



Health Education England

Kent, Surrey and Sussex Foundation School Foundation Priority Programmes

Prospectus

August 2023

Kent, Surrey and Sussex Foundation School (KSS)

Foundation Priority Programmes (FPP)

Introduction

Foundation Priority Programmes (FPP) have been developed to support specific areas of the UK that have historically found it difficult to attract and retain doctors in training through the foundation and specialty recruitment processes. The main aim is to maximise the opportunity for applicants who wish to be located to less popular areas and therefore improve supply for specialty training and beyond.

The programmes are advertised and allocated before the main recruitment round, offering applicants more certainty of their geographic location.

Within KSS, there are 8 x 2-year FPPs based in two trusts:

- East Kent NHS Foundation Trust
- East Sussex NHS Foundation Trust

All the FPPs offer additional educational opportunities. The trusts and programmes are described in more detail below.

Additional information is on our website: <https://kss.hee.nhs.uk/kss-foundation/>

East Kent Hospital University NHS Foundation Trust

6 foundation priority programmes.

The Priority Programmes at East Kent Hospitals Trust offers you one of the following:

1. A 50% funded postgraduate online course at F2. Study will be undertaken in the trainee's own time, although trainees may wish to use some of their self-development time for this. We offer the following PG Certs:

a. 1 PG Cert in Medical Education – for example

<https://www.ncl.ac.uk/postgraduate/courses/degrees/medical-education-mmededpgdip-pgcert/#profile>

b. 1 PG Cert in Digital Health Care – for example

<https://www.cumbria.ac.uk/study/courses/postgraduate/digital-health/>

c. PG Cert in Leadership for Healthcare Improvement – for example

<https://www.derby.ac.uk/postgraduate/nursing-health-care-practicecourses/leadership-for-healthcare-improvement-pgcert/>

2. Offer of 50% funded postgraduate online courses at F2 – for example – introduction to study at Masters level at the University of Kent (worth 15 credits). Study will be undertaken in the doctor's own time or in their self-development time.

<https://store.kent.ac.uk/short-courses/faculty-of-social-sciences/centre-forprofessional-practice/introduction-to-masterslevel-study-online-short-course-academicthreshold-concept-parts-1-2-3>

3. Participation in East Kent's Medilead Programme. This is an established leadership development programme and gives trainees the opportunity to undertake a supported Quality Improvement project with QI methodology. The opportunity to engage with hospital leaders and strategy and processes.

East Sussex Healthcare NHS trust

We have two Foundation Priority Programmes and various innovative initiatives to make coming down to the south coast worth the journey.

The foundation doctors in these programmes will have the opportunity to spend 10% of their working week attached to a sub-specialty for which they would not normally have been exposed. Over the two-year period they will develop a core set of skills in one of the following sub-specialties on offer.

Level 1 Emergency Ultrasound Competencies - whilst working at ESHT we will offer the opportunity to complete the Level 1 Ultrasound Course, and as a result you will be able to develop an Ultrasound portfolio that will enable you to get your Level 1 competencies signed off. **This specialty applies to Foundation**

Foundation Year 1 Programme Number 23/KSS/RXC02/F1/004P and

Foundation Year 2 Programme Number 24/KSS/RXC01/F2/028P

Pathology – working with the specialty leads to deliver the RCPATH Foundation Fellows Programme curriculum as per the Royal College of Pathologists. **This specialty applies to Foundation**

Foundation Year 1 Programme Number 23/KSS/RXC02/F1/005P and

Foundation Year 2 Programme Number 24/KSS/RXC01/F2/038P.

Leadership Development

As an organisation the development of effective leadership is crucial to first-class patient care and the delivery of effective sustainable services that meet the needs of the local population and national priorities. This is at a time when resources are scarce and demand is increasing.

Foundation Leadership & Management (FLM) – the FLM course runs over one year and covers the following topics: Self-Awareness & Building Team Relationships, Leadership Styles, Motivating and Leading a Team and Human Factors and Communications. It is run in conjunction with an external organization called *Always Consult*, with the fees paid for via our Apprenticeship Programme.

This programme applies to Standard Foundation Year 1 Programme Numbers- 23/KSS/RXC01/F1/007, 23/KSS/RXC01/F1/013 & 23/KSS/RXC01/F1/017.

Additionally, this course is offered up to a maximum of 15 FY1 doctors, of which the previously mentioned 3 are included.

Apprenticeships: we will be offering the opportunity to undertake a PG Cert level Apprenticeship in Leadership or Management to support the start of your journey as a future healthcare leader. These are delivered by recognised providers such as Henley Business School and the Open University.

Application: this will be offered to any individual trainee who would like to take up the opportunity.

Quality, Service, Improvement and Redesign (QSIR) Programme - endorsed by the Institute of Healthcare Management, NHS Improvement and the Royal College of Nursing

QSIR is a practical development programme that will give you the skills and

confidence to roll out proven quality and service improvement techniques. QSIR will help support the development of your organisation's improvement capability and capacity by providing you with the know-how to design and implement more efficient and productive services.

The programme will develop your knowledge and skills in:

- Leading Development.
- Project Management
- Measurement for Improvement
- Sustainability of Improvement
- Engaging and Understanding Others
- Creativity and Improvement
- Process Mapping
- Demand and Capacity.

In addition, during your two years with us and as a part of completing this programme you will be working in partnership with a Service Manager (Paired Learning) on a specific project to improve patient care and service delivery. Some of these projects could involve looking at how these QI projects relate and impact on the trainee experience. At the end of your project you will present your joint project to the senior leaders within the Trust.

Application Process: This will be available for 10 individuals to apply to undertake through competitive interview facilitated jointly with the Transformational Team.

As a Trust we have recently become an Integrated Educational Service and we are working to design, develop and deliver exciting and innovative learning programmes across professional and non-professional roles.

In particular, we are enhancing our Simulation and Human Factors programmes to ensure that we can meet the growing demand for this type of training, which enables teams to learn together in a supported learning environment.

We will be offering six Foundation Year 1 doctors in training the opportunity to undertake the PG Cert in Education over one year, as Foundation Year Two doctors they will work alongside the Education Fellows to design and deliver innovative teaching programmes to Year 4 and 5 medical students.

At the end of year two, four Foundation Year 2 doctors in training, through competitive interview will have the opportunity to undertake a PG Certificate in Simulation in Clinical Practice or a Diploma in Medical Education whilst working in an F3 role will also be offered. The learning you achieve will enable us to develop multi-professional programmes that embrace technology to enhance the learning experience as indicated by the *Topol Report* (2019).

