

**Foundation Programme  
Individual Placement Descriptor\***

<b>TRUST</b>
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYS18/021/F1/005
<b>POST 28</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – UPPER GI / BREAST</b>
<b>DEPARTMENT</b>
General Surgery
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
<p>The job of an FY1 on a daily basis is predominately administrative and being extremely organised is the key to being successful.</p> <p>Pre-operative clinical assessments, Peri-operative theatre exposure i.e. scrubbing in and assisting the surgeon in theatre, post-operative patient care-Ward work, On-call surgical rota with a larger exposure to other surgical disciplines with acute surgical admission and emergencies. MDT preparation and presentation weekly.</p>
<b>WHERE THE PLACEMENT IS BASED</b>
<b>NEED WARD/LOCATION DETAILS</b>
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Mr Riccardo Bonomi
<b>MAIN DUTIES OF THE PLACEMENT</b>
<ul style="list-style-type: none"> <li>• Having an updated inpatient list for ward rounds and other members of the team. This should include, reason for patients admission, diagnosis, investigation results and plan. There should also be a column for any further jobs that may need implementing</li> <li>• To ensure jobs that may arise during ward round are completed and results chased up.</li> <li>• If a review from another speciality has been requested, it is important you act upon their recommendations if appropriate.</li> <li>• You are the first port of call for any patient on the ward, therefore if a patient becomes acutely unwell you will be contacted first. It is important to be aware that there is help available from your other team members and you should always ask for it if you feel you are not able to cope.</li> <li>• Also, you may be asked to speak to family members about the patient's condition.</li> <li>• At Worthing hospital, you are required to conduct pre-assessment clinics for elective operations. Here, you assess the fitness for surgery for each patient and to discuss any</li> </ul>

uncertainties with the anaesthetist. This is an effective learning environment if you get complicated patients.

- You are expected to do one on-call ever 3-4weeks, probably the best learning opportunity available to practice history taking, examination and procedural skills. Again, whilst on-call you are expected to attend to patients who have been admitted under your take if they become acutely unwell and also attend to any new incoming patients

#### **TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)**

**Mon:** AM:

PM:

**Tues:** AM:

PM:

**Weds:** AM:

PM: Protected foundation teaching

**Thurs:** AM:

PM:

**Fri:** AM:

PM:

**Sat:** AM:

PM:

**Sun:** AM:

PM:

On call requirements: 1 in 6

#### **LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION**

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- Compassion

- Communication
- Teamwork
- Respect
- Professionalism
- Inclusion

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KSS/RYP18/021/F1/004 <b>POST 27</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – UPPER GI</b>
<b>DEPARTMENT</b>
General Surgery
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
The job of an FY1 on a daily basis is predominately administrative and being extremely organised is the key to being successful.
<b>WHERE THE PLACEMENT IS BASED</b>
<b>NEED WARD/LOCATION DETAILS</b>
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Mr Mazin Sayegh
<b>MAIN DUTIES OF THE PLACEMENT</b>

- Having an updated inpatient list for ward rounds and other members of the team. This should include reason for patient's admission, diagnosis, investigation results and plan. There should also be a column for any further jobs that may need implementing
- To ensure jobs that may arise during ward round are completed and results chased up.
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- Also, you may be asked to speak to family members about the patient's condition.
- At Worthing hospital, you are required to conduct pre-assessment clinics for elective operations. Here, you assess the fitness for surgery for each patient and to discuss any uncertainties with the anaesthetist. This is an effective learning environment if you get complicated patients.
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#### TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)

Mon: AM: HOURS PLEASE?

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KSS/RYR18/021/F1/002 - <b>POST 26</b>

<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – COLORECTAL</b>
<b>DEPARTMENT</b>
General Surgery
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
<p>Ward jobs (taking bloods, filling in request forms, referral letters, prescribing fluids, note writing), clerking patients in pre-assessment clinic, preparing cases and presenting them at MDT and M&amp;M meetings (MDT held once a week, M&amp;M once a month).</p> <p>Learning opportunities: you will get to see a variety of surgical cases, acute and elective admissions, post-op complications, types of surgeries, managing drains, placing catheters, NG tubes..., wound management</p>
<b>WHERE THE PLACEMENT IS BASED</b>
<b>NEED WARD/LOCATION DETAILS</b>
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Mr Khurram Baig / Ms Pauline Whitehouse
<b>MAIN DUTIES OF THE PLACEMENT</b>
Ward jobs (taking bloods, filling in request forms, referral letters, prescribing fluids, note writing), clerking patients in pre-assessment clinic, preparing cases and presenting them at MDT and M&M meetings (MDT held once a week, M&M once a month).
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM: <b>HOURS PLEASE?</b> PM:</p> <p><b>Tues:</b> AM: PM:</p> <p><b>Weds:</b> AM: PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM: PM:</p> <p><b>Fri:</b> AM: PM:</p> <p><b>Sat:</b> AM: PM:</p> <p><b>Sun:</b> AM: PM:</p> <p>On call requirements: 1 in 6</p>
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KSS/RYR18/021/F1/001
<b>POST 25</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – COLORECTAL</b>
<b>DEPARTMENT</b>
General Surgery
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
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<p>Mon: AM: <b>HOURS PLEASE?</b></p> <p>PM:</p>



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PM:

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PM:

**Fri:** AM:  
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**Sat:** AM:  
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KSS/RYR18/011/F1/010
<b>POST 24</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – GERIATRICS</b>
<b>DEPARTMENT</b>
Department of Medicine for the Elderly (DoME)
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Assessment and management of frail elderly patients with multiple co-morbidities, including complex discharge planning, communication, ethics and end of life care. Multidisciplinary working. Teaching at lunchtimes available 3 times a week.

<b>WHERE THE PLACEMENT IS BASED</b>
<b>NEED WARD/LOCATION DETAILS</b>
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
<b>MAIN DUTIES OF THE PLACEMENT</b>
Acute admissions and inpatient care of inpatients - frail elderly patients with multiple co-morbidities, and when on call, this includes stroke/TIA admissions of all ages, including acute thrombolysis.
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM:</p> <p>PM:</p> <p><b>Tues:</b> AM:</p> <p>PM:</p> <p><b>Weds:</b> AM:</p> <p>PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM:</p> <p>PM:</p> <p><b>Fri:</b> AM:</p> <p>PM:</p> <p><b>Sat:</b> AM:</p> <p>PM:</p> <p><b>Sun:</b> AM:</p> <p>PM:</p> <p>On call requirements: 1 in 6</p>
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Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/011/F1/009 <b>POST 23</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – GERIATRICS</b>
<b>DEPARTMENT</b>
Department of Medicine for the Elderly (DoME)
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Assessment and management of frail elderly patients with multiple co-morbidities, including complex discharge planning, communication, ethics and end of life care. Multidisciplinary working. Teaching at lunchtimes available 3 times a week.
<b>WHERE THE PLACEMENT IS BASED</b>
<b>NEED WARD/LOCATION DETAILS</b>
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
<b>MAIN DUTIES OF THE PLACEMENT</b>
Acute admissions and inpatient care of inpatients - frail elderly patients with multiple co-morbidities, and when on call, this includes stroke/TIA admissions of all ages, including acute thrombolysis.
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM:</p> <p>PM:</p> <p><b>Tues:</b> AM:</p> <p>PM:</p> <p><b>Weds:</b> AM:</p> <p>PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM:</p> <p>PM:</p> <p><b>Fri:</b> AM:</p> <p>PM:</p> <p><b>Sat:</b> AM:</p> <p>PM:</p> <p><b>Sun:</b> AM:</p> <p>PM:</p> <p>On call requirements: 1 in 6</p>

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KSS/RYP18/011/F1/008
<b>POST 22</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – GERIATRICS</b>
<b>DEPARTMENT</b>
Department of Medicine for the Elderly (DoME)
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Assessment and management of frail elderly patients with multiple co-morbidities, including complex discharge planning, communication, ethics and end of life care. Multidisciplinary working. Teaching at lunchtimes available 3 times a week.
<b>WHERE THE PLACEMENT IS BASED</b>
<b>NEED WARD/LOCATION DETAILS</b>
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
<b>MAIN DUTIES OF THE PLACEMENT</b>
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KSS/RYR18/011/F1/007
<b>POST 21</b>

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<b>F1 – GERIATRICS</b>
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Department of Medicine for the Elderly (DoME)
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- Teamwork
- Respect
- Professionalism
- Inclusion

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**Foundation Programme  
Individual Placement Descriptor\***

<b>TRUST</b>
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/011/F1/006
<b>POST 20</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – GERIATRICS</b>
<b>DEPARTMENT</b>
Department of Medicine for the Elderly (DoME)
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Assessment and management of frail elderly patients with multiple co-morbidities, including complex discharge planning, communication, ethics and end of life care. Multidisciplinary working. Teaching at lunchtimes available 3 times a week.
<b>WHERE THE PLACEMENT IS BASED</b>
<b>NEED WARD/LOCATION DETAILS</b>
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
<b>MAIN DUTIES OF THE PLACEMENT</b>
Acute admissions and inpatient care of inpatients - frail elderly patients with multiple co-morbidities, and when on call, this includes stroke/TIA admissions of all ages, including acute thrombolysis.
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM:</p> <p>PM:</p> <p><b>Tues:</b> AM:</p> <p>PM:</p> <p><b>Weds:</b> AM:</p> <p>PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM:</p>

PM:  
 Fri: AM:  
 PM:  
 Sat: AM:  
 PM:  
 Sun: AM:  
 PM:

On call requirements: 1 in 6

### LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION

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**Foundation Programme  
Individual Placement Descriptor\***

<b>TRUST</b>
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<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/011/F1/005
<b>POST 19</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – GERIATRICS</b>
<b>DEPARTMENT</b>
Department of Medicine for the Elderly (DoME)
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Assessment and management of frail elderly patients with multiple co-morbidities, including complex discharge planning, communication, ethics and end of life care. Multidisciplinary working. Teaching at lunchtimes available 3 times a week.
<b>WHERE THE PLACEMENT IS BASED</b>

**NEED WARD/LOCATION DETAILS****CLINICAL SUPERVISOR(S) FOR THE PLACEMENT****MAIN DUTIES OF THE PLACEMENT**

Acute admissions and inpatient care of inpatients - frail elderly patients with multiple co-morbidities, and when on call, this includes stroke/TIA admissions of all ages, including acute thrombolysis.

**TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)**

**Mon:** AM:  
PM:  
**Tues:** AM:  
PM:  
**Weds:** AM:  
PM: Protected foundation teaching  
**Thurs:** AM:  
PM:  
**Fri:** AM:  
PM:  
**Sat:** AM:  
PM:  
**Sun:** AM:  
PM:

On call requirements: 1 in 6

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**Foundation Programme  
Individual Placement Descriptor\***

**TRUST**



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<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/011/F1/004 <b>POST 18</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – GERIATRICS</b>
<b>DEPARTMENT</b>
Department of Medicine for the Elderly (DoME)
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Assessment and management of frail elderly patients with multiple co-morbidities, including complex discharge planning, communication, ethics and end of life care. These patients may be general, hip fracture or stroke. Multidisciplinary working. Teaching at lunchtimes available 3 times a week.
<b>WHERE THE PLACEMENT IS BASED</b>
Becket/Botolphs/Buckingham/Broadwater/Barrow/Ditchling/Durrington ward, at Worthing Hospital
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Patel/Tozer/Yeo/Thompson/Sengupta/Saunders
<b>MAIN DUTIES OF THE PLACEMENT</b>
Acute admissions and inpatient care of inpatients - frail elderly patients with multiple co-morbidities, and when on call, this includes Stroke/TIA admissions of all ages, including acute thrombolysis.
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM: Ward round PM: Ward work</p> <p><b>Tues:</b> AM: Ward round / Multidisciplinary team discharge planning meeting PM: Ward work</p> <p><b>Weds:</b> AM: Ward round PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM: Ward round PM: Ward work</p> <p><b>Fri:</b> AM: Ward round PM: Ward work</p> <p><b>Sat:</b> AM: PM:</p> <p><b>Sun:</b> AM:</p>

PM:

On call requirements: 1 in 6

#### LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION

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Individual Placement Descriptor\***

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<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/035/F1/010
<b>POST 17</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – ACUTE CARE</b>
<b>DEPARTMENT</b>
General Internal Medicine / Geriatrics / General Surgery
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
4/12 placement with rotations through all aspects of Acute Care including Acute Frailty, Acute Medicine and Acute Surgery. Initial assessment and management of acute surgical, medical and elderly care patients. Clerking, initial treatment, prescription-writing, on-going management of patients up to 72hrs. Liaising with other specialties including Radiology and working within a multi-disciplinary team. Broad exposure to medical and surgical presentations, opportunity to gain competencies in basic procedures and access to advanced procedures including lumbar puncture, pleural drains and ascitic drains. Presentation skills and team working and many other aspects of general training from curriculum are met within this placement. Post-take ward rounds, bed-side teaching, daily meetings, case-presentations, departmental teaching. Trainees will also all work on Ambulatory Care.
<b>WHERE THE PLACEMENT IS BASED</b>
Emergency Floor
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>

Dr Roger Duckitt / Dr Joe Wileman / Dr Simon Murphy / Dr Adrian Richardson /

### MAIN DUTIES OF THE PLACEMENT

- Initial clerking and treatment of patients
- Managing on-going care of patients on the unit
- Co-ordinating investigations and treatment plans
- Maintain safe, up-to-date list of ward-patients.
- Take part in post-take ward rounds
- Preparing discharge letters
- Ensure post-take jobs are completed.
- Liaising with other specialties and departments
- Review patients when required
- Learn lots of Medicine and have fun!

### TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)

**Mon:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Tues:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Weds:** AM: PTWR / Jobs / Clerking / Reviews  
PM: Protected foundation teaching

**Thurs:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews / Departmental teaching 1:15-2pm

**Fri:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Sat:** AM: On-call rota  
PM: On-call rota

**Sun:** AM: On-call rota  
PM: On-call rota

On call requirements: F1 rota designed around a 1:10 frequency, which includes long days and late shifts (predominantly clerking new admissions) and weekends (3 weekends in 10 weeks).

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A member of:  
Association of UK University Hospitals

  
**Sussex Partnership**  
NHS Foundation Trust

## Foundation Programme – Year 1 Individual Placement Descriptor

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<b>Job Title:</b>	Foundation Year 1
<b>Directorate:</b>	SOAMHS, AAW
<b>Supervisor:</b>	Dr Richard Braithwaite

**Base:** Forget Me Not Unit, Swandean, Worthing

**Hours of Work:** 40 Hours

**Guardian of Safe Working:** Dr Sarah James

**National Post Number:** TBC

**Handover:** As required by the scheme

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## INTRODUCTION

Sussex Partnership NHS Foundation Trust consists of some 4,500 passionate and dedicated clinicians and support staff, working hand in hand with partners in the community to care for and support vulnerable people. We provide NHS care and treatment for people living in Brighton and Hove, East and West Sussex and Hampshire. We also provide a range of specialist services across south east England.

We are one of the largest providers of children and young people's mental health services in England, delivering community services in Sussex and Hampshire. We provide services in places including hospital (we have about 650 inpatient beds), people's homes, community centres, GP practices and prison. Our services in Sussex care for people with mental health problems, learning disabilities and an addiction to drugs or alcohol.

We are one of the few mental health organisations to have been granted university status by the Association of UK University Hospitals. This recognises our achievements in bringing research, teaching and clinical care more closely together for the benefit of patients.

As a teaching trust of Brighton and Sussex Medical School we have a national reputation for leading-edge research. During 2013-14 our research activity generated £1.6 million income. We are now one of the most influential, effective and well-respected mental health trusts in the country, and, as a teaching trust of Brighton and Sussex Medical School: We started as Sussex Partnership NHS trust in April 2006 and became a Foundation Trust with teaching status in August 2008.

## JOB CONTENT

<b>Job outline:</b>	<p>This is a <b>4-month placement</b>, as part of the <b>Year 1</b> South Thames Foundation School training programme.</p> <p>This FY1 post is based four days per week at the Forget Me Not Unit, which comprises three 10-bedded specialist dementia inpatient wards.</p> <p>The majority of people with dementia can live within the community. A very small proportion will have more complex care needs which require specialist care in a dedicated setting. Specialist dementia wards support people with dementia to allow them to safely move to a community-based environment, such as their own home or, more commonly, a care home. The FY1 doctor is tasked with monitoring and managing the physical and mental health of these patients, managing complex and</p>
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	<p>often unmet needs of these patient in a holistic way as part of a multidisciplinary team with support from Specialty Doctors and a Consultant Old Age Psychiatrist.</p> <p><b><i>One day per week is spent working on the Emergency Floor at Worthing Hospital.</i></b></p>
<b>Clinical Responsibilities:</b>	<p>The trainee will be given Trust and local induction and after a period of shadowing with other members of the team will work as outlined above, including attending multidisciplinary team meetings and ward rounds, management of acute and chronic disease, observing Mental health Act assessments and liaising with GPs and secondary care clinicians, all under the supervision of a consultant psychiatrist.</p>
<b>Clinical Supervision:</b>	<p>The trainee will always have direct access to an appropriate senior colleague for advice in any clinical situation. In most situations between 9:00-17:00 this will be the Specialty Doctor. The consultant will also act as the Clinical Supervisor for training and quality assurance purposes and will offer on average <b>one hour per week direct face-to-face clinical supervision</b>.</p>
<b>Teaching and competences expected to be achieved:</b>	<p>This post is conducive to <b>developing the vast majority of the generic competencies required by the Foundation Programme Curriculum</b>.</p> <p>The placement is designed to help the trainee experience and develop Good Clinical Care in the management of acute mental disorder and self-harm management of patients with long-term mental health disorder and disabilities, including safe prescribing, record-keeping and correspondence, interface with other professionals.</p> <p>There is a formal educational program organised by the Trust most Wednesday afternoons. If allowed by the programme, the trainee will also have the opportunity to take part in case presentations, journal clubs and Balint Groups of psychotherapy with other trainees. The postholder will have the flexibility to attend other Foundation programme teaching activities with his/her peer group at Worthing Hospital with prior agreement.</p>
<b>Education and Training:</b>	<ul style="list-style-type: none"> <li>• Active in-house teaching under the supervision of College Tutor, which includes case presentations, critical review of papers and audit presentations.</li> <li>• Attendance at in-house postgraduate teaching is essential (Wednesday p.m.)</li> <li>• Weekly one-hour supervision with Clinical Supervisor.</li> <li>• Trainee forum, psychodynamic psychotherapy seminars and supervision</li> <li>• Appraisal.</li> <li>• Attendance to Balint Group, which forms part of the in-house postgraduate teaching.</li> </ul>
<b>Research and Quality Improvement:</b>	<p>Clinical audit is encouraged and opportunities may be available and tailored to individual trainee needs.</p>
<b>Emergencies:</b>	<p>The postholder accepts that he/she will also perform duties in occasional emergencies and unforeseen circumstance at the request of the appropriate consultant in consultation.</p> <p>The job description includes cover of normal annual and study leave of colleagues for whom the practitioner is expected to deputise during normal run of duties.</p>

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## Indicative Timetable

[Curricula and guidance Royal College of Psychiatrists 2019](#)

	Monday	Tuesday	Wednesday	Thursday	Friday
a.m.	Ward Work	EF day release	Ward Work	Ward Work	Ward Work / supervision
p.m.	Ward Work	EF day release	Academic Programme	Ward Review	Clinical admin

## Clinical Supervisor Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
a.m.	ECT	Ward Work / admin	SPA	ECT	Ward Work / supervision
p.m.	rTMS clinic	Ward Work / SPA	Academic Programme	Ward Review	Ward Work / admin

<b>Supervision:</b>	<p><b><u>Expectations for supervision:</u></b></p> <p>This job description briefly describes the training placement and outlines a timetable which includes an identified time for one hour per week one-to-one supervision but may be delivered in a group with other trainees that your supervisor is responsible for.</p> <p>Ad hoc supervision about clinical matters happens outside of this, i.e. discussing a patient.</p> <p><b><u>Please contact your locality tutor if supervision is not happening as per the guidelines above</u></b></p>
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*Incorporated within the above work schedule will be 1 hour per week non-clinical Professional Development Time (PDT), as mandated by The Foundation School. The PDT time is to be used for self-directed learning, e-learning (this does not include trusts mandatory e-learning, i.e. Induction or annual update), meetings with ES's and CS's, portfolio work.*

## Foundation Programme Curriculum 2016 – Placement Matrix

*The following table provides an indication as to what extent the Foundation Programme Curriculum 2016 syllabus areas may be met during a specific placement.*

	None of the syllabus areas should be expected to be met in this placement
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	To some extent/limited opportunity (positive or negative e.g. positive in that you may be able to experience this outcome)
	To a great extent/ample opportunities

	Syllabus	Syllabus details	Expect to achieve
<b>1: Knowledge, skills and performance</b>	<b>Professional behaviour</b>	<b>F2</b> <i>Acts in accordance with GMC guidance in all interactions with patients, relatives/carers and colleagues</i>  <i>Acts as a role model for medical students, other doctors and healthcare workers</i>  <i>Acts as a responsible employee and complies with local and national requirements e.g.</i> <ul style="list-style-type: none"> <li>• <i>Completing mandatory training</i></li> <li>• <i>Ensuring immunisation against communicable diseases</i></li> <li>• <i>Engaging in appraisal and assessment</i></li> <li>• <i>Taking responsibility for ensuring appropriate cover during leave</i></li> <li>• <i>Adhering to local sickness and return to work policies</i></li> </ul>	
	<b>Personal organisation</b>	<b>F2</b> <i>Supervise, support and organise other team members to ensure appropriate prioritisation, timely delivery of care and completion of work</i>	
	<b>Personal responsibility</b>	<b>F2</b> <i>Takes personal responsibility for clinical decision and is able to justify actions</i>  <i>Takes personal responsibility for revalidation</i>  <i>Accepts responsibility for any personal errors and takes suitable action including: seeking senior advice, apologising, making appropriate records and notifications</i>	
<b>2: Delivers patient centred care and maintains trust</b>	<b>Patient centred care</b>	<b>F2</b> <i>Works with patients and colleagues to develop individual care plans</i>  <i>Respects patients 'right to refuse treatment and/or to decline involvement in research projects</i>	
	<b>Trust</b>	<b>F2</b> <i>Discusses management options with patients and responds to their ideas, concerns and expectations</i>	

		<i>Encourages patients to make informed decisions, recognises patients' expertise and helps them to acquire knowledge of their condition</i>	
	<b>Consent</b>	<p><b>F2</b></p> <p><i>Obtains consent for an increasing range of procedures</i></p> <p><i>Obtains valid consent by giving each patient the information they 'want', or 'need' in a way they can understand *including 'material risks' and reasonable alternative or variant treatments</i></p> <p><i>Recognises when consent or refusal is invalid due to lack of capacity and applies principles of 'best interests' and 'least restriction'</i></p> <p><i>Demonstrates understanding of the principle of involving the child in the decision making process when they are able to understand and consider the options</i></p>	
<b>3: Behaves in accordance with ethical and legal requirements</b>	<b>Ethical and legal requirements</b>	<p><b>F1 &amp; F2</b></p> <p><i>Practices in accordance with guidance from the GMC, relevant legislation and national and local guidelines</i></p>	
	<b>Confidentiality</b>	<p><b>F1 &amp; F2</b></p> <p><i>Describes and applies the principles of confidentiality in accordance with GMC guidance</i></p> <p><i>Ensures the patient's rights of confidentiality when clinical details are discussed, recorded in notes or stored electronically</i></p> <p><i>Complies with information governance standards regarding confidential personal information</i></p> <p><i>Follows GMC guidance on the use of social media</i></p> <p><i>Describes when confidential information may be shared with appropriate third parties e.g. Police and DVLA</i></p>	
	<b>Statutory documentation</b>	<p><b>F1 &amp; F2</b></p> <p><i>Completes statutory documentation correctly e.g.</i></p> <ul style="list-style-type: none"> <li><i>• Death certificates</i></li> <li><i>• Statement for fitness to work</i></li> <li><i>• Cremation forms</i></li> </ul>	

	<b>Mental capacity</b>	<p><b>F1 &amp; F2</b></p> <p><i>Performs mental state examination and assessment of cognition and capacity</i></p> <p><i>Uses and documents the 'best interests checklist' when an individual lacks capacity for a specific decision</i></p> <p><i>Demonstrates awareness of the principles of capacity and incapacity as set out in the Mental Capacity Act 2005</i></p> <p><i>Demonstrates understanding that there are situations when it is appropriate for others to make decisions on their behalf of patients (e.g. lasting power of attorney, and guardianship)</i></p> <p><i>Demonstrates understanding that treatment may be provided against a patients expressed wishes in certain defined circumstances</i></p>	
<b>4: Keeps practice up to date through learning and teaching</b>	<b>Self-directed learning</b>	<p><b>F1 &amp; F2</b></p> <p><i>Acts to keep abreast of educational/training requirements</i></p> <p><i>Maintains a contemporaneous e-portfolio which meets training programme requirements</i></p> <p><i>Demonstrates change and improvement in practice as a result of reflection on personal experience, multi-source feedback (MSF) and feedback from SLEs</i></p> <p><i>Identifies and addresses personal learning needs</i></p>	
	<b>Teaching and assessment</b>	<p><b>F2</b></p> <p><i>Demonstrates improvement in teaching skills as a result of seeking, accepting and reflecting on feedback from learners and supervisors</i></p> <p><i>Assesses medical students and other healthcare professionals and provides constructive feedback</i></p>	
<b>5: Demonstrates engagement in career planning</b>		<p><b>F1 &amp; F2</b></p> <p><i>Discusses how to achieve career ambitions with educational supervisor</i></p> <p><i>Maintains an e-portfolio record of evidence demonstrating realistic career goals based on</i></p> <p><i>career guidance, self-awareness, information gathering, selection processes and discussion with colleagues</i></p> <p><i>Maintains an e-portfolio record of activities demonstrating exploration of possible specialty career options e.g. completion of taster period and reflection on the experience</i></p>	

