

*Circulation of the Bulletin includes: GP PDs, GP Clinical & Educational Supervisors, Practice Managers, SEAT Trust Reps, Medical Education Managers/Faculty Admin; And now by link to all current GP trainees in KSS*



**Health Education England**

*This and previous bulletins are on our website:  
<http://kssdeanery.ac.uk/gp-bulletins-newsletters>*

Working across Kent, Surrey & Sussex

## **GP Specialty Training Bulletin 122 (5 April 2019)**

@HEKSSGP: We are now on Twitter. Follow us for the latest updates on recruitment, training and CPD.



Follow us on Twitter

**We recommend all readers browse the trainee and faculty sections of the bulletin to ensure they don't miss anything new**

**Section A – Information for GP Trainees**

**Section B – Information for Faculty (Programme Directors / GP Trainers)**

**Section C – General Information**

**Section D – Conference/events/courses**

**We send our warmest congratulations to our Head of School, Chris Warwick, who has been appointed an Honorary Professor of the University of Kent.**

**Professor Warwick is delighted that the important work of the GP School across Kent, Surrey & Sussex has been recognised in this special way!**

### **Section A – Information for GP Trainees**

#### **Indemnity**

Trainees will perhaps be aware that from 1<sup>st</sup> April 2019, clinical negligence indemnity will be provided nationally by the [Clinical Negligence Scheme for General Practice](#). Whilst this will cover all clinical NHS work, there are elements of indemnity which HEE will continue to provide for GP trainees until qualification, including support with GMC investigations and hearings, assistance with criminal proceedings, protection for Good Samaritan acts and medicolegal advice.

For the vast majority of KSS GP trainees, personal protection is currently provided by the MDU through a bulk-indemnity agreement, which will continue, and you need take no action.

For those trainees who have **opted to purchase their own professional cover** you **MUST** ensure that you have arranged appropriate cover with your MDO. Please contact them to check what is being provided if you haven't already done so.

#### **Child Safeguarding training**

At ARCP panels in future the GP School will be following the RCGP requirements for Child Safeguarding as outlined on their website:

## **Child safeguarding**

*The GP curriculum states that all GPs should be competent in dealing with safeguarding. This includes recognising the clinical features, knowing about local arrangements for child protection, referring effectively and playing a part in assessment and continuing management, including prevention of further abuse. GPStRs need to satisfy the GMC and the public that they have the appropriate knowledge, clinical skills and understanding of child safeguarding to be able to apply these skills should the need arise.*

*By the completion of ST3, as with CPR and AED training, GPSTRs are required to have demonstrated level 3 competences in safeguarding children within their ePortfolio. This should normally include the relevant Child Safeguarding level 3 certificate, learning log reflections which demonstrate their understanding of child safeguarding throughout their training, and any relevant courses, elearning modules or conferences attended.*

All trainees need to ensure they have completed a **clinical reflective learning log entry on the topic of child safeguarding** before their final ARCP panel, in addition to the certificate confirming their completion of appropriate training.

### **ARCP preparation for the end of year**

Advance warning: for trainees who started their training in August, the end of year ESR deadline is **31<sup>st</sup> May 2019**. ARCPs for ST3s completing their training in August their ARCP panel will be in mid-June, and for ST1/2 and out of sync ST3s, panels will be in mid-July. ARCP requirements are unchanged from 2018. For more information please visit: <https://kssdeanery.ac.uk/arcp-and-revalidation>

The HET team will be in touch with individual trainees advising when their panel will take place, but please prepare in good time so that you don't end up being called to a face to face panel without a good reason.

This year, prior to their final ESR, and in advance of their final ARCP, trainees need to **add a Learning Log** entry detailing where the various pieces of **mandatory evidence** might be found. To see a template for doing this, please click: [here](#)

### **Perinatal Mental Health Simulation Training**

Brighton & Sussex University Hospitals are offering all KSS health professionals, including GPs and GP trainees, some exciting new bespoke Perinatal Mental Health training starting from May 2019.

