

RE: Your Mandatory Simulation Training Day on 1st December 2022 or 27th April 2023

PLEASE READ THE FOLLOWING LETTER CAREFULLY TO ENSURE THAT YOU ARE FULLY PREPARED FOR THE COURSE.

You have registered to attend the one-day simulation course 'OBS CRM' at the William Harvey Hospital, Ashford, Kent. This letter contains information including the aims of the course, outline of course timetable and how the course has been developed.

Dear Colleague,

You have been allocated a place on the above course. You should have arranged study leave with your local departments in advance in order to attend the whole day. Please make a note of the **start time**, **dress code** for the course. You must be **punctual**. We reserve the right to exclude you from joining the course if you arrive late without giving advanced warning to the course organisers. This is because if you arrive late you will have missed essential health and safety and induction briefings, and you will be disrupting the programme for other participants.

START TIME: Registration is at 0815-0830h.

DRESS CODE: You must wear your usual work clothes (ie. PLEASE <u>BRING</u> SCRUBS TO GET CHANGED INTO WHEN ON-SITE). We advise you change into your scrubs on arrival at the Simulation Centre and change out of them before departure.

VENUE:

William Harvey Hospital Simulation Centre, Maroon Zone, First Floor Arundel Unit From the hospital main entrance please follow signs to the Maroon Zone. Take the stairs next to Rotary Wing down to floor 0. You should then follow the signs for the Simulation Centre, passed the maxillofacial unit into the Arundel Building. Take the stairs to the first floor for the Simulation Centre.

Directions:

Please use the following postcode for SatNav guidance to the main hospital: TN24 0LZ Or follow this link for detailed directions and information on public transport: <u>https://www.ekhuft.nhs.uk/patients-and-visitors/find-us/getting-to-william-harvey-hospital/</u>

Parking: Unless you already have a permit for EKHUFT staff, please use the visitors parking. Take a ticket on entry and pay on foot. Below is a link to information about car

parking, including the price structure. https://www.ekhuft.nhs.uk/patients-and-visitors/find-us/parking-at-our-hospitals/

Contact Details:

Barry Featherstone - Course Organiser (<u>barry.featherstone@nhs.net</u>) Aalia Sange – Course Organiser (<u>asange@nhs.net</u>) Victoria Gray – Simulation Manager (<u>vgray2@nhs.net</u>) Victoria Kerslake – Simulation Technician (<u>Victoria.kerslake@nhs.net</u>) Simulation Office: 01233 616185

Refreshments:

Refreshments and lunch will be provided. If you have any specific dietary requirements or food allergies please contact <u>ekh-tr.simulation@nhs.net</u> as soon as possible.

Aims of the course:

To enable CT3+ anaesthetic trainees to improve confidence in managing infrequently occurring life-threatening obstetric emergencies.

A list of objectives follows.

COURSE OBJECTIVES:

- To experience an obstetric anaesthetic crisis in a controlled environment
- To rehearse emergency treatment algorithms for rare life-threatening events
- To practice your leadership skills in managing serious life threatening obstetric emergencies
- To learn about your own behaviour and the behaviours of your colleagues during crisis situations
- To get you all to start reflecting on your own performance in crisis situations to make you feel more prepared for similar real life clinical encounters
- To have an enjoyable and productive learning experience

CRISIS RESOURCE MANAGEMENT:

Non-technical skills which will be discussed during the session include:

- Calling for help early
- Knowing your limitations
- Using available resources
- Effective communication
- Leadership
- Delegating tasks appropriately
- Avoidance of task fixation
- Maintaining situation awareness
- Making use of cognitive aids (check lists and aid memoires)



Do not worry about your performance on the day. The intention is that you will have an enjoyable and productive day of learning. You are not expected to manage everything perfectly! It is ok to be unsure or to mess up as no-one will come to any harm. You are not being assessed. We look forward to seeing you all on the day. The course programme is included with this letter although this is subject to change due to the number of candidates attending. The start and finish times will remain unchanged.