<b>6: Communicate s clearly in a variety of settings</b>	<b>Communication with patients/relatives/ carers</b>	<b>F2</b>  <i>Provides the necessary / desired information</i>  <i>Communicates increasingly complex information</i>  <i>Checks patients' understanding of options and supports patients in interpreting information and evidence relevant to their condition</i>  <i>Ensures that patients are able to express concerns and preferences, ask questions and make personal choices</i>  <i>Responds to patients' queries or concerns</i>  <i>Teaches communication skills to students and colleagues</i>	
	<b>Communication in challenging circumstances</b>	<b>F2</b>  <i>Manages consultation/communication in time limited environments e.g. outpatients, emergency departments</i>  <i>Manages consultation/communication when English is not a patient's first language, including the appropriate use of an interpreter</i>  <i>Manages three-way consultations e.g. with an interpreter, using sign language, or with a child patient and their family/carers</i>	
	<b>Complaints</b>	<b>F2</b>  <i>Acts to prevent/mitigate and minimise distress in situations which might lead to complaint or dissatisfaction</i>  <i>Deals appropriately with angry/distressed/dissatisfied patients/carers and seeks assistance as appropriate</i>	
	<b>Patient records</b>	<b>F1 &amp; F2</b>  <i>Maintains accurate, legible and contemporaneous patient records and ensures that entries are signed and dated in compliance with "<b><u>Standards for the structure and content of patient records Health and Social Care Information Centre / Academy of Medical Royal Colleges (AoMRC) 2013</u></b>"</i>	
	<b>Interface with other healthcare professionals</b>	<b>F2</b>  <i>Demonstrates ability to make referrals across boundaries / through networks of care (primary, secondary, tertiary)</i>  <i>Writes accurate, timely, succinct and structured clinic letters and clinical summaries</i>	
<b>7: Works effectively as a team member</b>	<b>Continuity of care</b>	<b>F2</b>  <i>Allocates and prioritises tasks during handover.</i>  <i>Anticipates and identifies problems for the next clinical team/shift and takes pre-emptive action where required</i>	

	Interaction with colleagues	<b>F2</b>  <i>Demonstrates initiative e.g. by recognising work pressures on others, providing support and organising / allocating work to optimise effectiveness within the clinical team</i>	
<b>8: Demonstrates leadership skills</b>	Leadership	<b>F2</b>  <i>Demonstrates extended leadership role within the team by making decisions and taking responsibility for managing increasingly complex situations across a greater range of clinical and non-clinical situations</i>  <i>Supervises and supports team members, e.g. supervising F1 doctors, delegating tasks appropriately, directing patient review, organising handover</i>	
<b>9: Recognises, assesses and initiates management of the acutely ill patient</b>	Recognition of acute illness	<b>F1 &amp; F2</b>  <i>Responds promptly to notification of deterioration or concern regarding a patient's condition e.g. change in National Early Warning Score (NEWS)</i>  <i>Prioritises tasks according to clinical urgency and reviews patients in a timely manner</i>  <i>Recognises, manages and reports transfusion reactions, according to local and national guidelines</i>	
	Assessment of the acutely unwell patient	<b>F2</b>  <i>Performs rapid, focused assessment of illness severity including physiological monitoring and also considering mental health aspects</i>  <i>Performs prompt, rapid, focused assessment of the patient who presents an acute risk to themselves or to others in the context of mental disorder, incapacity or incompetence</i>	
	Immediate management of the acutely unwell patient	<b>F2</b>  <i>Reassesses acutely ill patients to monitor efficacy of interventions, including those aimed at managing acute mental illness and maintaining patient safety and the safety of others</i>  <i>Recognises when a patient should be moved to a higher level of care and seeks appropriate assistance with review and management</i>  <i>Communicates with relatives/friends/carers in acute situations and offers support</i>	
<b>10: Recognises, assesses and manages patients with long term conditions</b>	Management of long term conditions in the unwell patient	<b>F2</b>  <i>Performs primary review of new referrals within the hospital or outpatient clinic</i>  <i>Cares for patients with long-term diseases during their in-patient stay, as outpatients and in the community</i>	

		<p><i>Reviews long-term drug regime and, with senior advice, considers modifying dosage, timing and treatment.</i></p> <p><i>Assesses and manages the impact of long term mental disorder on the presentation and course of acute physical illness, and vice versa</i></p>	
	<b>The frail patient</b>	<p><b>F2</b></p> <p><i>Prescribes with an understanding of the impact of increasing age, weight loss and frailty on drug pharmacokinetics and pharmacodynamics</i></p> <p><i>Performs a comprehensive geriatric assessment (CGA) including consideration of dementia</i></p> <p><i>Describes the impact of activities of daily living on long-term conditions (e.g. impact of a notifiable condition on driving) and provides information / discusses these with the patients and carers</i></p>	
	<b>Support for patients with long term conditions</b>	<p><b>F2</b></p> <p><i>Encourages and assists patients to make realistic decisions about their care and helps them to construct and review advance/long-term care plans</i></p> <p><i>Arranges appropriate assessment for specialist rehabilitation, care home placement and respite care</i></p>	
	<b>Nutrition</b>	<p><b>F2</b></p> <p><i>Works with other healthcare professionals to address nutritional needs and communicate these during care planning</i></p> <p><i>Recognises eating disorders, seeks senior input and refers to local specialist service</i></p> <p><i>Formulates a plan for investigation and management of weight loss or weight gain</i></p>	
<b>11: Obtains history, performs clinical examination, formulates differential diagnosis and management plan</b>	<b>History</b>	<p><b>F2</b></p> <p><i>Obtains relevant history, including mental health and collateral history, in time limited and sometimes difficult circumstances</i></p>	
	<b>Physical and mental state examination</b>	<p><b>F2</b></p> <p><i>Performs focused physical/mental state examination in time limited environments e.g. outpatients/ general practice/emergency department</i></p>	
	<b>Diagnosis</b>	<p><b>F2</b></p> <p><i>Performs primary review of new referrals within the hospital or outpatient clinic</i></p> <p><i>Reviews initial diagnoses and plans appropriate strategies for further investigation</i></p>	

	<b>Clinical management</b>	<b>F2</b> <i>Refines problem lists and management plans and develops appropriate strategies for further investigation and management</i>	
	<b>Clinical review</b>	<b>F2</b> <i>Reprioritises problems and refines strategies for investigation and management and leads regular review of treatment response to oversee patients' progress</i>	
	<b>Discharge planning</b>	<b>F2</b> <i>Anticipates clinical evolution and starts planning discharge and on-going care from the time of admission</i>  <i>Liaises and communicates with the patient, family and carers and supporting teams to arrange appropriate follow up</i>  <i>Recognises and records when patients are medically, including mentally, fit for discharge</i>	
	<b>Discharge summaries</b>	<b>F1 &amp; F2</b> <i>Prescribes discharge medication in a timely fashion</i>  <i>Produces a clear, timely, legible discharge summary that identifies principle diagnoses, including mental health, key treatments/interventions, discharge medication and follow-up arrangements</i>	
<b>12: Requests, relevant investigations and acts upon results</b>	<b>Investigations</b>	<b>F2</b> <i>Minimises wasteful or inappropriate use of resources by helping and directing colleagues to order appropriate tests and investigations</i>  <i>Explains to patients the risks, possible outcomes and implications of investigation results and obtains informed consent</i>	
	<b>Interpretation of investigations</b>	<b>F2</b> <i>Increases the range and complexity of investigations which they can interpret and helps colleagues to interpret appropriate tests and investigations</i>	
<b>13: Prescribes safely</b>	<b>Correct prescription</b>	<b>F1 &amp; F2</b> <i>Prescribes medicines, blood products and fluids correctly, accurately and unambiguously in accordance with GMC and other guidance using correct documentation to ensure that patients receive the correct drug via the correct route at the correct frequency and at the correct time</i>  <i>Demonstrates understanding of responsibilities and restrictions with regard to prescribing high risk medicines including anticoagulation, insulin, chemotherapy and immunotherapy</i>  <i>Performs dosage calculations accurately and verifies that the dose calculated is of the right order</i>	



		<p><i>Reviews previous prescriptions and transfers/ transcribes accurately and appropriately</i></p> <p><i>Describes the potential hazards related to different routes of drug administration (e.g. oral, intramuscular, intravenous, intrathecal)</i></p> <p><i>Follows the guidance in Good Medical Practice in relation to self-prescribing and prescribing for friends and family</i></p> <p><i>Within the hospital, prescribes controlled drugs using appropriate legal framework and describes the management and prescribing of controlled drugs in the community</i></p> <p><i>Describes the importance of security issues in respect of prescription</i></p>	
	<b>Clinically effective prescription</b>	<p><b>F1 &amp; F2</b></p> <p><i>Prescribes and administers for common important indications including medicines required urgently in the management of medical emergencies e.g. sepsis, exacerbation of chronic obstructive pulmonary disease, pulmonary oedema, congestive cardiac failure, pain, thromboprophylaxis</i></p> <p><i>Prescribes safely for different patient groups including frail elderly, children, women of child-bearing potential, pregnant women and those with hepato-renal dysfunction</i></p> <p><i>Prescribes and administers oxygen, fluids and antimicrobials as appropriate e.g. in accordance with NICE guidance on antimicrobial and intravenous fluid therapy</i></p> <p><i>Chooses appropriate intravenous fluids as vehicles for intravenous drugs and calculates the correct volume and flow rate</i></p> <p><i>Assesses the need for fluid replacement therapy and chooses and prescribes appropriate intravenous fluids and calculates the correct volume and flow rates</i></p> <p><i>Prescribes and administers blood products safely in accordance with guidelines/protocols on safe cross matching and the use of blood and blood products</i></p>	
	<b>Discussion of medication with patients</b>	<p><b>F1 &amp; F2</b></p> <p><i>Discusses drug treatment and administration with patients/carers, including duration of treatment, unwanted effects and interactions</i></p> <p><i>Obtains an accurate drug history, including allergy, self-medication, use of complementary healthcare products and enquiry about allergic and other adverse reactions</i></p>	
	<b>Guidance on prescription</b>	<p><b>F1 &amp; F2</b></p> <p><i>Prescribes using all available support including local and national formularies, pharmacists and more experienced prescribers to ensure accurate, safe and effective error-free</i></p>	



		<p><i>prescribing, whilst recognising that legal responsibility remains with the prescriber</i></p> <p><i>Prescribes according to relevant national and local guidance on antimicrobial therapy, recognising the link between antimicrobial prescribing and the development of antimicrobial resistance</i></p>	
	<b>Review of prescriptions</b>	<p><b>F1 &amp; F2</b></p> <p><i>Reviews prescriptions regularly for effectiveness and safety taking account of patient response, adverse reactions and drug level monitoring</i></p> <p><i>Recognises and initiates action for common adverse effects of drugs and communicates these to patients, including potential effects on work and driving</i></p>	
<b>14: Performs procedures safely</b>	<b>Core procedures</b>	<p><b>F2</b></p> <p><i>Maintains and improves skills in the core procedures and develops skills in more challenging circumstances e.g. reliably able to perform venous cannulation in the majority of patients including during resuscitation</i></p>	
	<b>Other procedures</b>	<p><b>F2</b></p> <p><i>Teaches other healthcare workers procedures when skilled and sanctioned to do this</i></p> <p><i>Increases the range of procedures they can perform relevant to specific clinical placements</i></p>	
<b>15: Is trained and manages cardiac and respiratory arrest</b>		<p><b>F2</b></p> <p><i>Demonstrates the initiation and performance of advanced life support including cardiopulmonary resuscitation, manual defibrillation and management of life threatening arrhythmias and is able to lead the resuscitation team where necessary</i></p> <p><i>Demonstrates understanding of the ethics of transplantation and identifies potential donors to senior medical staff</i></p>	
	<b>Do not attempt cardiopulmonary resuscitation orders</b>	<p><b>F2</b></p> <p><i>Discusses DNACPR with the multidisciplinary team, the patient, long-term carers (both medical and non-medical) and relatives and then records the outcome of that discussion</i></p>	
<b>16: Demonstrates understanding of the principles of health promotion and illness prevention</b>		<p><b>F1 &amp; F2</b></p> <p><i>Explains to patients the possible effects of lifestyle, including the effects of diet, nutrition, inactivity, smoking, alcohol and substance abuse</i></p> <p><i>Recognises the impact of wider determinants of health and advises on preventative measures with reference to local and national guidelines including:</i></p> <ul style="list-style-type: none"> <li><i>Smoking cessation and supportive measures</i></li> <li><i>Appropriate alcohol intake levels or drinking cessation</i></li> <li><i>Illicit drug use and referral to support services</i></li> </ul>	

		<ul style="list-style-type: none"> <li>• <i>Biohazards</i></li> <li>• <i>Risks of UV and ionising radiation especially the harmful effects of sunlight</i></li> <li>• <i>Lack of exercise and physical/mental activity</i></li> <li>• <i>Weight management</i></li> <li>• <i>Employment</i></li> <li>• <i>Vaccination programmes</i></li> <li>• <i>Cancer screening e.g. breast, cervical, bowel</i></li> <li>• <i>Recommends well man/women clinics</i></li> </ul>	
<b>17: Manages palliative and end of life care</b>	<b>End of Life Care</b>	<p><b>F2</b></p> <p><i>Participates in discussions regarding personalised care planning including symptom management and advance care plans with patients, family and carers</i></p> <p><i>Discusses the patients' needs and preferences regarding care in the last days of life, including preferred place of care and death, treatment escalation plans, do not attempt cardiopulmonary resuscitation (DNACPR) decisions</i></p>	
	<b>Care after death</b>	<p><b>F1 &amp; F2</b></p> <p><i>Confirms death by conducting appropriate physical examination, documenting findings in the patient record</i></p> <p><i>Behaves professionally and compassionately when confirming and pronouncing death</i></p> <p><i>Follows the law and statutory codes of practice governing completion of Medical Certificate of Cause of Death (MCCD) and cremation certificates.</i></p> <p><i>Completes MCCD when trained to do so and notes details reported on the MCCD in the patient record</i></p> <p><i>Demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal.</i></p> <p><i>Reports death to coroner/procurator fiscal after discussion with a senior colleague</i></p> <p><i>Discusses the benefits of post mortem examination and explains the process to relatives/carers</i></p> <p><i>Completes relevant sections of cremation forms when trained to do this</i></p>	
<b>18: Recognises and works within limits of personal competence</b>	<b>Personal competence</b>	<p><b>F1 &amp; F2</b></p> <p><i>Recognises and works within limits of competency</i></p> <p><i>Calls for senior help and advice in a timely manner and communicates concerns/expected response clearly.</i></p> <p><i>Uses clinical guidelines and protocols, care pathways and bundles</i></p>	

		<p><i>Takes part in activities to maintain and develop competence e.g. seeking opportunities to do SLES and attending simulation training</i></p> <p><i>Demonstrates evidence of reflection on practice and how this has led to personal development</i></p>	
<b>19: Makes patient safety a priority in clinical practice</b>	<b>Patient safety</b>	<p><b>F2</b></p> <p><i>Describes the mechanisms to report:</i></p> <ul style="list-style-type: none"> <li>• <i>Device related adverse events</i></li> <li>• <i>Adverse drug reactions</i></li> </ul> <p><i>to appropriate national centre and completes reports as required</i></p> <p><i>Participates in/undertakes a project related to a patient safety issue (e.g. Quality Improvement), with recommendations for improving the reliability of care and, with senior support, takes steps to institute these</i></p> <p><i>Discusses risk reduction strategies and principles of significant event analysis and contributes to the discussion/analysis of adverse events, including potential to identify and prevent systematic error</i></p>	
	<b>Causes of impaired performance, error or suboptimal patient care</b>	<p><b>F2</b></p> <p><i>Describes the role of human factors in medical errors and takes steps to minimise these</i></p> <p><i>Describes ways of identifying poor performance in colleagues and how to support them</i></p>	
	<b>Patient identification</b>	<p><b>F1 &amp; F2</b></p> <p><i>Ensures patient safety by positive identification of the patient:</i></p> <ul style="list-style-type: none"> <li>• <i>At each encounter</i></li> <li>• <i>In case notes</i></li> <li>• <i>When prescribing/administering drugs</i></li> <li>• <i>On collecting specimens and when requesting and reviewing investigations</i></li> <li>• <i>Before consent for surgery/procedures</i></li> </ul> <p><i>Uses appropriate 2 or 3 point checks (e.g.name, date of birth, hospital number, address) in accordance with local protocols and national guidance</i></p> <p><i>Crosschecks identification immediately before procedures/administration of blood products/IV drugs</i></p> <p><b>Usage of medical devices and information technology (IT) (n.b. this excludes implantable devices)</b></p>	
	<b>Usage of medical devices and</b>	<p><b>F1 &amp; F2</b></p>	

	<b>information technology (IT)</b>	<p><i>Demonstrates ability to operate common medical devices and interpret non-invasive monitoring correctly and safely after appropriate training</i></p> <p><i>Accesses and uses IT systems including local computing systems appropriately</i></p> <p><i>Demonstrates good information governance in use of electronic records</i></p>	
	<b>Infection control</b>	<p><b>F1 &amp; F2</b></p> <p><i>Demonstrates consistently high standard of practice in infection control techniques in patient contact and treatment including hand hygiene and use of personal protective equipment (PPE)</i></p> <p><i>Demonstrates safe aseptic technique and correctly disposes of sharps and clinical waste</i></p> <p><i>Demonstrates adherence to local guidelines/protocols for antibiotic prescribing</i></p> <p><i>Requests screening for any disorder which could put other patients or staff at risk by cross contamination, e.g. Clostridium. Difficile</i></p> <p><i>Takes an active role in outbreak management within healthcare settings (e.g. diarrhoea on a ward) and complies with procedures instituted by the infection control team</i></p> <p><i>Informs the competent authority of notifiable diseases</i></p> <p><i>Challenges and corrects poor practice in others who are not observing best practice in infection control</i></p> <p><i>Recognises the need for immunisations and ensures own are up to date in accordance with local/national policy</i></p> <p><i>Takes appropriate microbiological specimens in a timely fashion with safe technique</i></p> <p><i>Recognises the risks to patients from transmission of blood-borne infection</i></p>	
<b>20: Contributes to quality improvement</b>	<b>Quality improvement</b>	<p><b>F2</b></p> <p><i>Contributes significantly to at least one quality improvement project including:</i></p> <ul style="list-style-type: none"> <li><i>Data collection</i></li> <li><i>Analysis and/or presentation of findings</i></li> <li><i>Implementation of recommendations</i></li> </ul> <p><i>Makes quality improvement link to learning/professional development in e-portfolio</i></p>	

	<b>Healthcare resource management</b>	<b>F1 &amp; F2</b>  <i>Demonstrates understanding of the organisational structure of the NHS and independent sector and their role in the wider health and social care landscape</i>  <i>Describes hospital and departmental management structure</i>  <i>Describes the processes of commissioning and funding, and that all healthcare professionals have a responsibility for stewardship of healthcare resources</i>  <i>Describes accountability of the NHS in its context as a publicly funded body, and the need to ensure the most effective and sustainable use of finite resources</i>  <i>Recognises the resource implications of personal actions and minimises unnecessary/wasteful use of resources e.g. repeat investigations, delayed discharge</i>  <i>Describes cost implications of common treatments in terms of money, equipment and human resources (e.g. generic prescribing, intravenous v oral antibiotics)</i>	
	<b>Information management</b>	<b>F1 &amp; F2</b>  <i>Seeks, finds, appraises and acts on information related to medical practice including primary research evidence, reviews, guidelines and care bundles</i>  <i>Critically reviews research and, where appropriate, presents finding (e.g. journal club)</i>	

**Foundation Programme  
Individual Placement Descriptor\***

<b>TRUST</b>
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYP18/035/F1/009
<b>POST 16</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – ACUTE CARE</b>
<b>DEPARTMENT</b>
General Internal Medicine / Geriatrics / General Surgery

TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES	
<p>4/12 placement with rotations through all aspects of Acute Care including Acute Frailty, Acute Medicine and Acute Surgery. Initial assessment and management of acute surgical, medical and elderly care patients. Clerking, initial treatment, prescription-writing, on-going management of patients up to 72hrs. Liaising with other specialties including Radiology and working within a multi-disciplinary team. Broad exposure to medical and surgical presentations, opportunity to gain competencies in basic procedures and access to advanced procedures including lumbar puncture, pleural drains and ascitic drains. Presentation skills and team working and many other aspects of general training from curriculum are met within this placement. Post-take ward rounds, bed-side teaching, daily meetings, case-presentations, departmental teaching. Trainees will also all work on Ambulatory Care.</p>	
WHERE THE PLACEMENT IS BASED	
Emergency Floor	
CLINICAL SUPERVISOR(S) FOR THE PLACEMENT	
Dr Roger Duckitt / Dr Joe Wileman / Dr Simon Murphy / Dr Adrian Richardson /	
MAIN DUTIES OF THE PLACEMENT	
<ul style="list-style-type: none"> <li>• Initial clerking and treatment of patients</li> <li>• Managing on-going care of patients on the unit</li> <li>• Co-ordinating investigations and treatment plans</li> <li>• Maintain safe, up-to-date list of ward-patients.</li> <li>• Take part in post-take ward rounds</li> <li>• Preparing discharge letters</li> <li>• Ensure post-take jobs are completed.</li> <li>• Liaising with other specialties and departments</li> <li>• Review patients when required</li> <li>• Learn lots of Medicine and have fun!</li> </ul>	
TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)	
<p><b>Mon:</b> AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews</p> <p><b>Tues:</b> AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews</p> <p><b>Weds:</b> AM: PTWR / Jobs / Clerking / Reviews PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews / Departmental teaching 1:15-2pm</p> <p><b>Fri:</b> AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews</p> <p><b>Sat:</b> AM: On-call rota PM: On-call rota</p> <p><b>Sun:</b> AM: On-call rota PM: On-call rota</p> <p>On call requirements: F1 rota designed around a 1:10 frequency, which includes long days and late shifts (predominantly clerking new admissions) and weekends (3 weekends in 10 weeks).</p>	

## LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION

University Hospitals Sussex NHS Foundation Trust (UHSussex) is an NHS foundation trust which provides clinical services to people in Brighton and Hove, parts of East Sussex and West Sussex. We run seven hospitals across Brighton & Hove and West Sussex. The mission of University Hospitals Sussex – what we are striving to achieve – is to provide ‘excellent care every time’. Please note, the information in this IPD relates to Foundation training at the following site:

- Worthing Hospital

For further details on our sites, please see: <https://www.uhsussex.nhs.uk/hospitals/> We are also the largest university teaching hospital in Kent, Surrey and Sussex. We provide high quality medical education and expertise in a wide range of specialties. We pride ourselves in being able to offer our Foundation doctors in training a diverse and rewarding experience during their time with us.

We’re proud to be at the heart of the NHS. As one of the UK’s largest acute Trusts, we’re a leading example of the excellence, the ambition and the values that have embodied the NHS for over 70 years.

To do this, we put the interests of our patients first and foremost, and are underpinned by our values:

- Compassion
- Communication
- Teamwork
- Respect
- Professionalism
- Inclusion

These values were selected by our staff, patients and public when we defined the sort of organisation we want University Hospitals Sussex to be. Please visit the UHSussex public website for further information the Trust, our history and development, teams and services, and working here: <https://www.uhsussex.nhs.uk/>

\*It is important to note that this description is a typical example of the placement and may be subject to change.

**Foundation Programme  
Individual Placement Descriptor\***

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<b>SITE</b>
Worthing
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KSS/RYR18/035/F1/008 <b>POST 15</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – ACUTE CARE</b>
<b>DEPARTMENT</b>
General Internal Medicine / Geriatrics / General Surgery
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
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<b>WHERE THE PLACEMENT IS BASED</b>
Emergency Floor
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Roger Duckitt / Dr Joe Wileman / Dr Simon Murphy / Dr Adrian Richardson /
<b>MAIN DUTIES OF THE PLACEMENT</b>
<ul style="list-style-type: none"> <li>• Initial clerking and treatment of patients</li> <li>• Managing on-going care of patients on the unit</li> <li>• Co-ordinating investigations and treatment plans</li> <li>• Maintain safe, up-to-date list of ward-patients.</li> <li>• Take part in post-take ward rounds</li> <li>• Preparing discharge letters</li> <li>• Ensure post-take jobs are completed.</li> <li>• Liaising with other specialties and departments</li> <li>• Review patients when required</li> <li>• Learn lots of Medicine and have fun!</li> </ul>
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>



**Mon:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Tues:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Weds:** AM: PTWR / Jobs / Clerking / Reviews  
PM: Protected foundation teaching

**Thurs:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews / Departmental teaching 1:15-2pm

**Fri:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Sat:** AM: On-call rota  
PM: On-call rota

**Sun:** AM: On-call rota  
PM: On-call rota

On call requirements: F1 rota designed around a 1:10 frequency, which includes long days and late shifts (predominantly clerking new admissions) and weekends (3 weekends in 10 weeks).

