

V-Space themed groups

Parental leave (maternity & paternity)

Online groups facilitated by senior coaches from the Professional Support Unit



V-Space online groups provide a forum for peer support and group coaching for trainees returning to training in Autumn/Winter 2021.

Individuals across all specialties and stages of training meet virtually in small groups (max 14 per group).

Groups meet for 2.5 hours once a fortnight for 4 sessions, with options to connect in-between sessions.

Developing people

for health and

healthcare

Group 1 Wednesdays 6pm-8.30pm starting October 2021

For information and to book click [here](#)