

# Coaching for Work-Life Balance

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SRTT Champions KSS and South London



Are you about to return to training from a leave of absence?

This 2 hour virtual interactive coaching session looks at  
**BEING RESILIENT and HOW TO BEST MANAGE THE WORK-LIFE  
BALANCE**

10:00-12:00 on zoom Wednesday 27<sup>th</sup> January 2021

book your place **Eventbrite Link**

<https://www.eventbrite.co.uk/x/coaching-for-work-life-balance-for-return-to-training-doctors-tickets-126049135357>

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