#### **LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION**

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### Foundation Programme Individual Placement Descriptor\*

<b>TRUST</b>
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/035/F1/007
<b>POST 14</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – ACUTE CARE</b>
<b>DEPARTMENT</b>
General Internal Medicine / Geriatrics / General Surgery
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
4/12 placement with rotations through all aspects of Acute Care including Acute Frailty, Acute Medicine and Acute Surgery. Initial assessment and management of acute surgical, medical and elderly care patients. Clerking, initial treatment, prescription-writing, on-going management of patients up to 72hrs. Liaising with other specialties including Radiology and working within a multi-disciplinary team. Broad exposure to medical and surgical presentations, opportunity to gain competencies in basic procedures and access to advanced procedures including lumbar puncture, pleural drains and ascitic drains. Presentation skills and team working and many other aspects of general training from curriculum are met within this placement. Post-take ward rounds, bed-side teaching, daily meetings, case-presentations, departmental teaching. Trainees will also all work on Ambulatory Care.
<b>WHERE THE PLACEMENT IS BASED</b>

Emergency Floor
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Roger Duckitt / Dr Joe Wileman / Dr Simon Murphy / Dr Adrian Richardson /
<b>MAIN DUTIES OF THE PLACEMENT</b>
<ul style="list-style-type: none"> <li>• Initial clerking and treatment of patients</li> <li>• Managing on-going care of patients on the unit</li> <li>• Co-ordinating investigations and treatment plans</li> <li>• Maintain safe, up-to-date list of ward-patients.</li> <li>• Take part in post-take ward rounds</li> <li>• Preparing discharge letters</li> <li>• Ensure post-take jobs are completed.</li> <li>• Liaising with other specialties and departments</li> <li>• Review patients when required</li> <li>• Learn lots of Medicine and have fun!</li> </ul>
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews</p> <p><b>Tues:</b> AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews</p> <p><b>Weds:</b> AM: PTWR / Jobs / Clerking / Reviews PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews / Departmental teaching 1:15-2pm</p> <p><b>Fri:</b> AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews</p> <p><b>Sat:</b> AM: On-call rota PM: On-call rota</p> <p><b>Sun:</b> AM: On-call rota PM: On-call rota</p> <p>On call requirements: F1 rota designed around a 1:10 frequency, which includes long days and late shifts (predominantly clerking new admissions) and weekends (3 weekends in 10 weeks).</p>
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### Foundation Programme Individual Placement Descriptor\*

TRUST
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
SITE
Worthing
TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)
KSS/RYR18/035/F1/006
POST 13

PLACEMENT DETAILS (i.e. the specialty and sub-specialty)	
<b>F1 – ACUTE CARE</b>	
<b>DEPARTMENT</b>	
General Internal Medicine / Geriatrics / General Surgery	
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>	
<p>4/12 placement with rotations through all aspects of Acute Care including Acute Frailty, Acute Medicine and Acute Surgery. Initial assessment and management of acute surgical, medical and elderly care patients. Clerking, initial treatment, prescription-writing, on-going management of patients up to 72hrs. Liaising with other specialties including Radiology and working within a multi-disciplinary team. Broad exposure to medical and surgical presentations, opportunity to gain competencies in basic procedures and access to advanced procedures including lumbar puncture, pleural drains and ascitic drains. Presentation skills and team working and many other aspects of general training from curriculum are met within this placement. Post-take ward rounds, bed-side teaching, daily meetings, case-presentations, departmental teaching. Trainees will also all work on Ambulatory Care.</p>	
<b>WHERE THE PLACEMENT IS BASED</b>	
Emergency Floor	
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>	
Dr Roger Duckitt / Dr Joe Wileman / Dr Simon Murphy / Dr Adrian Richardson /	
<b>MAIN DUTIES OF THE PLACEMENT</b>	
<ul style="list-style-type: none"> <li>• Initial clerking and treatment of patients</li> <li>• Managing on-going care of patients on the unit</li> <li>• Co-ordinating investigations and treatment plans</li> <li>• Maintain safe, up-to-date list of ward-patients.</li> <li>• Take part in post-take ward rounds</li> <li>• Preparing discharge letters</li> <li>• Ensure post-take jobs are completed.</li> <li>• Liaising with other specialties and departments</li> <li>• Review patients when required</li> <li>• Learn lots of Medicine and have fun!</li> </ul>	
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>	
<p><b>Mon:</b> AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews</p> <p><b>Tues:</b> AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews</p> <p><b>Weds:</b> AM: PTWR / Jobs / Clerking / Reviews PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews / Departmental teaching 1:15-2pm</p> <p><b>Fri:</b> AM: PTWR / Jobs / Clerking / Reviews PM: PTWR / Jobs / Clerking / Reviews</p> <p><b>Sat:</b> AM: On-call rota</p>	

PM: On-call rota  
Sun: AM: On-call rota  
PM: On-call rota

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**Foundation Programme  
Individual Placement Descriptor\***

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University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYP18/035/F1/005
<b>POST 12</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – ACUTE CARE</b>
<b>DEPARTMENT</b>
General Internal Medicine / Geriatrics / General Surgery
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
4/12 placement with rotations through all aspects of Acute Care including Acute Frailty, Acute Medicine and Acute Surgery. Initial assessment and management of acute surgical, medical and elderly care patients. Clerking, initial treatment, prescription-writing, on-going management of patients up to 72hrs. Liaising with other specialties including Radiology and working within a multi-disciplinary team. Broad exposure to medical and surgical presentations, opportunity to gain competencies in basic procedures and access to advanced procedures including lumbar puncture, pleural drains and ascitic drains. Presentation skills and team working and many other aspects of general training from curriculum are met within this placement. Post-take ward rounds, bed-side teaching, daily meetings, case-presentations, departmental teaching. Trainees will also all work on Ambulatory Care.
<b>WHERE THE PLACEMENT IS BASED</b>
Emergency Floor
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Roger Duckitt / Dr Joe Wileman / Dr Simon Murphy / Dr Adrian Richardson /
<b>MAIN DUTIES OF THE PLACEMENT</b>
<ul style="list-style-type: none"> <li>• Initial clerking and treatment of patients</li> <li>• Managing on-going care of patients on the unit</li> <li>• Co-ordinating investigations and treatment plans</li> <li>• Maintain safe, up-to-date list of ward-patients.</li> <li>• Take part in post-take ward rounds</li> <li>• Preparing discharge letters</li> <li>• Ensure post-take jobs are completed.</li> </ul>

- Liaising with other specialties and departments
- Review patients when required
- Learn lots of Medicine and have fun!

#### TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)

**Mon:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Tues:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Weds:** AM: PTWR / Jobs / Clerking / Reviews  
PM: Protected foundation teaching

**Thurs:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews / Departmental teaching 1:15-2pm

**Fri:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Sat:** AM: On-call rota  
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SITE
Worthing
TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)
KSS/RYP18/035/F1/004
POST 11
PLACEMENT DETAILS (i.e. the specialty and sub-specialty)
F1 – ACUTE CARE
DEPARTMENT
General Internal Medicine / Geriatrics / General Surgery
TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES
4/12 placement with rotations through all aspects of Acute Care including Acute Frailty, Acute Medicine and Acute Surgery. Initial assessment and management of acute surgical, medical and elderly care patients. Clerking, initial treatment, prescription-writing, on-going management of patients up to 72hrs. Liaising with other specialties including Radiology and working within a multi-disciplinary team. Broad exposure to medical and surgical presentations, opportunity to gain competencies in basic procedures and access to advanced procedures including lumbar puncture,

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### WHERE THE PLACEMENT IS BASED

Emergency Floor

### CLINICAL SUPERVISOR(S) FOR THE PLACEMENT

Dr Roger Duckitt / Dr Joe Wileman / Dr Simon Murphy / Dr Adrian Richardson /

### MAIN DUTIES OF THE PLACEMENT

- Initial clerking and treatment of patients
- Managing on-going care of patients on the unit
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- Take part in post-take ward rounds
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### TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)

**Mon:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Tues:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Weds:** AM: PTWR / Jobs / Clerking / Reviews  
PM: Protected foundation teaching

**Thurs:** AM: PTWR / Jobs / Clerking / Reviews  
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**Sat:** AM: On-call rota  
PM: On-call rota

**Sun:** AM: On-call rota  
PM: On-call rota

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SITE

Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS)Post Code (and local post number if known)</b>
KSS/RYR18/017/F1/003
<b>POST 05</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – Cardiology</b>
<b>DEPARTMENT</b>
Cadiology
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Ward based acute medical care, situated learning in workplace and PGME.
<b>WHERE THE PLACEMENT IS BASED</b>
Becket Ward
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Sujay Chandran
<b>MAIN DUTIES OF THE PLACEMENT</b>
Ward based acute medical care.
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM: Ward round PM: Ward work</p> <p><b>Tues:</b> AM: Ward round PM: Ward work</p> <p><b>Weds:</b> AM: Ward round PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM: Ward round PM: Ward work</p> <p><b>Fri:</b> AM: Ward round PM: Ward work</p> <p><b>Sat:</b> AM: Acute admissions PM: Acute admissions</p> <p><b>Sun:</b> AM: Acute admissions PM: Acute admissions</p> <p>On call requirements: As per rota</p>
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**Foundation Programme  
Individual Placement Descriptor\***

<b>TRUST</b>
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<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYP18/015/F1/001 <b>POST 04</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – RENAL</b>
<b>DEPARTMENT</b>
General Internal Medicine
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
There are 2 F1s, 2 SHOs and 2 registrars, plus 2 consultants who alternate with working 1 month on the ward and 1 month on ITU. With such a lot of senior support there are opportunities to learn both clinical knowledge (e.g. causes of acute kidney injury, regimens during initiation of renal replacement therapy) and skills (e.g. pleural taps, lumbar punctures).
<b>WHERE THE PLACEMENT IS BASED</b>
<b>NEED WARD/LOCATION DETAILS</b>
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Patrick Carr
<b>MAIN DUTIES OF THE PLACEMENT</b>
The main duties are: daily ward round and the jobs that these generate, including practical procedures, writing referral letters and organising investigations. At the end of the day you assess blood test and other results and based on these make plans for the management of the patients overnight. There are opportunities to shadow in ITU, but it is usually very busy.
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
Mon: AM:

PM:

Tues: AM:

PM:

Weds: AM:

PM: Protected foundation teaching

Thurs: AM:

PM:

Fri: AM:

PM:

Sat: AM:

PM:

Sun: AM:

PM:

On call requirements:

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<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYP18/035/F1/003
<b>POST 10</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – ACUTE CARE</b>
<b>DEPARTMENT</b>
General Internal Medicine / Geriatrics / General Surgery
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>



4/12 placement with rotations through all aspects of Acute Care including Acute Frailty, Acute Medicine and Acute Surgery. Initial assessment and management of acute surgical, medical and elderly care patients. Clerking, initial treatment, prescription-writing, on-going management of patients up to 72hrs. Liaising with other specialties including Radiology and working within a multi-disciplinary team. Broad exposure to medical and surgical presentations, opportunity to gain competencies in basic procedures and access to advanced procedures including lumbar puncture, pleural drains and ascitic drains. Presentation skills and team working and many other aspects of general training from curriculum are met within this placement. Post-take ward rounds, bed-side teaching, daily meetings, case-presentations, departmental teaching. Trainees will also all work on Ambulatory Care.

#### WHERE THE PLACEMENT IS BASED

Emergency Floor

#### CLINICAL SUPERVISOR(S) FOR THE PLACEMENT

Dr Roger Duckitt / Dr Joe Wileman / Dr Simon Murphy / Dr Adrian Richardson /

#### MAIN DUTIES OF THE PLACEMENT

- Initial clerking and treatment of patients
- Managing on-going care of patients on the unit
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- Preparing discharge letters
- Ensure post-take jobs are completed.
- Liaising with other specialties and departments
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- Learn lots of Medicine and have fun!

#### TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)

**Mon:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Tues:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Weds:** AM: PTWR / Jobs / Clerking / Reviews  
PM: Protected foundation teaching

**Thurs:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews / Departmental teaching 1:15-2pm

**Fri:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Sat:** AM: On-call rota  
PM: On-call rota

**Sun:** AM: On-call rota  
PM: On-call rota

On call requirements: F1 rota designed around a 1:10 frequency, which includes long days and late shifts (predominantly clerking new admissions) and weekends (3 weekends in 10 weeks).

#### LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION

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- Teamwork
- Respect
- Professionalism
- Inclusion

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<b>TRUST</b>
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/018/F1/002 <b>POST 03</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – GASTROENTEROLOGY</b>
<b>DEPARTMENT</b>
General Internal Medicine
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
The care of in patients with general medical and gastroenterological disease
<b>WHERE THE PLACEMENT IS BASED</b>
Eastbrook
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Anna Roskilly
<b>MAIN DUTIES OF THE PLACEMENT</b>
Participate in the care of patients under the supervision of the Gastroenterology consultants. Participate in the acute medical take. Opportunities to observe endoscopy sessions, clinics and specialist clinical meetings.
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM: Consultant ward round PM:</p> <p><b>Tues:</b> AM: Consultant ward round PM:</p> <p><b>Weds:</b> AM: PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM: PM:</p> <p><b>Fri:</b> AM: Consultant ward round PM:</p> <p><b>Sat:</b> AM: PM:</p> <p><b>Sun:</b> AM: PM:</p> <p>On call requirements:</p>
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**Foundation Programme  
Individual Placement Descriptor\***

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<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/035/F1/002
<b>POST 09</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – ACUTE CARE</b>
<b>DEPARTMENT</b>
General Internal Medicine / Geriatrics / General Surgery
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
4/12 placement with rotations through all aspects of Acute Care including Acute Frailty, Acute Medicine and Acute Surgery. Initial assessment and management of acute surgical, medical and elderly care patients. Clerking, initial treatment, prescription-writing, on-going management of patients up to 72hrs. Liaising with other specialties including Radiology and working within a multi-disciplinary team. Broad exposure to medical and surgical presentations, opportunity to gain competencies in basic procedures and access to advanced procedures including lumbar puncture, pleural drains and ascitic drains. Presentation skills and team working and many other aspects of general training from curriculum are met within this placement. Post-take ward rounds, bed-side teaching, daily meetings, case-presentations, departmental teaching. Trainees will also all work on Ambulatory Care.
<b>WHERE THE PLACEMENT IS BASED</b>
Emergency Floor
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>

Dr Roger Duckitt / Dr Joe Wileman / Dr Simon Murphy / Dr Adrian Richardson /

### MAIN DUTIES OF THE PLACEMENT

- Initial clerking and treatment of patients
- Managing on-going care of patients on the unit
- Co-ordinating investigations and treatment plans
- Maintain safe, up-to-date list of ward-patients.
- Take part in post-take ward rounds
- Preparing discharge letters
- Ensure post-take jobs are completed.
- Liaising with other specialties and departments
- Review patients when required
- Learn lots of Medicine and have fun!

### TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)

**Mon:** AM: PTWR / Jobs / Clerking / Reviews

PM: PTWR / Jobs / Clerking / Reviews

**Tues:** AM: PTWR / Jobs / Clerking / Reviews

PM: PTWR / Jobs / Clerking / Reviews

**Weds:** AM: PTWR / Jobs / Clerking / Reviews

PM: Protected foundation teaching

**Thurs:** AM: PTWR / Jobs / Clerking / Reviews

PM: PTWR / Jobs / Clerking / Reviews

**Fri:** AM: PTWR / Jobs / Clerking / Reviews

PM: PTWR / Jobs / Clerking / Reviews

**Sat:** AM: On-call rota

PM: On-call rota

**Sun:** AM: On-call rota

PM: On-call rota

On call requirements:

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TRUST
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SITE
Worthing
TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)
KSS/RYS18/004/F1/004 <b>POST 02</b>
PLACEMENT DETAILS (i.e. the specialty and sub-specialty)
F1 – RESPIRATORY

DEPARTMENT
General Internal Medicine
TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES
There are learning opportunities for many procedures including pleural taps and aspirates, as well as the chance to do ward round independently.
WHERE THE PLACEMENT IS BASED
NEED WARD/LOCATION DETAILS
CLINICAL SUPERVISOR(S) FOR THE PLACEMENT
Dr Nick Adams
MAIN DUTIES OF THE PLACEMENT
Each day comprises a ward round from 09:00 to about 12:30 where every patient is reviewed. After a 30min lunch break the afternoon is spent doing jobs generated from the ward round such as making referrals to other specialties, requesting scans, chasing test results, taking bloods and doing cannulas, sorting out patients who become acutely unwell. There are consultant ward rounds twice per week.
TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)
<p><b>Mon:</b> AM:</p> <p>PM:</p> <p><b>Tues:</b> AM:</p> <p>PM:</p> <p><b>Weds:</b> AM:</p> <p>PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM:</p> <p>PM:</p> <p><b>Fri:</b> AM:</p> <p>PM:</p> <p><b>Sat:</b> AM:</p> <p>PM:</p> <p><b>Sun:</b> AM:</p> <p>PM:</p> <p>On call requirements:</p>
LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION
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**Foundation Programme  
Individual Placement Descriptor\***

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<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/035/F1/001
<b>POST 08</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – ACUTE CARE</b>
<b>DEPARTMENT</b>
General Internal Medicine
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
4/12 placement with rotations through all aspects of Acute Care including Acute Frailty, Acute Medicine and Acute Surgery. Initial assessment and management of acute surgical, medical and elderly care patients. Clerking, initial treatment, prescription-writing, on-going management of patients up to 72hrs. Liaising with other specialties including Radiology and working within a multi-disciplinary team. Broad exposure to medical and surgical presentations, opportunity to gain competencies in basic procedures and access to advanced procedures including lumbar puncture, pleural drains and ascitic drains. Presentation skills and team working and many other aspects of general training from curriculum are met within this placement. Post-take ward rounds, bed-side teaching, daily meetings, case-presentations, departmental teaching. Trainees will also all work on Ambulatory Care.
<b>WHERE THE PLACEMENT IS BASED</b>
Emergency Floor
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Roger Duckitt / Dr Joe Wileman / Dr Simon Murphy / Dr Adrian Richardson /
<b>MAIN DUTIES OF THE PLACEMENT</b>
<ul style="list-style-type: none"> <li>• Initial clerking and treatment of patients</li> <li>• Managing on-going care of patients on the unit</li> <li>• Co-ordinating investigations and treatment plans</li> <li>• Maintain safe, up-to-date list of ward-patients.</li> <li>• Take part in post-take ward rounds</li> <li>• Preparing discharge letters</li> <li>• Ensure post-take jobs are completed.</li> <li>• Liaising with other specialties and departments</li> <li>• Review patients when required</li> <li>• Learn lots of Medicine and have fun!</li> </ul>

### TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)

**Mon:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Tues:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Weds:** AM: PTWR / Jobs / Clerking / Reviews  
PM: Protected foundation teaching

**Thurs:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Fri:** AM: PTWR / Jobs / Clerking / Reviews  
PM: PTWR / Jobs / Clerking / Reviews

**Sat:** AM: On-call rota  
PM: On-call rota

**Sun:** AM: On-call rota  
PM: On-call rota

On call requirements:

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University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/091/F1/001
<b>POST 01</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
F1 – ANAESTHETICS
<b>DEPARTMENT</b>
Anaesthesia & Intensive Care
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
NEED SUMMARY
<b>WHERE THE PLACEMENT IS BASED</b>
Operating Theatre & Intensive Care
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Howard Wakeling
<b>MAIN DUTIES OF THE PLACEMENT</b>

Supernumerary learning position in anaesthesia and intensive care. First 2 months in anaesthesia moving through all areas of DGH anaesthetics gaining knowledge and various skills, particularly relating to the airway and vascular access. Second 2 months spent in intensive care to consolidate skills learned in anaesthetics and gain others including the recognition and early management of the acutely unwell patient, advanced vascular access, cardiac output monitoring, peri-arrest cooling, blood gas interpretation etc.

#### TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)

**Mon:** AM:  
PM:

**Tues:** AM:  
PM:

**Weds:** AM:  
PM: Protected foundation teaching

**Thurs:** AM:  
PM:

**Fri:** AM:  
PM:

**Sat:** AM:  
PM:

**Sun:** AM:  
PM:

On call requirements:

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<b>SITE</b>
Worthing

<b>TRAINEE INFORMATION SYSTEM (TIS)Post Code (and local post number if known)</b>
KSS/RYR18/073/F1/002 <b>POST 07</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – HAEMATOLOGY</b>
<b>DEPARTMENT</b>
General Internal Medicine
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Mainly ward based- gaining experience in managing in-patient haematology patients giving exposure to haematological emergencies such as hypercalcaemia, cord compression and neutropenic sepsis. There is also exposure to inpatient haematology chemotherapy and managing those with severe immunosuppression and well as end of life care. The post also covers MDCU and exposure to outpatient complications of chemotherapy
<b>WHERE THE PLACEMENT IS BASED</b>
Balcombe Ward and MDCU
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr George Double
<b>MAIN DUTIES OF THE PLACEMENT</b>
To look after inpatient haematology patients and outpatient oncology patients on MDCU. There is opportunity to gain exposure to out-patient haematology clinics if desired
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM:</p> <p>PM:</p> <p><b>Tues:</b> AM:</p> <p>PM:</p> <p><b>Weds:</b> AM:</p> <p>PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM:</p> <p>PM:</p> <p><b>Fri:</b> AM:</p> <p>PM:</p> <p><b>Sat:</b> AM:</p> <p>PM:</p> <p><b>Sun:</b> AM:</p> <p>PM:</p> <p>On call requirements: As dictated by rota</p>
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**Foundation Programme  
Individual Placement Descriptor\***

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University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/007/F1/002 <b>POST 06</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F1 – CARDIOLOGY</b>
<b>DEPARTMENT</b>
General Internal Medicine
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
The rotation comprises of mainly cardiology patients very rarely do we get any general medical patients. There is a great deal of teaching from the seniors. There is a Friday list for cardioversion which the juniors run. There are opportunities to go to clinic. There is also the rapid access chest pain clinic on Thursday's which is run by the junior's. During the placement it could be possible to perform pleural taps and drains but depends on the patients you get. In terms of learning your management of ACS, AF, Heart block, Valvular disease will improve greatly. When on call you could be able to manage cardiology cases competently.
<b>WHERE THE PLACEMENT IS BASED</b>
Eartham
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Kathy Webb-Peploe
<b>MAIN DUTIES OF THE PLACEMENT</b>
The job mainly involves ward rounds in the morning that start 8:30 am and finish by 11:00am. After this you do all the jobs that need doing. Typical job's would be organising tests, making sure patients are ready for angiogram or pacemaker, chasing up colleagues for patient transfer, usual bloods, cannula and ABG's. The F1s are not scheduled to go to clinic but if you are eager then you can go. There are also opportunities in the cath lab to see angiograms, PCI's, temporary wire and

pacemaker insertion. If you are really lucky you may be able to have a go at getting central access (Femoral, subclavian or auxiliary).

#### **TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)**

**Mon:** AM: Ward round

PM: Ward work

**Tues:** AM: Ward round

PM: Ward work

**Weds:** AM: Ward round

PM: Protected foundation teaching

**Thurs:** AM: Ward round

PM: Ward work plus rapid access chest pain clinic

**Fri:** AM: Ward round

PM: Ward work

**Sat:** AM:

PM:

**Sun:** AM:

PM:

On call requirements:

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A member of:  
Association of UK University Hospitals

Sussex Partnership   
NHS Foundation Trust

## Foundation Programme – Year 1 Individual Placement Descriptor

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<b>Job Title:</b>	Foundation Year 1
<b>Directorate:</b>	Acute Mental Health Services
<b>Supervisor:</b>	Dr Claire Jones
<b>Base:</b>	Mental Health Liaison Team, Worthing General Hospital
<b>Hours of Work:</b>	40 Hours with full shift rota pattern
<b>Guardian of Safe Working:</b>	Dr Sarah James

**National Post Number:** TBC

**Handover:** As required by the scheme

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## INTRODUCTION

Sussex Partnership NHS Foundation Trust consists of some 4,500 passionate and dedicated clinicians and support staff, working hand in hand with partners in the community to care for and support vulnerable people. We provide NHS care and treatment for people living in Brighton and Hove, East and West Sussex and Hampshire. We also provide a range of specialist services across south east England.

We are one of the largest providers of children and young people's mental health services in England, delivering community services in Sussex and Hampshire. We provide services in places including hospital (we have about 650 inpatients beds), people's homes, community centres, GP practices and prison. Our services in Sussex care for people with mental health problems, learning disabilities and an addiction to drugs or alcohol.

We are one of the few mental health organisations to have been granted university status by the Association of UK University Hospitals. This recognises our achievements in bringing research, teaching and clinical care more closely together for the benefit of patients.

As a teaching trust of Brighton and Sussex Medical School we have a national reputation for leading-edge research. During 2013-14 our research activity generated £1.6 million income. We are now one of the most influential, effective and well-respected mental health trusts in the country, and, as a teaching trust of Brighton and Sussex Medical School: We started as Sussex Partnership NHS Trust in April 2006 and became a Foundation Trust with teaching status in August 2008.