Application Process will be through competitive interview.

3b. Provision of additional learning in key topics to include advanced communication, educational, Organisational Development methodologies to include Team Dynamic Theory, Appreciative Enquiry, Change Management, attendance and support of Schwartz Rounds which are facilitated across the Trust.

Application Process - this will be available to all applicants.

East Kent Hospitals University NHS Foundation Trust

Queen Elizabeth the Queen Mother Hospital St Peter's Road, Margate, Kent, CT9 4AN

Trust switchboard:
01843 225544

Trust website:
<https://www.ekhuft.nhs.uk/patients-and-visitors/>

Key Personnel

Director of Medical Education
Dr Prathiba Bandipalyam

Clinical Tutor
Miss Elizabeth Sharp

Foundation Training Programme Director(s)
Dr Christopher McGettigan
Dr Laura Crisan

Medical Education Manager
Mrs Susan Kennedy

Quality Medical Staffing Manager
Ms Kim Fishlock

Education Centre Manager
Mrs Karen Nicholson

Foundation Programme Administrator
Mrs Dawn Warren

Overview of trust

East Kent Hospitals University NHS Foundation Trust (EKHUFT) is one of the largest hospital trusts in the country, with more than 6,000 staff serving a population exceeding 700,000 and provides integrated patient care in East Kent with over 80 clinical specialties. Established on 1st April 1999, EKHUFT has three acute hospitals at Canterbury, Margate and Ashford, with smaller hospitals in Dover and Folkestone.



Postgraduate Centre

The Education Centre offers a lecture theatre, a number of teaching and seminar rooms and a dedicated clinical skills lab with a wide range of equipment, models and facilities. There are projection and video conferencing facilities throughout the centre. The Centre administrative staff are extremely helpful and knowledgeable and are heavily involved in providing the essential support that Foundation Programme doctors require. The Education Centres across the Trust also have Wi-Fi access. More information can be found at - <http://meded.ekhuft.nhs.uk>

Accommodation

QEQMH has high standard, on-site, modern accommodation blocks that are available to F1 Doctors. These blocks have been very well received and a second phase was completed in early 2010.

Situated 2 minutes away from the main hospital building, they are perfect for young, busy doctors. To book a room please contact the accommodation portal

https://accommodation.ekhft.nhs.uk/Accommodation_Portal

For more information

<https://www.ekhft.nhs.uk/patients-and-visitors/work-here/living-in-east-kent/accommodation/>

Social activities

The Medical Education Directorate at EKHUFT has seen other Trusts adopting its innovative Social Induction Programme for Foundation Doctors.

Organised by the outgoing FP doctors, this sees a programme of events and activities in the induction week evenings/weekend that allow new FP doctors to socialize with those whose jobs they are taking and with consultants and other key members of the teams in which they will be working.

Doctors' mess

The Doctors' mess at Queen Elizabeth the Queen Mother Hospital is spacious, lively and well supported. Located close to all wards and the Seasons restaurant, it is a focal point for the doctors to relax, study in and gather before mess-organised events. In the mess, there is a pool table, table football and Sky TV. The mess subscription fee is £10 per month.

Library facilities

There is a well-stocked multi-disciplinary library located in a convenient central location within the hospital. The friendly team staff the Library between 9am and 5pm, Monday to Friday, with 24 hour access available outside these core hours via either an activated smartcard or a librarysecurity key fob, which can be loaned from library staff.

There are 16 open access PCs available for use together with printing, copying and scanning facilities, as well as iPads available for day loans. There is also a separate Library Quiet Study room. The Library is also able to offer Wi-Fi access as part of the Trust's free internet facility.

Using your NHS Open Athens account, you can access powerful clinical knowledge tools such as UpToDate, BMJ Case Reports and Elsevier's Clinical Key. We are part of the Kent, Surrey and Sussex (KSS) network of Healthcare Libraries which provides extensive resources, both printed and electronic. You can access the main healthcare databases and also search thousands of full-text journals and hundreds of eBooks both on and off site. We can track down journal articles, request books from other libraries and run literature searches.

Our qualified staff can provide support for research, appraisal, career planning and other academic and professional activities, as well as assisting and advising with the preparation of content for publication. This support is delivered as part of the teaching programme for both students and trainees but ad hoc sessions can also be arranged.

See www.ekhft.nhs.uk/libraries for further information and contact details.

IT facilities

Open access computers are available in the library providing access to Microsoft Office products and internet access via the hospital network. The teaching rooms and lecture theatre have Wi-Fi internet access.

Local amenities/attractions

Margate itself is a popular, up-and-coming town with plenty of nightlife, a multi-million-pound casino, cinemas, theatres and an enviable coastline, some of which is perfect for water sports such as surfing and jet-skiing.

Shopping and recreational facilities attract people from across the area. In 2011, the Turner Contemporary, a multi-million-pound gallery designed by award-winning architect David Chipperfield, has opened in Margate has attracted many national and international visitors. The UK's original Dreamland Amusement Park has now reopened after an £18m restoration.



Transport links

Transport links to London are quick, direct and frequent. The new high-speed rail service means that journey times to St Pancras have been cut to 1 ¼ hours. There are also ferry services to Europe from the ports of Ramsgate and Dover, both a short distance from Margate.

Travelling to Ramsgate, Canterbury, Ashford and West Kent is also straightforward, allowing you the freedom to explore more of Kent at your leisure. It is easy to see why East Kent is becoming so popular - all the attractions without the London prices or stress.

Parking arrangements

The parking is permit based which can be applied for prior to starting.

Accolades/achievements of the trust

- EKHUFT have a national and international reputation for delivering high quality specialist care, particularly in urology, kidney disease, stroke and vascular services. The Trust values and pursues excellence in research and innovation
- EKHUFT has been ranked first in Kent for clinical research studies.

New Medical School

Since 2020 Kent has had its own medical school in the shape of the Kent and Medway Medical School, which will combine the expertise of the University of Kent and Canterbury Christ Church University. East Kent, along with other Trusts in Kent, have a major role to play in offering secondary care placements and teaching opportunities, with the aspiration that future medical students qualifying from the Kent and Medway Medical School will take up recruitment

opportunities in East Kent.

For foundation trainees, this will open up opportunities to provide mentoring and shadowing to the medical students as well as “peer” teaching and more.

East Kent is also keen to support quality improvement opportunities and hosts an annual Quality Improvement Project competition for trainees to showcase their projects.

Leadership opportunities eg trainee representative are also available.

