

London & KSS

Professional Support Unit

A service providing development and wellbeing for trainee doctors, dentists, pharmacists and healthcare scientists

Career Support

Trainees wishing to plan and develop their careers can receive confidential, individually tailored support from our experienced careers coaches, alongside access to a range of workshops, webinars and e-learning on career planning

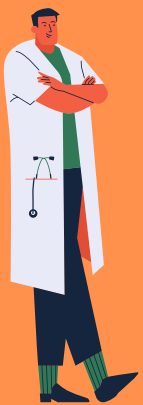


Coaching Services

Specifically designed to help healthcare trainees explore how they can address the challenges and complexities of their lives in relation to their work-based training through confidential 1:1 sessions with our experienced coaches

Enhancing Communication

Sessions for those working in multi-cultural NHS with linguistics specialists include Specialist communication skills and linguistic support (SCCLS), Assertiveness in Clinical Practice, Developing your English for Clinical Practice, Influence of Culture on Communication and English Pronunciation for Clinical Practice.



Confidential 1:1 Support

We offer independent support and guidance for HEE trainees facing complex challenges or dilemmas, which may be impacting on their training providing a confidential, safe and neutral space with our experienced senior educators to work through difficulties

Exams & Interviews

We run workshops on exam preparation, stress & examinations, linguistics & communication (for AKT, CSA, CASC) alongside providing dyslexia assessment and support. Preparing for consultant interview workshops & mock interview clinics are available to senior trainees



Returning to Clinical Practice

We support medical professionals return to clinical practice through schemes such as Supported Return to Training Programme for trainees, GP Induction & Refresher and GP Retainer Schemes. We also provide posts for refugee doctors starting their NHS career.

Wellbeing Support

Our wellbeing Hub hosts a wide range of support available to trainees and The Trainee Doctors & Dentist Support Service (TDDSS) is a psychoeducation and support service which aims to offer a range of interventions to support trainees hosted by NHS Practitioner Health

