first in everything the organisation does. Medical Education work closely with

our colleagues in the community, such as local GP practices, our two local Hospices, Psychiatry and Public Health - which has led to great collaborations for the benefit of our trainee placements.

There are some 547,000 people who live in East Sussex and the Trust is one of the largest organisations in the county. We employ over 6,000 dedicated staff with an annual turnover of £365 million.

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/001/F2/001
Clinical Lead/Rota Co-Ordinator	agnescurtis@nhs.net CQ paula.bradbury1@nhs.net EDGH
Name of Guardian of Safe Working Hours	<i>Waleed Yousef</i> esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 22/KSS/RXC01/F2/029, Rotation 2. 22/KSS/RXC01/F2/039, Rotation 3. 22/KSS/RXC01/F2/028
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine Gastroenterology
Department	3 Consultants, 2 CT1, 1 F2 and 1 F1, 1 GPVTS
Clinical supervisor(s) for the placement	Dr D Neal / Dr A Jeevagan

Main Duties for the Placement

The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will be expected to attend outpatient clinics and endoscopy sessions to experience some of the secondary care procedures and clinical cases that we deal with. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.

The overall educational objectives of the F2 year are:

- Take a history and examine a patient
- Identify and synthesise problems
- Prescribe safely
- Keep an accurate and relevant medical record
- Manage time and clinical priorities effectively
- Communicate effectively with patients, relative and colleagues

There is a combination of urban and rural development with areas of outstanding natural beauty and of considerable historic interest. There are excellent recreational and sporting facilities in the area and good rail links to London and Brighton, and to Europe via the Channel Tunnel and Eurostar. The Trust is keen to develop its staff and postgraduate medical and nurse training takes place on both the main sites. We have medical students from Brighton & Sussex Medical School, from Kings and elsewhere, and encourage you to develop your teaching skills.

Foundation Programme – Year 2 Individual Placement Descriptor / Trust Work

Schedule

- Use evidence, guidelines and audit to benefit patient care
- Act in a professional manner at all times
- Cope with ethical and legal issues which occur during the management of patients with general medical problems
- Educate patients effectively
- Become life-long learners and teachers

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays

(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 25pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Educational Session 0845-0930 at the DGH on Thursday mornings. It is expected that the FY2 attends at least 1-2 clinics during their GI placement

Journal Club Thursdays 1.00 - 2.00 pm (Conquest)

X-Ray Meeting Wednesdays 1.00 - 2.00 pm and Thursdays 9.00 - 10.00 am (Conquest)

Self-Development Time - FY2 doctors should have two hours per week of nonclinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

Mon: AM Ward Round, ward work

1230 – 1400 Grand Round

Tues: AM Ward Round, ward work

Wed: AM Ward Round, ward work

1300 – 1400 F2 Teaching every

Wednesday lunchtime

MDT Meeting

Thurs: AM Ward Round, ward work

Fri: AM Ward Round, ward work

On call requirements: as per rota

Educational experience available:

ERCP Monday morning

Multiple Consultant clinics available through the week

***Rota via Trust Medical Staffing**

Working pattern:

Basic

hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes: Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>> The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to

transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

About the Trust - Local education provider (LEP) / employer information

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Foundation Programme – Year 2 Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A

Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/027/F2/001
Clinical Lead/Rota Co-Ordinator	Clinical Lead Mr S Mackie Rota Co-Ordinator Kyra Harvey - kyra.harvey@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 22/KSS/RXC01/F2/028, Rotation 2. 22/KSS/RXC01/F2/036, Rotation 3. 22/KSS/RXC01/F2/039
Placement details (i.e. the specialty and sub-specialty)	Urology
Department	Hailsham 4 – 10 Consultants, 2 Associate Specialists, 3 Specialty Doctors, 3 Specialist Trainee Registrars. 1 Core Trainee, 1 LAS Core Trainee, 2 FY2, 3 LAS FY2.
Clinical supervisor(s) for the placement	Mr S Mackie / Mr G Watson
Main Duties of the Placement <p>The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>The overall educational objectives of the F2 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relative and colleagues Use evidence-based guidelines and audit to benefit patient care Act in a professional manner at all times Cope with ethical and legal issues which occur during the management of patients with general medical problems Educate patients effectively Become life-long learners and teachers 	
Teaching Opportunities - Mandatory <p>Grand Round: Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm</p>	
Foundation Programme Core Topics: <p>Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)</p>	

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Female Urology MDT course

Broad Range Urology course

Departmental half teaching days

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

One training session per week, either a morning or afternoon.

