

Trainee Checklist for Annual Review of Competence Progression
Medical Psychotherapy ST4-ST6

- A current Form R and Self-Declaration <https://healtheducationyh.onlinesurveys.ac.uk/london-and-kss-form-r-and-supplementary-information-2>
- A current Educational Supervisors Report
- A current Clinical Supervisors Report
- An up to date CCT calculator – this can be found on the Royal College of Psychiatry’s Website <https://www.rcpsych.ac.uk/training/your-training/training-resources/when-do-i-complete-my-training>
- An up-to-date CV
- If you are an Academic Trainee, you will need to provide an Academic Supervisors Report, an agreed Personal Development Plan and records of research meeting notes in place of the ES report
- If you are currently on OOP, you will need to fill out an [OOP update form](#) in place of the ES report.
- A summary of any research undertaken since the last ARCP
- A summary of any audit projects undertaken since the last ARCP
- Evidence of any publications since the last ARCP
- Letter of thanks or commendations
- Evidence of any formal complaints
- Evidence of any grievances

The suggested minimum numbers of WPBAs per year for ST4-ST6 trainees in Medical Psychotherapy training is 12:

WPBA	Minimum number required per year		
	ST4 50/50 IP /OP	ST5 (Specialty)	ST6 (Specialty)
ACE	2	2	2
Mini-ACE	*	*	*
CdD	4	4	4
Mini-PAT	1	1	1
SAPE	2	2	2
SAPA	1	1	1
AoT	1	1	1
DONCS	1	1	1

* There is no set number of this form of assessment; they should be performed as required

Further information can be found in the curriculum: https://www.rcpsych.ac.uk/docs/default-source/training/curricula-and-guidance/medical_pschotherapy_curriculum_march_2019.pdf?sfvrsn=843aa457_6