

Are you about to go off on planned leave for more than 3 months or due to return? You are entitled to access Supported Return To Training
<https://london.hee.nhs.uk/professional-development/supported-return-training>

Meet with your ES (ST3) / TPD (ST1/2) to discuss your planned leave 8 weeks before your leave (if possible) & complete the form to secure funding and to ensure you are informed about support available if you need it whilst you are off or on your return

<https://healtheducationyh.onlinesurveys.ac.uk/supportt-preabsence-form2>

Spend your leave as you wish.
If you wish and are on maternity leave you can do up to 10 Keeping in Touch days whilst off.
If you need support, ask for it whilst you are off - we are still here for you!

Meet with your ES 8 weeks before returning to work to plan your return and think about what support you need & complete the form to secure funding

<https://healtheducationyh.onlinesurveys.ac.uk/supportt-rtw-form2>

funding will be paid to your trust and you apply to your trust in the usual way that you would for study funding (note that it is SRTT funding)

see further guidance

8 weeks after your return meet with your ES /TPD to discuss how you are getting on and if you need further support
<https://healtheducationyh.onlinesurveys.ac.uk/supportt-rtw-form2>
*Regularly check in with your ES/ TPD during your return
Complete WBPA during this time
Complete SRTT Feedback form that you are sent please!

Lots of SRTT resources available here: <https://london.hee.nhs.uk/professional-development/supportt-supported-return-training/resources-trainees>

Access confidential support for your wellbeing and mental health <https://www.practitionerhealth.nhs.uk/>

General Practice focussed SRTT resources including london/KSS based courses focussing on: group coaching; clinical updates; GP training updates; simulated virtual patient surgeries
<https://ksseducation.hee.nhs.uk/supportt-supported-return-to-training/>

PSU resources including 1:1 coaching, group peer support, dyslexia assessment, exam support <https://london.hee.nhs.uk/professional-development>

Resources for General practice CPD:
<https://www.fourteenfish.com/audience/gptrainee>
and for the RCA <https://www.fourteenfish.com/>

<https://www.gp-update.co.uk/>

<https://www.plusbabyseminars.com/cpdbabies>

<https://www.nbmedical.com/>

<https://primarycarepathways.co.uk/covid19>

<https://archealth.io/education>

If you require support that is over and above usual support on return to work your GP Trainer / Trust can apply for additional funds from your total SRTT allowance to support you as needed. Please discuss this with your TPD or the SRTT champion if you feel this applies.

If your TPD is unable to answer your questions please contact your Trust SRTT Champion or the GP school Champion Dr Terri Lovis @terri.lovis@hee.nhs.uk for Kent Jane Arnott: jane.arnott@hee.nhs.uk