Miss Tang normally has daily training in her office at lunchtimes and there is a Urology teaching session once every 6 weeks and Clinical Governance once every 6 weeks.

Hospital at Night Rota is 1:14

Shifts are:

Standard Day – 08:00 – 17:00 (own Speciality)

Evening Shift – 12.30 – 20.30 (on call from 1630)

Long Day – 08.00 – 20.30 (on call from 1630)

Night Shift – 20.00 – 08.30 (Surgical)

Out of hour cover is a shift pattern and is shared workload between the two colleagues on call. Specialties the hospital at night team cover are Urology, ENT, Orthopaedics, Breast, General Surgery and Gynaecology.

The Consultant & Registrars for all of the above specialties are non-resident on call; however there is a General Surgery Resident on call Registrar.

***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift / On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

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The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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Foundation Programme – Year 2
Individual Placement Descriptor / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/027/F2/001
Clinical Lead/Rota Co-Ordinator	Clinical Lead Mr S Mackie Rota Co-Ordinator Kyra Harvey - kyra.harvey@nhs.net
Name of Guardian of Safe Working Hours	Waleed Yousef esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Intrepid Post Code (or local post number if Intrepid N/A)	
Programme Codes	Rotation 1. 22/KSS/RXC01/F2/028, Rotation 2. 22/KSS/RXC01/F2/036, Rotation 3. 22/KSS/RXC01/F2/039
Placement details (i.e. the specialty and sub-specialty)	Urology
Department	Hailsham 4 – 10 Consultants, 2 Associate Specialists, 3 Specialty Doctors, 3 Specialist Trainee Registrars. 1 Core Trainee, 1 LAS Core Trainee, 2 FY2, 3 LAS FY2.
Clinical supervisor(s) for the placement	Mr G Watson / Mr S Mackie
Main Duties of the Placement <p>The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including performing other duties in occasional emergencies and unforeseen circumstances.</p> <p>The overall educational objectives of the F2 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and prioritise problems Prescribe safely Keep an accurate and relevant medical record 	

Manage time and clinical priorities effectively
Communicate effectively with patients, relative and colleagues
Use evidence-based guidelines and audit to benefit patient care
Act in a professional manner at all times
Cope with ethical and legal issues which occur during the management of patients with general medical problems
Educate patients effectively
Become life-long learners and teachers

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Female Urology MDT course

Broad Range Urology course

Departmental half teaching days

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

One training session per week, either a morning or afternoon.

Miss Tang normally has daily training in her office at lunchtimes and there is a Urology teaching session once every 6 weeks and Clinical Governance once every 6 weeks.

Hospital at Night Rota is 1:14

Shifts are:

Standard Day – 08:00 – 17:00 (own Speciality)

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***Rota via Trust Medical Staffing**

Working pattern:

Basic hours only / Full shift /On-call rota (delete as appropriate)

Rota Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document

to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>>

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Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level.

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Trust	East Sussex Healthcare NHS Trust
Site	Eastbourne District General Hospital
Host organisation if different from above	N/A

Trainee Name and Programme Number	
Training Information System (TIS) Post Code (and local post number if known)	KSS/RXC02/001/F2/002
Rota Co-Ordinator	Paula.bradbury1@nhs.net
Name of Guardian of Safe Working Hours	<i>Waleed Yousef</i> esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception Reporting	Trainees on this programme will be registered onto the exception reporting system used by this organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 22/KSS/RXC01/F2/041, Rotation 2. 22/KSS/RXC01/F2/030, Rotation 3. 22/KSS/RXC01/F2/040
Placement details (i.e. the specialty and sub-specialty)	General (Internal) Medicine (Geriatric Medicine / Frailty and Complex Care)
Department	Care of the Elderly – 5 Consultants, 4 Registrars, 8 Junior Doctors (IMT/GPST/FY2), 4 FY1.
Clinical supervisor(s) for the placement	Dr A Nahhas / Dr M Fonseka / Dr R Nahas / Dr H Alexander / Dr D Budihal
Main Duties of the Placement <p>The FY2 doctor is responsible with other staff for the ward care of inpatients and the maintenance of their patient's medical record. This duty will include regular ward rounds and attending daily MDT meetings. They will have the opportunity to work with the consultants in outpatients' clinics throughout the week. They are expected to attend the structured teaching programmes provided by the department.</p> <p>The overall educational objectives of the F2 year are:</p> <ul style="list-style-type: none"> Take a history and examine a patient Identify and create a problem list Prescribe safely Keep an accurate and relevant medical record Manage time and clinical priorities effectively Communicate effectively with patients, relatives and colleagues 	