Best wishes,

Barry Featherstone and Aalia Sange Consultant Anaesthetists

KSS DEANERY – CT3+ OBSTETRIC ANAESTHESIA CRISIS MANAGEMENT COURSE

Venue: Simulation Centre, Arundel Unit, William Harvey Hospital, Ashford, Kent

Course Organisers: Dr Barry Featherstone & Dr Aalia Sange

0815 - 0830	Registration
0830 - 0930	Introduction: Meet the Faculty Course Objectives Course Structure Orientation to the Simulation Environment
0930 – 1000	Scenario 1
1000 – 1030	Debrief 1
1030 – 1045	Coffee Break (15 mins)
1045 – 1115	Scenario 2
1115 – 1145	Debrief 2
1145 – 1215	Scenario 3
1215 – 1245	Debrief 3
1245 – 1315	LUNCH (30 mins)
1315 – 1345	Scenario 4
1345 – 1415	Debrief 4
1415 – 1445	Scenario 5
1445 – 1515	Debrief 5
1515 – 1530	Tea Break (15 mins)
1530 – 1615	Scenario 6
1615 – 1645	Debrief 6
1645 – 1700	Course Closure & Depart



- Neo-Natal Intensive Care - Cambridge Wards - Cardiac Care - Cordiac Care - CDU & Bethersden - Edgehill - Edgehill - Folkestone Wards - Intensive Therapy Unit - High Dependency Unit Speech & Language Therapy Surgical Admissions Unit Pathology Paula Carr Diabetes Cei - Richard Steven - Kings Wards Physiotherapy Postgraduate Centre - Kennington - Newington - Oxford Scarburgh Patients Transport Relatives Support Wards - Winslow Training Room Ultrasound - Padua Refreshments Singleton Unit Rotary Suite Telephone pPCI Toilets William Harvey Hospital Plan - Patients Transport - Refreshments L - Relatives Support - Telephone S Elizabeth Br Unit Arundel Unit Main Entrance Paula Carr Diabetes Centre Main Reception Area ★ Channel Day Surgery Entrance - Chapel - Enquiries - Information *č* stairs 00 Iifts * Accident & Emergency Entrance 1. Select the Department or Ward you require from the alphabetical list: This will give you the level number and colour zone you require. Locate the coloured zone on the plan and proceed following the direction signs throughou the hospital.using the route marked in brown. How to use this Hospital Plan: ¥ * G Cardiology & Respiratory Medicine Gynaecology Kings Reception Waiting Area Hydrotherapy racture & Orthopaedic Clinic Outpatients Areas A B C D K Cardiac Catheter Suite Accident & Emergency Anaesthetic Department Occupational Therapy Channel Day Surgery Elizabeth Browne Uni Celia Blakey Centre Lecture Theatre Maxillo Facial Unit Education Library Nuclear Medicine Ante Natal Care Delivery Suite Arundel Unit M.R.I/CT Unit Day Hospital Choices Food **Blood Tests** Eve Clinic Audiology Endoscopy Chiropody Mortuary Chapel







East Kent Hospitals University NHS Foundation Trust

Simulation Etiquette - Candidates

Here are some pointers about how to behave in a simulated scenario. This is not definitive and is not meant to teach you to 'suck eggs' but more to help get the most out of your simulated experience.

- Listen to the history and background of the scenario.
- Talk to the manikin and team members like you would in a real situation.
- Treat the manikin like you would any patient i.e. ask consent before sticking in needles or doing invasive procedures etc.
- Know the environment as well as you can and try not to adlib if you don't know whether you can do it ask!
- Treat the situation like you would a real situation this patients life might depend on it!
- Behave like you would normally at work.
- Ask for additional information if you require it the faculty will provide it if they can. For example if you are checking CRT then you'll need to ask the faculty member for the answer.
- Do not make up things for yourself i.e. really talk on the phone to someone etc
- Do things in real time as much as the situation will allow.

Immerse yourself as much as you can into the scenario/experience as this will allow you to get as much out of the simulation as possible.

You are being viewed via cameras and these images are being recorded. These images are stored and may be used for educational purposes.

