

Kent, Surrey and Sussex - South East GP specialty training bulletin

Issue 128

Friday 30 October 2020

In this issue we will be providing you with:

- essential information for all readers
- information for GP trainees
- information for Faculty (Training Programme Directors/GP Trainers)
- general updates and information, including staffing changes
- details for conferences, events and courses.

Message from Liz Norris, KSS Head of School GP

Just a brief introduction as we re-launch the GP Speciality Training Bulletin. Ellie is our GP Educator Pathway Officer, and I am the Head of GP School for KSS. We recognise the importance of regular communication and appreciate that when we are busy it can be overlooked. Therefore, Ellie and I have committed to a monthly bulletin going forward - of which this is the first! Hopefully, it will be as useful a resource as it has been in the past.

Since becoming Head of School in February – the world has changed – and we have faced unprecedented challenges within GP training. Whilst I want to thank the Educators and support teams in both Primary and Secondary Care during recent months, I also want to mention that we recognise how difficult it has been for our trainees, with education and rotations being paused and exams cancelled. Uncertainty has added to the stress of working within an NHS under pressure. We want our trainees to be successful, however equally important is wellbeing. It can be hard to ask for help, or say we are struggling especially when you work within the industry so to speak. Your training programme directors (TPDs) and faculty administrators can signpost you to support and the [Professional Support Unit website](#) has useful resources for all our trainees. Please also remember to register with a GP!

I just want to say that you are not alone, confidential support is available, and we are here to help. Perhaps we can remember to reach out and support each other in the months ahead.

Finally, we would welcome feedback, comments, and suggestions to include each month - contributions gratefully received!

Dr Liz Norris
Head of GP School



Essential information for all readers

Information regarding FourteenFish queries

We are aware there have been some teething issues with the recent move to the FourteenFish RCGP Trainee Portfolio. We understand your concerns and hope the following information is of use in resolving your queries.

GP trainees - Please check your Portfolio post details, start/end dates – and if appropriate details of Out of Programme posts to ensure they are correct. If they are not, please contact your Faculty Administrator to get this updated.

Your Faculty Administrator (or TPD) should be your first port of call to make updates on FourteenFish or to add a Clinical or Educational Supervisor – you do not need to contact the Support Portal/HET.

Educational supervisors - Local Faculty Administrators will be able to connect you to a programme and your trainee/s.

For any technical issues with FourteenFish/FishBase please review the [FAQs](#), or else raise a ticket with the [FourteenFish helpdesk](#). Please be advised HET have no access to this side and are unable to resolve any technical issues.

KSS Education website relaunch

If you haven't already done so, please visit our [relaunched KSS website](#) which the entire team have been working on since earlier this year. The [Primary Care](#)

[webpages](#) will be of particular use to you with sections including: GP Trainee resources, GP Trainer resources, Training Hubs and more.

If you have any feedback on the new site please email CPD.KSS@hee.nhs.uk, we would love to hear your thoughts.



Information for GP trainees

RCGP Work Place Based Assessments (WPBA)

Useful information and advice can be found on WPBA updates on the [RCGP website](#) following the transition on 5 August 2020.

There are a minimum of five mandatory Clinical Examination and Procedural Skills (CEPS) to be specifically completed by your final Educational Supervisor Review (ESR). These include breast, rectal, prostate, male genital examinations and female genital examination - to include speculum examination and bimanual pelvic examination. You are required to be observed performing these examinations by a suitably trained professional.

Due to the changes in General Practice consulting with less patient facing consulting - we would recommend using all opportunities in ST1/2 to complete these requirements. Further information can be found on the [RCGP CEPS tool](#).

Recorded Consultation Assessment (RCA) booking

We would like to highlight that the November RCA examination reached its capacity before the end of the booking period. We would recommend applying early in the booking window to avoid disappointment. The next booking window opens Tuesday 15 December for the February 2021 examination.

Any concerns regarding sitting the exams can be discussed with your Educational Supervisor or Training Programme Director and register via the [RCGP website](#).

SupportTT virtual café for shielding trainees

The first virtual café for shielding trainees was held on Thursday 15 September by the national Supported Return to Training (SRTT) team. There are resources available for any trainees who may be shielding on the [Professional Support Unit website](#) and [PowerPoint slides from the virtual café](#) are also available.