Foundation Programme – Year 2 Individual Placement Descriptor / Trust Work Schedule

Contribute to the daily MDT meetings
Use evidence, guidelines and audit to benefit patient care
Act in a professional manner at all times
Cope with ethical and legal issues which occur during the management of patients with general medical problems
Educate patients effectively
Become life-long learners and teachers
Contribute to the Care of the Elderly Tutorials and Mortality Meetings

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays (1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Care of the Elderly Department Educational meetings and Mortality meetings:

Tuesdays (1.00-2.00pm) at Eastbourne – Lunch at 12.30pm

Foundation Programme Core Topics:

Mandatory FY2 Core teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Local Training Days including Simulation Training

IMT Training

Self-Development Time - FY2 doctors should have two hours per week of non - clinical professional self-development time. This will include time for preparing for specialty applications as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

Daily Ward Round

Mon: Ward round, MDT meeting, Grand Round
1230 – 1400 then ward Work

Tues: Ward round, MDT meeting, Teaching in Care
of Elderly Journal Club 1230 – 1400 then
Ward Work

Wed: Ward round, MDT meeting,
1300-1400 F2 Core Teaching then Ward Work

Thurs: Ward Round, MDT meeting then Ward Work

Fri: Ward Round, MDT meeting then Ward Work

Opportunities to work with the consultant in Geriatric Medicine outpatient clinics throughout the week (timetable to be distributed on arrival).

On call requirements as below.

***Rota via Trust Medical Staffing**

Working pattern: Basic
hours only / Full shift / On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes: Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

A copy of your rota template is attached to the end of this document to be appended

Average Weekly Hours of Work: to insert

Your contract is a full-time / less-than-full-time (delete as appropriate) contract for <<Insert number up to a maximum of 40>> hours

You will in addition be contracted for an additional <<insert number up to a maximum of 8>> hours, making for total contracted hours of <<insert sum of the above two figures>> The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

Note: these figures are the *average weekly hours*, based on the length of your rota cycle, as required by Schedule 2 of the Terms and Conditions of Service. These may not represent your actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

*Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be

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Trust	East Sussex Healthcare NHS Trust
Site	Conquest Hospital
Host organisation if different from above	N/A
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/024/F2/003
Clinical Lead/Rota Co-Ordinator	mieke.henderson1@nhs.net
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by the organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/040, Rotation 2. 21/KSS/RXC01/F2/041, Rotation 3. 21/KSS/RXC01/F2/030
Placement details (i.e. the specialty and subspecialty)	Trauma and Orthopaedic Surgery (N/A)
Department	13 Orthopaedic Consultants 10 Registrars 2 Associate Specialists 9 FY2/CT/SHOs 2 Orthogeriatric Consultants 4 FY1 1 FY2/CT/SHO
Clinical supervisor(s) for the placement	Mr G Selmon
Main Duties of the Placement SHO led daily ward round and jobs generated. On calls (day/ night/ weekend): clerking all new patients admitted and ward review, GP referrals. Assisting in theatre if required. Part of the team of doctors present at trauma calls The F2 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. They will have opportunity to work with the consultants in outpatients' clinics for at least one day each week, and also take responsibility for problems arising on ward. They are expected to attend the structured teaching programmes provided by the department. The doctor will be responsible for such other specific clinical duties as allocated by consultants including	

Foundation Programme – Year 2

Individual Placement Descriptor (IPD) / Trust Work Schedule

performing other duties in occasional emergencies and unforeseen circumstances.

Clerking patients, assisting in theatre, plastering, suturing, ward reviews.

