

Supported Return to Training Remote SIM & "Coaching Course for London/KSS GP Trainees

(in particular to support those returning from *non-maternity* leave, there is a separate workshop specifically for those returning from maternity leave <u>here</u>)

This course will help support you with the things you need to consider in preparation for your return to work, including:

- A general update regarding changes to GP training and working in General Practice.
- A facilitated session to address any issues, with advice and strategies to manage your concerns in a safe environment, with peer support and signposting to services.
- Simulations to practice your clinical knowledge and skills in managing common scenarios.
- Coaching to prepare you for returning to work with a further 2 hours of funded 1:1 coaching post-workshop, with a trained coach, to support you before or during your return to work.

These will be running on the following Mondays 28/02, 21/03 and 25/04 from 1-5pm.

To sign up for your chosen date, please click <u>here</u>.



Organised by Dr Alex Lai & Dr Ellie Worthington (GP Trainee SuppoRTT Champions) For any queries please email SRTT.lase@hee.nhs.uk