This training aims to equip frontline multi-professional staff in primary and secondary care settings with the skills to assess and manage patients presenting with perinatal mental health problems. It has been developed in partnership with patients and has been extremely highly reviewed by previous participants.

We commend this to all GP trainees. For more information, course dates and to book your space click [here](#).

### **Supported Return to training (SRTT)**

You can find more information about the Supported Return to Training programme on our website: <https://www.lpmde.ac.uk/professional-development/inductreturnretain/rtp/rtp-suppORTT>

This includes a useful 3-minute animation which provides more details on the SRTT application processes. The programme manager can be contacted at [srtt.lase@hee.nhs.uk](mailto:srtt.lase@hee.nhs.uk)

### [Targeted GP Training – indemnity arrangements & latest guidance](#)

Any trainee starting with HEE on the Targeted GP Training Scheme (TGPT) needs to ensure they have signed up for the KSS Indemnity package, exactly like all other KSS GP trainees. For more information and to apply click here:

[https://lasepgmdesupport.hee.nhs.uk/support/tickets/new?form\\_32=true](https://lasepgmdesupport.hee.nhs.uk/support/tickets/new?form_32=true)

The most recent guidance regarding the Targeted GP training scheme can be found on our website here: [Targeted GP training scheme](#) and [Targeted Training FAQs](#)

### [RCGP GP Specialty Trainee Awards 2019](#)

GP trainees at all stages, and within one year of qualification, are invited to submit entries for one of five awards covering attendance at the RCGP conference in October 2019. For much more information, and to complete your application, please click: [here](#)

### [Global Health Fellowship are available to all ST1s](#)

Successful applicants will work as a rural medical officer employed by the South African Dept of Health in a resource poor community for 12 months. This is an opportunity to gain experience that will both compliment your GP training and lead some to develop a career incorporating Global Health. Previous trainees who have taken up this opportunity in other regions invariably describe the experience as life changing. Further details about the scheme and how to apply are available at <http://kssdeanery.ac.uk/gp-recruitment/global-health-fellowships>.

### [Managing fatigue associated with working nights](#)

Trainees may be aware of the work of Dr Michael Farquhar, a sleep specialist in London who works with Children, who speaks on the impact of working overnight on decision making and some simple steps that can help mitigate the effect. His work is relevant to anyone working long shifts, and particularly overnight.

Dr Farquhar has very kindly agreed to make available the resources he uses in London, some of which relate to his own Trust. The links to these resources are below:

- Article published in the BMJ (<https://ep.bmj.com/content/102/3/127>).
- BBC short piece to demonstrate the impact of sleep deprivation on functional skills like driving (<https://youtu.be/z4vv3HuKjcY>).
- Dr Farquhar's talk to the RCoA ([https://www.youtube.com/watch?v=\\_SLWD9uXeNw](https://www.youtube.com/watch?v=_SLWD9uXeNw)).
- Resources used by Dr Farquhar at GSTT's for induction (<https://www.guysandstthomaseducation.com/project/sleep-looking-after-your-wellbeing/>)

### [RCGP consultation regarding New Trainee ePortfolio System](#)

*Dear colleague,*

*As part of a College-wide digital transformation, the Royal College of General Practitioners is upgrading its Trainee ePortfolio system. We are still in the initial phases of this project and are seeking feedback on how trainees, trainers, administrators and panel members and Chairs are using the current system. We are also seeking input on what features and functionality we should be focusing on for the future system.*

*To this end we have developed a specific survey for trainers, administrators, and panel chairs and members to collect this feedback. This survey will be open for approximately three weeks.*

*Please see the link below for the survey. We would very much appreciate your feedback and comments.*

<https://bit.ly/2T7nnaq>

*Yours Sincerely  
RCGP Trainee ePortfolio team*

### **National Medical Performers List**

Legislation to remove the requirement for GP trainees to be on the Performers' List has not made it to parliament (!) As in previous years, HEE KSS has been continuing to liaise with our colleagues in NHS England and PCSE (Capita) to ensure that all KSS GP trainees are **ON the NPL**. The on-line NPL is not updated as quickly as would be ideal, and Trainees should need take NO action regarding the NPL unless contacted personally by HEE or NHS England on the subject.