The overall educational objectives of the F2 year are:

Take a history and examine a patient

Identify and synthesise problems

Prescribe safely

Keep an accurate and relevant medical record

Manage time and clinical priorities effectively

Communicate effectively with patients, relative and colleagues

Use evidence, guidelines and audit to benefit patient care

Act in a professional manner at all times

Cope with ethical and legal issues which occur during the management of patients with general medical problems

Educate patients effectively

Become life-long learners and teachers

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays

(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

Mandatory FY2 teaching takes place every Thursday, 2.00 – 3.00 pm at the Conquest Hospital and every Wednesday, 1.00 – 2.00 pm at Eastbourne DGH (monthly workshops 2-5pm). (FY2s will attend the site nearest to them)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

Alternating Journal Club or Clinical Meeting (1st Monday of each month, 6.00 - 8.00 pm)

Oscillates EDGH & Conquest

In-house Clinical Meeting (3rd Monday of each month, 6.30 - 8.00 pm at Conquest)

Spine MDT Meeting (monthly) in Radiology Department

Trauma Meeting (daily/1 hour)

Self-Development Time - FY2 doctors should have two hours per week of non-clinical professional self-development time. This will include time for preparing for specialty application as well as developing skills in quality improvement, teaching and leadership.

Typical working pattern in this placement (*e.g. ward rounds, clinics, theatre sessions*)

Daily:

Trauma meeting at 8am

SHO led WR of patients under particular consultant and to complete jobs generated during the ward round.

Leave at 5pm.

To assist in theatre if required

Tues: 1245-1400 Grand Round

Mon: 14.00-15.00 Foundation Teaching

Thursday: Lunch time Trauma Teaching

One half day/ week

Note: FY1 available to help but shared between 3 consultants.

On call requirements:

To clerk (History + Examination) all new patients admitted to A&E plus all GP referrals and prepare any patients needing theatre. To book patients for theatre.

Ward reviews and jobs as indicated.

Assist in theatre if required/ if have time

Full shift 1:9 late day, 1:9 weekends, 1:9 split nights Note:

zero hour day's allocated if working on calls

****Rota via Trust Medical Staffing***

Working pattern:

Basic

hours only / Full shift /On-call rota (delete as appropriate) **Rota**

Template:

Your working pattern is arranged across a rota cycle of <<insert number>> weeks, and includes:

Normal days

Long days

Night shifts

Weekend shifts

On-call duties

(Delete any that do not apply)

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Average Weekly Hours of Work: to insert

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Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

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actual hours of work in any given week.

Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

Total non-pensionable pay: <<insert cash amount>>

Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

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Foundation Programme – Year 1

Individual Placement Descriptor (IPD) / Trust Work Schedule

Trust	East Sussex Healthcare NHS Trust
Site	St Michael's Hospice, St Leonards on Sea
Host organisation if different from above	Conquest Hospital
Trainee Name and Programme Number	
Trainee Information System (TIS) Post Code (and local post number if known)	KSS/RXC01/094/F2/002
Clinical Lead/Rota Co-Ordinator	Dr Declan Cawley DCawley@stmichaelshospice.com HRAdmin@stmichaelshospice.com St Michael's Hospice HR department
Name of Guardian of Safe Working Hours	Nadia Muhi-Iddin esh-tr.GoSWH@nhs.net
Name of Medical Workforce Department	Janet.botting@nhs.net
Exception reporting	Trainees on this programme will be registered onto the exception reporting system used by the organisation. Log in details will be provided to trainees.
Programme Codes	Rotation 1. 21/KSS/RXC01/F2/032, Rotation 2. 21/KSS/RXC01/F2/042, Rotation 3. 21/KSS/RXC01/F2/031
Placement details (i.e. the specialty and sub-specialty)	Palliative Medicine St Michael's Hospice, St Leonards on Sea
Department	Palliative Care
Clinical supervisor(s) for the placement	Dr Isae Kilonzo, Consultant in Palliative Medicine Dr Jane Lewington, Consultant in Palliative Medicine Dr Declan Cawley, Medical Director/Consultant in Palliative Medicine

Main Duties of the Placement

Ward round, ward duties, clerking in new admissions.

