

# Coaching for Work-Life Balance

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SRTT Champions KSS and South London



Are you about to return to training from a leave of absence?

This 2 hour virtual interactive coaching session looks at  
**BEING RESILIENT and HOW TO BEST MANAGE THE WORK-LIFE  
BALANCE**

Wednesday 9th December 2020, 10:00-12:00 on zoom

Contact : [niro.amin1@nhs.net](mailto:niro.amin1@nhs.net) to book your place

Developing people

for health and

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