Trainee study leave

As a reminder, information regarding study leave can be found on the [PGMDE Support Portal](#).

Please be advised that ALS training is not required for GP training and ALS courses are therefore not usually approved or paid for by the GP School. If this training is required for a hospital post, it should be provided by and paid for by the Trust.

Information for the GP Faculty (Training Programme Directors / GP Trainers)

Clinical Supervisor pathway

If you are a GP and looking to step into education, you may be interested in attending the Clinical Supervisor (CS) course. This is a one day 'virtual' course giving the fundamentals of supervision. Attendance would enable a GP to supervise GP trainees in an Urgent and Unscheduled Care setting, host medical students in General Practice, or by completing the accreditation process could become a Foundation Year 2 Clinical Supervisor (FY2CS) or host GP trainees (ST1/2) in practice. Please review the [eligibility criteria on our website before applying](#).

If you believe you meet the criteria, please [register your interest to become a CS via this online survey](#). Upcoming CS course dates are below:

CS39 – Wednesday 13 January 2021

CS40 – Thursday 18 March 2021

CS41 – Wednesday 16 June 2021

CS42 – Thursday 14 October 2021

Please email GPEducatorPathway.kss@hee.nhs.uk. If you have any queries regarding the process or to register for a specific date.

We do not yet have a date for the next Multi-Professional CS course, please keep an eye on the [KSS website](#) for future dates.

Educational Supervisor/GP Trainer pathway

We are pleased to announce that we will be taking an additional cohort for the Postgraduate Certificate in Strategic Leadership and Multi-Professional Education in Healthcare (SLAMEH) for the 2020-21 academic year, in partnership with University of Kent.

The cohort will commence in March 2021 and dates for the six-day Trainer course will be announced in the new year. Those accredited CS's interested in becoming an Educational Supervisor (ES) can register their interest on the [SLAMEH registration survey](#).

Read more about the Trainer pathway on the [KSS website](#) and please direct any questions to GPEducatorPathway.KSS@hee.nhs.uk.

GMC national training survey (NTS) 2020 results

The national training survey (NTS) is the largest annual survey of doctors in the UK. Every year, trainees give their views on their training and working environments. And trainers share their perspectives as a clinical and/or educational supervisor.

The 2020 survey had an increased emphasis on how doctors were affected by the pandemic. New questions were added to help understand the pandemic's impact on training, wellbeing and support, alongside the usual questions on workload, burnout, and patient safety.

[A report on the NTS findings has now been released](#), with trainees and trainers were asked to respond based on their experiences between March and May, during the spring peak of the pandemic.

Launch of the Cancer Research UK Trainer Hub

Following on from the HEE Primary Care Deans (PCDs) support to develop a [Cancer Research UK GP Trainer Hub](#) (May 2020), to support delivery of the RCGP Curriculum aligned tutorials focused on cancer prevention, screening and early diagnosis - the resource has now been launched.

Below are some highlights to promote your service:

- one-stop hub for GP trainers to use with their GP trainees and other primary care clinicians
- free, quick, and easy to access
- no need to register
- simple, practical, and helpful for GP Trainers not knowing how to cover this
- aligned to GP contract changes and Primary Care Network DES for 2020-21

- downloadable interactive tutorials which can augment GP Trainers tutorial delivery
- recommendations on what to do have been informed by GP Trainer best practice and authored by CRUK Lead GPs who are themselves GP trainers
- signposts to free quality assured resources, training, and further support.

Promotional resources to share across services include:

- [GP Trainer Hub banner 1](#)
- [GP Trainer Hub banner 2](#)
- [GP Trainer Hub Twitter banner](#)
- [GP Trainer Hub A5 flyer](#).



Wellness induction for NHS learners

The health and wellbeing of staff are a priority for the NHS. Within the ongoing COVID-19 pandemic, we recognise that healthcare staff are more at risk of stress, anxiety, and burnout than ever before.

HEE is dedicated to supporting the workforce to deliver high quality, safe healthcare during these challenging times, and are working with Trusts to support them in offering Wellness Inductions to all NHS learners during the COVID-19 pandemic. These inductions will be delivered locally by Trust 'Wellness Champions'.