The F1 doctor is responsible with other staff for the ward care of patients and the maintenance of the patient's medical record. The doctor will play an active part in the interdisciplinary team, working alongside Senior Members of the Medical Team, Nurse Practitioners, Nursing Staff, Social Worker, Physiotherapists, Counselling Services and Complementary Therapists. This will involve attending the weekly Interdisciplinary Team (IDT) meeting and participating in family

meetings to discuss discharges. The doctor will learn the skills required to facilitate Advance Care Planning discussions with patients. The doctor will have the opportunity to go on home visits with the Hospice at Home Nurses. The doctor is expected to attend the structured teaching programmes provided by the department. There will also be the opportunity for learning and maintaining skills in practical procedures such as intravenous cannulation and accessing port-acath devices.

Managing symptoms e.g. nausea, vomiting, pain, breathlessness and anxiety. Assessing and managing non-physical aspects of illness – psycho-social and spiritual. Improved communication skills e.g. breaking bad news.

The overall educational objectives of the F1 year are:

Take a history and examine a patient

Identify problems and formulate a management plan

Prescribe safely

Keep an accurate and relevant medical record

Manage time and clinical priorities effectively

Communicate effectively with patients, relative and colleagues

Use evidence, guidelines and audit to benefit patient care

Act in a professional manner at all times

Cope with ethical and legal issues which occur during the management of patients with palliative care needs

Become life-long learners and teachers

Teaching Opportunities - Mandatory

Grand Round:

Mondays (1.00 - 2.00 pm) at EDGH - lunch at 12.30 pm

Tuesdays

(1.00 - 2.00 pm) at Conquest - lunch at 12.30 pm

Foundation Programme Core Topics:

FY1 Tuesdays (1.00 - 2.00 pm) at EDGH (workshop once per month 2.00 - 5.00 pm)

FY1 Wednesdays (1.00 - 2.00 pm) at Conquest (workshop once per month)

Other:

Leadership Programme - 4 - 5 half-day courses over the year

The Hospice provides specific tutorial programme in house which is shared with St Wilfrid's Hospice and delivered weekly on Microsoft Teams.

St Michael's Hospice Interdisciplinary Learning Forum

St Michael's Hospice Journal Club

St Michael's Hospice Medical Team Meeting (with reflective educational component).

There is a joint doctors meeting between four Hospices in East Sussex held quarterly which the FY1 doctor may get an opportunity to attend.

Hospice based trainees will have ½ day with Hospital SPCT as part of their

training.

Typical working pattern in this placement (e.g. ward rounds, clinics, theatre sessions)

Mon: Handover Meeting
Consultant ward round
Admitting new patients

Tues: Handover Meeting
Ward work including new admissions
Journal Club
Professional self-development time – 2 hours
Day off after weekend on-call

Wed: Handover Meeting
Weekly Interdisciplinary team meeting
Ward work including new admissions

Thurs: Handover meeting
Drug Round with Clinical Pharmacist

Fri: Handover meeting
Consultant ward round
Ward work including new admissions

On call requirements (non-resident on-call):

1 night a week and 1 weekend in 4, supported by a consultant (2nd on call)

****Rota via Trust Medical Staffing***

Working pattern:

On-call rota

Rota Template:

Your working pattern is arranged across a rota cycle of 17 or 18 weeks (4 month placement), and includes:

Normal days

On-call duties (Non-resident)

No weeknight on-calls during first week of placement. Thereafter every Wednesday (non-resident)

Weekend on-call: 1:4 (non-resident)

The on-call days can be flexible to accommodate Annual Leave / Study Leave/ mutually agreed with the Clinical Supervisor.

Average Weekly Hours of Work: 40 hours

Your contract is a full-time contract for 40 hours

You will in addition be contracted for an additional 3 hours, making for total contracted hours of 43

The distribution of these will be as follows:

Average weekly hours at basic hourly rate:

Average weekly hours attracting a 37% enhancement:

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Annual pay for role* (select elements as appropriate)

Basic Pay (Nodal Point):

Pay for additional hours above 40:

Enhanced pay at 37% rate:

Weekend allowance:

On-call availability supplement :

Flexible Pay Premia

Total pensionable pay: <<insert cash amount>>

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Total annual pay for this role: (Basic Pay) Confirmed via Trust Medical Staffing

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