Terms and conditions of employment

<https://www.nhsemployers.org/resources> for additional information.

EKHUFT provides a popular and friendly destination for training doctors and medical students. There is a growing trend in the Trust for medical students to return to us as foundation doctors, such has been the quality of their experience in East Kent. The Trust takes Years 3, 4 and 5 medical students, predominantly from King’s College London Medical School. We also now train Medical Students from St George’s International School of Medicine.

In recognition of the excellent educational experience that medical students benefit from at EKHUFT, the Trust was awarded university status in 2008.

Queen Elizabeth the Queen Mother Hospital

Based in the seaside town of Margate, The Queen Elizabeth, the Queen mother Hospital (QEQM), provides the full range of accident, emergency and elective services and district general hospital services.

Recent developments have included new operating theatres; ITU facilities; children’s inpatient and outpatient facilities; a cardiac catheter laboratory; outpatient department and a cancer unit. There have been extensive improvements to staff accommodation.

Additional diagnostic capacity is currently being installed and the A&E facilities have been upgraded.



Foundation programme specific information

Induction/shadowing arrangements

All F1 doctors are invited to attend a 4-day Induction with a varied programme, which includes shadowing of the incumbent F1 whose job they will be taking over. There is also an active Social Induction Programme organised to further enhance their orientation.

Useful information can be found on the new junior doctor starter portal -

<https://www.ekhuft.nhs.uk/patients-and-visitors/work-here/new-starter-portal/>

Educational and clinical supervision

All foundation doctors are allocated an educational supervisor at the beginning of their year. The educational supervisor works closely with the foundation doctor and has regular meetings throughout the foundation year and is able to offer careers support and advice as needed. For the second and subsequent rotations, each trainee has a clinical supervisor for day-to-day supervision and educational meetings. All educational supervisors have undertaken an educational supervisor accredited course or are working towards it.

Foundation Programme

In Foundation Year 1 (FY1) at QEQMH there are 30 posts. The majority of trainees will undertake 12 months at QEQMH, split into 4 month rotations comprising of Surgery, Geriatric Medicine, Acute medicine, Cardiology, Diabetes, Paediatrics, Respiratory medicine, Gastroenterology, Rheumatology, Endocrinology, Gynaecology and Intensive Medical Care. Trainees undertaking posts in Vascular & Urology, Stroke and Psychiatry will be off-site.

Teaching for F1 doctors is on Mondays and Wednesdays from 1-2pm and is protected (bleep free).

In Foundation Year 2 there are 25 posts comprising of Emergency Medicine, General Practice, Palliative Medicine, Acute Medicine, Ambulatory Care, General Surgery, Geriatric Medicine, Cardiology, Intensive Care, Obstetrics & Gynaecology, Paediatrics and Psychiatry. Also Stroke and Ophthalmology which is off site.

Teaching for F2 doctors is every Thursday afternoon which includes the Trust Grand Round followed by dedicated FY2 teaching. In addition you are invited to the Medical Half Days once a month.

Tasters

Tasters are available for foundation doctors and trainees are encouraged to undertake them. They are a good opportunity to try specialties that are not included in their rotations. In the past these have been taken in such areas as Public Health, Anaesthetics, Palliative Care, Paediatrics.

In line with STFS recommendations, F1s can 'borrow'

5 study days from their F2 year to undertake tasters in order to help inform their career choices.

Simulation

EKHUFT runs its own simulation training days, in the form of Foundation Realistic On Call Simulation Training which is mandatory for F1 doctors and F2s will receive Simulation training with the SimMan. The Trust also offers ALS courses.

Foundation Meetings

There is a Trust wide Foundation Faculty and trainee representatives are integral members of this.

Trainee representatives are actively encouraged to be a trainee representative on the Local Academic Board too.

Any additional information

The Medical Education Directorate hosts an annual Health Education Awards event, which celebrates and acknowledges the hard work and success of our junior doctors, medical students and others involved who support education and training.



East Kent Hospitals University NHS Foundation Trust

Trust contact details

Kent & Canterbury Hospital
Ethelbert Road, Canterbury, Kent, CT1 3NG

Trust switchboard:

01227 766877

Trust Website:

<https://www.ekhft.nhs.uk/patients-and-visitors/>

Foundation training programme directors

Training Programme Director

Dr Mohammed Ali (F1)

Training Programme Director

Dr Gunaratnam Gunathilagam(F2)

Director of Medical Education

Dr Prathiba Bandipalyam

Medical Education Manager

Susan Kennedy

Foundation Programme Administrator

Jakub Laskowski

Facilities - Postgraduate Centre (Location and resources)

The Education Centre at Kent and Canterbury Hospital is a large, pro-active centre, supported by a friendly, helpful team. Facilities and resources in the Centre include a lecture theatre which holds 87 people, a number of teaching rooms/classrooms, and video conferencing video, data and slide projection equipment and other educational aids which can be used in each room. There is also a large lounge area which includes an informal ICT (cybernet) area with 6 PCs. The Centre also has a multi-professional Clinical Skills Laboratory, offering skills training opportunities to all clinical staff and various clinical skills training models are available for training/practice. The Education Centre also has Wi-Fi access and has a very pleasant dining room with its own caterers providing freshly prepared food Monday to Friday. More information can be found at - <https://meded.ekhft.nhs.uk/>

<https://kss.hee.nhs.uk/kss-foundation/>

Facilities - Accommodation (Info about pricing, location etc)

Each flat has 2 bathrooms, a kitchen and 3 bedrooms, of which each has its own lounge. There is also a common room which has a TV and sofas. The accommodation is on-site at The Orchards residences and a two-minute walk to all areas of the hospital. Please contact ekhft.accommodationkch@nhs.net for all enquiries and information on rooms or go to our accommodation website - https://accommodation.ekhft.nhs.uk/Accommodation_Portal

All accommodation has built-in Wi-Fi.

Social activities

Canterbury is a beautiful historic city, with the main attraction being Canterbury Cathedral. It has a large student and tourist population, with a huge variety of attractions, restaurants, pubs and indoor and outdoor activities to suit all tastes and interests including Whitefriars shopping area, cinemas, theatres, river tours, nightclubs, wildlife parks, sports facilities including Kent County Cricket ground at the back of the Hospital. For more information visit <https://www.canterbury.co.uk/> There is plenty to do in and around Canterbury in the evenings. As a city with two universities.