The aim of the Wellness Induction is to support NHS learners in maintaining their personal wellbeing during the COVID-19 pandemic, through the provision of guidance and signposting to wellbeing services and resources. The [Wellness Champions Guide](#) will be of particular use to Champions, but also to local faculties looking to signpost learners to wellbeing resources.

General information and updates

One career endless opportunities #Choose GP

Applications for round 1 2021 GP specialty training are open from Monday 2 November – Tuesday 1 December 2020. Please forward this information to any doctors who may be thinking about their career options.

Please follow the [#Choose GP Facebook page](#) to keep up to date with news and views. The [GP National Recruitment Office \(GPNRO\) website](#) is the place to go for more information or there are several GPs and trainees who can help with local or general enquiries. Email gprecruitment@hee.nhs.uk to be put in touch.

Promotional and recruitment resources:

- [NRO website – Choose GP](#)
- [HEE – Primary Care](#)
- [Choosing General Practice – your questions answered](#)
- [Choosing General Practice – career paths](#)
- [Choose GP banner](#)
- [Choose GP A5 flyer.](#)

The banner features a blue background with white text. On the right, there are four colored triangles (purple, orange, green, pink) containing white icons: a stethoscope, a family silhouette, a heart with a pulse line, and a pill. The NHS logo is in the top right corner.

Starting August 2021

Apply for GP specialty training posts

**One career
Endless opportunities
Choose GP**

Apply all aspects of your medical training in general practice – prevention, diagnosis and treatment of the whole person.

The career offers a variety of flexible and specialist roles working in a multiprofessional team.

Applications open 10.00am Monday 2nd November 2020 | More information on the GP National Recruitment Office website
Applications close 4.00pm Tuesday 1st December 2020 | Apply via www.orient.nhs.uk

KSS staffing changes

GP TPDs

Since our last regular bulletin, we have said farewell and welcome to several of our TPDs. We've said fond farewells to:

- Dr Christine Marshall, Frimley
- Dr Mike Waldron, Crawley & East Surrey.

And warm welcomes to:

- Dr Naomi Craft, Frimley
- Dr Pavan Uppal who moves to a permanent post with the Crawley & East Surrey team.

Find a [list of the TPDs in your local area here](#).

GP tutors

GP tutors are an essential part of the team in each locality Training Hub – and in recent months we have said a fond farewell to:

- Dr Darren Cocker, South Kent Coast & Thanet.

And warm welcomes to:

- Dr Krish Bhanot, Dartford & Gravesham – aligned to North Kent Training Hub
- Dr Jihad Malasi, South Kent Coast & Thanet – aligned to East Kent Training Hub.

Find a [list of the GP Tutors in your local area here](#).

Primary Care Dean team

There have been several changes in the local Primary Care Department – based in the Crawley and London HEE offices. We have said fond farewells to:

- Dr Alistair Bogaars, GP Educator Pathway Manager – Alistair had been with the team for five years during which time he single-handedly managed the Educator Pathway and completed a PhD. Alistair moves on to a teaching post at University of Greenwich which we know he will excel in.
- Dr Mohan Kanagasundaram, Associate GP Dean for Simulation – Mohan has worked closely with our SIMs in supporting recruitment and trainee's consultation skills development. We wish to thank him for his work giving additional support to trainees to pass the consulting exams and wish him all the best going forward.

And warm welcomes to:

- Harbans Mattu, GP Workforce Development Administrator
- Ellie Pickthall who steps up to GP Educator Pathway Officer.

To find out more, view the [contact details for the KSS Primary Care Department](#) and [KSS Dean Team structure chart](#).

In a world which became 'virtual' overnight, it is an exciting time to be involved in the education and training of the future primary care workforce. All our teams are working on ways to deliver the highest quality learning opportunities to trainees and colleagues in primary care in a new normal state of mostly remote working.

Please be aware the Crawley Hospital office is now vacated. Please DO NOT attempt to send post to our previous address.

Conferences, events and courses

Programme Director Conference – Wednesday 18 November, 09.00-12.30

STC meeting – Thursday 19 November, 14.00-16.30

SEAT meeting – Wednesday 25 November, 13.00-15.30

GP School/Faculty Administrator update – Thursday 14 January 2021, 14.00-17.00

To find out more, please direct any questions to
CPD.KSS@hee.nhs.uk.



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