## JOB CONTENT

<b>Job outline:</b>	<p>This is a FY1 post based at Worthing General Hospital in the Mental Health Liaison Team. This service provides urgent mental health assessments for patients who are referred to us within Worthing Hospital, from the A&amp;E department and hospital wards. The FY1 doctor will learn how to assess patients presenting with a wide range of mental illness, including psychiatric history taking, mental state examination, risk assessment and formulating management plans. They will learn about the overlap between physical and mental illness and how to complete holistic assessments, and will be able to develop more advanced communication skills.</p> <p>This placement is with the 'working age' Mental Health Liaison Team, seeing patients aged 17-65, but there will be opportunity to assess older adults aged over 65 (and child and adolescent services if the postholder is interested).</p> <p>One day a week will be spent working with the acute medical team on the Emergency Floor at Worthing General Hospital, to ensure the FY1 doctor gains necessary medical experience and skills as part of their training.</p> <p>This is a <b>4 month placement</b>, as part of the <b>Year 1</b> South Thames Foundation School training programme.</p>
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<p><b>Clinical Responsibilities:</b></p>	<p>The FY1 trainee will be given Trust and local induction, and after a period of shadowing with other members of the Mental Health Liaison Team, will be given the opportunity to jointly assess and formulate initial management plans for patients presenting with a wide range of mental illness within the general hospital - including anxiety and depression, self harm and suicide, mania, psychosis, delirium and dementia, trauma/PTSD, medically unexplained symptoms and neuropsychiatric conditions. As they develop their experience and skill, they will be able to complete these assessments on their own, with supervision and advice from senior colleagues.</p> <p>The FY1 doctor will support in reviewing medical investigations and prescribing where needed/appropriate.</p> <p>The FY1 doctor will develop their skills in assessing Mental Capacity and understand the interface between MCA and MHA. There will be opportunity to shadow Mental Health Act Assessments.</p> <p>A large part of the role is communicating and liaising with colleagues/services both within the general hospital, and outside the hospital including GPs, community mental health teams, social services and voluntary sector organisations, in order to form a safe discharge plan for the patient. The FY1 doctor will learn about other urgent care mental health services including the Crisis Team and Street Triage, and to understand the organisation and stepped care model within community mental health services.</p> <p>There are no on call responsibilities/duties associated with this post.</p> <p>The usual annual leave and study leave processes will be in place; periods of leave will be covered by colleagues/other training grade doctors in the team and should be agreed in advance.</p>
<p><b>Clinical Supervision:</b></p>	<p>The trainee will always have direct access to an appropriate senior colleague for advice in any clinical situation. In most situations between 9:00-17:00 this will be the Consultant Liaison Psychiatrist, Dr Claire Jones, who will also act as the clinical supervisor for training and quality assurance purposes and will offer on average <b>one hour per week direct face to face clinical supervision</b>. There are also other trainee psychiatrists, a team lead and clinical nurse specialist available to give clinical advice and supervision where appropriate.</p>
<p><b>Teaching and competences expected to be achieved:</b></p>	<p>This post is conducive to <b>developing the vast majority of the generic competencies required by the Foundation Programme Curriculum</b>.</p> <p>The placement is designed to help the trainee experience and develop Good Clinical Care in the management of acute mental illness and psychiatric emergencies, as well as chronic mental health conditions and disabilities, including assessment and diagnosis, safe prescribing, risk management, record keeping and correspondence, and communication/liaison with other professionals. The trainee will also be able to develop more generic skills relating to Good Medical Practice.</p> <p><b>HLO 1. An accountable, capable and compassionate doctor</b></p> <p>The FY1 doctor will have ample opportunity to develop skills in clinical assessment and holistic care. The liaison team is an urgent care service and works with</p>

	<p>unscheduled care, giving the trainee good experience in clinical prioritisation and in ensuring continuity of care. Working in acute mental health services will enable them to develop advanced communication skills.</p> <p><b>HLO 2. A valuable member of the healthcare workforce</b></p> <p>The FY1 doctor will be quickly integrated into our multidisciplinary/multiprofessionals team and will learn to work closely and communicate clearly with a wide range of colleagues in different services. There will be ample opportunity to design and complete audits and quality improvement projects and the trainee will be encouraged to take part in this. They will also have the opportunity to regularly teach medical students on placement in the liaison team, and to present at the local academic programme. The trainee's wellbeing and fitness to practice will be regularly reviewed in supervision and they will be offered support and guidance wherever needed, with close liaison with their educational supervisor.</p> <p><b>HLO 3. A professional responsible for their own practice and portfolio development</b></p> <p>The FY1 trainee will have regular clinical supervision and will be encouraged and supported to engage with continuing professional development including keeping up with portfolio development. There will be opportunity to discuss career planning and to gain further experience through shadowing opportunities and personal development days.</p> <p>There is a formal educational program organised by the Trust most Wednesday afternoons at Meadowfield Hospital, Worthing. The trainee will have the opportunity to take part in case presentations, journal clubs and Balint Groups (group reflective practice) with other trainees. The post holder will have the flexibility to attend other Foundation programme teaching activities with their peer group at the local Acute Hospital.</p>
<b>Education and Training:</b>	<ul style="list-style-type: none"> <li>• Daily clinical supervision and training whilst working with the Mental Health Liaison Team</li> <li>• Weekly one hour supervision with Clinical Supervisor</li> <li>• Educational Supervision 1-2 times per placement</li> <li>• Attendance at in-house psychiatric postgraduate teaching/academic programme on Wednesday afternoons</li> <li>• Attendance at weekly Foundation programme academic teaching</li> <li>• Attendance at weekly Balint group (group reflective practice) and monthly group supervision within the Mental Health Liaison Team</li> <li>• Access to the hospital and university libraries for independent study</li> <li>• Access to online journals and resources</li> </ul>
<b>Research and Quality Improvement:</b>	<p>Audit and involvement in quality improvement projects is encouraged and opportunities may be available and tailored to individual trainee needs.</p> <p>There will be opportunity ranging from gathering data for national and local audits which are already established, to working with colleagues on a Quality Improvement Project within our service/the hospital, to designing and leading on an audit or QIP of the trainee's own choosing/interest.</p>

<b>Emergencies:</b>	The post holder accepts that he/she will also perform duties in occasional emergencies and unforeseen circumstances but that there will always be appropriate clinical supervision and senior advice available.
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### Indicative Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
a.m.	MH assessments, supervision and Balint	Day Release EF Worthing	MH assessment	MH assessment	MH assessment
p.m.	MH assessments	Day Release EF Worthing	Academic Teaching	MH assessment	MH assessment

### Clinical Supervisor Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
a.m.	MH assessment, supervision	Day Release EF Worthing	MH assessment	MH assessment	MH assessment
p.m.	MH assessment	Day Release EF Worthing	Teaching	MH assessment	MH assessment

*Incorporated within the above work schedule will be 1 hour per week non-clinical Professional Development Time (PDT), as mandated by The Foundation School. The PDT time is to be used for self-directed learning, e-learning (this does not include trusts mandatory e-learning, i.e. Induction or annual update), meetings with ES's and CS's, portfolio work.*

<b>Supervision:</b>	<p><b><u>Expectations for supervision:</u></b></p> <p>This job description briefly describes the training placement and outlines an indicative timetable (subject to change) which includes an identified time for one hour per week one-to-one supervision but may be delivered in a group with other trainees that your supervisor is responsible for.</p> <p>Ad hoc supervision about clinical matters happens outside of this, i.e. discussing a patient.</p> <p><b><u>Please contact your locality tutor if supervision is not happening as per the guidelines above</u></b></p>
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### Foundation Programme Curriculum 2016 – Placement Matrix

*The following table provides an indication as to what extent the Foundation Programme Curriculum 2016 syllabus areas may be met during a specific placement.*

	None of the syllabus areas should be expected to be met in this placement
	To some extent/limited opportunity (positive or negative e.g. positive in that you may be able to experience this outcome)
	To a great extent/ample opportunities

	Syllabus	Syllabus details	Expect to achieve
<b>1: Knowledge, skills and performance</b>	<b>Professional behaviour</b>	<b>F2</b> <i>Acts in accordance with GMC guidance in all interactions with patients, relatives/carers and colleagues</i>  <i>Acts as a role model for medical students, other doctors and healthcare workers</i>  <i>Acts as a responsible employee and complies with local and national requirements e.g.</i> <ul style="list-style-type: none"> <li>• <i>Completing mandatory training</i></li> <li>• <i>Ensuring immunisation against communicable diseases</i></li> <li>• <i>Engaging in appraisal and assessment</i></li> <li>• <i>Taking responsibility for ensuring appropriate cover during leave</i></li> <li>• <i>Adhering to local sickness and return to work policies</i></li> </ul>	
	<b>Personal organisation</b>	<b>F2</b> <i>Supervise, support and organise other team members to ensure appropriate prioritisation, timely delivery of care and completion of work</i>	
	<b>Personal responsibility</b>	<b>F2</b> <i>Takes personal responsibility for clinical decision and is able to justify actions</i>  <i>Takes personal responsibility for revalidation</i>  <i>Accepts responsibility for any personal errors and takes suitable action including: seeking senior advice, apologising, making appropriate records and notifications</i>	
<b>2: Delivers patient centred care and maintains trust</b>	<b>Patient centred care</b>	<b>F2</b> <i>Works with patients and colleagues to develop individual care plans</i>  <i>Respects patients 'right to refuse treatment and/or to decline involvement in research projects</i>	
	<b>Trust</b>	<b>F2</b> <i>Discusses management options with patients and responds to their ideas, concerns and expectations</i>	



		<i>Encourages patients to make informed decisions, recognises patients' expertise and helps them to acquire knowledge of their condition</i>	
	<b>Consent</b>	<p><b>F2</b></p> <p><i>Obtains consent for an increasing range of procedures</i></p> <p><i>Obtains valid consent by giving each patient the information they 'want', or 'need' in a way they can understand *including 'material risks' and reasonable alternative or variant treatments</i></p> <p><i>Recognises when consent or refusal is invalid due to lack of capacity and applies principles of 'best interests' and 'least restriction'</i></p> <p><i>Demonstrates understanding of the principle of involving the child in the decision making process when they are able to understand and consider the options</i></p>	
<b>3: Behaves in accordance with ethical and legal requirements</b>	<b>Ethical and legal requirements</b>	<p><b>F1 &amp; F2</b></p> <p><i>Practices in accordance with guidance from the GMC, relevant legislation and national and local guidelines</i></p>	
	<b>Confidentiality</b>	<p><b>F1 &amp; F2</b></p> <p><i>Describes and applies the principles of confidentiality in accordance with GMC guidance</i></p> <p><i>Ensures the patient's rights of confidentiality when clinical details are discussed, recorded in notes or stored electronically</i></p> <p><i>Complies with information governance standards regarding confidential personal information</i></p> <p><i>Follows GMC guidance on the use of social media</i></p> <p><i>Describes when confidential information may be shared with appropriate third parties e.g. Police and DVLA</i></p>	
	<b>Statutory documentation</b>	<p><b>F1 &amp; F2</b></p> <p><i>Completes statutory documentation correctly e.g.</i></p> <ul style="list-style-type: none"> <li><i>• Death certificates</i></li> <li><i>• Statement for fitness to work</i></li> <li><i>• Cremation forms</i></li> </ul>	

	<b>Mental capacity</b>	<p><b>F1 &amp; F2</b></p> <p><i>Performs mental state examination and assessment of cognition and capacity</i></p> <p><i>Uses and documents the 'best interests checklist' when an individual lacks capacity for a specific decision</i></p> <p><i>Demonstrates awareness of the principles of capacity and incapacity as set out in the Mental Capacity Act 2005</i></p> <p><i>Demonstrates understanding that there are situations when it is appropriate for others to make decisions on their behalf of patients (e.g. lasting power of attorney, and guardianship)</i></p> <p><i>Demonstrates understanding that treatment may be provided against a patients expressed wishes in certain defined circumstances</i></p>	
<b>4: Keeps practice up to date through learning and teaching</b>	<b>Self-directed learning</b>	<p><b>F1 &amp; F2</b></p> <p><i>Acts to keep abreast of educational/training requirements</i></p> <p><i>Maintains a contemporaneous e-portfolio which meets training programme requirements</i></p> <p><i>Demonstrates change and improvement in practice as a result of reflection on personal experience, multi-source feedback (MSF) and feedback from SLEs</i></p> <p><i>Identifies and addresses personal learning needs</i></p>	
	<b>Teaching and assessment</b>	<p><b>F2</b></p> <p><i>Demonstrates improvement in teaching skills as a result of seeking, accepting and reflecting on feedback from learners and supervisors</i></p> <p><i>Assesses medical students and other healthcare professionals and provides constructive feedback</i></p>	
<b>5: Demonstrates engagement in career planning</b>		<p><b>F1 &amp; F2</b></p> <p><i>Discusses how to achieve career ambitions with educational supervisor</i></p> <p><i>Maintains an e-portfolio record of evidence demonstrating realistic career goals based on</i></p> <p><i>career guidance, self-awareness, information gathering, selection processes and discussion with colleagues</i></p> <p><i>Maintains an e-portfolio record of activities demonstrating exploration of possible specialty career options e.g. completion of taster period and reflection on the experience</i></p>	

<b>6: Communicate s clearly in a variety of settings</b>	<b>Communication with patients/relatives/ carers</b>	<b>F2</b>  <i>Provides the necessary / desired information</i>  <i>Communicates increasingly complex information</i>  <i>Checks patients' understanding of options and supports patients in interpreting information and evidence relevant to their condition</i>  <i>Ensures that patients are able to express concerns and preferences, ask questions and make personal choices</i>  <i>Responds to patients' queries or concerns</i>  <i>Teaches communication skills to students and colleagues</i>	
	<b>Communication in challenging circumstances</b>	<b>F2</b>  <i>Manages consultation/communication in time limited environments e.g. outpatients, emergency departments</i>  <i>Manages consultation/communication when English is not a patient's first language, including the appropriate use of an interpreter</i>  <i>Manages three-way consultations e.g. with an interpreter, using sign language, or with a child patient and their family/carers</i>	
	<b>Complaints</b>	<b>F2</b>  <i>Acts to prevent/mitigate and minimise distress in situations which might lead to complaint or dissatisfaction</i>  <i>Deals appropriately with angry/distressed/dissatisfied patients/carers and seeks assistance as appropriate</i>	
	<b>Patient records</b>	<b>F1 &amp; F2</b>  <i>Maintains accurate, legible and contemporaneous patient records and ensures that entries are signed and dated in compliance with "<u>Standards for the structure and content of patient records Health and Social Care Information Centre / Academy of Medical Royal Colleges (AoMRC) 2013</u>"</i>	
	<b>Interface with other healthcare professionals</b>	<b>F2</b>  <i>Demonstrates ability to make referrals across boundaries / through networks of care (primary, secondary, tertiary)</i>  <i>Writes accurate, timely, succinct and structured clinic letters and clinical summaries</i>	
<b>7: Works effectively as a team member</b>	<b>Continuity of care</b>	<b>F2</b>  <i>Allocates and prioritises tasks during handover.</i>  <i>Anticipates and identifies problems for the next clinical team/shift and takes pre-emptive action where required</i>	

	Interaction with colleagues	<b>F2</b>  <i>Demonstrates initiative e.g. by recognising work pressures on others, providing support and organising / allocating work to optimise effectiveness within the clinical team</i>	
<b>8: Demonstrates leadership skills</b>	Leadership	<b>F2</b>  <i>Demonstrates extended leadership role within the team by making decisions and taking responsibility for managing increasingly complex situations across a greater range of clinical and non-clinical situations</i>  <i>Supervises and supports team members, e.g. supervising F1 doctors, delegating tasks appropriately, directing patient review, organising handover</i>	
<b>9: Recognises, assesses and initiates management of the acutely ill patient</b>	Recognition of acute illness	<b>F1 &amp; F2</b>  <i>Responds promptly to notification of deterioration or concern regarding a patient's condition e.g. change in National Early Warning Score (NEWS)</i>  <i>Prioritises tasks according to clinical urgency and reviews patients in a timely manner</i>  <i>Recognises, manages and reports transfusion reactions, according to local and national guidelines</i>	
	Assessment of the acutely unwell patient	<b>F2</b>  <i>Performs rapid, focused assessment of illness severity including physiological monitoring and also considering mental health aspects</i>  <i>Performs prompt, rapid, focused assessment of the patient who presents an acute risk to themselves or to others in the context of mental disorder, incapacity or incompetence</i>	
	Immediate management of the acutely unwell patient	<b>F2</b>  <i>Reassesses acutely ill patients to monitor efficacy of interventions, including those aimed at managing acute mental illness and maintaining patient safety and the safety of others</i>  <i>Recognises when a patient should be moved to a higher level of care and seeks appropriate assistance with review and management</i>  <i>Communicates with relatives/friends/carers in acute situations and offers support</i>	
<b>10: Recognises, assesses and manages patients with long term conditions</b>	Management of long term conditions in the unwell patient	<b>F2</b>  <i>Performs primary review of new referrals within the hospital or outpatient clinic</i>  <i>Cares for patients with long-term diseases during their in-patient stay, as outpatients and in the community</i>	

		<p><i>Reviews long-term drug regime and, with senior advice, considers modifying dosage, timing and treatment.</i></p> <p><i>Assesses and manages the impact of long term mental disorder on the presentation and course of acute physical illness, and vice versa</i></p>	
	<b>The frail patient</b>	<p><b>F2</b></p> <p><i>Prescribes with an understanding of the impact of increasing age, weight loss and frailty on drug pharmacokinetics and pharmacodynamics</i></p> <p><i>Performs a comprehensive geriatric assessment (CGA) including consideration of dementia</i></p> <p><i>Describes the impact of activities of daily living on long-term conditions (e.g. impact of a notifiable condition on driving) and provides information / discusses these with the patients and carers</i></p>	
	<b>Support for patients with long term conditions</b>	<p><b>F2</b></p> <p><i>Encourages and assists patients to make realistic decisions about their care and helps them to construct and review advance/long-term care plans</i></p> <p><i>Arranges appropriate assessment for specialist rehabilitation, care home placement and respite care</i></p>	
	<b>Nutrition</b>	<p><b>F2</b></p> <p><i>Works with other healthcare professionals to address nutritional needs and communicate these during care planning</i></p> <p><i>Recognises eating disorders, seeks senior input and refers to local specialist service</i></p> <p><i>Formulates a plan for investigation and management of weight loss or weight gain</i></p>	
<b>11: Obtains history, performs clinical examination, formulates differential diagnosis and management plan</b>	<b>History</b>	<p><b>F2</b></p> <p><i>Obtains relevant history, including mental health and collateral history, in time limited and sometimes difficult circumstances</i></p>	
	<b>Physical and mental state examination</b>	<p><b>F2</b></p> <p><i>Performs focused physical/mental state examination in time limited environments e.g. outpatients/ general practice/emergency department</i></p>	
	<b>Diagnosis</b>	<p><b>F2</b></p> <p><i>Performs primary review of new referrals within the hospital or outpatient clinic</i></p> <p><i>Reviews initial diagnoses and plans appropriate strategies for further investigation</i></p>	

	<b>Clinical management</b>	<b>F2</b> <i>Refines problem lists and management plans and develops appropriate strategies for further investigation and management</i>	
	<b>Clinical review</b>	<b>F2</b> <i>Reprioritises problems and refines strategies for investigation and management and leads regular review of treatment response to oversee patients' progress</i>	
	<b>Discharge planning</b>	<b>F2</b> <i>Anticipates clinical evolution and starts planning discharge and on-going care from the time of admission</i>  <i>Liaises and communicates with the patient, family and carers and supporting teams to arrange appropriate follow up</i>  <i>Recognises and records when patients are medically, including mentally, fit for discharge</i>	
	<b>Discharge summaries</b>	<b>F1 &amp; F2</b> <i>Prescribes discharge medication in a timely fashion</i>  <i>Produces a clear, timely, legible discharge summary that identifies principle diagnoses, including mental health, key treatments/interventions, discharge medication and follow-up arrangements</i>	
<b>12: Requests, relevant investigations and acts upon results</b>	<b>Investigations</b>	<b>F2</b> <i>Minimises wasteful or inappropriate use of resources by helping and directing colleagues to order appropriate tests and investigations</i>  <i>Explains to patients the risks, possible outcomes and implications of investigation results and obtains informed consent</i>	
	<b>Interpretation of investigations</b>	<b>F2</b> <i>Increases the range and complexity of investigations which they can interpret and helps colleagues to interpret appropriate tests and investigations</i>	
<b>13: Prescribes safely</b>	<b>Correct prescription</b>	<b>F1 &amp; F2</b> <i>Prescribes medicines, blood products and fluids correctly, accurately and unambiguously in accordance with GMC and other guidance using correct documentation to ensure that patients receive the correct drug via the correct route at the correct frequency and at the correct time</i>  <i>Demonstrates understanding of responsibilities and restrictions with regard to prescribing high risk medicines including anticoagulation, insulin, chemotherapy and immunotherapy</i>  <i>Performs dosage calculations accurately and verifies that the dose calculated is of the right order</i>	

		<p><i>Reviews previous prescriptions and transfers/ transcribes accurately and appropriately</i></p> <p><i>Describes the potential hazards related to different routes of drug administration (e.g. oral, intramuscular, intravenous, intrathecal)</i></p> <p><i>Follows the guidance in Good Medical Practice in relation to self-prescribing and prescribing for friends and family</i></p> <p><i>Within the hospital, prescribes controlled drugs using appropriate legal framework and describes the management and prescribing of controlled drugs in the community</i></p> <p><i>Describes the importance of security issues in respect of prescription</i></p>	
	<b>Clinically effective prescription</b>	<p><b>F1 &amp; F2</b></p> <p><i>Prescribes and administers for common important indications including medicines required urgently in the management of medical emergencies e.g. sepsis, exacerbation of chronic obstructive pulmonary disease, pulmonary oedema, congestive cardiac failure, pain, thromboprophylaxis</i></p> <p><i>Prescribes safely for different patient groups including frail elderly, children, women of child-bearing potential, pregnant women and those with hepato-renal dysfunction</i></p> <p><i>Prescribes and administers oxygen, fluids and antimicrobials as appropriate e.g. in accordance with NICE guidance on antimicrobial and intravenous fluid therapy</i></p> <p><i>Chooses appropriate intravenous fluids as vehicles for intravenous drugs and calculates the correct volume and flow rate</i></p> <p><i>Assesses the need for fluid replacement therapy and chooses and prescribes appropriate intravenous fluids and calculates the correct volume and flow rates</i></p> <p><i>Prescribes and administers blood products safely in accordance with guidelines/protocols on safe cross matching and the use of blood and blood products</i></p>	
	<b>Discussion of medication with patients</b>	<p><b>F1 &amp; F2</b></p> <p><i>Discusses drug treatment and administration with patients/carers, including duration of treatment, unwanted effects and interactions</i></p> <p><i>Obtains an accurate drug history, including allergy, self-medication, use of complementary healthcare products and enquiry about allergic and other adverse reactions</i></p>	
	<b>Guidance on prescription</b>	<p><b>F1 &amp; F2</b></p> <p><i>Prescribes using all available support including local and national formularies, pharmacists and more experienced prescribers to ensure accurate, safe and effective error-free</i></p>	



		<p><i>prescribing, whilst recognising that legal responsibility remains with the prescriber</i></p> <p><i>Prescribes according to relevant national and local guidance on antimicrobial therapy, recognising the link between antimicrobial prescribing and the development of antimicrobial resistance</i></p>	
	<b>Review of prescriptions</b>	<p><b>F1 &amp; F2</b></p> <p><i>Reviews prescriptions regularly for effectiveness and safety taking account of patient response, adverse reactions and drug level monitoring</i></p> <p><i>Recognises and initiates action for common adverse effects of drugs and communicates these to patients, including potential effects on work and driving</i></p>	
<b>14: Performs procedures safely</b>	<b>Core procedures</b>	<p><b>F2</b></p> <p><i>Maintains and improves skills in the core procedures and develops skills in more challenging circumstances e.g. reliably able to perform venous cannulation in the majority of patients including during resuscitation</i></p>	
	<b>Other procedures</b>	<p><b>F2</b></p> <p><i>Teaches other healthcare workers procedures when skilled and sanctioned to do this</i></p> <p><i>Increases the range of procedures they can perform relevant to specific clinical placements</i></p>	
<b>15: Is trained and manages cardiac and respiratory arrest</b>		<p><b>F2</b></p> <p><i>Demonstrates the initiation and performance of advanced life support including cardiopulmonary resuscitation, manual defibrillation and management of life threatening arrhythmias and is able to lead the resuscitation team where necessary</i></p> <p><i>Demonstrates understanding of the ethics of transplantation and identifies potential donors to senior medical staff</i></p>	
	<b>Do not attempt cardiopulmonary resuscitation orders</b>	<p><b>F2</b></p> <p><i>Discusses DNACPR with the multidisciplinary team, the patient, long-term carers (both medical and non-medical) and relatives and then records the outcome of that discussion</i></p>	
<b>16: Demonstrates understanding of the principles of health promotion and illness prevention</b>		<p><b>F1 &amp; F2</b></p> <p><i>Explains to patients the possible effects of lifestyle, including the effects of diet, nutrition, inactivity, smoking, alcohol and substance abuse</i></p> <p><i>Recognises the impact of wider determinants of health and advises on preventative measures with reference to local and national guidelines including:</i></p> <ul style="list-style-type: none"> <li>• <i>Smoking cessation and supportive measures</i></li> </ul>	



		<ul style="list-style-type: none"> <li>• <i>Appropriate alcohol intake levels or drinking cessation</i></li> <li>• <i>Illicit drug use and referral to support services</i></li> <li>• <i>Biohazards</i></li> <li>• <i>Risks of UV and ionising radiation especially the harmful effects of sunlight</i></li> <li>• <i>Lack of exercise and physical/mental activity</i></li> <li>• <i>Weight management</i></li> <li>• <i>Employment</i></li> <li>• <i>Vaccination programmes</i></li> <li>• <i>Cancer screening e.g. breast, cervical, bowel</i></li> <li>• <i>Recommends well man/women clinics</i></li> </ul>	
<b>17: Manages palliative and end of life care</b>	<b>End of Life Care</b>	<p><b>F2</b></p> <p><i>Participates in discussions regarding personalised care planning including symptom management and advance care plans with patients, family and carers</i></p> <p><i>Discusses the patients' needs and preferences regarding care in the last days of life, including preferred place of care and death, treatment escalation plans, do not attempt cardiopulmonary resuscitation (DNACPR) decisions</i></p>	
	<b>Care after death</b>	<p><b>F1 &amp; F2</b></p> <p><i>Confirms death by conducting appropriate physical examination, documenting findings in the patient record</i></p> <p><i>Behaves professionally and compassionately when confirming and pronouncing death</i></p> <p><i>Follows the law and statutory codes of practice governing completion of Medical Certificate of Cause of Death (MCCD) and cremation certificates.</i></p> <p><i>Completes MCCD when trained to do so and notes details reported on the MCCD in the patient record</i></p> <p><i>Demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal.</i></p> <p><i>Reports death to coroner/procurator fiscal after discussion with a senior colleague</i></p> <p><i>Discusses the benefits of post mortem examination and explains the process to relatives/carers</i></p> <p><i>Completes relevant sections of cremation forms when trained to do this</i></p>	
<b>18: Recognises and works within limits of personal competence</b>	<b>Personal competence</b>	<p><b>F1 &amp; F2</b></p> <p><i>Recognises and works within limits of competency</i></p> <p><i>Calls for senior help and advice in a timely manner and communicates concerns/expected response clearly.</i></p>	

		<p><i>Uses clinical guidelines and protocols, care pathways and bundles</i></p> <p><i>Takes part in activities to maintain and develop competence e.g. seeking opportunities to do SLES and attending simulation training</i></p> <p><i>Demonstrates evidence of reflection on practice and how this has led to personal development</i></p>	
<b>19:</b> <b>Makes patient safety a priority in clinical practice</b>	<b>Patient safety</b>	<p><b>F2</b></p> <p><i>Describes the mechanisms to report:</i></p> <ul style="list-style-type: none"> <li>• <i>Device related adverse events</i></li> <li>• <i>Adverse drug reactions</i></li> </ul> <p><i>to appropriate national centre and completes reports as required</i></p> <p><i>Participates in/undertakes a project related to a patient safety issue (e.g. Quality Improvement), with recommendations for improving the reliability of care and, with senior support, takes steps to institute these</i></p> <p><i>Discusses risk reduction strategies and principles of significant event analysis and contributes to the discussion/ analysis of adverse events, including potential to identify and prevent systematic error</i></p>	
	<b>Causes of impaired performance, error or suboptimal patient care</b>	<p><b>F2</b></p> <p><i>Describes the role of human factors in medical errors and takes steps to minimise these</i></p> <p><i>Describes ways of identifying poor performance in colleagues and how to support them</i></p>	
	<b>Patient identification</b>	<p><b>F1 &amp; F2</b></p> <p><i>Ensures patient safety by positive identification of the patient:</i></p> <ul style="list-style-type: none"> <li>• <i>At each encounter</i></li> <li>• <i>In case notes</i></li> <li>• <i>When prescribing/administering drugs</i></li> <li>• <i>On collecting specimens and when requesting and reviewing investigations</i></li> <li>• <i>Before consent for surgery/procedures</i></li> </ul> <p><i>Uses appropriate 2 or 3 point checks (e.g.name, date of birth, hospital number, address) in accordance with local protocols and national guidance</i></p> <p><i>Crosschecks identification immediately before procedures/administration of blood products/IV drugs</i></p> <p><b>Usage of medical devices and information technology (IT)</b>  <b>(n.b. this excludes implantable devices)</b></p>	

	<b>Usage of medical devices and information technology (IT)</b>	<b>F1 &amp; F2</b>  <i>Demonstrates ability to operate common medical devices and interpret non-invasive monitoring correctly and safely after appropriate training</i>  <i>Accesses and uses IT systems including local computing systems appropriately</i>  <i>Demonstrates good information governance in use of electronic records</i>	
	<b>Infection control</b>	<b>F1 &amp; F2</b>  <i>Demonstrates consistently high standard of practice in infection control techniques in patient contact and treatment including hand hygiene and use of personal protective equipment (PPE)</i>  <i>Demonstrates safe aseptic technique and correctly disposes of sharps and clinical waste</i>  <i>Demonstrates adherence to local guidelines/protocols for antibiotic prescribing</i>  <i>Requests screening for any disorder which could put other patients or staff at risk by cross contamination, e.g. Clostridium. Difficile</i>  <i>Takes an active role in outbreak management within healthcare settings (e.g. diarrhoea on a ward) and complies with procedures instituted by the infection control team</i>  <i>Inform the competent authority of notifiable diseases</i>  <i>Challenges and corrects poor practice in others who are not observing best practice in infection control</i>  <i>Recognises the need for immunisations and ensures own are up to date in accordance with local/national policy</i>  <i>Takes appropriate microbiological specimens in a timely fashion with safe technique</i>  <i>Recognises the risks to patients from transmission of blood-borne infection</i>	
<b>20: Contributes to quality improvement</b>	<b>Quality improvement</b>	<b>F2</b>  <i>Contributes significantly to at least one quality improvement project including:</i> <ul style="list-style-type: none"> <li>• <i>Data collection</i></li> <li>• <i>Analysis and/or presentation of findings</i></li> <li>• <i>Implementation of recommendations</i></li> </ul> <i>Makes quality improvement link to learning/professional development in e-portfolio</i>	

	<b>Healthcare resource management</b>	<b>F1 &amp; F2</b>  <i>Demonstrates understanding of the organisational structure of the NHS and independent sector and their role in the wider health and social care landscape</i>  <i>Describes hospital and departmental management structure</i>  <i>Describes the processes of commissioning and funding, and that all healthcare professionals have a responsibility for stewardship of healthcare resources</i>  <i>Describes accountability of the NHS in its context as a publicly funded body, and the need to ensure the most effective and sustainable use of finite resources</i>  <i>Recognises the resource implications of personal actions and minimises unnecessary/wasteful use of resources e.g. repeat investigations, delayed discharge</i>  <i>Describes cost implications of common treatments in terms of money, equipment and human resources (e.g. generic prescribing, intravenous v oral antibiotics)</i>	
	<b>Information management</b>	<b>F1 &amp; F2</b>  <i>Seeks, finds, appraises and acts on information related to medical practice including primary research evidence, reviews, guidelines and care bundles</i>  <i>Critically reviews research and, where appropriate, presents finding (e.g. journal club)</i>	

### Competences expected to be achieved:

This post is conducive to **developing the vast majority of the generic competencies required by the Foundation Programme Curriculum (2016), e.g.**

#### Section 1: Professional behaviour and trust

#### Section 2: Communication, team-working and leadership

#### Section 3: Clinical Care

#### Section 4: Safety & Quality

Also the placement is designed to help the trainee experience and develop **Good Clinical Care** in the **management of acute mental disorder and self-harm, management of patients with long-term mental health disorder and disability**, including safe prescribing, record-keeping and correspondence, interface with other professionals.