Canterbury offers a lively night scene and a wealth of cultural activities and events. The Doctors' Mess arranges regular nights out including quiz nights, meals and end of year ball. The beautiful coast of East Kent, with its sandy beaches, areas of outstanding scientific interest and beauty and wide range of water-based sports and activities is only 20-30 minutes away by car or by train/bus. Canterbury is surrounded by beautiful countryside and villages too. Visit <https://www.visitkent.co.uk/> for more information.

The high-speed train runs a regular service which provides a fast link to London, and Dover and Folkestone are not too far away for visits into France and the rest of Europe. It takes

under an hour from St Pancras to Canterbury.

Doctors' mess

This small comfy room is based on the 2nd Floor, 1937 building. The mess has lots of couches, tea and coffee, pool table and whatever food the mess shop has to offer for that week (provided you have paid your subscription fee - £10 per month, deductible from your salary. Users are required to keep the mess tidy.

Library facilities

There is a well-stocked multi-disciplinary library with 8 open access PCs available for use together with printing, copying and scanning facilities. The library is staffed from 9.00 am to 5.00 pm, Monday to Friday. 24-hour access to the library is available with a key fob from the main office or the library in the postgraduate centre at a charge of £3.00. Using your NHS OpenAthens account (the libraries are the Athens administrators for the Trust) you can access powerful clinical knowledge tools such as up to date BMJ Case Reports and Elsevier's Clinical Key. We are part of the Kent, Surrey and Sussex (KSS) network of Healthcare Libraries which provides extensive resources, both printed and electronic. You can access the main healthcare databases and also search thousands of full-text journals and hundreds of eBooks both on and off site. We can track down journal articles, request books from other libraries and run literature searches. Our qualified staff can provide support for research, appraisal, career planning and other academic and professional activities as well as assisting and advising with the preparation of content for publication.

See <https://www.ekhft.nhs.uk/gps/library-services/> for further information and contact details.

IT facilities

There are 16 workstations that are available in the Education Centre 24 hours a day. Wi-Fi access is now available. A Key fob can be issued if you wish to have out-of-hours access. The Directorate of Medical Education is actively involved with innovative work, in which the contribution of foundation doctors has been instrumental.

<https://kss.hee.nhs.uk/kss-foundation/>

Transport links

There is a high-speed train with regular trains running every weekday, which makes travel between Kent and central London faster than ever. Travelling time from Canterbury West Station to St Pancras is 56 minutes. Please note that Canterbury West is 30 minutes from the Hospital. Coach and bus services are also available. Visit the hospital website for travel details to Kent & Canterbury Hospital - <https://www.ekhft.nhs.uk/patients-and-visitors/kent-and-canterbury-hospital/>

Local amenities/attractions

Canterbury offers you so much to see and do during your stay with a huge variety of attractions and indoor and outdoor activities to suit all tastes and interests (see social activities).

Parking arrangements

Parking permits are available on application for all members of staff who park within the hospital grounds. This is currently deducted from your salary monthly- <http://permits.paysmarti.co.uk/acct/eastkenthospitals>

Accolades/achievements of the trust

Kent & Canterbury (and East Kent as a whole) has a tradition of being a popular and friendly hospital (and Trust) for trainees.

East Kent Hospitals University Foundation Trust – information on the Trust:

- It employs nearly 8000 staff
- Serves a local population of almost 670,000
- It has 94,000 inpatients a year
- 727,000 outpatient appointments a year
- 200,000 A&E attendances
- The Trust is one of the largest in England. Its motto is 'We care' and everything we do is guided by our vision, mission and values.
- Its vision is 'great healthcare from great people'
- Its mission is our reason for being here: 'Together we care - improving health and lives'.

The Trust values are:

- Caring - people feel cared for as individuals
- Safe - people feel safe, reassured and involved

- Respect - people feel teamwork, trust and mutual respect sit at the heart of everything we do
- Making a Difference - people feel confident we are making a difference.

The Trust's strategic priorities are: patients, people, partnerships and provision EKHUFT have a national and international reputation for delivering high quality specialist care, particularly in urology, kidney disease, stroke and vascular services. It also values and pursues excellence in research and innovation and EKHUFT has been ranked first in Kent for clinical research studies.

Additional information

The Directorate actively encourages trainees to be involved as trainee representatives, to be a proactive postgraduate doctors' voice on specialty local faculty groups and the Local Academic Board.

Foundation specific - Induction/shadowing arrangements

All F1s are invited to attend an induction which includes shadowing of the current F1 whose job they will be taking over. There is also an active Social Induction Programme organized to further enhance their orientation.

Foundation specific – tasters

Tasters are available for F1s and F2s to do during their year at Canterbury. This is a good opportunity for trainees to try the specialty which is not within their rotations. Tasters are often taken in specialties such as GP which are not always covered in the 2-year rota. Various specialty tasters can be arranged.

Foundation specific – simulation

East Kent runs its own simulation training days which are mandatory to F1 and F2 doctors at the Simulation Suite, William Harvey Hospital or Devon House in Margate, which includes the latest SimMan 3G training model.

<https://www.ekhuft.nhs.uk/patients-and-visitors/services/simulation-services/>

Foundation Doctor forums

The Education Centre holds Trust wide Foundation Faculty meetings and foundation trainees are encouraged to become trainee

<https://kss.hee.nhs.uk/kss-foundation/>

representatives for this and be integral members. Trainee representatives are actively encouraged to be a trainee representative on the Local Academic Board too.

Foundation specific - educational and clinical supervision

All foundation doctors are allocated an Educational Supervisor at the beginning of their year. The Educational Supervisor works closely with the foundation doctor and has regular meetings throughout the foundation year and is able to offer careers support and advice as needed. For the second and subsequent rotations, each trainee has a Clinical Supervisor for day-to-day supervision and educational meetings. All Educational and Clinical Supervisors are accredited as a supervisor or working towards it.

Foundation specific - teaching programme

In Foundation Year 1 (FY1) at K&CH there are 8 posts, comprising of Vascular and Urology Surgery, Renal, Anaesthetics and Psychiatry. Geriatric Medicine will be based at QEQM hospital, Respiratory Medicine, Gastroenterology and Cardiology placements will be on the William Harvey Hospital site. In Foundation Year 2 (FY2), at K&CH there are 12 posts comprising of, General Practice, Urology, Vascular Surgery, Intensive Care, Renal, Haematology and Psychiatry. The Trust also nominate F1s and F2s each year for the South Thames Foundation School's award scheme which offers merits in teaching, audit, portfolio and leadership. We are also able to nominate any candidate who we feel has made an outstanding contribution during the year.

