

ST3 Checklist for ARCP Final Review

Must have ESR within 8 weeks of ARCP and Form R on Learning Log

Start by reading the last ARCP

Evidence

Go to: Evidence, review type: All Years

Check MINIMUM:

- 12 CbDs - if prescribing assessment has been completed, then minimum 10 CbDs
- 12 COTs – **TRAINEES MUST HAVE AT LEAST ONE Audio-COT in ST3**. A total of three Audio-COTs can contribute to the overall total of COTs required in ST3
- 20 MSF responses

Go to: All Grades, review type: All Years

- 2 PSQs - each with a minimum of 40 replies (max 2 PSQS even if more GP posts)
- CEPS – click on all submissions check 5 mandatory CEPS:
 - Breast / Female Genital (includes speculum examination) / Rectal Exam / Prostate Exam / Male Genital
 - Plus at least one other non-mandatory CEPS (range) – this can be recorded in the Learning Log or CEPS evidence
- CSR from every hospital post (and ideally GP posts as well)

Trainee Action

Add an ARCP Ready Learning Log and state dates for:

1. Audit in ST3
2. Leadership activity in ST3 – different from audit
3. UUSC – must have at least one Green Shift (and must have subsequent booked shifts) and workbook
4. Safeguarding – both level 3 child and level 3 adult in date and reflective learning log entry for both
5. Basic life support plus AED or equivalent - in date at CCT date (if no date on certificate, within last calendar year)
6. Dates of mandatory CEPS
7. Form R - check Time out of Training (TooT) days and if declared relevant SE that may affect revalidation
8. SEA in GP (Significant Event Analysis) and reflective entry
9. AKT and CSA pass
10. BLS met
11. UUSC / OOH met
12. Safeguarding met

Go to: Last Review:

- If satisfactory ESR outcome, **ALL competences by Trainer only must have been graded as Competent for Licensing or Excellent**
- Check TooT – add number of Time Out of Training Days to the ARCP Document if >14 may need additional time

Urgent Unscheduled Care (UUSC / OOH)

- All 6 OOH competencies need to be demonstrated by end of ST3
- Look at 'The ES Workbook'. Detailing OOH Log Entries demonstrating evidence for meeting these OOH competencies is more important than the numbers. 48 hours working in a recognised OOH setting to achieve these competencies is 'usual'

Short Posts

- Evidence is needed on these posts to count towards training, CSR very helpful – and any evidence helps.
- If this is accepted by the panel on review, then a standard statement saying that this has been considered should be added to the comments section of the ARCP form and the panel must then be clear as to whether this period of training should count towards training time or not.
- If in doubt, highlight to your chair who can check with ARCP Lead / HoS and then GPSA