### **Form R and declaring full Scope of Practice**

All doctors have to undergo regular revalidation throughout their careers, and doctors in training are no exception. The Postgraduate Deans, in their role as Responsible Officer for doctors in training, wish to remind ALL doctors in training that they MUST declare absolutely their FULL scope of practice – including voluntary, locum or private work of any kind which they undertake as a result of their position as a doctor. The GMC take a very serious view of failure to declare the full scope of practice -so if in doubt, you should declare any work you have undertaken, in any environment.

For the full GMC guidance, please visit: [https://www.gmc-uk.org/-/media/documents/RT\\_Supporting\\_information\\_for\\_appraisal\\_and\\_revalidation\\_DC5485.pdf](https://www.gmc-uk.org/-/media/documents/RT_Supporting_information_for_appraisal_and_revalidation_DC5485.pdf)  
[55024594.pdf](https://www.gmc-uk.org/-/media/documents/RT_Supporting_information_for_appraisal_and_revalidation_DC5485.pdf)

### **NHS Staff and Learners' Mental Wellbeing Commission**

Doctors are terrible at recognizing they have mental health. And we really struggle to recognise when to ask for help. If you're reading this, it probably includes you.

HEE has published its report considering the health and wellbeing of NHS staff, which makes recommendations for organisations and individuals to contribute to improving wellbeing across the entire NHS workforce. It is ESSENTIAL reading for everyone working in the NHS. You can download the full report here:

<https://www.hee.nhs.uk/sites/default/files/documents/NHS%20%28HEE%29%20-%20Mental%20Wellbeing%20Commission%20Report.pdf>

And the executive summary here:

<https://www.hee.nhs.uk/sites/default/files/documents/NHS%20%28HEE%29%20-%20Mental%20Wellbeing%20Commission%20Report%20%28Summary%29.pdf>

Improving conditions for ourselves and our colleagues is something we can all positively contribute to. Let's open up the conversation?

## **Section B – Information for Faculty (Programme Directors / GP Trainers / Clinical Supervisors)**

### **'My ESR' App**

This can be downloaded from the app store and will allow you to login into the ESR to with your username and password. You may find that the best way to keep in touch with your HEE employment.

### **Education Awards**

HEE KSS Department of Primary & Community Care Education is delighted to invite nominations for the 2019 Education Awards. These awards exist to reward individuals who have gone above and beyond their role to provide exceptional support for learners in Primary Care (including GP trainees, of course). Anyone can nominate, and past recipients have been delighted to receive one of these priceless awards. For more information and guidance about how to make your nomination, visit: [Education Awards Guidance](#) and [Education Awards Nominations Form](#)

### **Are you interested in learning more about preparing older people to live safely through, and after, surgery?**

There are interventions that can help patients, even at the extremes of age and multimorbidity, to make it through surgery (and, more importantly, recovery from surgery) with fewer complications.

Dr Tessa O'Halloran of the Perioperative medicine for Older People having Surgery (POPS) team at Guy's and St Thomas', is hoping to talk to GPs across the country about how primary and secondary care can work together to deliver the best care for older people in the surgical pathway. We have upcoming opportunities to contribute your ideas, and to take part in educational activities.

If you would like to learn more, please email: [tessa.ohalloran@gstt.nhs.uk](mailto:tessa.ohalloran@gstt.nhs.uk)

### **Are you using the right forms / documents?**

Periodically someone sends in a form or document for their trainer accreditation which is long out-of-date. Before you find something old in your files, and end up having to complete it twice, why not check our pages filled with the latest useful downloads?