Teaching for Foundation doctors is currently held on Wednesdays from 1-2pm and Thursdays from 2.30 - 3.30pm. In addition, you are invited to many other additional teaching sessions including the weekly Grand Rounds, IMT teaching and Medical Half Days once a month. Currently this additional teaching is mostly virtual via Webex.

Foundation specific - additional information

MedStart is an initiative where Foundation Doctors can become involved with teaching and

planning OSCE-style stations to local school students interested in a career in medicine.

The Medical Education Directorate host an annual Oscar-style Health Education Awards evening. We recognise that our transient population of medical students and training doctors do not always receive sufficient recognition for their contribution to the Trust during their placements/posts.

An enjoyable evening in the Gulbenkian Theatre in Canterbury provides us with the opportunity to celebrate professionalism, teaching excellence, and leadership with a range of awards and with an overall award for Junior Doctor of the Year. Dr Prathibha, Director of Medical Education, has commented 'Our junior doctors contribute a great deal while they are with us ,and we hope that East Kent has a real role to play in helping to shape them as the professional, competent and compassionate doctors of the future.' The evening is a lot of fun and the awards, both physical and in certificate form, are great additions to any portfolio/CV.

East Kent Hospitals University NHS Foundation Trust

William Harvey Hospital, Kennington
Road, Ashford, Kent TN24 0LZ

Switchboard:
01233 633331

Trust Website (Medical Education):
<https://meded.ekhuft.nhs.uk/>

Key Personal

Foundation Training Programme Director
Mr Roland Fernandes

Clinical Tutor
Mr Jalal Maryosh

Director of Medical Education
Dr Prathibha Bandipalyam

Medical Education Manager
Emily Headley

Foundation Programme Administrator
Brenda Harden

Overview of trust

East Kent Hospitals University NHS Foundation Trust (EKHUFT) is one of the largest hospital trusts in the country, with more than 6,000 staff serving a population exceeding 700,000 and provides integrated patient care in East Kent with over 80 clinical specialties. Established on 1st April 1999, EKHUFT has three acute hospitals at Canterbury, Margate and Ashford, with smaller out-patient only hospitals in Dover and Folkestone.



Facilities - Postgraduate Centre (Location and resources)

Our Education Centre is based on site with a well-equipped Clinical Skills Lab, Seminar Room for teaching and Tutorial Room all with dual screen projection and facilities for power point. There is an air-conditioned Lecture Theatre which seats 96 people with facilities for a full range of media and a visualizer for projecting images of transparencies, documents and objects and video conferencing facilities. There is also a large Conference room which can be used by individuals and groups for meetings and teaching sessions, a projector screen and audio system are also installed in this room.

Facilities - Accommodation (Info about pricing, location etc)

Accommodation is on site with both single and married accommodation available.

Accommodation is charged at current rates.

Please contact:

ekhft.accommodationwhh@nhs.net for all enquiries and information on rooms or visit our accommodation website at https://accommodation.ekhft.nhs.uk/Accommodation_Portal

Social Activities and Doctors' Mess

The Medical Education directorate at EKHUFT has seen other Trusts adopting its innovative Social Induction Programme for Foundation Doctors. Organised by the outgoing FP doctors, this sees a programme of events and activities in the induction week evenings/weekend that allows new FP doctors to socialize with those whose jobs they are taking over.

The programme of social events includes a trust-wide social evening to enable new doctors to meet up with the F1s from all 3 sites. The Doctors mess also organises ad-hoc events including evenings out and a Summer Ball.

William Harvey Hospital boasts an extremely active mess that is popular with all Doctors including medical students. With sofas and a pool table, it is busy at all times of the day. Mess events are regularly organised and the committee is very pro-active in providing entertainment. The mess is located next to the hospital restaurant and is easily accessible. The mess subscription fee is £10 per month.

Library facilities

There is a well-stocked multi-disciplinary library located within the WHH Education Centre. The library is staffed between 9am and 5pm, Monday to Friday with 24hr access available outside these core hours via a library security key fob, obtainable from library staff. There are 9 open access PCs available for use together with printing, copying and scanning facilities, as well as a separate Library Quiet Study room. Using your NHS OpenAthens account (the libraries are the Athens administrators for the Trust) you can access powerful clinical knowledge tools such as Up-to-date, BMJ Case Reports and Elsevier's Clinical Key. We are part of the Kent, Surrey and Sussex (KSS) network of Healthcare Libraries which provides extensive resources, both printed and electronic. You can

<https://kss.hee.nhs.uk/kss-foundation/>

access the main healthcare databases and also search thousands of full-text journals and hundreds of eBooks both on and off site. We can track down journal articles, request books from other libraries and run literature searches. Our qualified staff can provide support for research, appraisal, career planning and other academic and professional activities as well as assisting and advising with the preparation of content for publication.

See www.ekhft.nhs.uk/libraries for further information and contact details.

IT facilities

Open access computers are available in the library and resource area for junior doctors providing access to Microsoft Office products. Wi-Fi is available for Trust devices to connect to the NHS network. There is also a separate system for Public Internet access. The teaching rooms and Lecture Theatre also have Internet access.

The Medical Illustrations department is available to support doctors in producing posters, storing images and using more sophisticated technology.



Parking arrangements

There are several staff car parking areas around the hospital close to the main reception. It is the responsibility of staff members to apply for a parking permit prior to commencing placements. This can be done via the website. Please note that if you are in accommodation you do also still need a parking permit.



Local amenities/attractions

Ashford is a growing town which is within a few miles of some of the most beautiful countryside in the South of England and also within easy reach of the sea. The hospital is close to the M20 with very convenient access to Dover, Folkestone and the Channel Tunnel (for the car shuttle). There are many attractive and interesting places to visit, including Canterbury, Tenterden, Rye, Dover Castle, Leeds Castle and many unspoiled villages and areas of interest such as Romney Marsh. The town itself has a recently extended leisure centre, bowling alley, and a high street with shops, restaurant, pubs and bars.

A cinema with parking for 600 cars is situated just a few minutes away from hospital off junction 9 of the M20 with a variety of places to eat, a gym and a night club.

Ashford Designer Outlet mall is within walking distance of Ashford International station.

See www.visitashfordandtenterden .



Transport links

The hospital is located on the outskirts of Ashford not far from the Ashford International Station (less than 40 minutes from London) and adjacent to junction 10 of the M20. Transport links to London are quick, direct and frequent. Travelling to West Kent, Canterbury and the coast is also straightforward, allowing you the freedom to explore more of Kent at your leisure.