The trainee by the end of the placement is anticipated to be able to:

- Elicit a basic clinical history for a common psychiatric disorder

- Perform a mental state examination for a common psychiatric disorder
- Perform a cognitive screening assessment
- Perform a risk assessment
- Make a concise case presentation and initial management plan for a common psychiatric disorder
- Write an accurate and concise report, assessment or referral

**Supervised Learning Events expected to be achieved:**

It is expected that the following assessments will take place:

- 1x Mini-PAT [per year]: This is a Peer Assessment Tool and involves feedback from a range of Healthcare Professionals
- 2x Mini-CEX: This involves the evaluation of an observed clinical encounter with immediate feedback from the observer
- 2x CBD: Structured case-based discussions to allow decision-making and reasoning regarding the management of a case in detail
- 1x Assessment of teaching

**Foundation Programme  
Individual Placement Descriptor\***

**TRUST**

University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)

<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS)Post Code (and local post number if known)</b>
KSS/RYR18/024/F2/003
<b>POST 28</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – TRAUMA &amp; ORTHOPAEDICS</b>
<b>DEPARTMENT</b>
Trauma & Orthopaedics
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Ward based and theatre based learning and structured teaching.
<b>WHERE THE PLACEMENT IS BASED</b>
Coombes Ward
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Mr Aneel Ansari / Mr Kush Narang / Mr Nirav Shah
<b>MAIN DUTIES OF THE PLACEMENT</b>
Clerk patients, manage traumatic conditions of musculoskeletal system, perform minor procedures. Participate in on call rota as initial investigation and management of trauma admissions.
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM: Ward work/theatre PM: Ward work/theatre</p> <p><b>Tues:</b> AM: Ward work/theatre PM: Ward work/theatre</p> <p><b>Weds:</b> AM: Ward work/theatre PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM: Ward work/theatre PM: Ward work/theatre</p> <p><b>Fri:</b> AM: Ward work/theatre PM: Ward work/theatre</p> <p><b>Sat:</b> AM: PM:</p> <p><b>Sun:</b> AM: PM:</p> <p>On call requirements: 4 long days (0800-2100) or 3 long days (0800-2100 fri, sat, sun) and nights (2030-0900) 4 long days or 3 long days. Night on calls cover general surgery, T and O and Urology. EWTD compliant frequency</p>
<b>LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION</b>

University Hospitals Sussex NHS Foundation Trust (UHSussex) is an NHS foundation trust which provides clinical services to people in Brighton and Hove, parts of East Sussex and West Sussex. We run seven hospitals across Brighton & Hove and West Sussex. The mission of University Hospitals Sussex – what we are striving to achieve – is to provide ‘excellent care every time’. Please note, the information in this IPD relates to Foundation training at the following site:

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- Compassion
- Communication
- Teamwork
- Respect
- Professionalism
- Inclusion

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**Foundation Programme  
Individual Placement Descriptor\***

<b>TRUST</b>
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYS18/024/F2/002
<b>POST 27</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – TRAUMA &amp; ORTHOPAEDICS</b>
<b>DEPARTMENT</b>
Trauma & Orthopaedics
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Ward based and theatre based learning and structured teaching.
<b>WHERE THE PLACEMENT IS BASED</b>
Coombes Ward
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Mr Aneel Ansari / Mr Kush Narang / Mr Nirav Shah
<b>MAIN DUTIES OF THE PLACEMENT</b>
Clerk patients, manage traumatic conditions of musculoskeletal system, perform minor procedures. Participate in on call rota as initial investigation and management of trauma admissions.
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<b>Mon:</b> AM:    Ward work/theatre PM:    Ward work/theatre



**Tues:** AM: Ward work/theatre  
PM: Ward work/theatre

**Weds:** AM: Ward work/theatre  
PM: Protected foundation teaching

**Thurs:** AM: Ward work/theatre  
PM: Ward work/theatre

**Fri:** AM: Ward work/theatre  
PM: Ward work/theatre

**Sat:** AM:  
PM:

**Sun:** AM:  
PM:

On call requirements: 4 long days (0800-2100) or 3 long days (0800-2100 fri, sat, sun) and nights (2030-0900) 4 long days or 3 long days. Night on calls cover general surgery, T and O and Urology. EWTD compliant frequency

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**Foundation Programme  
Individual Placement Descriptor\***

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University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/024/F2/001
<b>POST 26</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – TRAUMA &amp; ORTHOPAEDICS</b>
<b>DEPARTMENT</b>
Trauma & Orthopaedics

TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES	
Ward based and theatre based learning and structured teaching.	
WHERE THE PLACEMENT IS BASED	
Coombes Ward	
CLINICAL SUPERVISOR(S) FOR THE PLACEMENT	
Mr Aneel Ansari / Mr Nirav Shah / Mr Kush Narang	
MAIN DUTIES OF THE PLACEMENT	
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University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/021/F2/001
<b>POST 25</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
F2 – Upper GI / Colorectal
<b>DEPARTMENT</b>
General Surgery
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
<p>Foundation doctors are mainly responsible for the management of in-patients both emergency and elective, in addition ample opportunities are available to attend out-patient clinics, theatre and endoscopy sessions.</p> <p>They are expected to do daily ward rounds under supervision and will be responsible for the day to day management under the guidance of their senior colleagues.</p>
<b>WHERE THE PLACEMENT IS BASED</b>
Chiltington / Clapham
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Miss Pauline Whitehouse/Mr Malcolm McFall/Mr Marco Mlotshwa/Mr Valerio Di Nicola/Mr Bipul Kanri/Mr Anupam Dixit
<b>MAIN DUTIES OF THE PLACEMENT</b>
Managing in hospital patients under my care under strict supervision. Regular pre-assessment clinics. Optional theatre, endoscopy and OPD.
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM: Ward/pre-assessment/endoscopy PM: Ward/pre-assessment/endoscopy</p> <p><b>Tues:</b> AM: Ward/pre-assessment/endoscopy/teaching PM: Protected foundation teaching</p> <p><b>Weds:</b> AM: Ward/endoscopy PM: Ward/endoscopy</p> <p><b>Thurs:</b> AM: Ward/clinic PM: Ward/clinic</p> <p><b>Fri:</b> AM: Ward PM: Ward</p> <p><b>Sat:</b> AM: Ward PM: Ward</p>

Sun: AM: Ward  
PM: Ward

On call requirements: 1 in 8 Long days, 1 in 8 nights (surgical ward cover with a 2<sup>nd</sup> SHO grade admitting patients)

Encouragement to attend theatre and clinic

#### LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION

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**Foundation Programme  
Individual Placement Descriptor\***

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<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/021/F2/007
<b>POST 24</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
F2 – Upper GI / Colorectal
<b>DEPARTMENT</b>
General Surgery
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
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Chiltington / Clapham
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Miss Pauline Whitehouse/Mr Malcolm McFall/Mr Marco Mlotshwa/Mr Valerio Di Nicola/Mr Bipul Kanri/Mr Anupam Dixit
<b>MAIN DUTIES OF THE PLACEMENT</b>

Managing in hospital patients under my care under strict supervision. Regular pre-assessment clinics. Optional theatre, endoscopy and OPD.

#### **TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)**

**Mon:** AM: Ward/pre-assessment/endoscopy  
PM: Ward/pre-assessment/endoscopy

**Tues:** AM: Ward/pre-assessment/endoscopy/teaching  
PM: Protected foundation teaching

**Weds:** AM: Ward/endoscopy  
PM: Ward/endoscopy

**Thurs:** AM: Ward/clinic  
PM: Ward/clinic

**Fri:** AM: Ward  
PM: Ward

**Sat:** AM: Ward  
PM: Ward

**Sun:** AM: Ward  
PM: Ward

On call requirements: 1 in 8 Long days, 1 in 8 nights (surgical ward cover with a 2<sup>nd</sup> SHO grade admitting patients)

Encouragement to attend theatre and clinic

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### Foundation Programme Individual Placement Descriptor\*

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<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/021/F2/008
<b>POST 23</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
F2 – Upper GI / Colorectal
<b>DEPARTMENT</b>

General Surgery
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
<p>Foundation doctors are mainly responsible for the management of in-patients both emergency and elective, in addition ample opportunities are available to attend out-patient clinics, theatre and endoscopy sessions.</p> <p>They are expected to do daily ward rounds under supervision and will be responsible for the day to day management under the guidance of their senior colleagues.</p>
<b>WHERE THE PLACEMENT IS BASED</b>
Chiltington / Claphan
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Miss Pauline Whitehouse/Mr Malcolm McFall/Mr Marco Mlotshwa/Mr Valerio Di Nicola/Mr Bipul Kanri/Mr Anupam Dixit
<b>MAIN DUTIES OF THE PLACEMENT</b>
Managing in hospital patients under my care under strict supervision. Regular pre-assessment clinics. Optional theatre, endoscopy and OPD.
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM: Ward/pre-assessment/endoscopy PM: Ward/pre-assessment/endoscopy</p> <p><b>Tues:</b> AM: Ward/pre-assessment/endoscopy/teaching PM: Protected foundation teaching</p> <p><b>Weds:</b> AM: Ward/endoscopy PM: Ward/endoscopy</p> <p><b>Thurs:</b> AM: Ward/clinic PM: Ward/clinic</p> <p><b>Fri:</b> AM: Ward PM: Ward</p> <p><b>Sat:</b> AM: Ward PM: Ward</p> <p><b>Sun:</b> AM: Ward PM: Ward</p> <p>On call requirements: 1 in 8 Long days, 1 in 8 nights (surgical ward cover with a 2<sup>nd</sup> SHO grade admitting patients)</p> <p>Encouragement to attend theatre and clinic</p>
<b>LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION</b>
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- Teamwork
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- Professionalism
- Inclusion

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**Foundation Programme  
Individual Placement Descriptor\***

<b>TRUST</b>
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/002/F2/001
<b>POST 22</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – PAEDIATRICS</b>
<b>DEPARTMENT</b>
Women's & Children
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
<p>Exposure to children and newborn babies.</p> <p>Opportunities to see and learn disease conditions children admitted to secondary care plus care of newborn relevant to paediatric trainees and those wishing to be General Practitioners.</p> <p>Attend OPD clinics and see patients on their own with adequate supervision from consultants and registrars.</p> <p>Multidisciplinary morning handover Monday – Friday with clinical and educational discussion.</p> <p>Weekly dedicated protected teaching. Paediatric simulations.</p>
<b>WHERE THE PLACEMENT IS BASED</b>
Children's Centre
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Edward Yates
<b>MAIN DUTIES OF THE PLACEMENT</b>
<p>Review of children acutely referred to hospital by GPs, self-presenting to A&amp;E. Clerking of patients, management plans presentation and discussion at multidisciplinary joint handover every morning.</p> <p>Examination of newborn, normal.</p> <p>Participate in departmental teaching and take part in audit.</p>
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM: Ward round/ward jobs PM: Ward round/ward jobs</p> <p><b>Tues:</b> AM: Ward round/ward jobs/teaching PM: Ward round/ward jobs/teaching</p> <p><b>Weds:</b> AM: Ward round/ward jobs PM: Protected foundation teaching / Optional clinics in the afternoon</p>

**Thurs:** AM: Ward round/ward jobs  
PM: Ward round/ward jobs

**Fri:** AM: Ward round/ward jobs  
PM: Ward round/ward jobs

**Sat:** AM:  
PM:

**Sun:** AM:  
PM:

On call requirements: Usually one weekend a month and one night a week. During the placement you'll usually do one week and one weekend of night shifts.

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**Foundation Programme  
Individual Placement Descriptor\***

<b>TRUST</b>
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/040/F2/002
<b>POST 21</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – OBSTETRIC &amp; GYNAECOLOGY</b>
<b>DEPARTMENT</b>
Women's & Children
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions</p> <p>Daily/weekly/monthly (if applicable).</p> <p>Variable work schedule including a week covering ward patients, a week covering the gynae emergency unit and attendance in theatre, clinics and delivery suite. Weekly bleep free tutorial on Friday followed by full a teaching afternoon</p>
<b>WHERE THE PLACEMENT IS BASED</b>
<p>Worthing Hospital : Delivery suite (DS), Bramber ward, Early pregnancy Assessment Unit (EPAU), Gynae Day unit (GDU), Antenatal Clinic, Fetal Day Assessment Unit (FDAU), Outpatients, Operating theatres</p> <p>Southlands Hospital : Outpatients, Day surgical unit</p>
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>

Mr Shahzad Salim / Dr Rahila Khan / Dr Sam Alsammoua

### MAIN DUTIES OF THE PLACEMENT

Attendance in outpatients and theatres – opportunities to assist with operations and clerk patients in clinic.

Care of Obstetric and Gynaecology inpatients.

Assessment of emergency admissions through ED, GDU, EPAU, FDAU and DS.

Work on DS looking after labouring women and assisting in deliveries.

Weekly multidisciplinary team meetings with opportunities to present cases and be involved in discussions. Encouraged to participate in clinical governance and risk management.

### TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)

**Mon:** AM:

PM:

**Tues:** AM:

PM:

**Weds:** AM:

PM: Protected foundation teaching

**Thurs:** AM:

PM:

**Fri:** AM:

PM:

**Sat:** AM:

PM:

**Sun:** AM:

PM:

On call requirements:

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**Foundation Programme  
Individual Placement Descriptor\***

TRUST
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SITE
Worthing
TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)
KSS/RYP18/040/F2/001
POST 20
PLACEMENT DETAILS (i.e. the specialty and sub-specialty)
F2 – OBSTETRIC & GYNAECOLOGY
DEPARTMENT



Women's & Children
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
<p>Typical working pattern in this post e.g. ward rounds, clinics, theatre sessions</p> <p>Daily/weekly/monthly (if applicable).</p> <p>Variable work schedule including a week covering ward patients, a week covering the gynaecology emergency unit and attendance in theatre, clinics and delivery suite. Weekly bleep free tutorial on Friday followed by full a teaching afternoon.</p>
<b>WHERE THE PLACEMENT IS BASED</b>
<p>Worthing Hospital : Delivery suite (DS), Bramber ward, Early pregnancy Assessment Unit (EPAU), Gynae Day unit (GDU), Antenatal Clinic, Fetal Day Assessment Unit (FDAU), Outpatients, Operating theatres</p> <p>Southlands Hospital : Outpatients, Day surgical unit</p>
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Mr Shahzad Salim / Dr Rahila Khan / Dr Sam Alsammoua
<b>MAIN DUTIES OF THE PLACEMENT</b>
<p>Attendance in outpatients and theatres – opportunities to assist with operations and clerk patients in clinic.</p> <p>Care of Obstetric and Gynaecology inpatients.</p> <p>Assessment of emergency admissions through ED, GDU, EPAU, FDAU and DS.</p> <p>Work on DS looking after labouring women and assisting in deliveries.</p> <p>Weekly multidisciplinary team meetings with opportunities to present cases and be involved in discussions. Encouraged to participate in clinical governance and risk management.</p>
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM:</p> <p>PM:</p> <p><b>Tues:</b> AM:</p> <p>PM:</p> <p><b>Weds:</b> AM:</p> <p>PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM:</p> <p>PM:</p> <p><b>Fri:</b> AM:</p> <p>PM:</p> <p><b>Sat:</b> AM:</p> <p>PM:</p> <p><b>Sun:</b> AM:</p> <p>PM:</p> <p>On call requirements: As timetabled on rota</p>
<b>LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION</b>
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<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/800/F2/006
<b>POST 19</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – GENERAL PRACTICE</b>
<b>DEPARTMENT</b>
General Practice
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Clinical aspects of primary care including MDT working; weekly tutorial with myself and weekly tutorial with local Community Educational Supervisor (CES). Workplace-based assessments as per F2 ePortfolio requirements
<b>WHERE THE PLACEMENT IS BASED</b>
GP Surgery within the Worthing and Adur area
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
General Practitioner within Placement Practice
<b>MAIN DUTIES OF THE PLACEMENT</b>
Day-to-day GP, lots of patient contact and clinical work, following patients up, requesting and reviewing investigations, referring for further care
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM: All day surgery/clinics PM: All day surgery/clinics</p> <p><b>Tues:</b> AM: All day surgery/clinics PM: All day surgery/clinics</p> <p><b>Weds:</b> AM: Dedicated GP teaching PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM: All day surgery/clinics PM: All day surgery/clinics</p> <p><b>Fri:</b> AM: All day surgery/clinics PM: All day surgery/clinics</p> <p><b>Sat:</b> AM: PM:</p> <p><b>Sun:</b> AM: PM:</p>

On call requirements:

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**Foundation Programme  
Individual Placement Descriptor\***

<b>TRUST</b>
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/800/F2/005
<b>POST 18</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – GENERAL PRACTICE</b>
<b>DEPARTMENT</b>
General Practice
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Clinical aspects of primary care including MDT working; weekly tutorial with myself and weekly tutorial with local Community Educational Supervisor (CES). Workplace-based assessments as per F2 ePortfolio requirements
<b>WHERE THE PLACEMENT IS BASED</b>
GP Surgery within the Worthing and Adur area
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
General Practitioner within Placement Practice
<b>MAIN DUTIES OF THE PLACEMENT</b>
Day-to-day GP, lots of patient contact and clinical work, following patients up, requesting and reviewing investigations, referring for further care

### TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)

**Mon:** AM: All day surgery/clinics  
PM: All day surgery/clinics

**Tues:** AM: All day surgery/clinics  
PM: All day surgery/clinics

**Weds:** AM: Dedicated GP teaching  
PM: Protected foundation teaching

**Thurs:** AM: All day surgery/clinics  
PM: All day surgery/clinics

**Fri:** AM: All day surgery/clinics  
PM: All day surgery/clinics

**Sat:** AM:  
PM:

**Sun:** AM:  
PM:

On call requirements:

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**Foundation Programme  
Individual Placement Descriptor\***

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<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYP18/800/F2/004
<b>POST 17</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – GENERAL PRACTICE</b>

DEPARTMENT
General Practice
TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES
Clinical aspects of primary care including MDT working; weekly tutorial with myself and weekly tutorial with local Community Educational Supervisor (CES). Workplace-based assessments as per F2 ePortfolio requirements
WHERE THE PLACEMENT IS BASED
GP Surgery within the Worthing and Adur area
CLINICAL SUPERVISOR(S) FOR THE PLACEMENT
General Practitioner within Placement Practice
MAIN DUTIES OF THE PLACEMENT
Day-to-day GP, lots of patient contact and clinical work, following patients up, requesting and reviewing investigations, referring for further care
TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)
<p><b>Mon:</b> AM: All day surgery/clinics PM: All day surgery/clinics</p> <p><b>Tues:</b> AM: All day surgery/clinics PM: All day surgery/clinics</p> <p><b>Weds:</b> AM: Dedicated GP teaching PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM: All day surgery/clinics PM: All day surgery/clinics</p> <p><b>Fri:</b> AM: All day surgery/clinics PM: All day surgery/clinics</p> <p><b>Sat:</b> AM: PM:</p> <p><b>Sun:</b> AM: PM:</p> <p>On call requirements: None</p>
LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION
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**Foundation Programme  
Individual Placement Descriptor\***

<b>TRUST</b>
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/800/F2/003
<b>POST 16</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – GENERAL PRACTICE</b>
<b>DEPARTMENT</b>
General Practice
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Clinical aspects of primary care including MDT working; weekly tutorial with myself and weekly tutorial with local Community Educational Supervisor (CES). Workplace-based assessments as per F2 ePortfolio requirements
<b>WHERE THE PLACEMENT IS BASED</b>
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<p><b>Mon:</b> AM: All day surgery/clinics PM: All day surgery/clinics</p> <p><b>Tues:</b> AM: All day surgery/clinics PM: All day surgery/clinics</p> <p><b>Weds:</b> AM: Dedicated GP teaching PM: Protected foundation teaching</p> <p><b>Thurs:</b> AM: All day surgery/clinics PM: All day surgery/clinics</p> <p><b>Fri:</b> AM: All day surgery/clinics PM: All day surgery/clinics</p> <p><b>Sat:</b> AM:</p>

PM:  
Sun: AM:  
PM:  
On call requirements: None

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**Foundation Programme  
Individual Placement Descriptor\***

<b>TRUST</b>
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYP18/800/F2/002 <b>POST 15</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – GENERAL PRACTICE</b>
<b>DEPARTMENT</b>
General Practice
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Clinical aspects of primary care including MDT working; weekly tutorial with myself and weekly tutorial with local Community Educational Supervisor (CES). Workplace-based assessments as per F2 ePortfolio requirements
<b>WHERE THE PLACEMENT IS BASED</b>
GP Surgery within the Worthing and Adur area
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
General Practitioner within Placement Practice

## MAIN DUTIES OF THE PLACEMENT

Day-to-day GP, lots of patient contact and clinical work, following patients up, requesting and reviewing investigations, referring for further care

## TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)

**Mon:** AM: All day surgery/clinics  
PM: All day surgery/clinics

**Tues:** AM: All day surgery/clinics  
PM: All day surgery/clinics

**Weds:** AM: Dedicated GP teaching  
PM: Protected foundation teaching

**Thurs:** AM: All day surgery/clinics  
PM: All day surgery/clinics

**Fri:** AM: All day surgery/clinics  
PM: All day surgery/clinics

**Sat:** AM:  
PM:

**Sun:** AM:  
PM:

On call requirements:

## LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION

University Hospitals Sussex NHS Foundation Trust (UHSussex) is an NHS foundation trust which provides clinical services to people in Brighton and Hove, parts of East Sussex and West Sussex. We run seven hospitals across Brighton & Hove and West Sussex. The mission of University Hospitals Sussex – what we are striving to achieve – is to provide ‘excellent care every time’. Please note, the information in this IPD relates to Foundation training at the following site:

- Worthing Hospital

For further details on our sites, please see: <https://www.uhsussex.nhs.uk/hospitals/> We are also the largest university teaching hospital in Kent, Surrey and Sussex. We provide high quality medical education and expertise in a wide range of specialties. We pride ourselves in being able to offer our Foundation doctors in training a diverse and rewarding experience during their time with us.

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To do this, we put the interests of our patients first and foremost, and are underpinned by our values:

- Compassion
- Communication
- Teamwork
- Respect

- Professionalism
- Inclusion

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## Foundation Training Programme Individual Placement Descriptor

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**Job Title:** Foundation Year 2 Trainee

**Directorate:** Children and Young People's Services / General Adult Mental Health Services

<b>Clinical Supervisor:</b>	<b>Dr Jayanta Chatterjee</b>
<b>Responsible to:</b>	Dr Rick Fraser, Chief Medical Officer
<b>Base:</b>	Arun House, 16 Liverpool Gardens, Worthing BN11 1RY
<b>Hours of Work:</b>	40 Hours with full shift rota pattern
<b>Guardian of Safe Working:</b>	Dr Sarah James
<b>National Post Number:</b>	<b>TBC</b>
<b>Hours of Work:</b>	40 hours with full shift pattern
<b>Handover:</b>	As required by the scheme

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## INTRODUCTION

Sussex Partnership NHS Foundation Trust consists of some 4,500 passionate and dedicated clinicians and support staff, working hand in hand with partners in the community to care for and support vulnerable people. We provide NHS care and treatment for people living in Brighton and Hove, East and West Sussex and Hampshire. We also provide a range of specialist services across south east England.