- For Programme Directors: <https://www.kssdeanery.ac.uk/general-practice/gp-programme-directors/forms-guidance-handbooks-policies>
- For Practice Managers: <https://www.kssdeanery.ac.uk/general-practice-managers>
- For GP Trainers: <https://www.kssdeanery.ac.uk/gp-trainer-resources>

### **New Claim Forms – Practice managers be aware**

Please look out for the new claim form to enable you to claim for any trainees for the period April 19-Jul 19. You will also be able to reconcile your claim from the last period and include the uplift in trainer grant that was issued in October 18. The new claim form and guidance were sent out this week.

### **Indemnity for GP Educators**

With the new arrangements for clinical negligence coming in to practice from 1<sup>st</sup> April 2019, we remind GP trainers that they should continue to ensure their Medical Defence Organisation is aware of their full scope of practice, including educational roles. There is no change in the support

HEE provides, and the changes to the clinical negligence arrangements should make things simpler overall.

### **Overlaps**

Practices with overlaps need to ensure where the overlap exceeds 4 months that they have completed the relevant overlap form and sent it for approval to their Patch Associate GP Dean, who will forward it to the admin team to authorize payment for a second trainer grant. This is not a change in policy.

Overlap forms are available here:

<http://kssdeanery.ac.uk/sites/kssdeanery/files/Overlap%20Approval%20Guidance%20Form%20Aug%202018.docx>

## **Section C – General Information**

### **Population Wellbeing Portal**

Early in 2019 Health Education England e-Learning for Healthcare (HEE e-LfH) will launch its Population Wellbeing Portal. The Portal will be free to access by anyone who can positively impact public health and wellbeing and it will offer free access to education, training and professional development resources, helping deliver improvements in public health and prevention.

The Portal will provide a central location for numerous e-learning resources, reading material, guidance, toolkits, videos, factsheets and many more resources relating to population health.

The Portal will bring together material from multiple sources. This will include resources from HEE, Public Health England (PHE); the Academy for Public Health for London and the South East, the Faculty of Public Health as well as many others. The Portal will link with All Our Health, PHE's framework of evidence to guide healthcare professionals in preventing illness, protecting health and promoting wellbeing.

The aims of the Portal are to:

Centralise access to knowledge resources on public health and population health  
to...Make it easier to find the resources needed to support the public to protect and improve their health by... Equipping people to help the public to stay healthy and deal with threats to their health.

If you would like to know more about the Portal, please contact [population.wellbeing@e-lfh.org.uk](mailto:population.wellbeing@e-lfh.org.uk).

### **Paramedic Specialist in Primary and Urgent Care Core Capabilities Framework**

Practices may be interested in the recently launched Core Capabilities Framework for Specialist Paramedics, which has been developed by HEE in partnership with other stakeholders. Many practices have expressed an interest in such a document in recent months and will find this a useful addition to the literature around new primary care professionals. To download the guidance, please visit: <https://www.hee.nhs.uk/our-work/paramedics>

### **Kent & Medway Medical School (KMMS): Local Opportunities for Educators**

KMMS are now advertising two roles that will be of particular interest for General Practitioners:

1. Our substantive Lead for GP and Community <https://jobs.kent.ac.uk/Vacancy.aspx?ref=KMMS-001-19>

This is a permanent appointment as Lead in KMMS and will suit a committed and established GP Educator.

2. A 1.0 FTE role (which can be split between two people) as a GP Educator  
<https://jobs.kent.ac.uk/Vacancy.aspx?ref=KMMS-002-19>

This role is a fixed term role, intended to focus on a lot of the startup and relationship building work that needs to be done before our students start. This role is funded by HEE KSS and is initially for 1-year only. It will suit someone at the start of a portfolio career in medical education and will place the post-holder in the heart of the medical school. Particularly, this post will give people the opportunity to develop the skills, knowledge and attributes necessary to work in undergraduate, medical education in the University and HEI sector.

### **Academic Clinical Fellowships**

HEE is supporting a number of Academic Clinical Fellowships in 2019/20, in all sorts of areas and in combination with a wide range of other clinical areas beyond core general practice. One such opportunity in East Kent can be found here:

[https://www.jobs.nhs.uk/xi/vacancy/?vac\\_ref=915512647](https://www.jobs.nhs.uk/xi/vacancy/?vac_ref=915512647)

There will be others – be sure to talk to your TPDs if this is something you would be interested in pursuing.