William Harvey Hospital

The William Harvey Hospital (WHH) based in Ashford, Kent just off j10 of the M20. WHH has just opened a new ITM Unit and in late 2022 an extended and improved Emergency Department, there is also a recently expanded cardiac catheter laboratory which undertakes therapeutic interventions including angiograms and angioplasties, permanent pace maker insertions and intraventricular defibrillator insertions. Cardiothoracic Surgeons visit the hospital every fortnight to hold joint meeting with cardiologists and discuss cases. The Kent Cardiac Centre is also based at William Harvey Hospital. A satellite Renal dialysis centre is also on site and the hospital has the single Head & Neck unit which includes ENT, Ophthalmology and maxillofacial services. There is a dedicated Day surgery unit (Channel day surgery), as well as Endoscopy and Chemotherapy units. The WHH includes robotic facilities both in the Pathology department as well as Pharmacy.



WHH Foundation specific - teaching programme

Foundation trainees have protected weekly teaching.

For Foundation Year 1 every Wednesday 13:00 - 14:00 & every Thursday 13:00-14:00. For Foundation Year 2 every Thursday 14:00 - 16:00, or two one-hour sessions 14:00 - 15:00 and 15:15 - 16:15.

Programme Identifier – F1	Trust	Starting Site	F1-1	F1-2	F1-3	Programme Identifier – F2	Trust	Starting Site	F2-1	F2-2	F2-3	PRIORITY PROGRAMME
KSS/RVV01/F1/014P	East Kent Hospitals University NHS Foundation Trust	WILLIAM HARVEY HOSPITAL (ASHFORD)	Respiratory Medicine - (Medicine) [Acute] [WILLIAM HARVEY HOSPITAL (ASHFORD)]	Intensive Care Medicine - (Other) [Acute] [WILLIAM HARVEY HOSPITAL (ASHFORD)]	General Psychiatry - (Psychiatry) [Community] [Kent and Medway NHS and Social Care Partnership Trust]	KSS/RVV09/F2/010P	East Kent Hospitals University NHS Foundation Trust	QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL	Geriatric Medicine - (Other) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	Ophthalmology - (Other) [Acute] [WILLIAM HARVEY HOSPITAL (ASHFORD)]	Acute Internal Medicine - (Medicine) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	
KSS/RVV01/F1/024P	East Kent Hospitals University NHS Foundation Trust	Kent and Medway NHS and Social Care Partnership Trust	General Psychiatry - (Psychiatry) [Community] [Kent and Medway NHS and Social Care Partnership Trust]	Gastroenterology - (Medicine) [Acute] [WILLIAM HARVEY HOSPITAL (ASHFORD)]	Stroke Medicine - (Medicine) [Acute] [KENT & CANTERBURY HOSPITAL]	KSS/RVVKC/F2/009P	East Kent Hospitals University NHS Foundation Trust	Kent & Canterbury Hospital (RVVKC)	Vascular Surgery - (Surgery) [Acute] [Kent & Canterbury Hospital (RVVKC)]	Renal Medicine - (Medicine) [Acute] [Kent & Canterbury Hospital (RVVKC)]	General Practice - (Other) [Community] [Kent & Canterbury Hospital (RVVKC)]	
KSS/RVV09/F1/008P	East Kent Hospitals University NHS Foundation Trust	QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL	General Surgery - (Surgery) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	Paediatrics - (Other) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	Geriatric Medicine - (Medicine) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	KSS/RVV09/F2/013P	East Kent Hospitals University NHS Foundation Trust	QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL	Obstetrics and Gynaecology - (Other) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	General Psychiatry - (Psychiatry) [Community] [Kent and Medway NHS and Social Care Partnership Trust]	Emergency Medicine - (Other) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	
KSS/RVV09/F1/003P	East Kent Hospitals University NHS Foundation Trust	QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL	Intensive Care Medicine - (Other) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	Gastroenterology - (Medicine) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	General Surgery - (Surgery) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	KSS/RVV09/F2/018P	East Kent Hospitals University NHS Foundation Trust	QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL	General Practice - (Other) [Community] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	Paediatrics - (Other) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	Emergency Medicine - (Other) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	
KSS/RVV09/F1/001P	East Kent Hospitals University NHS Foundation Trust	QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL	Gastroenterology - (Medicine) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	General Surgery - (Surgery) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	Intensive Care Medicine - (Other) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	KSS/RVV09/F2/017P	East Kent Hospitals University NHS Foundation Trust	QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL	General Practice - (Other) [Community] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	Emergency Medicine - (Other) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	Obstetrics and Gynaecology - (Other) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	
KSS/RVV09/F1/015P	East Kent Hospitals University NHS Foundation Trust	QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL	Geriatric Medicine - (Medicine) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	Cardiology - (Medicine) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	General Surgery - (Surgery) [Acute] [QUEEN ELIZABETH THE QUEEN MOTHER HOSPITAL]	KSS/RVVKC/F2/011P	East Kent Hospitals University NHS Foundation Trust	Kent & Canterbury Hospital (RVVKC)	Vascular Surgery - (Surgery) [Acute] [Kent & Canterbury Hospital (RVVKC)]	General Practice - (Other) [Community] [Kent & Canterbury Hospital (RVVKC)]	Renal Medicine - (Medicine) [Acute] [Kent & Canterbury Hospital (RVVKC)]	

East Sussex Healthcare NHS Trust

Conquest Hospital & Eastbourne District General Hospital

Conquest Hospital, The Ridge, St Leonard's On Sea, East Sussex, TN37 7RD

Eastbourne DGH, Kings Drive, Eastbourne, East Sussex, BN21 2uD

Switchboard

01424 755255 – (Conquest)

01323 417400 – (Eastbourne)

Trust web site:

www.esht.nhs.uk

Trust foundation web page

www.esht.nhs.uk/medical-education/foundation

Follow us on Twitter at: @ESHTNHS

Follow us on Facebook: ESHTNHS

Key personnel

Director of Medical Education

Mr Salim Shubber (cross site)

Clinical Tutor

Dr Mark Whitehead (cross site)

Foundation Training Programme Director(s)

Dr Mohammad J H Rahmani (FY1 cross site)

Mr Michael Williams (FY2 cross site)

Careers Tutor

Dr Umesh Dashora (Cross Site)

Medical Education Manager

Mr Mike Dickens (cross site)

Deputy Medical Education Manager

Mrs Christina Morphew (cross site)

Medical Staffing Manager

Mrs Janet Botting

Foundation Programme Administrator(s)

Mrs Harriet Catt (Conquest)

Mrs Anita Todd (Eastbourne)

Overview of trust

General Surgery Team

East Sussex Healthcare Trust provides acute hospital and community health services for people living in East Sussex and the surrounding areas.