We are one of the largest providers of children and young people's mental health services in England, delivering community services in Sussex and Hampshire. We provide services in places including hospital (we have about 650 inpatients beds), people's homes, community centres, GP practices and prison. Our services in Sussex care for people with mental health problems, learning disabilities and an addiction to drugs or alcohol.

We are one of the few mental health organisations to have been granted university status by the Association of UK University Hospitals. This recognises our achievements in bringing research, teaching and clinical care more closely together for the benefit of patients.

As a teaching trust of Brighton and Sussex Medical School we have a national reputation for leading-edge research. During 2013-14 our research activity generated £1.6 million income. We are now one of the most influential, effective and well-respected mental health trusts in the country, and, as a teaching trust of Brighton and Sussex Medical School: We started as Sussex Partnership NHS trust in April 2006 and became a Foundation Trust with teaching status in August 2008.

## JOB CONTENT

<b>Job outline:</b>	The post will be based at <b>Arun House</b> , 16 Liverpool Gardens, Worthing BN11 1RY.
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	<p>The post holder will provide psychiatric and physical healthcare input to patients with psychosis spectrum disorders and wide comorbidities across the age range 14 to 65. The opportunity to develop skills in multi-disciplinary working is excellent and the working environment is very friendly.</p> <p>The Early Intervention team for Psychosis in Worthing manages an active caseload of around 80 clients with early psychosis aged up to 65. The service has a primary youth mental health focus and collaborates widely with relevant locality third sector organisations.</p> <p>The team comprises lead practitioners of mixed professional training, a team manager, senior clinical psychologist, pharmacist, vocational support worker, administrative staff, and 0.6 of an adult psychiatry consultant.</p> <p><b>Training Opportunities:</b></p> <p>This post provides a wide range of training opportunities that can be flexibly incorporated into the program of each trainee depending on their needs, as detailed below. There is a specific focus on effective team working, consultative practice and risk assessment within this team.</p> <p>Community psychiatry: Whilst management of first presentation psychosis is a primary focus, the team commonly manages a wide range of comorbidity and those presenting with diagnostic uncertainty require a high standard of skills in assessment.</p> <p>Inpatient in-reach: A key component to consistency of patient care.</p> <p>Youth mental health: This is an important element of the work of an EIP team, being mindful of developmental issues of the patient and with clear focus on flexible service engagement.</p> <p>Understanding of the Mental Health Act For admissions and those on community orders.</p> <p><b>Psychopharmacology:</b></p> <p>Effective, safe and collaborative use of medications is a particular focus of this placement with specialist supervision from team pharmacist Nik Nikolis and Dr Chatterjee. Critical analysis of existing literature in this field is integral.</p> <p><b>Psychotherapy:</b></p> <p>Involvement with psychoeducation, engagement and collaborative working, family work and group therapy is available on top of the usual individual therapy exposure provided at locality level.</p> <p><b>Research and applied audit:</b></p> <p>The team has an active interest and experience in audit and research. Opportunities will be available to contribute to this or develop new projects.</p>
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	<p><b>Teaching:</b></p> <p>Dissemination of information regarding psychosis to medical disciplines, the public and our service users and families, is a key role of EIP. Opportunities will be available for the trainee to participate in delivering such education. This team also has nursing and psychology students, and attracts regular BSMS undergraduates with whom the trainee will be encouraged to lead teaching.</p> <p><b>Management / Leadership:</b></p> <p>Supervised opportunities are available within the context of team operations.</p>
<b>Objectives of Placement:</b>	<p><b>Core Skills:</b></p> <ul style="list-style-type: none"> <li>• Examinations and initiation of all necessary investigation for patients, keeping full clinical notes and ensuring the medical records information is updated according to local guidelines</li> <li>• Mental State Examination</li> <li>• Extended Cognitive Examination</li> <li>• Physical health Examination</li> <li>• Inpatient risk assessment/observations decisions</li> <li>• Interviewing relatives and carers of patients</li> <li>• Arranging appropriate referral to other disciplines</li> <li>• Discharge summaries</li> <li>• Communication and team-working skills</li> <li>• Engagement with multi-disciplinary team</li> <li>• Regular presentation of full psychiatric cases either in the ward round or to Clinical Supervisor</li> <li>• Participation in out-of-hours assessments</li> </ul> <p><b>Educational objectives for Grade:</b></p> <ul style="list-style-type: none"> <li>• This post begins shadowing senior consultants and doctors on unit with the expectation for the responsibilities to gradually increase - based on training, confidence, exposure, and interest</li> <li>• Learn skills in assessment, diagnosis and management of common psychiatric disorders.</li> <li>• Gain experience about risk assessment.</li> <li>• Learn basic psychopharmacology and gain experience in using common psychotropic drugs.</li> <li>• Learn how to work with a multi-disciplinary team and in time management.</li> <li>• Participate in ward rounds and nursing handovers, direct patient care opportunities, and ancillary assessments.</li> <li>• Learning opportunities available to work with the more complex and challenging cases, including treatment resistance, comorbid personality disorders and high risk patients.</li> <li>• Gain experience in report writing, summaries and letters.</li> <li>• Legal aspects will be addressed with regard to Mental Health Act, Mental Capacity Act, tribunals, sectioning, and leave.</li> <li>• Develop competence in the use of the Mental Health Act.</li> <li>• Gain experience in managing acute psychiatric emergencies.</li> </ul>

<b>Education and Training</b>	<ul style="list-style-type: none"> <li>• Active in-house teaching under the supervision of college tutor which includes case presentations, critical review of papers and audit presentations.</li> <li>• Attendance at in-house postgraduate teaching is essential (Wednesday p.m.)</li> <li>• Weekly one hour supervision with Clinical Supervisor.</li> <li>• Study leave within HE KSS guidelines.</li> <li>• Trainee forum, psychodynamic psychotherapy seminars and supervision</li> <li>• Attendance to Balint Group, which forms part of the in-house postgraduate teaching.</li> <li>• Short Case CBT relevant to level of training.</li> </ul> <p><a href="#">Curricula and guidance Royal College of Psychiatrists 2019</a></p>
<b>Research and Quality Improvement:</b>	Research and audit is encouraged and opportunities may be available and tailored to individual trainee needs.
<b>Emergencies:</b>	<p>The post holder accepts that he/she will also perform duties in occasional emergencies and unforeseen circumstance at the request of the appropriate consultant in consultation.</p> <p>The job description includes cover of normal annual and study leave of colleagues for whom the practitioner is expected to deputise during normal run of duties.</p>

**Indicative Timetable – subject to change**

	Monday	Tuesday	Wednesday	Thursday	Friday
am	<p>0930-1030: EIS zoning MDT</p> <p>1030-1300- EIS clinical activity (remotely or at Arun House)</p> <p>1300-1400: flexible lunch break</p>	<p>0930-1100: EIS clinical MDT at Arun House</p> <p>1100-1230- EIS patient reviews</p> <p>1230-1300: flexible lunch break</p>	<p>0930-1030: EIS zoning MDT at Arun House</p> <p>1030-1300: EIS home visits/ depot clinics with team LP/ Clinical audit/ research</p>	<p>0930-1230: EIS patient reviews at Arun House or training with local placement supervision group (e.g. in-reach work at Meadowfield Hospital, shadowing CRHT or MHLT at WGH, etc.)</p>	<p>0930-1030: EIS zoning MDT at Arun House</p> <p>1030-1230: EIS clinical activity</p>

			1300-1330: flexible lunch break	1230-1300: flexible lunch break	1230-1300: flexible lunch break
pm	1400-1500: Balint group participation  1500-1700: Clinical Admin	1300-1400: EIS case formulation, team reflective space  1400-1700: clinical admin/ audit	1400-1600: local or trust-wide Academic Programme  1600-1700: self-directed learning/ reflective space	Clinical admin	1300-1400: weekly supervision  1400-1500: group learning/ teaching session with University students  1500-1700: self-directed learning/ audit/ admin

*Incorporated within the above work schedule will be 2 hours per week non-clinical Professional Development Time (PDT), as mandated by The Foundation School. The PDT time is to be used for self-directed learning, e-learning (this does not include trusts mandatory e-learning, i.e. Induction or annual update), meetings with ES's and CS's, portfolio work.*

### Placement Matrix

*The following provides an indication as to what extent the core training syllabus areas may be met during a specific placement*

	None of the syllabus areas should be expected to be met in this placement
	To some extent/limited opportunity (positive or negative e.g. positive in that you may be able to experience this outcome)
	To a great extent/ample opportunities

Good Medical Practice Domain	Intended Learning Outcomes (ILOs)	Specific Opportunities	Expect to achieve
Domain 1: Knowledge, skills and performance	<b>ILO1:</b> Be able to perform specialist assessment of patients and document relevant history and examination on culturally diverse patient to include: <ul style="list-style-type: none"> <li>• Presenting or main complaint</li> <li>• History of present illness</li> <li>• Past medical and psychiatric history</li> <li>• Systemic history</li> <li>• Socio-cultural history</li> <li>• Family history</li> </ul>	<i>On call assessments including;</i>  <i>Inpatient admissions</i>  <i>Inpatient reviews</i>  <i>Mental Health Act assessments</i>	

	<ul style="list-style-type: none"> <li>• <b>Developmental history</b> <ul style="list-style-type: none"> <li>a. Clinical history</li> <li>b. Patient examination</li> </ul> </li> </ul>	Reviewed in supervision and assessed by WPBA including CBD	
	<b>ILO2:</b> <b>Demonstrate the ability to construct formulations of patients problems that include appropriate differential diagnoses</b> <ul style="list-style-type: none"> <li>a. Diagnosis</li> <li>b. Formulation</li> </ul>	On call assessments including Inpatient admissions Inpatient reviews Mental health Act assessments	
	<b>ILO3:</b> <b>Demonstrate the ability to recommend relevant investigation and treatment in the context of the clinical management plan. This will include the ability to develop and document an investigation plan including appropriate medical, laboratory, radiological and psychological investigations and then to construct a comprehensive treatment plan addressing biological, psychological and socio-cultural domains</b> <ul style="list-style-type: none"> <li>a. Individual consideration</li> <li>b. Investigation</li> <li>c. Treatment planning</li> <li>d. Substance misuse</li> </ul>	On call assessments including Inpatient admissions Inpatient reviews Mental health Act assessments Reviewed in supervision and assessed by WPBA including CBD	
	<b>ILO4:</b> <b>Based on a comprehensive psychiatric assessment, demonstrate the ability to comprehensively assess and document patient's potential for self-harm or harm to others. This will be displayed whenever appropriate, including in emergencies</b> <ul style="list-style-type: none"> <li>a. All clinical situations</li> <li>b. Psychiatric emergencies for all specialties</li> <li>c. Mental health legislation</li> <li>d. Broader legal framework</li> </ul>	On call assessments including Inpatient admissions Inpatient reviews Mental health Act assessments Reviewed in supervision and assessed by WPBA including CBD Discussed at team meetings, academic meetings and Balint Group	
	<b>ILO5:</b>		

	<p>Based on the full psychiatric assessment, demonstrate the ability to conduct therapeutic interviews; that is to collect and use clinically relevant material. The doctor will also demonstrate the ability to conduct a range of individual, group and family therapies using standard accepted models and to integrate these psychotherapies into everyday treatment, including biological and socio-cultural interventions.</p>	<p><i>On call assessments including</i></p> <p><i>Inpatient admissions</i></p> <p><i>Inpatient reviews</i></p> <p><i>Mental health Act assessments</i></p> <p><i>Reviewed in supervision and assessed by WPBA including CBD</i></p> <p><i>Interaction with the team psychologist as team meeting and for ad hoc discussions</i></p> <p><i>Observing senior clinician interviews in clinic or ward rounds</i></p>	
	<p><b>ILO6:</b></p> <p>Demonstrate the ability to concisely, accurately and legibly record appropriate aspects of the clinical assessment and management plan.</p>	<p><i>Clinical recording keeping in the form of system one entries</i></p> <p><i>Letters/communications to GPs and other agencies</i></p> <p><i>Reviewed in supervision and assessed by WPBA including CBD</i></p>	
	<p><b>ILO7:</b></p> <p>Develop the ability to carry out specialist assessment and treatment of patients with chronic and severe mental disorders and to demonstrate effective management of these disease states.</p>	<p><i>On call assessments including</i></p> <p><i>Inpatient admissions</i></p> <p><i>Inpatient reviews</i></p> <p><i>Mental health Act assessments</i></p> <p><i>Reviewed in supervision and assessed by WPBA including CBD</i></p>	
	<p><b>ILO8:</b></p> <p>To develop an understanding of research methodology and critical appraisal of the research literature, research techniques</p>	<p><i>Opportunity to engage in weekly journal club</i></p>	

	<b>Evaluation and critical appraisal of research literature</b> <i>a. Research techniques</i> <i>b. Evaluation and critical appraisal of research</i>	<i>Attend MRCPsych course (if applicable)</i>  <i>Research opportunities available through supervisor or research department</i>  <i>Attend Annual Trust Research Day</i>	
	<b>ILO9:</b> <b>To develop the habits of lifelong learning</b> <i>a. Maintaining good medical practice</i> <i>b. Lifelong learning</i> <i>c. Relevance of outside bodies</i>	<i>Register for NHS Athens</i>  <i>Make use of Library services (in person or online)</i>  <i>Read journal, attend academic programme and use CPD appropriately (e.g. attend conferences)</i>	
<b>Domain 2:</b> <b>Safety and Quality</b>	<b>ILO10:</b> <b>Develop the ability to conduct and complete audit in clinical practice</b>	<i>Opportunity to complete an audit facilitated by supervisor</i>	
	<b>ILO11:</b> <b>To develop an understanding of the implementation of clinical governance</b>	<i>Attend governance meetings such as QAG, MAC, acute care forum, LFG IEB</i>	
	<b>ILO12:</b> <b>To develop reflective practice including self-reflection as an essential element of safe and effective psychiatric clinical practice</b> <i>a. Reflective practice</i> <i>b. Complaints</i> <i>c. Personal health</i>	<i>Active engagement in portfolio</i>  <i>Reflecting on complaints of SI</i>  <i>Declaring any health issues</i>  <i>Reviewed in supervision</i>	
<b>Domain 3:</b> <b>Communication, partnership and teamwork</b>	<b>ILO13:</b> <b>Use effective communication with patients, relatives and colleagues. This includes the ability to conduct interview in a manner that facilitates information gathering and the formation of therapeutic alliances</b>	<i>On call assessments including Inpatient admissions</i>  <i>Inpatient reviews</i>  <i>Mental health Act assessments</i>	

		<i>Reviewed in supervision</i>	
	<b>ILO14:</b> <b>Demonstrate the ability to work effectively with colleagues, including team working</b>	<i>Reviewed in supervision and through multi-source feedback</i>	
	<b>ILO15:</b> <b>Develop appropriate leadership skills</b>	<i>Opportunity to take on leadership project and complete LEADER form</i>  <i>Reviewed in supervision</i>	
	<b>ILO16:</b> <b>Demonstrate the knowledge, skills and behaviours to manage time and problems effectively</b> <i>a. Time management</i> <i>b. Communication with colleagues</i> <i>c. Decision making</i> <i>d. Continuity of care</i>	<i>Agree schedule with supervisor at start of placement</i>  <i>Maintain a diary</i>  <i>Prioritise workload</i>  <i>Report working in excess of hours through exit reporting</i>  <i>Reviewed in supervision</i>	
	<b>ILO17:</b> <b>To develop the ability to teach, assess and appraise</b> <i>a. The skills, attitudes, behaviours and practices of a competent teacher</i> <i>b. Assessment</i> <i>c. Appraisal</i>	<i>Opportunities to teach medical students, junior trainees and multi-disciplinary teaching within team</i>  <i>Participation at the weekly academic meetings</i>  <i>Assessed through Assessment of Teaching WPBA</i>	
<b>Domain 4:</b> <b>Maintaining trust</b>	<b>ILO18:</b> <b>To ensure that the doctor is able to inform and educate patients effectively</b> <i>a. Educating patients about illness and its treatment</i> <i>b. Environmental and lifestyle factors</i>	<i>Inpatient reviews</i>  <i>Supervisor observed assessments</i>  <i>Reviewed in supervision</i>	

	<b>ILO19:</b> <b>To ensure that the doctor acts in a professional manner at all times</b> <ol style="list-style-type: none"> <li>Doctor patient relationship</li> <li>Valuing diversity</li> <li>Confidentiality</li> <li>Consent</li> <li>Recognise own limitation</li> <li>Probity</li> </ol>	<i>All clinical activity</i>  <i>Reviewed in supervision</i>  <i>Assessment through multi-source feedback and supervision</i>	
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**Foundation Programme  
Individual Placement Descriptor\***

<b>TRUST</b>
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/800/F2/001
<b>POST 14</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – GENERAL PRACTICE</b>
<b>DEPARTMENT</b>
General Practice
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Clinical aspects of primary care including MDT working; weekly tutorial with myself and weekly tutorial with local Community Educational Supervisor (CES). Workplace-based assessments as per F2 ePortfolio requirements
<b>WHERE THE PLACEMENT IS BASED</b>
GP Surgery within the Worthing and Adur area
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
General Practitioner based at Practice
<b>MAIN DUTIES OF THE PLACEMENT</b>
Day-to-day GP, lots of patient contact and clinical work, following patients up, requesting and reviewing investigations, referring for further care
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>



**Mon:** AM: All day surgery/clinics  
PM: All day surgery/clinics

**Tues:** AM: All day surgery/clinics  
PM: All day surgery/clinics

**Weds:** AM: Dedicated GP teaching  
PM: Protected foundation teaching

**Thurs:** AM: All day surgery/clinics  
PM: All day surgery/clinics

**Fri:** AM: All day surgery/clinics  
PM: All day surgery/clinics

**Sat:** AM:  
PM:

**Sun:** AM:  
PM:

On call requirements: None

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KSS/RYR18/017/F2/001
POST 13
PLACEMENT DETAILS (i.e. the specialty and sub-specialty)
F2 – DIABETES & ENDOCRINOLOGY

DEPARTMENT
General Internal Medicine
TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES
Mainly ward work, sometimes possible to attend one endocrine clinic a week
WHERE THE PLACEMENT IS BASED
Beacon / Castle Ward, Worthing Hospital
CLINICAL SUPERVISOR(S) FOR THE PLACEMENT
Dr Eleni Karathanasi / Dr Andrew Ghabbour
MAIN DUTIES OF THE PLACEMENT
Management of general medical inpatients, with a flavour of diabetes!
TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)
<p><b>Mon:</b> AM: Ward round/ward jobs PM: Ward round/ward jobs</p> <p><b>Tues:</b> AM: Ward round/ward jobs PM: Ward round/ward jobs</p> <p><b>Weds:</b> AM: Ward round/ward jobs PM: Protected Foundation Teaching / Optional clinics</p> <p><b>Thurs:</b> AM: Ward round/ward jobs PM: Ward round/ward jobs</p> <p><b>Fri:</b> AM: Ward round/ward jobs PM: Ward round/ward jobs</p> <p><b>Sat:</b> AM: PM:</p> <p><b>Sun:</b> AM: PM:</p> <p>On call requirements: Usually one weekend a month and one night a week. During the placement you'll usually do one week and one weekend of night shifts.</p>
LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION
<p>University Hospitals Sussex NHS Foundation Trust (UHSussex) is an NHS foundation trust which provides clinical services to people in Brighton and Hove, parts of East Sussex and West Sussex. We run seven hospitals across Brighton &amp; Hove and West Sussex. The mission of University Hospitals Sussex – what we are striving to achieve – is to provide ‘excellent care every time’.</p> <p>Please note, the information in this IPD relates to Foundation training at the following site:</p> <ul style="list-style-type: none"> <li>• Worthing Hospital</li> </ul> <p>For further details on our sites, please see: <a href="https://www.uhsussex.nhs.uk/hospitals/">https://www.uhsussex.nhs.uk/hospitals/</a> We are also the largest university teaching hospital in Kent, Surrey and Sussex. We provide high quality medical education and expertise in a wide range of specialties. We pride ourselves in being able to offer our Foundation doctors in training a diverse and rewarding experience during their time with us.</p>

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<b>POST 12</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – GASTROENTEROLOGY</b>
<b>DEPARTMENT</b>
General Internal Medicine
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
The care of in patients with general medical and gastroenterological disease
<b>WHERE THE PLACEMENT IS BASED</b>
Eastbrook
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Anna Roskilly
<b>MAIN DUTIES OF THE PLACEMENT</b>
Participate in the care of patients under the supervision of the Gastroenterology consultants. Participate in the acute medical take. Opportunities to observe endoscopy sessions, clinics and specialist clinical meetings.
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
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**Foundation Programme  
Individual Placement Descriptor\***

<b>TRUST</b>
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYP18/007/F2/001
<b>POST 11</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – CARDIOLOGY</b>
<b>DEPARTMENT</b>
General Internal Medicine
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
There is always something interesting to do on the ward such as ascetic drains, pleural taps, LPs and the cases are varied.
<b>WHERE THE PLACEMENT IS BASED</b>
Courtlands ward, CCU and Earham ward (latter for heart failure)
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Kathy Webb-Peploe / Dr Sujay Chandran
<b>MAIN DUTIES OF THE PLACEMENT</b>

It is largely ward based with around 15 patients on Courtlands/CCU and around 6 heart failure patients on Eartham. Courtlands also sometimes has renal outliers who are looked after by the renal team. Patients on Courtlands/CCU consist of those who have had elective angio/PCI as well as general medical patients. Duties include taking part in ward rounds, arranging investigations, monitoring bloods, managing acutely unwell patients, liaising with other medical teams as required, clerking patients admitted directly to CCU. Every other Friday there is a cardioversion list which you will be allowed to do also. Every Wednesday afternoon Dr Dissanayake has an outpatient clinic which you are encouraged to attend and see patients. You are always welcome in the cath lab and all of the consultants are happy to do teaching.

#### **TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)**

**Mon:** AM: Ward round/ward jobs  
PM: Ward round/ward jobs

**Tues:** AM: Ward round/ward jobs  
PM: Ward round/ward jobs

**Weds:** AM: Ward round/ward jobs  
PM: Protected Foundation Teaching / Optional clinics

**Thurs:** AM: Ward round/ward jobs  
PM: Ward round/ward jobs

**Fri:** AM: Ward round/ward jobs  
PM: Ward round/ward jobs, (every other week PM – cardioversion list)

**Sat:** AM:  
PM:

**Sun:** AM:  
PM:

On call requirements: Usually one weekend a month and two evenings every fortnight. During the placement you'll usually do one week and one weekend of night shifts.

#### **LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION**

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Individual Placement Descriptor\***

TRUST
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SITE
Worthing
TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)

KSS/RYR18/004/F2/001

**POST 10**

**PLACEMENT DETAILS (i.e. the specialty and sub-specialty)**

**F2 – RESPIRATORY**

**DEPARTMENT**

General Internal Medicine

**TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES**

The respiratory team comprises two firms looking after around 30-35 patients. As an F2 you will be expected to provide day to day care of around half of these patients with the help of the core trainees. We are supported also by 2 respiratory specialist trainee registrars. You will get experience in a wide range of common respiratory problems including infection, respiratory failure, lung oncology, interstitial lung disease and pleural disease. You will have opportunity to undertake pleural procedures, attend bronchoscopy, and attend general respiratory, respiratory oncology and airways disease clinics and CPET clinics. We have a regular 'in-house' weekly foundation focused teaching session on a Friday morning which everyone attends. There are a range of lunchtime learning opportunities based on lectures that happen in the WHEC during the week.

**WHERE THE PLACEMENT IS BASED**

Eastbrook Ward and Eartham Ward and Worthing Hospital.

**CLINICAL SUPERVISOR(S) FOR THE PLACEMENT**

Dr Nick Adams / Dr Numbere Numbere

**MAIN DUTIES OF THE PLACEMENT**

Day to day care of general medical and respiratory inpatients, working in collaboration with the core trainees and SpRs on the two firms including clinical assessment, prescribing, discharge planning and discharge notification. Weekly social MDT meeting attendance (Tues 12.30pm Eastbrook ward). Liaison and communication with the general medical nursing staff on the ward, discharge co-ordinators. Referrals to other specialties within the hospital and occasionally to other units (as guided by consultants). Formulating and communicating weekend handover plans. Weekly meeting with the respiratory support secretary to ensure follow-up plans in place.

**TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)**

**Mon:** AM: Ward round/ward jobs

PM: Ward round/ward jobs

**Tues:** AM: Ward round/ward jobs

PM: Ward round/ward jobs

**Weds:** AM: Ward round/ward jobs

PM: Protected Foundation Teaching

**Thurs:** AM: Ward round/ward jobs

PM: Ward round/ward jobs

**Fri:** AM: Ward round/ward jobs

PM: Ward round/ward jobs

**Sat:** AM:

PM:  
 Sun: AM:  
 PM:  
 On call requirements: Usually one weekend a month and one night a week. During the placement you'll usually do one week and one weekend of night shifts.

#### LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION

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<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/011/F2/005
<b>POST 09</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – GERIATRICS</b>
<b>DEPARTMENT</b>
Department of Medicine for the Elderly (DoME)
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
<p>Learning opportunities are mainly based around patients on the ward (this may be general, hip fracture or stroke) and those who are admitted.</p> <p>Assessment and management of frail elderly patients with multiple co-morbidities, including complex discharge planning, communication, ethics and end of life care.</p> <p>Multidisciplinary working. Opportunity to attend OP clinics. Lunchtime teaching 3 days per week.</p>
<b>WHERE THE PLACEMENT IS BASED</b>
Botolphs/Buckingham/Ditchling/Durrington/Barrow/Broadwater/Becket ward
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Rajen Patel / Dr Ai-Lyn Yeo / Dr Ai Lyn Yeo/ Dr Peter Williams / Dr Charlotte Kirk / Dr Nabarun Sengupta / Dr Gary French / Dr David Hunt
<b>MAIN DUTIES OF THE PLACEMENT</b>
<p>Inpatient care of frail elderly patients with multiple comorbidities</p> <p>On call, you will be admitting frail elderly with medical illness, stroke/TIA admissions of all ages, including acute thrombolysis, and you will be providing ward cover.</p>
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM: Handover / ward work / acute admissions / medical grand round</p> <p>PM: Handover / ward work / acute admissions / medical grand round</p> <p><b>Tues:</b> AM: Handover / ward work / acute admissions</p>

PM: Handover / ward work / acute admissions

**Weds:** AM: Handover / ward work / acute admissions  
PM: Protected Foundation Teaching

**Thurs:** AM: Handover / ward work / acute admissions  
PM: Handover / ward work / acute admissions

**Fri:** AM: Handover / ward work / acute admissions  
PM: Handover / ward work / acute admissions

**Sat:** AM:  
PM:

**Sun:** AM:  
PM:

On call requirements: 1 in 7. You will be on call approximately once a week, approximately 1 in 4 weekends (one of which is a weekend of nights) and have 2 weeks of nights over the 4 month placement.

#### LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION

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<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/030/F2/002
<b>POST 02</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – EMERGENCY MEDICINE</b>
<b>DEPARTMENT</b>
Emergency Department
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
24/7 senior cover with a weekly teaching programme off the shop floor
<b>WHERE THE PLACEMENT IS BASED</b>
Accident & Emergency

**CLINICAL SUPERVISOR(S) FOR THE PLACEMENT**

Dr Mary Campbell/Dr Reinette Daniell/Dr Shaun Pitt/Dr Helen Milne

**MAIN DUTIES OF THE PLACEMENT**

To see emergency patients alongside senior cover

**TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)**

**Mon:** AM: Acute admissions / handover

PM: Acute admissions / handover

**Tues:** AM: Acute admissions / handover

PM: Acute admissions / handover

**Weds:** AM: Acute admissions / handover

PM: Protected Foundation Teaching

**Thurs:** AM: Acute admissions / handover

PM: Acute admissions / handover

**Fri:** AM: Acute admissions / handover

PM: Acute admissions / handover

**Sat:** AM:

PM:

**Sun:** AM:

PM:

On call requirements: Shift work to cover a 24/7 timetable alongside 10 colleagues at the same level within the Emergency Department. Thus 1 in 10 nights.

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### Foundation Programme Individual Placement Descriptor\*

#### TRUST

University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)



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Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS)Post Code (and local post number if known)</b>
KSS/RYR18/011/F2/004 <b>POST 08</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – GERIATRICS</b>
<b>DEPARTMENT</b>
Department of Medicine for the Elderly (DoME)
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
<p>Learning opportunities are mainly based around patients on the ward (this may be general, hip fracture or stroke) and those who are admitted.</p> <p>Assessment and management of frail elderly patients with multiple co-morbidities, including complex discharge planning, communication, ethics and end of life care.</p> <p>Multidisciplinary working. Opportunity to attend OP clinics. Lunchtime teaching 3 days per week.</p>
<b>WHERE THE PLACEMENT IS BASED</b>
Botolphs/Buckingham/Ditchling/Durrington/Barrow/Broadwater/Becket ward
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Rajen Patel / Dr Ai-Lyn Yeo /Dr Ai Lyn Yeo/ Dr Peter Williams / Dr Charlotte Kirk / Dr Nabarun Sengupta / Dr Gary French / Dr David Hunt
<b>MAIN DUTIES OF THE PLACEMENT</b>
<p>Inpatient care of frail elderly patients with multiple comorbidities</p> <p>On call, you will be admitting frail elderly with medical illness, stroke/TIA admissions of all ages, including acute thrombolysis, and you will be providing ward cover.</p>
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM: Handover / ward work / acute admissions / medical grand round PM: Handover / ward work / acute admissions / medical grand round</p> <p><b>Tues:</b> AM: Handover / ward work / acute admissions PM: Handover / ward work / acute admissions</p> <p><b>Weds:</b> AM: Handover / ward work / acute admissions PM: Protected Foundation Teaching</p> <p><b>Thurs:</b> AM: Handover / ward work / acute admissions PM: Handover / ward work / acute admissions</p> <p><b>Fri:</b> AM: Handover / ward work / acute admissions PM: Handover / ward work / acute admissions</p> <p><b>Sat:</b> AM: PM:</p> <p><b>Sun:</b> AM: PM:</p>

On call requirements: 1 in 7. You will be on call approximately once a week, approximately 1 in 4 weekends (one of which is a weekend of nights) and have 2 weeks of nights over the 4 month placement.

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Individual Placement Descriptor\***

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Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYP18/030/F2/001 <b>POST 01</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – EMERGENCY MEDICINE</b>
<b>DEPARTMENT</b>
Emergency Department
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
Working in a busy DGH Emergency Department with dedicated paediatric facilities 24/7 Consultant and Registrar cover with both shop floor teaching and a weekly teaching programme Opportunities to undertake audit, safety improvement projects and clinical presentations Ideal environment to learn new procedures, gain exposure to multitude of patient presentations and improve all clinical skills
<b>WHERE THE PLACEMENT IS BASED</b>
Accident & Emergency
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Mary Campbell/Dr Reinette Daniell/Dr Shaun Pitt/Dr Helen Milne
<b>MAIN DUTIES OF THE PLACEMENT</b>
To see, treat and manage emergency patients with support from senior cover. Working in resus, majors, minors and paediatrics areas of the Emergency Department alongside senior doctors, specialist nurse and physio practitioners

### TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)

**Mon:** AM: Acute admissions / handover  
PM: Acute admissions / handover

**Tues:** AM: Acute admissions / handover  
PM: Acute admissions / handover

**Weds:** AM: Acute admissions / handover  
PM: Protected Foundation Teaching

**Thurs:** AM: Acute admissions / handover  
PM: Acute admissions / handover

**Fri:** AM: Acute admissions / handover  
PM: Acute admissions / handover

**Sat:** AM:  
PM:

**Sun:** AM:  
PM:

On call requirements: Shift work to cover a 24/7 timetable alongside 10 colleagues at the same level within the Emergency Department. Thus 1 in 10 nights.

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University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYP18/011/F2/003
<b>POST 07</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – GERIATRICS</b>
<b>DEPARTMENT</b>
Department of Medicine for the Elderly (DoME)
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>

Learning opportunities are mainly based around patients on the ward (this may be general, hip fracture or stroke) and those who are admitted.

Assessment and management of frail elderly patients with multiple co-morbidities, including complex discharge planning, communication, ethics and end of life care.

Multidisciplinary working. Opportunity to attend OP clinics. Lunchtime teaching 3 days per week.

#### WHERE THE PLACEMENT IS BASED

Botolphs/Buckingham/Ditchling/Durrington/Barrow/Broadwater/Becket ward

#### CLINICAL SUPERVISOR(S) FOR THE PLACEMENT

Dr Rajen Patel / Dr Ai-Lyn Yeo / Dr Ai Lyn Yeo/ Dr Peter Williams / Dr Charlotte Kirk / Dr Nabarun Sengupta / Dr Gary French / Dr David Hunt

#### MAIN DUTIES OF THE PLACEMENT

Inpatient care of frail elderly patients with multiple comorbidities

On call, you will be admitting frail elderly with medical illness, stroke/TIA admissions of all ages, including acute thrombolysis, and you will be providing ward cover.

#### TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)

**Mon:** AM: Handover / ward work / acute admissions / medical grand round

PM: Handover / ward work / acute admissions / medical grand round

**Tues:** AM: Handover / ward work / acute admissions

PM: Handover / ward work / acute admissions

**Weds:** AM: Handover / ward work / acute admissions

PM: Protected Foundation Teaching

**Thurs:** AM: Handover / ward work / acute admissions

PM: Handover / ward work / acute admissions

**Fri:** AM: Handover / ward work / acute admissions

PM: Handover / ward work / acute admissions

**Sat:** AM:

PM:

**Sun:** AM:

PM:

On call requirements: 1 in 7. You will be on call approximately once a week, approximately 1 in 4 weekends (one of which is a weekend of nights) and have 2 weeks of nights over the 4 month placement.

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<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/011/F2/001 / KSS/RYR18/011/F2/006 <b>POST 06</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – GERIATRICS</b>
<b>DEPARTMENT</b>
Department of Medicine for the Elderly (DoME)
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
<p>Learning opportunities are mainly based around patients on one ward (this may be general, hip fracture or stroke) and those who are admitted.</p> <p>Assessment and management of frail elderly patients with multiple co-morbidities, including complex discharge planning, communication, ethics and end of life care.</p> <p>Multidisciplinary working. Opportunity to attend OP clinics. Lunchtime teaching 3 days per week.</p>
<b>WHERE THE PLACEMENT IS BASED</b>
Botolphs/Buckingham/Ditchling/Durrington/Barrow/Broadwater/Becket ward, Worthing Hospital
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Rajen Patel / Dr Ai-Lyn Yeo / Dr Ai Lyn Yeo/ Dr Peter Williams / Dr Charlotte Kirk / Dr Nabarun Sengupta / Dr Gary French / Dr David Hunt
<b>MAIN DUTIES OF THE PLACEMENT</b>
<p>Inpatient care of frail elderly patients with multiple comorbidities</p> <p>On call, you will be admitting frail elderly with medical illness, stroke/TIA admissions of all ages, including acute thrombolysis, and you will be providing ward cover.</p>
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b> AM: Handover / ward work / acute admissions / medical grand round PM: Handover / ward work / acute admissions / medical grand round</p> <p><b>Tues:</b> AM: Handover / ward work / acute admissions PM: Handover / ward work / acute admissions</p> <p><b>Weds:</b> AM: Handover / ward work / acute admissions PM: Protected Foundation Teaching</p> <p><b>Thurs:</b> AM: Handover / ward work / acute admissions PM: Handover / ward work / acute admissions</p> <p><b>Fri:</b> AM: Handover / ward work / acute admissions PM: Handover / ward work / acute admissions</p>



Sat: AM:

PM:

Sun: AM:

PM:

On call requirements: 1 in 7. You will be on call approximately once a week, approximately 1 in 4 weekends (one of which is a weekend of nights) and have 2 weeks of nights over the 4 month placement.

#### LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION

University Hospitals Sussex NHS Foundation Trust (UHSussex) is an NHS foundation trust which provides clinical services to people in Brighton and Hove, parts of East Sussex and West Sussex. We run seven hospitals across Brighton & Hove and West Sussex. The mission of University Hospitals Sussex – what we are striving to achieve – is to provide ‘excellent care every time’. Please note, the information in this IPD relates to Foundation training at the following site:

- Worthing Hospital

For further details on our sites, please see: <https://www.uhsussex.nhs.uk/hospitals/> We are also the largest university teaching hospital in Kent, Surrey and Sussex. We provide high quality medical education and expertise in a wide range of specialties. We pride ourselves in being able to offer our Foundation doctors in training a diverse and rewarding experience during their time with us.

We’re proud to be at the heart of the NHS. As one of the UK’s largest acute Trusts, we’re a leading example of the excellence, the ambition and the values that have embodied the NHS for over 70 years.

To do this, we put the interests of our patients first and foremost, and are underpinned by our values:

- Compassion
- Communication
- Teamwork
- Respect
- Professionalism
- Inclusion

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\*It is important to note that this description is a typical example of the placement and may be subject to change.

**Foundation Programme  
Individual Placement Descriptor\***

<b>TRUST</b>
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/011/F2/001
<b>POST 05</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – GERIATRICS</b>
<b>DEPARTMENT</b>
Department of Medicine for the Elderly (DoME)
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
<p>Learning opportunities are mainly based around patients on one ward (this may be general, hip fracture or stroke) and those who are admitted.</p> <p>Assessment and management of frail elderly patients with multiple co-morbidities, including complex discharge planning, communication, ethics and end of life care.</p> <p>Multidisciplinary working. Opportunity to attend OP clinics. Lunchtime teaching 3 days per week.</p>
<b>WHERE THE PLACEMENT IS BASED</b>
Botolphs/Buckingham/Ditchling/Durrington/Barrow/Broadwater/Becket ward, Worthing Hospital
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Rajen Patel / Dr Ai-Lyn Yeo / Dr Ai Lyn Yeo/ Dr Peter Williams / Dr Charlotte Kirk / Dr Nabarun Sengupta / Dr Gary French / Dr David Hunt
<b>MAIN DUTIES OF THE PLACEMENT</b>
<p>Inpatient care of frail elderly patients with multiple comorbidities</p> <p>On call, you will be admitting frail elderly with medical illness, stroke/TIA admissions of all ages, including acute thrombolysis, and you will be providing ward cover.</p>
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<p><b>Mon:</b>    AM:    Handover / ward work / acute admissions / medical grand round</p> <p>             PM:    Handover / ward work / acute admissions / medical grand round</p>

**Tues:** AM: Handover / ward work / acute admissions  
PM: Handover / ward work / acute admissions

**Weds:** AM: Handover / ward work / acute admissions  
PM: Protected Foundation Teaching

**Thurs:** AM: Handover / ward work / acute admissions  
PM: Handover / ward work / acute admissions

**Fri:** AM: Handover / ward work / acute admissions  
PM: Handover / ward work / acute admissions

**Sat:** AM:  
PM:

**Sun:** AM:  
PM:

On call requirements: Shift work to cover a 24/7 timetable alongside 10 colleagues at the same level within the Emergency Department. Thus 1 in 10 nights.

#### **LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION**

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**Foundation Programme  
Individual Placement Descriptor\***

TRUST
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
SITE
Worthing
TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)
KSS/RYP18/030/F2/004
POST 04
PLACEMENT DETAILS (i.e. the specialty and sub-specialty)
F2 – EMERGENCY MEDICINE
DEPARTMENT
Emergency Department

TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES	
24/7 senior cover with a weekly teaching programme off the shop floor	
WHERE THE PLACEMENT IS BASED	
Accident & Emergency	
CLINICAL SUPERVISOR(S) FOR THE PLACEMENT	
Dr Mary Campbell/Dr Reinette Daniell/Dr Shaun Pitt/Dr Helen Milne	
MAIN DUTIES OF THE PLACEMENT	
To see emergency patients alongside senior cover	
TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)	
<b>Mon:</b> AM: Acute admissions / handover PM: Acute admissions / handover <b>Tues:</b> AM: Acute admissions / handover PM: Acute admissions / handover <b>Weds:</b> AM: Acute admissions / handover PM: Protected Foundation Teaching <b>Thurs:</b> AM: Acute admissions / handover PM: Acute admissions / handover <b>Fri:</b> AM: Acute admissions / handover PM: Acute admissions / handover <b>Sat:</b> AM: PM: <b>Sun:</b> AM: PM:	
On call requirements: Shift work to cover a 24/7 timetable alongside 10 colleagues at the same level within the Emergency Department. Thus 1 in 10 nights.	
LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION	
<p>University Hospitals Sussex NHS Foundation Trust (UHSussex) is an NHS foundation trust which provides clinical services to people in Brighton and Hove, parts of East Sussex and West Sussex. We run seven hospitals across Brighton &amp; Hove and West Sussex. The mission of University Hospitals Sussex – what we are striving to achieve – is to provide ‘excellent care every time’. Please note, the information in this IPD relates to Foundation training at the following site:</p> <ul style="list-style-type: none"> <li>• Worthing Hospital</li> </ul> <p>For further details on our sites, please see: <a href="https://www.uhsussex.nhs.uk/hospitals/">https://www.uhsussex.nhs.uk/hospitals/</a> We are also the largest university teaching hospital in Kent, Surrey and Sussex. We provide high quality medical education and expertise in a wide range of specialties. We pride ourselves in being able to offer our Foundation doctors in training a diverse and rewarding experience during their time with us.</p> <p>We’re proud to be at the heart of the NHS. As one of the UK’s largest acute Trusts, we’re a leading example of the excellence, the ambition and the values that have embodied the NHS for over 70 years.</p> <p>To do this, we put the interests of our patients first and foremost, and are underpinned by our values:</p> <ul style="list-style-type: none"> <li>• Compassion</li> </ul>	

- Communication
- Teamwork
- Respect
- Professionalism
- Inclusion

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### Foundation Programme Individual Placement Descriptor\*

<b>TRUST</b>
University Hospitals Sussex NHS Foundation Trust (West) (formerly Western Sussex Hospitals NHS Foundation Trust)
<b>SITE</b>
Worthing
<b>TRAINEE INFORMATION SYSTEM (TIS) Post Code (and local post number if known)</b>
KSS/RYR18/030/F2/003 <b>POST 03</b>
<b>PLACEMENT DETAILS (i.e. the specialty and sub-specialty)</b>
<b>F2 – EMERGENCY MEDICINE</b>
<b>DEPARTMENT</b>
Emergency Department
<b>TYPE OF WORK TO EXPECT AND LEARNING OPPORTUNITIES</b>
24/7 senior cover with a weekly teaching programme off the shop floor
<b>WHERE THE PLACEMENT IS BASED</b>
Accident & Emergency
<b>CLINICAL SUPERVISOR(S) FOR THE PLACEMENT</b>
Dr Mary Campbell/Dr Reinette Daniell/Dr Shaun Pitt/Dr Helen Milne
<b>MAIN DUTIES OF THE PLACEMENT</b>
To see emergency patients alongside senior cover
<b>TYPICAL WORKING PATTERN IN THIS PLACEMENT (e.g. ward rounds, clinics, theatre sessions)</b>
<b>Mon:</b> AM: Acute admissions / handover PM: Acute admissions / handover <b>Tues:</b> AM: Acute admissions / handover PM: Acute admissions / handover <b>Weds:</b> AM: Acute admissions / handover

PM: Protected Foundation Teaching

**Thurs:** AM: Acute admissions / handover  
PM: Acute admissions / handover

**Fri:** AM: Acute admissions / handover  
PM: Acute admissions / handover

**Sat:** AM:  
PM:

**Sun:** AM:  
PM:

On call requirements: Shift work to cover a 24/7 timetable alongside 10 colleagues at the same level within the Emergency Department. Thus 1 in 10 nights.

#### LOCAL EDUCATION PROVIDER (LEP) / EMPLOYER INFORMATION

University Hospitals Sussex NHS Foundation Trust (UHSussex) is an NHS foundation trust which provides clinical services to people in Brighton and Hove, parts of East Sussex and West Sussex. We run seven hospitals across Brighton & Hove and West Sussex. The mission of University Hospitals Sussex – what we are striving to achieve – is to provide ‘excellent care every time’. Please note, the information in this IPD relates to Foundation training at the following site:

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## Foundation Programme – Year 2 Individual Placement Descriptor

**Job Title:**

Foundation Year 2

**Directorate:** WAMH Services

**Supervisor:** Dr Anthony Ahwe Consultant Psychiatrist

**Base:** Maple Ward Meadowfield Hospital

**Hours of Work:** 40 Hours with full shift rota pattern

**Guardian of Safe Working:** Dr Sarah James

**National Post Number:**

**Handover:** As required by the scheme

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## INTRODUCTION

Sussex Partnership NHS Foundation Trust consists of some 4,500 passionate and dedicated clinicians and support staff, working hand in hand with partners in the community to care for and support vulnerable people. We provide NHS care and treatment for people living in Brighton and Hove, East and West Sussex and Hampshire. We also provide a range of specialist services across south east England.

We are one of the largest providers of children and young people's mental health services in England, delivering community services in Sussex and Hampshire. We provide services in places including hospital (we have about 650 inpatients beds), people's homes, community centres, GP practices and prison. Our services in Sussex care for people with mental health problems, learning disabilities and an addiction to drugs or alcohol.

We are one of the few mental health organisations to have been granted university status by the Association of UK University Hospitals. This recognises our achievements in bringing research, teaching and clinical care more closely together for the benefit of patients.

As a teaching trust of Brighton and Sussex Medical School we have a national reputation for leading-edge research. During 2013-14 our research activity generated £1.6 million income. We are now one of the most influential, effective and well-respected mental health trusts in the country, and, as a teaching trust of Brighton and Sussex Medical School: We started as Sussex Partnership NHS trust in April 2006 and became a Foundation Trust with teaching status in August 2008.

## JOB CONTENT

<b>Job outline:</b>	<p>This is a FY2 post based at Maple Ward, Meadowfield.</p> <p>This is a <b>4 month placement</b>, as part of the <b>Year 2</b> of the South Thames Foundation School training programme.</p> <p>The philosophy of the Acute Services is one of empowerment for the individual, aiming to establish a partnership with patients and carers so that they can make informed decisions about the management of their illness.</p>
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	<p>The aim is to admit patients only when their needs cannot be met by the community-based services, and to use these other teams including crisis resolution team to facilitate discharge.</p> <p>Acute In-patient services are based on maple ward in Meadowfield Hospital, a 17 bedded mixed inpatient unit. Patients who need special care (PICU) are admitted to Langley Green Hospital. Apart from the patients admitted from the working age teams, the ward is also provides admissions for EIS patient, LD patients and AOT /rehab patients for the Western locality. The post therefore provides exposure to a wide variety of interesting clinical presentations. There is good liaison with carers, community and specialist teams.</p> <p>You would be working with enthusiastic, dynamic and creative teams which include OT, ward pharmacists, art therapist and a psychologist. Patients are encouraged to complete a WRAP. The other acute inpatient wards located in Meadowfield Hospital are on Rowan ward for working age Adult and Larch ward for OPMH.</p> <p>The ward consultant, Dr Ahwe, has a full time core trainee who provides day to day cover medical for the ward and an experienced associate specialist who works on both adult wards.</p> <p>.</p> <p>The Foundation doctor would be expected to take an active role with the inpatient team and to develop both their clinical and leadership skills. This will involve attending the multidisciplinary reviews to formulate care plans, risk management plans and discharge plans. Often this will be done with the Dr Ahwe but, during periods of his leave, the associate specialist would be expected to conduct the reviews and support the foundation doctor.</p> <p>We consider working with carers and relatives to be crucial; an important part on the in-patient role is to liaise with relatives and carers –the “Triangle of Care</p> <p>There is an active teaching programme based at the chantonbury building on site attended by all medical staff. The post-holder will be expected to present an interesting and challenging case and critically appraise a journal article at the postgraduate academic centre.</p> <p>Final year medical students from Brighton and Sussex Medical School undertake clinical placements in the locality, and there are plenty of opportunities to acquire and develop teaching skills. The participation of an audit project and would be encouraged.</p> <p>Office space, IT and secretarial support will be provided at Meadowfield Hospital.</p>
<b>Clinical Responsibilities:</b>	<p>The trainee will be given Trust and local induction and after a period of shadowing with other members of the team will be given the opportunities to work with mentally disordered individuals of working age (18-70) including outpatients clinics, crisis assessments, home visits, mental health act assessments and liaising with GPs under the supervision of a consultant psychiatrist.</p>

<b>Clinical Supervision:</b>	<p>The trainee will always have direct access to an appropriate senior colleague for advice in any clinical situation. In most situations between 9:00-17:00 this will be the Consultant of the team, who will also act as the clinical supervisor for training and quality assurance purposes and will offer on average one hour per week direct face to face clinical supervision.</p> <p>On occasion this senior person may be a non-doctor competent to supervise and advise on the relevant activities. When working out of hours (on-call), there is always an arrangement where an inpatient MDT, Liaison Service, Senior Nurse Practitioner and more experienced trainees and/or a Consultant will be available for this supervision and advice, either on the phone or on-site.</p>
<b>Teaching and competences expected to be achieved:</b>	<p>This post is conducive to <b>developing the vast majority of the generic competencies required by the Foundation Programme Curriculum.</b></p> <p>The placement is designed to help the trainee experience and develop Good Clinical Care in the management of acute mental disorder and self-harm management of patients with long-term mental health disorder and disabilities, including safe prescribing, record-keeping and correspondence, interface with other professionals.</p> <p>There is a formal educational program organised by the Trust most Wednesday afternoons at the Department of Psychiatry, Eastbourne District General Hospital. If allowed by the programme, the trainee will also have the opportunity to take part in case presentations, journal clubs and Balint Groups of psychotherapy with other trainees. The post holder will have the flexibility to attend other Foundation programme teaching activities with his/her peer group at the local Acute Hospital with prior agreement.</p>
<b>Education and Training:</b>	<ul style="list-style-type: none"> <li>• Active in-house teaching under the supervision of college tutor which includes case presentations, critical review of papers and audit presentations.</li> <li>• Attendance at in-house postgraduate teaching is essential (Wednesday p.m.)</li> <li>• Weekly one hour supervision with Educational Supervisor.</li> <li>• Trainee forum, psychodynamic psychotherapy seminars and supervision</li> <li>• Appraisal.</li> <li>• Attendance to Balint Group, which forms part of the in-house postgraduate teaching.</li> </ul>
<b>Research and Quality Improvement:</b>	<p>Research and audit is encouraged and opportunities may be available and tailored to individual trainee needs.</p>
<b>Emergencies:</b>	<p>The post holder accepts that he/she will also perform duties in occasional emergencies and unforeseen circumstance at the request of the appropriate consultant in consultation.</p> <p>The job description includes cover of normal annual and study leave of colleagues for whom the practitioner is expected to deputise during normal run of duties.</p>

**Indicative Timetable – subject to change**

	Monday	Tuesday	Wednesday	Thursday	Friday
am	MDT handover meeting 9am to 10am Ward round	St Richards – EM teaching	MDT handover meeting 9am to 10am Ward round	MDT handover meeting 9am to 10am Ward work	MDT handover meeting 9am to 10am Ward round
pm	Balint group 1pm to 2pm Ward work 2pm to 5pm	St Richards – EM teaching	Postgraduate academic teaching 1pm to 5pm	Ward work	Supervision 3pm to 4pm

*Incorporated within the above work schedule will be 2 hours per week non-clinical Professional Development Time (PDT), as mandated by The Foundation School. The PDT time is to be used for self-directed learning, e-learning (this does not include trusts mandatory e-learning, i.e. Induction or annual update), meetings with ES's and CS's, portfolio work.*

<b>Supervision:</b>	<p><b><u>Expectations for supervision:</u></b></p> <p>This job description briefly describes the training placement and outlines an timetable (subject to change) which includes an identified time for one hour per week one-to-one supervision but may be delivered in a group with other trainees that your supervisor is responsible for.</p> <p>Ad hoc supervision about clinical matters happens outside of this, i.e. discussing a patient.</p> <p><b><u>Please contact your locality tutor if supervision is not happening as per the guidelines above</u></b></p>
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### Foundation Programme Curriculum 2016 – Placement Matrix

