

The RCGP Curriculum

The Curriculum Topic Guides

Super-Condensed Topic Guides 2021



Maternity and Reproductive Health

The Role of the GP and emerging issues in primary care

- Preconception advice and health optimisation
- Multidisciplinary working with midwives and secondary care
- Provision of postnatal care
- Management of medical and psychological problems during and after pregnancy
- Care of women affected by pregnancy loss and infertility

Knowledge and Skills Self-Assessment Guide

Symptoms and Signs

- Normal pregnancy symptoms
- Abnormal pregnancy symptoms and signs including bleeding, nausea and vomiting, pain, symptoms of pre-eclampsia or venous thromboembolic disease, pre-term labour, reduced fetal movements, abnormal abdominal palpation (size and lie)
- Symptoms suggestive of exacerbation of pre-existent medical conditions in pregnancy
- Perinatal mental health symptoms
- Postnatal symptoms – including bleeding and breastfeeding problems

Common and Important Conditions

- Perinatal mental illness
- Pre-conception care and advice
- Pregnancy with social complications

- Prescribing pre and perinatally
- Antenatal care
 - Routine antenatal care
 - Antenatal screening (fetal and maternal)
 - Pregnancies complicated by pre-existing medical conditions
 - Antenatal complications including:
 - Bleeding, pain, early pregnancy loss (miscarriage, ectopic, molar pregnancy)
 - Congenital abnormalities
 - Growth problems
 - Haematological problems
 - Infections during pregnancy – maternal and fetal
 - Intrauterine death and stillbirth
 - Malpresentation
 - Metabolic problems in pregnancy (including hyperemesis, diabetes mellitus and obstetric cholestasis)
 - Multiple pregnancy
 - Hypertension in pregnancy including pre-eclampsia and eclampsia
 - Reduced fetal movements
- Delivery – understanding (but not the ability to provide intrapartum care) of normal labour, problems of normal labour, premature labour, prolonged pregnancies, induction of labour and caesarean section.
- Postnatal care
 - Normal postnatal care. Including neonatal check and maternal six-week check
 - Infant feeding including breastfeeding
 - Common postnatal problems including problems with breastfeeding, bladder and bowel, mental health, retained products, uterine infection and wound problems.
 - Postnatal contraception

Examinations and Procedures

- Antenatal examination including assessment of maternal blood pressure and urinalysis and fetal size and heart rate.

Investigations

- Pregnancy investigations
 - Laboratory tests for diabetes mellitus, cholestasis and pre-eclampsia

- Screening and pre-natal diagnosis for congenital abnormalities
- Tests for infection during pregnancy
- Ultrasound during pregnancy
- β HCG testing
- Investigation of female subfertility
- Semen analysis

Other

- Safeguarding during pregnancy, including domestic violence screening
- Strategies to reduce teenage and unplanned pregnancies
- Maternity rights and benefits

How this might be tested in MRCGP

AKT

- Primary care investigations for failure to conceive
- Prescribing in pregnancy and breastfeeding
- Routine antenatal screening tests

RCA

- Woman requesting early pregnancy abortion – with risky sexual behaviours associated with alcohol
- Women in stable same sex relationship requesting referral to assisted conception clinic
- Breast pain and fever in a woman ten days after delivery

WPBA

- CbD about woman with positive hepatitis B test on antenatal screening
- Learning log on couple with recent stillbirth
- CEPS of examination of woman in 3rd trimester of pregnancy

How to learn this topic

This section describes *examples* of opportunities for learning.
We recognise that Covid-19 restrictions have significantly affected their accessibility



Cross-specialty

- Pre-conception and contraception
- Mood disorders e.g. puerperal psychosis
- Breast disorders
- Long term medical conditions and pregnancy
- Colposcopy clinic
- Mood disorders and Psychosexual counselling
- Safeguarding during pregnancy, including domestic violence screening
- Strategies to reduce teenage and unplanned pregnancies
- Maternity rights and benefits

Acute

- Pregnancy problems inc. bleeding, vomiting pain, pre-eclampsia,
- High Risk case monitoring
- Abnormal labour & delivery
- Acute perinatal mental health problems
- Acute medical problems in pregnancy
- Complications of fertility treatment e.g. hyperstimulation

Primary Care

- Community midwife clinic
- Out of hours in GP
- Outpatients/specialised clinics e.g. CTG clinics, Gynaecology ultrasound clinics
- Perinatal morbidity and mortality meetings
- Early pregnancy advice service
- Family planning clinic

Core themes

- **Communication and Consultation**
- - gynaecological & obstetric history, sexual history and pre-test HIV counselling
- **The normal and the abnormal** - normal pregnancy & delivery, cervical cytology
- **Prescribing** - prescribing in pregnancy
- **Teamworking** - Medicine, midwifery, specialist services
- **Health promotion & prevention** – pre-pregnancy screening including genetics, pre-natal counselling, parenting skills, breast-feeding
- **Medico-legal/Ethics** - TOP, fertility issues, genetic counselling, teenage contraception, sexual partner contact tracing

Community/MDT

- Liaison with MDT
- Awareness of other agencies – roles and remit e.g. HV, Social workers, police, allied health care professionals,
- Incontinence service e.g. physio services
- Sexual Health Clinic

Tips

- Audit/QIP
- Significant Event Analysis
- Clinical governance
- Risk Assessment
- Dr as teacher
- Leadership
- BNF