Our services are mainly provided from two district general hospitals, Conquest Hospital and Eastbourne DGH. Both of which have Emergency Departments and provide care 24 hours a day. They offer a comprehensive range of surgical, medical and maternity services. We have 1000 beds cross site.

We also provide a minor injury unit service from Crowborough War Memorial Hospital, Lewes Victoria Hospital and Uckfield Community Hospital. A midwifery-led birthing service, along with outpatient rehabilitation and intermediate care services are provided at Crowborough War Memorial Hospital.

At both Bexhill Hospital and Uckfield Community Hospital we provide outpatients, day surgery, rehabilitation and intermediate care services.

The Trust is keen to develop its staff and postgraduate medical and nurse training takes place on both the main sites. We have medical students from Brighton & Sussex Medical School, from Kings and elsewhere, and encourage you to develop your teaching skills.

We want to harness your commitment, energy and care to become an organisation that focuses on quality, safety and continuous improvement. We know we need to deliver for today and ever push our standards and expectations higher for tomorrow. We know we all have a shared ambition to deliver the quality of services and care we would want for ourselves and our families and friends. And we want you to enjoy working in an organisation we can be proud of. This remains our goal.



Welcome event - BBQ at Cooden Beach Hotel



Annual Summer Ball - Powdermills Hotel, Battle



Eastbourne DGH

Facilities

Education Centres

Modern, up to date learning resource centres are available on both hospital sites along with many other training opportunities including well equipped skills laboratories at both sites. A planned upgrade and expansion of our facilities is in hand.

Accommodation

Accommodation is available on both sites. Rooms are fully furnished and each flat has a shared kitchen. Utensils are provided. Laundry services are available on both sites. For further information, please contact Medical HR.

Social activities

Both Conquest and Eastbourne hospital have an on-site nursery and the Eastbourne DGH has a social club/bar. The Eastbourne DGH also benefits from an outdoor heated swimming pool. Various social events are held over the year, such as the welcome event for our new FY1s during their shadow week and our Careers evening. This gives the junior doctors an opportunity to network with their future colleagues, education and clinical supervisors, their medical education team, medical HR and existing FY1/FY2 doctors and other support staff relevant to their training needs.

The trainees put together a Summer Ball and winter celebrations, amongst other informal get togethers, such as curry nights, bowling and trainees are encouraged to get involved with our legendary trust Christmas show.

Doctors' mess

The Doctors' Mess on both sites have both been refurbished recently and are very popular.

Foundation doctors both at Eastbourne and the Conquest hold dinners, balls, curry nights and other events. Your membership includes access to the mess day and night, with daily newspapers, SKY TV, snacks and drinks, as well as discounts on social events during the year.

Library facilities

www.esht.nhs.uk/library

IT facilities

Both libraries have internet access 24/7 in their PC rooms. Wi-Fi is also available.

Local amenities/attractions

East Sussex is so much more than a great place to work — it's a stunning place to live and visit.

Hastings is a famous, historical town and seaside resort situated on the south east coast of Britain. Hastings has a castle built by William the Conqueror in the 11th Century, an attractive old town, fishing harbour and seafront. The west of Hastings is modern and lively with a theatre, cinema, many restaurants, bars and clubs, as well as a shopping centre with many well-known shops. There are also many places of interest to visit in the town. More information can be found at www.1066country.com and www.hastings.gov.uk

Eastbourne has many restaurants, pubs and clubs. Famous for its tennis and stunning scenery used in many films. Other picturesque spots include Beachy Head and The Sovereign Harbour. We have 2 cinemas, 10 pin bowling, yachting and surfing clubs, sports centres and theatres. A new shopping centre is currently being built with the addition of another state of the art cinema in the main town. More information can be found at www.eastbourne.gov.uk.



Beachy Head - Eastbourne



Hastings castle

Transport links

The Conquest Hospital (Hastings) is around 60 miles south of London with good transport links with access to Europe via the Eurostar and Channel Tunnel. Regular trains run to London, with an average journey time of 1½ hours. Hastings main rail station is approximately 3 miles from the Hospital.

Government regeneration plans are underway for the Hastings area, and plans are in place for the implementation of a high speed rail network to extend through Hastings from Ashford in Kent, meaning a journey from Kings Cross to Hastings would be reduced to only 68 minutes. A new link road has opened which has reduced traffic congestion and travel time between the two acute hospital sites. A number of new build housing estates are springing up in the area.

Bus travel – www.stagecoachbus.com and www.traveline.org.uk

Train travel – www.nationalrail.co.uk

Eastbourne Rail Station is approximately 1.5 miles from the Hospital. Main line trains from London Victoria run regularly to Eastbourne. Trains from London Victoria are fast and frequent, taking just 80 minutes.

Parking arrangements

There is on-site parking at both hospitals and staff pay £1.50 per day when displaying a staff permit. Monthly (with tax relief) and annual payments can be arranged.

Accolades/achievements of the trust

STFS awarded East Sussex Healthcare NHS Trust a citation for exceptional work in the remediation of Foundation doctors in difficulty.

For information relating to Medical Education events and promotions – please check out our website and dedicated twitter page:

Website: www.esht.nhs.uk/medical-education

The East Sussex Medical Education team host an annual awards event on each site. This gives the opportunity of recognising the achievements of the FY1 and FY2 Doctors and the contribution of their Supervisors and Colleagues, and to thank both groups for their hard work throughout the year. The event is also held to formally recognise the achievement of all the Foundation Doctors with merit certificates from South Thames Foundation School. These are awarded to trainees who as well as having successfully completed their training year at ESHT have done particularly well in the areas of Audit, Learning Portfolio, Teaching and Leadership.

Foundation programme specific information

Induction/shadowing arrangements

At the Eastbourne DGH and Conquest we arrange a formal induction and shadow period for the new FY1s. This helps our trainee doctors to settle in and get used to the hospital. We now also provide the opportunity for our overseas doctors to benefit from an extended additional shadowing period, prior to taking part in formal shadow/Induction at the Trust. Our overseas doctors can also benefit from our Cultural Support Workshops to help them adjust to working in a UK Hospital.



Annual Award Event



The Jevington Ward Team celebrating the opening of the Ambulatory Respiratory Care Space



Our trust website provides full and current information – www.esht.nhs.uk. Please also note our dedicated Medical Education website pages education which hold

specific information relating to our Foundation Programme and more details on the individual specialities you might be interested in, and the types of support you can expect to receive from us, such as Careers advice and pastoral support.