*The following table provides an indication as to what extent the Foundation Programme Curriculum 2016 syllabus areas may be met during a specific placement.*

	None of the syllabus areas should be expected to be met in this placement
	To some extent/limited opportunity (positive or negative e.g. positive in that you may be able to experience this outcome)
	To a great extent/ample opportunities

	Syllabus	Syllabus details	Expect to achieve
1:	Professional behaviour	<b>F2</b> <i>Acts in accordance with GMC guidance in all interactions with patients, relatives/carers and colleagues</i>	

<b>Knowledge, skills and performance</b>		<p><i>Acts as a role model for medical students, other doctors and healthcare workers</i></p> <p><i>Acts as a responsible employee and complies with local and national requirements e.g.</i></p> <ul style="list-style-type: none"> <li>• <i>Completing mandatory training</i></li> <li>• <i>Ensuring immunisation against communicable diseases</i></li> <li>• <i>Engaging in appraisal and assessment</i></li> <li>• <i>Taking responsibility for ensuring appropriate cover during leave</i></li> <li>• <i>Adhering to local sickness and return to work policies</i></li> </ul>	
	<b>Personal organisation</b>	<p><b>F2</b></p> <p><i>Supervise, support and organise other team members to ensure appropriate prioritisation, timely delivery of care and completion of work</i></p>	
	<b>Personal responsibility</b>	<p><b>F2</b></p> <p><i>Takes personal responsibility for clinical decision and is able to justify actions</i></p> <p><i>Takes personal responsibility for revalidation</i></p> <p><i>Accepts responsibility for any personal errors and takes suitable action including: seeking senior advice, apologising, making appropriate records and notifications</i></p>	
<b>2: Delivers patient centred care and maintains trust</b>	<b>Patient centred care</b>	<p><b>F2</b></p> <p><i>Works with patients and colleagues to develop individual care plans</i></p> <p><i>Respects patients 'right to refuse treatment and/or to decline involvement in research projects</i></p>	
	<b>Trust</b>	<p><b>F2</b></p> <p><i>Discusses management options with patients and responds to their ideas, concerns and expectations</i></p> <p><i>Encourages patients to make informed decisions, recognises patients' expertise and helps them to acquire knowledge of their condition</i></p>	
	<b>Consent</b>	<p><b>F2</b></p> <p><i>Obtains consent for an increasing range of procedures</i></p> <p><i>Obtains valid consent by giving each patient the information they 'want', or 'need' in a way they can understand *including 'material risks' and reasonable alternative or variant treatments</i></p> <p><i>Recognises when consent or refusal is invalid due to lack of capacity and applies principles of 'best interests' and 'least restriction'</i></p>	

		<i>Demonstrates understanding of the principle of involving the child in the decision making process when they are able to understand and consider the options</i>	
<b>3: Behaves in accordance with ethical and legal requirements</b>	<b>Ethical and legal requirements</b>	<b>F1 &amp; F2</b>  <i>Practices in accordance with guidance from the GMC, relevant legislation and national and local guidelines</i>	
	<b>Confidentiality</b>	<b>F1 &amp; F2</b> <i>Describes and applies the principles of confidentiality in accordance with GMC guidance</i>  <i>Ensures the patient's rights of confidentiality when clinical details are discussed, recorded in notes or stored electronically</i>  <i>Complies with information governance standards regarding confidential personal information</i>  <i>Follows GMC guidance on the use of social media</i>  <i>Describes when confidential information may be shared with appropriate third parties e.g. Police and DVLA</i>	
	<b>Statutory documentation</b>	<b>F1 &amp; F2</b> <i>Completes statutory documentation correctly e.g.</i> <ul style="list-style-type: none"> <li>• <i>Death certificates</i></li> <li>• <i>Statement for fitness to work</i></li> <li>• <i>Cremation forms</i></li> </ul>	
	<b>Mental capacity</b>	<b>F1 &amp; F2</b> <i>Performs mental state examination and assessment of cognition and capacity</i>  <i>Uses and documents the 'best interests checklist' when an individual lacks capacity for a specific decision</i>  <i>Demonstrates awareness of the principles of capacity and incapacity as set out in the Mental Capacity Act 2005</i>  <i>Demonstrates understanding that there are situations when it is appropriate for others to make decisions on their behalf of patients (e.g. lasting power of attorney, and guardianship)</i>  <i>Demonstrates understanding that treatment may be provided against a patients expressed wishes in certain defined circumstances</i>	
<b>4: Keeps practice up to date through</b>	<b>Self-directed learning</b>	<b>F1 &amp; F2</b> <i>Acts to keep abreast of educational/training requirements</i> <i>Maintains a contemporaneous e-portfolio which meets training programme requirements</i>	

learning and teaching		<p><i>Demonstrates change and improvement in practice as a result of reflection on personal experience, multi-source feedback (MSF) and feedback from SLEs</i></p> <p><i>Identifies and addresses personal learning needs</i></p>	
	Teaching and assessment	<p><b>F2</b></p> <p><i>Demonstrates improvement in teaching skills as a result of seeking, accepting and reflecting on feedback from learners and supervisors</i></p> <p><i>Assesses medical students and other healthcare professionals and provides constructive feedback</i></p>	
5: Demonstrates engagement in career planning		<p><b>F1 &amp; F2</b></p> <p><i>Discusses how to achieve career ambitions with educational supervisor</i></p> <p><i>Maintains an e-portfolio record of evidence demonstrating realistic career goals based on</i></p> <p><i>career guidance, self-awareness, information gathering, selection processes and discussion with colleagues</i></p> <p><i>Maintains an e-portfolio record of activities demonstrating exploration of possible specialty career options e.g. completion of taster period and reflection on the experience</i></p>	
6: Communicates clearly in a variety of settings	Communication with patients/relatives/carers	<p><b>F2</b></p> <p><i>Provides the necessary / desired information</i></p> <p><i>Communicates increasingly complex information</i></p> <p><i>Checks patients' understanding of options and supports patients in interpreting information and evidence relevant to their condition</i></p> <p><i>Ensures that patients are able to express concerns and preferences, ask questions and make personal choices</i></p> <p><i>Responds to patients' queries or concerns</i></p> <p><i>Teaches communication skills to students and colleagues</i></p>	
	Communication in challenging circumstances	<p><b>F2</b></p> <p><i>Manages consultation/communication in time limited environments e.g. outpatients, emergency departments</i></p> <p><i>Manages consultation/communication when English is not a patient's first language, including the appropriate use of an interpreter</i></p> <p><i>Manages three-way consultations e.g. with an interpreter, using sign language, or with a child patient and their family/carers</i></p>	

	<b>Complaints</b>	<b>F2</b>  <i>Acts to prevent/mitigate and minimise distress in situations which might lead to complaint or dissatisfaction</i>  <i>Deals appropriately with angry/distressed/dissatisfied patients/carers and seeks assistance as appropriate</i>	
	<b>Patient records</b>	<b>F1 &amp; F2</b>  <i>Maintains accurate, legible and contemporaneous patient records and ensures that entries are signed and dated in compliance with "<u>Standards for the structure and content of patient records Health and Social Care Information Centre / Academy of Medical Royal Colleges (AoMRC) 2013</u>"</i>	
	<b>Interface with other healthcare professionals</b>	<b>F2</b>  <i>Demonstrates ability to make referrals across boundaries / through networks of care (primary, secondary, tertiary)</i>  <i>Writes accurate, timely, succinct and structured clinic letters and clinical summaries</i>	
<b>7: Works effectively as a team member</b>	<b>Continuity of care</b>	<b>F2</b>  <i>Allocates and prioritises tasks during handover.</i>  <i>Anticipates and identifies problems for the next clinical team/shift and takes pre-emptive action where required</i>	
	<b>Interaction with colleagues</b>	<b>F2</b>  <i>Demonstrates initiative e.g. by recognising work pressures on others, providing support and organising / allocating work to optimise effectiveness within the clinical team</i>	
<b>8: Demonstrates leadership skills</b>	<b>Leadership</b>	<b>F2</b>  <i>Demonstrates extended leadership role within the team by making decisions and taking responsibility for managing increasingly complex situations across a greater range of clinical and non-clinical situations</i>  <i>Supervises and supports team members, e.g. supervising F1 doctors, delegating tasks appropriately, directing patient review, organising handover</i>	
<b>9: Recognises, assesses and initiates management of the acutely ill patient</b>	<b>Recognition of acute illness</b>	<b>F1 &amp; F2</b>  <i>Responds promptly to notification of deterioration or concern regarding a patient's condition e.g. change in National Early Warning Score (NEWS)</i>  <i>Prioritises tasks according to clinical urgency and reviews patients in a timely manner</i>  <i>Recognises, manages and reports transfusion reactions, according to local and national guidelines</i>	

	<b>Assessment of the acutely unwell patient</b>	<b>F2</b>  <i>Performs rapid, focused assessment of illness severity including physiological monitoring and also considering mental health aspects</i>  <i>Performs prompt, rapid, focused assessment of the patient who presents an acute risk to themselves or to others in the context of mental disorder, incapacity or incompetence</i>	
	<b>Immediate management of the acutely unwell patient</b>	<b>F2</b>  <i>Reassesses acutely ill patients to monitor efficacy of interventions, including those aimed at managing acute mental illness and maintaining patient safety and the safety of others</i>  <i>Recognises when a patient should be moved to a higher level of care and seeks appropriate assistance with review and management</i>  <i>Communicates with relatives/friends/carers in acute situations and offers support</i>	
<b>10: Recognises, assesses and manages patients with long term conditions</b>	<b>Management of long term conditions in the unwell patient</b>	<b>F2</b>  <i>Performs primary review of new referrals within the hospital or outpatient clinic</i>  <i>Cares for patients with long-term diseases during their in-patient stay, as outpatients and in the community</i>  <i>Reviews long-term drug regime and, with senior advice, considers modifying dosage, timing and treatment.</i>  <i>Assesses and manages the impact of long term mental disorder on the presentation and course of acute physical illness, and vice versa</i>	
	<b>The frail patient</b>	<b>F2</b>  <i>Prescribes with an understanding of the impact of increasing age, weight loss and frailty on drug pharmacokinetics and pharmacodynamics</i>  <i>Performs a comprehensive geriatric assessment (CGA) including consideration of dementia</i>  <i>Describes the impact of activities of daily living on long-term conditions (e.g. impact of a notifiable condition on driving) and provides information / discusses these with the patients and carers</i>	
	<b>Support for patients with long term conditions</b>	<b>F2</b>  <i>Encourages and assists patients to make realistic decisions about their care and helps them to construct and review advance/long-term care plans</i>  <i>Arranges appropriate assessment for specialist rehabilitation, care home placement and respite care</i>	



	<b>Nutrition</b>	<b>F2</b>  <i>Works with other healthcare professionals to address nutritional needs and communicate these during care planning</i>  <i>Recognises eating disorders, seeks senior input and refers to local specialist service</i>  <i>Formulates a plan for investigation and management of weight loss or weight gain</i>	
<b>11: Obtains history, performs clinical examination, formulates differential diagnosis and management plan</b>	<b>History</b>	<b>F2</b>  <i>Obtains relevant history, including mental health and collateral history, in time limited and sometimes difficult circumstances</i>	
	<b>Physical and mental state examination</b>	<b>F2</b>  <i>Performs focused physical/mental state examination in time limited environments e.g. outpatients/ general practice/emergency department</i>	
	<b>Diagnosis</b>	<b>F2</b>  <i>Performs primary review of new referrals within the hospital or outpatient clinic</i>  <i>Reviews initial diagnoses and plans appropriate strategies for further investigation</i>	
	<b>Clinical management</b>	<b>F2</b>  <i>Refines problem lists and management plans and develops appropriate strategies for further investigation and management</i>	
	<b>Clinical review</b>	<b>F2</b>  <i>Reprioritises problems and refines strategies for investigation and management and leads regular review of treatment response to oversee patients' progress</i>	
	<b>Discharge planning</b>	<b>F2</b>  <i>Anticipates clinical evolution and starts planning discharge and on-going care from the time of admission</i>  <i>Liaises and communicates with the patient, family and carers and supporting teams to arrange appropriate follow up</i>  <i>Recognises and records when patients are medically, including mentally, fit for discharge</i>	
	<b>Discharge summaries</b>	<b>F1 &amp; F2</b>  <i>Prescribes discharge medication in a timely fashion</i>  <i>Produces a clear, timely, legible discharge summary that identifies principle diagnoses, including mental health, key treatments/interventions, discharge medication and follow-up arrangements</i>	
<b>12:</b>	<b>Investigations</b>	<b>F2</b>	

<b>Requests, relevant investigations and acts upon results</b>		<p><i>Minimises wasteful or inappropriate use of resources by helping and directing colleagues to order appropriate tests and investigations</i></p> <p><i>Explains to patients the risks, possible outcomes and implications of investigation results and obtains informed consent</i></p>	
	<b>Interpretation of investigations</b>	<p><b>F2</b></p> <p><i>Increases the range and complexity of investigations which they can interpret and helps colleagues to interpret appropriate tests and investigations</i></p>	
<b>13: Prescribes safely</b>	<b>Correct prescription</b>	<p><b>F1 &amp; F2</b></p> <p><i>Prescribes medicines, blood products and fluids correctly, accurately and unambiguously in accordance with GMC and other guidance using correct documentation to ensure that patients receive the correct drug via the correct route at the correct frequency and at the correct time</i></p> <p><i>Demonstrates understanding of responsibilities and restrictions with regard to prescribing high risk medicines including anticoagulation, insulin, chemotherapy and immunotherapy</i></p> <p><i>Performs dosage calculations accurately and verifies that the dose calculated is of the right order</i></p> <p><i>Reviews previous prescriptions and transfers/ transcribes accurately and appropriately</i></p> <p><i>Describes the potential hazards related to different routes of drug administration (e.g. oral, intramuscular, intravenous, intrathecal)</i></p> <p><i>Follows the guidance in Good Medical Practice in relation to self-prescribing and prescribing for friends and family</i></p> <p><i>Within the hospital, prescribes controlled drugs using appropriate legal framework and describes the management and prescribing of controlled drugs in the community</i></p> <p><i>Describes the importance of security issues in respect of prescription</i></p>	
	<b>Clinically effective prescription</b>	<p><b>F1 &amp; F2</b></p> <p><i>Prescribes and administers for common important indications including medicines required urgently in the management of medical emergencies e.g. sepsis, exacerbation of chronic obstructive pulmonary disease, pulmonary oedema, congestive cardiac failure, pain, thromboprophylaxis</i></p> <p><i>Prescribes safely for different patient groups including frail elderly, children, women of child-bearing potential, pregnant women and those with hepato-renal dysfunction</i></p>	

		<p><i>Prescribes and administers oxygen, fluids and antimicrobials as appropriate e.g. in accordance with NICE guidance on antimicrobial and intravenous fluid therapy</i></p> <p><i>Chooses appropriate intravenous fluids as vehicles for intravenous drugs and calculates the correct volume and flow rate</i></p> <p><i>Assesses the need for fluid replacement therapy and chooses and prescribes appropriate intravenous fluids and calculates the correct volume and flow rates</i></p> <p><i>Prescribes and administers blood products safely in accordance with guidelines/protocols on safe cross matching and the use of blood and blood products</i></p>	
	<b>Discussion of medication with patients</b>	<p><b>F1 &amp; F2</b></p> <p><i>Discusses drug treatment and administration with patients/carers, including duration of treatment, unwanted effects and interactions</i></p> <p><i>Obtains an accurate drug history, including allergy, self-medication, use of complementary healthcare products and enquiry about allergic and other adverse reactions</i></p>	
	<b>Guidance on prescription</b>	<p><b>F1 &amp; F2</b></p> <p><i>Prescribes using all available support including local and national formularies, pharmacists and more experienced prescribers to ensure accurate, safe and effective error-free prescribing, whilst recognising that legal responsibility remains with the prescriber</i></p> <p><i>Prescribes according to relevant national and local guidance on antimicrobial therapy, recognising the link between antimicrobial prescribing and the development of antimicrobial resistance</i></p>	
	<b>Review of prescriptions</b>	<p><b>F1 &amp; F2</b></p> <p><i>Reviews prescriptions regularly for effectiveness and safety taking account of patient response, adverse reactions and drug level monitoring</i></p> <p><i>Recognises and initiates action for common adverse effects of drugs and communicates these to patients, including potential effects on work and driving</i></p>	
<b>14: Performs procedures safely</b>	<b>Core procedures</b>	<p><b>F2</b></p> <p><i>Maintains and improves skills in the core procedures and develops skills in more challenging circumstances e.g. reliably able to perform venous cannulation in the majority of patients including during resuscitation</i></p>	

	Other procedures	<b>F2</b>  <i>Teaches other healthcare workers procedures when skilled and sanctioned to do this</i>  <i>Increases the range of procedures they can perform relevant to specific clinical placements</i>	
<b>15:</b> <b>Is trained and manages cardiac and respiratory arrest</b>		<b>F2</b>  <i>Demonstrates the initiation and performance of advanced life support including cardiopulmonary resuscitation, manual defibrillation and management of life threatening arrhythmias and is able to lead the resuscitation team where necessary</i>  <i>Demonstrates understanding of the ethics of transplantation and identifies potential donors to senior medical staff</i>	
	Do not attempt cardiopulmonary resuscitation orders	<b>F2</b>  <i>Discusses DNACPR with the multidisciplinary team, the patient, long-term carers (both medical and non-medical) and relatives and then records the outcome of that discussion</i>	
<b>16:</b> <b>Demonstrates understanding of the principles of health promotion and illness prevention</b>		<b>F1 &amp; F2</b>  <i>Explains to patients the possible effects of lifestyle, including the effects of diet, nutrition, inactivity, smoking, alcohol and substance abuse</i>  <i>Recognises the impact of wider determinants of health and advises on preventative measures with reference to local and national guidelines including:</i> <ul style="list-style-type: none"> <li>• Smoking cessation and supportive measures</li> <li>• Appropriate alcohol intake levels or drinking cessation</li> <li>• Illicit drug use and referral to support services</li> <li>• Biohazards</li> <li>• Risks of UV and ionising radiation especially the harmful effects of sunlight</li> <li>• Lack of exercise and physical/mental activity</li> <li>• Weight management</li> <li>• Employment</li> <li>• Vaccination programmes</li> <li>• Cancer screening e.g. breast, cervical, bowel</li> <li>• Recommends well man/women clinics</li> </ul>	
<b>17:</b> <b>Manages palliative and end of life care</b>	End of Life Care	<b>F2</b>  <i>Participates in discussions regarding personalised care planning including symptom management and advance care plans with patients, family and carers</i>  <i>Discusses the patients' needs and preferences regarding care in the last days of life, including preferred place of care and death,</i>	

		<p><i>treatment escalation plans, do not attempt cardiopulmonary resuscitation (DNACPR) decisions</i></p>	
	<b>Care after death</b>	<p><b>F1 &amp; F2</b></p> <p><i>Confirms death by conducting appropriate physical examination, documenting findings in the patient record</i></p> <p><i>Behaves professionally and compassionately when confirming and pronouncing death</i></p> <p><i>Follows the law and statutory codes of practice governing completion of Medical Certificate of Cause of Death (MCCD) and cremation certificates.</i></p> <p><i>Completes MCCD when trained to do so and notes details reported on the MCCD in the patient record</i></p> <p><i>Demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal.</i></p> <p><i>Reports death to coroner/procurator fiscal after discussion with a senior colleague</i></p> <p><i>Discusses the benefits of post mortem examination and explains the process to relatives/carers</i></p> <p><i>Completes relevant sections of cremation forms when trained to do this</i></p>	
<b>18: Recognises and works within limits of personal competence</b>	<b>Personal competence</b>	<p><b>F1 &amp; F2</b></p> <p><i>Recognises and works within limits of competency</i></p> <p><i>Calls for senior help and advice in a timely manner and communicates concerns/expected response clearly.</i></p> <p><i>Uses clinical guidelines and protocols, care pathways and bundles</i></p> <p><i>Takes part in activities to maintain and develop competence e.g. seeking opportunities to do SLES and attending simulation training</i></p> <p><i>Demonstrates evidence of reflection on practice and how this has led to personal development</i></p>	
<b>19: Makes patient safety a priority in clinical practice</b>	<b>Patient safety</b>	<p><b>F2</b></p> <p><i>Describes the mechanisms to report:</i></p> <ul style="list-style-type: none"> <li><i>Device related adverse events</i></li> <li><i>Adverse drug reactions</i></li> </ul> <p><i>to appropriate national centre and completes reports as required</i></p>	

		<p><i>Participates in/undertakes a project related to a patient safety issue (e.g. Quality Improvement), with recommendations for improving the reliability of care and, with senior support, takes steps to institute these</i></p> <p><i>Discusses risk reduction strategies and principles of significant event analysis and contributes to the discussion/analysis of adverse events, including potential to identify and prevent systematic error</i></p>	
	<b>Causes of impaired performance, error or suboptimal patient care</b>	<p><b>F2</b></p> <p><i>Describes the role of human factors in medical errors and takes steps to minimise these</i></p> <p><i>Describes ways of identifying poor performance in colleagues and how to support them</i></p>	
	<b>Patient identification</b>	<p><b>F1 &amp; F2</b></p> <p><i>Ensures patient safety by positive identification of the patient:</i></p> <ul style="list-style-type: none"> <li>• <i>At each encounter</i></li> <li>• <i>In case notes</i></li> <li>• <i>When prescribing/administering drugs</i></li> <li>• <i>On collecting specimens and when requesting and reviewing investigations</i></li> <li>• <i>Before consent for surgery/procedures</i></li> </ul> <p><i>Uses appropriate 2 or 3 point checks (e.g.name, date of birth, hospital number, address) in accordance with local protocols and national guidance</i></p> <p><i>Crosschecks identification immediately before procedures/administration of blood products/IV drugs</i></p> <p><b>Usage of medical devices and information technology (IT) (n.b. this excludes implantable devices)</b></p>	
	<b>Usage of medical devices and information technology (IT)</b>	<p><b>F1 &amp; F2</b></p> <p><i>Demonstrates ability to operate common medical devices and interpret non-invasive monitoring correctly and safely after appropriate training</i></p> <p><i>Accesses and uses IT systems including local computing systems appropriately</i></p> <p><i>Demonstrates good information governance in use of electronic records</i></p>	
	<b>Infection control</b>	<p><b>F1 &amp; F2</b></p> <p><i>Demonstrates consistently high standard of practice in infection control techniques in patient contact and treatment including hand hygiene and use of personal protective equipment (PPE)</i></p>	

		<p><i>Demonstrates safe aseptic technique and correctly disposes of sharps and clinical waste</i></p> <p><i>Demonstrates adherence to local guidelines/protocols for antibiotic prescribing</i></p> <p><i>Requests screening for any disorder which could put other patients or staff at risk by cross contamination, e.g. Clostridium. Difficile</i></p> <p><i>Takes an active role in outbreak management within healthcare settings (e.g. diarrhoea on a ward) and complies with procedures instituted by the infection control team</i></p> <p><i>Informs the competent authority of notifiable diseases</i></p> <p><i>Challenges and corrects poor practice in others who are not observing best practice in infection control</i></p> <p><i>Recognises the need for immunisations and ensures own are up to date in accordance with local/national policy</i></p> <p><i>Takes appropriate microbiological specimens in a timely fashion with safe technique</i></p> <p><i>Recognises the risks to patients from transmission of blood-borne infection</i></p>	
<b>20: Contributes to quality improvement</b>	<b>Quality improvement</b>	<p><b>F2</b></p> <p><i>Contributes significantly to at least one quality improvement project including:</i></p> <ul style="list-style-type: none"> <li><i>• Data collection</i></li> <li><i>• Analysis and/or presentation of findings</i></li> <li><i>• Implementation of recommendations</i></li> </ul> <p><i>Makes quality improvement link to learning/professional development in e-portfolio</i></p>	
	<b>Healthcare resource management</b>	<p><b>F1 &amp; F2</b></p> <p><i>Demonstrates understanding of the organisational structure of the NHS and independent sector and their role in the wider health and social care landscape</i></p> <p><i>Describes hospital and departmental management structure</i></p> <p><i>Describes the processes of commissioning and funding, and that all healthcare professionals have a responsibility for stewardship of healthcare resources</i></p> <p><i>Describes accountability of the NHS in its context as a publicly funded body, and the need to ensure the most effective and sustainable use of finite resources</i></p>	



		<i>Recognises the resource implications of personal actions and minimises unnecessary/wasteful use of resources e.g. repeat investigations, delayed discharge</i>  <i>Describes cost implications of common treatments in terms of money, equipment and human resources (e.g. generic prescribing, intravenous v oral antibiotics)</i>	
	<b>Information management</b>	<b>F1 &amp; F2</b>  <i>Seeks, finds, appraises and acts on information related to medical practice including primary research evidence, reviews, guidelines and care bundles</i>  <i>Critically reviews research and, where appropriate, presents finding (e.g. journal club)</i>	

### Competences expected to be achieved:

This post is conducive to **developing the vast majority of the generic competencies required by the Foundation Programme Curriculum (2016), e.g.**

#### Section 1: Professional behaviour and trust

#### Section 2: Communication, team-working and leadership

#### Section 3: Clinical Care

#### Section 4: Safety & Quality

Also the placement is designed to help the trainee experience and develop **Good Clinical Care** in the **management of acute mental disorder and self-harm, management of patients with long-term mental health disorder and disability**, including safe prescribing, record-keeping and correspondence, interface with other professionals.

The trainee by the end of the placement is anticipated to be able to:

- Elicit a basic clinical history for a common psychiatric disorder
- Perform a mental state examination for a common psychiatric disorder
- Perform a cognitive screening assessment
- Perform a risk assessment
- Make a concise case presentation and initial management plan for a common psychiatric disorder
- Write an accurate and concise report, assessment or referral

### Supervised Learning Events expected to be achieved:

It is expected that the following assessments will take place:



- 1x Mini-PAT [per year]: This is a Peer Assessment Tool and involves feedback from a range of Healthcare Professionals
- 2x Mini-CEX: This involves the evaluation of an observed clinical encounter with immediate feedback from the observer
- 2x CBD: Structured case-based discussions to allow decision-making and reasoning regarding the management of a case in detail
- 1x Assessment of teaching