### **Section D – Conference/events/courses**

#### **DEMEC Developing Excellence in Medical Education Conference**

**Monday 2 – Tuesday 3 December 2019.** Manchester Central Conference Centre, Manchester

The UK's pre-eminent medical education conference is accepting poster submissions and is of interest to Anyone interested in medical education. For more information see:

<https://www.demec.org.uk/>

#### **Rosalind Franklin Leadership Programme for nurses (and others) in general practice and primary care**

The NHS Leadership Academy exists to develop outstanding leadership *at all levels* across the NHS. This new programme has been commissioned by the team leading the NHS England General Practice Nursing Ten Point Plan and adapted and developed to meet the needs of nurses working in mid-level leadership positions in general practice and primary care settings.

**Who is it for?** The Rosalind Franklin programme is for mid to senior nurses in general practice and primary care aspiring to lead large and complex programmes, teams, services or systems of care in general practice federations, primary care networks and integrated care systems.

**What is it aiming to achieve?** It aims to help shape mid-level nursing leaders' knowledge, skills, attitudes and behaviours to help them become outstanding leaders, and for primary care, to develop inclusive and compassionate nursing leaders working at all levels across the NHS to help improve patient care, people's health and their experiences of the NHS.

All applications must be completed online via <https://rosalind-franklin-programme-gp-nurses.apply.leadershipacademy.nhs.uk/>

If you experience any technical problems during your application, please email [support.nla@hee.nhs.uk](mailto:support.nla@hee.nhs.uk).

### **Short CPD course Introduction to Evaluation within Professional Context**

What is the difference between evaluation and research and how evaluation can take into account the complexity of health services?

You are invited to attend two-weekend short CPD course for healthcare professionals.

Dates: **Fri 17th - Sat 18th May 2019.**

From **9am - 5 pm.**

Location: The course is delivered by the University of Kent's Centre for Professional Practice (CPP), based at the Medway campus, Chatham Maritime, Medway, ME4 4AG.

Course convener - Professor Patricia Wilson.

The fee for this short CPD course is £450.

The link to book a place and pay for the course is: [Book here](#)

### **RCGP South East Thames faculty: Wellbeing day for AiTs and First5s**

Wednesday 15 May 2018 09.30-16.15                      Mercure Tunbridge Wells Hotel TN2 4QL

This free event for members / AiTs will consider nutrition, physical activity and stress/burnout.

For more information and to book your place: <https://rcgpportal.force.com/s/lt-event?site=a0d0Y00000AeOP6QAN&id=a1U1i000000CvT8EAK>

#### **DATES FOR YOUR DIARY:**

<b>Event</b>	<b>Date</b>	<b>Venue</b>
Sussex Educators Day	9 May 19	The Charis Centre, Crawley
Kent Trainers Day	15 May 19	Mercure Tunbridge Wells Hotel
Sussex Trainers Day	6 Jun 19	The Charis Centre, Crawley
STC (Summer)	25 Jul 19	The Charis Centre, Crawley
KSS PD conference (Autumn)	18 & 19 Sep 19	Roffey Park Institute, Horsham
STC (Autumn)	21 Nov 19	The Charis Centre, Crawley

### **GP Specialty Training e-Bulletin**

Our aim is to meet your need regarding the sharing of information from HEE. We welcome your input and feedback. Please send any comments regarding this Bulletin, to unsubscribe or to make suggestions for inclusion to Alistair Bogaars ([Alistair.Bogaars@hee.nhs.uk](mailto:Alistair.Bogaars@hee.nhs.uk)): Tel: 020 7125 7198

Sent on behalf of:

Health Education England, working across Kent, Surrey & Sussex (HEE KSS), Department of Primary & Community Care Education.

Please note that the publicising of courses and events in this bulletin does not imply endorsement by the Primary Care Department of HEE KSS.