Educational and clinical supervision

We realise that it can be hard to make the transfer from medical student to doctor and endeavour to support our FY1s as much as possible with this transition. We have a trainee support process in place to ensure that help is provided as soon as it is needed.

You will be supported during your 4-month rotation in your specialty of choice, learning key skills that can then be utilised for the rest of your career. Support will be provided by your dedicated educational supervisor, clinical supervisors, your programme lead as well as the larger specialty team. All of whom will give you regular constructive feedback on your progress and what you can do to improve. This will better enable you to deliver core competences from the Foundation curriculum.

Trainee progress is reviewed via the Horus ePortfolio, requiring the trainee to complete set modules by way of:

- Observation
- Direct supervision
- Independent practice
- Attendance at relevant training courses and events

Teaching programme

The programme includes FY1 and FY2 formal weekly teaching sessions, monthly afternoon workshops, directed and self-directed personal learning, structured appraisal and assessments.

The teaching programme covers all aspects of the Foundation Curriculum. Foundation doctors are encouraged to participate in all learning opportunities both in the Education Centres and in clinical settings.

All Foundation Year 1 trainees are attached to a one-year programme. Our Foundation Programme management team consists of two Foundation Training Programme Directors, the Deputy Medical Education Manager who co-ordinates efforts and two Foundation Programme Administrators.

Tasters

These are arranged through the Foundation Administrators and all Foundation Doctors are encouraged to take up the opportunity to participate in taster time in their speciality of interest.

FY1s can request taster sessions during the final rotation of the year.

Simulation

We have fully equipped clinical skills rooms including Simulation suites in both Education Centres and plans are underway to expand our Simulation Programme and facilities.

Both sites run FY1 Simulation Training sessions (a requirement of the curriculum), which have been well received by the FY1 Doctors. FY2 simulation sessions are also run on both sites.



Teaching session



ENT team



Skills room

Foundation doctor forums

We encourage FY1s and FY2s to provide feedback throughout the year both formally and informally.

Trainee representatives for each year are nominated and they attend the Foundation Faculty Group Meeting as representative of their year group.

The FTPDs and Deputy Medical Education Manager also hold individual meetings with the FY1s and FY2s throughout the year to discuss progress and ask for feedback. This trainee feedback is consistently taken into account when we are looking to make improvements to our Foundation Programme. Our aim is to provide a supportive environment where trainees can gain experience through facilitation and encouragement.

Our respective sited Medical Education Team encourage an “open door” policy where trainees are welcome to come and discuss anything relating to their training and post.

Any additional information

During the FY1 year we arrange for you to attend ILS and Simulation Training.

In FY2 we arrange for you to attend ALS and Simulation Training. Study leave for FY2s is available and details will be provided on starting.

There are 35 Foundation Year 1 rotations (FY1). Each rotation comprises 3 x 4-month posts. FY1 doctors may do night shifts, and are rostered for weekends and long days/evening shifts in the acute specialties.

FY1 rotations include General Medicine, Urology, Diabetes, Respiratory, Rheumatology, Cardiology, T&O, General Surgery, Gastroenterology, ITU and Psychiatry. Some posts also include time in the Acute

Assessment Unit. All FY1s are required to work nights in surgery.

FY1s (dependent on their rota and subject to change for each new intake) can be on call.

FY2 rotations include General Medicine, ENT, Palliative Care, Public Health, GP, Paediatrics, Urology, Psychiatry, Ophthalmology, T&O and Cardiology, Elderly Medicine, Respiratory, Diabetes and Emergency Medicine.

The FY2s in ENT are part of the Hospital@Night team in Surgery and work a 1:13 on call. FY2s work in ENT from 0900 – 1700hrs and then any out of hours is with the Hospital@Night team.

All community placements include a day or half a day attachment per week in Emergency Medicine, ITU, MAU and AAU.

It is essential that you have a car for FY2 placements in Public Health (Lewes), Palliative Care, Psychiatry and some General Practice surgeries, which range from urban to rural or more coastal areas.

Due to reconfiguration of our service provision, T&O, Paediatrics and all of our Surgery rotations are based at the Conquest site.



Trainee review with clinical supervisor

Programme identifier – F1	Trust	Starting Site	F1-1	F1-2	F1-3	Programme identifier – F2	Trust	Starting Site	F2-1	F2-2	F2-3
23/KSS/RXC02/F1/004P	EAST SUSSEX HEALTHCARE NHS TRUST	EASTBOURNE DISTRICT GENERAL HOSPITAL (RXC02)	Respiratory Medicine - (Medicine) [Acute] {EASTBOURNE DISTRICT GENERAL HOSPITAL	General Surgery - (Surgery) [Acute] {CONQUEST HOSPITAL KSS/RXC01/021/F1/011}	Geriatric Medicine - (Medicine) [Acute] {CONQUEST HOSPITAL KSS/RXC01/011/F1/008}	24/KSS/RXC01/F2/028P	EAST SUSSEX HEALTHCARE NHS TRUST	EASTBOURNE DISTRICT GENERAL HOSPITAL (RXC02)	Urology - (Surgery) [Acute] {EASTBOURNE DISTRICT	General Psychiatry - (Psychiatry) [Community] {Millwood Clinic (RX2H1) KSS/RX2H1/052/F2/001}	General (Internal) Medicine - (Medicine) [Acute] {EASTBOURNE DISTRICT GENERAL
23/KSS/RXC02/F1/005P	EAST SUSSEX HEALTHCARE NHS TRUST	CONQUEST HOSPITAL	General Surgery - (Surgery) [Acute] {CONQUEST HOSPITAL KSS/RXC01/021/F1/011}	Geriatric Medicine - (Medicine) [Acute] {CONQUEST HOSPITAL KSS/RXC01/011/F1/008}	Respiratory Medicine - (Medicine) [Acute] {EASTBOURNE DISTRICT GENERAL HOSPITAL	24/KSS/RXC01/F2/038P	EAST SUSSEX HEALTHCARE NHS TRUST	EASTBOURNE DISTRICT GENERAL HOSPITAL (RXC02)	Emergency Medicine - (Other) [Acute] {EASTBOURNE	General Psychiatry - (Psychiatry) [Acute] {Sussex Partnership NHS Foundation Trust (RX200)	Palliative Medicine - (Other) [Community] {ST. WILFRIDS HOSPICE (G81670)}